

- Proof of participating in—or qualifying for—the federal *reduced* hot lunch program
- Proof of participating in—or qualifying for—SNAP (food stamps)
- Proof of participating in—or qualifying for—WIC (Supplemental Nutrition for Women, Infants and Children)
- Proof of participating in—or qualifying for—FDPIR (Food Distribution Program on Indian Reservations)
- Proof of participating in—or qualifying for—TANF (Temporary Assistance to Needy Families Program)
- Proof of participating in—or qualifying for—Section 8 low income housing
- Proof of participating in—or qualifying for—Washington’s Apple Healthcare
- Proof of participating in—or qualifying for—SSI (Supplemental Security Income)
- Proof of participating in—or qualifying for—JOBS (Job Opportunities and Basic Skills)
- Proof of participating in—or qualifying for—YMCA/Parks Department low income memberships
- Proof of a special situation status (such as foster child, homeless, runaway, or migrant)
- Proof of income (Federal tax return or similar), showing total family/household income falling below...  
 \$24,120 (1 person) \$40,840 (3 persons) \$57,560 (5 persons) \$74,280 (7 persons)  
 \$32,480 (2 persons) \$49,200 (4 persons) \$65,920 (6 persons) \$82,640 (8 persons)  
 For families/households with more than 8 persons add \$8,360 for each additional person.
- The PNS Diversity and Inclusion Chair has independently approved the athlete as a *Partial Offset Athlete*.
- Proof of participating in—or qualifying for—Federal *free* hot lunch program.
- Proof of income (Federal tax return or similar), showing total family/household income falling below...  
 \$12,060 (1 person) \$20,420 (3 persons) \$28,780 (5 persons) \$37,140 (7 persons)  
 \$16,240 (2 persons) \$24,600 (4 persons) \$32,960 (6 persons) \$41,320 (8 persons)  
 For families/households with more than 8 persons add \$4,180 for each additional person.
- The PNS Diversity and Inclusion Chair has independently approved the athlete as a *Full Offset Athlete*.