www.excelaquatics.org

Coach Lynn – Age Group Coach

Coach Lynn has been coaching for as long as she can remember – helping younger swimmers growing up. Lynn began competitively swimming with the Houston Swim Club where she was a State Qualifier. She also ran cross-country in college.

Coach Lynn began coaching as an assistant middle & high school coach and started a new USA Swimming Club at the Maury County YMCA. She has coached on the International & Para-Olympic level. Lynn earned her Master's from Texas A&M University in Exercise Physiology. She was also a Research Associate in Pediatric Cardiology at the University of Tennessee Memphis and a Research Associate at the Cooper Clinic for Aerobics Research for Exercise Training in Dallas, TX.