

Nolensville Recreation Complex

Ages 5-18

Nolensville Mighty Hurricanes

Summer Swim Team 2016

Registration Begins

Monday, February 15th -May 31st

Registration is now Online:

www.excelaquatics.org

New Swimmer Evaluation and Returning Swimmer Practice—(One week ONLY)

May 23rd –May 27th (5:00-6:30pm)

**ALL Swimmers MUST Meet the Following to Participate**

(Strokes do not need to look perfect, but there needs to be a demonstrated potential to learn the strokes)

8 & Under--Ability to swim one length of the pool (25 yards) Freestyle

9-10 Year Olds--Ability to swim one length of the pool (25 yards) Freestyle, Backstroke & Breaststroke

11 & Older--Ability to swim 2 lengths of the pool (50 yards) Freestyle, Backstroke & Breaststroke

**Parent Representatives:**

Naomi Kitahara/LaDonna King

Team Registration Fee

$140 per swimmer

Includes cap, coaching & meet fees

NO REFUNDS AFTER MAY 31

Extra Cost for the Following:

Team Suit -- (required)

Purchase suits at All American Swim Supply

Brentwood, TN (615) 309-7636

Team Shirt $10 (optional)

Additional Information:

Head Coach: Jim Chapman

Contact Team Representative:

**Yolanda Chapman**

nolensvillemightyhurricanes@gmail.com

**Meet Schedule**

June 7th: BYMCA @ Nolensville

June 14th: FAST @ Nolensville

June 21st: Nolensville @ Longview

June 28th: Nolensville @ Comets

July 5th: FYMCA @ Nolensville

Championship: July 15th & 16th



Parent Participation

is Required:

Parents will be required

 to volunteer for a minimum of 3 meets plus the Championship Meet July 15th &16th.

Practices

Mondays through Fridays (Exception: Meet Days)

11-18 year olds: 7-8:15 am

8, 9, 10 year olds: 8:15-9:15 am

7 year olds and Under : 9:15-10:00 am

Schedule for Mighty Hurricanes May 30-July 14