

ASC Fall/Spring Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bronze 2	3:30pm-4:15pm		3:30pm-4:15pm		3:30pm-4:15pm		
Bronze	4:15pm-5:00pm		4:15pm-5:00pm		4:15pm-5:00pm		
Silver 2	4:00pm-5:00pm		4:00pm-5:00pm		4:00pm-5:00pm		
Silver 1		4:00pm-5:00pm		4:00pm-5:00pm	4:00pm-5:00pm	9:00am-10:15am	
Gold 2		4:55pm-6:10pm	4:55pm-5:55pm	4:45pm-6:00pm	4:45pm-6:00pm	10:30am-11:45pm	
Dryland			6:00pm-6:30pm				
Gold 1	4:45pm-6:00pm	4:55pm-6:10pm		4:45pm-6:15pm	4:45pm-5:45pm	7:15am-8:45am	
Dryland						8:45am-9:25am	
Junior 2	7:15pm-8:30pm	5:15pm-6:30pm	7:15pm-8:30pm		6:00pm-7:15pm	9:00am-10:30am	
Junior 2 Dryland		6:35pm-7:15pm				8:15am-8:55am	
Junior 1	5:15pm-7:00pm	6:15pm-7:45pm	6:00pm-7:45pm	6:00pm-7:30pm	5:45pm-7:15pm	7:15am-9:00am	
Junior 1 Dryland		7:45pm-8:30pm		7:30pm-8:15pm			
Senior 3 AM			6:00am-7:15am			10:15am-11:45am	
Senior 3 PM	6:00pm-7:30pm	5:00pm-6:30pm		5:00pm-6:30pm			
Senior 3 Dryland	7:30pm-8:15pm					11:45am-12:30pm	
Senior 2 AM			6:00am-7:15am		5:45am-7:15am	7:15am-9:00am	
Senior 2 PM	7:00pm-8:30pm	6:30pm-8:00pm	5:15pm-7:00pm	6:30pm-8:15pm			
Senior 2 Dryland	6:15pm-6:55pm		7:00pm-7:45pm				
Senior 1 AM		5:45am-7:15am		5:45am-7:15am	5:45am-7:15am	9:00am-11:00am	
Senior 1 PM	5:30pm-7:15pm	6:30pm-8:00pm	5:15pm-7:00pm	6:30pm-8:15pm			
Senior 1 Dryland		5:30pm-6:25pm		5:30pm-6:25pm		11:00am-11:45am	
HS Skills/Speed		6:00am-7:10am		6:00am-7:10am	6:00am-7:00am	10:15am-11:45am	