



# TIGER SHARK SWIM TEAM



Parent Newsletter October 17<sup>th</sup>, 2021

## Upcoming Events

**T**Tuesday III 10/26

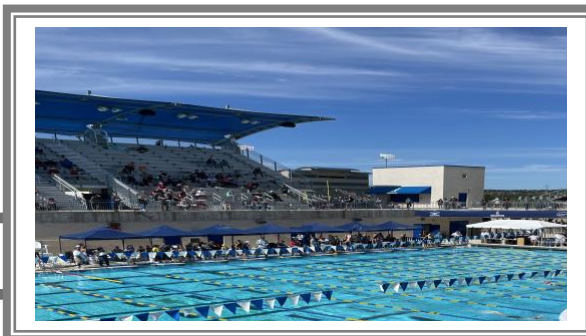
**B**elton Fall Classic  
11/12-11/14

**T**Tuesday IV 11/30

**MORE TO  
COME  
SOON!!!**

## - AAAA Spooky Invite -

We had a great showing this weekend in San Antonio for the AAAA Spooky Invite. For our senior squad this was meant to be a training meet. We swam hard all week even practicing on Friday before we traveled down for the meet. Even though we were intent on pushing our swimmers to the brink we still had quite a few athletes setting lifetime bests in the pool.



## Belton Fall Classic

This is our first home meet of the season. This meet is required for all club members, and we will need all hands-on-deck to help out with this event. Our fall classic is a timed finals event so there are only 2 sessions per day. We will be opening the job signup this week for parents. If you have any questions about jobs, how they work, what you need to do, etc, please feel free to reach out when you're going through the signup. These home meets are a great opportunity to get to know more swim families and get involved with the club!

## - This Week in Senior Practice -

The coaching staff really pushed the tempo this week asking our seniors to work harder than ever before. Wow! Did we have swimmers answer the bell. A ton of our senior swimmers took the challenge and ran with it. We had some of our hardest weights workouts followed by a heavy dose of aerobic training in the pool and they continued to get back on the blocks and demand more.

## - Holiday Training-

With the holiday season right around the corner we wanted to get some information about senior team training so that athletes and families could solidify their plans. We will be practicing Monday (11/22) through Wednesday (11/24) 2:00-4:30PM. We will take both Thursday and Friday off for the holiday and travel. Then we will hold a practice Saturday (11/27) 7:00-10:00AM. If you have family plans and your athlete is unable to attend any of these practices. We just ask that they communicate that to their group coach in advance.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AM: None</b>	AM: 6:45-8:00*	<b>AM: None</b>	AM: 6:45-8:00	<b>AM: None</b>	NO PRACTICE HS SWIM MEET
PM: 4:45-7:00	PM: 4:45-7:00 <b>*HP Only</b>	PM: 4:45-7:00	PM: 4:45-7:00	PM: 4:45-7:00	