

2021 - 2022 AAAA-NS Equipment List

Green:

- Arena Team Swim suit,
- 32 oz. water bottle
- Arena kickboard pro
- Arena training fins
- Arena mesh equipment bag
- Waterproof sun block (as
- 1 pair of light goggles (Inside)
- 1 pair of dark goggles (Outside)

10 Navy, Gold and White:

- Arena Team Swim suit
- 32 oz. water bottle
- Arena kickboard pro
- Arena training fins
- Arena Snorkel Pro
- Arena FreeFlow pullbuoy
- Arena mesh equipment bag
- Waterproof sun block
- 1 pair of light goggles (Inside)
- 1 pair of dark goggles (Outside)

Age Group Navy, Gold and White:

- Arena Team Swim suit
- 32 oz. water bottle
- Arena kickboard pro
- Arena Powerfin Pro
- Arena Snorkel Pro
- Arena Elite paddles (Medium)
- Arena FreeFlow pullbuoy
- Arena mesh equipment bag
- Waterproof sun block
- 1 pair of light goggles (Inside)
- 1 pair of dark goggles (Outside)

High School: Platinum, Navy, Gold and White:

- Arena Team Swim suit
- 32 oz. water bottle
- Arena kickboard pro
- Arena Powerfin Pro
- Arena Snorkel Pro
- Arena Elite hand paddles (Medium/Large)
- Arena FreeFlow pullbuoy
- Arena mesh equipment bag
- Waterproof sun block.
- 1 pair of light goggles (Inside)
- 1 pair of dark goggles (Outside)

Meets:

- 2 suits, 1 back-up suit
- 1 pair of light goggles (Inside)
- 1 pair of dark goggles (Outside)
- Arena "TL" warm-ups (Navy) w/ AAAA team patch
- Arena "Spiky 2 Large Backpack" (Navy) w/ AAAA team patch

Dryland Equipment:

- Running shoes
- T-shirt
- Exercise shorts
- 32 oz. water bottle
- Bug spray
- Sun block

- All swimmers are responsible for their own equipment bags each day at practice.
- All equipment should be labeled with your swimmer's name.
- All swimmers will be provided with a latex yellow AAAA cap (please ask your coach for one)