

NCAA Division 1 Men's Swimming Recruiting Rules

NCAA Division 1 swimming recruiting rules permit college coaches to recruit at any time except during four-day 'Dead Period,' November 11-14, 2019. Other rules to be followed are:

- **Prior to June 15 after sophomore year:** There can be no communication at all initiated by the coach or the athlete. During this time, a recruit can be sent materials such as questionnaires, camp information as well as non-athletic publications. College coaches are also restricted from having recruiting communication with your club or high school coach.
- **After June 15 following sophomore year:** Recruiting communication officially begins, and student-athletes can expect to hear from coaches in a variety of ways, including email, text messages, social media messages and by phone. Student-athletes may also initiate the contact. Verbal offers and commitments are also allowed.
- **Beginning August 1 of junior year:** Official visits to a school are now permitted. Men's swimming recruits are allowed one visit per school and are limited to five total school visits. Off-campus contact is also permitted.
- **Senior year:** College coaches may only make three off-campus contacts with the NCAA swimming recruit.

NCAA Division 2 Men's Swimming Recruiting Rules

NCAA Division 2 swimming recruiting rules do not have a 'dead period' like D1 recruiting rules. Recruiting is year-round. Here's a breakdown of the D2 recruiting rules:

- **General materials:** College swim coaches and recruiters may contact a recruit through the sending of questionnaires, camp information, NCAA materials and non-athletic collegiate publications at any time.
- **Printed recruiting materials:** Starting July 15 after an athlete's sophomore year, college swim coaches and recruiters may send other recruiting materials like camp information.
- **Telephone calls:** Starting June 15 after a men's college swimming recruit's sophomore year, a college coach is permitted to contact a recruit via the telephone.
- **Off-campus contact:** The college recruiter may also make off-campus contact with the potential men's college swimmer after June 15 of sophomore year.
- **Official visits:** During the senior year of the college swimming recruiting process a collegiate coach may only make three off-campus contacts with the NCAA swimming recruit.

NCAA Division 3 Men's Swimming Recruiting Rules

The NCAA swimming recruiting rules for Division 3 are not as stringent as the rules in D1/D2.

- As a freshman/sophomore, you may receive brochures for camps and questionnaires as well as recruiting information from D3 coaches. Coaches are also permitted to call you an unlimited number of times and you may also call them at your own expense. You are allowed to make unlimited unofficial visits at any time, but official visits aren't allowed until after January 1 of junior year.
- Men's college recruiters may also make off-campus contact after your sophomore year.
- Beginning on the first day of your senior year, you may make one official visit per college.

NAIA Men's Swimming Recruiting Rules

NAIA swimming recruiting rules are vastly different than those established by the NCAA. For the high school student-athlete:

- There are no restrictions concerning contact with coaches. Student-athletes and coaches can contact each other an unlimited number of times.
- There is no recruiting calendar. Recruiting is year-round.
- All methods of contact with a coach are permitted, including e-mail, text, phone call or in-person.

2019-20 NCAA Swimming Recruiting Calendar

NCAA Divisions 1 & 2

- **Dead Period:** November 11-14, 2019
- Recruiting permitted all other times.

NCAA Division 3

- Year-round recruiting permitted.