

SWIMMING

NCAA Division 1 Women's Swimming Recruiting Rules

Here is a list of women's college swimming recruiting rules NCAA D1 coaches must follow.

- **Prior to June 15 after athlete's sophomore year:** Women's college swimming recruiters are permitted to send materials such as questionnaires, camp information and any non-athletic university publications. Otherwise, there is no recruiting contact permitted.
- **After June 15 following athlete's sophomore year:** Actual recruiting communication may begin. This includes text, email, phone or social media contact initiated either by the women's college swimming recruiter or the athlete.
- **After June 15 following athlete's sophomore year:** Verbal offers and student-athlete commitment is allowed.
- **Beginning August 1 of junior year:** Official visits may be conducted. Also, unofficial visits are permitted which allow contact between the college swimming recruit and the coach. Women's swimming recruits are allowed one official visit per school and are limited five total official school visits. Email a coach about their summer meet schedule before visiting as a campus without any of the swimming staff as this will not accomplish the goal of meeting with a recruiting coach.
- **Beginning August 1 of junior year:** Off-campus contact between coach and athlete is permitted.
- **During athlete's senior year:** The women's college swimming recruiting process allows a maximum of three off-campus contacts with a potential college swimming scholarship recruit.

NCAA Division 2 Women's Swimming Recruiting Rules

The rules governing D2 women's swimming are slightly more relaxed than the D1 rules.

- **General materials:** College swim coaches may send recruits questionnaires, camp information, NCAA materials and non-athletic collegiate publications at any time.
- **Printed recruiting materials:** Starting July 15 after an athlete's sophomore year, college swim coaches and recruiters may begin sending other recruiting materials like camp information.
- **Telephone calls:** Starting June 15 after a women's college swimming recruit's sophomore year, a college coach is permitted to contact a recruit via the telephone.

- **Off-campus contact:** The college recruiter may also make off-campus contact with the potential women's college swimmer after June 15 of sophomore year.
- **Official visits:** During the senior year of the college swimming recruiting process a collegiate coach may only make three off-campus contacts with the NCAA swimming recruit.

NCAA Division 3 Women's Swimming Recruiting Rules

The NCAA women's swimming recruiting rules for Division 3 much more lenient than D1/D2.

- **As high school freshman/sophomore athletes:** Coaches are permitted to send brochures for camps and questionnaires. College swimming recruiters are also permitted to send actual program recruiting information and make unlimited phone calls to recruits. Athletes are permitted to call coaches (at the athlete's expense). Unlimited 'unofficial' visits are allowed.
- **After athlete's high school sophomore year:** Women's college swimming recruiters may make off-campus contact.
- **After January 1 of athlete's junior year:** Women's college swimming recruits may begin official visits.
- **Beginning first day of athlete's senior year:** Swimming recruit may take one official visit per college.

NAIA Women's Swimming Recruiting Rules

NAIA swimming recruiting rules are vastly different than those established by the NCAA.

- **For the high school student-athlete:** NAIA coaches do not have any restrictions regarding contact with a college swimming scholarship recruit and are permitted to contact the athlete an unlimited number of times. All methods of contact with a women's college swimming recruiter are permissible, including e-mail, text, phone call or in-person. Recruiting is year-round and can have an international component, since beginning at the NAIA level is a popular avenue for international swimmers to later transfer to a major D1 school.

2019-20 NCAA Women's Swimming Recruiting Calendar

NCAA Divisions 1 & 2

- Dead Period: November 11-14, 2019
- Recruiting permitted all other times.

NCAA Division 3

- Year-round recruiting permitted.