

STX Championship Qualifying Times

Revised 4/20/2021

Time standards current from USA Swimming website document dated 10/1/2020

	Short Course Yards		Long Course Meters		Short Course Meters	
10 and Under GIRLS	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	38.89	31.39	44.09	35.59	42.99	34.69
100 Free	1:29.59	1:09.99	1:41.99	1:20.29	1:38.99	1:17.89
200 Free	3:18.99	2:34.59	3:45.79	2:56.29	3:40.09	2:51.89
500/400 Free	8:25.39	6:44.29	7:36.79	6:05.39	7:22.89	5:54.29
50 Back	46.99	36.69	54.89	42.89	51.99	40.59
100 Back	1:41.99	1:19.29	1:59.19	1:32.69	1:52.69	1:27.69
50 Breast	53.19	41.69	1:00.49	47.49	58.89	46.19
100 Breast	1:58.09	1:31.89	2:14.79	1:44.89	2:10.49	1:41.49
50 Fly	47.39	36.19	53.39	40.79	52.39	39.99
100 Fly	1:53.99	1:24.09	2:09.99	1:35.99	2:05.99	1:32.99
100 IM	1:42.59	1:20.79			1:53.39	1:29.19
200 IM	3:38.49	2:52.69	4:09.39	3:17.09	4:01.49	3:10.79
	Short Course Yards		Long Course Meters		Short Course Meters	
10 and Under BOYS	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	38.09	30.99	43.59	35.49	41.99	34.19
100 Free	1:27.79	1:09.69	1:40.59	1:19.79	1:36.99	1:16.99
200 Free	3:06.69	2:29.39	3:33.49	2:50.79	3:26.29	2:44.99
500/400 Free	8:16.69	6:37.39	7:29.39	5:59.49	7:14.69	5:47.79
50 Back	47.49	36.99	55.29	42.99	52.69	40.99
100 Back	1:39.79	1:18.79	1:55.09	1:30.99	1:50.69	1:27.49
50 Breast	52.09	40.99	59.69	46.99	57.59	45.29
100 Breast	1:53.39	1:30.19	2:09.39	1:42.69	2:05.59	1:39.59
50 Fly	45.69	35.39	51.79	40.19	50.49	39.09
100 Fly	1:51.39	1:22.79	2:07.09	1:34.49	2:04.19	1:32.29
100 IM	1:38.79	1:18.99			1:49.79	1:27.89
200 IM	3:35.49	2:50.99	4:06.19	3:15.39	3:58.09	3:08.89

STX Championship Qualifying Times

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11-12 GIRLS	Short Course Yards		Long Course Meters		Short Course Meters	
	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	33.59	27.79	38.39	31.19	37.29	30.39
100 Free	1:13.59	1:00.19	1:24.09	1:08.19	1:21.29	1:06.59
200 Free	2:40.39	2:10.89	3:02.29	2:28.29	2:58.09	2:25.09
500/400 Free	7:08.79	5:56.99	6:23.89	5:19.79	6:15.49	5:13.39
800 Free			13:24.09	11:29.29		11:06.19
1650/1500 Free	24:53.99	21:20.59	25:45.79	22:04.99	24:45.29	21:13.09
50 Back	38.09	32.39	43.99	37.39	42.39	36.29
100 Back	1:24.79	1:09.59	1:38.69	1:19.49	1:34.19	1:18.29
200 Back	2:56.59	2:30.19	3:24.49	2:51.59	3:15.19	2:47.29
50 Breast	42.99	36.89	48.99	41.99	47.59	40.79
100 Breast	1:34.09	1:20.19	1:48.89	1:32.79	1:44.29	1:28.89
200 Breast	3:20.89	2:52.19	3:52.59	3:19.39	3:44.49	3:12.39
50 Fly	36.49	30.59	41.29	34.09	40.59	33.39
100 Fly	1:24.39	1:09.09	1:36.19	1:18.89	1:33.99	1:17.49
200 Fly	2:59.99	2:34.29	3:24.89	2:55.59	3:19.79	2:51.29
100 IM	1:24.09	1:10.39			1:33.19	1:19.89
200 IM	3:00.19	2:30.89	3:26.09	2:53.99	3:19.69	2:50.79
400 IM - 12 only	6:05.79	5:02.99	6:57.39	5:49.19	6:44.19	5:42.79
* The 12-year-old time standard for the 400 IM for championship meets is the 13-14 time standard.						

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11-12 BOYS	Short Course Yards		Long Course Meters		Short Course Meters	
	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	32.59	27.69	37.29	31.19	35.99	30.39
100 Free	1:10.99	1:00.89	1:21.29	1:08.79	1:18.49	1:07.19
200 Free	2:34.59	2:12.49	2:57.49	2:32.19	2:52.09	2:27.49
500/400 Free	6:57.29	5:57.69	6:15.49	5:21.89	6:05.19	5:12.99
800 Free			13:11.69	11:18.59		10:54.59
1650/1500 Free	24:21.89	20:52.99	25:13.59	21:37.39	24:13.39	20:45.69
50 Back	37.89	32.09	43.69	36.99	42.19	35.69
100 Back	1:22.19	1:09.19	1:35.49	1:20.49	1:30.89	1:16.59
200 Back	2:51.99	2:27.39	3:19.49	2:50.99	3:10.79	2:43.49
50 Breast	42.89	36.09	48.99	41.29	47.39	39.99
100 Breast	1:31.39	1:17.49	1:46.59	1:30.29	1:42.29	1:26.59
200 Breast	3:14.09	2:46.39	3:44.69	3:12.59	3:35.39	3:04.59
50 Fly	37.09	30.89	41.89	34.49	40.99	33.79
100 Fly	1:22.89	1:09.29	1:33.99	1:18.59	1:32.09	1:16.89
200 Fly	2:53.19	2:28.39	3:20.49	2:51.89	3:15.19	2:47.29
100 IM	1:20.89	1:09.09			1:29.39	1:16.39
200 IM	2:57.29	2:30.69	3:23.79	2:53.19	3:16.19	2:46.69
400 IM - 12 only	5:41.79	4:51.99	6:32.69	5:36.59	6:17.69	5:23.79
* The 12-year-old time standard for the 400 IM for championship meets is the 13-14 time standard.						

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	Short Course Yards		Long Course Meters		Short Course Meters	
13-14 GIRLS	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	32.59	26.09	37.09	29.79	36.09	29.09
100 Free	1:10.59	56.79	1:20.49	1:04.79	1:18.29	1:03.19
200 Free	2:32.09	2:03.69	2:54.29	2:20.69	2:49.29	2:17.49
500/400 Free	6:47.79	5:35.09	6:06.79	5:02.49	5:58.29	4:56.09
800 Free			12:35.99	10:47.99		10:31.59
1650/1500 Free	23:23.49	20:02.99	24:06.39	20:39.79	23:15.29	19:55.99
100 Back	1:16.69	1:03.49	1:29.99	1:15.19	1:25.29	1:13.99
200 Back	2:46.79	2:18.79	3:12.39	2:39.79	3:04.89	2:37.39
100 Breast	1:27.79	1:14.29	1:42.09	1:26.59	1:37.99	1:23.99
200 Breast	3:10.89	2:41.19	3:39.69	3:08.29	3:32.19	3:01.89
100 Fly	1:16.39	1:03.29	1:26.59	1:12.59	1:24.99	1:11.19
200 Fly	2:48.99	2:25.79	3:12.99	2:45.49	3:07.89	2:41.09
200 IM	2:49.79	2:21.99	3:15.79	2:42.09	3:09.49	2:38.89
400 IM	6:03.59	5:02.99	6:55.49	5:49.19	6:44.19	5:42.79
	Short Course Yards		Long Course Meters		Short Course Meters	
13-14 BOYS	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	29.89	24.29	34.39	28.19	33.19	27.39
100 Free	1:05.59	52.89	1:15.29	1:00.39	1:12.49	58.79
200 Free	2:22.99	1:57.79	2:44.09	2:13.89	2:37.99	2:10.69
500/400 Free	6:26.59	5:21.79	5:49.09	4:47.39	5:38.29	4:40.99
800 Free			12:05.89	10:22.19		10:00.99
1650/1500 Free	22:18.89	19:07.59	23:06.49	19:48.39	22:11.09	19:00.89
100 Back	1:11.49	1:01.19	1:23.89	1:11.89	1:19.59	1:08.19
200 Back	2:36.29	2:13.999	3:02.09	2:35.19	2:53.59	2:28.79
100 Breast	1:21.29	1:09.69	1:34.89	1:21.29	1:29.89	1:17.09
200 Breast	2:56.59	2:31.39	3:25.49	2:56.09	3:17.09	2:48.89
100 Fly	1:11.19	59.79	1:21.29	1:07.69	1:18.89	1:06.29
200 Fly	2:38.19	2:15.59	3:00.89	2:35.09	2:54.99	2:29.99
200 IM	2:39.99	2:13.29	3:04.59	2:33.39	2:56.79	2:30.19
400 IM	5:41.49	4:51.99	6:32.69	5:36.59	6:17.69	5:23.79

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Time standards current from USA Swimming website document dated 10/1/2020

	Short Course Yards		Long Course Meters		Short Course Meters	
15-18 GIRLS	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time e	Slower than STAGS Qualifying Time
50 Free	31.79	25.69	36.39	29.69	35.39	28.89
100 Free	1:08.89	55.69	1:19.19	1:04.29	1:16.89	1:02.69
200 Free	2:29.39	2:01.69	2:50.49	2:20.49	2:45.59	2:17.29
500/400 Free	6:40.59	5:25.79	5:58.49	4:59.29	5:50.69	4:52.89
800 Free			12:21.29	10:35.39		10:22.09
1650/1500 Free	23:05.19	19:47.29	23:43.89	20:20.49	22:57.09	19:40.39
100 Back	1:14.69	1:02.09	1:27.29	1:14.89	1:23.39	1:14.19
200 Back	2:42.99	2:19.69	3:08.39	2:41.49	3:01.39	2:35.49
100 Breast	1:25.89	1:12.99	1:39.49	1:25.29	1:36.09	1:22.39
200 Breast	3:05.99	2:37.49	3:35.89	3:05.09	3:27.89	2:58.19
100 Fly	1:14.69	1:01.69	1:25.39	1:12.69	1:23.29	1:11.09
200 Fly	2:45.29	2:22.89	3:07.29	2:40.59	3:04.29	2:37.99
200 IM	2:46.79	2:20.09	3:11.89	2:43.59	3:05.79	2:38.29
400 IM	5:55.89	5:04.99	6:47.89	5:49.69	6:35.09	5:38.69
	Short Course Yards		Long Course Meters		Short Course Meters	
15-18 BOYS	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time	Equal to or Faster than USA Swimming B Time	Slower than STAGS Qualifying Time
50 Free	28.39	23.19	32.59	26.89	31.89	26.09
100 Free	1:02.39	49.99	1:11.99	58.49	1:09.49	56.89
200 Free	2:16.49	1:50.89	2:37.39	2:08.29	2:31.79	2:05.09
500/400 Free	6:10.59	5:02.79	5:33.69	4:39.59	5:26.09	4:33.19
800 Free			11:40.09	10:00.09		9:39.89
1650/1500 Free	21:35.39	18:30.39	22:08.99	18:59.09	21:27.89	18:23.89
100 Back	1:08.09	57.09	1:20.19	1:08.69	1:15.59	1:04.79
200 Back	2:27.99	2:06.89	2:53.79	2:28.89	2:45.59	2:21.99
100 Breast	1:16.49	1:04.49	1:29.89	1:16.99	1:25.79	1:13.49
200 Breast	2:48.19	2:24.09	3:15.39	2:47.49	3:06.39	2:39.79
100 Fly	1:07.49	55.49	1:17.39	1:03.99	1:15.49	1:02.59
200 Fly	2:31.29	2:09.69	2:52.29	2:27.69	2:47.29	2:23.39
200 IM	2:31.69	2:05.19	2:56.59	2:26.29	2:48.79	2:23.09
400 IM	5:26.99	4:40.29	6:14.09	5:20.59	6:03.59	5:11.69