

SPA NEWS WEEKLY

SIENNA PLANTATION AQUATICS

JANUARY 20, 2020

TAQ Mardi Gras Meet This Weekend

This weekend is the annual Mardi Gras Meet in Baton Rouge. This is a 3-day meet with sessions Friday afternoon, Saturday and Sunday morning and Saturday and Sunday afternoon. Session details are on the website and will be emailed out later this week. We will be having a couple of annual events in conjunction with this meet.

Thursday Evening – the last 20 minutes of practice for groups going to this meet will be for car painting. Please bring supplies as we have a limited amount.

At the hotel – Door Decorating Contest. Decorate your hotel room door in the spirit of SPA and Mardi Gras. Judging will take place Saturday night after the afternoon session.

Winners will be announced in the lobby at 7:00 pm.

10 & Unders Star at MLK Invite

SPA swimmers had a great meet in League City this weekend.

Top 5 finishers are listed below.

Fiayo Akinjaiyeju – 3rd 100 Back; 3rd 50 Breast, 2nd 200 Free

Laila Caver – 4th 50 Back; 2nd 100 Back

Lauren Caver – 2nd 25 Free; 1st 50 Back; 2nd 50 Free

Ella Dierkes – 4th 100 IM; 2nd 25 Fly; 2nd 25 Back

Julianne Do – 4th 200 IM; 3rd 100 Back

*Carl Mao – 3rd 50 Back; 5th 100 Free; 4th 50 Free;
2nd 100 Back*

*Fiona Partin – 2nd 100 IM; 3rd 25 Fly; 3rd 25 Back;
3rd 50 Free; 1st 100 Back*

Adam Sobczak – 5th 50 Back; 5th 50 Fly; 3rd 200 IM

*Katie Usagani – 2nd 50 Back; 3rd 100 Free; 4th 50 Fly;
3rd 200 IM; 4th 50 Free*

Nelson Zhang – 2nd 100 IM; 1st 100 Free; 1st 50 Fly;

Congratulations to all SPA Swimmers!

Upcoming Events

January 24-26, 2020

TAQ Mardi Gras Invitational
Entry Deadline – Passed

February 15, 2020

Gulf SC Champs I
Entry Deadline – Passed

February 21-23, 2020

Gulf SC Champs II
Entry Deadline – Jan. 26, 2020

February 27-March 1, 2020

Speedo Sectionals
Entry Deadline – Feb. 16, 2020

February 28-March 1, 2020

Gulf SC Champs III
Entry Deadline – Feb. 1, 2020

March 5-8, 2020

SC TAGS
Entry Deadline – Feb. 26, 2020

March 6, 2020

Last day of SC Season

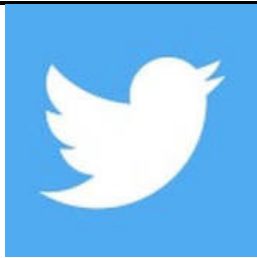
March 16, 2020

First day of LC Season

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News from around Swimming

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Last Night of TYR Pro Series](#)

[Rematches Highlight FINA Champions
Series in Beijing](#)

[USA Swimming Begins Partnership with
Talkspace for National Team](#)

[A&M's Pickram Ends Hosszu's 7-Year
Unbeaten Streak in 200 IM](#)

[Olympic Games Medal Payout
Compared by Nation](#)

[Top Five Meets to Watch in 2020
Olympic Year](#)

[Athlete Nutrition: Tips for Sluggish
Swimmers](#)

[SwimSwam's TopTen Tweets: When
You Get Beat in the ISL Final](#)

[Training Tip of the Week: Turns –
Flip the Board](#)

Notes from the Head Coach...

This weekend started a series of meets that we don't talk a lot about, but are very important for many SPA swimmers. The first TAPPS Regional meet was held at the University of Houston on Saturday and this coming Friday and Saturday will be District Finals for UIL high school swimmers.

TAPPS and UIL are the high school organizations that sponsor state championships for private and public high schools in Texas. On Saturday, SPA's Laura Daniel swam at the TAPPS Regional and may go on to TAPPS State in two weeks (final state qualifiers won't be known until two other TAPPS Regionals are held this week).

This weekend SPA will be represented at the 5-A District 25 Meet and the 6-A District 20 meets. These meets are the first step toward the UIL State Championships held in Austin in February. Top finishers at the District finals will qualify for UIL Regional Finals the following weekend.

For SPA's high school swimmers all these meets are in addition to the Gulf and Sectional Championship meets that will take place at the end of February. Although they won't be wearing SPA colors during these meets we are always proud of the performances of our SPA teammates at these meets.

This weekend, both District meets will be held at Don Cook in Sugar Land. The 5-A meet starts at 5:00 pm on Friday afternoon, and the 6-A meet begins at 11:00 am on Saturday morning.

Good luck to all SPA swimmers this weekend and congratulations to Laura on great swims this past Saturday.

Go SPA!

Coach Bob



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