

# SUNN SWIMMING

## Athlete Code of Conduct

The purpose of this code for athletes is to promote the best possible individual, team, and competitive swim program. This code is a set of rules to help establish a friendly, safe, and productive swim environment, and establish consistent expectations for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates, team family members, officials and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my teammates.
- I will be respectful of my teammates' feelings and personal space. Athletes who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms, pool covers, lane lines and reels) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- I will refrain from the use of alcohol, recreational or illegal drugs and tobacco products.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that violating this code of conduct will result in disciplinary action determined by my Group Coach, the Head Coach and/or the SUNN board of directors. Disciplinary actions may include one or all of the following penalties:

- Verbal Warning - The athlete will have the Code of Conduct infraction explained and be warned not to repeat the infraction.
- Time Out - The athlete will be asked to sit out of a portion of practice or a disciplinary action left to the coach's discretion will be given.
- Removal from Practice - The athlete will be asked to exit the pool and dry off. The coach will ensure a call to a parent/guardian is made. If an athlete is removed from practice, the athlete must stay on deck within the site of the coach until the athlete can be picked up and the coach can speak to the parent/guardian about the infraction.
- Suspension - The athlete may be suspended from attending practice, meets, and/or team functions until the athlete and parent/guardian can have a conference with the Group Coach, Head Coach and/or the Board of Directors and appropriate disciplinary actions have been determined.
- Removal from Team - For serious, illegal offenses or repeat infractions, SUNN maintains the right to terminate any membership with/without cause in the interest of pursuing our club mission and objectives.

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Athlete's signature

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Date

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Parent's signature

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Date