

CAL2024 STANDARDS CAL Standards 2023-2024 Yards

Girls 6 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Free	26.75	31.67	37.90	
25 Back	29.67	34.38	40.43	

Girls 7-8

	GOLD	SLVR	QUAL	BRNZ
25 Free	20.17	23.36	27.10	
25 Back	24.29	27.39	31.10	

Girls 8 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Breast	27.36	31.63	36.56	
25 Fly	23.52	27.85	32.07	

Girls 9-10

	GOLD	SLVR	QUAL	BRNZ
50 Free	36.19	41.82	47.16	
50 Back	43.89	50.86	56.26	
50 Breast	48.24	55.31	1:02.31	
50 Fly	41.13	49.41	56.10	

Girls 10 & Under

	GOLD	SLVR	QUAL	BRNZ
100 IM	1:27.46	1:37.61	1:47.44	

Girls 11-12

	GOLD	SLVR	QUAL	BRNZ
50 Free	30.91	34.94	38.47	
50 Back	37.12	42.59	47.56	
50 Breast	41.44	46.96	51.88	
50 Fly	33.44	39.40	45.47	
100 IM	1:15.57	1:26.24	1:34.04	

Girls 13-14

	GOLD	SLVR	QUAL	BRNZ
50 Free	28.47	31.18	33.86	
50 Back	33.39	37.38	41.86	
50 Breast	37.78	42.12	46.19	
50 Fly	31.02	34.89	39.78	
100 IM	1:09.03	1:17.73	1:25.45	

Girls 15-18

	GOLD	SLVR	QUAL	BRNZ
50 Free	27.19	29.56	31.45	
50 Back	31.80	35.31	38.08	
50 Breast	36.23	40.00	43.32	

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50 Fly	29.23	32.72	35.66
100 IM	1:06.52	1:15.08	1:20.52

Boys 6 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Free	26.15	32.17	39.48	
25 Back	29.74	36.02	43.99	

Boys 7-8

	GOLD	SLVR	QUAL	BRNZ
25 Free	19.22	22.69	26.52	
25 Back	24.06	27.63	31.84	

Boys 8 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Breast	26.14	29.43	33.48	
25 Fly	22.97	27.56	32.45	

Boys 9-10

	GOLD	SLVR	QUAL	BRNZ
50 Free	36.42	40.70	46.24	
50 Back	45.12	50.64	57.63	
50 Breast	48.79	55.19	1:02.00	
50 Fly	41.63	49.33	57.62	

Boys 10 & Under

	GOLD	SLVR	QUAL	BRNZ
100 IM	1:27.52	1:39.36	1:49.00	

Boys 11-12

	GOLD	SLVR	QUAL	BRNZ
50 Free	30.50	34.22	37.46	
50 Back	36.92	42.55	47.87	
50 Breast	41.76	47.22	52.01	
50 Fly	33.47	39.67	45.07	
100 IM	1:13.93	1:25.55	1:33.81	

Boys 13-14

	GOLD	SLVR	QUAL	BRNZ
50 Free	26.52	28.97	31.61	
50 Back	31.69	35.99	40.02	
50 Breast	35.10	39.71	44.21	
50 Fly	28.43	32.48	36.60	
100 IM	1:06.04	1:14.09	1:22.22	

Boys 15-18

	GOLD	SLVR	QUAL	BRNZ
50 Free	23.65	25.51	27.41	

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50 Back	27.50	30.72	34.06
50 Breast	31.15	34.40	37.51
50 Fly	25.80	28.10	30.99
100 IM	58.22	1:05.00	1:09.90



CAL2024 STANDARDS CAL Standards 2023-2024 Short Course Meters

Girls 6 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Free	29.69	35.16	42.07	
25 Back	32.94	38.16	44.88	

Girls 7-8

	GOLD	SLVR	QUAL	BRNZ
25 Free	22.39	25.93	30.08	
25 Back	26.96	30.40	34.52	

Girls 8 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Breast	30.37	35.11	40.58	
25 Fly	26.10	30.92	35.60	

Girls 9-10

	GOLD	SLVR	QUAL	BRNZ
50 Free	40.17	46.42	52.34	
50 Back	48.71	56.45	1:02.45	
50 Breast	53.55	1:01.39	1:09.17	
50 Fly	45.65	54.85	1:02.27	

Girls 10 & Under

	GOLD	SLVR	QUAL	BRNZ
100 IM	1:37.08	1:48.35	1:59.26	

Girls 11-12

	GOLD	SLVR	QUAL	BRNZ
50 Free	34.31	38.78	42.70	
50 Back	41.20	47.27	52.80	
50 Breast	45.99	52.13	57.59	
50 Fly	37.12	43.73	50.47	
100 IM	1:23.88	1:35.73	1:44.38	

Girls 13-14

	GOLD	SLVR	QUAL	BRNZ
50 Free	31.60	34.61	37.58	
50 Back	37.07	41.50	46.46	
50 Breast	41.94	46.75	51.27	
50 Fly	34.43	38.72	44.16	
100 IM	1:16.62	1:26.28	1:34.85	

Girls 15-18

	GOLD	SLVR	QUAL	BRNZ
50 Free	30.18	32.81	34.91	
50 Back	35.30	39.19	42.27	
50 Breast	40.22	44.40	48.09	

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50 Fly	32.45	36.32	39.59
100 IM	1:13.84	1:23.34	1:29.37

Boys 6 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Free	29.03	35.71	43.83	
25 Back	33.01	39.99	48.83	

Boys 7-8

	GOLD	SLVR	QUAL	BRNZ
25 Free	21.33	25.18	29.43	
25 Back	26.71	30.67	35.34	

Boys 8 & Under

	GOLD	SLVR	QUAL	BRNZ
25 Breast	29.02	32.67	37.16	
25 Fly	25.50	30.60	36.02	

Boys 9-10

	GOLD	SLVR	QUAL	BRNZ
50 Free	40.43	45.17	51.33	
50 Back	50.09	56.21	1:03.97	
50 Breast	54.16	1:01.26	1:08.82	
50 Fly	46.21	54.76	1:03.95	

Boys 10 & Under

	GOLD	SLVR	QUAL	BRNZ
100 IM	1:37.14	1:50.29	2:00.99	

Boys 11-12

	GOLD	SLVR	QUAL	BRNZ
50 Free	33.85	37.98	41.58	
50 Back	40.98	47.23	53.14	
50 Breast	46.35	52.41	57.73	
50 Fly	37.16	44.04	50.03	
100 IM	1:22.06	1:34.96	1:44.13	

Boys 13-14

	GOLD	SLVR	QUAL	BRNZ
50 Free	29.44	32.15	35.09	
50 Back	35.18	39.95	44.42	
50 Breast	38.96	44.08	49.07	
50 Fly	31.56	36.06	40.63	
100 IM	1:13.30	1:22.24	1:31.26	

Boys 15-18

	GOLD	SLVR	QUAL	BRNZ
50 Free	26.25	28.31	30.43	

CAL2024 STANDARDS CAL Standards 2023-2024 Short Course Meters

50 Back	30.53	34.10	37.81
50 Breast	34.58	38.19	41.63
50 Fly	28.64	31.19	34.40
100 IM	1:04.62	1:12.15	1:27.59