

**CANES Winter Invitational 2022**  
**University of Miami-Coral Gables Campus**  
**1306 Stanford Drive**  
**Coral Gables, FL. 33146**

Saturday and Sunday, January 29-30, 2022, Hosted by Hurricane Aquatics

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**Sanction:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.  
Sanction No. **FG342202918014**

In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and Hurricane Aquatics shall be free and held harmless from any liabilities or claims from damages arising because of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this meet, you voluntarily assume all risks related to exposure to COVID-19.

**Hosted by:** Hurricane Aquatics

**Location:** Whitten University Center - Outdoor Pool University of Miami

1306 Stanford Drive

Coral Gables, FL. 33146

**Directions and Parking:** When on US1, turn onto Stanford Drive and continue driving straight over Ponce de Leon. This is the main entrance into the University. The street is lined with palm trees and there is a guard shack on your left. Go through the left side of the guard shack. They most likely will let you pass without stopping you but if they do, just say you are there for a swim meet at the UM pool.

**Parking Options on Campus -** There is metered parking all along Stanford Drive. The meter cost is \$1 per hour. The hours for the meters on campus are from 9 am to 10 pm. Pavia Garage is also open for parking, the cost is \$1 per hour, and the hours are from 9 am to 10 pm. Be aware of the metered spots on Stanford Drive have time limits. Pavia Garage parking is much more flexible.

**Date & Time:** Saturday, January 29, 2022

Session I: Saturday - Warm-up 9:00 am. Meet starts at 10:00 am

Session II: Sunday - Warm-up 8:00 am. Meet starts at 9:00 am

**Pool/Timing:** 25-yard x 50 meters heated outdoor pool, 8 short-course racing lanes with separate warm-up and warm-down lanes available. Colorado Timing System will be used. Fly-over starts will be used as necessary. The competition course has been certified in accordance with 104.2.2 (4). Water depth gradually varies from Lane 1 to Lane 8 from 4.87 ft to 7.41 ft.

**Rules:** 2022 USA Swimming Rules and Florida Gold Coast rules will govern this meet.

Public Health and Safety mandates and guidelines of the State of Florida, Dade County, and Whitten University Center - Outdoor Pool at the University of Miami will be enforced.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement 202.4.9(D).

**Safety rules** as outlined by USA Swimming and as recommended by the referee will be in effect.

**MAAPP 2.0:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this meet.

**Operation of a drone**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present (unless it has been approved before the event).

**Deck Changes:** Changing, in whole or in part, into or out of a swimsuit in an area other than a permanent or temporary locker room, bathroom, changing room, or other space designated for changing purposes is prohibited.

**Closed deck/facility:** Spectators will be permitted on the deck in a designated area at the turn end. Only Swimmers, Officials, Volunteers, and Coaches will be allowed on deck at the start end or along the length of the pool. Spectators will be allowed at the turn end of the pool.

**Camera Free Zone:** The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers, or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or maybe barred from the facility during the sanctioned event.

**Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**Conflict of Interest:** Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days before the first day of the competition. Failing to comply with such an order will result in removal from the facility and/or immediate vicinity.

**Eligibility: No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.**

The meet is open to all current 2022 USA Swimming registered athletes on FGC registered teams until the meet cap is reached (approximately 250-300 swimmers per session or a 3.5-hour timeline whichever comes first). Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3.

The Meet Host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done before the start of the competition.

**Disability Athletes:** All swimmers with disabilities are welcome at this meet. Please contact the pool office ahead of time to allow for preparations - coachlizkershaw@gmail.com or 214-695-0109.

**Entry Deadline:** All entries must be received by Friday, January 21, 2022, at 6 PM ET.

**Entry Limit:** No more than four (4) individual events per day.

**Meet Cap:** approximately 250-300 swimmers per session or a 3.5-hour timeline whichever comes first

**Entry Procedure:** Electronic entries only (CL or SDIF format). E-mail entries to [coachlizkershaw@gmail.com](mailto:coachlizkershaw@gmail.com). Confirmation for electronic entries will be sent via e-mail.  
\*\*Submission of entries certifies that all swimmers are current USA Swimming registered.  
**NOTE: Swimmers without a registration number or birth dates will not be entered.**

**Entry Fees:** \$7.00 per individual event \$10.00 per athlete facility surcharge Entry fees are made payable to Hurricane Aquatics  
5821 San Amaro Drive  
Coral Gables, FL 33146

**Refunds:** Once a team or individual entry has been received and processed, there will be no refunds unless FGC Rule 1.17a.i.v applies.

**Deck Entries:** Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.

**Seeding:** Short course yards times, then meters times will be used for seeding. Events will be single racing category (male or female), multi-age group, and seeded fastest to slowest before the first day of the meet.

**Scoring:** This competition is not scored.

**Awards:** Will be given based on single-gender and the following age groups 10U, 11-12, 13-14. No awards will be given for 15+

**Admission:** \$4.00 per session. Heat sheets will not be sold at the meet.  
Tents no larger than 10x10 on the deck may be set up on the deck. Please do not set up tents on the patio outside of the pool area.

**Heat sheets:** will be available online for free at [www.teamunify.com/fga](http://www.teamunify.com/fga) or on Meet Mobile. Copies will be posted around the pool deck for athletes. Coaches' heat sheets will be available at the starter's tent.

**Concessions:** The concession stand will be available but limited to simple snacks, water, Gatorade.

**Hospitality:** Hospitality for coaches, officials, and volunteers will be available as single serve grab-and-go snacks. A simple boxed lunch will be provided for coaches, officials, and volunteers as needed.

**Head Referee:** Cathy Silveira - [jccjeh@msn.com](mailto:jccjeh@msn.com); 305-467-0894

**Meet Director:** Liz Kershaw - coachlizkershaw@gmail.com; 214-695-0109

**Admin Official:** Elizabeth Bossart

**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Meet Information:** Liz Kershaw at 214-695-0109.

**Warm-up Procedure:** No equipment is permitted in the competition pool. Swimmers must enter the water feet first.

9:00 a.m. to 9:35 a.m. Warm-Up is general, no diving; Swimming and Pulling Only, Push Off; No Racing Starts; No Sprinting or Pace Work

9:35-9:55 Controlled Warm-Up

Lane 1 Pace, 50 and 100 Circle Swim Push Off

Lane 2 Racing Starts, 25 yards One Length.

Lane 3 General warm-up, Push Off

Lane 4 General warm-up

Lane 5 Racing Starts, 25 yards One Length.

Lane 6 General warm-up

Lane 7 Racing Starts, 25 yards One Length.

Lane 8 Pace, 50 and 100 Circle Swim Push Off

\*\*\*We will be complying and enforcing all health and safety mandates and guidelines of USA Swimming, Florida Gold Coast Swimming, the State of Florida, Dade County during the event including warm-up.

**COVID-19 Procedures:**

- **Masks are required inside all buildings on the University of Miami campus, this includes walking through the Whitten Center to access the pool.**
- **Masks are required inside the bathrooms.**
- **Spectators will be allowed at the turn end of the pool deck, please do not congregate on the Fate Bridge to watch the meet.**
- **Additional restrictions will be communicated in advance of the meet via email to coaches/individuals who've submitted entries if UM changes policy between meet sanction and the start of the meet.**

**DEI:** There are two gender-neutral restrooms that are close to the pool. Please ask the front desk for directions as needed. Note: these bathrooms are single-person use, and open to the public. These restrooms will not be monitored by the meet host.

Order of Events  
Saturday, January 29, 2022

Women	Event	Men
1	200 Free	2
3	100 Fly	4
5	50 BRST	6
7	200 Back	8
9	100 IM	10
11	50 Free	12
13	200 Fly	14
15	100 BRST	16

Sunday, January 30, 2022

Women	Event	Men
17	200 IM	18
19	100 Free	20
21	50 Back	22
23	200 BRST	24
25	50 Fly	26
27	100 Back	28
29	400 IM	30