

Miami-Dade BC Champs

February 21 & 22, 2020

North Miami Swim Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No. **FG342005214023**

In granting this approval it is understood and agreed that USA Swimming and Florida Gold Coast Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

Hosted by: North Miami Swim Team

Location: Miami Dade College North, Building 500
11380 NW 27th Ave
Miami, Fl 33167

Directions: From South-take I-95 to 119th Street exist, Turn left (west) drive pass 27th Ave, take first left onto campus, then first right. From North-take I-95 to 125th Street exist, turn right, then first left on 7th Ave, head south and turn right on 119th Street, drive pass 27th Ave and make first left onto campus and first right. You can also take 826 North or I-75 South to Gratigny to 119th Street, turn right onto campus at second light, then left, Miami Dade Aquatic Facility, Building 500 is on the northeast corner of campus.

Date and Time: Session I Friday(2/21/20) Warm up: 4:00 pm Start of meet: 5:15 pm
Session II Saturday(2/22/20) Warm up: 8:00am Start of meet: 9:00 am

*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Pool/Timing: 25 yards heated outdoor pool, 9 short-course racing lanes with separate warm-up and swim-down lanes available. Colorado timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2C (4). Water depth at the start varies from 6'0 to 7'6" depending on lane assignment accordance with 202.3.7 (C).

Camera Free Zone: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Conflict of Interest: Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Rules: Current USA Swimming Rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Deck Changes: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.

Eligibility: Open to all current 2020 USA swimming registered swimmers on an **FGC registered team in Miami- Dade County, who have not achieved BB time standards in an event they are entered.** There are no qualifying times other than entry time being slower than a BB time standard.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

The meet host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

- Disability Athletes:** Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations – 786-255-5301 or kenny@swimneptunes.com
- Entries:** All entries must be received by **Thursday (2/12/2020) @ 9 pm**. PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format). E-mail to kenny@swimneptunes.com, cc- andrew@swimneptunes.com, fax: NO faxed entries. Confirmation for electronic entries will be sent via e-mail. ** Submission of electronic entries signifies that all swimmers are USA Registered. Questions, please contact office at 786-255-5301
- Note:** Swimmers without registration number or birth dates will not be entered. Email confirmation of entries will be sent to each team. Coaches are responsible to review their team entries, and notify the meet director of any issues within 24 hours.
***Entry Fees will be Doubled if not entered electronically.
- Entry Limit:** 3 individual events per swimmer Session I.
4 individual events per swimmer Session II.
- Meet Cap:** The meet will not be capped
- Deck Entries:** **No Deck entries will be permitted.**
- Entry Fees:** \$4 per individual event.
- Facility Surcharge:** \$8 per swimmer

*Entry fees are made payable to **North Miami Swim Team** (note: one check per team)
- Unregistered Teams:** No entries will be taken for non registered FGC teams
- Refunds:** Once the team or individual entry has been received and processed, there will be no refunds in full or part.
- Seeding:** All events will be seeded SCY, LCM, SCM - SLOWEST TO FASTEST.
- Distance Events:** none
- Awards:** Individual medals 1st - 3rd

Ribbons 4th - 8th
- Scoring:** [THIS MEET WILL NOT BE SCORED]
- Admission:** \$5.00 per session. Heat sheets: Free on meet mobile or team website - swimneptunes.com, available by Thursday (2/2020).

- Meet Information:** Updates to meet information as well as Time Lines and Psych Sheets and Meet Results for the meet will be posted on the internet after entries are processed. Look for the information on Meet Mobile or swimneptunes.com
- Head Referee:** Juan Pelaez
- Meet Director:** Kenneth Vigille
- Admin Official:** Andrew Witcher
- Meet Marshall:** John Turnipseed
- Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
- Information:** Call Team Office 786-255-5301

Warm-up Procedures: NO Equipment Permitted. Swimmers must enter the water feet first. Session I 4:00 pm. to 4:40 pm, Session II 8 am to 8:40 am general warm up, swimming, push off, circle swim only. No Racing Starts; No Sprinting or Pace Work
20 minutes to session start time - Controlled Warm Up
Lane 1 Pace, 50 and 100 Circle Swim, Push Off
Lane 2 - 25 yds. - one way racing starts
Lane 3 swimming, push off, circle swim
Lane 4 swimming, push off, circle swim
Lane 5 swimming, push off, circle swim
Lane 6 swimming, push off, circle swim
Lane 7 - 25 yds. - one way racing starts
Lane 8 swimming, push off, circle swim
Lane 9 swimming, push off, circle swim

1. Pace lane – last 20 minutes of warm up. Push- off one or two lengths, circle swimming only NO DIVING, feet first entries only.
2. Practice Racing Starts – Last 20 minutes of warm-ups, lanes 2 & 7, additional lanes added as needed. Swimmers must exit the pool at the far end or return to the start end via a general warm-up lane. Do NOT return via the pace lanes.
3. General Lanes - Circle swimming only

NOTE: Meet management reserves the right to adjust start time, times of session to ensure an efficient meet.

Miami Dade BC Champs February 21, 2020

Friday Session I

warm up 4:00 pm - meet starts 5:15 pm

Slower Than	E# Girls	Age-Group / Even		E# Boys	Slower Than
41.89	1	8 & under	50 Back	2	42.39
1:30.69	3	9 & 10	100 Back	4	1:29.69
1:18.49	5	11 & 12	100 Back	6	1:15.79
1:11.69	7a	13 & 14	100 Back	8a	1:06.89
1:10.09	7b	15 & over	100 Back	8b	1:03.49
47.49	9	8 & under	50 BR	10	46.59
47.49	11	9 & 10	50 BR	12	46.59
39.99	13	11 & 12	50 BR	14	39.59
38.39	15a	13 & 14	50 BR	16a	35.59
37.49	15a	15 & over	50 BR	16b	34.09
35.19	17	8 & under	50 Free	18	34.49
35.19	19	9 & 10	50 Free	20	34.49
31.49	21	11 & 12	50 Free	22	30.29
30.29	23a	13 & 14	50 Free	24a	27.89
29.79	23b	15 & over	50 Free	24b	26.79

Miami Dade BC Champs February 22,2020
Saturday Session II warm up 8 am - start 9 am

Slower Than	E# Girls	Age-Group /Event		E# Boys	Slower Than
41.79	25	8 & under	50 Fly	26	40.49
1:39.09	27	9 & 10	100 Fly	28	1:37.99
1:18.29	29	11 & 12	100 Fly	30	1:16.49
1:11.39	31a	13 & 14	100 Fly	32a	1:06.39
1:09.99	31b	15 & over	100 Fly	32b	1:03.39
2:57.39	33	10 & under	200 Freestyle	34	2:47.99
2:29.69	35	11 & 12	200 Freestyle	36	2:24.59
2:22.19	37a	13 & over	200 Freestyle	38a	2:12.79
2:19.19	37b	15 & over	200 Freestyle	38b	2:07.49
1:31.69	39	8 & under	100 IM	40	1:29.39
1:31.69	41	9 & 10	100 IM	42	1:29.39
1:18.39	43	11 & 12	100 IM	44	1:14.99
1:18.29	45a	13 & 14	100 IM	46a	1:08.59
1:15.49	45b	15 & over	100 IM	46b	1:07.29
41.89	47	9 & 10	50 Back	48	42.39
35.59	49	11 & 12	50 Back	50	35.29
34.19	51a	13 & 14	50 Back	52a	31.89
33.29	51b	15 & over	50 Back	52b	30.49
1:44.99	53	9 & 10	100 Breaststroke	54	1:41.89
1:27.39	55	11 & 12	100 Breaststroke	56	1:25.49
1:22.39	57a	13 & 14	100 Breaststroke	58a	1:15.59
1:20.69	57b	15 & over	100 Breaststroke	58b	1:12.09
1:19.99	59	8 & under	100 Free	60	1:18.79
1:19.99	61	9 & 10	100 Free	62	1:18.79
1:08.29	63	11 & 12	100 Free	64	1:05.89
1:05.79	65a	13 & 14	100 Free	66a	1:00.89
1:04.59	65b	15 & over	100 Free	66b	58.39
41.79	67	9 & 10	50 Fly	68	40.49
34.09	69	11 & 12	50 Fly	70	34.19
32.69	71a	13 & 14	50 Fly	72a	30.59
32.49	71b	15 & over	50 Fly	72b	30.29
3:15.59	73	10 & under	200 IM	74	3:13.19
2:47.79	75	11 & 12	200 IM	76	2:44.19
2:39.19	77a	13 & 14	200 IM	78a	2:28.59
2:36.19	77b	15 & over	200 IM	78a	2:21.79

2020 Miami Dade BC Champs Short Course Time Trial

- Sanctioned by:** USA Swimming and Florida Gold Coast Swimming
Sanction No. **FG3T2005214023**
- Sponsored by:** North Miami Swim Team
- Location:** Miami Dade College North Aquatic Facility, Building 500
1138 NW 27th Ave
Miami, FL 33167
- Dates & Time:** Saturday, February 22, 2020 - immediately following the conclusion of Session II.
- Pool/Timing:** 25 yards heated outdoor pool, 9 short-course racing lanes with separate warm-up and swim down lanes available. Colorado Timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2C(4). Water depth at the start varies from 6'0" to 7'6" depending on lane assignment accordance with 202.3.7(C)
- Eligibility:** Open to all currently registered USA Swimming athletes.
- Entries:** Entry forms will be available at the officials table. Entries will close at 12 noon. Proof of USA Swimming registration will be required for swimmers not entered in the Miami Dade BC Champs Meet.
- Entry Limit:** Swimmers are limited to no more than 4 events per day including events they participated in the Miami Dade BC Champs Meet.
- Entry Fees:** \$10.00 per individual event, \$15.00 athlete surcharge for all swimmers not entered in the Miami Dade BC Champs Meet.
- Referee:** Juan Pelaez

Time Trial
Saturday, February 22, 2020
Event Numbers

	1st Pass	2nd Pass
50 Butterfly	201	251
50 Backstroke	202	252
50 Breaststroke	203	253
50 Freestyle	204	254
100 Butterfly	205	255
100 Backstroke	206	256
100 Breaststroke	207	257
100 Freestyle	208	258
200 Butterfly	209	259
200 Backstroke	210	260
200 Breaststroke	211	261
200 Freestyle	212	262
100 Individual Medley	213	263
200 Individual Medley	214	264
500 Freestyle	215	265
400 Individual Medley	216	266
1650 Freestyle	217	267

All time trial events are mixed gender. Events will be run through twice and may be swum in an order different than listed above.