



P O M P A N O B E A C H
PIRANHAS TURKEY CLASSIC

Saturday and Sunday November 6-7, 2021

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No. **FG232131009106**

In granting this approval it is understood and agreed that USA Swimming and Florida Gold Coast Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-

19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this meet, you voluntarily assume all risks related to exposure to COVID-19.

Hosted by:

Pompano Beach Piranhas

Location:

Pompano Beach Aquatic Center, 820 NE 18th Ave. Pompano Beach, FL 33061. (Not a mailing address)

Directions:

From the North or South: Take I-95 or the Turnpike towards Pompano Beach and take Atlantic Blvd and go East to NE 18th Avenue. Turn Left onto NE 18th Avenue and continue to end of street to NE 8th Street. Turn Right onto to NE 8th Street and follow the 2 road to the Aquatic Center. The pool is on the left-hand side.

Date & Time:

Saturday, November 6, 2021

Session I -Timed Finals - Warm-up at 8:30AM Meet - Starts at 10:00AM

Session II -Timed Finals -Warm-up right after the previous session and the meet will start in 60 minutes.

Sunday, November 7, 2021

Session III -Timed Finals - Warm-up at 8:30AM Meet - Starts at 10:00AM

Session IV -Timed Finals - Warm-up right after the previous session and the meet will start in 60 minutes.

Session V -Timed Finals - Warm-up right after the previous session and the meet will start in 60 minutes.

****Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Pool/Timing:

50 meters x 25 yards heated outdoor pool, 10 short-course racing lanes. A separate warm-up and swim-down 5 lane 25mt pool will be available. Daktronics Omnisport 2000 Timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2C (4). Water depth at the start varies from 5'0 to 7'0 depending on lane assignment accordance with 202.3.7 (C).

Camera Free Zone:

The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image

Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Conflict of Interest: Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Rules: Current USA Swimming Rules will govern this meet.

Public Health and Safety mandates and guidelines of the State of Florida, Broward County, City of Pompano Beach, Pompano Beach Aquatic Center will be enforced.

Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Deck Changes: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.

Eligibility: Open to all current 2021 USA swimming athletes registered in Florida Gold Coast Swimming and affiliated with a Florida Gold Coast Swimming registered club.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

The host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations – 954-401-0045 – meet@pompanopiranhas.com

Entry: All entries must be received by Tuesday, October 26, 2021. PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to meet@pompanopiranhas.com. Confirmation for electronic entries will be sent via e-mail. **Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact meet director (787)-315-1529

NOTE: Swimmers without registration numbers or birth dates will not be entered.
***** Entry Fees will be Double if not entered electronically.**

Seeding: Standard, Timed Finals. Short course yard times are used for seeding.

Entry Fees: \$ 4.25 per individual event

Surcharge: \$ 15.00 per swimmer

*Entry fees are made payable to “**Pompano Piranhas Inc**”
P.O. Box 10693 Pompano Beach, FL 33061 (note: one check per team).

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: Up to four (4) individual events.

Awards: **All Around Awards:** To qualified for the all-around awards it’s requires that the swimmers participate in all four (4) 50 yards races, one of each of competitive stroke. The final time results of each of the individual swim by each swimmer will be added to determent overall time for each competitor. The fastest 8 girls and 8 boys for each age group category will be awarded:

Firsts Place	12” Trophy	&	Turkey
SecondPlace	10” Trophy	&	Turkey
Third Place	8” Trophy	&	Turkey
Forth to Eight	Bronze Medals		

Deck Entries: Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.

Head Referee: Joshua Blanco

Starter: Rocio Dejo

Admin Official: Betsy Vassallo / Matt Hopper

Meet Director: Jesse Vassallo

Meet Marshall: Rosalie Reyna

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: **\$5.00** - a viewing area on deck will be available for parents and spectators.

Heat Sheets: **\$3.00** per session

Information: Call the Teams Office at (954-401-0045)

Warm-up

Procedures: NO Equipment Permitted. Swimmers must enter the water feet first.
7:30 a.m. to 8:30 a.m. General Warm Up; Swimming and Pulling Only, Push Off; No Racing Starts; No Sprinting or Pace Work 8:30 p.m. – 8:50 p.m.
TBA p.m. to TBA p.m. General Warm Up; Swimming and Pulling Only, Push Off; No Racing Starts; No Sprinting or Pace Work 1:00 p.m. – 1:20 p.m. Controlled Warm Up
Lane 1 Pace, 50 and 100 Circle Swim, Push Off
Lane 2 Racing Starts, 25 yards One Length.
Lanes 3 – 8 Swimming and Pulling, Push Off
Lane 9 Racing Starts, 25 yards One Length.
Lane 10 Pace, 50 and 100 Circle Swim, Push Off

1. Pace lanes – last 20 minutes of warm up. Push- off one or two lengths, circle swimming only (counter -clockwise), NO DIVING, feet first entries only.
2. Practice Racing Starts – Last 20 Minutes of warm-ups. Number of lanes as needed. Swimmers must exit the pool at the far end or return to the start end via a general warm-up lane. Do NOT return via the pace lanes.
3. General Lanes - Circle swimming only (counterclockwise only).

NOTE: Meet management reserves the right to adjust start time, times of session to ensure an efficient meet.

EVENTS

SATURDAY				
SESSION I 10:00AM				
Girls		Event	Age Group	Boys
1		25 Butterfly	8 & Under	2
3		25 Backstroke	8 & Under	4
5		25 Breaststroke	8 & Under	6
7		25 Freestyle	8 & Under	8
SESSION II				
Girls		Event	Age Group	Boys
9		50 Butterfly	9 & 10	10
11		50 Backstroke	9 & 10	12
13		50 Breaststroke	9 & 10	14
15		50 Freestyle	9 & 10	16
SUNDAY				
SESSION III 10:00AM				
Girls		Event	Age Group	Boys
17		50 Butterfly	11 & 12	18
19		50 Backstroke	11 & 12	20
21		50 Breaststroke	11 & 12	22
23		50 Freestyle	11 & 12	24
SESSION IV				
Girls		Event	Age Group	Boys
25		50 Butterfly	13 & 14	26
27		50 Backstroke	13 & 14	28
29		50 Breaststroke	13 & 14	30
31		50 Freestyle	13 & 14	32
SESSION V				
Girls		Event	Age Group	Boys
33		50 Butterfly	15 & Over	34
35		50 Backstroke	15 & Over	36
37		50 Breaststroke	15 & Over	38
39		50 Freestyle	15 & Over	40

USA SWIMMING MESSAGE

We believe swimming, like walking, hiking, running, and cycling, is a critical healthy activity within our communities. Swimming does not require direct contact between teammates or coaches and social distancing can be maintained throughout practice. As with all exercise and activity at this time, swimming must comply with standards for social distancing and safety within aquatic facilities. We know, with collaboration between USA Swimming coaches, public health officials, and facility operators we can create safe plans for using aquatic facilities to promote physical and mental health opportunities compliant with public health directives. The CDC has indicated that there is no evidence the disease spreads through treated water. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water.

PIRANHAS RETURN TO COMPETITION PLAN EXPECTATIONS FOR SWIM MEET AT PBAC

On Monday June 14, 2021, the City of Pompano Beach lifted all covid-19 guidelines and restrictions.

The Pompano Beach Aquatic Center in turn has also lifted all covid-19 guidelines and restrictions following the State, County and City ordinances.

THE PIRANHAS SWIM TEAM RESPECTFULLY ASK TO DO NOT COME TO THE POOL IF YOU ARE SICK!

1. Have you have tested positive for COVID-19, or are you presumptively positive for COVID-19 based on your health care provider's assessment or your symptoms?

2. Are you currently experiencing, or have you experienced in the past 14 days, any of the following symptoms? (Please take your temperature before you answer this question.)

- Fever or chills (100.4° F/37.8° C or greater as measured by an oral thermometer)
- Cough
- Congestion or runny nose
- Shortness of breath or difficulty breathing
- Sore throat
- New loss of taste or smell
- Chills
- Headache
- Muscle, or body aches
- Fatigue
- Nausea, diarrhea, or vomiting
- Bright red (or any) rash

3. In the past 14 days, have you been in close proximity to anyone who was experiencing any of the above symptoms or has experienced any of the above symptoms since your contact?

4. In the past 14 days, have you been in close proximity to anyone who has tested positive for COVID-19?

5. Have you been tested for COVID-19 and are waiting to receive test results?

6. In the past 14 days, based on the above or other symptoms, have you been told by any doctor, medical professional, or other authority to self-quarantine for any reason?



FLORIDA GOLD COAST SWIMMING OFFICIATING BEST PRACTICES IN THE ERA OF COVID: SUGGESTIONS FOR MEET REFEREES

- Minimize number of officials on deck: Deck Ref; Starter; AO; 0-1 Stroke/Turn Judges for an intra-squad meet or a dual meet, 1-2 Stroke/Turn Judges for an invitational-style virtual meet. Extra officials may be used as relief teams but should remain off-deck and should practice social distancing when not working.
- Conduct pre-meet briefing by telephone or Zoom conference prior to the start of the meet.
- Officials should report directly to their assigned positions immediately before the start of the meet. Do not allow them to congregate in the starting area.
- Do not require officials to “sign in” when they arrive at the meet.
- Do not count on hospitality being available. Officials should bring their own water bottles.
- Do not share communal radios. Officials should bring their own radios to the meet.
- Officials should wear face coverings at all times while at the meet.
- Avoid using DQ slips or other unnecessary paper. DQ’s may be noted on the Stroke/Turn judge heat sheet and the Referee heat sheet should be used as the master DQ log.
- Consider announcing DQ’s over the PA or Start System rather than informing swimmers or coaches in-person.
- Communications between officials should be over the radio whenever possible.
- The Starter and Deck Referee should be separated by at least six feet.
- In general, there should only be one Starter. If more than one Starter is used, they must each have their own microphone and never share a microphone.
- Deck Referees should use electronic whistles.
- Consider having the heat that just finished their race swim down to the turn end and exit the pool from the turn end.
- Heat intervals will need to be increased by 30-50 seconds depending on the level of the swimmers.
- The AO/Computer Operator and the Timing Equipment operator should be separated by at least six feet and paper handling should be minimized to the extent possible
- Officials should shelter in their privately owned vehicles in the event the deck must be evacuated for a weather event.

Swim Meet Health Screen Survey

1. Have you been sick with any of the following symptoms in the last 14 days?
Fever, cough, runny nose, sore throat, shortness of breath, headache, chills, loss of
taste and smell, vomiting, diarrhea Y / N

2. Do you have any other symptoms of being sick? Y / N

3. Have you been around anyone who is sick in the last 14 days? Y / N

4. Have you had an exposure to a known COVID-19 patient? Y / N

5. Have you recently traveled outside the area? Y / N

If you answered Yes to any of the above questions, please let the Coach know. You may not be able to swim until we have notification that you have been self-quarantined for 14 days.

Name/Signature: _____ Date: _____