

JESSE VASSALLO



Pompano Beach Aquatic Center,
820 NE 18th Ave. Pompano Beach, FL 33061
May 20-21-22, 2022

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No. **FG242214109040**

In granting this approval it is understood and agreed that USA Swimming and Florida Gold Coast Swimming shall be free and held harmless for any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-

19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19.

Hosted by:

Pompano Beach Piranhas

Location:

Pompano Beach Aquatic Center, 820 NE 18th Ave. Pompano Beach, FL 33061. (Not a mailing address)

Directions:

From the North or South: Take I-95 or the Turnpike towards Pompano Beach and take Atlantic Blvd and go East to NE 18th Avenue. Turn Left onto NE 18th Avenue and continue to end of street to NE 8th Street. Turn Right onto to NE 8th Street and follow the 2 road to the Aquatic Center. The pool is on the left-hand side.

Date & Time:

Friday, May 20, 2022

Session I -Timed Finals

Warm-up at 4:00 pm Meet Starts at 5:30 pm

Saturday, May 21, 2022

Session II-Timed Finals

Warm-up at 7:30 am Meet Starts at 9:00 am

Session III -Timed Finals

Warm-up will follow the end of Session II

Meet Starts 60 minutes after the end of Session II (tba)

Sunday, May 22, 2022

Session IV -Timed Finals

Warm-up at 7:30 am Meet Starts at 9:00 am

Session V -Timed Finals

Warm-up will follow the end of Session IV

Meet Starts 60 minutes after the end of Session IV (tba)

****Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Format:

All events will be Timed Finals Events and conducted in LCM.

- All individual events will be multi-age
- 12&Under will swim together but will be scored separately with the age brackets of 10 & Under and 11-12.
- 13&Over will swim together but will be scored separately with the age brackets of 13-14 and 15 & Over.
- Time Breaks between events may be inserted at meet management and meet referee discretion.

Pool/Timing: 50 meters x 25 yards heated outdoor pool, 8 long-course racing lanes. A separate warm-up and swim-down 5 lane 25mt pool will be available. Daktronics Omnisport 2000 Timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2C (4). Water depth at the start varies from 5'0 to 7'0 depending on lane assignment accordance with 202.3.7 (C).

Camera Free Zone: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image

Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Conflict of Interest: Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Rules: Current USA Swimming Rules will govern this meet.

Public Health and Safety mandates and guidelines of the State of Florida, Broward County, City of Pompano Beach, Pompano Beach Aquatic Center will be enforced.

Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Deck Changes: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.

Eligibility: Open to all current 2022 USA swimming athletes registered in Florida Gold Coast Swimming and affiliated with a Florida Gold Coast Swimming registered club.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

The host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations – 954-401-0045 – meet@pompanopiranhas.com

Entry: All entries must be received by Tuesday, May 10, 2022. PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to meet@pompanopiranhas.com. Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact meet director (787)-315-1529

NOTE: Swimmers without registration numbers or birth dates will not be entered.
***** Entry Fees will be Double if not entered electronically.**

Seeding: Standard, Timed Finals. Long Course Meters times are used for seeding.

Entry Fees: \$ 4.50 per individual event

Surcharge: \$ 15.00 per swimmer
Entry fees are made payable to “**Pompano Piranhas Inc**”
P.O. Box 10693 Pompano Beach, FL 33061 (note: one check per team).

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: Up to four (4) individual events per session.

- Awards:** Individual Events:
Medals – 1st, 2nd, 3rd
Ribbons – 4th, 8th
High Point for female and male 10&U, 11-12, 13-14, 15&O.
- Scoring:** Top eight will score in individual events: 9-7-6-5-4-3-2-1
No team scoring will be kept at this meet.
- Deck Entries:** Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.
- Head Referee:** Joshua Blanco
- Starter:** Rocío Dejo
- Admin Official:** Betsy Vassallo / Matt Hopper
- Meet Director:** Jesse Vassallo
- Meet Marshall:** Rosalie Reyna
- Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
- Admission:** \$5.00 .
- Heat Sheets:** \$3.00 per session
- Information:** Call the Teams Office at (954-401-0045)
- Warm-up Procedures:** NO Equipment Permitted. Swimmers must enter the water feet first.
7:30 a.m. to 8:40 a.m. General Warm Up; Swimming and Pulling Only, Push Off; No Racing Starts; No Sprinting or Pace Work 8:40 a.m. – 8:55 a.m.
Lane 1 Pace, 50 and 100 Circle Swim, Push Off
Lane 2 Racing Starts, 25 yards One Length.
Lanes 3 – 7 Swimming and Pulling, Push Off
Lane 8 Pace, 50 and 100 Circle Swim, Push Off
1. Pace lanes – last 20 minutes of warm up. Push- off one or two lengths, circle swimming only (counter -clockwise), NO DIVING, feet first entries only.
 2. Practice Racing Starts – Last 20 Minutes of warm-ups. Number of lanes as needed. Swimmers must exit the pool at the far end or return to the start end via a general warm-up lane. Do NOT return via the pace lanes.
 3. General Lanes - Circle swimming only (counterclockwise only).
- NOTE: Meet management reserves the right to adjust start time, times of session to ensure an efficient meet.

ORDER OF EVENTS

FRIDAY

SESSION I

Girls / Womens	Event	Age Group	Boys / Men
1	1500 FREESTYLE	12 & Under	2
3	1500 FREESTYLE	13 & Over	4

SATURDAY

SESSION II

Girls / Womens	Event	Age Group	Boys / Men
5	200 FREESTYLE	12 & Under	6
7	100 BACKSTROKE	12 & Under	8
9	100 BUTTERFLY	12 & Under	10
11	50 BREASTSTROKE	12 & Under	12
13	50 FREESTYLE	12 & Under	14
15	400 IND. MEDLEY	12 & Under	16

SESSION III

17	200 FREESTYLE	13 & Over	18
19	100 BACKSTROKE	13 & Over	20
21	200 BUTTERFLY	13 & Over	22
23	100 BREASTSTROKE	13 & Over	24
25	50 FREESTYLE	13 & Over	26
27	400 IND. MEDLEY	13 & Over	28

SUNDAY

SESSION IV

Girls / Womens	Event	Age Group	Boys / Men
29	200 IND. MEDLEY	12 & Under	30
31	100 FREESTYLE	12 & Under	32
33	50 BACKSTROKE	12 & Under	34
35	50 BUTTERFLY	12 & Under	36
37	100 BREASTSTROKE	12 & Under	38
39	400 FREESTYLE	12 & Under	40

SESSION V

41	200 IND. MEDLEY	13 & Over	42
43	100 FREESTYLE	13 & Over	44
45	200 BACKSTROKE	13 & Over	46
47	200 BREASTSTROKE	13 & Over	48
49	100 BUTTERFLY	13 & Over	50
51	400 FREESTYLE	13 & Over	52



JESSE VASSALLO INVITATIONAL