# 31st Annual Speedo Winter Championships December 9-12, 2021 <br> Hosted by the City of Plantation and the Plantation Swim Team 

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. FG23213430E092



All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Directions:

Dates \& Times:

## General Info:

## Rules:

Deck Changing:

## Camera Free

## Image Authorization:

Plantation Aquatic Complex is located in Central Park. From I-95 go West on 595. Exit North on Pine Island to Broward Blvd. On Broward Blvd. head West approximately $3 / 4$ of a mile to Central Park Drive. On Central Park Drive make a right. (It will be the $1^{\text {st }}$ stop light after you turn on Broward). Park entrance is located on the right hand side.

Thursday, 12/9: Timed Finals - Warm-up - 3:30pm; Start - 5pm
Friday, 12/10: Prelims - Warm-up - 7am; Start - 8:30am
Finals - Warm-up - 3:30pm; Start - 5pm
Saturday, 12/11: Prelims - Warm-up - 7am; Start - 8:30am
Finals - Warm-up - 3:30pm; Start - 5pm

Sunday, 12/12: Prelims - Warm-up - 7am; Start - 8:30am
Finals - Warm-up $-3: 30 \mathrm{pm}$; Start -5 pm
Meet director reserves the right to change meet warm-up, start times, or drop/move events in order to hold an efficient meet within USA Swimming/FGC guidelines.

Coaches Meeting: Wednesday, December 8 at 7:30pm via Zoom. Details will be emailed to entered teams. Any changes to the conduct of the meet will be announced at this meeting. It is the responsibility of each coach to be aware of any changes.

Pool/Timing: Competition will be Short Course Yards. $2-25 \mathrm{Y} \times 50 \mathrm{M}$ pools for competition. East pool 10 lanes, West pool 9 lanes. Finals will be held in one 10 lane course (East). Continuous warm-up and warm-down area will be available in both courses. Colorado Timing System will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C). Water depth at East pool start varies from $4^{\prime} 5^{\prime \prime}$ to $12^{\prime} 00^{\prime \prime}$ depending on the lane assignment accordance with 202.3.7 (C). Water Depth at the West pool start varies from 5'0" to to 7'0" depending on the lane assignment accordance with 202.3.7 (C).

2021 USA Swimming Rules and Florida Gold Coast rules will govern this meet. Safety rules are outlined by USA Swimming and as recommended by the referee, will be in effect.

Changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is prohibited.

The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and / or may be barred from the facility during the sanctioned event.

All participants agree to be filmed and photographed by the official photographer (s) and network (s) of USA Swimming under conditions authorized by USA Swimming, allow

## Conflict of Interest:



## Entry Info:

Entry Fees:
event organizers the right to use names, pictures, likeness, biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.
$\$ 5.00$ per session - Special all session passes will be offered. Heat sheets will be available online at www.swimpst.com and on Meet Mobile. Parking will be free.

Open to all current 2021 USA Swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming and who have achieved the meet time standards. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or legal guardian to ensure compliance with this requirement -USA Swimming Rule 202.3.3 The meet host WILL NOT be accepting new or renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

All swimmers are welcome at this meet. Entries for swimmers with disabilities should be submitted with the team's entry file. The coach or athlete is responsible for notifying the Referee of any accommodations that are required in accordance with USA-S Rule 105.4, Please contact the pool office ahead of time to allow for preparations - Terrell Woods by email (terrellwpst@aim.com).

Entries must be received by Wednesday, December $1^{\text {st }}$. All teams entering swimmers in the meet must submit their entries using the latest version of Hy-tek Team Manger or Team Unify software. Email entries to Terrell Woods (terrellwpst@aim.com). Electronic mail confirmation will be sent within 48 hours after receipt of file. If you do not receive an email confirmation, your entries were not received. We will NOT be allowing relay only swimmers.

Entry Fee: \$10.00 Individual Events

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\$ 20.00 \text { Relays }
$$

\$15.00 Individual Surcharge

## Entry Limit:

## Relays:

7 individual events for the meet, plus relays. No more than 3 individual events per day. Over entered swimmers will be scratched from the event that exceeds the entry limit. The meet will be capped at 1000 athletes.

Timed Finals. "A" and "B" Relay Teams only. Over entered relay teams will be scratched. 10 \& Under Relays will all swim in the Prelim Session. Top 10 seeded relays in 11/12, 13/14 and Open age groups will swim in the final session. All other relays will swim in the preliminary session. We will NOT be allowing relay only swimmers.

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## Scratch Deadline:

10 \& Under, 11-12, 13-14, 15-16, and 17 \& Over age groups. Friday - 11/12, 13/14, 15/16 and 17 \& Over will swim together in Prelims and be separated in Finals (one heat of each age group/gender). Saturday and Sunday - 13/14, 15/16 and 17 \& Over age groups will swim together in Prelims and be separated in Finals (one heat of each age group/gender). All events will be swum fastest to slowest.

Finals will consist of one heat of women and one heat of men, (top 10 swimmers in each event/age group). Any swimmer who competes in preliminary heats and qualifies for finals must declare his/her possible intention to scratch within thirty (30) minutes of the announcement or posting of the preliminary results of that event and further declare their final intention within 30 minutes of their last individual preliminary event. Scratches will be declared by drawing a single line and initialing on preliminary results maintained at the Announcers' table at the East Pool. Alternates wishing to swim in an open lane in finals must be standing at the starter's tent, prepared to step on the block for the swim when the swimmers are called to the blocks. The Referee will instruct the announcer to call the alternate.

Scratches must be done individually, by event; "team scratches" are not accepted. Swimmers are required to scratch if they are not going to swim in finals. Swimmers who finish the preliminary events in places $11-20$ are strongly urged to scratch if they do not intend to compete in the Final. Swimmers scratched into finals after 30 minutes of the conclusion of prelims will not be penalized. Scratches may be processed by text. A scratch book may not be kept.

- "Failure to swim" in final/checked in timed final will result in the swimmer being fined $\$ 25.00$ cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to resume competition in the meet.
- Thursday: 1650 Free is a timed final/positive check-in event. Positive Check-in deadline is Thursday, December $8,4: 20 \mathrm{pm}$. The 1650 Free will be swum by age group, alternating Women, then Men, seeded fastest to slowest. All 1650 competitors must supply their own counter.
- Friday 500 Free - 11-12 Age Group will be timed finals. Top 10 seeds will swim with finals. 13/14, $15 / 16$ and $17 \&$ Over will be a prelim/final event. 13 \& Over will swim together in Prelims. All 500 Free competitors must supply their own counter in both the preliminary and final session.
-Saturday 400 IM - 11-12 Age Group will be timed finals. Top 10 seeds will swim with finals. 13-14, 15-16 and 17 \& Over will be a prelim/final event. $13 \&$ Over will swim together in Prelims.


## Awards:

Scoring:

Individual Events: Medals 1st-3rd
Relays:
Individual High Point: $\quad$ Top 3 in each age group \& gender

Team Awards: Women's Top 3, Men's Top 3, and Combined Top 5 Teams
Medals 1st - 3rd Place Team

Individual:
Relays:

11-9-8-7-6-5-4-3-2-1
22-18-16-14-12-10-8-6-4-2

## Information:

Updates to meet information as well as timelines, psych sheets, and meet results for the meet will be posted on the internet after entries are processed. Information at will be available www.swimpst.com. Meet results will be available on your smart phone and at swimpst.com. Download Meet Mobile from the app store and get results and splits by team, swimmers or events.

## Head Referee: Fernando Abad

Meet Director: Terrell Woods (terrellwpst@aim.com)
A meet committee may be created by the meet referee to handle issues pertaining to nonrule situations at the meet such as severe weather and equipment issues.

Thursday Timed Finals Girls Pool TBA, Boys Pool TBA - Warm Up @ 3:30pm, Start @ 5pm

| Female Ev \# | LCM | SCY | Event Title | SCY | LCM | Male Ev\# |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | NT | NT | 11/12 200 Medley Relay* | NT | NT | 2 |
| 3 | NT | NT | 13/14 200 Medley Relay* | NT | NT | 4 |
| 5 | NT | NT | Open 200 Medley Relay* | NT | NT | 6 |
|  |  |  | 5 Min. Break |  |  |  |
| 7 | 22:34.99 | 21:59.99 | 11/12 1650 Free* | 21:44.79 | 21:16.39 | 8 |
| 9 | 19:48.09 | 19:21.69 | 13/14 1650 Free* | 19:15.69 | 19:55.69 | 10 |
| 11 | 19:43.09 | 19:21.79 | 15 \& Over 1650 Free* | 18:29.99 | 18:10.99 | 12 |
|  |  |  | 5 Min. Break |  |  |  |
| 13 | NT | NT | 11/12 200 Free Relay* | NT | NT | 14 |
| 15 | NT | NT | 13/14 200 Free Relay* | NT | NT | 16 |
| 17 | NT | NT | Open 200 Free Relay* | NT | NT | 18 |

*     - Timed Final

Friday Timed Final/Prelims Girls Pool TBA, Boys Pool TBA - Warm Up @ 7am, Start @ 8:30am

| Female Ev \# | LCM | SCY | Event Title | SCY | LCM | Male Ev \# |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 19a | 1:23.89 | 1:14.49 | 11/12 100 Fly | 1:14.59 | 1:24.39 | 20a |
| 19b | 1:15.49 | 1:06.59 | 13/14 100 Fly | 1:01.89 | 1:10.39 | 20b |
| 19c/d | 1:12.89 | 1:04.59 | 15/16 and 17 \& Over 100 Fly | 58.59 | 1:05.39 | 20c/d |
| 21a | 3:25.09 | 3:00.39 | 11/12 200 Breast | 2:57.39 | 3:25.09 | 22a |
| 21b | 3:10.79 | 2:46.29 | 13/14 200 Breast | 2:34.69 | 2:59.49 | 22b |
| 21c/d | 3:11.39 | 2:47.69 | 15/16 and 17 \& Over 200 Breast | 2:33.09 | 2:55.79 | 22c/d |
| 23a | 39.49 | 34.29 | (11/12 50 Back | 35.09 | 39.99 | 24 a |
| 23b | 36.59 | 31.49 | 13/14 50 Back | 29.49 | 34.39 | 24b |
| 23c/d | 36.99 | 31.59 | 15/16 and 17 \& Over 50 Back | 29.09 | 34.09 | 24c/d |
| 25a | 3:02.59 | 2:40.39 | 11/12 200 IM | 2:37.79 | 3:03.89 | 26a |
| 25b | 2:50.99 | 2:28.49 | 13/14 200 IM | 2:18.79 | 2:40.39 | 26b |
| 25c/d | 2:41.89 | 2:22.49 | 15/16 and 17 \& Over 200 IM | 2:10.79 | 2:28.19 | 26c/d |
| 27a | 34.39 | 30.39 | 11/12 50 Free | 29.39 | 33.49 | 28a |
| 27b | 30.89 | 26.99 | 13/14 50 Free | 25.99 | 29.49 | 28 b |
| 27c/d | 31.39 | 27.89 | 15/16 and 17 \& Over 50 Free | 24.79 | 28.19 | 28c/d |
| 29 | 5:37.09 | 6:17.99 | 11/12 500 Free* | 6:12.59 | 5:29.89 | 30 |
| 31a | 5:01.79 | 5:38.29 | 13/14 500 Free | 5:33.89 | 5:02.69 | 32a |
| 31b/c | 4:55.29 | 5:31.59 | 15/16 17 \& Over 500 Free | 5:09.89 | 4:38.39 | 32b/c |

*     - Timed Final, Top Ten Seeds swim with Finals

Friday Finals Order of Events - East Pool - Warm Up @ 3:30pm, Start @ 5pm

| Female Ev \# | Event Title | Male Ev \# |
| :---: | :---: | :---: |
| 19a | 11/12 100 Fly | 20a |
| 19b | 13/14 100 Fly | 20b |
| 19c | $\text { 15/16 } 100 \text { Fly }$ | 20c |
| 19d | 17 \& Over 100 Fly | 20d |
| 21a | 11/12 200 Breast | $22 a$ |
| 21b | 13/14 200 Breast | 22b |
| 21c | [ 15/16 Over 200 Breast | 22c |
| 21d | 17 \& Over 200 Breast | 22d |
| 23a | 11/12 50 Back | - 24 a |
| 23b | 13/14 50 Back | 24b |
| 23c | 15/16 Over 50 Back | 24c |
| 23d | 17 \& Over 50 Back | 24d |
| 25a | 11/12 200 IM | 26a |
| 25b | 13/14 200 IM | 26b |
| 25 c | (15/16 200 IM | 26c |
| 25d | 17 \& Over 200 IM | 26d |
| 27 a | 11/12 50 Free | 28a |
| 27b | 13/14 50 Free | 28b |
| 27c | 15/16 50 Free | 28c |
| 27d | 17 \& Over 50 Free | 28d |
| 29 | 11/12 500 Free* | 30 |
| 31a | 13/14 500 Free | 32a |
| 31b | 15/16 500 Free | 32b |
| 31c | 17 \& Over 500 Free | 32c |

*     - Timed Final, Top Ten Seeds swim with Finals

Saturday Timed Final/Prelims 10 \& Under and 11/12 - TBA Pool - Warm Up @ 7am, Start @ 8:30am

| Female Ev \# | LCM | SCY | Event Title | SCY | LCM | Male Ev \# |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 33 | NT | NT | 10 \& U 200 Medley Relay^ | NT | NT | 34 |
| 35 | NT | NT | 11/12 400 Medley Relay* | NT | NT | 36 |
|  |  |  | 5 Min Break |  |  |  |
| 37 | 1:36.79 | 1:23.79 | 10 \& U 100 Back | 1:24.09 | 1:35.69 | 38 |
| 39 | 3:01.99 | 2:37.79 | 11/12 200 Back | 2:38.29 | 3:01.79 | 40 |
| 43 | 49.09 | 42.99 | 10 \& U 50 Breast | 44.89 | 51.19 | 44 |
| 45 | 43.09 | 38.49 | 11/12 50 Breast | 38.89 | 43.99 | 46 |
| 49 | 1:23.19 | 1:13.39 | 10 \& U 100 Free | 1:14.19 | 1:24.39 | 50 |
| 51 | 1:14.89 | 1:05.09 | 11/12 100 Free | 1:03.89 | 1:12.49 | 52 |
| 55 | 3:21.59 | 2:58.19 | 10 \& U $200 \mathrm{IM}^{\wedge}$ | 3:01.69 | 3:24.89 | 56 |
| 57 | 6:28.39 | 5:41.09 | 11/12 400 IM * | 5:41.79 | 6:27.49 | 58 |
| 61 | 42.49 | 37.69 | 10 \& U 50 Fly | 38.19 | 42.89 | 62 |
| 63 | 36.79 | 32.89 | 11/12 50 Fly | 33.69 | 37.89 | 64 |
| 67 | 3:02.39 | 2:40.39 | 10 \& U 200 Free^ | 2:39.39 | 2:59.89 | 68 |

$\wedge$ - Timed Final, All Heats swim with Prelims

*     - Timed Final, Top Ten Seeds swim with Finals

Saturday Timed Final/Prelims 13/14 and 15 \& Over - TBA Pool - Warm Up@ 7am, Start @ 8:30am

| Female Ev \# | LCM | SCY | Event Title | SCY | LCM | Male Ev \# |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 41a | 2:45.59 | 2:24.29 | 13/14 200 Back | 2:15.79 | 2:36.79 | 42a |
| 41b/c | 2:46.19 | 2:27.19 | 15/16 and 17 \& Over 200 Back | 2:13.59 | 2:30.99 | 42b/c |
| 47a | 42.09 | 36.29 | 13/14 50 Breast | 33.39 | 38.59 | 48a |
| 47b/c | 41.29 | 35.59 | 15/16 and 17 \& Over 50 Breast | 32.79 | 36.99 | 48b/c |
| 53a | 1:06.79 | 58.69 | 13/14 100 Free | 56.89 | 1:05.29 | 54a |
| 53b/c | 1:07.19 | 59.79 | 15/16 and 17 \& Over 100 Free | 53.79 | 1:00.99 | 54b/c |
| 59a | 6:00.39 | 5:15.89 | 13/14 400 IM | 4:55.69 | 5:40.39 | 60a |
| 59b/c | 5:42.39 | 5:02.29 | 15/16 and 17 \& Over 400 IM | 4:44.79 | 5:17.49 | 60b/c |
| 65a | 35.69 | 31.39 | 13/14 50 Fly | 28.89 | 33.19 | 66a |
| 65b/c | 35.39 | 31.09 | 15 \& Over 50 Fly | 28.09 | 30.89 | 66b/c |
|  |  |  | 5 Min. Break |  |  |  |
| 69 | NT | NT | 13/14 400 Medley Relay* | NT | NT | 70 |
| 71 | NT | NT | Open 400 Medley Relay* | NT | NT | 72 |

*     - Timed Final, Top Ten Seeds swim with Finals

Saturday Finals Order of Events - East Pool - Warm Up @ 3:30pm, Start @ 5 pm


*     - Timed Final, Top Ten Seeds swim with Finals

Sunday Timed Final/Prelims 10 \& Under and 11/12 - TBA Pool - Warm Up @ 7am, Start @ 8:30am

| Female Ev \# | LCM | SCY | Event Title | SCY | LCM | Male Ev \# |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 73 | NT | NT | 10 \& Under 200 Free Relay^ | NT | NT | 74 |
| 75 | NT | NT | 11/12 400 Free Relay* | NT | NT | 76 |
|  |  |  | 5 Min Break |  |  |  |
| 77 | 1:40.79 | 1:27.29 | 10 \& Under 100 Fly | 1:28.79 | 1:40.09 | 78 |
| 79 | 3:03.29 | 2:40.39 | 11/12 200 Fly | 2:40.69 | 3:01.59 | 80 |
| 83 | 1:48.49 | 1:34.39 | 10 \& Under 100 Breast | 1:36.19 | 1:50.69 | 84 |
| 85 | 1:35.79 | 1:23.69 | 11/12 100 Breast | 1:23.29 | 1:35.69 | 86 |
| 89 | 37.29 | 32.89 | 10 \& Under 50 Free | 33.39 | 37.69 | 90 |
| 91 | 2:41.59 | 2:22.19 | 11/12 200 Free | 2:18.79 | 2:37.79 | 92 |
| 95 | NT | 1:23.39 | 10 \& Under 100 IM | 1:24.39 | NT | 96 |
| 97 | NT | 1:15.09 | $11 / 12100 \mathrm{IM}$ | 1:13.09 | NT | 98 |
| 101 | 44.49 | 38.99 | 10 \& Under 50 Back | 39.79 | 45.29 | 102 |
| 103 | 1:25.29 | 1:14.69 | 111/12 100 Back | 1:14.79 | 1:26.39 | 104 |

$\wedge$ - Timed Final, All Heats swim with Prelims

*     - Timed Final, Top Ten Seeds swim with Finals

Sunday Timed Final/Prelims 13/14 and 15 \& Over TBA Pool - Warm Up @ 7am, Start @ 8:30am

| Female Ev \# | LCM | SCY | Event Title | SCY | LCM | Male Ev \# |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 81a | 2:45.59 | 2:27.79 | 13/14 200 Fly | 2:17.49 | 2:36.59 | 82a |
| 81b/c | 2:40.39 | 2:23.49 | 15/16 and 17 \& Over 200 Fly | 2:11.59 | 2:29.99 | 82b/c |
| 87a | 1:28.19 | 1:16.59 | 13/14 100 Breast | 1:10.79 | 1:21.29 | 88a |
| 87b/c | 1:28.79 | 1:16.89 | 15/16 and 17 \& Over 100 Breast | 1:09.09 | 1:18.49 | 88b/c |
| 93a | 2:23.89 | 2:06.49 | 13/14 50200 Free | 2:03.89 | 2:21.99 | 94a |
| 93b/c | 2:22.49 | 2:07.29 | 15/16 and 17 \& Over 200 Free | 1:54.79 | 2:11.59 | 94b/c |
| 99a | NT | 1:10.19 | 13/14 100100 IM | 1:05.39 | NT | 100a |
| 99b/c | NT | 1:07.99 | 15/16 and 17 \& Over 100 IM | 1:01.99 | NT | 100b/c |
| 105a | 1:17.19 | 1:07.09 | 13/14 100 Back | 1:03.09 | 1:12.89 | 106a |
| 105b/c | 1:18.49 | 1:08.89 | 15/16 and 17 \& Over 100 Back | 1:00.59 | 1:10.29 | 106b/c |
|  |  |  | 5 Min. Break |  |  |  |
| 107 | NT | NT | 13/14 400 Free Relay* | NT | NT | 108 |
| 109 | NT | NT | Open 400 Free Relay* | NT | NT | 110 |

*     - Timed Final, Top Ten Seeds swim with Finals

Sunday Finals Order of Events - East Pool - Warm Up @ 3:30pm, Start @ 5pm

| Female Ev \# | Event Title | Male Ev \# |
| :---: | :---: | :---: |
| 75 | 11/12 400 Free Relay* | 76 |
|  | 5 Min Break |  |
| 77 | 10 \& Under 100 Fly | 78 |
| 79 | 11/12 200 Fly | 80 |
| 81a | 13/14 200 Fly | 82a |
| 81b | 15/16 200 Fly | 82b |
| 81c | 17 \& Over 200 Fly | 83c |
| 83 | 10 \& Under 100 Breast | 84 |
| 85 | 11/12 100 Breast | 86 |
| 87a | 13/14 100 Breast | 88a |
| 87b | 15/16 100 Breast | 88b |
| 87c | 17 \& Over 100 Breast | 88c |
| 89 | 10 \& Under 50 Free | 90 |
| 91 | 11/12 200 Free | 92 |
| 93a | 13/14 200 Free | 94a |
| - 93b | 15/16 200 Free | 94b |
| 93c | 17 \& Over 200 Free | 94c |
| $\square 95$ | 10 \& Under 100 IM | 96 |
| 97 | 11/12 100 IM | 98 |
| 99a | 13/14 100 IM | 100a |
| 99b | 15/16 100 IM | 100b |
| 99c | $17 \text { \& Over } 100 \mathrm{IM}$ | 100c |
| 101 | 10 \& Under 50 Back | 102 |
| - 103 | 11/12 100 Back | 104 |
| 105a | 13/14 100 Back | 106a |
| 105b | 15/16 100 Back | 106b |
| 105c | 17 \& Over 100 Back | 106c |
|  | 5 Min Break |  |
| 107 | 13/14 400 Free Relay* | 108 |
| 109 | Open 400 Free Relay* | 110 |

- Timed Final, Top Ten Seeds swim with Finals



[^0]:    Seeding:
    Short Course Yards (SCY) and Long Course Meters (LCM) times only.

