



FLORIDA GOLD COAST OPEN WATER ZONE TEAM SELECTION PROCESS

- **TIER ONE: Automatic Selection - Open Water Junior/Senior National Swimmers who have entered and raced OW Nationals on 4/2/2022 in Fort Meyers.**
 - ****Swimmers must submit their declaration of intent to compete online by 4/7/23 at 6 pm.**
 - **Swimmers must compete and apply based on age as of June 2, 2023. Or apply as an Open age group.**
- **TIER TWO: The top X (0-4/6 spaces not taken by Tier 1 applicants) applicants by age/gender as determined by finish at the FGC OW Championships to be held 4/8/2023 @ FIU Biscayne Bay Campus**
 - **Swimmers must compete and apply based on age on June 2, 2023, pending the final decision of the Southern Zone meet criteria.**
 - **Swimmers must compete in the corresponding Zone event/distance: 11/12 2k 13/14 5k 15/16 5k Senior Open 5k**
 - *****Swimmers must submit their declaration of intent to compete by 4/8/2023 at 3 pm.**
- **TIER THREE: 1650/1500 pool times will be considered to fill any remaining open positions using the higher PowerPoints (yds/meters).**
 - **Times must be achieved between 3/15/21 and 4/5/2023.**
 - *****Swimmers must submit their declaration of intent to compete by 4/8/2023 at 3 pm.**

FGC will fill the following number of OW Zone spots per age group

- **11-12 year-olds 4 boys and 4 girls**
- **13-14 year-olds 6 boys and 6 girls**
- **15-16 year-olds 6 boys and 6 girls**
- **Open age group 4 boys and 4 girls**

Applications can be found on the MEET SCHEDULE PAGE under Open Water Zone Championship.

OW Zones will be held June 2-4, 2023 - Location: Seven Lakes, NC

Travel: This will be a team travel trip. Additional information will be available upon team selection. Please contact Coach Cathy Silveira with any questions: (FGCOpenWater@gmail.com / 305.467.0894)