



**TYR SOFLO Open**  
**January 25<sup>th</sup> & 26<sup>th</sup> 2020**  
FIU North Campus Biscayne Bay , Florida

**Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. **Sanction No. FG2320025001SOFL**

It is understood and agreed that USA Swimming, the facility and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Hosted by:** South Florida Aquatic Club, Comets Swim Team Booster Club, & Golden Panther Aquatics.

**Location:** FIU Aquatic Center (located at FIU Biscayne Bay Campus, Northeast 151<sup>st</sup> Street Miami, FL 33181

**Directions:**

- 1) I-95 to NE 167<sup>th</sup> Street/826 East (East)
- 2) South on Biscayne Blvd
- 3) East on NE 151<sup>st</sup> Street
- 4) FIU Entrance on left.
- 5) FIU Aquatic Center located behind Recreation Center on bay.



**Date & Time:**

| Date                               | Session | Warm-up | Meet Start |
|------------------------------------|---------|---------|------------|
| Saturday, January 25 <sup>th</sup> | 1       | 7:30 am | 8:30 am    |
| Saturday, January 25 <sup>th</sup> | 2       | *TBA    | *TBA       |
| Sunday, January 26 <sup>th</sup>   | 3       | 7:30 am | 8:30 am    |
| Sunday, January 26 <sup>th</sup>   | 4       | *TBA    | *TBA       |

**\*Afternoon sessions will start approximately one hour following the conclusion of the morning session, but no earlier than 11:30am. We will announce the starting times for the afternoon sessions on Tuesday Jan 21st. Meet director reserves the right to change meet warm-up, start times, in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.**

**Format:**

*All events will be timed finals events conducted in SCY.*

Individual events for 12&U will be multi-age with the following age brackets: 10&U and 11-12. 12&U swimmers will swim together but will be scored separately according to age bracket. Individual events for 13&O will be multi-age with the following age brackets: 13-14 and 15&O. 13&O swimmers will swim together but will be scored separately according to age bracket.

Breaks between events may be inserted at meet management and meet referee discretion.

**Rules:**

2020 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Drones:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.



**Conflict of Interest:** Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

**MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Pool/Timing:** 25 Yard x 50 meter temperature controlled outdoor pool, 10 **short-course** racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2 (C). Fly-over starts will possibly be used. Water depth at competition start end of pool varies from 6’7” to 8’6” depending on lane assignment, in accordance with 202.3.7©. Colorado Timing System® will be used with Omega Touch Pads.

**Deck Changing:** Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**Closed Deck:** Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.

**Coaches:-** You will be permitted inside the roped off areas of the deck provided you are wearing your 2020 coaching credentials, and do not interfere with those conducting the meet.



**Eligibility:**

Open to all current 2020 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

Swimmers who are not registered with US Swimming by 6:00 pm Thursday, January 23, 2020, will be scratched from the meet. Such swimmers who subsequently prove 2020 USA Swimming registration may be permitted to enter events at meet referee discretion in accordance with the late entry policy.

The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet.

**Disability Athletes:**

All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - (954) 538-3721 [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com)

**Entry:**

All entries must be received by **12:00 pm, Monday, January 20, 2020.**

PLEASE enter electronically, NO MAILED entries.

For electronic entries (CL or SDIF format only!!)

E-mail to [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com) fax (954) 392-4107

Confirmation for electronic entries will be sent via e-mail.

\*\*Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 538-3721.

**NOTE: Swimmers without registration numbers or birth dates will not be entered. \*\*\* Entry Fees will be Double if not entered electronically.**

Enter with yard times only. Coach estimate times are acceptable. Please avoid entering with NT if possible.

Entries will be accepted in the order in which they are received until the sessions containing 12&U events (sessions 2 and 4) reach 4 hours. At that point the meet will be full and no further entries will be accepted. Relay events may be removed at meet management discretion in order to accommodate additional individual entries.

**Late Entries:**

Late entries may be accepted at meet management discretion after 12:00pm Monday, January 20<sup>th</sup>. PLEASE enter electronically (CL or SDIF format). Please email late entry requests to [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com). Late entries must be accompanied by proof of USA Swimming registration in order to be accepted.



**Deck Entries:** Deck entries may be accepted at meet referee discretion prior to the scratch deadline for the event(s) in question. Deck entries must be accompanied by proof of USA Swimming registration in order to be accepted.

**Entry Fees:** \$5.00 per individual event

**Relay Fees:** \$7.00 per relay

**Facility Surcharge:** \$8.00 per swimmer

**Late/Deck Entries:** Double the standard entry fee

**\*Entry fees are made payable to "SOFLO Swimming"**  
**(note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

**Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

**Entry Limit:** Swimmers may swim a maximum of four (4) individual events per day, plus relays.

**Seeding:** All events will be seeded fast to slow by entry time in SCY.

**Scratch Deadline:** Scratches will be accepted until the deadlines listed below. Deck entries may be accepted at meet referee discretion until the deadline listed below.

| <b>Scratch Deadline</b>                  |   |
|--|---|
| Saturday January 25 <sup>th</sup> events | 6:00pm Friday January 24 <sup>th</sup>  |
| Sunday January 26 <sup>th</sup> events   | 30 minutes after the start of session 2 |

**Scoring:** Individual events: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1  
Relay events: 22, 18, 16, 14, 12, 10, 8, 6, 4, 2

**Awards:** Individual high point for female and male 10&U, 11-12, 13-14, 15&O.  
Top 3 combined team score.

**12 & under swimmers only:**

Individual Events: Medals - 1<sup>st</sup> Ribbons 2<sup>nd</sup> – 10<sup>th</sup>

Relay Events: Ribbons - 1<sup>st</sup>–3<sup>rd</sup>

Random TYR Individual heat winner awards

**Distance Events:** **The 500 Free will be swum alternating women then men. Positive check in is NOT required.**



The top 40 swimmers entered in each gender and age group bracket, 13-14, 15&O) will be seeded in the 500 freestyle. Additional heats may be swum at meet referee discretion, time permitting.

**Officials:** If you know that you will be attending this meet and will be available, please email the meet referee, Alvaro Vasquez ([alvasq@gmail.com](mailto:alvasq@gmail.com)), and let him know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 30 minutes before the start of the session.

**Warm-up:** Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet. Depending upon the number of swimmers entered, teams may be assigned to specific warm-up times and lanes Saturday and Sunday morning. Teams assigned to an early warm-up on one day will be assigned to a late warm-up period on the other day. More detailed warm up procedures will be distributed to registered coaches prior to the competition.

**Meet Director:** Christopher Anderson

**Co-Meet Directors:** Luis Soler (Facility Set Up) – Andrea Golding (Volunteers)

**Head Referee:** Alvaro Vasquez

**Admin. Official:** Nestor Mateus

**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Admission:** Admission - \$5.00.  
Heat Sheets – Free – Will be available online at:  
**[www.softomeets.info/open](http://www.softomeets.info/open)** and on meet mobile.  
Printed heat sheets for coaches will be available in the office.

**Information:** Swim Office at (954) 538-3721 - [SoFloMeets@swim4SoFlo.com](mailto:SoFloMeets@swim4SoFlo.com)



**Order of Events**  
Girls=Odd / Boys=Even

**Session 1                                  Saturday, January 25, 2020 @ 8:30am**

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u>   |
|----------------|------------------|----------------|
| 1-2            | 13 & Over        | 200 Med. Relay |
| 3-4            | 13 & Over        | 200 Breast     |
| 5-6            | 13 & Over        | 100 Back       |
| 7-8            | 13 & Over        | 50 Breast      |
| 9-10           | 13 & Over        | 100 Fly        |
| 11-12          | 13 & Over        | 50 Free        |
| 13-14          | 13 & Over        | 100 IM         |
| 15-16          | 13 & Over        | 500 Free *^    |

\* The top 40 swimmers entered in each gender and age group bracket (13-14, 15&O) will be seeded in the 500 freestyle.

^ Alternating Heats – Women then Men

**Session 2 - Saturday, January 25, 2020 – 60 Min. after completion of Session 1**

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u>   |
|----------------|------------------|----------------|
| 17-18          | 12 & Under       | 200 Med. Relay |
| 19-20          | 12 & Under       | 200 Breast     |
| 21-22          | 12 & Under       | 100 Back       |
| 23-24          | 12 & Under       | 50 Breast      |
| 25-26          | 12 & Under       | 100 Fly        |
| 27-28          | 12 & Under       | 50 Free        |
| 29-30          | 12 & Under       | 200 Free       |
| 31-32          | 12 & Under       | 200 IM         |

**Session 3                                  Sunday, January 26, 2020 @ 8:30am**

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u>   |
|----------------|------------------|----------------|
| 33-34          | 13 & Over        | 200 Free Relay |
| 35-36          | 13 & Over        | 200 Free       |
| 37-38          | 13 & Over        | 50 Back        |
| 39-40          | 13 & Over        | 200 Fly        |
| 41-42          | 13 & Over        | 100 Breast     |
| 43-44          | 13 & Over        | 200 Back       |
| 45-46          | 13 & Over        | 50 Fly         |
| 47-48          | 13 & Over        | 100 Free       |



**Session 4 - Sunday, January 26, 2020 – 60 Min. after completion of Session 3**

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u>   |
|----------------|------------------|----------------|
| 49-50          | 12 & Under       | 200 Free Relay |
| 51-52          | 12 & Under       | 50 Back        |
| 53-54          | 12 & Under       | 200 Fly        |
| 55-56          | 12 & Under       | 100 Breast     |
| 57-58          | 12 & Under       | 200 Back       |
| 59-60          | 12 & Under       | 50 Fly         |
| 61-62          | 12 & Under       | 100 Free       |
| 63-64          | 12 & Under       | 100 IM         |

