

2016 Florida Swimming Senior Championships

1 cut = 2 bonus swims

no 800/1000, 1500/1650 bonus cuts but you can use them as a bonus if you have the other cut. Ex. if you have the 800 cut, you can swim the 1500.

Event #	Age	Event Name	Short Course		Long Course	
			Women	Men	Women	Men
1 - 2	14-16	1000 Freestyle *	11:09.09	10:36.19	9:59.89	9:51.59
3 - 4	Senior	1000 Freestyle *	11:09.09	10:36.19	9:59.89	9:25.89
5 - 6	Senior	800 Free Relay ***	-----	-----	-----	-----
7 - 8	senior	200 free relay *****	-----	-----	-----	-----
9 - 10	14-16	200 Freestyle	2:01.99	1:53.79	2:17.19	2:11.49
11 - 12	Senior	200 Freestyle	2:01.49	1:48.19	2:16.99	2:03.59
13 - 14	14-16	200 Breaststroke	2:42.19	2:26.79	3:04.29	2:52.39
15 - 16	Senior	200 Breaststroke	2:39.89	2:25.99	3:04.09	2:48.29
17 - 18	14-16	100 Butterfly	1:02.79	:56.39	1:11.19	1:07.39
19 - 20	Senior	100 Butterfly	1:02.79	:55.19	1:11.09	1:03.29
21 - 22	14-16	50 Breaststroke	1:14.89	1:07.19	1:25.59	1:19.59
23 - 24	Senior	50 Breaststroke	1:14.19	1:06.79	1:25.69	1:15.99
25 - 26	14-16	400 IM #	4:55.29	4:46.89	5:37.59	5:32.99
27 - 28	Senior	400 IM #	4:51.09	4:32.09	5:35.29	5:23.99
29 - 30	Senior	400 Medley Relay ***	-----	-----	-----	-----
31 - 32	senior	200 Med relay*****	-----	-----	-----	-----
33 - 34	14-16	50 Freestyle	:26.19	23.99	29.49	27.69
35 - 36	Senior	50 Freestyle	26.09	22.89	29.49	26.89
37 - 38	14-16	200 IM	2:20.39	2:09.29	2:38.99	2:34.69
39 - 40	Senior	200 IM	2:19.39	2:06.39	2:39.89	2:24.89
41 - 42	14-16	100 Backstroke	1:04.19	59.49	1:12.99	1:10.79
43 - 44	Senior	100 Backstroke	1:04.79	59.49	1:12.99	1:07.39
45 - 46	14-16	50 Butterfly	1:02.79	:56.39	1:11.19	1:07.39
47 - 48	Senior	50 Butterfly	1:02.79	:55.19	1:11.09	1:03.29
49 - 50	14-16	500 Freestyle #	5:25.39	5:07.69	4:48.99	4:37.09
51 - 52	Senior	500 Freestyle #	5:16.79	4:56.79	4:48.99	4:28.19
53 - 54	Senior	400 Free Relay ***	-----	-----	-----	-----

Event #	Age	Event Name	Short Course		Long Course	
			Women	Men	Women	Men
55 – 56	14-16	50 back	1:04.19	59.49	1:12.99	1:10.79
57 – 58	Senior	50 back	1:04.79	59.49	1:12.99	1:07.39
59 – 60	14-16	200 Butterfly	2:22.79	2:12.99	2:43.39	2:31.69
61 – 62	Senior	200 Butterfly	2:19.19	2:11.69	2:43.39	2:31.69
63 – 64	14-16	100 Freestyle	56.99	52.09	1:03.99	1:00.99
65 - 66	Senior	100 Freestyle	55.89	50.09	1:03.99	57.19
76 - 68	14-16	100 Breaststroke	1:14.89	1:07.19	1:25.59	1:19.59
69 - 70	Senior	100 Breaststroke	1:14.19	1:06.79	1:25.69	1:15.99
71 - 72	14-16	200 Backstroke	2:19.79	2:12.89	2:38.59	2:32.89
73 - 74	Senior	200 Backstroke	2:19.79	2:11.59	2:38.59	2:31.89
75 - 76	14-16	1650 Freestyle ****	18:44.99	18:14.99	19:24.99	18:50.99
77 - 78	Senior	1650 Freestyle ****	18:44.99	17:45.99	19:24.99	18:45.79

Bonus Standards

Event #	Age	Event Name	Short Course		Long Course	
			Women	Men	Women	Men
1 - 2	14-16	1000 Freestyle *				
3 - 4	Senior	1000 Freestyle *				
5 - 6	Senior	800 Free Relay ***	-----	-----	-----	-----
7 - 8	senior	200 Free relay	-----	-----	-----	-----
9 – 10	14-16	200 Freestyle	2:05.99	1:57.79	2:21.19	2:15.49
11 – 12	Senior	200 Freestyle	2:05.49	1:52.19	2:20.99	2:07.59
13 – 14	14-16	200 Breaststroke	2:46.19	2:30.79	3:08.29	2:56.39
15 – 16	Senior	200 Breaststroke	2:43.89	2:29.99	3:08.09	2:52.29
17 – 18	14-16	100 Butterfly	1:04.79	58.39	1:13.19	1:09.39
19 – 20	Senior	100 Butterfly	1:04.79	:57.19	1:13.09	1:05.29
21 – 22	14-16	50 breaststroke	1:16.89	1:09.19	1:27.59	1:21.59
23 – 24	Senior	50 breaststroke	1:16.19	1:08.79	1:27.69	1:17.99
25 – 26	14-16	400 IM #	5:03.29	4:54.89	5:45.59	5:40.99
27 - 28	Senior	400 IM #	4:59.09	4:40.09	5:43.29	5:31.99
29 – 30	Senior	400 Medley Relay ***	-----	-----	-----	-----

31 – 32	senior	200 Med relay	-----	-----	-----	-----
33 – 34	14-16	50 Freestyle	:27.19	24.99	30.49	28.69
35 – 36	Senior	50 Freestyle	27.09	23.89	30.49	27.89
37 – 38	14-16	200 IM	2:24.39	2:13.29	2:42.99	2:38.69
39 – 40	Senior	200 IM	2:23.39	2:10.39	2:43.89	2:28.89
41 – 42	14-16	100 Backstroke	1:06.19	1:00.49	1:14.99	1:12.79
43 - 44	Senior	100 Backstroke	1:06.79	1:00.49	1:14.99	1:09.39
45 – 46	14-16	50 Butterfly	1:04.79	58.39	1:13.19	1:09.39
47 – 48	Senior	50 Butterfly	1:04.79	:57.19	1:13.09	1:05.29
49 – 50	14-16	500 Freestyle #	5:33.39	5:15.69	4:56.99	4:45.09
51 - 52	Senior	500 Freestyle #	5:24.79	5:04.79	4:56.99	4:36.19
53 – 54	Senior	400 Free Relay ***	-----	-----	-----	-----

			Short Course		Long Course	
55 – 56	14-16	50 back	1:06.19	1:00.49	1:14.99	1:12.79
57 – 58	Senior	50 back	1:06.79	1:00.49	1:14.99	1:09.39
59 – 60	14-16	200 Butterfly	2:26.79	2:16.99	2:47.39	2:35.69
61 – 62	Senior	200 Butterfly	2:23.19	2:15.69	2:47.39	2:35.69
63 - 64	14-16	100 Freestyle	58.99	54.09	1:05.99	1:02.99
65 - 66	Senior	100 Freestyle	57.89	52.09	1:05.99	59.19
67 - 68	14-16	100 Breaststroke	1:16.89	1:09.19	1:27.59	1:21.59
69 - 70	Senior	100 Breaststroke	1:16.19	1:08.79	1:27.69	1:17.99
71 - 72	14-16	200 Backstroke	2:23.79	2:16.89	2:42.59	2:36.89
73 - 74	Senior	200 Backstroke	2:23.79	2:15.59	2:42.59	2:35.89
75 - 76	14-16	1650 Freestyle ****				
77 - 78	Senior	1650 Freestyle ****				