

Florida Swimming mandates that all persons follow COVID guidelines as required by facility and local protocols including but not limited to mask and social distancing policies. Please follow host meet letter guidelines. Florida Swimming will not be responsible for enforcing facility protocols however participation in the meet must adhere to facility guidelines.

Treasure Coast Swimming Conquistadores

Fall Invitational



October, 16-17 2021

Sanction By: Florida Swimming of USA Swimming # **FL-5726**

"In granting this approval it is understood and agreed that USA-S and FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Condition of Sanction:

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming OR the competition course has not been certified in accordance with 104.2.2(C).
3. Deck changes are prohibited per rule 202..4.9.1
4. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches' officials and /or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Operations,

5. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

COVID19 – Please Read

In applying for this sanction(ed event), the Host, Treasure Coast swimming agrees to comply and to enforce all health and ety mandates and guidelines of USA Swimming, Florida Swimming, the State of Florida and Indian River County. We have taken enhanced health and safety measures – for you and our other guests. You must follow all posted instructions while visiting Treasure Coast Swimming/North County Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Treasure Coast Swimming and North County Aquatic center, you voluntarily assume all risks related to exposure to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present.

COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Hosted By: Treasure Coast Swimming

Type of Meet: 25 yard short course/ timed finals

Dates & Times:

Session 1 Saturday, October 16th
13 & over
Warm up: 7:30 Meet Start 8:30 a.m.

Session 2 Saturday October 16th
500 Free
10 min after the completion of session 1

Session 3 Saturday October 16th
12 & under
45 Min after the completion of session 2

Session 4 Sunday October 17th
13 & over
Warm up 7:30 a.m. Meet Start 8:30 a.m.

Session 5 Sunday October 17th
400 IM
10 min after the completion of Session 4

Session 6 Sunday October 17th
12 & under

45 min after the completion of Session 5

- Location:** North County Aquatic Center
9450 Fellsmere Rd (County Rd.#512)
Sebastian, FL 32958-6402
- Pool Specifications:** Water depth at the starting end is a minimum of 5 feet 8 inches at both ends. Outdoor 8 Lane 25 yard pool Non turbulent lane lines 25 yd. Warm up/warm down available
- Timing Equipment:** Colorado Timing System and display scoreboard
- Warm Up:** Session 1, 3 7:30 a.m.
Session 3 & 6 45 mins after completion of session 2 & 4
- Eligibility:** Open to all currently USA swimming registered swimmers. Limited to the first 500 Swimmers
- Entry limit:** Entries will close upon receipt of the team that puts the entries over the four hour time limit per session. Swimmers are limited to 5 events per day plus relays. We reserve the right to eliminate relays if the time line will exceed 4 hours.
- Seeding:** Use 25 yard short course times. Conversions using the formula in the 2019 Florida swimming handbook may be used for entry and seeding purposes.
- Scratches:** No penalty for scratching on the block
- Entries:** Entries must be in USA swimming SDIF or Hy-tek CL2 format submitted on a Hy=tek disk, or sent by email using Hy-tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Please list all attending coaches and contact phone numbers in the body of the email. Confirmation will be sent via email upon receipt
- Entries will be accepted via electronic mail attachment to Tcscswim@comcast.net Free text email will not be accepted.
- A signed hard copy printout also serves as proof of entry. The legal name and current USA swimming registration number for each swimmer must be listed on the entry file, including relay only swimmers.
- Deck entries:** Deck entries are to be submitted to meet

management no later Than 30 minutes prior to the start of each session. Swimmers will only be allowed to deck enter an event if the event has an open lane, no new heats will be established. Swimmers must meet all other standard

requirements of the meet and they may not go over the maximum limit of 5 individual events per session. Swimmers can not scratch an event to deck enter another event. Swimmers must have proof of USA swimming . membership.

Entry Fees: \$20.00 per swimmer facility surcharge
\$4.15 per individual event
\$5.00.per relay charge
\$2.00 Heat sheet charge per swimmer
\$2.00 out of state swimmer surcharge
\$50.00 additional fee if entries are not submitted in the Hy-tek format.
Checks payable to TCSC

Entry Deadline: Entries must be received by:
Friday, October 8th, 2021
No phone or faxed entries accepted.

Send entries to: Email entries to: tcscswim@comcast.net

Heat Sheets: Heat sheets will be available online via Florida swimming web site as well as our team web site. Heat sheet charge will be 2.00 per swimmer.

Officials: Meet Referee: Melissa Hellervik-Bing
Starter : Carrie Ledford
Head stroke & turn: Joe Twomey
Admin Official: Patrick Ledford
Marshal: Mike Zajac
Meet Manager: Scott Barlow

OFFICIALS: Teams entering 15 or more swimmers are asked to bring one USA Swimming Certified Official.

Each Official will be afforded free designated parking, hospitality, and other complimentary items.

Awards: 12& under Individual Events 1-8 Ribbons
Mystery Heat winner prizes

Team

Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person will only be recognized. All swimmers must be represented by a certified USA swimming member coach.

Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during the swim meet or prove current registration with Deck Pass.

Information: Scott Barlow 561-870-5403
email tcscswim@comcast.net

Rules: Current USA swimming rules will govern the meet. Safety rules, as outlined by USA Swimming, and as recommended by the head marshal, will be in effect during all warm ups and in all warm up areas.

Camera Zones: Per Florida Swimming Rule 223.13

Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zone include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Directions: From 1-95 exit 156 Sebastian/Fellsmere (512). Turn east, drive approximately 2 miles and the pool will be on the left hand side of 512.

Hotels: Key West Inn Sebastian(Capt. Hiram)
772-388-8588
Best Western (new) Sebastian 772-388-9300
Hampton Inn Vero Beach 772-770-4299
Holiday Inn Express 772-567-2500
Holiday Inn Vero Beach 772-231-2300
The Driftwood Vero Beach 772-231-0550
Disney Resort (on beach) 772-234-2000
Springhill Suites 772-778-9292

WARM-UP SCHEDULE****

No equipment permitted

***** if needed, teams will be assigned warm up lanes**

Swimmers must enter the water feet first with at least one hand in contact with the pool deck except when executing a controlled racing start, supervised by a coach.

General warm up

First ½ hour
Lanes 1-8
Circle swimming only

Controlled warm-up

Last ½ hour
Lane(s) 1 Pace 50's -push off
2 Racing starts-one way only
3 Circle swimming only
4 Circle swimming only
5 Circle swimming only
6 Racing starts-one way only
7 Racing starts-one way only
8 Pace 50's-push off

Order of Events

Saturday October 16th

Session 1 13 & over

1-2 13 & over 200 IM
3-4 13 & over 100 Free
5-6 13 & over 200 Back
7-8 13 & over 200 Breast
9-10 13 & over 100 Fly
11 Senior Mixed Free Relay
12 13-14 Mixed Free Relay

Sunday October 17th

Session 4 13 & over

31-32 13 & over 200 Free
33-34 13 & over 100 Back
35-36 13 & over 200 Fly
37-38 13 & over 100 Breast
39-40 13 & over 50 Free
41 Senior Mixed Med. Relay
42 13-14 Mixed Med. Relay

10 min break

Session 2

13-14 9 & over 500 Free *

10 min break

Session 5

43-44 13 & over 400 IM *

*500 Free & 400 IM will be seeded fastest to slowest

Session 3

12 & under

15-16 12 & under 200 Free
17-18 8 & under 25 Free
19-20 12 & under 100 Back
21-22 8 & under 25 Fly
23-24 12 & under 50 Fly
25-26 12 & under 100 Breast
27-28 12 & under 200 IM
29 11-12 200 Mixed Free Relay
30 10 & under Mixed Free Relay

Session 6

12 & under

45-46 12 & under 100 Fly
47-48 12 & under 100 Free
49-50 8 & under 25 Back
51-52 12 & under 50 Back
53-54 12 & under 50 Free
55-56 8 & under 25 Breast
57-58 12 & under 50 Breast
59-60 12 & under 100 IM
61 11-12 Mixed Med. Relay
62 10 & under Mixed Med. Relay

**Treasure Coast Swimming
2021 Fall Invitational
Master entry form**

Team name _____ Call Letters _____

Address _____

Coach _____ Phone _____

Email _____

Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach

Team

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

Signature (must be USA swimming member)

Team

Date

Entries must be received by Friday, October 8th, 2021

Please email entries to :

TCSC

tcscswim@comcast.net

Contact: Scott Barlow 561-870-5403

Financial Recap

Total Swimmers _____ x \$20.00 _____ = _____

Individual Events _____ x \$4.15 _____ = _____

Relays _____ x \$5.00 _____ = _____

Heat Sheet total swimmers _____ x 2.00 _____ = _____

No Hy-tek Fee _____ x \$50.00 _____ = _____

TOTAL \$ _____

ORDER OF EVENTS

Saturday, August 28

Sunday, August 29

Warm ups @ 7:30 a.m. Meet starts @ 8:30 a.m.

1-2	13 & over	100 IM	29-30	13& over	100 Free
3-4	12& under	100 IM	31-32	12 & under	100 Free
5-6	13 & over	50 Free	33-34	13& over	50 Back
7-8	12 & under	50 Free	35-36	12 & under	50 Back
9-10	8& under	25 Free	37-38	8& under	25 Back
11-12	13 & over	100 Back	39-40	13& over	100 Fly
13-14	12 & under	100 Back	41-42	12 & under	100 Fly
15-16	13 & over	50 Fly	43-44	13& over	50 Breast
17-18	12 & under	50 Fly	45-46	12 & under	50 Breast
19-20	8 & under	25 Fly	47-48	8 & under	25 Breast
21-22	13 & over	100 Breast	49	13 & over	Mixed 200 Free T shirt Relay*
23-24	12 & under	100 Breast	50	11-12	Mixed 200 Free T shirt Relay*
25	13 & over	Mixed 200 Medley Relay	51	9-10	Mixed 200 Free T shirt Relay*
26	11-12	Mixed 200 Medley Relay	52	8 & under	mixed 100 Free T shirt Relay*
27	9-10	under Mixed 200 Medley Relay			
28	8 & under	Mixed 100 Medley Relay			

*Teams are to supply their own T shirt & T shirt relays are exhibition

Treasure Coast Swimming 2021 Sprint Invitational Master entry form

Team name _____ Call Letters _____

Address _____

Coach _____ Phone _____

Email _____

Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach

Team

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

Signature (must be USA swimming member)

Team

Date

Entries must be received by Friday, August 20th, 2021

Please email entries to :

TCSC

tcscswim@comcast.net

Contact: Scott Barlow 561-870-5403

Financial Recap

Total Swimmers _____ x \$20.00 _____ = _____

Individual Events _____ x \$4.15 _____ = _____

Relays _____ x \$5.00 _____ = _____

No Hy-tek Fee _____ x \$50.00 _____ = _____

TOTAL \$ _____