

RAFC Winter Classic
Hosted by Rosen Aquatic & Fitness Center
December 1-4, 2022
Rosen Aquatic & Fitness Center
8422 International Drive
Orlando, FL 32819

Florida Swimming of USA Swimming: Sanction # **FL-6226-1**

“In granting approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities for claims and damages arisen by reason of injuries to anyone during the conduct of the event.”

MEET DIRECTOR	MEET ADMIN
Mike Brady mike.brady@rosenhoteles.com	Andrew Rzepecki info@accurateswimtiming.com
MEET REFEREE	MEET MARSHALL
Quinn Sampson info@accurateswimtiming.com	Mike Miller mmiller@rosenaquatic.com

CODE OF SANCTION Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.

The completion course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

COVID-19 An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying

medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

RULES

Current USA Swimming rules will govern the meet.

ELIGIBILITY

This meet is open to all currently registered USA Swimming swimmers. On deck registration will not be allowed.

MEET FORMAT: (UPDATED)

The meet will be held in two 25 yard courses if needed. It is a 4-day prelim/final format for all 11 & Overs and timed finals for all 10 & Unders. The fastest eight (8) qualifiers will return for all 11-12 individual events except for the 200 Fly, 200 Back, 200 Breast, 400 IM and 500 Free, in which all heats will be swum as timed finals during the preliminary or timed finals sessions. The fastest sixteen (16) qualifiers will return for the 13-14, 15-16 and Senior individual events, except for the 400 IM, 500 Free, 1000 Free and 1650 Free, which all heats will be swum as timed finals during the preliminary, timed finals and/or finals sessions per the details on the Order of Events at the end of this meet letter. Order of finals will be A then B and so on. Meet management may opt to use fly-over start where deemed appropriate at this competition. There are NO qualifying time standards for this meet.

WARM UP & START:

Session	Day	Warm-up	Meet Start	Age Group
1	Thursday Timed Finals	4:30 pm	6:00 pm	All ages
2	Friday Prelims	6:30 am	8:30 am	13 & Older
3	Friday Prelims/Finals	Not before 1:00 pm	Not before 2:00 pm	12 & Under
4	Friday Finals	5:00 pm	6:00 pm	All ages
5	Saturday Prelims	6:30 am	8:30 am	13 & Older
6	Saturday Prelims/Finals	Not before 1:00 pm	Not before 2:00 pm	12 and Under
7	Saturday Finals	5:00 pm	6:00 pm	All ages
8	Sunday Prelims	6:30 am	8:30 am	13 & Older
9	Sunday Prelims/Finals	Not before 1:00 pm	Not before 2:00 pm	12 & Under
10	Sunday Finals	5:00 pm	6:00 pm	All ages

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, November 22	11:59 pm	Entry deadline
Thursday, December 1	5:00 pm	Official Briefings
Thursday, December 1	5:30 pm	Timer's Meeting
Thursday, December 1	5:30 pm	Positive Check-in for: 11-12 400 IM, 10 & Under 500 Free and 13 & Over 1650 Free
Friday, December 2	7:30 am	Official Briefings
Friday, December 2	8:00 am	Coach's Meeting
Friday, December 2	8:00 am	Timer's Meeting
Friday, December 2	8:00 am	Positive Check-in for: 13 & Over 500 Free
Friday, December 2	1:00 pm	Official Briefings
Friday, December 2	1:30 pm	Timer's Meeting
Friday, December 2	1:30pm	Positive Check-in for: 11-12 500 Free
Friday, December 2	5:00 pm	Official Briefings
Friday, December 2	5:30 pm	Timer's Meeting
Saturday, December 3	7:30 am	Official Briefings
Saturday, December 3	8:00 am	Timer's Meeting
Saturday, December 3	8:00 am	Positive Check-in for: 13 & Over 400 IM
Saturday, December 3	1:00 pm	Official Briefings
Saturday, December 3	1:30 pm	Timer's Meeting
Saturday, December 3	5:00 pm	Official Briefings
Saturday, December 3	5:30 pm	Timer's Meeting
Sunday, December 4	7:30 am	Official Briefings
Sunday, December 4	8:00 am	Timer's Meeting
Sunday, December 4	8:00 am	Positive Check-in for: 13 & Over 1000 Free
Sunday, December 4	1:00 pm	Official Briefings
Sunday, December 4	1:30 pm	Timer's Meeting
Sunday, December 4	5:00 pm	Official Briefings
Sunday, December 4	5:30 pm	Timer's Meeting

COACHES MTG

There will be a coaches meeting on Friday morning at 8:00am in the hospitality room.

CAMERA ZONES

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or race competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of the pool, team gathering areas, concession areas, turn end of the competition course when not in use as a "start-end", etc. Meet Management shall designate "Non-Camera Zones". Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

FACILITY & SPECTATOR ACCESS

Adopted by USA-Swimming, Florida Swimming and the Rosen Aquatic & Fitness Center, MAAPP (Minor Athlete Abuse Prevention Policy) requires policies and standards to be used by athletes, adults, teams and facilities that are involved in the sport of swimming. These changes are mandated by USA-Swimming and the U.S. Center for Safe Sport and is a condition of the sanction of this meet.

Facilities with multiple restrooms/locker rooms must designate ONE set of restrooms/locker rooms for athletes under the age of 18 and a SEPARATE restroom/locker room for all meet attendees 18 and older. This meet will operate with a closed pool deck per USA Swimming and Safe Sport guidelines. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for both the safety of our swimmers and the efficiency of our meet operations.

In accordance with the guidelines above, this meet will operate with a closed pool deck per USA Swimming and Safe Sport guidelines. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. Spectators will only be allowed in designate viewing areas, which may be standing room only without seating options due to facility renovations. This rule is in place for both the safety of our swimmers and the efficiency of our meet operations. We appreciate your help and understanding with this policy.

Outside chairs are not allowed in facility for spectators.

SPECTATOR FEES

The following fees apply for all spectators:

- Per Session Pass Fee (Prelims or Finals): \$5
- Weekend Fee (includes all sessions): \$25
- Session/Weekend Fees include a FREE heat sheet
- Session/Weekend Fees apply for all spectators age 9 and up. Children under the age of 8 enter for free.

VOLUNTEERS

The Rosen Aquatic & Fitness Center is a membership based facility that no longer has a resident swim team and holds events solely for the benefit of the Florida and USA Swimming communities. Therefore, meet volunteers will need to be provided by the attending teams for each meet. **This event will require each team to provide volunteer coverage for one session per day for every ten (10) swimmers entered in the meet, (i.e. 15 swimmers entered in the meet will require one volunteer session covered per day, while 30 swimmers entered in the meet will require three volunteer sessions covered per day).** Volunteer sessions will be assigned and released to teams after the entry deadline the week before the meet. We appreciate your help and understanding with this policy.

CONCESSIONS

Concessions will not be available at this meet.

ENTRIES

Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Entries should be emailed to RAFCentries@gmail.com. You will receive an email confirmation within 24 hours of submitting your entries. If you need to submit updated entry files, you can submit a new form and file to the same email address

up until the entry deadline. Entry questions can be emailed to RAFCentries@gmail.com.

DECK ENTRIES

Deck entries will not be accepted at this meet.

ENTRY LIMITATIONS

The meet will be limited to either the first 1000 swimmers received and/or the team who puts the timeline longer than 4 hours per session. Swimmers are limited to three (3) individual events per day and a maximum of eleven (11) individual events for the meet.

Swimmers who are excluded from events with seeding limits will be either refunded or allowed to deck enter into alternate events, (subject to event limitations).

ENTRY DEADLINE

Entries must be received by 11:59 pm on Tuesday, November 22, 2022 using the submission process detailed above. No phone or fax entries accepted.

ENTRY FEES

Make checks payable to: Rosen Aquatic & Fitness Center - All fees are non-refundable	
Individual Event	\$7.00 per Prelim/Final event \$4.50 per Timed Final event
Relays	No relays offered
Facility Surcharge	\$15.00 per swimmer
Electronic Heat Sheet Fee	\$3.00 per swimmer
Travel Surcharge	\$2.00 per out of LSC swimmer

OFFICIALS

Meet Referee	Quinn Sampson
Admin	Andrew Rzepecki
Starter	Bob Walsh
Stroke and Turn	Cheryl Pavlacka
Meet Marshall	Mike Miller
Meet Director	Mike Brady

VISITING OFFICIALS

Visiting teams are encouraged to bring USA-S certified Florida Swimming (or other LSC) officials to assist with officiating the meet. Teams should email names and certification levels of their team officials to info@accurateswimtiming.com

SEEDING

25-yard short course times will be used for seeding. Entry times may be actual SCY times or SCY times converted from SCM or LCM. Conversions may be made using the formula in the current Florida Swimming Handbook.

All events will be seeded slowest to fastest except where noted in the event list below.

CHECK-IN

A positive check-in will be required for the following events:

- 11-12 400 IM
- 10 & Under 500 Free
- 13 & Over 1650 Free
- 13 & Over 500 Free

- 11-12 500 Free
- 13 & Over 400 IM
- 13 & Over 1000 Free

****Check in days/times for the above events will be as stated in the Deadline and Meet Summary Section.**

DECK SEEDED EVENTS (UPDATED)

The 10 & Under 500 Free, 11-12 400 IM and 13 & Over 500 Free, 1000 Free, 1650 Free and 400 IM are all deck-seeded timed final events with all heats to be swum in their respective preliminary, timed finals or finals sessions. Events will be seeded either fastest to slowest or slowest to fastest as detailed in the Order of Events at the end of this meet letter. Where noted, age groups will be swum together by gender, but scored separately and alternating one female heat followed by one male heat IF only one pool is being used. The Meet Referee may combine the slowest heats of each gender into one heat and swim it in the order of the gender with the fewest number of heats. If the event in one pool is projected to be completed sufficiently far in advance, the Meet Referee may elect to move remaining heats from the other pool to it. Decisions on combination of heats or movement of heats will be announced at least one hour before the expected start time of the event. The number of swimmers allowed in deck seeded events may also be limited per the details listed below in the Order of Events.

SCRATCHES (UPDATED)

We may be using a virtual scratch table and/or may opt for hard copy scratches at the discretion of the Meet Referee based on the size of the meet. Details and procedures will be available at the admin/check in table on deck at the meet.

PRELIMS – There is no penalty for scratching on the block in the Preliminary events with the exception of deck-seeded events. Any swimmer entered in an individual event that is “deck seeded” who has checked in for the event, must swim the event unless he/she notifies the clerk of course before the seeding for that event has begun, that he/she wishes to scratch. Failure to do so and not swim will result in the swimmer being barred (scratched) from the next individual event (preliminary or timed final) in which the swimmer is entered. Declared false starts will be accepted from the swimmer prior to the start of the heat.

FINALS – Any swimmer who competes in a preliminary heat and qualifies for either championship or consolation finals and fails to swim in the final without notifying the Meet Referee that he/she may withdraw from the finals within thirty (30) minutes after the announcement of qualifiers for that event and further fails to declare his/her final intention within thirty (30) minutes of his/her last individual preliminary event, will be penalized by being automatically scratched from their next individual final or individual event, whichever occurs first. The Referee may insert the next eligible swimmer into Finals or Consolation Finals once a “failure to swim” is declared and in any vacant lanes resulting from the penalty. Declared False Starts in Finals will be considered a “failure to swim” and will draw

the same penalty. In the event of an illness or injury, certified to the satisfaction of the Meet Referee, there will be no penalty.

SCORING

Individual events: 9-7-6-5-4-3-2-1

AWARDS

Individual (12 & Under only): Medals 1st – 3rd Ribbons 4th – 8th
High Point: 1st – 3rd place for each age group*

TEAM REP

Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. Only that person and the coach will be recognized.

COACHES/OFFICIALS

All coaches and officials on deck must be registered and certified with USA Swimming. Coaches and officials shall wear USA Swimming registration cards in a conspicuous location at all times while on deck during the meet or prove membership via the USA-Swimming app. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coach's meetings. Official Briefings will be held prior to each session at the times listed in the Deadline and Meeting Summary.

ADAPTED SWIMMERS

Swimmers with disabilities are welcome to enter the meet. Coaches:

1. Enter the swimmers on Hy-Tek or paper form.
2. Provide advanced notice on any necessary accommodations
3. List the email with the entries (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions and how the swimmer prefers to be seeded.

Swimmers with disability will be seeded with the same age group either the same distance race or a longer distance race (i.e. 100 Free during the 200 Free). Qualifying time standards at regular season meets are waived for swimmers with disability. For more information, please contact the Meet Director, Mike Brady, at RAFCentries@gmail.com.

MEET COMMITTEE

A committee consisting of the Meet Director, Meet Referee, two volunteer coaches from visiting teams and one senior athlete, will be formed prior to the meet, and shall be wholly responsible for making decisions regarding delaying, postponing or canceling the meet or any portion of the meet in the event of any situation requiring a decision of the Committee regarding the meet. The Committee will meet as needed.

WARM-UP

First 30 minutes of each warm-up session:

- General Warm Up (circle swimming only)

Minutes 31-50 of each warm-up session:

- Lane 1 - Pace 50s (push off)
- Lane 2 - Racing Starts (one way only)
- Lane 3 - Circle swimming only
- Lane 4 - Circle swimming only

- Lane 5 - Circle swimming only
- Lane 6 - Racing Starts (one way only)
- Lane 7 - Racing Starts (one way only)
- Lane 8 - Pace 50s (push off)

NO EQUIPMENT PERMITTED. SWIMMERS MUST ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL DECK EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH. The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

MORE INFO

For more information, please contact Meet Director, Mike Brady, at RAFCentries@gmail.com.

MAP & FREE PARKING



ORDER OF EVENTS

Thursday, December 1

Timed Finals: Warm up – 4:30 pm

Meet Starts – 6:00 pm

Women			Event			Men
101			13 & Over 100 IM			102
103			11-12 400 IM !			104
105			10 & Under 500 Free !			106
107			13 & Over 1650 Free @			108

! = This event will be a deck seeded timed final event and may be limited to the fastest 24 female and 24 male swimmers. Heats will be swum slowest to fastest, alternating-one female heat followed by a male heat IF one pool is used. The Meet Referee may combine the slowest heats of each gender and swim it in the order of the gender with the fewest number of heats and elect to move remaining heats from one pool into the other pool.

@ = This event will be a deck seeded timed final event and may be limited to the fastest 32 female and 32 male swimmers regardless of age. Age groups will be swum together by gender but scored separately, (13-14, 15-16 & Senior). Heats will be swum fastest to slowest, alternating-one female heat followed by a male heat IF one pool is used. The Meet Referee may combine the slowest heats of each gender and swim it in the order of the gender with the fewest number of heats and elect to move remaining heats from one pool into the other pool.

Friday, December 2

Prelims: Warm up – 6:30 am

Meet Starts – 8:30 am

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women		Event		Men
205		13-14 200 Back		206
207		15-16 200 Back		208
209		Open 200 Back		210
215		13-14 100 Breast		216
217		15-16 100 Breast		218
219		Open 100 Breast		220
225		13-14 50 Free		226
227		15-16 50 Free		228
229		Open 50 Free		230
235		13-14 100 Fly		236
237		15-16 100 Fly		238
239		Open 100 Fly		240
243		13 & Over 500 Free #		244

(UPDATED) = This event will be a deck seeded timed final event and may be limited to the fastest 64 female and 64 male swimmers regardless of age. Age groups will be swum together by gender but scored separately, (13-14, 15-16 & Senior). Heats will be swum fastest to slowest, alternating-one female heat followed by a male heat IF one pool is used. All heats will be swum in the preliminary session EXCEPT for the top 16 seeded swimmers in each age group (13-14, 15-16 & 15&Over), who will all swim in the Finals session. The Meet Referee may combine the slowest heats of each gender and swim it in the order of the gender with the fewest number of heats and elect to move remaining heats from one pool into the other pool.

Friday, December 2

Prelims: Warm up – Not before 1:00 pm

Meet Starts – Not before 2:00 pm

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women		Event		Men
201		11-12 50 Back		202
203		10 & Under 50 Back		204
211		11-12 100 Breast		212
213		10 & Under 100 Breast		214
221		11-12 50 Free		222
223		10 & Under 50 Free		224
231		11-12 100 Fly		232
233		10 & Under 100 Fly		234
241		11-12 500 Free \$		242

\$ = This event will be a deck seeded timed final event and may be limited to the fastest 40 female and 40 male swimmers. Heats will be swum fastest to slowest, alternating-one female heat followed by a male heat IF one pool is used. The Meet Referee may combine the slowest heats of each gender and swim it in the order of the gender with the fewest number of heats and elect to move remaining heats from one pool into the other pool.

Saturday, December 3

Prelims: Warm up – 6:30 am

Meet Starts – 8:30 am

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women			Event			Men
305			13-14 200 Free			306
307			15-16 200 Free			308
309			Open 200 Free			310
317			13-14 200 Breast			318
319			15-16 200 Breast			320
321			Open 200 Breast			322
329			13-14 100 Back			330
331			15-16 100 Back			332
333			Open 100 Back			334
339			13 & Over 400 IM #			340

(UPDATED) = This event will be a deck seeded timed final event and may be limited to the fastest 64 female and 64 male swimmers regardless of age. Age groups will be swum together by gender but scored separately, (13-14, 15-16 & Senior). Heats will be swum fastest to slowest, alternating-one female heat followed by a male heat IF one pool is used. All heats will be swum in the preliminary session EXCEPT for the top 16 seeded swimmers in each age group (13-14, 15-16 & 15&Over), who will all swim in the Finals session. The Meet Referee may combine the slowest heats of each gender and swim it in the order of the gender with the fewest number of heats and elect to move remaining heats from one pool into the other pool.

Saturday, December 3

Prelims: Warm up – Not before 1:00 pm

Meet Starts – Not before 2:00 pm

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women			Event			Men
301			11-12 200 Free			302
303			10 & Under 200 Free			304
311			11-12 50 Breast			312
313			10 & Under 50 Breast			314
315			8 & Under 25 Breast			316
323			11-12 100 Back			324
325			10 & Under 100 Back			326
327			8 & Under 25 Back			328
335			11-12 100 IM			336
337			10 & Under 100 IM			338
341			12 & Under 200 Fly %			342

% = This is a timed final event with all heats swimming in the afternoon preliminary session and will be seeded fastest to slowest.

Sunday, December 5

Prelims: Warm up – 6:30 am

Meet Starts – 8:30 am

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women			Event			Men
409			13-14 200 Fly			410
411			15-16 200 Fly			412
413			Open 200 Fly			414
421			13-14 100 Free			422
423			15-16 100 Free			424
425			Open 100 Free			426
431			13-14 200 IM			432
433			15-16 200 IM			434
435			Open 200 IM			436
437			13 & Over 1000 Free *			438

*** (UPDATED)** = This event will be a deck seeded timed final event and may be limited to the fastest 48 female and 48 male swimmers regardless of age. Age groups will be swum together by gender but scored separately, (13-14, 15-16 & Senior). Heats will be swum fastest to slowest, all in the preliminary session, and alternating-one female heat followed by a male heat IF one pool is used. The Meet Referee may combine the slowest heats of each gender and swim it in the order of the gender with the fewest number of heats and elect to move remaining heats from one pool into the other pool.

Sunday, December 5

Prelims: Warm up – Not before 1:00 pm

Meet Starts – Not before 2:00 pm

Finals: Warm up – 5:00 pm

Meet Starts – 6:00 pm

Women			Event			Men
401			12 & Under 200 Back +			402
403			11-12 50 Fly			404
405			10 & Under 50 Fly			406
407			8 & Under 25 Fly			408
415			11-12 100 Free			416
417			10 & Under 100 Free			418
419			8 & Under 25 Free			420
427			11-12 200 IM			428
429			10 & Under 200 IM			430
439			12 & Under 200 Breast %			440

+ = This is a timed final event with all heats swimming in the afternoon preliminary session and will be seeded slowest to fastest.

% = This is a timed final event with all heats swimming in the afternoon preliminary session and will be seeded fastest to slowest.