

**SARASOTA TSUNAMI SWIM TEAM**  
**2020 OCTOBER SWIMFEST MEET**  
**SATURDAY, October 17, 2020**  
**[www.srqtsunami.org](http://www.srqtsunami.org)**

Sanctioned by: Florida Swimming of USA Swimming #5225

“In granting this approval it is understood and agreed the USA\_S/ FL shall be free and held harmless from any liabilities or claim from Damages arising by reasons of injuries to anyone during the Conduct of the event.”

Condition of Sanction: Any swimmer entered in the meet, unaccompanied by USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Operating a Drone in any City of Sarasota Park is against the Law.

Deck changing at all City of Sarasota Pools is prohibited.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

IN APPLY FOR THIS SANCTION, SRQ AGREES TO COMPLY AND ENFORCE ALL HEALTH AND SAFETY GUIDELINES OF USA SWIMMING, FLORIDA SWIMMING AND THE CITY OF SARASOTA.

AN INHERENT RISK OF EXPOSURE TO COVID-19 EXIST IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMELY CONTAGIOUS DISEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION, SENIOR CITIZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. BY VISITING THE NORTH SHORE POOL, YOU VOLUNTARILY ASSUME ALL RISKS RELATED TO EXPOSURE TO COVID-19. USA SWIMMING INC. CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID-19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DISEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPREADING COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA SWIMMING, SARASOTA TSUNAMI SWIM TEAM AND THE CITY OF SARASOTA AND EACH OF THEIR OFFICIERS, DIRECTORS, AGENTS EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP AND CLAIMS YOU

MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**CAMERA ZONE:** Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

**TYPE OF MEET:** Timed finals, short course 25 yards

**DATES & TIMES: Saturday, Oct. 17, 2020;**

Girls 11 & older	7:30am Warm-up	8:30 am Start
Boys 11 & older	10:30am Warm-up	11:30 am Start
Girls & Boys 12 & Under	1:30pm Warm-up	2:00 pm Start

**LOCATION:** The Arlington Park Aquatic Facility, 2650 Waldemere St., FL 34239

**POOL & FACILITY SPECS:** The Arlington Park Pool offers an 8 lane 25 yard pool that varies in depth from four to thirteen feet. Swimmers must bring their own chairs for seating. No parents will be allowed inside the fenced area, unless properly credentialed. They can observe the meet from outside The fence.

**TIMING SYSTEM:** An SST Timing system with buttons and touch pads and a Colorado Infinity starting system will be utilized.

**ELIGIBILITY:** Must be a 2020 or 2021 USA Swimming registered athlete and a member of the Sarasota Tsunami Swim Team. USA-S registration will not be taken at the meet.

**SEEDING:** All entry times must be submitted in short course yards (SC). You may have a NT in any event that does not have a qualifying time. All events are timed final events and they will be seeded slowest to fastest. Each event will be swum mixed gender. 8 & under, 12 & under [awarded 10 & under, 11-12] and Open [no awards for open events]. Meet will be pre-seeded.

**RULES:** Current 2020 USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)

**DECK CHANGING:** The practice of Deck Changing is prohibited. Swimmers must use the changing tents to change into and out of their swimsuits. Swimmers participating in deck changing will be subject to removal from further competition in the meet.

**AWARDS:** No awards for this competition.

**WARM-UP:** Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session.

- First ½ hour is circle swimming all lanes (push off) no equipment
- Last ½ hour is controlled Warm-Up with no equipment
- Lanes 1 Pace lane no racing starts
- Lanes 2 Racing Starts one length
- Lanes 3,4, 5, 6 Circle swimming
- Lanes 7 & 8 Racing Starts one length

Swimmers must enter the water feet first, with at least one hand in contact with the deck of the pool at all times, unless executing a racing start.

**SCRATCHES:** No penalty for scratching at the block.

**ENTRY LIMIT:** Swimmers will be limited to three (s) events per day. If a swimmer is over-entered, any events entered over the three-event limit will be dropped at the point of over entry. Swimmers may only enter one session per day.

Entries will be accepted on a first come, first served basis until the sessions are a maximum of two (2) hours in length.

**DECK ENTRIES:** Deck entries will not be accepted.

**ENTRY FEES:** Individual: \$4.15 per event  
Facility charge: \$10.00 per swimmer  
Heat Sheet: \$2.00 per swimmer  
A copy of the heat sheet will be sent to the Coaches and you can download from [www.fastswimresults.com](http://www.fastswimresults.com) 48 hours prior to the meet start.

**CHECKS PAYABLE TO;** Sarasota Tsunami Swim Team, bring payment to the meet please.

**ENTRY DEADLINE:** All entries must be received by 12:00 noon, Friday, Oct. 9th, 2020. Bring payment made out to the Sarasota Tsunami Swim Team to the meet. Payment must be received prior to the start of the meet. Email entries to [eva@fastswimresults.com](mailto:eva@fastswimresults.com). You can mail by Express Mail, Federal Express, UPS or rapid mail service. Mail hardcopies along with disk to:

**Entry Chairman:** Tsunami Swim Team  
c/o Eva Gronke  
3534 Chessington Drive  
Land O Lakes, FL 34638  
[eva@fastswimresults.com](mailto:eva@fastswimresults.com)

**ENTRY FORMS:** Entries must be in USA Swimming SDIF format or Hy-Tek CL2. Sent by email using Hy-Tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant.

Preferred: Entries will be accepted via electronic mail attachment to [eva@fastswimresults.com](mailto:eva@fastswimresults.com). Free text email will not be accepted. Please list all attending coaches and contact phone numbers in the body of the email. A signed hard copy printout also serves as proof of entry. The legal name and current USA Swimming registration number for each swimmer must be listed on the entry file

**OFFICIALS:** Head Referee – Gary Sanderson  
Admin Referee - Jack Gronke  
Starter - Mark Usher  
Stroke & Turn Giustina Solano, Nina & Mike Krajewski  
Meet Director Alex Patrick & Edy Patrick  
Meet Marshall: Guy Bergeron

**COACHES/OFFICIALS:** Coaches/officials must visibly display a valid USA membership card at all times while on deck, or use Deck Pass to show membership. A 2018/2019 coaching member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting before the first session of the meet on Friday.

**TEAM REPRESENTATIVE:** Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

**INFORMATION:** Ira Klein 941-928-7946, email usacoachira@gmail.com

**NOTE:** \*Events/heats may be combined at the discretion of the meet referee.

**WARM-UP SCHEDULE:**

**First ½ hour will be warm-up as follows: Last hour of warm-ups will be as follows:**

Lane 1 pace 50 & 100 circle swimming Lane 1 pace 50 & 100 circle swimming

Lane 2 push off 25s one way only Lane 2 racing starts 25s one length

Lane 3 swim & pulling, push off Lane 3 swim & pulling, push off

Lane 4 swim & pulling, push off Lane 4 swim & pulling, push off

Lane 5 swim & pulling, push off Lane 5 swim & pulling, push off

Lane 6 swim & pulling, push off Lane 6 swim & pulling, push off

Lane 7 swim & pulling, push off Lane 7 swim & pulling, push off

Lane 8 swim & pulling, push off Lane 8 racing starts 25s one length

Lane 9 push off 25s, one way only Lane 9 racing starts 25s one length

Lane 10 pace 50 & 100 circle swimming Lane 10 pace 50 & 100 circle swimming

**NO EQUIPMENT TO BE USED DURING WARM-UP**

**NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET**

**Swimmers must enter the water feet first with at least one hand on the pool deck**

**THIS MEET WILL BE SEEDED FASTEST TO SLOWEST  
EACH SESSION WILL BE LIMITED TO 150 SWIMMERS**

Saturday      October 17, 2020

Session 1 – Open Girls [11 & older] 7:30 am warm up

Event #	Events		
1	Open	200 yd.	Freestyle
2	Open	200 yd.	Individual Medley
3	Open	50 yd.	Freestyle
4	Open	100 yd.	Butterfly
5	Open	100 yd.	Freestyle
6	Open	500 yd.	Freestyle
7	Open	100 yd.	Backstroke
8	Open	100 yd.	Breaststroke

Session 2 – Open Boys [11 & older] 10:30 am warm up

9	Open	200 yd.	Freestyle
10	Open	200 yd.	Individual Medley
11	Open	50 yd.	Freestyle
12	Open	100 yd.	Butterfly
13	Open	100 yd.	Freestyle
14	Open	500 yd.	Freestyle
15	Open	100 yd.	Backstroke
16	Open	100 yd.	Breaststroke

Session 3 – 12 & under session 1:30 pm Warm up [combined Gender and Age]

17	12 & under	200 yd.	Freestyle
18	10 & under	25 yd.	Freestyle
19	12 & under	50 yd.	Breaststroke
20	10 & under	25 yd.	Breaststroke
21	12 & under	50 yd.	Backstroke
22	10 & under	25 yd.	Backstroke
23	12 & under	100 yd.	Freestyle
24	10 & under	25 yd.	Butterfly
25	12 & under	50 yd.	Butterfly
26	12 & under	50 yd.	Freestyle
27	12 & under	100 yd.	Individual Medley

# COVID Information

No matter your thoughts or feelings related to COVID, these are the procedure that we need to follow so that we can continue to have swim meets for our swimmers. We understand times are different right now, please let's keep the big picture that our swimmers want to swim.

## ALL SWIMMERS MUST HAVE:

1. **Facemask** (to be on at all time except when they are in the water swimming)  
Swimmers **MUST** wear the mask to the pool edge until they are about to enter the water.
2. **Container for their face mask.** (recommend their name be placed on the container)
  - a. This can be a zip lock bag or a small storage container (plastic)
  - b. This will help prevent the face mask from getting wet when they are swimming
3. Swimmers will be instructed on the direction of heats set up and are asked to physically distance at all times.
4. Swimmers must bring their own chairs to sit during the meet.

## General Information:

- a. All Swimmers, Coaches, Officials and Volunteers on deck **must wear a face mask.** Swimmer do not have to wear a face mask when warming up and or competing.
- b. **The deck will be closed to spectators.** Only coaches, officials, volunteers and swimmers in the meet are allowed on deck.
- c. Entry to the facility will be through the side gate next to the building. Teams will be assigned areas on deck for use through the competition.
- d. Exit the facility by the northwest gate opposite the tennis courts.
- e. Locker Rooms are closed. There is a emergency bathroom available for restroom use only and **CLOSED** for changing in and out of swimwear. **(Swimmer must come to the meet with appropriate swimsuit on prior to arrival) No Swimmer is allowed to enter the locker rooms.**
- f. Coaches, Officials, Volunteers and Swimmers must check for temperatures and symptoms at home before coming to competition. If anyone has a temperature of 100.4+, Do Not Come To The Meet. Meet Management reserves the right to take the temperature of any participant on deck if there is questions or concerns.
- g. Parents must fill out for their swimmer the attached form for entry to the deck with appropriate information.

## Spectators:

- a. **NO SPECTATORS ARE ALLOWED ON THE POOL DECK.**
- b. Spectators can set up seating areas outside of the pool around the fence. Social Distancing is required when on the park property. Face covering is **REQUIRED** of all spectators on all park grounds.
- c. Failure to follow these expectations could result in being asked to leave the Park property, or stoppage/closure of the swim meet.
- d. There are no bathrooms for spectators, please plan accordingly.