



MORNING Practice Schedule: September 13 – February 24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>National Elite</i>	5:45-6:45 am @ ATH	5:30-7:00 am @ SCO	5:45-6:45 am @ ATH	5:30-7:00 am @ SCO	OFF	TBA
<i>Pre-National Elite</i>	5:45-6:45 am @ ATH	5:30-7:00 am @ SCO	5:45-6:45 am @ ATH	5:30-7:00 am @ SCO	OFF	TBA
Senior	OFF	5:30-7:00 am @ SCO	OFF	5:30-7:00 am @ SCO	OFF	TBA
<i>Junior Elite</i>	OFF	5:30-7:00 am @ SCO	OFF	5:30-7:00 am @ SCO	OFF	TBA
Platinum Plus	OFF	5:30-7:00 am @ SCO	OFF	5:30-7:00 am @ SCO	OFF	TBA

- **SCO = Spring Creek Oaks**
 - 6002 Bur Oak Drive, Spring, 77379
- **ATH = Athlete Training + Health**
 - 19711 Stuebner Airline Rd., Spring, TX 77379