



AFTERNOON/EVENING PRACTICE SCHEDULE: AUGUST 22ND – MARCH 10TH

Current members return from break August 22nd

New and returning non-current members may start on Sept. 1

Klein High

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Gold Plus</u>	5:15 – 6:45	5:15 – 6:45	5:15 – 6:45	5:15 – 6:45	5:15 – 6:45
<u>Gold</u>	5:15 – 6:35	5:15 – 6:35	5:15 – 6:35	5:15 – 6:35	5:15 – 6:35
<u>Silver Plus</u>	6:30 – 7:40	6:30 – 7:40	6:30 – 7:40	6:30 – 7:40	6:30 – 7:40
<u>Silver</u>	6:30 – 7:30	6:30 – 7:30	6:30 – 7:30	6:30 – 7:30	6:30 – 7:30
<u>Silver Plus</u>	5:00 - 6:10	5:00 - 6:10	5:00 - 6:10	5:00 - 6:10	5:00 - 6:10
<u>Silver</u>	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00
<u>Bronze</u>	6:45 - 7:25	6:45 - 7:25	6:45 - 7:25	6:45 - 7:25	OFF
<u>Copper</u>	6:15 – 6:45	6:15 – 6:45	6:15 – 6:45	6:15 – 6:45	OFF

***Copper swimmers MUST choose either Monday/Wednesday or Tuesday/Thursday**

Klein Cain

<u>Gold Plus</u>	6:00 – 7:30	6:00 – 7:30	6:00 – 7:30	6:00 – 7:30	6:00 – 7:30
<u>Gold</u>	6:00 – 7:20	6:00 – 7:20	6:00 – 7:20	6:00 – 7:20	6:00 – 7:20
<u>Silver Plus</u>	6:15 – 7:25	6:15 – 7:25	6:15 – 7:25	6:15 – 7:25	6:15 – 7:25
<u>Silver</u>	6:15 – 7:15	6:15 – 7:15	6:15 – 7:15	6:15 – 7:15	6:15 – 7:15
<u>Bronze</u>	5:00 - 5:40	5:00 - 5:40	5:00 - 5:40	5:00 - 5:40	OFF
<u>Copper</u>	5:40 – 6:10	5:40 – 6:10	5:40 – 6:10	5:40 – 6:10	OFF

***Copper swimmers MUST choose either Monday/Wednesday or Tuesday/Thursday**

Klein Collins

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Senior</u>	3:45 – 5:30pm	3:45 – 5:30pm	3:45 – 5:30pm	3:45 – 5:30pm	To GLF w/PreNat

Gleannloch Farms (GLF)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Pre-National Elite</u>	3:45 – 5:45	3:45 – 5:45	3:45 – 5:45	3:45 – 5:45	3:45 – 5:45	TBA
<u>Junior Elite</u>	5:45 – 7:45	5:45 – 7:45	5:45 – 7:45	5:45 – 7:45	5:45 – 7:45	TBA

Spring Creek Oaks (SCO)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>National Elite</u>	3:30 – 5:30	3:30 – 6:00	3:30 – 5:30	3:30 – 6:00	3:30 – 5:30	TBA
<u>Pre-National Elite Plus</u>	3:30 – 5:30	3:30 – 5:30	3:30 – 5:30	3:30 – 5:30	3:30 – 5:30	TBA
<u>Platinum Plus</u>	5:30 – 7:20	5:30 – 7:20	5:30 – 7:20	5:30 – 7:20	5:30 – 7:20	TBA
<u>Platinum</u>	5:30 – 7:10	5:30 – 7:10	5:30 – 7:10	5:30 – 7:10	5:30 – 7:10	TBA



MORNING PRACTICE SCHEDULE: September 12th – February 17th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Elite	5:45 – 6:45 @ ATH	5:30 – 7:00 @ SCO	5:45 – 6:45 @ ATH	5:30 – 7:00 @ SCO	OFF	TBA
Pre-National Elite Plus	5:45 – 6:45 @ ATH	5:30 – 7:00 @ SCO	5:45 – 6:45 @ ATH	5:30 – 7:00 @ SCO	OFF	TBA
Pre-National Elite	5:45 – 6:45 @ ATH	5:30 – 7:00 @ SCO	5:45 – 6:45 @ ATH	5:30 – 7:00 @ SCO	OFF	TBA
Senior	OFF	5:30 – 7:00 @ SCO	OFF	5:30 – 7:00 @ SCO	OFF	TBA
Junior Elite	OFF	5:30 – 7:00 @ SCO	OFF	5:30 – 7:00 @ SCO	OFF	TBA
Platinum Plus	OFF	5:30 – 7:00 @ SCO	OFF	5:30 – 7:00 @ SCO	OFF	TBA

- SCO = Spring Creek Oaks
 - 6002 Bur Oak Drive, Spring, TX, 77379
- ATH = Athlete Training + Health
 - 19711 Stuebner Airline Rd., Spring, TX, 77379