LEXINGTON DOLPHINS, INC.
FINFEST
OCTOBER 16-17, 2021

SANCTION

Sanction of USA swimming, Inc., issued by Kentucky Swimming, Inc. – KYSC22-LEXD01

HOST TEAM

Lexington Dolphins, Inc. – www.lexingtondolphins.org

MEET LOCATION

Falling Springs Arts and Recreation Center
275 Beasley Drive, Versailles, KY 40383

MEET DIRECTOR

Melanie Gabbard, 859-270-9049, mgabbard@lexingtondolphins.org

ENTRY CHAIR

Terri Tonges, 859-492-5028, tjtonges@twc.com

MEET REFEREE

JJ Rodgers, 513-646-9662, jj.rodgers1@gmail.com

OFFICIALS

The Lexington Dolphins swim team welcomes the assistance of any visiting parents who would like to serve as officials. On-line signup is available at http://www.kylsc.org. Please include your name, email, highest level of certifications, and team. For further questions, you can contact JJ Rodgers at 513646-9662, jj.rodgers1@gmail.com.

FACILITY

The Falling Springs Arts and Recreation Center opened in April 2002 as a multipurpose recreational facility offering indoor competition swimming pool, indoor therapy pool, outdoor splash pool, gymnasium, aerobics & fitness center, 1/9 mile running/walking track and performing arts theater. The competition pool is 60 ft x 75 ft. Eight 7 ft x 25 yd lanes are formed using nine 4" Competitor lane lines. Water depth is 4 ft. at the turn end of the pool to 12 ft. in depth at the starting block end of the pool as measure 1.0 meter to 5.0 meters from the end wall. Electronic timing is provided using Colorado System 5 Sports Timer, Infinity Start System, AquaGrip Touchpads and an 8-lane (9-line) scoreboard. Two hundred permanent seats are available for spectators in the competition pool area. Two of the three gym floors will be covered and available for use by both swimmers and spectators.

FACILITY NOTES

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

COVID-19

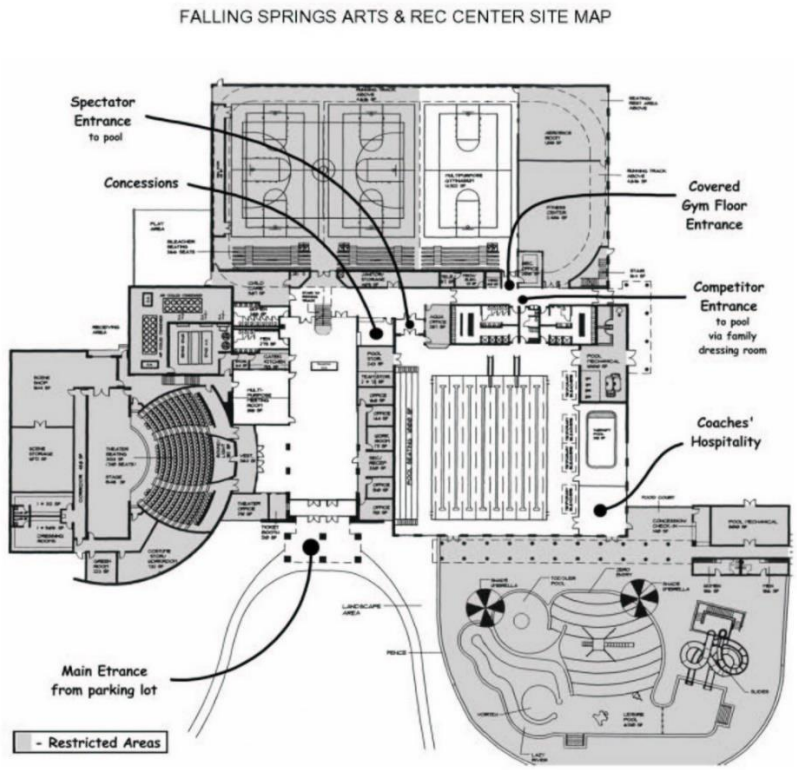
We have taken enhanced safety measures for the swimmers, coaches, volunteers, spectators and other meet workers. You must follow all posted instructions while attending this event. Please also review our Meet Day Instruction document which outlines specific safety measure being utilized. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. Neither USA Swimming, Inc. nor Kentucky Swimming, Inc. can prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

In accordance with USA Swimming rules, the use of audio or video recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas IS PROHIBITED.

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP) will govern this meet.

1. On-site shaving is prohibited.
2. Changing into and out of suits is limited to designated locker rooms only.
3. **All spectators and athletes will be seated on the pool deck. The bleachers seating will be divided between athletes and spectators.**
4. **Spectator overflow, where allowed, will be in the gymnasium, hallways and common areas of the facility.**
5. Outside of the pool area shoes must be worn and swimsuits must be covered.
6. **Coolers are not allowed in the pool area.** The facility rules prohibit outside food and drink.
7. **Food is not allowed in the pool area**. Beverages are allowed in the pool area but must be in sealed, spill-proof plastic containers. No glass containers are allowed in the building.
8. **Outside chairs will not be allowed in the pool area.** Chairs, folding or otherwise, may be brought into the facility provided that they are carried directly to overflow areas.
9. Signs or banners must be hung by masking tape or string only.
10. Radios, noisemakers or anything else that might cause inconvenience to swimmers, coaches, officials, workers or spectators are prohibited in the pool area.
11. Walkie-talkies are prohibited inside the recreation center as their use interferes with the headsets used by our officials.
12. Flash photography is prohibited during the start of heats.
13. All trash must be deposited in appropriate containers.
14. The gym, aerobics & fitness center, track and theater are off limits. Swimmers and spectators must not go into these restricted areas.
15. NO horseplay will be tolerated. Included are shooting baskets or tossing objects while on property.
16. Versailles-Woodford County Parks and Recreation Department prohibit smoking and alcohol.
17. *Lost and found* is located at the reception desk. All items turned into *lost and found* will be held for 30 days. After that all items will be disposed of or given to charity. The Falling Springs Arts and Recreation Center and Woodford County High School are not responsible for lost or stolen items.

MARSHALS WILL ENFORCE THESE RULES AND VIOLATORS COULD BE EJECTED



****All athletes and spectators (where allowed) will be seated on the pool deck. The bleachers seating will be marked with social distancing guidelines.**

****Spectators will ONLY be allowed for the 8 & Under session on Saturday Afternoon.**

FORMAT: This is a timed-finals competition with mixed age classifications for 8-under, 9-12, and 13 and over. Age on October 16, 2021 determines age-group for the meet. USA swimming rules apply. FINA starting procedures, approved by USA Swimming, uses a series of whistles followed by a one-whistle announcement for the swimmers. The No Recall Start Rule will also be enforced during this meet. Fly-over starts will be used at the discretion of the Meet Referee.

400 IM and 500 freestyle require a positive check-in. All participants must sign at least 30 minutes prior to the start of the meet.

Swimmers not checked-in by the designated deadlines will not be seeded.

ELIGIBILITY: There are no time standards for this meet. Swimmers must be a current athlete member of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming Open Boarder Policy. Swimmers must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All athletes 18 and over must have completed their Athlete Protection Training in order to compete.

SCHEDULE	Warm-up	Competition
Saturday and Sunday AM	**TBD**	**Not before 8 a.m.**
Saturday 8U mid-afternoon session	**TBD**	**Not before 12:00 p.m.**

Note: Warm-up lanes will be assigned. Coaches should be prepared to have a maximum of 4 swimmers per lane. Additional Warm-ups may be scheduled based upon total number of swimmers registered for

meet. Assignments will be determined once the meet is closed and entries are received and conveyed to coaches prior to October 8, 2021.

ENTRIES: Entries must be submitted electronically (Hy-Tek of SDIF). If the USSID for any swimmer is omitted, that swimmer's entries will not be accepted. If your team does not use Hy-Tek's Team Manager or equivalent, then WinTM II Lite, downloadable, free of charge from Hy-Tek's web site, should be used to prepare your entries.

If it can be done without the addition of extra heats, deck entries will be accepted. We reserve the right to combine heats/sexes without a lane between solely at the discretion of the Meet Referee.

ENTRY LIMITS: Swimmers may enter (4) events per day. Absolutely NO deck entries are permitted.

ENTRY FEES:

$2.50 per swimmer KYLSC surcharge
$15.00 per swimmer facility fee
$6.00 per individual event

A check payable to Lexington Dolphins, Inc. must accompany all entries (along with waiver). There will be no refund of entry fees.

ENTRY DEADLINE: Entries must be received by **Friday, October 8th, 2021 by 8:00 p.m.** to Terri Tonges, 859-492-5028, tjtonges@twc.com.

SCORING: None

AWARDS: No awards.

VENUE: The pool is 8 lanes. We will use 6 lanes for all 13 and over sessions and 8 lanes for all 12 and under sessions.

PSYCH SHEET: A psych sheet will be sent out via e-mail to each team's entry contact on Monday, October 13th, 2021. It will also be posted on the Lexington Dolphins website.

RESULTS: Upon conclusion of the meet, results will be sent to each team's entry contact and submitted to KY Swimming for retrieval from the KYLSC website.

SPECTATORS: Spectators will be allowed. Masks will be required for this meet regardless of vaccination status at this time.

ADMISSION AND HEAT SHEETS: There will be no admission charged for this meet. Heat sheets will be posted on the Lexington Dolphins website by Thursday, October 14th, 2021.

CONCESSIONS: Due to concerns surrounding COVID-19, concessions will not be offered at this meet.

PARKING: Plenty of parking is offered in front of the Falling Springs Arts and Recreation center entrance.

COACHES' REGISTRATION: All coaches must be currently registered with United States Swimming. Each team should submit a list of all coaches that will be in attendance. Coaching credentials must be worn at all times.

COACHES' MEETING: A mandatory coaches' meeting will be held on Saturday morning at 15 minutes prior to the start of the meet (TBD).

OFFICIALS' MEETING: There will be an officials' meeting Saturday and Sunday mornings 45 minutes prior to the beginning of the meet (TBD).

UNSUPERVISED SWIMMERS: US Swimming athlete members must be under the supervision of a US Swimming member coach during warm-up, competition, and warm-down. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another US Swimming member coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

SESSION #1				
Saturday October 16, 2021 **Competition not before 8:00 AM**				
Women's		**Event Description**		**Men's**
1		13 & Over 200 IM		2
3		9-12 100 IM		4
5		13 & Over 100 Free		6
7		9-12 50 Free		8
9		13 & Over 200 Back		10
11		9-12 100 Back		12
13		13& Over 100 Breast		14
15		9-12 50 Breast		16
17		13 & Over 200 Fly		18
19		9-12 100 Fly		20
21		Open 500 Free		22

SESSION #2				
Saturday October 16, 2021 **Competition not before 12:00 PM**				
Women's		**Event Description**		**Men's**
23		**8&U 50 Free**		**24**
25		**6&U 25 Free**		**26**
27		**8&U 50 Back**		**28**
29		**6&U 25 Back**		**30**
31		**8&U 25 Breast**		**32**
33		**8&U 25 Fly**		**34**

SESSION #3				
Sunday October 17, 2021 **Competition not before 8:00 AM**				
Women's		**Event Description**		**Men's**
35		13 & Over 400 IM		**36**
37		9-12 100 Free		**38**
39		**13&Over 200 Free**		**40**
41		**9-12 50 Back**		**42**
43		**13& Over 100 Back**		**44**
45		**9-12 100 Breast**		**46**
47		**13& Over 200 Breast**		**48**
49		**9-12 50 Fly**		**50**
51		**13& Over 100 Fly**		**52**
53		**9-12 200 IM**		**54**
55		**13& Over 50 Free**		**56**

LEXINGTON DOLPHINS, INC.
LEXINGTON DOLPHINS FINFEST
OCTOBER 16-17, 2021
SUMMARY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: Inconsideration for the acceptance of this entry, I/We hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming, the Kentucky Local Swim Committee of USA Swimming, Falling Springs Arts and Recreation Center, and the Lexington Dolphins Inc. for injuries, and/or expense incurred by me/us at the meet while on the road to and from the meet. I/we are bona-fide members of the United State Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, KENTUCKY SWIMMING, CARDINAL AQUATICS, INC., THE UNIVERSITY OF LOUISVILLE. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE:_____ **TITLE:**_____

TEAM:_____ **CODE:**_____ **PHONE:**_____

TEAM ADDRESS:_____

CITY:_____ **STATE:** _____ **ZIP CODE:**_____

RECAP OF ENTRIES

_____ **Individual Entries x $6.00 =** **$**_____

_____ **Number of Swimmers – Surcharge x $2.50 =** **$**_____

_____ **Number of Swimmers – Facility Fee x $15.00 =** **$**_____

TOTAL **$**_____

Make checks payable to Lexington Dolphins, Inc. and mail together with this form and hard copy listing of your team's entries by the stated deadline to:

LEXINGTON DOLPHINS, INC.
P. O. Box 23231
LEXINGTON, KY 40524

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.

Held under the sanction of USA Swimming