



2018 NCSA SWIMMING CHAMPIONSHIPS

TIME STANDARDS

Orlando, FL
March 13-17, 2018

| WOMEN | | | EVENT DESCRIPTION | MEN | | |
|------------------------------------------|----------|----------|-------------------------|------------------------------------------|----------|----------|
| SCY | SCM | LCM | | SCY | SCM | LCM |
| 24.19 | 27.19 | 27.59 | 50 FREE | 21.69 | 23.99 | 24.79 |
| 52.39 | 57.99 | 59.89 | 100 FREE | 47.09 | 52.09 | 53.99 |
| 1:52.99 | 2:04.89 | 2:08.09 | 200 FREE | 1:43.09 | 1:54.19 | 1:58.09 |
| 4:59.99 | 4:18.89 | 4:27.89 | 400/500 FREE | 4:39.59 | 4:02.09 | 4:09.79 |
| 10:15.99 | 8:54.99 | 9:08.99 | 800/1000 FREE | 9:39.79 | 8:26.99 | 8:40.79 |
| 17:12.89 | 17:02.59 | 17:34.59 | 1500/1650 FREE | 16:13.69 | 15:55.79 | 16:41.69 |
| 100 Back Qualifying Times | | | 50 BACK | 100 Back Qualifying Times | | |
| 57.99 | 1:04.39 | 1:07.19 | 100 BACK | 52.89 | 59.09 | 1:01.39 |
| 2:05.99 | 2:19.79 | 2:24.29 | 200 BACK | 1:54.79 | 2:07.49 | 2:12.39 |
| 100 Breast Qualifying Times | | | 50 BREAST | 100 Breast Qualifying Times | | |
| 1:06.39 | 1:14.19 | 1:16.29 | 100 BREAST | 59.49 | 1:06.09 | 1:08.29 |
| 2:23.29 | 2:40.39 | 2:41.89 | 200 BREAST | 2:09.79 | 2:25.59 | 2:29.79 |
| 100 Fly Qualifying Times | | | 50 FLY | 100 Fly Qualifying Times | | |
| 57.29 | 1:03.79 | 1:05.29 | 100 FLY | 51.69 | 56.89 | 58.89 |
| 2:06.39 | 2:18.99 | 2:23.19 | 200 FLY | 1:54.89 | 2:05.79 | 2:10.59 |
| 200 IM Qualifying Times | | | 100 INDIV MEDLEY | 200 IM Qualifying Times | | |
| 2:07.99 | 2:21.89 | 2:26.59 | 200 INDIV. MEDLEY | 1:56.29 | 2:08.49 | 2:13.59 |
| 4:29.99 | 4:58.19 | 5:05.99 | 400 INDIV. MEDLEY | 4:08.09 | 4:34.69 | 4:43.89 |
| 400 Free Relay Qualifying Times | | | 200 FREE RELAY | 400 Free Relay Qualifying Times | | |
| 3:32.09 | 3:57.79 | 4:00.99 | 400 FREE RELAY | 3:12.79 | 3:24.29 | 3:41.89 |
| 7:40.79 | 8:36.09 | 8:44.89 | 800 FREE RELAY | 7:05.69 | 7:53.20 | 8:07.49 |
| 400 Medley Relay Qualifying Times | | | 200 MEDLEY RELAY | 400 Medley Relay Qualifying Times | | |
| 3:55.09 | 4:25.89 | 4:30.99 | 400 MEDLEY RELAY | 3:36.09 | 4:01.99 | 4:08.89 |

QUALIFYING PERIOD: January 1, 2017, through March 11, 2018, dates inclusive.
BONUS EVENTS: One individual cut, 2 bonus events in which the swimmer has the bonus standard; 2 cuts, 2 bonus events, 3 cuts, 2 bonus events, etc. 50 strokes (fly, back, breast) have no bonus standard and may be added as a bonus if swimmers have additional bonus swims to use and the swimmer does not have the standard.
 Individual event limit-3 per day; Relays-2 per team per event



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BONUS STANDARDS

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| WOMEN | | | EVENT DESCRIPTION | MEN | | |
|--------------------------------------------------------|---------|----------------|-------------------|--------------------------------------------------------|---------|----------------|
| SCY | SCM | LCM | | SCY | SCM | LCM |
| 24.49 | 27.49 | 27.89 | 50 FREE | 21.89 | 24.49 | 25.29 |
| 52.69 | 58.89 | 1:00.59 | 100 FREE | 47.29 | 53.09 | 54.99 |
| 1:53.99 | 2:07.89 | 2:09.79 | 200 FREE | 1:43.99 | 1:56.19 | 2:00.09 |
| 5:02.09 | 4:25.89 | 4:30.99 | 400/500 FREE | 4:41.59 | 4:06.09 | 4:14.79 |
| NO BONUS CUTS ALLOWED | | | 800/1000 FREE | NO BONUS CUTS ALLOWED | | |
| | | | 1500/1650 FREE | | | |
| NO BONUS STANDARD | | | 50 BACK | NO BONUS STANDARD | | |
| 58.69 | 1:05.89 | 1:08.89 | 100 BACK | 53.79 | 1:00.09 | 1:02.39 |
| 2:06.89 | 2:21.79 | 2:26.29 | 200 BACK | 1:55.79 | 2:09.49 | 2:13.99 |
| NO BONUS STANDARD | | | 50 BREAST | NO BONUS STANDARD | | |
| 1:07.39 | 1:15.19 | 1:17.29 | 100 BREAST | 1:00.49 | 1:07.09 | 1:09.29 |
| 2:24.79 | 2:42.39 | 2:44.99 | 200 BREAST | 2:11.79 | 2:27.59 | 2:31.79 |
| NO BONUS STANDARD | | | 50 FLY | NO BONUS STANDARD | | |
| 58.39 | 1:05.29 | 1:06.49 | 100 FLY | 52.29 | 57.89 | 59.69 |
| 2:07.29 | 2:21.99 | 2:26.19 | 200 FLY | 1:56.09 | 2:07.79 | 2:12.59 |
| NO BONUS CUTS ALLOWED | | | 100 INDIV. MEDLEY | NO BONUS CUTS ALLOWED | | |
| 2:08.99 | 2:24.89 | 2:29.09 | 200 INDIV. MEDLEY | 1:57.29 | 2:10.49 | 2:15.59 |
| 4:32.09 | 5:05.19 | 5:09.99 | 400 INDIV. MEDLEY | 4:09.59 | 4:38.69 | 4:47.09 |
| ALL RELAYS MUST HAVE THE TIME STANDARD TO ENTER | | | 200 FREE RELAY | ALL RELAYS MUST HAVE THE TIME STANDARD TO ENTER | | |
| | | | 400 FREE RELAY | | | |
| | | | 800 FREE RELAY | | | |
| | | | 200 MEDLEY RELAY | | | |
| | | | 400 MEDLEY RELAY | | | |

2018 Updated Standards in Red

QUALIFYING PERIOD: January 1, 2017, through March 11, 2018, dates inclusive.
BONUS EVENTS: One individual cut, 2 bonus events in which the swimmer has the bonus standard; 2 cuts, 2 bonus events, 3 cuts, 2 bonus events, etc. 50 strokes (fly, back, breast) have no bonus standard and may be added as a bonus if swimmers have additional bonus swims to use.