

# JASON | LEZAK



## Olympic Gold Medalist | Team Captain | Father

### SPEAKING TOPICS

Achieving Your Dreams | My Experience as an Jewish Athlete

In 2008, Jason qualified for the Beijing Olympic Games and competed in the 100m freestyle, the 4x100m free relay, and the 4x100 medley. At 32, Jason was the oldest man on the U.S. Swim team and the tri-captain. He anchored the U.S. Men's 400m freestyle relay team to overcome a full body length advantage and secure a come-from-behind victory, stealing the gold from the French.

Jason's incredible leg of the race, a 46.06 on the 100m relay split, has undoubtedly earned him a place on sports highlight reels for decades to come. He also dominated the last leg of the 4x100m Men's medley relay, winning the gold and securing Michael Phelps' record-setting 8<sup>th</sup> gold medal.

As a well-rounded athlete and a swimmer since the age of five, Jason grew up in Irvine, California. He played on Irvine High School's basketball team and even became an All-American in water-polo. He has quickly become one of the most athletic and energetic personalities to compete in the sport of swimming.

Practically unknown in the swimming world before 1998, Jason lit up the U.S. National Championships that year winning his first national title in the 100m freestyle, and that was only the beginning. He went on to win a gold and silver medal at the 2000 Olympic Games in Sydney, Australia. By 2002, he had outmatched his opponents to earn the title of the number one ranked sprint swimmer in the world. At the 2004 Olympic Games in Athens Greece, Jason took home a bronze medal in the 4x100m freestyle relay and the gold in a world-record-breaking swim in the 4x100m medley relay.

As a proud husband and father, highly respected athlete and Olympic Gold medalist, Jason Lezak has become an inspiration to a wide variety of audiences, while still successfully balancing his family life with his swimming. In 2013, he decided to retire so he can continue motivating others and sharing his stories.



### SWIMMING HIGHLIGHTS

- 8-time Olympic Medalist
- 4-time Olympian
- World Record Holder
- Fastest 100m Freestyle Relay Split on Record
- 2010 Pan Pacific Gold Medalist
- 2010 U.S. National Medalist
- 2009 Maccabiah Games Gold Medalist

**Hometown:** Bellflower, CA

**Residence:** Irvine, CA

### OPPORTUNITIES

- Keynote
- Moderated Q & A
- Roundtable
- Book Signing
- Meet & Greet
- Autograph Signing

