

# Shockwave Fall Invitational

November 13 - 15, 2015

Tupelo, MS

- HOST:** Tupelo Shockwave Aquatic Team
- SANCTION:** Held under the sanction of United States Swimming and Mississippi Swimming, Inc. Sanction # 1535.
- LOCATION:** Tupelo Aquatic Center  
692 North Veterans Boulevard  
Tupelo, MS 38804  
(662) 840-3768
- FACILITY:** Indoor 8 lane (M) 16-lane (Y), 50 meter by 25-yard competition pool. The competition venue for short course has two eight lane courses, minimum width 8.5'. The competition depth ranges from 5` to 12.5`. The short course yard pool setup includes up to 16 lanes, six-inch Competitor lane lines, 5 feet minimum depth, with one movable bulkhead. Equipment includes Paragon Track Start Competitor blocks. The building is designed with permanent upstairs seating for 970 spectators. Continuous warm-down area will be provided. Hospitality will provided for coaches and officials. Concessions, on-deck bleachers (for seating up to 500 swimmers only) and first aid will be provided.
- Parents and spectators are not allowed on the pool deck,*** unless they are timing or officiating. All meet volunteers/officials must have a pass to be on the pool deck and will not be allowed on the pool deck without it.
- TIMING:** The timing system is a Colorado Time System 6, Colorado Aquagrip pads, Colorado System Full Matrix LED Scoreboard, and Hy-Tek Meet Manager
- RULES:** Current USA Swimming Rules and Regulations will govern the conduct of the meet unless otherwise noted herein.
- SWIMWEAR:** Swimwear will be according to Article 102.8 of USA Swimming Rules and Regulations.

**DECK CHANGE:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**ELIGIBILITY:** The age of the swimmer on November 13, 2015, determines the age of the swimmer. All swimmers must be current USA registered athletes. The USA numbers must appear on all entry forms (recaps). The person responsible for entering an unregistered swimmer as registered will be subject to a fine of \$100.00 per swimmer. This will be enforced by MSI through the Registration Chair. **SWIMMERS WITHOUT CURRENT USA SWIMMING REGISTRATION NUMBERS WILL BE REJECTED.**

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**COACHES:** Coaches must be current USA Coach Members in order to perform deck duties. If a coach is not currently certified, he/she may observe the meet in the spectator area on the deck as an observer only. Coaches' Packets will be given to those coaches presenting credentials.

**SUPERVISION:** A USA swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:** Swimmers with disabilities may enter the meet. Swimmers with disabilities can score points subject to meet scoring criteria. Please attach disability form with meet entries so time standards can be overridden.

**SEEDING:** Seeding will be according to Article 102.5 of USA Rules and Regulations.

- POOL:** The competition course has been certified in accordance with Article 104.2.2C(4)
- RESTROOM/  
LOCKER ROOM  
POLICY:** Use of audio visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Only Athletes are allowed in the locker rooms. Public restrooms are available in the Lobby of the Aquatic Center and on the South end of the Pool Deck. All swimmers must shower before entering the pool.  
**ABSOLUTELY NO CELL PHONES OR CAMERAS ARE ALLOWED IN THE BOYS' OR GIRLS' RESTROOMS OR LOCKER ROOMS INSIDE THE AQUATIC CENTER.**
- FOUR  
HOUR RULE:** If an age group event for 12 and under swimmers is swum after the session has been running 4 hours each swimmer has the option to swim the event or receive a refund for the event. A swimmer desiring a refund should declare his/her intent to the Meet Director. There will be no refunds of swimmers not in attendance.
- EVENTS:** Events will be swum as timed finals except for those noted. Any swimmer desiring a deck entry should report to the Meet Referee for lane availability before the start of the meet. Deck entry fee will be assessed.  
**Check in will be required for the 13 & Over 400 IM, 12 & Under 500 Free and 13 & Over 500 Free 30 minutes prior to the start of the meet.**
- EVENT LIMIT:** Swimmers may enter 4 individual events and 1 relay per day.
- ENTRIES:** Limited to the first 350 swimmers. All entries must include first and last name, age, USA number, events and best times in SCY (Short Course Yards) for events entered. **This is a SCY meet.**  
**\*Based upon the number of entries received and upon the timeline, the meet may be divided into two (2) eight (8) lane courses.\***
- ENTRY FEES:** \$5.00 per swimmer for MSI charge  
\$4.00 per individual event  
\$10.00 Deck (Late) Entry Fee  
\$10.00 Relay Fee  
\$10.00 Facility Charge **per swimmer**

- AWARDS:** Individual High Point Awards for each age group/sex:  
6 & Under, 7-8, 9-10, 11-12, 13-14 and 15 & Over High Point awards only.  
Any points scored in the 10 & Under events will count toward the swimmer's age group as of November 13, 2015.  
Ribbons 1st – 8th place.
- SCORING:** Individual Events: 9, 7, 6, 5, 4, 3, 2, 1  
Relays: Double points
- WARM-UPS:** Warm-up procedures will follow the MSI guidelines. Participating teams will be assigned to specific lanes for the warm-up period. All warm-up activities in a lane will be coordinated by a coach supervising the swimmers in that lane. The first 30 minutes of the warm-up session, or longer if the warm-up session is more than 50 minutes long, will be for general warm-ups. Swimmers must cautiously enter the pool feet first.  
**NO DIVING IS ALLOWED DURING THE GENERAL WARM-UPS.**  
In the last 20 minutes of the warm-up session, supervised diving and backstroke racing starts are permitted with one-way traffic. Diving is permitted only with the direct supervision of a USA Swimming registered coach.
- LANE ASSIGNMENTS/ TIMERS:** Lane assignments will be included in the Coaches' Packets as well as posted at the facility. Teams may also be responsible for providing timers for competition lanes based on number of entries
- ENTRY DEADLINE:** **Entries by HY-TEK ONLY must be in the hands of Merrie Hughes ([shockwavewebmaster@gmail.com](mailto:shockwavewebmaster@gmail.com)) later than Friday, November 6.** Late entries will be accepted when the lanes are available but will be charged double the entry fee. No swimmer may scratch one event and enter another. **Entries not received via HY-TEK will be charged an additional \$ 20.00 per swimmer entry.**
- MEET FEES:** Meet entry fees should be brought to the meet and given to the Meet Director. Coaches Packets will be distributed upon receipt of Meet Entry Fees.

**REPORTING:** Swimmers in all events will report directly to the starting blocks. All entry cards, except for relays, will be at the appropriate lane according to the heat sheet. It is the responsibility of the coach and the swimmers to see that the swimmer reports to his/her assigned lane at the proper time. There will not be a clerk of course or bullpen.

**OFFICIATING:** SWAT would greatly appreciate help from visiting teams. Please contact the Meet Director and/or Meet Referee if you have officials that can help. As a matter of USA Swimming insurance coverage, official's certification card must be carried on person. We also ask for a list of officials willing to work for any session when emailing your entries.

**HEAT SHEETS:** **HEAT SHEETS WILL NOT BE FOR SALE AT THE MEET.** Heat sheet will be posted on the Shockwave website ([www.shockwaveaquatics.com](http://www.shockwaveaquatics.com)) no later than Thursday, November 12 at 5:00 pm. Individuals must print out their own heat sheet.

**HOSPITALITY:** A hospitality room will be provided. Coaches and meet officials are invited for food and drink.

**CONCESSIONS:** Concessions will be available for purchase.

**MEET DIRECTOR:** Merrie Hughes  
4524 Whitechapel Lane  
Belden, MS 38826  
662-891-2464  
[shockwavewebmaster@gmail.com](mailto:shockwavewebmaster@gmail.com)

**MEET REFEREE:** Wade Kojima  
172 Whisper Lake Blvd.  
Madison, MS 39110  
601-668-3201  
[wkojima@comcast.net](mailto:wkojima@comcast.net)

**ADMINISTRATIVE OFFICIAL:** Jeanna Gray  
[jeanna@iae-tupelo.com](mailto:jeanna@iae-tupelo.com)

**MEET SCHEDULE:** Friday: Warm-ups 4:00 p.m. Meet 5:00 p.m.  
Deck seeded events will be swam fastest to slowest alternating Female/Male.  
**\*Check in will be required for the 13 & Over 400 IM, 12 &**

**Under 500 Free and 13 & Over 500 Free 30 minutes before the start of the meet. Swimmers in the 500 Free must provide their own timer and counter.**

Saturday and Sunday morning: Warm-ups 8:00 a.m.  
Meet will begin at 9:00 a.m.

## ORDER OF EVENTS

Friday, November 13

1	8 & Under 25 Fly	2
3	8 & Under 25 Back	4
5	13 & Over 400 IM (scored as 13-14/Senior	6
7	12 & Under 200 IM (scored as 9-10/11-12)	8
9	8 & Under 25 Breast	10
11	8 & Under 25 Free	12
13	13 & Over 500 Free (scored as 13-14/Senior)	14
15	12 & Under 500 Free (scored as 9-10/11-12)	16

## Order of Events

### Saturday, November 14

17	Senior 200 IM	18
19	13-14 200 IM	20
21	11-12 100 IM	22
23	10 & Under 100 IM	24
25	Senior 100 Back	26
27	13-14 100 Back	28
29	11-12 50 Back	30
31	10 & Under 50 Back	32
33	Senior 200 Breast	34
35	13-14 200 Breast	36
37	11-12 100 Breast	38
39	10 & Under 100 Breast	40
41	Senior 100 Free	42
43	13-14 100 Free	44
45	11-12 100 Free	46
47	10 & Under 100 Free	48
49	Senior 100 Fly	50
51	13-14 100 Fly	52
53	11-12 50 Fly	54
55	10 & Under 50 Fly	56
57	Senior 200 Free Relay	58
59	13-14 200 Free Relay	60
61	11-12 200 Free Relay	62
63	10 & Under 200 Free Relay	64

## ORDER OF EVENTS

### Sunday, November 15

65	Senior 200 Fly	66
67	13-14 200 Fly	68
69	11-12 100 Fly	70
71	10 & Under 100 Fly	72
73	Senior 200 Free	74
75	13-14 200 Free	76
77	11-12 200 Free	78
79	10 & Under 200 Free	80
81	Senior 100 Breast	82
83	13-14 100 Breast	84
85	11-12 50 Breast	86
87	10 & Under 50 Breast	88
89	Senior 200 Back	90
91	13-14 200 Back	92
93	11-12 100 Back	94
95	10 & Under 100 Back	96
97	Senior 50 Free	98
99	13-14 50 Free	100
101	11-12 50 Free	102
103	10 & Under 50 Free	104
105	Senior 200 Medley Relay	106
107	13-14 200 Medley Relay	108
109	11-12 200 Medley Relay	110
111	10 & Under 200 Medley Relay	112





**INFORMATION FORM FOR DISABLED SWIMMERS**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_/\_\_\_\_/\_\_\_\_.

EVENTS TO BE SWUM \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/

\_\_\_\_/\_\_\_\_/\_\_\_\_

TYPE OF DISABILITY

Blind \_\_\_\_\_ Mentally

Retarded \_\_\_\_\_ Deaf \_\_\_\_\_ Physical \_\_\_\_\_

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or

more limbs, multiple disabilities, etc.

\_\_\_\_\_

\_\_\_\_\_

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY  
NEEDED

ASSISTANCE:

\_\_\_\_\_

TYPE OF  
MEDICATION \_\_\_\_\_

PURPOSE OF  
MEDICATION \_\_\_\_\_

PARENT'S OR GUARDIAN'S  
NAME \_\_\_\_\_

PARENT'S OR GUARDIAN'S  
SIGNATURE \_\_\_\_\_

ATHLETES'S  
SIGNATURE \_\_\_\_\_

\_\_\_\_\_

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PHYSICIAN'S NAME (please

print) \_\_\_\_\_

PHYSICIAN'S  
ADDRESS \_\_\_\_\_

PHYSICIAN'S PHONE  
NUMBER \_\_\_\_\_

\_\_\_\_\_

I have examined the above Entrant and, in my opinion, there is no mental of physical

reason why he or she should not participate in USA Swimming competition.