



**Mississippi Swimming, Inc.**  
**8 & UNDER SPRING DEVELOPMENTAL MEET**  
**February 13, 2016**

- Hosted by:** Sunkist Swim Team, [www.sunkistswimteam.com](http://www.sunkistswimteam.com).
- Sanction:** Held under the sanction of USA Swimming and Mississippi Swimming, Inc.  
Sanction: MSI# 1602.
- Location:** Flowood YMCA  
690 Liberty Road  
Flowood, MS 39232  
(601) 664-6814
- Facilities:** Indoor 25 yard pool; 8 lanes using non-turbulent lane lines; Colorado Timing System, touch pads at one end with backup; 8 line scoreboard and computer interface with Hy-Tek Meet Manager; Paragon starting blocks on both ends. There will be no tobacco products or alcohol on the pool deck or any area frequented by swimmers. Concessions will be available, ample deck space, bleachers, First Aid and Life Guards on duty. Parking is available adjacent to YMCA. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Average water depth, measured in accordance with 202.3.7 is 4.5 feet at the start end and 4.5 feet at the turn end.
- Eligibility:** The meet is open to registered USA Swimming athletes. Athlete's registration number must accompany entries for consideration. Any person who enters an unregistered swimmer as registered is subject to a \$100 fine per swimmer as required by Mississippi Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet.
- Any swimmer entered in the meet must be certified by a USA Swimming coach member as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Coaches:** An individual must be a current coach member of USA Swimming to perform coaching duties.
- Meet Format:** All events will be conducted in short course yards and scored as timed finals in accordance with the rules of USA Swimming.
- Age Groups: 6 & Under, 7-Year and 8-Year.



- Limit of Events:** Swimmers are limited to five (5) individual events and two (2) relays.
- Entries:** Please use Hy-Tek software for entries. All entries must include: first and last name, age, USA number, events and best times in SCY (Short Course Yards) for the events entered. Entries will be limited to keep 12 and under sessions within the 4-hour rule. Teams will be notified of admittance into the meet upon receipt of entries.
- Entry Deadline:** Entries must be received via EMAIL by 5pm CST on February 5th.
- Late Entries:** Late entries may be accepted on a “lane available” basis. No new heats will be created. Late entries will not appear in the heat sheet.
- Entry Fees:** \$4.00 per individual event  
\$5.00 facility surcharge per swimmer  
\$5.00 MSI surcharge per swimmer  
\$10.00 per relay event
- Payment:** Make checks payable to: **SUNKIST SWIM TEAM.**
- Email Entries to:** coachdavidorr@gmail.com
- Scoring:** No scoring.
- Awards:** Medals for 1<sup>st</sup>–8<sup>th</sup> individual events and 1<sup>st</sup>–3<sup>rd</sup> relay events.  
Ribbons for 9<sup>th</sup>–16<sup>th</sup> individual events and 4<sup>th</sup>–8<sup>th</sup> relay events.
- Swimwear:** Swimwear will be according to Article 102.8 of USA Swimming Rules and Regulations. Deck changes are prohibited.
- Warm-Up:** MSI safety guidelines and procedures are in effect for this meet. Diving is not allowed in lanes with two way traffic. Diving is permitted only with the direct supervision of a USA Swimming registered coach.
- Schedule:** Saturday, February 13th:  
  
Warm-Up Session 1: 10:00–10:40am  
Warm-Up Session 2: 10:40–11:20am  
Competition Starts: 11:30am
- Seeding:** The meet will be pre-seeded according to current USA Swimming rules for timed finals. Entries submitted without times will be seeded as NT (No Time).
- Reporting:** Swimmers in all events will report directly to the starting blocks. All entry cards, except for relays, will be at the appropriate lane according to the heat sheet. It is the responsibility of the coaches and the swimmers to see that the swimmer reports to his/her assigned lane at the proper time. There will not be a clerk of course or bull pen.



**Scratches:** USA-Swimming Scratch rules for timed finals will be in effect. No swimmer may scratch from an entered event and then enter another event. No swimmer may enter a later event to make up for a missed event.

**Four Hour Rule:** If an age group event for swimmers 12 years old and under is swum after the session has been running four (4) hours, each involved swimmer has the option of either swimming that event or receiving a refund for that event. A swimmer desiring the refund must declare his/her intent to the Meet Director before the end of the session. There will be no refund for swimmers not in attendance.

**Heat Sheets:** Heat sheets will be provided for free online on the Sunkist website.

**Hospitality:** Hospitality room provided for registered coaches and meet officials.

**Officials:** Certified officials of USA Swimming who are available to work the meet are asked to notify Meet Referee by email for session consideration.

**Meet Director:** David Orr  
818-640-5897  
[coachdavidorr@gmail.com](mailto:coachdavidorr@gmail.com)

**Admin Referee:** John Skains  
601-573-2845  
[skainsj@bellsouth.net](mailto:skainsj@bellsouth.net)

**Referee:** Karen Dierolf  
601-573-5538  
[dierolfk@bellsouth.net](mailto:dierolfk@bellsouth.net)

**Hotels:** There are numerous hotels near the pool and in the Jackson Metro Area.

**Dining & Retail:** Jackson Metro Area is home to many wonderful restaurants and shopping opportunities, from large department stores and unique boutiques, to specialty shops and the new Outlets Of Mississippi.

Dogwood Festival Market & Promenade  
[www.dogwood-festival.com](http://www.dogwood-festival.com)

Market Street - Flowood  
[www.marketstreet-flowood.com](http://www.marketstreet-flowood.com)

Outlets of Mississippi  
<http://www.outletsofms.com/>

Renaissance at Colony Park  
<http://www.renaissanceatcolonypark.com/>



**MSI 8 & Under Spring Developmental Meet**  
**Order of Events**

<b><u>Girls</u></b>	<b><u>Event</u></b>	<b><u>Boys</u></b>
1	8-U 100 Free Relay	2
	(5 minute break)	
3	6-U 25 Free	4
5	7 year 25 Free	6
7	8 year 25 Free	8
9	6-U 25 Back	10
11	7 year 50 Back	12
13	8 year 50 Back	14
15	6-U 50 Free	16
17	7 year 100 Free	18
19	8 year 100 Free	20
21	6-U 25 Breast	22
23	7 year 25 Breast	24
25	8 year 25 Breast	26
27	6-U 25 Fly	28
29	7 year 50 Fly	30
31	8 year 50 Fly	32
33	7 year 25 Back	34
35	8 year 25 Back	36
37	7 year 50 Free	38
39	8 year 50 Free	40
41	7 year 50 Breast	42
43	8 year 50 Breast	44
45	7 year 25 Fly	46
47	8 year 25 Fly	48
49	7 year 100 IM	50
51	8 year 100 IM	52
	(5 minute break)	
53	8-U 100 Medley Relay	54

\*\*\* Meet management reserves the right to insert breaks  
and/or to limit competition lanes to insure there is enough  
time for swimmers between events.





**TEAM ENTRY SUMMARY SHEET**

**CLUB NAME:** \_\_\_\_\_

**ABBREVIATION:** \_\_\_\_\_

**COACHES:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**TEAM ADDRESS** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PHONE:** \_\_\_\_\_

**Total Number of Swimmers MSI**                    \_\_\_\_\_ x \$5.00 = \_\_\_\_\_  
**Total Number of Swimmers Facility**                    \_\_\_\_\_ x \$5.00 = \_\_\_\_\_  
**Total Number of Individual Entries**                    \_\_\_\_\_ x \$4.00 = \_\_\_\_\_  
**Total Number of Relay Entries**                    \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

**Entry Fees Total Due:** \_\_\_\_\_

**RELEASE**

On behalf of each of the listed competitors, I understand and agree that USA Swimming, Inc., Mississippi Swimming, Inc., Sunkist Swim Team and the city of Flowood, MS, shall be free of all liabilities or claims for loss of valuables or damages arising by any reason of injuries to anyone during travel to or from this meet or during conduct of this meet or during any social gathering associated with this meet and expressly agree to waive claim as condition of being allowed to enter this meet.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Team Coach or Representative**