**State Games of MS**

**July 8-10, 2016**

**Hosted by:** Meridian Swimming Association and Meridian Community College

**Sponsored**

**by:** Hilton Garden Inn and Hampton Inn

**Sanction:** Held under the sanction of USA Swimming and Mississippi Swimming, Inc.

Sanction: #1619

**Location:** Damon Fitness Center

Meridian Community College

910 Hwy 19 North

Meridian, MS 39307

601-484-8726

<http://www.mcc.cc.ms.us/fitnesscenter/images/fitness_center_map.pdf>

**Facilities:** Indoor 25 meter pool; 6 lanes using non-turbulent lane lines; Colorado Timing System, touch pads with backup; 6 line scoreboard and computer interface with Hy-Tek Meet Manager; starting blocks to be used at the deep end. There will be no tobacco products or alcohol on the pool deck or any area frequented by swimmers. Concessions/hospitality will be available at the pool, ample deck space. Lifeguards will be on duty. Parking is available adjacent to Damon Fitness Center. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. DECK CHANGING IS PROHIBITED.

The competition course has not been certified in accordance with 104.2.2C(4). Average water depth, measured in accordance with 202.3.7 is 10 feet at the start end and 4 feet at the turn end.

**Eligibility:** The meet is open to all USA registered swimmers. Any swimmer entered in the meet must be certified by a USA Swimming coach member as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Age of swimmer as of July 8, 2016 will determine the age of the duration of the meet. The person responsible for entering an unregistered swimmer as registered will be subject to a fine of $100.00 per swimmer. This will be enforced by MSI through their Review Section. SWIMMERS WITHOUT USS REGISTRATION NUMBERS WILL BE REJECTED.

**Meet Format:** All events will be conducted in short course meters and scored as timed finals in accordance with the rules of USA Swimming. Meet Management reserves the right to adjust event limits, if necessary, based upon entries. This may include combining heats and events, which actions may require reseeding. **After receiving all entries, the Meet Committee reserves the right to split sessions if it should exceed 4 hours.** All events will be pre-seeded. The host team reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time. All entries will need to be sent in SCM. All times listed in the psych sheet, heat sheets and results will be reported in SCM.

**Coaches:** An individual must be a current coach member of USA Swimming to perform coaching duties. Non-certified coaches may observe the meet, but should not sit in coach’s area. COACHES PACKETS WILL BE GIVEN TO THOSE COACHES PRESENTING CREDENTIALS.

**Reporting**: Swimmers in all events will report directly to the starting blocks. All entry

cards, except for relays, will be at the appropriate lane according to the heat

sheet. It is the responsibility of the coach & the swimmers to see that the

swimmer reports to his/her assigned lane at the proper time. THERE WILL

NOT BE A CLERK OF COURSE OR BULLPEN.

**Limit of**

**Events:** Swimmers are limited to five (5) individual events and one (1) relay per day.

**Entries:** Please use Hy-Tek software for entries. All entries must include: first and last name, age, USA number, events and best times in SCM (Short Course Meters) for the events entered.

**Meet Entry**

**Limit:** 250 Swimmers per session

Meet host reserves the right to exceed these numbers by no more than 15% to prevent the splitting of teams.

**Entry**

**Deadline:** Entries must be received **via EMAIL by 11:00 pm CST on June 30, 2016.**

**Late Entries:** Late entries may be accepted on a “lane available” basis. No new heats will be created. Late entries will not appear in the heat sheet.

**Entry Fees:** $10.00 facility surcharge per swimmer

$5.00 MSI surcharge per swimmer

$4.00 per individual event

$10.00 per relay event

**Payment:** Make checks payable to MSA.

**E-mail**

**Entries to:**  wadeheggie@comcast.net

Meridian Community College

Wade Heggie  
 910 Highway 19 North

Meridian, MS 39307

**Scoring:** Individual events: 9,7,6,5,4,3,2,1

Relay events: 18,14,12,10,8,6,4,2

All Mixed Events (except otherwise specified under Sessions) will be scored out as Boys/Girls 8 & U, 9-10, 11-12, 13-14, & Senior. All Mixed 8 & U events will be scored out as Boys/Girls 6 & U and 7-8.

**Awards:**  Medals for 1st-3rd

Ribbons for 4th-8th

Individual High Point Awards for each age group/sex

No Team awards

**Swim Wear:** Swim Wear will be according to Article 102.8 of USA Swimming

Rules and Regulations. 102.8 Swimwear, .1 Design, A. Swimsuits

worn for all 12 & under age group defined competition shall not

cover the neck, extend past the shoulder, nor past the knee.

**Warm-Up:** MSI safety guidelines and procedures are in effect for this meet. Diving is not allowed in lanes with two way traffic. Diving is permitted only with the direct supervision of a USA Swimming registered coach.

**Schedule:** Friday p.m. Warm-ups 5:00 p.m. - 6:15 p.m.

Competition 6:15 p.m.

Saturday a.m. Warm-ups 9:00 a.m. - 10:00 a.m.

Competition 10:15 a.m.

Sunday a.m. Warm-ups 9:00 a.m. - 10:00 a.m.

Competition 10:15 a.m.

Warm-ups may be split if needed. Teams will be notified if there is a change.

**Seeding:** The meet will be pre-seeded according to current USA Swimming rules for timed finals. Entries submitted without times or unreadable times will be seeded at NT (No Time).

**Scratches:** USA-Swimming Scratch rules for timed finals will be in effect. No swimmer may scratch from an entered event and then enter another event. No swimmer may enter a later event to make up for a missed event.

**Four Hour**

**Rule:** If an age group event for swimmers 12 years old and under is swum after the session has been running four (4) hours, each involved swimmer has the option of either swimming that event or receiving a refund for that event. A swimmer desiring the refund must declare his/her intent to the Meet Director or the meet director’s designee. There will be no refund for swimmers not in attendance.

**Officials:** Certified officials who are members of USA Swimming and are available to work the meet are asked to notify the Meet Referees by email.

**State Games**

**Information:** Please provide the t-shirt size for your athletes and coaches. Goodie bags will be given to all athletes and coaches.

**Meet Director: Referee: Admin-Official**

Wade Heggie Allison Mitchell Erica Heggie

601-484-8763 601-750-2584 601-595-1740

wadeheggie@comcast.net [slc3603@bellsouth.net](mailto:slc3603@bellsouth.net) ericaheggie@comcast.net

**Session I**

Friday afternoon

Warm-up 5:00 p.m. / Competition at 6:15 p.m.

Girls Event Boys

1 Mixed Open 400 Free Relay 1

2 Mixed 200 IM 2

5 Minute Break

3 Mixed 12 & Under 800 Free^ 3

4 Mixed 13 & Over 1,500 Free^^ 4

**Note: ^ 800 Free will be scored out as 10 & U and 11-12. ^^ 1500 Free will be scored as 13-14 and 15 and over.**

**Session II**

Saturday a.m.

Warm-up at 9:00 a.m. / Competition at 10:15

Girls Event Boys

5 Mixed 8 & Under 100 Free Relay 5

6 Mixed 10 & Under 200 Free Relay 6

7 Mixed 11-12 200 Free Relay 7

8 Mixed 13-14 200 Free Relay 8

9 Mixed Senior 200 Free Relay 9

10 Mixed 100 IM 10

11 Mixed 8 & U 25 Fly 11

12 Mixed 50 Fly 12

13 Mixed 8 & U 50 Breast 13

14 Mixed 50 Breast 14

15 Mixed 200 Fly 15

16 Mixed 8 & U 25 Free 16

17 Mixed 100 Free 17

18 Mixed 8 & U 50 Back 18

19 Mixed 100 Back 19

20 Mixed 200 Breast 20

10 Minutes Break

21 Mixed 400 Free\* 21

**\*Note: 400 Free will be scored out as Boys/Girls 10 & U, 11-12, 13-14 & Senior.**

**Session III**

Sunday a.m.

Warm-up 9:00 a.m. / Competition 10:15 a.m.

Girls Boys

22 Mixed 8 & Under 100 Medley Relay 22

23 Mixed 10 & Under 200 Medley Relay 23

24 Mixed 11-12 200 Medley Relay 24

25 Mixed 13-14 200 Medley Relay 25

26 Mixed Senior 200 Medley Relay 26

27 Mixed 8 & U 50 Free 27

28 Mixed 200 Free 28

29 Mixed 8 & U 50 Fly 29

30 Mixed 100 Fly 30

31 Mixed 8 & U 25 Breast 31

32 Mixed 100 Breast 32

33 Mixed 8 & U 25 Back 33

34 Mixed 50 Back 34

35 Mixed 200 Back 35

36 Mixed 50 Free 36

10 minute break

37 Mixed 400 IM\* 37

**\*Note: 400 IM will be scored out as Boys/Girls 10 & U, 11-12, 13-14, and Senior.**

**Mississippi Swimming, Inc.**

**INFORMATION FORM FOR DISABLED SWIMMERS**

**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**AGE: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ (MM/DD/YY)**

**EVENTS TO BE SWAM \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/**

**TYPE OF DISABILITY:**

**BLIND \_\_\_\_\_ MENTALLY RETARDED \_\_\_\_\_ DEAF \_\_\_\_\_ PHYSICAL \_\_\_\_\_**

**OTHER \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**EXTENT OF DISABILITY: Be specific e.g. totally or partially blind totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**THE FOLLOWING PERSON (S) WILL ACCOMPANY THE SWIMMER FOR ANY**

**NEEDED ASSISTANCE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**TYPE OF MEDICATION: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PURPOSE OF MEDICATION: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT’S OR GUARDIAN’S NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT’S OR GUARDIAN’S SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ATHLETE’S SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PHYSICIAN’S NAME (PLEASE PRINT): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PHYSICIAN’S ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PHYSICIAN’S PHONE NUMBER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he/she should not participate in United States Swimming Competition.**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Physician’s Signature Date**

**TEAM ENTRY SUMMARY SHEET**

**CLUB NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ABBREVIATION: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**COACHES: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**TEAM ADDRESS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PHONE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**TEAM Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Number of Swimmers (MSI Surcharge) \_\_\_\_\_\_\_\_\_\_\_ x $5.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Facility Charge \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $10.00=\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Number Individual Entries \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x $4.00=\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Number of Relay Entries \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x $10.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Entry Fees Total Due: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**RELEASE**

**On behalf of each of the listed competitors, I understand and agree that USA Swimming, Inc., Mississippi Swimming, Inc., Meridian Swim Association, City of Meridian, MS, and Meridian Community College, and shall be free of all liabilities or claims for loss of valuables or damages arising by any reason of injuries to anyone during travel to or from this meet or during conduct of this meet or during any social gathering associated with this meet and expressly agree to waive claim as condition of being allowed to enter this meet.**

**Signed\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**