



MS Swimming, Inc.
Long Course State Championships
July 21 - 24, 2016

- Sanction:** Held under the sanction of USA Swimming and MS Swimming, Inc.
Meet Sanction: #1620 / Time Trial: #1620TT
- Host:** Shockwave Aquatic Team (www.shockwaveaquatics.com)
- Location:** Tupelo Aquatic Center
692 Veteran's Memorial Boulevard Tupelo, MS 38804
(662) 840-3768

Facilities: Indoor 8 lane (M) 16-lane (Y), 50 meter by 25-yard competition pool. The competition venue for short course has two eight lane courses, minimum width 8.5'. The competition depth ranges from 4'9" to 12'9". The short course yard pool setup includes up to 16 lanes, six-inch Competitor lane lines, 4'9" minimum depth, with one movable bulkhead. Equipment includes Paragon Track Start Competitor blocks. The building is designed with permanent upstairs seating for 970 spectators. Continuous warm-down area will be provided. Hospitality will be provided for coaches and officials. Concessions, on-deck bleachers (for seating up to 500 swimmers only) and first aid will be provided. The competition course has been certified in accordance with 104.2.2.C(4).

Parents and spectators are not allowed on the pool deck, unless timing or officiating.

Timing: Colorado Time System 6, Colorado Aquagrip pads, Colorado System Full Matrix LED Scoreboard, and Hy-Tek Meet Manager.

Rules: Current USA Swimming Rules and Regulations will govern the conduct of the meet unless otherwise noted herein.

Eligibility/Qualifying: The meet is open to USA Swimming registered athletes who are in good standing with Mississippi Swimming, Inc. The athlete's registration identification number must accompany entries for consideration. The athletes must have entered and competed in an MSI sanctioned meet between July 16, 2015 and the entry deadline for the current championship.

Registration: For the 2016 Mississippi Swimming Long Course Championship, a swimmer's registration must have been received and issued by the MS LSC Registration Chair on or before July 6, 2016. A swimmer's age on the first day of the meet (July 21, 2016) will determine his or her age for the entire meet. Any team with outstanding fines (registration, proof of time, meet close-out) not paid by the meet entry date, will be entered as unattached (UNAT).

Please note: A person entering an unregistered swimmer will be subject to a fine of \$100 per swimmer.

Racing Starts: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Relay Eligibility: Only swimmers entered in the meet are allowed to participate in relay events unless declared as a relay only swimmer according to the “Relay Only” entry procedure stated below. Each relay team must have at least two swimmers who have any eligible qualifying time in an individual event for the age group of the relay. For Senior Relays, a swimmer must be 11 years of age or older on the first day of the meet to be entered in a Senior relay and at least two of the relay swimmers must have an eligible 15 and older qualifying time in an individual event.

“Relay Only” swimmers must be entered in the meet by the end of warm-ups on Thursday afternoon. "Relay Only" swimmers must meet all meet entry eligibility requirements. Entries on the recap sheet must show name, age, and a current USA Swimming identification number of all entered swimmers including “relay only” swimmers. “Relay Only” swimmer entry information should be submitted on a separate sheet of paper and provided directly to the Administrative Referee prior to the end of warm-ups on Thursday afternoon if not already submitted with a team’s entries. A “Relay Only” swimmer entry form is provided in this invitation.

Payment of entry fees for Relay Only Swimmers must accompany the entry form submitted to the Administrative Referee.

Swimmers with Disabilities: Swimmers with disabilities may enter the meet without regard to time standards. Swimmers with disabilities can score points subject to meet scoring criteria. Please attach disability form with meet entries so time standards can be overridden.

Coaches: Coaches must be current USAS Coach Members in order to perform deck duties and should be prepared to show credentials if requested. If a coach is not currently certified, he/she may observe the meet as any other observer, but may not coach or sit in the coaches’ area. Coaches’ meeting times are listed in the meet schedule section.

Supervision: A USA swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Meet Format:

Preliminary/final events and timed final events.

A swimmer who has achieved one (1) or more 'BB' qualifying times for the meet may swim up to two (2) bonus events using a 'B' time or faster within the seven (7) event limit. The 'B' qualifying time cannot be used for any event 400 yards or longer. *Please indicate the bonus event entries by checking the appropriate box in your meet entry software.*

A swimmer who qualifies for the 1000y free/800m free may swim the 1650 and vice versa using the time standard for the event entered as the entry time, this is not considered a bonus event.

All 10 and under events will be timed finals to be swum during preliminaries.

All 10 and under, 11-12, and 13-14 relays will be swum in their order in the preliminary session. The senior relays will be swum as designated in the order of events. A swimmer may swim one (1) relay per session.

Positive check-in is required for the 400 IM, 400 Freestyle, 800 Freestyle, and 1500 Freestyle events. For these events, swimmers must provide their own timer. Positive check-in will close 30 minutes prior to the end of warm-ups on the day of the event. **These events will have a 10 minute break prior to the start of the event.**

The 800 Free and 1500 Free will be swum as timed finals events during prelims, combined ages, fastest to slowest, alternating girls/boys. For 13 and older, the 400 I.M. and the 400 Free, the top 8 seeded swimmers will swim in the finals session. The remaining swimmers entered in that event will swim during prelims, combined ages, fastest to slowest, alternating girls/boys.

For 11 and older swimmers, all individual events other than the 400 IM, 400 Free, 800 Free, and 1500 Free will be circle seeded and swum twice regardless of the number of swimmers entered. The swimmers with the sixteen fastest times in each individual event, except for 13 and over 400 IM and 400 Free, will qualify for finals session.

Entry Limits: A swimmer may enter a maximum of **seven (7) individual events** for the entire meet, and no more than **three (3) individual events** per day. A swimmer may enter **one (1) relay** per session. For relays, time trials count as a separate session. Time trial individual events count as one of the three (3) individual events allowed on a given day, but do not count as one of the seven (7) individual events in the meet.

Entries: All entries must be received no later than **5:00 p.m., JULY 17, 2016. NO late entries will be accepted.**
Late entries refers to either additional swimmers or additional events.

Entries via e-mail of Hy-Tek files are preferred and should be submitted to ms.lsc.meet.entries@gmail.com.

ENTRIES SHOULD NOT BE SENT TO THE HOST CLUB.

Entries must be must also be accompanied by a .doc or .pdf file export summary of individual entries by swimmer with bonus events noted, relays by event and fee summary with non-conforming times highlighted.

Recap sheets must show name, age, and current USA Swimming number of all entered swimmers. This also applies for relay only swimmers (relay only swimmers should be submitted on a separate sheet)

Please note: A person entering an unregistered swimmer will be subject to a fine of \$100 per swimmer.

If mailing, please mail signed release forms, recap sheets, and entries to:

Alissa Kojima
172 Whisper Lake Blvd
Madison, MS 39110
847.809.9550

ms.lsc.meet.entries@gmail.com

Please notify us if entries are shipped any way other than U.S. Post Office. Waive signatures so that no one has to sign for the parcel and it will be delivered.

Entry Fees: \$3.50 per individual event
\$10.00 per relay event
\$5.00 MSI surcharge per swimmer (including relay-only swimmers)
\$5.00 per swimmer facility surcharge
\$5.00 per time trial event

Make checks payable to: **Shockwave Aquatics**

Mail entry fees to: **Alissa Kojima**
172 Whisper Lake Blvd
Madison, MS 39110
847.809.9550
ms.lsc.meet.entries@gmail.com

Time Trials: Time Trials may be held at the end of competition on Thursday and between prelims and finals on Friday, Saturday, and Sunday. Time Trials will be subject to the limit of event rules (See above) and will be held at the discretion of the Meet Referee.

Requests for Time Trials must be submitted to the Administrative Referee by 10 a.m. each day with the proper corresponding payment of Time Trial entry fees.

Non-Conforming Times: Swimmers may qualify with long course meters (LCM) short course meters (SCM), and short course yards (SCY). Please use the actual time LCM, SCM, or SCY for entry. **Do not convert times or use the SCM or SCY time standard.** Non-conforming times are entered behind (slower than) the LCM time. [For example, a 14 year old boy entered in the 1500 with a LCM time of 20:00.00 will be seeded ahead of a 16 year old boy entered with a SCY time of 19:00.00.]

Proof of Time: A swimmer may swim those events for which they have achieved a valid qualifying time and bonus events as outlined previously. Teams will be provided an exception report of non-proven times. Coaches will have 24 hours to submit a correction to the entry time or proof for the original entry time. If the time is not proven or correction provided, the swimmer's entry will be removed from that event. Acceptable verification of entries are final meet results with the cover sheet or meet summary sheets with team license from the host team if an out-of-state team does not send final results. Times from USA Swimming's SWIMS database are acceptable to prove times. Meet Mobile results are not acceptable to prove times.

Seeding: Seeding will be done according to Article 102.5 of USAS Rules and Regulations.

Scratches: Coaches are encouraged to and should provide the Meet Referee his/her scratches from preliminary events prior to the beginning of the sessions. This is not required and will not result in a penalty. However, modified USA Swimming Championship Scratch Rules and Procedures apply for scratching from finals and deck seeded events. Failure to swim is subject the following rules.

1. Failing to swim in a deck seeded event after a positive check-in will result in the swimmer being barred from his/her next individual event whether a preliminary or final event.
2. Any swimmer failing to properly scratch and failing to compete in the consolation finals or finals will result in the swimmer being barred from his/her next individual event. The "next" event for the athlete being penalized will be reseeded according to 207.11.6D2-4 as time permits.

There will be no penalty for not competing in pre-seeded relays.

Per USA Swimming Rule 207.11.6.D (1), declared false starts are not allowed in the bonus, consolation, or championship final heats of a prelims/finals event.

Reporting: Swimmers in all events will report directly to the starting blocks. It is the responsibility of the swimmer to see that they report to his/her lane at the proper time. The meet will not be delayed to wait for any swimmer.

Meet Schedule:

	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Warm Ups	Sess.1- 2:30-3:15 p.m. Sess.2 - 3:15-4:00 p.m.	Sess. 1- 6:30-7:15 a.m. Sess. 2- 7:15-8:00 a.m.	Sess. 1- 6:30-7:15 a.m. Sess. 2- 7:15-8:00 a.m.	Sess. 1- 6:30-7:15 a.m. Sess. 2- 7:15-8:00 a.m.
Officials Meeting	3:30 p.m.	7:00 a.m.	7:00 a.m.	7:00 a.m.
Coaches Meeting	2:00 p.m.	if needed	if needed	if needed
Competition	4:15 p.m.	8:15 a.m.	8:15 a.m.	8:15 a.m.

All teams and unattached swimmers must send a representative to the coaches meeting on Thursday.

All teams will be notified by the Meet Director prior to the meet of their morning warm-up session assignments.

Finals Schedule: There will be one 50 minute warm-up session to start not before 3 hours following the conclusion of the preliminary session. Actual start time of warm-ups will be announced each day during prelims. Finals competition will begin one hour after the start of warm-ups.

Warm-Ups:

Preliminary Session (assigned warm-up lanes):

Preliminary Session warm-up procedures will follow the MSI guidelines. Participating teams will be assigned to specific lanes for the warm-up period. All warm-up activities in a lane will be coordinated by a coach supervising the swimmers in that lane. The first 30 minutes of the warm-up session, or longer if the warm-up session is more than 50 minutes long, will be for general warm-ups. Swimmers must cautiously enter the pool feet first. **NO DIVING IS ALLOWED DURING THE GENERAL WARM-UPS.** In the last 20 minutes of the warm-up session, supervised diving and backstroke racing starts are permitted with one-way traffic. Diving is permitted only with the direct supervision of a USA Swimming registered coach.

Finals Session (if no assigned warm-up lanes):

MSI safety guidelines and warm-up procedures will be in effect at this meet. The first 30 minutes will be general warm-ups. All warm-up activities in a lane will be coordinated by a coach supervising the swimmers in that lane. The first 30 minutes of the warm-up session will be for general warm-ups. Swimmers must cautiously enter the pool feet first. **NO DIVING IS ALLOWED DURING THE GENERAL WARM-UPS.** In the last 20 minutes of the warm-up session, supervised diving and backstroke racing starts are permitted with one-way traffic. Diving is permitted only with the direct supervision of a USA Swimming registered coach.

Lane Assignments/Timers: Lane assignments will be included in the Coaches' Packets as well as posted at the facility. Teams may also be responsible for providing timers for competition lanes based on number of entries.

Scoring: Only qualifying times achieved in an individual event during timed finals or final events will score.

Individual – 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relays – 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

A team may score two relay teams per relay event.

Awards:

Medals: 1st – 8th

Championship Ribbons: 9th – 16th Consolations

Team Banners: 1st – 5th

High Point & Runner-up Awards: Male & Female of each age group

(19 and older swimmers, not enrolled in high school, will be scored but are not eligible for high point awards.)

Possession of the Magnolia Cup will be awarded to the winning team until the next MSI Championship meet.

Officials: Only MSI certified officials will be used. No provisional officials will be trained at this meet except as completion of Administrative Referee certification. Requests to complete Administrative Referee certification should be made to the Meet Referee prior to the meet.

Meet Committee: A meet committee of five (5) members will be appointed by the Meet Referee. The committee will be comprised of an athlete, at least one coach, and three other non-athlete registered members of USA Swimming. Meet committee members will not be allowed to hear a grievance involving their own club. Alternates will be appointed by the Meet Referee in case of conflict(s) of interest.

Additional: A committee consisting of Technical Planning Committee Chair, Officials Committee Chair, LSC General Chair, and the Meet Director will convene if needed to make recommendations to meet management and the host team to keep the meet running smoothly and in line with the projected time-line.

The Administrative Referee of the MSI State Championship will help the host team with the final results.

Meet Director: Merrie Hughes
4524 Whitechapel Lane
Belden, MS 38826
662-891-2464
shockwavewebmaster@gmail.com

Meet Referee: Wade Kojima, MSI Officials Committee Chair
wkojima@comcast.net

Administrative Referee: Alissa Kojima
ms.lsc.meet.entries@gmail.com

Conduct: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker room. **Absolutely NO cell phones or cameras** are allowed in the boys or girls bathrooms in the Aquatic Center.

Deck changing is prohibited.

Swimwear: Swimwear will be according to Article 102.8 of USA Swimming Rules and Regulations.

Heat Sheets will be available for purchase by Shockwave Aquatics

2013-2016 MSI State Meet Qualifying Standards

10 & Under Girls				10 & Under Boys		
SCY	SCM	LCM	Events	LCM	SCM	SCY
35.69	39.39	40.69	50 Free	39.69	38.59	34.99
1:21.09	1:29.59	1:32.19	100 Free	1:30.89	1:27.69	1:19.39
2:58.29	3:16.99	3:23.39	200 Free	3:13.29	3:08.09	2:50.19
7:39.49	6:42.09	6:51.59	400/500 Free	6:44.59	6:36.09	7:32.59
43.29	47.79	49.59	50 Back	49.49	47.79	43.19
1:33.49	1:43.29	1:48.39	100 Back	1:43.89	1:40.29	1:30.79
47.79	52.79	54.69	50 Breast	54.69	52.49	47.49
1:45.59	1:56.69	2:01.69	100 Breast	1:58.39	1:52.69	1:41.99
42.39	46.79	47.89	50 Fly	46.79	45.79	41.39
1:40.39	1:50.89	1:53.99	100 Fly	1:52.79	1:49.89	1:39.39
1:32.39	1:42.09	X	100 IM	X	1:39.89	1:30.39
3:17.29	3:37.99	3:43.89	200 IM	3:42.49	3:36.99	3:16.29
2:22.79	2:37.59	2:42.79	200 Free Relay	2:38.79	2:34.39	2:19.99
3:05.49	3:24.89	3:32.79	200 Med Relay	3:27.29	3:20.09	3:01.09
11-12 Girls				11-12 Boys		
SCY	SCM	LCM	Events	LCM	SCM	SCY
31.69	35.09	35.99	50 Free	35.09	33.99	30.69
1:08.29	1:15.49	1:18.99	100 Free	1:16.29	1:14.09	1:06.99
2:29.69	2:45.39	2:50.69	200 Free	2:46.19	2:41.29	2:25.99
6:38.59	5:48.89	5:56.49	400/500 Free	5:48.69	5:43.79	6:32.79
13:44.69	12:01.69	12:30.19	800/1000 Free	12:19.59	11:50.19	13:31.49
36.09	39.79	41.69	50 Back	41.49	39.79	36.09
1:19.49	1:27.79	1:31.09	100 Back	1:30.09	1:25.59	1:17.49
40.59	44.79	45.59	50 Breast	45.99	44.59	40.29
1:28.69	1:37.99	1:41.89	100 Breast	1:39.99	1:35.59	1:26.49
34.59	38.19	38.79	50 Fly	39.29	38.39	34.69
1:19.39	1:27.69	1:29.69	100 Fly	1:28.29	1:25.69	1:17.59
1:19.19	1:27.49	X	100 IM	X	1:25.19	1:17.19
2:49.49	3:07.29	3:13.49	200 IM	3:11.39	3:04.99	2:47.39
2:06.79	2:20.39	2:23.99	200 Free Relay	2:20.39	2:15.99	2:02.79
2:35.49	2:51.89	2:57.39	200 Med Relay	2:54.29	2:47.49	2:31.49

2013-2016 MSI State Championship Qualifying Standards (BB)

13-14 Girls				13-14 Boys		
SCY	SCM	LCM	Events	LCM	SCM	SCY
30.49	33.69	34.89	50 Free	31.99	31.19	28.19
1:06.29	1:13.29	1:15.49	100 Free	1:10.79	1:08.09	1:01.59
2:22.89	2:37.99	2:42.69	200 Free	2:33.79	2:28.29	2:14.19
6:22.39	5:34.59	5:41.19	400/500 Free	5:27.89	5:16.49	6:01.69
13:08.29	11:29.89	11:41.99	800/1000 Free	11:21.79	10:54.39	12:27.69
21:53.19	21:45.59	22:23.09	1500/1650 Free	21:35.29	20:44.69	20:51.99
1:12.69	1:20.39	1:23.69	100 Back	1:18.99	1:15.49	1:08.29
2:36.29	2:52.79	2:59.39	200 Back	2:49.89	2:42.49	2:27.09
1:22.99	1:31.69	1:35.49	100 Breast	1:28.09	1:24.79	1:16.69
3:00.19	3:19.09	3:26.69	200 Breast	3:14.49	3:05.19	2:47.59
1:12.19	1:19.79	1:21.79	100 Fly	1:16.29	1:14.09	1:07.09
2:40.09	2:56.89	2:59.49	200 Fly	2:49.59	2:44.49	2:28.89
2:40.79	2:57.69	3:05.29	200 IM	2:53.69	2:46.09	2:30.29
5:42.19	6:18.09	6:30.39	400 IM	6:08.79	5:53.99	5:20.29
2:01.99	2:14.79	2:19.59	200 Free Relay	2:07.99	2:04.79	1:52.79
4:25.19	4:53.19	5:01.99	400 Free Relay	4:43.19	4:32.39	4:06.39
2:24.49	2:39.69	2:45.39	200 Medley Relay	2:33.69	2:28.39	2:14.29
4:54.19	5:25.19	5:36.19	400 Medley Relay	5:14.19	5:02.49	4:33.69
15 & 16 Girls				15 & 16 Boys		
SCY	SCM	LCM	Events	LCM	SCM	SCY
29.99	33.19	34.29	50 Free	30.19	29.69	26.89
1:04.99	1:11.79	1:14.09	100 Free	1:07.39	1:04.89	58.69
2:19.99	2:34.69	2:39.49	200 Free	2:27.89	2:21.89	2:08.39
6:12.69	5:26.19	5:34.69	400/500 Free	5:12.79	5:04.49	5:47.89
12:51.69	11:15.39	11:30.19	800/1000 Free	10:50.69	10:31.49	12:01.49
21:27.19	21:19.79	22:09.69	1500/1650 Free	20:43.39	20:06.29	20:13.29
1:10.79	1:18.29	1:22.29	100 Back	1:15.49	1:11.49	1:04.69
2:32.99	2:49.09	2:55.79	200 Back	2:41.39	2:35.49	2:20.69
1:21.99	1:30.59	1:33.89	100 Breast	1:25.49	1:21.29	1:13.59
2:56.39	3:14.89	3:21.19	200 Breast	3:04.09	2:57.29	2:40.49
1:10.69	1:18.19	1:19.99	100 Fly	1:12.69	1:10.59	1:03.89
2:34.89	2:51.09	2:55.89	200 Fly	2:41.49	2:37.29	2:22.29
2:36.79	2:53.29	3:00.29	200 IM	2:45.49	2:38.29	2:23.29
5:32.89	6:07.89	6:18.79	400 IM	5:51.59	5:39.99	5:07.69
1:59.96	2:12.79	2:17.19	200 Free Relay	2:00.79	1:58.79	1:47.59
2:21.79	2:36.79	2:42.39	200 Medley Relay	2:27.09	2:21.39	2:07.99
4:19.99	4:47.19	4:56.39	400 Free Relay	4:29.59	4:19.59	3:54.79
4:48.49	5:18.89	5:30.29	400 Medley Relay	5:01.09	4:48.29	4:20.89

2013-2016 MSI State Championship Qualifying Standards (BB)

17 & Over Girls			17 & Over Boys			
SCY	SCM	LCM	Events	LCM	SCM	SCY
29.69	32.89	34.09	50 Free	30.29	29.09	26.29
1:04.49	1:11.19	1:13.99	100 Free	1:06.39	1:03.69	57.69
2:18.49	2:33.09	2:38.69	200 Free	2:25.89	2:19.59	2:06.29
6:10.89	5:24.59	5:33.29	400/500 Free	5:08.89	4:59.29	5:41.99
12:47.19	11:11.39	11:26.79	800/1000 Free	10:43.79	10:26.69	11:56.09
21:27.19	21:19.69	21:58.49	1500/1650 Free	20:26.29	19:48.89	19:55.79
1:09.99	1:17.29	1:21.59	100 Back	1:14.39	1:09.49	1:02.89
2:30.99	2:46.89	2:54.99	200 Back	2:40.69	2:31.19	2:16.89
1:19.79	1:28.19	1:32.49	100 Breast	1:23.49	1:19.39	1:11.79
2:53.49	3:11.69	3:19.39	200 Breast	2:59.89	2:51.49	2:35.19
1:09.59	1:16.89	1:19.49	100 Fly	1:10.89	1:09.09	1:02.49
2:32.79	2:48.89	2:55.09	200 Fly	2:38.19	2:34.09	2:19.49
2:35.29	2:51.69	2:59.29	200 IM	2:42.69	2:34.49	2:19.79
5:30.39	6:05.09	6:18.09	400 IM	5:46.29	5:31.89	5:00.39

MS Swimming, Inc.
Long Course State Championships
Order of Events

Thursday

Girls		Boys
1	13-14 400m Medley Relay	2
3	Senior 400m Medley Relay	4

-10 minute break-

5	12 & U 400m Free (Scored as 10&U / 11-12)	6
7	13 and Over 1500m Free (Scored 13-14; 15-16; 17 and Over)	8

Friday

9*	Senior 200m Free Relay	10 *
11	10 & U 50m Breast	12
13	11-12 50m Breast	14
15	13-14 100m Breast	16
17^	15 & O 100m Breast	18^
19	10 & U 100m Back	20
21	11-12 100m Back	22
23	13-14 200m Back	24
25^	15 & O 200m Back	26^
27	10 & U 200m Free	28
29	11-12 200m Free	30
31	13-14 200m Free	32
33^	15 & O 200m Free	34^
35	10 & U 50m Fly	36
37	11-12 50m Fly	38
39	13-14 100m Fly	40
41^	15 & O 100m Fly	42^
43	10 & U 200m Free Relay	44
45 #	11-12 200m Free Relay	46 #
47 #	13-14 200m Free Relay	48 #

- 10 minute break -

49+	13 and Over 400m IM (Scored 13-14; 15-16; 17 and Over)	50+
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Notes:

= Swum during Prelims

* = Swum during Finals

^ = Top 16 swimmers from each age group will qualify for finals in the PM session (15-16; 17 and Over)

+ = Top 8 seeds from each age group (13-14, 15-16, 17 & Over) will swim in the PM session

Saturday

51 *	Senior 200m Medley Relay	52 *
53	10 & U 200m I.M.	54
55	11-12 200m I.M.	56
57	13-14 200m I.M.	58
59^	15 & O 200m I.M.	60^
61	10 & U 100m Free	62
63	11-12 100m Free	64
65	13-14 100m Free	66
67^	15 & O 100m Free	68^
69	10 & U 100m Breast	70
71	11-12 100m Breast	72
73	13-14 200m Breast	74
75^	15 & O 200m Breast	76^
77 #	13-14 200m Medley Relay	78 #
79 #	11-12 200m Medley Relay	80 #
81 #	10 & U 200m Medley Relay	82 #

-10 minute break -

83	11 and Over 800m Free	84
(Scored 11-12; 13-14; 15-16; 17 and Over)		

Sunday

85	10 & U 50m Back	86
87	11-12 50m Back	88
89	13-14 100m Back	90
91^	15 & O 100m Back	92^
93	10 & U 50m Free	94
95	11-12 50m Free	96
97	13-14 50m Free	98
99^	15 & O 50m Free	100^
101	10 & U 100m Fly	102
103	11-12 100m Fly	104
105	13-14 200m Fly	106
107^	15 & O 200m Fly	108^
109 #	13-14 400m Free Relay	110 #
111 #	Senior 400m Free Relay	112 #

- 10 minute break -

113+	13 and Over 400m Free	114+
(Scored 13-14; 15-16; 17 and Over)		

Notes:

= Swum during Prelims

* = Swum during Finals

^ = Top 16 swimmers from each age group will qualify for finals in the PM session (15-16; 17 and Over)

+ = Top 8 seeds from each age group (13-14, 15-16, 17 & Over) will swim in the PM session

INFORMATION FORM FOR DISABLED SWIMMERS

NAME _____

ADDRESS _____

AGE _____ BIRTHDATE _____ / _____ / _____.

EVENTS TO BE SWUM _____ / _____ / _____ / _____ / _____ / _____ / _____ / _____

TYPE OF DISABILITY

Blind _____ Mentally Retarded _____ Deaf _____ Physical _____

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

TYPE OF MEDICATION _____

PURPOSE OF MEDICATION _____

PARENT'S OR GUARDIAN'S NAME _____

PARENT'S OR GUARDIAN'S SIGNATURE _____

ATHLETES'S SIGNATURE _____

PHYSICIAN'S NAME (please print) _____

PHYSICIAN'S ADDRESS _____

PHYSICIAN'S PHONE NUMBER _____

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

Physician's signature

Date

Team Entry Summary Report Sheet

Total number of swimmers
(MSI surcharge) _____ x\$5.00=_____

Total number of swimmers
(Facility Charge) _____ x\$5.00=_____

Total number of relay only swimmers
** must list swimmer's name
on the relay swimmer page included
with this meet information.* _____ x\$10.00=_____

Total number of individual entries _____ x\$3.50=_____

Total number of relay entries _____ x\$10.00=_____

Total Entry Fees \$ _____

Send Official Results to:

Name _____

Address _____

Phone: _____ (cell) _____ (work) _____

Club Name and Club Code _____

Coaches attending the meet

Officials attending the meet

Release

On behalf of each of the listed competitors, I understand and agree that USA Swimming, Inc., Tupelo Aquatic Center, Mississippi Swimming, Inc., Shockwave Aquatic Team, and meet officials shall be free of all liabilities or claims for loss of valuables or damages arising by any reason of injuries to anyone during travel to or from this meet or during the conduct of this meet or during any social gathering associated with this meet and expressly agree to waive as condition of being allowed to enter this meet.

Signed _____ Date _____
(team coach/team representative)

List of Relay Only Swimmers

Name	Age	USA#
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

_____(Number of Relay Only Swimmers) x \$10.00 (Facility and MS surcharge) = \$ _____****

******Place this total figure on Team Entry Report Summary Sheet on Page 13**