

# Shockwave Nightmare Before Christmas Invitational

December 1-3, 2017

Tupelo, MS

- HOST:** Tupelo Shockwave Aquatic Team.
- SANCTION:** Held under the sanction of United States Swimming and Mississippi Swimming, Inc. Sanction Number: 1743
- LOCATION:** Tupelo Aquatic Center  
692 Veteran's Memorial Boulevard  
Tupelo, MS 38804  
(662) 840-3768
- FACILITY:** Indoor 8 lane (M) 19-lane (Y), 50 meter by 25-yard competition pool. The competition venue for long course is one eight lane course, minimum width 8.5'. The competition depth ranges from 5' to 12.5'. Equipment includes Paragon Track Start Competitor blocks. The building is designed with permanent upstairs seating for 900 spectators. Continuous warm-up/cool down area will be provided in a five lane 25-yard short pool adjacent to the competition pool. Hospitality will provided for coaches and officials. Concessions, on-deck bleachers (for seating up to 400 swimmers only) and first aid will be provided.
- Parents and spectators are not allowed on the pool deck, unless they are timing or officiating.*
- TIMING:** The timing system is a Colorado Time System 6, Colorado Aquagrip pads, Colorado System Full Matrix LED Scoreboard, and Hy-Tek Meet Manager.
- RULES:** Current USA Swimming Rules and Regulations will govern the conduct of the meet unless otherwise noted herein.
- SWIMWEAR:** Swimwear will be according to Article 102.8 of USA Swimming Rules and Regulations.
- DECK CHANGE:** Deck changes are prohibited.

**DRONES:** Operation of a drone, or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:** The age of the swimmer on December 1, 2017 determines the age of the swimmer. **All swimmers must be current USA Swimming registered athletes.** The USA swimming number must appear on all entry forms (recaps). *If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, MS Swimming will impose a fine of \$100.00 per event against the individual, member coach or member club submitting the entry.* **SWIMMERS WITHOUT CURRENT USA SWIMMING REGISTRATION NUMBERS WILL BE REJECTED.**

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**COACHES:** Coaches must be current USA Swimming Coach Members in order to perform deck duties. If a coach is not currently certified, he/she may observe the meet in the spectator area on the deck as an observer only. Coaches' Packets will be given to those coaches presenting credentials.

**SUPERVISION:** A USA swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:** Swimmers with disabilities may enter the meet without regard to time standards. Swimmers with disabilities can score points subject to meet scoring criteria. Please attach disability form with meet entries so time standards can be overridden.

**SEEDING:** Seeding will be according to Article 102.5 of USA Swimming Rules and Regulations.

**POOL:** The competition course has been certified in accordance with Article 104.2.2c(4).

**RESTROOM/  
LOCKER ROOM  
POLICY:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker room. Only athletes are allowed in the locker rooms. Public restrooms are available in the lobby of the Aquatic Center and on the south end of the pool deck. **Absolutely NO cell phones or cameras are allowed in the boys' or girls' restrooms or locker rooms inside the Aquatic Center.** All swimmers must shower before entering pool.

**MEET FORMAT:** All events will be conducted in short course yards and scored as timed finals in accordance with the rules of USA Swimming.

Check in will be required for the 400 IM, 500 Free, 1000 Free and the 1650 30 minutes prior to the start of the meet each session. These events will be swum fastest to slowest alternating male/female.

All swimmers in the 400 IM, 500 Free, 1000 Free and 1650 must provide their own timer and counter.

**MEET  
SCHEDULE:** **FRIDAY, DECEMBER 1**

Warm up: 4:00 - 4:45 pm  
Competition begins at 5:00 pm

**SATURDAY, DECEMBER 2 & SUNDAY, DECEMBER 3**

Warm up: 7:30 - 8:15 am  
Competition begins at 8:30 am

**ENTRY LIMITS:** Swimmers may enter four (4) individual events and one (1) relay per day. 1000 Free and 1650 are limited to the top 24 times.

**ENTRIES:** Limited to the first 350 swimmers. All entries must include first and last name, age, USA Swimming number and best times in SHORT COURSE YARDS (SCY) for each event entered. **This is a SCY meet.**  
*\*Based on the number of entries received and upon the timeline, the meet may be divided in to two (2) eight lane courses.\**

**ENTRY FEES:** \$5.00 per swimmer for MSI charge.  
\$4.00 per individual event.  
\$8.00 deck entry (late entry)  
\$12.00 per Relay event  
\$18.00 Facility Charge per swimmer

Make checks payable to Shockwave Aquatics.

**ENTRY**

**DEADLINE:** Entries via HY-TEK must be sent to Merrie Hughes ([shockwavewebmaster@gmail.com](mailto:shockwavewebmaster@gmail.com)) ***NO LATER than Tuesday, November 21, 2017 at 5:00 pm (CST).*** A confirmation email will be sent within 24 hours upon receipt of team entry.

**LATE ENTRIES:** Late entries will be accepted for available lanes on a first-come, first-serve basis pending lane availability. No new heats will be formed and late entries will not appear in the heat sheet.

**AWARDS:** Ribbons 1st - 8th place for 12 & Under swimmers only.  
No High Point Awards will be awarded.  
No team trophies will be awarded.

**SCORING:** The meet will not be scored.

**WARM-UPS:**

Warm-up procedures will follow the MSI guidelines. Participating teams will be assigned to specific lanes for the warm-up period. Teams must have a USA Swimming member coach assigned to supervise their lane. Swimmers must cautiously enter the pool feet first. **NO DIVING IS ALLOWED DURING THE GENERAL WARM- UP.** In the last 20 minutes of the warm-up session, supervised diving and backstroke racing starts are permitted with one-way traffic. Diving is permitted only with the direct supervision of a USA Swimming registered coach.

**ASSIGNMENTS/**

**TIMERS:** Teams will be responsible for providing timers for competition lanes based on number of entries. Lane timing assignments will be included in the Coaches packets as well as displayed on the scoreboard.

**REPORTING:** Swimmers in all events will report directly to the starting blocks.  
It is the responsibility of the coach and the swimmers to see that the swimmer reports to his/her assigned lane at the proper time. There will not be a clerk of course or bullpen.

**OFFICIATING:** SWAT would greatly appreciate help from visiting teams. Please contact the Meet Referee if you have officials that can help. As a matter of USA Swimming insurance coverage, official's certification card must be carried on person. We also ask for a list of officials willing to work for any session when emailing your entries.

**FOUR HOUR**

**RULE:** If an age group event for 12 and under swimmers is swim after the session has been running four (4) hours, each involved swimmer has the option of either swimming the event or receiving a refund for that event. A swimmer desiring the refund must declare his/her intent to the Administrative Official or Meet Referee. There will be no refund for swimmers not in attendance.

**HEAT SHEETS:** Heat sheets will be available for download at [shockwaveaquatics.com](http://shockwaveaquatics.com). Heat sheets will not be sold at the meet.

**HOSPITALITY:** A hospitality room will be provided. Coaches and meet officials are invited for food and drink.

**CONCESSIONS:** Concessions will be available for purchase.

**OFFICIALS:**

Meet Director:	Barbara Aguirre# 662-401-7550 <a href="mailto:aguirre.barbara@gmail.com">aguirre.barbara@gmail.com</a>
Meet Referee:	Nancy Leigh McDade# 662-231-4800 <a href="mailto:mcdade.nancy@yahoo.com">mcdade.nancy@yahoo.com</a>
Administrative Official:	Merrie Hughes# 662-891-2464 <a href="mailto:shockwavewebmaster@gmail.com">shockwavewebmaster@gmail.com</a>

*#Post Office Box 3423  
Tupelo, MS 38803*

**HOTELS:** [www.tupelo.net](http://www.tupelo.net)

ORDER OF EVENTS  
FRIDAY, DECEMBER 1, 2017

1	13 and Over 400 IM	2
3	12 and Under 200 IM	4
5	10 and Over 500 Free	6

ORDER OF EVENTS  
SATURDAY, DECEMBER 2, 2017

7	13 and Over 200 Free Relay	8
9	11-12 200 Free Relay	10
11	10 and Under 200 Free Relay	12
13	13 and Over 200 IM	14
15	11-12 100 IM	16
17	10 and Under 100 IM	18
19	13 and Over 100 Back	20
21	11-12 50 Back	22
23	9-10 50 Back	24
25	8 and Under 25 Back	26
27	13 and Over 200 Breast	28
29	11-12 100 Breast	30
31	9-10 100 Breast	32
33	8 and Under 50 Breast	34
35	13 and Over 100 Free	36
37	11-12 100 Free	38
39	9-10 100 Free	40
41	8 and Under 50 Free	42
43	13 and Over 100 Fly	44
45	11-12 50 Fly	46
47	9-10 50 Fly	48
49	8 and Under 25 Fly	50
51	13 and Over 1650 Free	52

ORDER OF EVENTS  
SUNDAY, DECEMBER 3, 2017

53	13 and Over 200 Medley Relay	54
55	11-12 200 Medley Relay	56
57	10 and Under 200 Medley Relay	58
59	13 and Over 200 Fly	60
61	11-12 100 Fly	62
63	9-10 100 Fly	64
65	8 and Under 50 Fly	66
67	13 and Over 200 Free	68
69	11-12 200 Free	70
71	9-10 200 Free	72
73	8 and Under 100 Free	74
75	13 and Over 100 Breast	76
77	11-12 50 Breast	78
79	9-10 50 Breast	80
81	8 and Under 25 Breast	82
83	13 and Over 200 Back	84
85	11-12 100 Back	86
87	9-10 100 Back	88
89	8 and Under 50 Back	90
91	13 and Over 50 Free	92
93	11-12 50 Free	94
95	9-10 50 Free	96
97	8 and Under 25 Free	98
99	11 and Over 1000 Free	100