

MAKOS Last Chance Meet 2018
February 3-4, 2018
Mississippi Makos Swim Team
University Wellness Center- Lakeland

- Sanction:** Held under the sanction of USA Swimming and MSI.
Sanction #1810 Time Trial Sanction # 1810TT
- Sponsor:** Mississippi Makos Swim Team
- Location:** **University Wellness Aquatic Center**
2625 Courthouse Circle Flowood, MS 39232
- Facility:** Indoor 50 meter x 25 yd pool 8 lanes competition course with warm-up and warm-down available. The water depth on start and turn is 4 ½ to 5 feet deep. Depth is measured for a distance of 3 feet 3 ½ inches to 16 feet 5 inches from both end walls. Daktronics timing with 8 lane scoreboard: HY-TEK program. The competition course has not been certified in accordance with **104.2.2C(4)**.
- Rules:** Current USS Rules will govern the meet.
- Eligibility:** The age of the swimmer on February 3, 2018 determines the age of the swimmer. All swimmers must be current USS registered athletes. The USS numbers must appear on all entry forms (recaps). If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, MS Swimming will impose a fine of \$100.00 per event against the individual, member coach or member club submitting the entry. This will be enforced by MSI through their Review Section.
SWIMMERS WITHOUT USS REGISTRATION NUMBERS WILL BE REJECTED
- Scoring/Awards:** There will be NO scoring or NO awards
- Coaches:** Coaches must be current USS Coach Members in order to perform deck duties. If a coach is not certified, he/she may observe the meet as any other observer, but may not coach or sit in the coaches' area. **COACHES PACKETS WILL BE GIVEN TO THOSE COACHES PRESENTING CREDENTIALS**
- Schedule:** Saturday Warm-Up: 10:00 am Competition: 11:00 am
Sunday Warm-Up: 9:30 am Competition: 10:30 am
- Limit of Events:** Swimmers are limited to 6 individual events each day.
Time Trial events count toward daily entry limit.
- Heat Sheets:** Heat Sheets will be provided for free online on the Makos website.
- Seeding:** Best Short Course times should be submitted for All Events.

Entries: Invited teams and swimmers only. Entry form, recap sheets, and waiver must be sent together. We use the HY-TEK Computer program. If you are also using HY-TEK, please send us your entries via email, **with the hard copy**. This will make our job easier and insure accuracy. All other requirements remain.

Entry Deadline: Forms must be in the hands of Brian Ware no later than **noon, Thursday, January 25, 2018.**

Mail entries to: Brian Ware
2625 Courthouse Cir.
Flowood, MS 39232 (601) 209-3187
OR e-mail to: brianjayware@gmail.com

Late Entries: **LATE ENTRIES WILL BE ACCEPTED ON LANE AVAILABILITY.**
If not already entered in the meet, you must be able to prove USA swimming registration.

Reporting: Swimmers in all events will report directly to the starting blocks. All entry cards, except for relays, will be at the appropriate lane according to the heat sheet. It is the responsibility of the coach & the swimmers to see that the swimmer reports to his/her assigned lane at the proper time. **THERE WILL NOT BE A CLERK OF COURSE OR BULLPEN.**

Entry Fees: \$4.00 per individual event
\$5.00 (**Late entry fee per event**)
\$5.00 MSI surcharge per swimmer
\$5.00 facility surcharge per swimmer
Time trial fee will be \$5 per event and \$10 per relay
Make checks payable to **MISSISSIPPI MAKOS**

Seeding: The meet will be preseeded according to Current USS Rules for timed finals. Entry forms submitted without times or unreadable times will be seated as No Time (NT). Entry times must be submitted in short course yard times.

Warm-up: Warm-up procedures will follow the MSI guidelines. The first 30 minutes will be general warm-ups, **NO DIVING**. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 & 7 are for dives off blocks with one way traffic. The remaining lanes are for general warm-up. **NO DIVING**.

Four Hour Rule: If an age group event for 12 and unders is swum after the session has been running four (4) hours, each involved swimmer has the option of either swimming that event or receiving a refund for that event. A swimmer desiring the refund must declare his/her intent to the Meet Director or the meet director's designee. There will be no refund for swimmers not in attendance.

Scratches: USA-Swimming Scratch rules for timed finals will be in effect. No swimmer may scratch from an entered event and then enter another event. No swimmer may enter a later event to make up for a missed event.

Swim Wear: Swim Wear will be according to the current USA Swimming Rules and Regulations guidelines under Article 102.8.

Additional Info: There will be **NO SMOKING** around the pool, deck, or where swimmers are present, such as bathrooms, or immediately outside the doors. **NO GLASS** containers or gum on the pool deck.

Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Diving: Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Time Trials: Time Trials will be held at the end of each session. There will be at least a 5 minute break before time trials. We will conduct the time trials in the same order as meet events unless the referee needs to make an adjustment due to time or rest between events. Events not offered in the meet will be swum at the end of time trials or at the referee's discretion. Payment is due at the time of request of the time trials. Time trial entries will be due 20 minutes before the estimated finish. Announcements will be made each day about the deadline.

Meet Director: Brian Ware
2625 Courthouse Cir.
Flowood, MS 39232 (601) 209-3187

Referee: Shari Thomas
shari.n.thomas09@gmail.com

Makos Last Chance Meet 2018
Saturday February 3, 2018
Order of Events

<u>Girls</u>		<u>Boys</u>
1	12 & Under 100 IM	2
3	Open 200 IM	4
5	8 & Under 25 Free	6
7	12 & Under 100 Free	8
9	Open 100 Free	10
11	8 & Under 25 Back	12
13	12 & Under 100 Back	14
15	Open 200 Back	16
17	8 & Under 25 Breast	18
19	12 & Under 50 Breast	20
21	Open 100 Breast	22
23	8 & Under 25 Fly	24
25	12 & Under 100 Fly	26
27	Open 200 Fly	28
29	Open 500 Free	30

Time Trials

Makos Last Chance Meet 2018
Sunday February 4, 2018
Order of Events

31	12 & Under 50 Free	32
33	Open 50 Free	34
35	12 & Under 50 Back	36
37	Open 100 Back	38
39	12 & Under 100 Breast	40
41	Open 200 Breast	42
43	12 & Under 200 Free	44
45	Open 200 Free	46
47	12 & Under 50 Fly	48
49	Open 100 Fly	50
51	12 & Under 200 IM	52
53	Open 400 IM	54
55	Open 1000 Free	56
57	Open 1650 Free	58

Time Trials

INFORMATION FORM FOR DISABLED SWIMMERS

NAME _____

ADDRESS _____

AGE _____ BIRTHDATE ____/____/____.

EVENTS TO BE SWUM ____/____/____/____/____/____/____/____

TYPE OF DISABILITY

Blind _____ Mentally Retarded _____ Deaf _____ Physical _____

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

TYPE OF MEDICATION _____

PURPOSE OF MEDICATION _____

PARENT'S OR GUARDIAN'S NAME _____

PARENT'S OR GUARDIAN'S SIGNATURE _____

ATHLETES'S SIGNATURE _____

PHYSICIAN'S NAME (please print) _____

PHYSICIAN'S ADDRESS _____

PHYSICIAN'S PHONE NUMBER _____

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

Physician's signature

Date

Makos Last Chance
ENTRY FORM
February 3-4, 2018

CLUB NAME: _____ ABBREVIATION _____

COACHES: _____

TEAM ADDRESS _____

PHONE: _____

NUMBER OF INDIVIDUAL ENTRIES _____ @\$4.00/ENTRY = \$ _____

NUMBER OF TOTAL ATHLETES _____ @\$10.00/ENTRY = \$ _____

TOTAL AMOUNT OF FEES ENCLOSED _____ = \$ _____

IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, WE WAIVE ANY AND ALL CLAIM AGAINST USA OR MS SWIMMING, MISSISSIPPI MAKOS SWIM TEAM, AND THE UNIVERSITY WELLNESS CENTER AND ITS EMPLOYEES.

SIGNATURE OF COACH OR CLUB REPRESENTATIVE:

Mail entries to : **Brian Ware**
2625 Courthouse Circle
Flowood, MS 39232
Email: brianjayware@gmail.com