



5.1.20

HSA Members and Families,

As many of you may have seen yesterday, the City of Huntsville is beginning the process of reopening. One of the first areas to open will be the Huntsville Aquatics Center beginning Monday, May 4th. As part of that opening, HSA has been given lane space to begin practicing again with a multitude of changes from our normal structure. I will list the practice schedule that we have created, as well as the safety protocol changes we have made to begin this opening process later. There are several topics I would like to address first.

The most important element of this is that we know some of you will not be ready to have your family rejoining us at the pool yet. We fully understand and support your stance, and want to assure you that the online content from coaches such as suggested dryland workouts, zoom calls, etc. will not stop in the near future. As a coaching staff, we are committed to providing the same opportunities that we have offered through the entire Month of April while any kind of "Stay at Home," or "Safer at Home" order is in place.

Second, the return to practice does not change the fact that we are not billing for the Month of May. With the greatly reduced practice schedule, and the credit we feel each of you have from the end of March, the Board felt like May dues would not be warranted.

Third, the return to competition is still a good ways off. USA Swimming has already eliminated meets in the month of May, and will make a decision on June on or around May 15th. In many talks with USA Swimming leadership, it is our feeling that the month of June will also be eliminated from the meet calendar or at the very least very limited in what kind of meets are being offered. In general, the return to competition will be initially very limited and very small. Meets as we traditionally have known them will be a while in coming. I say all of this to eliminate any pressure that athletes may feel in rushing back to our normal schedule, or to the pool in general. The elimination of major competitions for the immediate future does provide opportunities for both swimmer and coach to start with a "clean slate." It gives us the time to work on things that continuous competition hinders. While I will be the first to tell you this is **COMPETITIVE** swimming, we can use this time away from meets to focus on small details that in the end will make each athlete much faster!

Fourth, I wanted to address why you will not see the Intro to HSA group on the schedule that we will begin back with. As a coaching staff, we felt like the close contact coaching nature of this group was inappropriate at this time to begin again. We want to make sure that we are able to coach this group the best way we know how, and that involves coaches in the water correcting strokes. For the short term, that is not an option due to the "social distancing"

policies that we are required to enact. We cannot wait to get these swimmers back in the water when the time is right, but now is not that time.

Finally, in specific regards to the schedule and practice protocol I would like to make a few notes. First, the practice schedule is not perfect. For many of you it may pose some inconvenience, especially for those of you that have multiple children in the program. However, we are not able to accommodate any swimmer outside of their practice time. We were given a very specific amount of time and lane space, and the coaching staff has done its best to provide the best opportunities for each swimmer. With that in mind, some of the groups have been split into several shifts to accommodate everyone. Your specific group coach will be contacting you on how they are splitting up the shifts, or with sign-up information for the specific times. Second, the rules we are putting in place are very strict. If we have swimmers or families that continue to disregard the protocol after being warned, you will not be allowed back at practice until we return to normal practice schedule. Third, the ability to practice at the facility is tenuous. We are in hopes that all goes well, we are able to continue to phase back into our normal practice schedule, and everything returns to normal. However, we need to all be aware that the facility may have to close again in a day, two weeks, two months, etc. based on current Government regulations.

We cannot wait to coach your swimmers again! As always, if you have any questions, please let me know.

Matt Webber
Head Coach
Huntsville Swim Association

HSA Reopening Safety Protocol

In both pools, training will occur with 1 swimmer in each lane.

Before swimmers come to the facility, their parents will be instructed to take the temperature of all swimmers. Any swimmer experiencing any symptoms of any illness (or exposure to someone who has any symptoms) will be told to remain at home and seek medical treatment, as needed. If any swimmer does have a fever or any symptoms of illnesses they may not attend a practice until seven days after fever or symptoms has disappeared.

When arriving at the facility, parents dropping off swimmers will remain in their vehicles and will not enter the facility. Any spectator area will be closed to visitors. Parents who typically wait for their kids inside the facility will remain in their vehicles in the parking lot until the end of practice.

Swimmers will not enter the facility until 5 minutes before their scheduled practice. If swimmers arrive early, they will remain in their vehicles until it is time for them to enter the facility.

There will be a scheduled 15 minutes window between practices to have swimmers exit the pool and facility before the start of the next practice.

Swimmers will restrict their use of the locker rooms. Swimmers will arrive at the facility in their swimsuits and will leave the facility after practice without changing. Swimmers will use locker rooms/restrooms only for going to the bathroom.

All water fountains will be not be in use for HSA, swimmers or coaches, bring water from home, no bottle sharing.

Swimmers will be not be allowed to congregate in groups of any size before, during, and after practice. Coaches will not huddle with their swimmers before, during and after practices.

Coaches will be in masks during their time at the pool.

CDC guidelines requiring all people to remain at least 6 feet away from each other will be enforced.

Swimmers will enter and exit the building through the meet management room to limit contact from the general public.

Swim bags and equipment bags will be limited and taken home after every practice. Swimmers will not store their swim bags and equipment bags at facilities.

“Public” use equipment will not be used or available to swimmers.

<i>T/Th Schedule</i>			
<i>Legacy Pool</i>			
5:00-6:00 am	JR/SR	22	22
6:15-7:15 am	Blue	22	22
7:30-8:30 am	Red 1 Shift #1	22	22
<i>T/Th Schedule</i>			
<i>Competition Pool</i>			
5:00-6:00 am	JR/Senior	20	20
6:15-7:15 am	Blue	20	20
8:30-9:30 am	Red 1 Shift #2	20	20
2:15-3:15 pm	White #1	20	20
3:30-4:30 pm	White #2	20	20
4:45-5:45 pm	White #3	20	20
6:00-7:00 pm	White #4	20	20
<i>Friday Schedule</i>			
<i>Legacy Pool</i>			
5:00-6:00 am	Masters	22	22
6:15-7:15 am	JR/SR	22	22
7:30-8:30 am	Blue	22	22
<i>Friday Schedule</i>			
<i>Competition Pool</i>			
5:00-6:00 am	Masters + College	20	20
6:15-7:15 am	JR/SR	20	22
7:30-8:30 am	Blue	20	20
8:45-9:30 am			
2:15-3:15 pm	JD1 #1	20	20
3:30-4:30 pm	JD1 #2	20	20
4:45-5:45 pm	Red 2 #1	20	20
6:00-7:00 pm	Red 2 #2	20	20

