

## MAAPP 2.0 (Effective September 1, 2021)

To remain in compliance with the US Center for Safe Sport, USA Swimming has updated the current MAAPP policy. The new policy is referred to as MAAPP 2.0. All teams must be in compliance with MAAPP 2.0 by September 1, 2021.

This document contains explanations and links to documents that explain the revisions or additions to MAAPP in MAAPP 2.0.

<b>Resources</b>
<a href="#">MAAPP 2.0</a>
<a href="#">MAAPP 2.0 Customizable</a>
<a href="#">Acknowledgment of MAAPP 2.0</a>
<a href="#">USA Swimming Safe Sport MAAPP 2.0</a>
<a href="#">18+ Athlete Training Requirement</a>
<a href="#">Sample Meet Information</a>

Change	What does this mean?	Key changes	Action necessary by team	Resources
<b>General Requirements</b>	MAAPP 2.0 replaces the former MAAPP policy	<b>In-Program Contact:</b> Any contact (including communications, interactions or activities) between an Adult	The Minor Athlete Abuse Prevention Policy must be reviewed and agreed to in writing by all	<a href="#">FAQ</a>

Participant and any Minor Athlete(s) related to participation in sport. Examples include, but are not limited to: competition, practices, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions and/or summits.

**Adult Participants:**

Any adult 18 years of age or older who is a:

- USA Swimming member, either athlete or non-athlete;
- Participating non-member (e.g., meet marshals, meet computer operators, timers, etc.);
- Authorized, approved or appointed by USA Swimming, Zones, Local Swimming Committees (“LSCs”) or member clubs to have regular contact with (e.g., ongoing interactions during a 12- month period wherein the individual is in a role of active engagement) or authority over Minor Athletes; and/or
- Within the governance or disciplinary jurisdiction of USA Swimming, Zones, LSCs or member clubs.

athletes, parents/legal guardians, coaches and other non-athlete members of member clubs on an annual basis with such written agreement.

<p><b>Adult Participants (formerly referred to as Applicable Adult)</b></p>	<p>Expansion of application. See highlighted area.</p>	<p>Any adult 18 years of age or older who is a:</p> <ul style="list-style-type: none"> <li>• USA Swimming member, either athlete or non-athlete;</li> <li>• Participating non-member (e.g., meet marshals, meet computer operators, timers, etc.);</li> <li>• Authorized, approved or appointed by USA Swimming, Zones, Local Swimming Committees (“LSCs”) or member clubs to have regular contact with (e.g., ongoing interactions during a 12- month period wherein the individual is in a role of active engagement) or authority over Minor Athletes; and/or</li> <li>• Within the governance or disciplinary jurisdiction of USA Swimming, Zones, LSCs or member clubs.</li> </ul>	<p>Ensure all adult participants are in compliance with MAAPP 2.0</p> <p>EXCEPTIONS [Note: Exceptions apply only where specified]</p> <p><b>Close-In-Age Exception:</b> In-Program Contact between an Adult Participant and a Minor Athlete is permitted if: a. The Adult Participant has no authority over the Minor Athlete; and b. The Adult Participant is not more than four years older than the Minor Athlete.</p> <p><b>Dual Relationship Exception:</b> An Adult Participant has a dual role or relationship with a Minor Athlete. This exception requires written consent of the Minor Athlete’s parent/legal guardian at least annually.</p>	<p><a href="#">FAQ</a></p> <p><a href="#">Video</a></p>
<p><b>One-on-one interactions</b></p>	<p>One-on-One Interactions present a risk for an Adult Participant to abuse a minor athlete or initiate grooming behaviors to do so. This</p>	<p><b>Exceptions added:</b></p> <ol style="list-style-type: none"> <li>a. In emergency circumstances;</li> <li>b. When a Dual Relationship exists; and/or</li> </ol>	<p>Ensure all Adult participants are in compliance.</p>	<p><a href="#">FAQ</a></p> <p><a href="#">Video</a></p>

	<p>portion of the policy sets the expectation that if a one-on-one interaction occurs, it is done in a way that is observable and interruptible by another adult.</p>	<p>c. When the Close-In-Age Exception applies</p>		
<p><b>Meetings and Individual Training Sessions</b></p>	<p>Adult Participants often engage in meetings with athletes and by providing individual training instruction outside of regular practice activities. Such activities can create opportunities for one-on-one interaction, limited supervision and accountability. Adult Participants must follow all one-on-one interaction requirements during any meetings and individual training sessions with minor athletes.</p>	<p><b>Change to Meetings with Licensed Mental Health Care Professionals and/or Health Care Providers:</b>          -USA Swimming is notified that the licensed mental health care professional and or health care provider will be meeting with a Minor Athlete; and          -The licensed mental health care professional and/or health care provider obtains consent consistent with applicable laws and ethical standards, which can be withdrawn at any time.</p> <p><b>Individual Training Sessions (<u>now mandatory</u>)</b>          a. In-Program one-on-one individual training sessions outside of the regular course of training and practice between Adult Participants and Minor Athletes must be observable and interruptible by another adult, except:          i. When a Dual Relationship exists; and/or          ii. When the Close-In-Age Exception applies.          b. The Adult Participant providing the individual training session must receive advance, written consent from</p>	<p>A minor athlete's parent/legal guardian must provide advanced written consent, at least annually, with a copy provided to the organization, which can be withdrawn at any time, for individual training sessions to occur. Additionally, parents/legal guardians must be allowed to observe the individual training session.</p>	<p><a href="#">FAQ</a></p>

		<p>the Minor Athlete’s parent/legal guardian at least annually, with a copy provided to the USA Swimming, which can be withdrawn at any time.</p> <p>c. Parents/legal guardians must be allowed to observe the individual training session.</p>		
<p><b>Electronic Communications</b></p>	<p>Adult Participant and a minor athlete should be open and transparent. Additionally, electronic communications between an Adult Participant and a minor athlete must involve the minor’s legal guardian and take place during reasonable hours.</p> <p>Before MAAPP, USA Swimming rules required every team establish a social media/electronic communication policy. This section of MAAPP replaces that requirement. Members will note that this section of the MAAPP is similar to the USA Swimming’s previous Model Policy on Electronic Communication and published Best Practice Guidelines.</p>	<p><b>Exceptions added:</b> The following exceptions apply to Section II(a):</p> <ul style="list-style-type: none"> <li>i. In emergency circumstances;</li> <li>ii. When a Dual Relationship exists; and/or</li> <li>iii. When the Close-In-Age Exception applies</li> </ul> <p>Extension of hours to 5:00 am-9:00 pm</p> <p><b>Prohibited Electronic Communication exceptions added:</b> The following exceptions apply to Section V:</p> <ul style="list-style-type: none"> <li>i. When a Dual Relationship exists; and/or</li> <li>ii. When the Close-In-Age Exception applies</li> </ul>		<p><a href="#">FAQ</a></p> <p><a href="#">Video</a></p>
<p><b>In-Program Travel and Lodging</b></p>	<p>Before MAAPP, USA Swimming rules required every team establish a travel policy. This section of MAAPP replaces that requirement.</p>	<p><b>Exceptions added to Travel:</b></p> <ul style="list-style-type: none"> <li>i. In emergency circumstances;</li> <li>ii. When a Dual Relationship exists; iii. When the Close-In-Age Exception applies; and/or</li> <li>iv. The Minor Athlete’s parent/legal guardian has provided, at</li> </ul>	<p>A legal guardian must consent, on an annual basis, in writing, their consent for all In-Program Travel and Lodging that occurs during In-Program</p>	<p><a href="#">FAQ</a></p> <p><a href="#">Video</a></p>

least annually, written consent for the Adult Participant to transport the Minor Athlete one-on-one, which can be withdrawn at any time

**Addition added to travel:**

Adult Participants, including team managers and chaperones, who travel with USA Swimming must be USA Swimming non-athlete members of USA Swimming.

**Changes and exceptions to lodging:**

During In-Program Travel, all In-Program Contact in a hotel room, sleeping arrangement or overnight lodging location between an Adult Participant and a Minor Athlete must be observable and interruptible.

- The following exceptions apply to II:
  - i. When a Dual Relationship exists, the Adult Participant is not a coach, and the Minor Athlete's parent/legal guardian has provided advance, written consent for the lodging arrangement; and/or
  - ii. When the Close-In-Age Exception applies and the Minor Athlete's parent/legal guardian has provided advance, written consent for the lodging arrangement.

**Written Consent required:**

A Minor Athlete's parent/legal guardian must provide written

Contact. Additionally, in advance, for every instance in which their minor athlete travels alone with an Adult Participant the legal guardian must provide consent. Please note, it is the responsibility of the team to maintain parent consent forms covered in this section. Teams often try to save money during team travel. For example, it has become a common practice for teams to rent a house which may be more cost effective than paying for hotel rooms. That practice is no longer permissible.

[Consent for sharing lodging template](#)

[Consent for local travel](#)

[Consent for out-of-town travel](#)

		consent, at least annually, for all InProgram Travel and lodging during In-Program Travel, which can be withdrawn at any time.		
<b>Locker rooms and Changing areas</b>	Locker rooms and changing areas are private and enclosed spaces in which abuse can occur. To prevent abuse of minor athletes in these private areas, this section of the MAAPP is intended to keep Adult Participants from being present in a locker room or changing area at the same time as minor athletes.	<p><b>Exceptions added:</b></p> <ul style="list-style-type: none"> <li>-In emergency circumstances;</li> <li>-A Dual Relationship exists; and/or</li> <li>-The Close-In-Age exception applies.</li> </ul> <p><b>Additions:</b></p> <p><b>Private or Semi-Private Space for Minor Athletes:</b> USA Swimming must provide a private or semi-private place for Minor Athletes that need to change clothes or undress at Events or Facilities Under Partial or Full Jurisdiction of USA Swimming.</p> <p><b>Showers</b> Adult Participants must not shower with Minor Athletes unless: i. The Adult Participant meets the Close-in-Age Exception; and/or ii. The shower is part of a pre- or post-activity rinse while wearing swimwear. Parents/legal guardians may request in writing that their Minor Athlete(s) not change or shower with Adult Participants during In-Program Contact. USA Swimming must abide by such a request.</p>	<p>Please note that Adult Athletes are Adult Participants. It is important for adult athletes to carefully read and understand their responsibilities under this section. Please read every point carefully to avoid confusion.</p> <p>Each team will receive a pop-up tent from USA Swimming to help comply with the private or semi-private space. Additionally, a sign on a stall door indicating that the stall is reserved as a minor athlete changing space will suffice to comply with this requirement.</p>	<p><a href="#">FAQ</a></p> <p><a href="#">Video</a></p>
<b>Massages and</b>	Massages, rubdowns and athletic	<b>Additions:</b>	<a href="#">Consent for license</a>	<a href="#">FAQ</a>

<b>Rubdowns</b>	training modalities can present a risk for Adult Participants to abuse minor athletes. As a result, all massages, rubdowns and athletic training modalities performed on a minor athlete must be conducted in an observable, interruptible environment by a non-coach licensed professional and must always have a second Adult Participant present in the room.	<p>-Any Massage of a Minor Athlete must be performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin or genitals are always covered. Nothing in this section shall be construed to apply to areas of the body exposed while wearing swimwear which conforms to the current concept of the appropriate for the individual's competition category.</p> <p>-Any Massage of a Minor Athlete must only occur after a proper diagnosis from a treating physician and be done in the course of care according to the physician's treatment plan.</p>	<a href="#">massage therapy</a>	<a href="#">Video</a>
-----------------	--	---	---------------------------------	-----------------------