**2019 PALM One-Day Speedy Invite**

**November 2, 2019**

Held under sanction of USA Swimming, Issued by South Carolina Swimming, Inc.,

Sanction Numbers SC2020SCY & SC2021TT

**HOST: PALMETTO AQUATICS**

Meet Director: Heath Edwards [coachheath@palmettoaquatics.com](mailto:coachheath@palmettoaquatics.com) (803) 665-8444

Meet Referee: Kim Crounse [kimcrounse@hotmail.com](mailto:kimcrounse@hotmail.com) (803) 443-1749

Meet Entries: Heath Edwards [coachheath@palmettoaquatics.com](mailto:coachheath@palmettoaquatics.com) (803) 665-8444

Safety Marshall: Zia Layton [coachzia@palmettoaquatics.com](mailto:coachzia@palmettoaquatics.com) (803) 348-3422

**FACILITY:** The University of South Carolina Natatorium, located in the Solomon Blatt PE Center, 1300 Wheat Street, Columbia, SC, is a semi-open air facility that contains a ten-lane, 50 meter competition pool, with an additional diving well warming up and warming down, and seating for 580 spectators. The competition pool depth measured from one meter to five meters out from the wall is seven feet deep at the starting end of the course, and from one to five meters at the bulkhead end of the course. The competition course has not been certified in accordance with 104.2.2 C94).

**Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.**

**ENTRY:** Entry to the pool for swimmers, officials, and spectators will be through the doors to the east side of the complex. The front entrance is only for those with USC identification and those needing ADA entry.

**RULES:** Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and SCLSC rules and the information therein.

* Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms. They are also not allowed behind the starting blocks at either end of the pool.
* Swimmers 10 years old and younger are not permitted to wear “Technical” suits at this meet.
* Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

**ATHLETE ELIGIBILITY:**

Age is to be determined on the day of the meet. This meet is open to USA Swimming registered athletes. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer’s legal guardian to ensure compliance with this requirement.

**COACHES:** Coaches must check in at the Clerk of Course (table by diving well) and provide current USA Swimming credentials to be allowed on deck.

**OFFICIALS:** All Officials shall show their current USA Swimming credentials and sign in at the Meet Director’s Office one hour prior to the start of the meet. Officials will display their credentials at all times.

**ENTRY FEES:**

$26.00 pool fee per swimmer

$4.00 per individual event

$2.00 SCLCS Travel Fund/Program fee per swimmer

$2.00 SCLCS Sports Development fee per swimmer

$2.00 SCLSC out of state Travel Fund/Program Fee per swimmer (non SCLSC swimmer only)

$8.00 per deck entry per event (late entry into the meet or late added event for someone already in the event)

$8.00 per time trials

* All swimmers may swim a maximum of four (4) individual events (including time trials).
* Teams or individuals should submit a single check payable to **Palmetto Aquatics**
* All fees must be paid prior to any swimmer entering the pool.
* Entry fees will not be refunded, nor will a credit be given for events not swum.

**MEET FORMAT:**

* All events will be contested as timed finals.
* There will be two sessions (11-18 and 12 & under). The 11-18 session will have 11-14 and 15-18 events.
* 11-12 years old swimmers must choose ONE SESSION. This will allow 11-12 year old developmental swimmers the option to swim 50s and those 11-12 year olds who are ready the option to swim 100s.
* A swimmer that misses their heat will be allowed to enter heat, space permitting. No new heats will be made.
* Deck entries will be permitted before warm-up. NO DECK ENTRIES AFTER WARM-UP.
* No refunds will be given.
* Warm up procedure: team lane assignment will be made before the session. All SCLSC and USA Swimming safety guidelines will be enforced.
* Meet Referee also reserves the right to insert breaks in the swim meet where necessary to allow swimmers to rest.
* Non-electronic entries will be charged $8.00 per event.

**ENTRIES:**

* Entry file may be submitted by email. Deck entries will be accepted prior to the start of warm-ups.
* SC Swimming does not accept deck registrations. All swimmers must be registered at the time of entry deadline.
* The entry deadline is **Thursday, October 24, 2019 at 10:00PM.**
* The meet will close when the meet capacity is met.
* If a team’s entry should cause the meet to reach capacity, the entire file entry will be allowed.
* Meet capacity is 200 swimmers.

Meet entries are sent to [coachheath@palmettoaquatics.com](mailto:coachheath@palmettoaquatics.com)

You can mail check and financial summary form to:

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Coach Heath Edwards

510 Circle Drive

Columbia, SC 29206

**TIME OF MEET:**

* Warm-ups begin for the first sessions at 10:30AM. Competition for the first session begins at 11:30AM. Warm-ups for the second session **will not start before 1:30pm** with a 45 minute warm-up. Meet warm-up and competition time is subject to change. Meet management reserves the right to adjust start time.
* Team lane assignments will be made for warm-ups. All SCLSC and USA Swimming safety guidelines will be enforced.
* Warm-up/warm-down area opens at the discretion of the Meet Referee.

**AWARDS:** NONE

**SCORING:** NONE

**TIMING:** Timing with hand watches.

**COACHES ELIGIBILITY:**

Coaches must check in at the Clerk of Course and provide current USA Swimming credentials to be allowed on deck.

**OTHER INFORMATION:**

**TIMERS**: Timers from participating teams are encouraged and greatly appreciated.

**SAFETY/WARM-UP PROCEDURES**:

The SC LSC Procedures will be in effect. A copy of the SC LSC Warm Up Procedures will be available in the coaches’ packet and posted around the pool.

* Coaches are always advised to closely supervise their swimmers at all times.
* Running and horseplay are both prohibited.
* Swimmers who participate tin the meet without a coach must notify the Meet Referee prior to the start of Warm-Up so that a coach may be assigned to them.
* Glass containers and bottles are prohibited inside the pool area.
* The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited.
* Each team should monitor and clean their team area at the end of the session.
* Any swimmer found to be abusing any area of the facility will be banned from further competition and will be asked to leave. The teams of any swimmer found to be abusing any are of the facility will be held responsible for all repairs resulting from the abuse.

**SPECTATORS:** Spectators will be limited to the viewing area. The viewing area has aluminum bleacher seating and therefore no free standing chairs may be used.

**POOL AREA:** Only swimmers, officials, coaches and meet personnel are allowed on the deck. No food or drinks are allowed on the deck. Deck chairs are prohibited as there is ample bleacher space for swimmers.

**CONCESSIONS**:

There will be no concessions due to the length of the session.

**HOSPITALITY**:

There will be no hospitality room for coaches and officials due to the length of the session. Water and food will be provided to officials.

**TIME TRIALS**

* Time trials will be conducted at the conclusion of the session at the discretion of the Meet Referee. Fees must be paid in cash. A time trial is counted as an individual event. Each swimmer swimming in a time trial will be required to provide their own timer.

**ORDER OF EVENTS**

**Session 1**

**Warm Up 10:30AM - Meet Start 11:30AM**

|  |  |  |  |
| --- | --- | --- | --- |
| **GIRLS EVENT #** | **BOYS EVENT #** | **AGE GROUP** | **EVENT NAME** |
| 1 | 2 | 11-14 | 50 free |
| 3 | 4 | 15-18 | 50 free |
| 5 | 6 | 11-14 | 100 fly |
| 7 | 8 | 15-18 | 100 fly |
| 9 | 10 | 11-14 | 100 back |
| 11 | 12 | 15-18 | 100 back |
| 13 | 14 | 11-14 | 100 breaststroke |
| 15 | 16 | 15-18 | 100 breaststroke |
| 17 | 18 | 11-14 | 100 IM |
| 19 | 20 | 15-18 | 100 IM |

**Session 2**

**Warm Up not before 1:30pm - Meet Start not before 2:15pm**

|  |  |  |  |
| --- | --- | --- | --- |
| **GIRLS EVENT #** | **BOYS EVENT #** | **AGE GROUP** | **EVENT NAME** |
| 21 | 22 | 8 & under | 25 fly |
| 23 | 24 | 9-12 | 50 fly |
| 25 | 26 | 8 & under | 25 back |
| 27 | 28 | 9-12 | 50 back |
| 29 | 30 | 8 & under | 25 breaststroke |
| 31 | 32 | 9-12 | 50 breaststroke |
| 33 | 34 | 8 & under | 25 free |
| 35 | 36 | 9-12 | 50 free |

**MEET ENTRY SUMMARY SHEET**

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**Team Information**

Team Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Team Code\_\_\_\_\_\_\_\_\_\_\_

Number of Coach(es) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Coach and Contact Person\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home/Cell Phone Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Work Phone Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-Mail for Results:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Mailing Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Financial Information**

\_\_\_\_\_\_\_\_ # swimmers x $26.00 (pool surcharge) = \_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ # swimmers x $2.00 SCLSC Travel Fund/Program Fee = \_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ # swimmers x $2.00 SCLSC Sports Development Fee = \_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ # of swimmers x $2.00 SCLSC out of state Travel Fund/Program Fee

per swimmer (non SCLSC swimmer only) = \_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ # entries x $4.00 – per individual event = \_\_\_\_\_\_\_\_\_\_\_\_\_

**Total Fees** $\_\_\_\_\_\_\_\_\_\_\_\_\_

**Submit checks, payable to Palmetto Aquatics and the Meet Entry Summary Sheet to:**

**2019 PALM One-Day Speedy Invite**

**c/o Heath Edwards**

**5102 Circle Drive**

**Columbia, South Carolina, 29206**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina Swimming LSC, and Palmetto Aquatics club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature/Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_