

HBT "Winter Long Shot" Swim Meet!!

**** January 7-9, 2011 ****

SANCTIONED BY: USA Swimming and Southeastern Swimming, Inc
Official Sanction No. 11SEHBT1-7

HOSTED BY: **Hoover Blue Thunder**
600 Municipal Drive, Hoover, AL 35216

LOCATION: Hoover Parks and Recreation Pool

FACILITIES: Indoor 25 yard, 8 lane pool with wave resistant lane lines, Daktronic timing system and 8 line scoreboard. Bleacher seating is available. Concessions stand serving snack & lunch foods will be available in the gym. No food on pool deck.

RULES: Current United States Swimming rules will govern the meet. Southeastern Swimming safety guidelines and warm up procedures will be in effect.

OFFICIALS: Meet Director: David Whitehurst (205) 933-9551
Referee: Donna Williamson
Starter: Ann Whitehurst
Meet Marshall Dan Bullard

Officials from visiting teams are welcome and appreciated. Please contact Paul Smith at paul.smith@elpaso.com if you are interested and available to work.

ELIGIBILITY: All swimmers must be 2011 USA Swimming Registered athletes. USA registration number must be listed on the entry form. No entry will be accepted without current registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

“Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. “ 6/9/2010

STARTING TIMES:	<u>Warm-up</u>	<u>Competition</u>
Friday PM:	4:00 PM	5:15 PM
Saturday AM:	7:05 AM	8:30 AM
Saturday PM:	Not before 11:30 AM	Not before 1:00 PM
Sunday AM:	7:05 AM	8:30 AM
Sunday PM:	Not before 11:30 AM	Not before 1:00 PM

ENTRIES: Teams who have HYTEK'S Meet/Team Manager should submit their entries via e-mail. Entries must be completely filled out including the swimmers' best times for yards. Please provide a written copy of entries for verification purposes. If there are discrepancies the electronic information will be used.

ENTRY DEADLINE: Entry deadline is Wednesday, **December 22**. The Athlete's release form and either the enclosed event entry form or a **HYTEK Meet Entry report must be included with your check. Make one check payable to "HBT"**. All entry fees are non-refundable.

FEES: \$3.00 per REGISTERED SOUTHEASTERN LSC swimmer surcharge
\$5.00 per OUT OF SOUTHEASTERN LSC swimmer surcharge
\$5.00 per individual event
LATE FEES: \$6.00 per individual event

Refunds will be given to those not able to swim Friday night events due to timeline. Late entries will be accepted on a lane available basis only. Heats will NOT be added

LIMITS: Each swimmer may enter a maximum of five (5) individual events per day. Late entries may be accepted at the discretion of the Entry Chairperson on a "lane available" basis. No new heats will be formed. Swimmers should be entered at their best competitive yard times. Mail or e-mail entries to the Entry Chairperson. HYTEK Meet Manager software will be used.

Entry limit will be 175 swimmers for the morning and afternoon session each day. This is due to the nature of the events. Depending on the numbers of swimmers in the sessions, HBT reserves the right to run 6 or 8 lanes.

DISABILITIES: Swimmers with disabilities are welcome and are encouraged to complete the Information Form for Disabled Swimmers and return it with the entries.

MEET FORMAT: This is a timed finals meet. All events will be pre-seeded except the events annotated in the events list as "Deck Seeded", which will be deck-seeded. **The number of heats of the 400 IM; 500, 1000, and 1650 Freestyle events may be limited at the discretion of the Meet Referee and Meet Director based on the meet time line. Swimmers in the 500 Free must provide their own counter. Swimmers in the 1000 and 1650 Free must provide their own timer and counter.** Swimmers must sign-in with the Clerk of Course for all deck-seeded events. Sign-in deadlines are 15 minutes after the last warm-up period starts for the deck seeded events in that session. If the swimmer is not checked in with the Clerk of Course, the swimmer is legally scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events.

MAIL ENTRIES TO: David Whitehurst
1719 13th Ave South
Birmingham, AL 35205
(205)-933-9551
jdwhiteh@bham.rr.com
If entries are e-mailed a hard copy must be sent.

ENTRY ERRORS: A psych sheet will be posted for review after the entry deadline. Once seeded, events will not be reseeded. If HBT has made an error the swimmer will be deck entered into an open lane. **Positive check-in is required for all deck seeded events.**

SCORING: Points for 1st through 8th places in individual events will be awarded as follows: 9-7-6-5-4-3-2-1.

Points will be awarded by age group and in the 13 & over events the awards will be for 13 – 14 and 15 & over.

AWARDS: Ribbons for 1st through 8th places in individual events. Heat ribbons awarded to winners of each heat during the morning sessions. High point and runner up individual awards will be given to each age group and sex.

COACHES MEETING: A coaches' meeting will be held at the scorer's table immediately after the warm up and before the first event of the day. No swimmers will be allowed in the pool during this time.

RESULTS: Results will be posted on the HBT (<http://www.hbtswim.org>) website at the end of each day. A MM and TM backup will be posted to the website by January 21, 2011. **No** MM or TM backups will be done at the meet until all scoring is completed and high points announced. Teams wishing a diskette version, must provide one, they may also provide a pre-paid mailing sleeve.

HOSPITALITY: Hospitality will be provided on Saturday and Sunday for coaches and officials.

EVALUATION: Any comments, suggestions or evaluations should be sent to:

John Woods
205 Island Ave
Chattanooga, TN 37405

SPECIAL NOTES: SWIMMERS AND PARENTS ARE ASKED TO "CAMP" IN THE GYM OR ON THE OUTSIDE LAWN AREA BENEATH THE ENTRANCE TO THE GYM. PLEASE DO NOT "CAMP" IN THE HALLWAYS. THEY MUST REMAIN CLEAR FOR RECREATION CENTER MEMBERS TO GET TO THE FITNESS CENTER.

NO FOOD OR DRINK (except water) IS ALLOWED IN THE POOL AREA. SWIMMERS MUST PUT THEIR POOLBAGS AND COOLERS IN THE GYM!

In an effort to improve air quality for this meet, the Hoover Recreation Center will be draining, cleaning and refilling the competition pool during the month of December, prior to the start of this meet.

NO SWIMMERS OR SPECTATORS ALLOWED ON THE TRACK UP ON THE THIRD LEVEL. BLEACHERS FOR SPECTATORS PROVIDED

Parking in FRONT of Recreation Center on Lower level Only, the upper level parking is reserved for Recreation Center patrons only

Entry for the meet will be through Side Door to the Gym. Parking is limited; please make every effort to carpool.

**Order of Events
HBT "Winter Long Shot" Swim Meet!!
** January 7-9, 2011 **
Friday Evening**

GIRLS	EVENT	BOYS
1	9-12 100 FREESTYLE	2
3	13 & OVER 100 FREESTYLE	4
5* #	11 & 12 400 IND. MEDLEY	6* #
7* #	13 & OVER 400 IND. MEDLEY	8* #
9* #	9-12 500 FREESTYLE	10* #
11* #	13 & OVER 500 FREESTYLE	12* #

- *Some Friday night events may be limited to 3-4 heats each, so the meet timeline will show the session finishing around 9:00 pm.
- # - Deck Seeded Event
- Positive check in will be required for the 400 Ind. Medley and 500 Freestyle. Deck seeding will take place. These are deck-seeded events and will be run slowest to fastest. We will **NOT** alternate between male and female. **Swimmers in the 500 Free must provide their own counter.**

The 13 & over 400 Ind. Medley; 100 and 500 Freestyle will be scored separately for 13-14 and senior age groups for high point and awards.

Order of Events
HBT "Winter Long Shot" Swim Meet!!
**** January 7-9, 2011 ****

Saturday AM

GIRLS	EVENT	BOYS
13	8 & UNDER 50 FREESTYLE	14
15	9 & 10 50 FREESTYLE	16
17	8 & UNDER 25 BREASTSTROKE	18
19	9 & 10 50 BREASTSTROKE	20
21	8 & UNDER 50 BACKSTROKE	22
23	9 & 10 100 BACKSTROKE	24
25	8 & UNDER 25 BUTTERFLY	26
27	9 & 10 50 BUTTERFLY	28
29	8 & UNDER 100 IND. MEDLEY	30
31	9 & 10 200 IND. MEDLEY	32

Saturday PM

GIRLS	EVENT	BOYS
33	11 & 12 200 IND. MEDLEY	34
35	13 & OVER 200 IND. MEDLEY	36
37	11 & 12 100 BREASTSTROKE	38
39	13 & OVER 100 BREASTSTROKE	40
41	11 & 12 200 BACKSTROKE	42
43	13 & OVER 200 BACKSTROKE	44
45	11 & 12 100 BUTTERFLY	46
47	13 & OVER 100 BUTTERFLY	48
49** #	11 & 12 1650 FREESTYLE	50** #
51** #	13 & OVER 1650 FREESTYLE	52** #

- Deck Seeded Event

** The 13 & over 1650 free events may be limited to fastest 18 swimmers (3 heats). The 11 – 12 1650 may be limited to the fastest 12 swimmers (2 heats). These are deck-seeded events and will be run slowest to fastest. We will **NOT** alternate between male and female. **Swimmers in the 1650 Free must provide their own counter and timer.**

All 13-over events will be scored separately in the 13-14 and senior age groups for high point purposes and awards.

Order of Events
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Sunday AM

GIRLS	EVENT	BOYS
53	8 & UNDER 25 FREESTYLE	54
55	9 & 10 200 FREESTYLE	56
57	8 & UNDER 50 BREASTSTROKE	58
59	9 & 10 100 BREASTSTROKE	60
61	8 & UNDER 25 BACKSTROKE	62
63	9 & 10 50 BACKSTROKE	64
65	8 & UNDER 50 BUTTERFLY	66
67	9 & 10 100 BUTTERFLY	68
69	8 & UNDER 100 FREESTYLE	70

Sunday PM

FEMALE	EVENT	MALE
71	11 & 12 200 FREESTYLE	72
73	13 & OVER 200 FREESTYLE	74
75	11 & 12 200 BREASTSTROKE	76
77	13 & OVER 200 BREASTSTROKE	78
79	11 & 12 100 BACKSTROKE	80
81	13 & OVER 100 BACKSTROKE	82
83	11 & 12 200 BUTTERFLY	84
85	13 & OVER 200 BUTTERFLY	86
87	11 & 12 50 FREESTYLE	88
89	13 & OVER 50 FREESTYLE	90
91** #	11 & 12 1000 FREESTYLE	92** #
93** #	13 & OVER 1000 FREESTYLE	94** #

- Deck Seeded Event

** All 1000 free events may be limited to fastest 18 swimmers (3 heats). These are deck-seeded events and will be run slowest to fastest. We will **NOT** alternate between male and female. **Swimmers in the 1000 Freestyle must provide their own timer and counter.**

All 13-over events will be scored separately in the 13-14 and senior age groups for high point purposes and awards

**Hoover Blue Thunder Swim Team
January Long Shot Meet 2011
TEAM INFORMATION**

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:		CELL PHONE:	EMAIL:
COACHES ATTENDING:	NAME		COACHES CARD EXPIRATION DATE
	1.		
	2.		
	3.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		ATTACHED:	
		UNATTACHED:	
		TOTAL:	

SUMMARY OF FEES

NUMBER OF LSC SWIMMERS:		X \$3.00 SES SURCHARGE	=	
NUMBER OF OUT OF LSC SWIMMERS		X \$5.00 SES SURCHARGE	=	
NUMBER OF IND. EVENTS:		X \$5.00 PER EVENT ENTRY FEE	=	
TOTAL DUE:				

2010-11 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not properly registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Hoover Blue Thunder, City of Hoover, Alabama, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

CONSOLIDATED ENTRY FORM
Times should be in SHORT COURSE YARDS

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

Southeastern Swimming

SOUTHEASTERN LSC

INFORMATION FORM FOR SWIMMERS WITH A DISABILITY This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____ / _____ / _____ / _____ / _____ / _____ / _____ /
_____ / _____ / _____ / _____ / _____ / _____ / _____ / _____ /

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email: jdwhiteh@bham.rr.com

Meet Referee Email: Paul.Smith@ElPaso.com

Disability Chair [Email: walleybob@hotmail.com](mailto:walleybob@hotmail.com) Walter Smalley

901-486-1782