

2016

approved

SCY

## Southeastern BONUS Standards - YARDS

BOYS

GIRLS

10 & u	11-12	13-14	Senior	Event	Senior	13-14	11-12	10 & u
:33.09	:28.69	:25.29	:23.29	<b>50 FREE</b>	:26.39	:27.09	:28.49	:32.49
1:13.59	1:03.59	:55.49	:50.89	<b>100 FREE</b>	:57.09	:58.39	1:01.59	1:12.29
2:41.49	2:19.69	2:01.69	1:50.69	<b>200 FREE</b>	2:01.49	2:06.39	2:14.19	2:40.09
7:02.99	6:06.19	5:24.79	4:58.99	<b>500 FREE</b>	5:30.49	5:40.99	5:56.19	6:57.39
		11:43.59	10:50.09	<b>1000 FREE</b>	11:24.29	11:43.79		
		19:52.89	17:58.59	<b>1650 FREE</b>	20:11.99	20:25.59		
				<b>50 BACK</b>			:33.19	:38.29
:39.19	:33.79			<b>100 BACK</b>	1:03.69	1:06.49	1:11.09	1:22.69
1:24.49	1:13.49	1:04.89	:57.69	<b>200 BACK</b>	2:19.19	2:23.69		
		2:19.49	2:04.79					
				<b>50 BREAST</b>			:36.79	:43.89
:45.29	:38.59			<b>100 BREAST</b>	1:13.39	1:17.29	1:20.89	1:36.09
1:40.29	1:25.29	1:12.99	1:05.49	<b>200 BREAST</b>	2:39.49	2:46.79		
		2:40.79	2:24.79					
				<b>50 FLY</b>			:31.19	:37.39
:38.39	:31.99			<b>100 FLY</b>	1:02.79	1:05.89	1:10.69	1:28.89
1:32.99	1:12.89	1:04.29	:55.99	<b>200 FLY</b>	2:19.69	2:32.99		
		2:30.49	2:05.99					
				<b>100 IM</b>			1:10.59	1:22.99
1:23.89	1:13.09			<b>200 IM</b>	2:19.69	2:23.99	2:31.99	3:01.99
3:04.59	2:37.09	2:18.69	2:05.59	<b>400 IM</b>	4:53.49	5:09.09		
		4:54.39	4:28.79					