

2017

proposed

LCM

**SES BONUS Time Standards - LCM**

LCM		BOYS				GIRLS		
10 & u	11-12	13-14	Senior	Event	Senior	13-14	11-12	10 & u
:38.69	:33.99	:29.09	:27.19	<b>50 FREE</b>	<b>:29.99</b>	:30.29	:32.59	:38.29
1:26.99	1:14.99	1:03.39	:58.29	<b>100 FREE</b>	<b>1:04.69</b>	1:05.89	1:12.59	1:24.89
3:05.39	2:40.59	2:18.89	2:05.89	<b>200 FREE</b>	<b>2:18.69</b>	<b>2:22.09</b>	2:35.59	3:02.29
<i>no bonus</i>	<i>no bonus</i>	<i>no bonus</i>	<i>no bonus</i>	<b>400 FREE</b>	<i>no bonus</i>	<i>no bonus</i>	<i>no bonus</i>	<i>no bonus</i>
	<i>no bonus</i>	<i>no bonus</i>	<i>no bonus</i>	<b>800 FREE</b>	<i>no bonus</i>	<i>no bonus</i>	<i>no bonus</i>	
		<i>no bonus</i>	<i>no bonus</i>	<b>1500 FREE</b>	<i>no bonus</i>	<i>no bonus</i>		
:47.59	:41.49	<i>any time</i>	<i>any time</i>	<b>50 BACK</b>	<i>any time</i>	<i>any time</i>	:38.89	:45.69
1:43.09	1:28.69	<b>1:13.79</b>	1:09.19	<b>100 BACK</b>	<b>1:15.09</b>	<b>1:15.39</b>	1:23.29	1:37.69
		2:38.89	2:28.49	<b>200 BACK</b>	2:42.49	<b>2:42.69</b>		
:55.39	:47.59	<i>any time</i>	<i>any time</i>	<b>50 BREAST</b>	<i>any time</i>	<i>any time</i>	:44.79	:52.79
2:00.39	1:42.99	1:23.89	1:19.69	<b>100 BREAST</b>	<b>1:26.79</b>	<b>1:26.79</b>	1:38.89	1:54.39
		3:04.89	2:54.29	<b>200 BREAST</b>	<b>3:08.99</b>	<b>3:09.39</b>		
:47.19	:38.39	<i>any time</i>	<i>any time</i>	<b>50 FLY</b>	<i>any time</i>	<i>any time</i>	:36.09	:45.19
1:53.09	1:29.89	1:11.09	<b>1:04.29</b>	<b>100 FLY</b>	<b>1:11.99</b>	<b>1:12.79</b>	1:25.09	1:48.69
		2:48.29	<b>2:27.09</b>	<b>200 FLY</b>	2:53.59	2:53.59		
3:38.09	3:05.89	2:38.09	<b>2:25.69</b>	<b>200 IM</b>	<b>2:39.09</b>	2:41.59	2:59.19	3:21.69
		<i>no bonus</i>	<i>no bonus</i>	<b>400 IM</b>	<i>no bonus</i>	<i>no bonus</i>		

Events 400 meters and longer are not allowed for Bonus Swims

13-14 and Senior 50 meter Back, Breast, and Fly shall have no minimum Bonus Standard