

Southeastern Swimming Time Standards
LCM Championship Qualifying Times Worksheet

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
10 G 50 Free	37.49	37.49	nc	44	52
10 G 100 Free	1.23.19	1.23.19	nc	30	37
10 G 200 Free	2.58.69	2.58.69	nc	25	26
10 G 400 Free	6.08.59	6.08.59	nc	6	6
10 G 50 Back	44.79	44.79	nc	47	55
10 G 100 Back	1.35.69	1.35.69	nc	32	37
10 G 50 Breast	51.69	51.69	nc	41	44
10 G 100 Breast	1.52.09	1.52.09	nc	34	35
10 G 50 Fly	44.29	44.29	nc	52	60
10 G 100 Fly	1.46.49	1.46.49	nc	32	35
10 G 200 IM	3.17.69	3.17.69	nc	15	18

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
10 B 50 Free	37.89	37.89	nc	45	55
10 B 100 Free	1.25.29	1.25.29	nc	42	51
10 B 200 Free	3.01.69	3.01.69	nc	29	34
10 B 400 Free	6.35.49	6.35.49	nc	15	15
10 B 50 Back	46.59	46.59	nc	58	64
10 B 100 Back	1.40.99	1.40.99	nc	49	57
10 B 50 Breast	54.29	54.29	nc	49	54
10 B 100 Breast	1.57.99	1.57.99	nc	38	41
10 B 50 Fly	46.19	46.19	nc	47	53
10 B 100 Fly	1.50.79	1.50.79	nc	31	34
10 B 200 IM	3.33.79	3.33.79	nc	31	33

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
12 G 50 Free	31.89	31.89	nc	39	54
12 G 100 Free	1.11.09	1.11.09	nc	46	59
12 G 200 Free	2.32.49	2.32.49	nc	28	37
12 G 400 Free	5.17.19	5.17.19	nc	14	15
12 G 50 Back	38.09	38.09	nc	53	69
12 G 100 Back	1.21.59	1.21.59	nc	45	53
12 G 50 Breast	43.89	43.89	nc	44	49
12 G 100 Breast	1.36.89	1.36.89	nc	40	43
12 G 50 Fly	35.39	35.39	nc	48	51
12 G 100 Fly	1.23.39	1.23.39	nc	40	47
12 G 200 IM	2.55.59	2.55.59	nc	36	44

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
12 B 50 Free	33.29	33.29	nc	53	60
12 B 100 Free	1.13.49	1.13.49	nc	52	57
12 B 200 Free	2.37.39	2.37.39	nc	37	41
12 B 400 Free	5.27.49	5.27.49	nc	24	26

12 B 50 Back	40.59	40.59	nc	56	66
12 B 100 Back	1.26.89	1.26.89	nc	48	56
12 B 50 Breast	46.59	46.59	nc	56	60
12 B 100 Breast	1.40.89	1.40.89	nc	39	43
12 B 50 Fly	37.59	37.59	nc	40	45
12 B 100 Fly	1.28.09	1.28.09	nc	33	34
12 B 200 IM	3.02.19	3.02.19	nc	40	43

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
14 G 50 Free	29.69	29.69	nc	29	58
14 G 100 Free	1.04.59	1.04.59	nc	33	49
14 G 200 Free	2.19.39	2.19.29	-0.1	30	43
14 G 400 Free	4.52.99	4.52.99	nc	15	25
14 G 800 Free	10.07.79	10.07.79	nc	7	8
14 G 1500 Free	19.53.19	19.53.19	nc	10	13
14 G 100 Back	1.14.29	1.13.89	-0.4	30	48
14 G 200 Back	2.39.99	2.39.49	-0.5	31	43
14 G 100 Breast	1.27.39	1.24.69	-2.7	29	55
14 G 200 Breast	3.06.39	3.05.59	-0.8	31	47
14 G 100 Fly	1.12.89	1.11.29	-1.6	29	49
14 G 200 Fly	2.50.19	2.47.39	-2.8	32	41
14 G 200 IM	2.38.39	2.38.39	nc	20	46
14 G 400 IM	5.38.59	5.38.59	nc	20	26

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
14 B 50 Free	28.49	28.49	nc	21	30
14 B 100 Free	1.02.09	1.02.09	nc	28	36
14 B 200 Free	2.16.09	2.16.09	nc	32	40
14 B 400 Free	4.46.99	4.46.99	nc	14	18
14 B 800 Free	9.59.59	9.59.59	nc	14	15
14 B 1500 Free	18.51.19	18.51.19	nc	9	14
14 B 100 Back	1.12.59	1.12.29	-0.3	32	36
14 B 200 Back	2.35.69	2.35.69	nc	24	30
14 B 100 Breast	1.22.19	1.22.19	nc	25	33
14 B 200 Breast	3.01.19	3.01.19	nc	24	28
14 B 100 Fly	1.09.69	1.09.69	nc	28	32
14 B 200 Fly	2.44.99	2.44.99	nc	26	30
14 B 200 IM	2.34.99	2.34.99	nc	33	42
14 B 400 IM	5.28.09	5.28.09	nc	14	15

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
SR G 50 Free	29.49	29.39	-0.1	66	100
SR G 100 Free	1.03.69	1.03.69	nc	64	101
SR G 200 Free	2.16.59	2.15.89	-0.7	47	69
SR G 400 Free	4.46.49	4.46.49	nc	20	31
SR G 800 Free	9.57.49	9.57.49	nc	7	10
SR G 1500 Free	18.53.29	18.53.29	nc	5	12

SR G 100 Back	1.13.79	1.13.59	-0.2	62	76
SR G 200 Back	2.39.29	2.39.29	nc	46	65
SR G 100 Breast	1.27.39	1.25.09	-2.3	45	66
SR G 200 Breast	3.06.39	3.05.29	-1.1	46	54
SR G 100 Fly	1.12.89	1.10.49	-2.4	59	92
SR G 200 Fly	2.50.19	2.50.19	nc	47	53
SR G 200 IM	2.36.29	2.35.89	-0.4	38	67
SR G 400 IM	5.30.99	5.30.99	nc	13	20

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
SR B 50 Free	26.59	26.59	nc	51	67
SR B 100 Free	57.09	57.09	nc	51	66
SR B 200 Free	2.03.39	2.03.39	nc	39	52
SR B 400 Free	4.21.79	4.21.79	nc	24	36
SR B 800 Free	9.10.99	9.10.99	nc	20	22
SR B 1500 Free	18.17.39	18.17.39	nc	25	25
SR B 100 Back	1.07.79	1.07.79	nc	50	60
SR B 200 Back	2.25.49	2.25.49	nc	32	42
SR B 100 Breast	1.18.09	1.18.09	nc	60	62
SR B 200 Breast	2.50.79	2.50.79	nc	46	48
SR B 100 Fly	1.03.09	1.02.99	-0.1	53	61
SR B 200 Fly	2.25.29	2.24.19	-1.1	44	48
SR B 200 IM	2.23.29	2.22.79	-0.5	47	60
SR B 400 IM	5.00.79	5.00.79	nc	25	31

sr 12509

sr 25019