

**Southeastern Swimming Time Standards**  
**SCY Championship Qualifying Times Worksheet**

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
10 G 50 Free	31.79	31.79	nc	18	28
10 G 100 Free	1.10.79	1.10.79	nc	22	27
10 G 200 Free	2.36.89	2.36.89	nc	24	24
10 G 500 Free	6.49.19	6.49.19	nc	10	11
10 G 50 Back	37.49	37.49	nc	19	27
10 G 100 Back	1.20.99	1.20.99	nc	18	21
10 G 50 Breast	42.99	42.99	nc	25	30
10 G 100 Breast	1.34.19	1.34.19	nc	24	27
10 G 50 Fly	36.59	36.59	nc	30	36
10 G 100 Fly	1.27.09	1.27.09	nc	29	33
10 G 100 IM	1.21.29	1.21.29	nc	24	34
10 G 200 IM	2.58.39	2.58.39	nc	22	25

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
10 B 50 Free	32.39	32.39	nc	34	43
10 B 100 Free	1.12.09	1.12.09	nc	37	46
10 B 200 Free	2.38.29	2.38.29	nc	21	23
10 B 500 Free	6.54.69	6.54.69	nc	9	11
10 B 50 Back	38.39	38.39	nc	32	38
10 B 100 Back	1.22.79	1.22.79	nc	26	30
10 B 50 Breast	44.39	44.39	nc	31	35
10 B 100 Breast	1.38.29	1.38.29	nc	33	36
10 B 50 Fly	37.59	37.59	nc	26	35
10 B 100 Fly	1.31.09	1.31.09	nc	23	26
10 B 100 IM	1.22.19	1.22.19	nc	33	42
10 B 200 IM	3.00.89	3.00.89	nc	21	22

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
12 G 50 Free	27.89	<b>27.79</b>	<b>-0.1</b>	24	34
12 G 100 Free	1.00.29	1.00.29	nc	18	33
12 G 200 Free	2.11.49	2.11.49	nc	18	25
12 G 500 Free	5.49.19	5.49.19	nc	12	18
12 G 1000 Free	12.25.69	xx	nc	N/A	N/A
12 G 50 Back	32.49	<b>32.09</b>	<b>-0.4</b>	32	44
12 G 100 Back	1.09.69	1.09.69	nc	27	33
12 G 50 Breast	35.99	35.99	nc	17	22
12 G 100 Breast	1.19.29	1.19.29	nc	20	25
12 G 50 Fly	30.49	30.49	nc	24	32
12 G 100 Fly	1.09.29	1.09.29	nc	26	28
12 G 100 IM	1.09.19	1.09.19	nc	26	30
12 G 200 IM	2.28.99	2.28.99	nc	16	21

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
12 B 50 Free	28.09	28.09	nc	33	39
12 B 100 Free	1.02.29	<b>1.00.89</b>	<b>-1.4</b>	43	59
12 B 200 Free	2.16.89	<b>2.15.09</b>	<b>-1.8</b>	38	47
12 B 500 Free	5.58.99	5.58.99	nc	24	26
12 B 1000 Free	13.19.39	xx	nc	N/A	N/A
12 B 50 Back	33.09	33.09	nc	30	37
12 B 100 Back	1.11.99	1.11.99	nc	32	35
12 B 50 Breast	37.79	37.79	nc	27	32
12 B 100 Breast	1.23.59	1.23.59	nc	30	33
12 B 50 Fly	31.29	31.29	nc	28	37
12 B 100 Fly	1.11.39	1.11.39	nc	28	36
12 B 100 IM	1.11.59	<b>1.11.39</b>	<b>-0.2</b>	31	45
12 B 200 IM	2.33.99	2.33.99	nc	29	37

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
14 G 50 Free	26.49	<b>26.19</b>	<b>-0.3</b>	30	52
14 G 100 Free	57.19	<b>56.99</b>	<b>-0.2</b>	27	41
14 G 200 Free	2.03.89	<b>2.03.49</b>	<b>-0.4</b>	24	32
14 G 500 Free	5.34.29	<b>5.32.69</b>	<b>-1.6</b>	20	29
14 G 1000 Free	11.29.99	xx	nc	N/A	N/A
14 G 1650 Free	20.01.49	20.01.49	nc	13	13
14 G 100 Back	1.05.19	<b>1.04.69</b>	<b>-0.5</b>	31	41
14 G 200 Back	2.20.79	<b>2.19.99</b>	<b>-0.8</b>	29	34
14 G 100 Breast	1.15.69	<b>1.14.29</b>	<b>-1.4</b>	29	44
14 G 200 Breast	2.43.49	<b>2.40.79</b>	<b>-2.7</b>	26	42
14 G 100 Fly	1.04.59	<b>1.03.29</b>	<b>-1.3</b>	24	42
14 G 200 Fly	2.29.99	2.29.99	nc	28	31
14 G 200 IM	2.21.09	<b>2.20.29</b>	<b>-0.8</b>	23	41
14 G 400 IM	5.02.99	5.02.99	nc	25	29

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
14 B 50 Free	24.79	24.79	nc	22	31
14 B 100 Free	54.39	54.39	nc	26	31
14 B 200 Free	1.59.29	1.59.29	nc	27	31
14 B 500 Free	5.18.39	5.18.39	nc	19	24
14 B 1000 Free	11.29.79	xx	nc	N/A	N/A
14 B 1650 Free	19.29.49	19.29.49	nc	20	20
14 B 100 Back	1.03.59	<b>1.02.09</b>	<b>-1.5</b>	27	34
14 B 200 Back	2.16.69	2.16.69	nc	24	26
14 B 100 Breast	1.11.49	1.11.49	nc	20	22
14 B 200 Breast	2.37.59	2.37.59	nc	18	18
14 B 100 Fly	1.02.99	<b>1.01.19</b>	<b>-1.8</b>	29	36
14 B 200 Fly	2.27.49	<b>2.22.49</b>	<b>-5</b>	30	35
14 B 200 IM	2.15.89	2.15.89	nc	18	27
14 B 400 IM	4.48.59	4.48.59	nc	14	16

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
SR G 50 Free	25.79	<b>25.29</b>	<b>-0.5</b>	46	90
SR G 100 Free	55.89	<b>55.59</b>	<b>-0.3</b>	46	80
SR G 200 Free	1.59.09	1.59.09	nc	34	49
SR G 500 Free	5.23.99	<b>5.20.99</b>	<b>-3</b>	27	46
SR G 1000 Free	11.10.79	xx	nc	N/A	N/A
SR G 1650 Free	19.48.19	19.48.19	nc	19	20
SR G 100 Back	1.02.39	<b>1.01.79</b>	<b>-0.6</b>	37	59
SR G 200 Back	2.16.39	<b>2.12.49</b>	<b>-3.9</b>	30	43
SR G 100 Breast	1.11.89	1.11.89	nc	23	33
SR G 200 Breast	2.36.29	2.36.29	nc	25	35
SR G 100 Fly	1.01.49	<b>1.01.19</b>	<b>-0.3</b>	44	67
SR G 200 Fly	2.16.89	2.16.89	nc	17	32
SR G 200 IM	2.16.89	<b>2.14.39</b>	<b>-2.5</b>	22	47
SR G 400 IM	4.47.69	4.47.69	nc	24	30

Event	2016 QT	Prop. 2017 QT	Diff.	#16 results faster Prop 17 QT	Total 16 results
SR B 50 Free	22.79	22.79	nc	36	58
SR B 100 Free	49.89	<b>49.79</b>	<b>-0.1</b>	41	59
SR B 200 Free	1.48.49	<b>1.48.29</b>	<b>-0.2</b>	29	41
SR B 500 Free	4.53.09	<b>4.52.49</b>	<b>-0.6</b>	19	29
SR B 1000 Free	10.37.29	xx	nc	N/A	N/A
SR B 1650 Free	17.37.39	17.37.39	nc	23	26
SR B 100 Back	56.49	56.49	nc	32	39
SR B 200 Back	2.02.29	2.02.29	nc	17	20
SR B 100 Breast	1.04.19	1.04.19	nc	35	43
SR B 200 Breast	2.21.89	<b>2.19.39</b>	<b>-2.5</b>	27	35
SR B 100 Fly	54.89	54.89	nc	34	50
SR B 200 Fly	2.03.49	2.03.49	nc	33	35
SR B 200 IM	2.03.09	<b>2.01.79</b>	<b>-1.3</b>	24	44
SR B 400 IM	4.23.49	4.23.49	nc	20	26