

| LCM | | 2019 Southeastern Time Standards - LCM | | | | | proposed | | |
|---------|---------------|---|----------------|-------------------|----------------|----------|----------|---------|--|
| | | BOYS | | | Event | Senior | GIRLS | | |
| 10 & u | 11-12 | 13-14 | Senior | Event | Senior | 13-14 | 11-12 | 10 & u | |
| :37.89 | :32.89 | :28.49 | :26.59 | 50 FREE | :29.29 | :29.69 | :31.89 | :37.49 | |
| 1:25.29 | 1:13.49 | 1:01.69 | :57.09 | 100 FREE | 1:03.29 | 1:04.59 | 1:11.09 | 1:23.19 | |
| 3:01.69 | 2:37.39 | 2:14.89 | 2:03.39 | 200 FREE | 2:15.89 | 2:19.29 | 2:32.49 | 2:58.69 | |
| 6:35.49 | 5:27.49 | 4:46.99 | 4:21.79 | 400 FREE | 4:46.49 | 4:52.99 | 5:17.19 | 6:08.59 | |
| | (400QT) | 9:59.59 | 9:10.99 | 800 FREE | 9:57.49 | 10:07.79 | (400QT) | | |
| | | 18:51.19 | 17:52.29 | 1500 FREE | 18:53.29 | 19:53.19 | | | |
| :46.59 | :39.29 | (100QT) | (100QT) | 50 BACK | (100QT) | (100QT) | :38.09 | :44.79 | |
| 1:40.99 | 1:26.89 | 1:12.09 | 1:07.79 | 100 BACK | 1:12.49 | 1:13.89 | 1:21.59 | 1:35.69 | |
| | | 2:35.69 | 2:25.49 | 200 BACK | 2:39.29 | 2:39.49 | | | |
| :54.29 | :46.49 | (100QT) | (100QT) | 50 BREAST | (100QT) | (100QT) | :43.89 | :51.69 | |
| 1:57.99 | 1:40.89 | 1:22.19 | 1:16.99 | 100 BREAST | 1:25.09 | 1:25.09 | 1:36.89 | 1:52.09 | |
| | | 3:01.19 | 2:50.79 | 200 BREAST | 3:04.99 | 3:05.59 | | | |
| :46.19 | :37.59 | (100QT) | (100QT) | 50 FLY | (100QT) | (100QT) | :35.39 | :44.29 | |
| 1:50.79 | 1:28.09 | 1:09.69 | 1:02.99 | 100 FLY | 1:10.09 | 1:11.29 | 1:23.39 | 1:46.49 | |
| | | 2:44.99 | 2:24.19 | 200 FLY | 2:47.39 | 2:50.19 | | | |
| 3:33.79 | 3:02.19 | 2:34.99 | 2:22.79 | 200 IM | 2:35.89 | 2:38.39 | 2:55.59 | 3:17.69 | |
| | | 5:28.09 | 5:00.79 | 400 IM | 5:30.99 | 5:38.59 | | | |

13&Over 800 and 1500 Freestyles may use alternate distance event for qualification

*****Qualifying times must have been achieved since September 1, 2017**