

USA Swimming Coaches -  
Join us for our

# Disability Workshop

February 2-4, 2018

Colorado Springs Olympic Training Center

- Learn from the nation's best U.S. Paralympic Coaches.
- Work with the U.S. Paralympic Swimming Resident Team to learn first-hand what it takes to train a Para-swimmer.
- Gain a working knowledge on how to adapt training and technique concepts.
- Learn what resources exist with U.S. Paralympics Swimming for athletes/coaches.
- Hear presentations from the USA Swimming Disability Committee about athlete inclusion within your swim team program.
- Free online courses for all participants.
- Contact Queenie Nichols ([Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org)) or Randy Julian ([RJulian@usaswimming.org](mailto:RJulian@usaswimming.org)) for more information.

