

LCM		2016 Southeastern Time Standards - LCM					approved	
		BOYS			Event	GIRLS		
10 & u	11-12	13-14	Senior	Senior	13-14	11-12	10 & u	
:37.89	:33.29	:28.49	:26.59	50 FREE	:29.49	:29.69	:37.49	
1:25.29	1:13.49	1:02.09	:57.09	100 FREE	1:03.69	1:04.59	1:23.19	
3:01.69	2:37.39	2:16.09	2:03.39	200 FREE	2:16.59	2:19.39	2:58.69	
6:35.49	5:27.49	4:46.99	4:21.79	400 FREE	4:46.49	4:52.99	6:08.59	
	<i>(400QT)</i>	9:59.59	9:10.99	800 FREE	9:57.49	10:07.79	<i>(400QT)</i>	
		18:51.19	18:17.39	1500 FREE	18:53.29	19:53.19		
:46.59	:40.59	<i>(100QT)</i>	<i>(100QT)</i>	50 BACK	<i>(100QT)</i>	<i>(100QT)</i>	:44.79	
1:40.99	1:26.89	1:12.59	1:07.79	100 BACK	1:13.79	1:14.29	1:35.69	
		2:35.69	2:25.49	200 BACK	2:39.29	2:39.99		
:54.29	:46.59	<i>(100QT)</i>	<i>(100QT)</i>	50 BREAST	<i>(100QT)</i>	<i>(100QT)</i>	:51.69	
1:57.99	1:40.89	1:22.19	1:18.09	100 BREAST	1:27.39	1:27.39	1:52.09	
		3:01.19	2:50.79	200 BREAST	3:06.39	3:06.39		
:46.19	:37.59	<i>(100QT)</i>	<i>(100QT)</i>	50 FLY	<i>(100QT)</i>	<i>(100QT)</i>	:44.29	
1:50.79	1:28.09	1:09.69	1:03.09	100 FLY	1:12.89	1:12.89	1:46.49	
		2:44.99	2:25.29	200 FLY	2:50.19	2:50.19		
3:33.79	3:02.19	2:34.99	2:23.29	200 IM	2:36.29	2:38.39	3:17.69	
		5:28.09	5:00.79	400 IM	5:30.99	5:38.59		