

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	AD - Adirondack Swimming	Practice - Other	Locker Room	Swimmer walked into the locker room, slipped, fell and gouged his right leg open on the corner of a mirror hanging on the wall. It was pretty ugly looking, so we headed straight to urgent care. They couldn't stitch it as there was too much tissue missing, so they glued and steri stripped it closed.	Cut was pretty ugly looking, so they headed straight to urgent care. They couldn't stitch it as there was too much tissue missing, so they glued and steri stripped it closed.
Female	AD - Adirondack Swimming	Practice - Other	Deck	Swimmers was walking out of locker room when her knee just gave out. The adults on the pool deck were next to her so they caught her before she completely fell. Swimmer went to ER that evening, ortho the next morning and ortho admitted her for additional tests.	Swimmer went to ER that evening, ortho the next morning and ortho admitted her for additional tests. She has been in the hospital since
Female	AD - Adirondack Swimming	Practice - Entering / Exiting Pool	Water - Turn End		As swimmers were entering the pool swimmer slipped and fell into water striking her left arm and back on edge of pool. Water is 4ft deep she came to rest leaning on edge of gutter flush with water. Emergency action plan activated. Swimmer placed on backboard until EMT arrived. Precautions taken due to spinal injury 2 years ago where rods were placed to align spine. X-ray revealed no injury other than contusion to back and arm. Swimmer returned to school next morning.
Female	AD - Adirondack Swimming	Meet - Warm-up	Water - Turn End		Cut right foot on touch pad when doing open turn.
Female	AK - Alaska Swimming	Practice - Other	Water - Bottom	swimmer hit and chipped her front teeth while doing a surface dive during a water polo game. She hit her tooth on the bottom of the pool.	
Female	AK - Alaska Swimming	Meet - Competition	Water - Start End	During a swimming competition swimmer was competing in a race as she approached the wall she had both her arms extended, and by doing that hit the wall and hyperextended her arm which created her injury	
Female	AK - Alaska Swimming	Practice - Dry Land	Deck	Athlete was attempting to catch a 11# medicine ball and was unable to do so before striking her in the face.	At the time of the incident the athlete was asymptomatic of head injury other than her left front tooth. Parents were notified. Athlete displayed symptoms of slurred speech and nausea approximately 12 hrs after incident, while with parents. Athlete is receiving medical care.
Female	AK - Alaska Swimming	Practice - Other	Other Water-at the blue	Two swimmers were in the same lane together. One swimmer was warming up for her test set swimming freestyle coming back on the left side of the lane (correct side for her) while the other was cooling down after her test set swimming backstroke on the left side of the lane (wrong side for her). The swimmers then collided head on at the blue line with the backstroker injuring the freestyle swimmer's nose with her head.	Swimmers struck head to nose. Injured swimmer's nose was heavily bleeding. A lifeguard then came over to assist her with the bleeding and gave her an ice pack to place on her nose for any swelling that would occur. Swimmer's nose was crooked and presumed fractured (after going to the hospital we found out that it was fractured). Swimmer's parents were called to pick her up while the lifeguards were filling out their incident report form. Once they were done filling out the form she was picked up by her parents.
Female	AK - Alaska Swimming	Practice - Other	Water - Start End	Swimmer was backhanded in the face with goggles on by another swimmer. The other swimmer was leading the lane in backstroke and did a start off the wall where her arm was flung around into streamline and hit swimmer in the eye/face. Coach had injured swimmer climb out and looked at her left eye which was visibly slightly more red than the right eye. Coach offered ice which was declined then offered a cold wet paper towel which was accepted. Swimmer placed the cold paper towel over her eye. Swimmer explained she had a small amount of blurred vision upon opening her eye after having it closed for approximately 10 minutes. Her mother was informed of the incident when she arrived at the pool about 15 minutes after the incident occurred. At this point swimmer rejoined the team for the last 15minutes of practice.	
Male	AK - Alaska Swimming	Practice - Other	Water - Lane Lines	While swimming breast stroke, swimmer was kicked in the right forearm by another swimmer. It was unintentional as the team was circle swimming this time. Swimmer was able to swim into the wall and explain to coach what happened. Coach lightly touched his arm and examined his hand function and there were no obvious injuries or bruises. Coach offered him ice, which he accepted. After 10-15 minutes with ice he decided to get back in the pool and finish the last 10 minutes of practice. He said his arm was fine at practice the next day 4/20 and didn't hurt.	
Male	AK - Alaska Swimming	Practice - Other	Water - Turn End	Swimmer was struck by an oncoming swimmer. Swimmer hit heads with the other swimmer and complained of dizziness. Swimmer had a small lump, was given ice and did not return to the pool. Follow up call to parents later in the evening indicated that swimmer was fine.	Slight knot on the side of swimmer's head after collision. Ice was applied and the swimmer was sent home after 30 minutes of observation.
Female	AK - Alaska Swimming	Meet - Competition	Deck	ran into hook on wall on pool deck, screeched her arm	ran into hook on the wall on pool deck, scratched her arm
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was swimming an IM set at practice yesterday morning and hit her head on the wall when coming in for backstroke. She did not experience symptoms at practice, but when she got home, she got a strong headache. She was dizzy and nauseous and had some blurred vision. Her mother took her Childrens Hospital to get her checked. They have told her to stay out of the water until symptoms are gone.	The incident was not reported to coaches at practice. Swimmer was taken to the hospital after practice when symptoms started.
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Hallway	Swimmer rolled her ankle walking down the hallway to attend dry-land practice.	Swimmer has expressed pain in the side of her foot and her ankle. There was no initial swelling.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Start End	Athlete was helping to Coach / Instruct younger swimmers. They were working on jumping and diving from starting blocks. athlete got too close as one boy jumped into the water. Their heads collided and both seemed to be fine according to athlete who did not report what happened to supervisor or coach present. She then went through a 2nd session we has set up and to all there seemed fine. (no one noticed anything in actions or appearance of athlete) When she arrived home her mother noticed a bump on forehead and bruising around eye and after talking with athlete decided to take her to the emergency center at Ohio Valley Hospital / 25 Hecker Rd / Kennedy Twp. / Pa 15136. Drs there examined her and did a CT Scan and said it showed no fractures, but suggested follow up with family Dr or AGH Concussion Clinic. Calling Dr next day his office referred them onto concussion clinic, where she was examined on 5-2-16. AGH (Allegheny General Hospital) Concussion Clinic 1307 Federal St , 2nd Floor Pittsburgh PA 15212 They have recommended no physical activity for a week and then have a follow up at that time. Again no one new of injury till after she went home, one girl, fellow team mate and helper saw it and asked her if they were ok and athlete said yes no problems. The boy was and is fine. We have talked to parents and he has no visible signs and did not complain of any problems.	These were not evident at practice - showed up after heading home when mother noticed. The boy involved had no marks - symptoms - problems. His parents were aware but no marks or problems and he is fine.
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Start End	Backstroke start onto his head	
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Turn End	Swimmer did a flip turn and this the pool edge	Both feet were sore
Female	AM - Allegheny Mtn Swimming	Other Exiting pool after event	Deck	Bloody nose after swimming 500 freestyle	Bloody nose after swimming 500 freestyle

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Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer got kicked during warm-up in the head	Nausea, eyes jumping, headache
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Other concession stand	She was working in the concession stand and using a knife and cut her left thumb.	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End		
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Lane Lines	Had previous cut on finger and reopened finger on lane line	
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Start End	Swimmer said he was doing a turn under water and when he pushed off the wall he felt something sharp which cut the ball of his left foot.	Cut ball of left foot while pushing of the wall during a turn.
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Deck	Swimmer was lightheaded, and felt weak. No dizziness, denied any pain, not Diabetic. Coach L was with and monitored swimmer.	Swimmer was lightheaded and just did not feel well.
				Swimmer was bobbing up and down in the water while waiting in line to practice flipturns. While underwater, swimmer pushed off of the bottom and hit the top of their head on the jaw of another swimmer who was also bobbing up and down in the water.	
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Coaches on deck immediately summoned the swimmers to the wall for observation. They both had no obvious head trauma and were given ice. Coaches continue to observe swimmers and communicated information to parents after practice.	
				Swimmer was bobbing up and down in the water while waiting in line to practice flipturns. While underwater, another swimmer who was also bobbing up and down in the water pushed off of the bottom and hit the top of their head on the jaw of the swimmer.	
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Coaches on deck immediately summoned the swimmers to the wall for observation. They both had no obvious head trauma and were given ice. Coaches continue to observe swimmers and communicated information to parents after practice.	
Female	AM - Allegheny Mtn Swimming	Other during practice	Water - Turn End	There are tiles missing in lane 1 of the shallow end and swimmer step in the hole.	There was a deep cut to outside of right big toe. Bleeding was slowed down and 2 steri strips applied as well as a gauze pad taped over the strips.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Hit fingers into wall on turn because goggles were filled with water.	After taking a shower 3 fingers were a little swollen. Swimmer was instructed to put ice on at home. Ice machine was broken.
				Parent slipped and fell on deck. Other spectators helped him up and myself and facilities director spoke to him right after it happened. He told us he was fine and was up walking around and refused to any assistance or to give us any information to fill out a report of occurrence. We received an email from his wife on April 26th informing us she took him to the ER later that morning and he had injured his back. She asked if we would file this report at this time.	He was seen by St. Vincent Infirmary ER and he did a chest x-ray were a fracture to his L9 rib was confirmed
				Spectator suddenly felt ill and passed out. They had her lie down on a couch in the lobby and called 911. She said her back had been hurting her previously and EMT recommended they take her to the ER. Her husband arrived and he also wanted her taken to ER.	
Female	AR - Arkansas Swimming	Other Walking into the meet	Outside Venue		
Female	AR - Arkansas Swimming	Other Talking to coach	Deck		
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Outside Venue	Athlete tripped while going down the stairs in front of our practice facility. Her dad was already waiting in the parking lot so she did not seek treatment from the pool staff.	At the time of injury, her dad took her to Walgreens to get crutches and made an appt with an ortho for the following Monday where they discovered that it was broken.
Female	AZ - Arizona Swimming	Other Team Trip	Other Ocean	Did not contact the ocean floor, wave hit her in the head	
Female	AZ - Arizona Swimming	Practice - Other	Water - Turn End	Athlete struck wall with head while swimming backstroke, backstroke flags were not present over the lane.	Head struck wall, complained of small headache directly after impact but nothing long-lasting, sat out of pool with ice pack, coach received phone confirmation from athlete's mother that she was okay to continue swimming.
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Team Area	reinjured shoulder grabbing the leg of the tent when a strong dust devil rolled through the facility	swelling in the hands, shooting pain in shoulder
Male	AZ - Arizona Swimming	Meet - Watching / Observing	Team Area	Athlete was catching a tent in the high wind when a 2nd tent hit him in the face	injury to face area. cut on lip and loose tooth
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Start End	Strained shoulder getting out of the water at the conclusion of her race	feels she pulled a muscle
					Baby Rattlesnake bite on right foot small toe.
Male	AZ - Arizona Swimming	Practice - Other	Deck	Baby Rattlesnake bite walking on the deck.	Is still in ICU till at least Saturday May 14th.
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Other Door to pool lobby	Athlete was entering the facility and another child shut the lobby door and athlete's finger got shut in the door	MOther has taken her daughter to urgent care to see if her finger is broken.
				Two swimmers ran into each other while swimming. One was swimming freestyle, the other swimming backstroke. The injured athlete initiated the contact when striking the other with his paddle. Both athletes stopped but it is possible the two bumped heads. Both athletes seemed fine but injured party has experienced headaches daily since	Injured athlete went to local urgent care and his primary care Dr and was told he might have a slight concussion. He is experiencing regular headaches.
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Other Deck - Gutter	swimmer injured her foot while entering the pool stepping from the deck onto the gutter.	The mother did take swimmer to the doctor and resulted in a diagnosis of a fracture.
Female	AZ - Arizona Swimming	Practice - Other	Locker Room		Slipped in locker room and landed on face.
				We were doing some short running sprints. Athlete's right foot slipped and she rolled over her ankle. We immediately immobilized the area and applied ice. Her mother picked her up and took her to see a doctor right away.	We are unsure yet if it is a sprain or fracture. X-rays will be taken on 2/24 to further assess the injury.
Female	AZ - Arizona Swimming	Other Spectator at swim meet	Locker Room	Felt light headed - was going to restroom, got dizzy and fell.	Hit left lower eye, chin and mouth on right side.
Female	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Hit both heels on the turn wall during 100 backstroke of Pitchfork Pentathlon II at Arizona State University	
Male	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Jammed Hand into the end of the pool during a race.	
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Team Area	tent flew and hit forearm. Trying to catch it from flying away when it struck her.	laceration and bruise on the forearm
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Deck	dizzy and fell to the ground	
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Cut ankle while exiting pool	Cut ankle while exiting pool
				Swimmer pushed off the wall on the left side of the lane and collided with another swimmer at about the 10 meter mark.	
Male	AZ - Arizona Swimming	Practice - Other	Water - Start End	Athlete fell while doing a handstand in the grass	
Female	AZ - Arizona Swimming	Practice - Dry Land	Other Grass		
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Start End	Kicked in the eye	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Side	Swimmer collided with another swimmer during warm up. Cut on forehead from her goggles.	
Female	AZ - Arizona Swimming	Practice - Other	Outside Venue	Running and fell/rolled/landed on foot and fractured it.	

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Female	AZ - Arizona Swimming	Meet - Competition	Stairs	Exiting the competition pool via ladder to stairs. She slipped on stairs and fell back and hit her back on the tiled stairs.	2 inch swollen area on lower left portion of her back with 3/4 inch open scratch
Male	BD - Border Swimming	Practice - Other	Starting Blocks	Swimmer was performing race starts and completed several prior to his incident. On one attempt he struck the floor.	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Bottom	swimmer jumped into the pool and broke her right 5th Metatarsal, distal	swimmer jumped into the pool on the shallow end, as they do every practice and landed on her foot funny...it had initially hurt, but she wanted to finish practice. I watched it over the next few days for bruising and iced it daily, as we thought she had just landed funny...on 2/20 I noticed substantial bruising on the bottom of her foot, she didn't complain of pain, so we went to the Dr. on Monday, February 22nd, where they took an XRay and confirmed a fracture of her 5th right distal metatarsal.
Female	CA - So. California Swimming	Practice - Other	Team Area	Swimmer was involved in T-Bone accident day before felt okay during warm up the next morning and during practice swimmer felt dizzy, body numb and incoherent of questions. Coach took initiative to aid the swimmer by sitting her down, asking her basic questions. Swimmer's parents were called and notified and parents picked her up.	Swimmer felt dizzy, body numb and incoherent of questions from Coaching staff
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer misjudged freestyle flip turn and foot struck side of pool at turn end.	
Male	CA - So. California Swimming	Meet - Competition	Other getting out of pool	Getting out of pool hit head on diving board	Swimmer had tears in his eyes
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	finished into bulkhead at end of pool and stuck crown of head.	
Male	CA - So. California Swimming	Meet - Warm Down	Water - Turn End	swimmer did a flip turn and ran into another swimmer after he pushed off the wall	swimmer had a bump on his head after bumping into another swimmer
Male	CA - So. California Swimming	Swimjitsu - Dry Land	Outside Venue	During Dry Land the kids were running around the baseball field. This was about 6:50 p.m. on Tuesday June 7th 2016. On the opposite end of the field the swimmer and another athlete were running together. The boys came upon a Open gate and the other athlete grab or hung on the gate door and swung it, the gate door swung back and the swimmer ran into it with his fore head. He had a small bump on his head. He went to the lifeguards who checked on him and released him. His parents were notified and they came to pick him up. He did not complain about being dizzy or head ache or blurred vision to the life guards. The other athlete said it was not intentional.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit head diving off starting block in competition.	Hit head diving off starting block in competition.
Male	CA - So. California Swimming	Meet - Competition	Other Behind starting blocks	Athlete fell out of a chair and hit his head on the pool deck.	Athlete fell out of a chair and hit his head on the pool deck. On-site lifeguard performed basic assessment. Recommendation: athlete be checked out for concussion by medical professional. Released to father.
Male	CA - So. California Swimming	Meet - Competition	Starting Blocks	Did start from block and on take off something "popped" at the back of his knee	At take off from blocks for event felt something pop behind the knee. Couldn't put any pressure on leg
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit his head on the wall.	Hit top of head.
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Hit head on wall at turn end during 100 Free event. Goggles had fallen off during her dive.	Coach did not see injury occur, nor was it reported by anyone on deck. CROC meet manager informed us that parent had applied ice, indicated that it did not appear to be serious but parent was taking swimmer to be checked out at medical facility (name not known).
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	During 400 yard run outside pool facility swimmer tripped and tried to catch himself and injured his arm.	
Female	CA - So. California Swimming	Meet - Competition	Water - Lane Lines		
Male	CA - So. California Swimming	Practice - Other	Other water, swimming in lane		Athlete is on seizure medication.
Female	CA - So. California Swimming	Other PRACTICE-WATER	Water - Start End	STUNG BY A BEE OR MIGHT HAVE CUT LIP ON BRACES	INJURED TONGUE OR INNER LIP
Female	CA - So. California Swimming	Meet - Competition	Other exiting the pool after finish of race.	Was exiting the pool after her race.	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Dove into water from block to deep and hit head on bottom	
Male	CA - So. California Swimming	Meet - Competition	Other Snack Bar	At the snack bar and hot water container/urn used for coffee was on the counter. He turned and his face touched the container and burned him	Quarter sized red raised swelling on right side of face by eye and cheek on Right Side
Female	CA - So. California Swimming	Practice - Dry Land	Other Basketball court	Two swimmers were playing a game that has the same hold as a thumb war game. But instead of a thumb war game, they were pushing and pulling each other and one of the swimmers pushed athlete to hard and she fell.	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End		While performing a backstroke flip turn in practice (with flags up), swimmer struck the right side of his head. No concussion symptoms, except bump just above & behind rt.ear. Athlete not allowed to return to practice. Advised parent to restrict child's activity to rest and watch for any signs or symptoms, and contact physician.
Male	CA - So. California Swimming	Other Walking in between events	Bleachers - Athlete's	Slipped on metal bleachers and fell down to the bottom hitting forehead, back, arm, and cut left foot	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	The deck was slippery due to water. The area slipped on was abnormally slippery.	Treated by Sports Medicine Personnel
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	during 100 i.m. swim Laszlo bumped his head at the wall while swimming backstroke before turning to breaststroke.	swimmer said he hit his head on the on wall. He said he was a little dizzy. I accompanied swimmer to life guards and notified his Father who took him. I explained to Father we must have a release note from Emergency room saying swimmer is okay to come back to swim before he gets back into practice. Father understood.
Male	CA - So. California Swimming	Other event warm-up	Water - Start End	Struck head during backstroke finish at wall during warmup in warm-up pool	dizziness and pain at time of incident
Male	CA - So. California Swimming	Meet - Competition	Deck	Asthma attack	Asthma attack
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer dove into water and hit bottom of pool	Swimmer was fine at the time and finished his practice but pain went over to shoulder after a couple of days. Swimmer went to doctor a couple of days later.
Male	CA - So. California Swimming	Other before dry land	Deck	athlete jumped and when landed, twisted (rolled) ankle. Athlete heard a "pop"	ankle "popped" when landed
Female	CA - So. California Swimming	Practice - Other	Water - Side	2 athlete's ran into each other head on head while training.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer stopped mid 100 fly; hyperventilating; swallowed water.	
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Athletes were both running for the soccer ball during our dry land activity (soccer) they both met at the ball at around the same time. They ran into each other, injured athlete fell on his wrist and it is now swelling.	I am not sure what happened at this time. they are currently at the Hospital

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Other	Other water-deep end	Swimmer did a 50 freestyle sprint without breathing when she was told by me the head coach not to do it because she can cause harm to herself plus I don't allow that type of training. After she finished swimming the 50 free her body went into shock due to the lack of oxygen. She was able to breath on her own and climb out of the water on her own and walk to the lifeguard office with the help of the lifeguards. Once in the lifeguard office she was given oxygen for ten minutes and then paramedics arrived and said she was fine but wanted her to go to the hospital to make sure everything was cleared by a doctor. Both of her parents were present in the lifeguard office to her and see what paramedics were doing to her. I as well. After paramedic talked to mother of swimmer to send her to the hospital they put her in the ambulance to take her to the hospital.	She held her breath knowing she's not supposed to do that.
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Athlete was performing a workout when athlete stopped and came out on to the deck to catch her breath.	Lifeguard approached athlete. Once the lifeguard determined that the athlete was having a breathing emergency, the facilities emergency action plan was activated and EMS was summoned. Athlete was taken to Henry May Newhall Memorial Hospital.
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	swimmer was practicing dives over a lane line and hit her legs on the lane line	scrapes down both shins, abrasions to right & left leg
Male	CA - So. California Swimming	Meet - Watching / Observing	Other Handicap entrance to facility	Flipped Wheelchair in handicap entrance in parking lot	He was confused and unable to give actual information
Female	CA - So. California Swimming	Practice - Other	Other open water practice at beach	while group was swimming in a pack athlete accidentally kicked the leg of another swimmer injuring the right toe and side of her foot	Right toe is swollen and bruised. Painful to walk on
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	ANOTHER SWIMMER WAS SWIMMING TOWARDS THE WALL WHEN ANOTHER SWIMMER DID A FLIP TURN, PUSHED OFF THE WALL AND RAN INTO Swimmer.	No injuries
Female	CA - So. California Swimming	Meet - Warm Down	Water - Side	WHILE WARMING DOWN, MADE TURN AT END OF POOL AND WHEN SURFACING, ANOTHER SWIMMER'S KNEE HIT HER IN THE EYEBROW	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	SLIPPED EXITING WATER AFTER RACE	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Struck shoulder on bottom of pool	
Female	CA - So. California Swimming	Meet - Warm Down	Other Warmup/warmdown lane	Warming down coming into wall when another swimmer practicing backstroke starts kicked off an ran into her head	Right side bump and she mentioned she had a slight "headache" but was fine. She did not report the incident the official saw. We tracked her down to get details for the report. She had not told her parents, but we told her to make sure her parents knew about the report. The coach also was told about the report.
Male	CA - So. California Swimming	Meet - Warm Down	Other Warmup/warmdown lane	doing backstroke start in warmup/warmdown lane and ran into swimmer warming down	Swimmer "feels fine". Did not report incident an official saw the incident happen and we tracked down swimmer to get details for the report
Male	CA - So. California Swimming	Meet - Warm-up	Water - Bottom	IN THE WARM UP LANE, STEPPED ON PSEPER CLIP, CUT LEFT HEEL, SMALL PUNCTURE WOUND.	
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Running backwards, fell down	Left wrist - some pain
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Locker Room	Young man slipped in locker rooms. Slipped twice one time leaving locker room and one entering locker room.	Fell on left elbow twice. While lifeguard aided the victim arm swell a bit and rash developed.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was lifting herself up to exit the pool and her hand slip and hit her elbow leaving a small cut.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Lane Lines	Cut left thumb on lane line	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Climbed out of pool noticed foot was bleeding	1/2 inch laceration on Left Heel
Female	CA - So. California Swimming	Other	Outside Venue	During Wind/Rain storm an easy-up canopy was blown over. One of the poles struck right side of persons face. There is swelling and possible tooth damage.	
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	BEE STING ON SWIMMERS RIGHT ELBOW, COACH REMOVED STINGER	bee stung swimmers right elbow
Female	CA - So. California Swimming	Practice - Other	Deck	Athlete slipped and fell while walking on deck. Landed on both wrists. Reports pain in right thumb region and left wrist.	Probable bruise to right thumb Possible left wrist scaphoid fracture
Female	CA - So. California Swimming	Practice - Dry Land	Deck	Swimmer was instructed to run. After completing the final (of three) series, swimmer asked if she could get her inhaler. She proceeded to return on deck, and had an asthma/panic attack. EMT was called and they checked the athlete to ensure it was not life threatening. Coach was left with athlete until parents arrived.	
Male	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer was circle swimming and another swimmer coming the opposite direction hit his face with his hand while swimming butterfly.	Left eye area was swollen and eye was red.
Female	CA - So. California Swimming	Practice - Other	Water - Side	The subject and a fellow swimmers were swimming backstroke and collided head first into each other. I was not a witness to the accident.	Swimmer complained of localized minor pain to the top of her head, but said she felt fine and proceeded to complete the remainder of the workout. Her parents were at the location and advised of the incident.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Dove in during relay exchange. Landed on swimmer's foot.	Swimmer said her head hurt, but seemed ok.
Female	CA - So. California Swimming	Practice - Other	Water - Side	The subject and a fellow swimmers were swimming backstroke and collided head first into each other. I was not a witness to the accident.	Swimmer complained of pain, said she thought she'd blacked out briefly at the time of the incident and felt dizzy. She was able to get out on her own. The swimmer's father was on sight, he informed me he was going to take her home and put some ice on her head. He also said he would have her seen by a doctor.
Female	CA - So. California Swimming	Practice - Other	Other Water - Middle	Collided with another athlete who was swimming on the wrong side of the lane. Dive 100's- (2 heats at a time, 10 sec. apart.)	Swimmer was crying at first because of initial shock(and the fact that it happened before, recently). Athlete who collided into her apologized quickly after collision and continued to finish his race and seemed to be completely fine.
Female	CA - So. California Swimming	Practice - Other	Other Water - Middle	Collided with another athlete who was swimming on the wrong side of the lane. Dive 100's- (2 heats at a time, 10 sec. apart.)	After a little icing- swimmer had wanted to swim again but instead had her finish practice early as precaution.
Female	CA - So. California Swimming	Practice - Other	Other Water - Middle	Athlete had forgotten which side to swim on for dive 100's. (2 heats at a time, 10 sec. apart) Ended up colliding with another swimmer.	Complained of dizziness and headache. Finished practice early + rested for a couple days.
Male	CA - So. California Swimming	Practice - Other	Other Water - Middle	Athlete had forgotten what side of the lane to swim on for dive 100's (going in 2 separate heats, 10 sec. apart). Collided with other swimmer.	No real injury since athlete had collided with the other athlete with his neck/shoulder area. Claimed to be fine with no pain or symptoms bothering him.
Male	CA - So. California Swimming	Practice - Other	Other Water - Middle	Athlete had forgotten what side of the lane to swim on for dive 100's (going in 2 separate heats, 10 sec. apart). Collided with other swimmer.	Assumed it was a light concussion. However, athlete complained of no pain or dizziness but went through necessary precautions and finished practice early.
Female	CA - So. California Swimming	Practice - Other	Other Diving well		
Female	CA - So. California Swimming	Meet - Walking	Locker Room	Slipped on the wet floor at the entry of the locker room. Hip hit the floor. Head hit the corner of the wall. (Women's Locker Room)	Bump on the head, slipped in the locker room
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer and another swimmer bumped heads while swimming backstroke. I was not a witness to the incident.	Swimmer was crying but was safely on the wall in the water. He was able to get out and walk with me to the lifeguard first aid table where they filled out a report and put ice on his head.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Athlete and another swimmer bumped heads while swimming backstroke. I was not a witness to the accident.	Swimmer was crying but was safely on the wall in the water. She was able to get out and walk with me to the lifeguard first aid table where they filled out a report and put ice on her head.
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	swimmer was doing a back to breast turn and hit hand or pushed off wall	swimmer hit right hand against wall, some swelling on knuckles
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Too Close to wall when swimmer flipped on backstroke turn and hit head	Too close to wall when swimmer flipped on backstroke turn and hit forehead. Parent taking child to their own Doctor and Hospital
Female	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	was doing backstroke and another swimmer swam into her arm (headfirst)	arm got hit during backstroke warmup
Male	CA - So. California Swimming	Practice - Dry Land	Other dry land--grass area	During a dry land game of "sharks and minnows," the swimmer ran into another athlete.	Swimmer received an ice pack from the Lifeguard first aid station and rested while parents were called. Swimmer reported feeling pain and dizziness. Paramedics were called. When they arrived, paramedics stated that vitals were normal and asked parents if they wanted swimmer transported. Parents declined transportation to hospital. After paramedics left, swimmer became nauseous and vomited. Parents were encouraged to take swimmer in that evening to receive further medical evaluation. Parents stated that they would wait until the morning to consult with their primary physician.
Male	CA - So. California Swimming	Practice - Dry Land	Other dry land area-grass	During a dry land game of "sharks and minnows" on the grass, swimmer ran into another athlete. Swimmer hit the front of his head with the head of another athlete. Athlete's parent was contacted later that evening and reported he was feeling fine.	Swimmer had a small, red bump on the forehead area. Swimmer received an icepack from the First Aid Area (lifeguard staff room) and was released to mom.
Female	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer was doing double arm backstroke when she felt pop and pain in her elbow. She swam to the side of the pool and pulled herself out of the pool using the arm. She told her coach she thought it was dislocated. Coach observed her moving elbow and said he did not think it was dislocated. Swimmer jumped back into pool and resumed practice.	
Female	CC - Central California Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer was warming when she and another swam into each other.	
Male	CO - Colorado Swimming	Practice - Other	Deck	Was putting away lap lanes and slipped and fell as the roller for the lap lanes struck my ankle shin area.	
Female	CO - Colorado Swimming	Meet - Warm-up	Water - Start End	Shoulder injury on butterfly turn	
Female	CO - Colorado Swimming	Meet - Competition	Water - Turn End	During swim, pain in shoulder started with tingling to elbow and hurts through shoulder.	After treatment from the lifeguard, her mother took her to the ER at Heart of the Rockies Medical Center (HRRMC). Swimmer returned to the meet with her arm in a sling.
Female	CO - Colorado Swimming	Meet - Competition	Deck	Coach has a 1.5 yr. history of "pseudo-seizures" Apparently at approx. 12:45pm she experienced her first seizure. As Meet Referee I had not been informed of this incident but was told later that it lasted approx. 15min at which time she slid from her chair to the deck and during the seizure did hit her head against the deck a few times. Once the seizure was over I was told that she informed the pool staff and her coworker not to all 911. Then at approx. 4:45pm during the last heat of the last race I was called over to her location where she was experiencing a second seizure. This was when I was made aware of the first seizure. I found the victim leaning back in her chair being supported by the pool staff having a mild seizure. Her right hand was curled up and her body was mildly twitching. She was unresponsive but her airway was clear and she was breathing. I was told that they had called the victim's father and that he informed them that they usually just keep her protected and safe from injury and let the seizure subside. I began getting concerned after about 15-20min when the seizure did not subside. I called her father to find out the typical length of her seizures and to discuss calling 911. He said that the seizures at most have lasted 15-20 min. in the past. He asked me not to call 911 and that he was on his way. It would take him approx. 25min to get to the pool. I told him if the seizure lasted too much longer I would consult with the pool staff as it is ultimately their decision to call 911. After approx. 20-25min and periods of the seizure seeming to get worse and then lightening up again, the pool staff decided to call 911. EMS arrived took transported her to their ambulance for assessment and called both of her parents. After about 15min. or so they decided to transport her to Lutheran Hospital. Both parents were notified. Her father actually arrived before the ambulance left the pool.	Please see above
Female	CO - Colorado Swimming	Practice - Dry Land	Deck	Ankle was injured during dryland portion of practice.	
Male	CO - Colorado Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped on the deck and injured his wrist trying to brace his fall	
Female	CO - Colorado Swimming	Practice - Other	Deck	Stepping out of bleachers onto deck, slipped & fell backwards striking her head on the concrete deck.	Evaluated by myself and a nurse/parent for concussion and she was not presenting typical symptoms of concussion. Mom brought her to doctor the next day and official diagnosis was mild concussion.
Female	CO - Colorado Swimming	Meet - Entering / Pool	Starting Blocks	Athlete dove in the pool and hit her head on the bottom	
Female	CO - Colorado Swimming	Practice - Other	Water - Lane Lines	ran in to another swimmer swimming butterfly;	cut on upper, lower, and side of eye
Female	CO - Colorado Swimming	Practice - Entering / Exiting Pool	Deck	She was walking over to get in the water and slipped. Her knee gave way and seemed hyperextend the joint.	It looked like she hyperextended her knee. She slipped and scratched one knee and over extended the other.
Male	CO - Colorado Swimming	Practice - Other	Bleachers - Spectator's	Parent fell on bleachers injuring head, jar and arm.	
Female	CO - Colorado Swimming	Meet - Walking	Deck	Athlete fell trying to get out of the pool and hit her hip- on the side of the pool. She said it just hurt a little and she was given a bag of ice. The athlete walked away and denied further care.	
Female	CO - Colorado Swimming	Meet - Watching / Observing	Bleachers - Spectator's	tripped over her own feet down 2 stairs and then 2 sets of bleacher seats	R wrist had a small cut. R knee sore and bruised R shoulder sore
Male	CO - Colorado Swimming	Practice - Other	Other middle of pool lane	Two swimmers veered into middle of lane while swimming and bumped heads (head to cheek). Swimmer B was unfazed & fine. Swimmer A was upset. I immediately got him out of pool, calmed him down and asked him to explain what happened. Swimmer A explained they hit heads and it was accidental. I noticed a slight redness to his cheek but no further injury. My assistant coach can concur. I had Swimmer A sit out for 10+ minutes to breath deeply and relax. I then approached him to see how he was. Swimmer A was smiling and said he was ready to continue practice. As I saw no signs of concussion, I allowed him back in the pool. Practice for Swimmer A continued as any other normal day.	
Male	CO - Colorado Swimming	Meet - Competition	Gym	under bleachers crawling; bumped head; minor laceration	
Female	CO - Colorado Swimming	Meet - Competition	Deck	Slipped, hit back of head on deck	bump to back of head
Male	CO - Colorado Swimming	Meet - Competition	Deck	Tripped and fell carrying a container full of water bottles for the coaches.	Abrasion of Wrist, bruise on shoulder / knee
Female	CT - Connecticut Swimming	Practice - Other	Water - Lane Lines	Kicked in head during swim practice accidentally by a teammate swimmer.	Kicked in head while practicing with team. Pain in head where kick occurred. No visible abrasions. Suggested doctor examination.
Male	CT - Connecticut Swimming	Other After warm up	Deck	Personal folding chair fell on his big toe - sliced it open	
Male	CT - Connecticut Swimming	Practice - Other	Locker Room	Swimmer slipped in the locker room and injured his foot. He was released to the care of his parents.	Foot swelled at the point of the incident. Coaches were informed later that doctor's diagnosis was a fracture.
Male	CT - Connecticut Swimming	Other wheel chair flipped over on deck	Deck	Athlete's wheel chair flipped over backwards when his wheel got caught in the deck drainage gutter. Athlete hit his head. He was assisted back into his chair by Coach JXXXX SXXXXX of XXXXX Swimming and SXXXXX VXXXXXX of XXXXXXX.	The was not marks or bumps we applied ice as a precaution

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CT - Connecticut Swimming	Other Walking during zone camp	Stairs	Twisted ankle while walking up stairs at UMBC during the eastern zone select camp. Had her ice and use crutches for two days until she chose to not use anymore.	
Male	CT - Connecticut Swimming	Meet - Warm-up	Deck	Slipped on a wet portion of the deck and landed on the edge of the pool. Had a red patch on his back.	
Female	FG - Florida Gold Coast Swimming	Meet - Competition	Deck	athlete was in distress with severe stomach pain. fear was potential appendicitis. Coach and family took to local hospital to be evaluated. Everything checked out clear. Athlete returned to competition next morning.	athlete was in a lot of pain and very distressed
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Start End	The swimmer was doing backstroke in the pool, did not see the flags and hit the head on the wall.	The swimmer had a headache after the incident
Female	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Turn End	she hit her head on the wall as she was finishing her back stroke	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	The swimmer hit her head on the wall while turning	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	The swimmer hit her head on the wall while turning	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Deck	athlete tripped and fell on her left arm	Fractured two bones in arm near wrist
Male	FG - Florida Gold Coast Swimming	Meet - Warm-up	Water - Turn End	As he was turning he slammed his foot on the side of the leg of the pool.	Compact injury to the heel of the foot and cut with stitches
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Other dry land area	Swimmer was running during dry land fell backwards and hit her head.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Start End	City pool did not put backstroke flags back up after rec meet and the athlete hit his head during warm up.	
Female	FG - Florida Gold Coast Swimming	Meet - Warm-up	Water - Lane Lines	she was accidentally kicked in the head by another swimmer while warming up for teh meet	she was complaining of not being aware when she first
Female	FG - Florida Gold Coast Swimming	Other asthma attack	Water - Turn End		
Male	FG - Florida Gold Coast Swimming	Practice - Other	Other pool middle	swimmer bumped heads with another swimmer while swimming backstroke in pool.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Other pool middle	swimmer bumped heads with another swimmer doing backstroke during practice.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Swimmer was swimming when another swimmer in his lane bumped into his face.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Swimmer was swimming when he pushed off the wall backwards and bumped heads with another swimmer.	
Male	FL - Florida Swimming	Meet - Warm-up	Other WATER WARM UP POOL	SWIMMER WAS WARMING UP IN THE WARM UP POOL WHEN ANOTHER SWIMMER ACCIDENTALLY COLLIDED WITH HIM, PUSHING HIS GOGGLES DOWN UNDER HIS EYE AND CUTTING HIS RIGHT CHEEK. HE WAS TREATED AT THE SCENE, THEN TRANSPORTED BY AMBULANCE TO ARNOLD PALMER CHILDREN'S HOSPITAL FOR CONTINUED TREATMENT. HE WAS RELEASED FROM THE HOSPITAL THE SAME EVENING.	
Male	FL - Florida Swimming	Practice - Dry Land	Other Football Field	Possible broken arm while playing frisbee as part of dryland	
Female	FL - Florida Swimming	Other Meeting	Team Area	Swimmer lost consciousness during a meeting between the Gator Swim Club Coach and swimmer while discussing the potential return to GSC.	Swimmer lost consciousness during a meeting between head coach and her. She fainted before exited the meeting area. Swimmer had mentioned to coach the pre-existing
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	swimmer fell while running on field and fell on wrist trying to break her fall.	
Female	FL - Florida Swimming	Meet - Competition	Starting Blocks	When the swimmer got out of the pool, she was crying and did not feel good. Her family brought her back to their seating area where she explained she felt weak, faint and tingling throughout her body. She started having shortness of breath and shivering. A nurse came and stayed with her until the paramedics arrived.	The swimmer was tingling, shivering, having a hard time breathing and unable to walk once she was moved to her family's seating area.
Female	FL - Florida Swimming	Practice - Other	Water - Lane Lines	Normal practice and young 10 yr boys foot hit other swimmer in head. Parent said that she thought it gave her daughter a concussion so she to her to the hospital. Coach on deck said it was an accident.	Mother thinks concussion, no official diagnosis as of 10:13pm on 4/27/16. Hospital says Concussion - no LOC with 2 days rest
Female	FL - Florida Swimming	Meet - Watching / Observing	Deck	Official was walking down the side of the pool when she slipped and fell. She landed on her right wrist/ thumb area of her hand. She headed directly to the hospital.	Unknown. She headed directly to the hospital.
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Swimmers were playing soccer. Swimmer ran up to get the ball, lost her footing and fell on her back. Swimmer immediately got back up, holding her back, doubled over. She needed a second to catch her breath. Upon interview, she said that she had the wind knocked out of her and sat down. After a while she tried getting back up to play again but stated that running hurt her back and so sat back down for the remainder of dryland (10 min).	No visible bruising, swelling, or sign of injury.
Female	FL - Florida Swimming	Meet - Warm Down	Locker Room	[Swimmer Slipped in the locker room. Fell and hit her head. Split her head open, eyes rolled back, shaking seizure like and became unconscious Lifeguards took care of her and 911 was called. Taken to the hospital via ambulance	CAT scan was given at the hospital, 6 staples in her head and an overnight stay to be monitored.
Male	FL - Florida Swimming	Practice - Other	Water - Start End	Swimmer was an underwater 25 and closed his eyes while doing so. Because of this he was not aware of where he was in the water and when he lifted his head he scraped and struck it against the wall as he was coming up.	He scrapped several areas on his face (nose, forehead, chin) and was bleeding a bit from them. Later on, I am told he said he had a bit of a headache.
Female	FL - Florida Swimming	Meet - Competition	Locker Room	Swimmer was moving fast through the locker room, making turns, trying to get to her heat about to start, slipped and fell in the locker room.	Swimmer was unable to compete on Sunday as she was not able to bend her leg. Long Center lifeguards should have an accident report on file.
Male	FL - Florida Swimming	Practice - Other	Outside Venue	Athlete was skipping, tripped, and fell into a concrete bench before practice.	The cut was deep enough that we suggested he go for an evaluation.
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Hit hands with a swimming during a pull set with paddles.	Swelling and red around the area.
Female	FL - Florida Swimming	Practice - Dry Land	Deck	Athlete was running with her team around the pool deck as part of dry land and tripped, falling on her arm and side.	
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Swimmer turned ankle while running on field during dryland training.	
Male	FL - Florida Swimming	Meet - Competition	Water - Start End	While getting out of the pool cut right foot on metal corner of touch pad	Cut foot on the touch pad
Male	FL - Florida Swimming	Meet - Warm-up	Water - Side	Swimmer jumped into the pool on a girl. He hit his left shoulder on her head.	
Male	FL - Florida Swimming	Practice - Other	Other	The swimmers nose just started bleeding profusely.	
Female	FL - Florida Swimming	Meet - Warm-up	Other Water- Warm Down Pool	The swimmer was warming down when another swimmer decided to do a backstroke start and dove into her face.	
Male	FL - Florida Swimming	Practice - Other	Water - Side	Swimmer was swimming butterfly into the wall when he slammed his forehead right in between the eyes. Ice was immediately applied. X informed his father and he said he will watch.	
Female	FL - Florida Swimming	Meet - Competition	Water - Start End	Pain in the elbow after finishing backstroke race hard with straight, locked, left arm.	Unable to straighten arm. Radiating pain at the elbow up the inner forearm.
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Start End	Scraped top of his forehead after a deep start	Scraped top of his forehead after a deep start
Female	FL - Florida Swimming	Practice - Other	Water - Bottom	Another swimmer came up from underneath the water and lifted her from her back.	
Male	FL - Florida Swimming	Practice - Other	Other Pool Entrance	Father said that he slipped down the stairs in the entryway of the pool after practice.	Actual injury condition unknown, father said that he "banged his right elbow, arm and backside 'kidney' area up".

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Athlete was doing a wall sit against a brick wall. His foot slipped in some spilled water and he bumped his head on the wall.	No immediate signs of concussion, sat out of swim practice with some ice on the bump on his head. Later said his shoulder/neck area felt a little sore (trapezius muscle area). By the end of practice seemed to be acting normally and unhurt.
Female	FL - Florida Swimming	Practice - Dry Land	Gym	She was throwing a medicine ball over her head and it slipped and she threw it into the back of her own head/neck.	The back of her head and neck hurt and she had the start of a headache, so we were cautious and sent her to the trainer to get checked out instead of getting into the pool.
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Another swimmer swam into swimmer colliding with her hand while in streamline. swimmer said that the impact of the other swimmer's hand "bent her hand back".	
Male	FL - Florida Swimming	Practice - Other	Water - Lane Lines	Hooked arms with another swimmer headed in the opposite direction.	
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Mistimed backstroke finish and hit wrist on gutter.	
Female	FL - Florida Swimming	Practice - Dry Land	Other Cassidy Aquatic Center Dryland Room	Athlete was performing medicine ball throwdowns as part of our routine. The ball bounced quicker than expected and struck her in the bridge of the nose.	Medicine ball struck athlete in the nose during our medicine ball routine. Her nose began to swell up causing nasal blockage. The nose began to bruise and swell immediately. Care was not administered because it did not appear to impair her ability to breathe (by way of mouth) or move even though there was significant discoloration. The athlete was in pain from the incident.
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer was performing a starting drill from the blocks. Mid flight, he came out of the drill attempt and entered the water with a steep dive, striking the bottom of the pool with the right side of his forehead.	Swimmer complained of a headache and neck pain. We monitored him and offered ice. He chose not to try and swim the rest of practice. He was mobile while waiting from practice to end. He returned to PM practice and swam for 75% of the time. He exited with neck pain. He returned the next day to normal training.
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	bumped hands with another swimmer as they were swimmer	
Female	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer dove into the pool and hit her head on the bottom. Parents took her to the doctor, and she was diagnosed with a concussion.	
Male	GA - Georgia Swimming	Practice - Other	Water - Start End	During warm down after practice the injured swimmer was struck by another swimmer who pushed off the block backstroke. The injured swimmer was struck in the head with the shoulder/shoulder blade of the oncoming swimmer. The injured swimmer immediately lost strength in his legs and arms, dropped to the pool bottom, unable to swim up, motioned for help, and was quickly brought to the surface by two team mates to rest on the wall. The injured swimmer was conscious throughout and complained of tingling/weakness in hands and feet. He propped himself onto the pool edge with his arms until life guards back boarded him out of the pool. 911 was called. Parents were called, the swimmer was evaluated by EMS, and transported by ambulance to a nearby hospital emergency room.	The injured swimmer complained of tingling and weakness in his arms and legs, but he could move both feet, hands, and fingers on command. But as the minutes passed he experienced increasing pain in his arms at the slightest touch or movement of them.
Female	GA - Georgia Swimming	Practice - Dry Land	Other Flat rock park - field	While standing up after completing flutter kicks on the grass, athlete rolled over on her ankle	5th metatarsal fracture
Male	GA - Georgia Swimming	Practice - Other	Locker Room	Athlete and some swimmers were playing in the bathroom and he hit his head on the sink.	Swimmer's Coach, said that he was informed that swimmer had to have 4 stitches and swimmer's parents paid a \$75 copay at an urgent care place.
Male	GA - Georgia Swimming	Other National Junior Team Camp	Other Bathroom/Shower of Dorms	Slipped exiting the shower at Colorado Springs OTC dorms. Injured left knee in fall.	Evaluated by OTC Athletic Trainers, team doctors, and therapists at OTC. X rays at OTC. Sent back to the team with crutches and a brace with directions to get an MRI back home.
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	approaching wall, swimmer in front of her kicked her wrist	
Male	GA - Georgia Swimming	Practice - Other	Water - Side	No impact. Just back pain complaint.	No injury was observed. May be a pinched nerve.
Female	GA - Georgia Swimming	Meet - Warm-up	Starting Blocks	When on or getting on the blocks during warm ups, the bottom of her foot hit the back wedge and cut the bottom of her foot just below the small toe	Small cut on the bottom/ball of her foot just below her small toe
Male	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Other Facility Entrance/Exit	Swimmer was opening the door and the mechanism fell off of the wall it was mounted on and hit him in the posterior of his head.	Swimmer had a bump on his head and was give ice. His dad is a doctor, so he examined his son and said that there was no serious injury and placed ice on his head, which was provided by the facility.
					Guest complained of right knee pain. She has a previous ACL injury to right knee.
					She went to the emergency room and they referred her to an orthopedist.
Female	GA - Georgia Swimming	Other Practice - Watching/Observing	Deck	Guest fell trying to catch a stroller. The stroller was rolling towards the pool and she tried to catch it, and slipped on the pool deck.	After incident, she has been at the pool many times, walking unassisted (without crutches or a cane), and has a neoprene brace on her knee as she walks.
Female	GA - Georgia Swimming	Practice - Dry Land	Other	Ran into another swimmer on the turf	
Female	GA - Georgia Swimming	Practice - Dry Land	Other turf	Ran into another athlete	Ran into someone else
Male	GA - Georgia Swimming	Practice - Other	Outside Venue	Playing before practice outside facility, teammate stepped on foot and fell. Top of L Ankle injured, minor swelling. Ice applied	
Female	GA - Georgia Swimming	Practice - Other	Water - Side	Facility removed backstroke flags after health dept official said they were obstructing view of sedentary lifeguards in stand. Would not put flags back up until after swimmer incident, despite ga dept of health having NO guidelines, rules, or restrictions concerning pool visibility by lifeguards, so health dept official's requirement of removing the flags (which was not noted on the health dept report) is not something he or she has any jurisdiction to make.	Swimmer unable to finish practice, was taken home and will be monitored and taken to dr if symptoms of concussion appear.
Female	GA - Georgia Swimming	Practice - Other	Deck	Swimmer slipped and fell near the starting block and hit her head on the step of the block.	
Female	GU - Gulf Swimming	Practice - Dry Land	Deck	Swimmer was doing some dryland drills and tripped. She fell backwards and hit the back of her head on the deck.	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	High winds blew the backstroke flags closer to the wall and while swimming backstroke swimmer crashed head first into the wall	
Male	GU - Gulf Swimming	Meet - Warm-up	Other Cool Down Pool	The boy was dipping his head into the water while kneeling on deck and when he flung his head back out of water, he hit head on another swimmer. Other swimmer was not hurt.	There was a small cut on the back of his head with some slight bleeding.
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer was attempting a backstroke drill when he ran head first into the wall	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Other Swimmers were climbing out of the pool and he got an elbow to the face	Got struck in the face which caused a severe nose bleed	
Male	GU - Gulf Swimming	Meet - Warm-up	Deck	Jumped into pool, hit top of left foot on pool bottom	
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Swimmer was setting up dryland and was struck in the right shoulder by another swimmer with an 8 lb. medicine ball.	Trainer at HS looked at the injury, suggested going to orthopedic doctor, possible scapular injury.
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Swimmer was doing step up exercises and stepped down onto the ground rather than the concrete slab. Uneven surface caused her to roll her ankle.	Immediately after incident, swimmer was told to take off shoe/sock and elevate ankle. No signs of bruising or swelling. Swimmer felt able to participate in pool practice but focused on pulling only. Informed parent when she was picked up and recommended icing the area.
Female	GU - Gulf Swimming	Meet - Competition	Deck	Arms and legs shaking, rapid breathing, loss of consciousness (very brief)	
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck	At the end of practice, athlete was walking towards the shallow end of the pool along with most of the other swimmers. She bent over to pick up her water bottle at the end of lane one when someone bumped into her from behind causing her to fall into the pool. She hit the edge of the pool on her way in. She struck her left side jawbone, her chest, and left knee.	She is scraped (looks like road rash) on the left side of her jaw and chest where her skin skid against the edge of the pool. There is a small cut on her knee.
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	An athlete did a backstroke stroke without looking behind them and hit her in the head	Cut on her eyelid, required three stitches

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer hit head on turn end of wall during a backstroke set. Swimmer was asked if she was OK. Swimmer stated that her head was hurting but she wanted to continue to swim practice.	Swimmer complained of headache. Swimmer was asked if she wanted to get out and swimmer insisted she was OK and kept swimming practice. Swimmer got out at out towards end of practice with about 15 mins. left. As swimmer was leaving practice it was recommended that she go see a doctor for precautionary reasons, just to be checked out for possible further injury. Swimmer went to emergency room and was diagnosed with mild concussion.
Male	GU - Gulf Swimming	Meet - Warm Down	Water - Turn End	He was swimming backstroke and collided into the wall.	Head hurts, possible concussion, states vision is impaired.
Female	GU - Gulf Swimming	Meet - Warm-up	Water - Turn End	Jammed left thumb when coming into wall to touch	Swollen left thumb, can't move it. Possible fracture.
Male	GU - Gulf Swimming	Meet - Warm-up	Deck	Slipped and fell- hit back side of head	Bump on back of head
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	She twisted her ankle when she pushed off the wall during warmup	
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Other bulkhead	Another swimmer pushed her into the water and she fell in, straddling the lanerope.	inside of both legs
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	cut knuckle on pool gutter	
Female	GU - Gulf Swimming	Meet - Competition	Deck	She was waiting at the "ready bench" area and was accidentally pushed in to the pool. Her right foot got a scrape on it. It did not bleed so it did not need a bandage.	No bleeding so this did not require bandaging.
Female	GU - Gulf Swimming	Practice - Other	Locker Room	Athlete was trying to grab the restroom door before it closed, the door is heavy and accelerated closing and smashed her right middle finger. Small cut and bruising under nail but did have so bleeding.	
Female	GU - Gulf Swimming	Meet - Walking	Hallway	was watching friend swim and overdid it. did not have medicine with her. Mom was on site.	Chronic nerve damage in calves, causing issues with pain.
Female	GU - Gulf Swimming	Meet - Warm-up	Hallway		She scraped her own foot under the door by accident.
Female	GU - Gulf Swimming	Meet - Competition	Other Entry/Exit Door		Door scraped her foot as she entered the building
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	The athlete was doing bear crawls during dryland practice. When she stood up to start to run, she tripped and fell. She hit her lip and nose on ground.	She hit her lip and nose on ground. They both swelled. She has a small cut on upper lip.
Female	GU - Gulf Swimming	Practice - Other	Deck	Slipped on the deck and fell striking her elbow	None
Male	GU - Gulf Swimming	Practice - Dry Land	Deck	He was jumping onto a plyometric box. When he missed it he fell on his shins cutting his legs on the shin, as well as a busted lip	Cut on both shins and lip
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	While swimming swimmer kicked an object and cut the top of his big toe.	
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	Swimming in meet- jammed an already injured wrist into the wall.	Re-injured wrist
Female	GU - Gulf Swimming	Meet - Watching / Observing	Deck	Wedge from Block came lose and struck time keeper	
Male	GU - Gulf Swimming	Meet - Warm-up	Water - Lane Lines	Injured was swimming- ran into another swimmer	
Female	GU - Gulf Swimming	Meet - Competition	Deck	The swimmer was walking on the pool deck and she trip her toe on the deck and cut her toe.	N/A
Female	GU - Gulf Swimming	Other	Other when entering building	slammed door on my toe	TOE NAIL BED TORN
Female	HI - Hawaiian Swimming	Practice - Other	Water - Start End	Swam backstroke into wall hit head.	
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Swimmer pushed sideways off of side of pool, ran into wheelchair access lift.	3/8 inch cut high in forehead. Left side
Female	HI - Hawaiian Swimming	Meet - Warm-up	Deck	Victim was walking back to her team tent when she kicked over and stepped on a ceramic Starbucks coffee mug. After stepping on the mug, it shattered and lacerated the bottom of her left foot.	After removing left over shards, the lifeguard bandaged the wound.
Male	HI - Hawaiian Swimming	Practice - Other	Deck	Slipped on wet deck and hit back of head.	Did not see any signs if concussion.
Female	HI - Hawaiian Swimming	Meet - Competition	Deck	threw back out while coaching the swimmers, could not straighten up my back! In so much pain!	Small (1/2 inch) scrape where swelling was on back of head.
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Bumped his chin on the gutter while lowering self back into the water.	Threw my back out while squatting on deck while coaching swimmers
Female	HI - Hawaiian Swimming	Practice - Entering / Exiting Pool	Water - Side	Teaching sequence of starts. Kneeling start from deck. Swimmer slipped and hit left thigh and knee entering water.	Small quarter inch cut on chin.
Male	IA - Iowa Swimming	Practice - Other	Water - Start End	Swimmer was hit in head with water bottle.	
Male	IA - Iowa Swimming	Practice - Other	Water - Side	Athlete was struck in the groin area	
Female	IA - Iowa Swimming	Practice - Other	Water - Turn End	A cracked tile in the gutter cut her elbow.	1/2 inch gash in her elbow
Female	IA - Iowa Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Affected party was sitting in spectator seating when she vomited and felt light-headed. She walked to top of viewing area where she lost consciousness for about 30 seconds. Campus EMS was called, but she was awake when they arrived. EMS took vitals and cleared her to leave. Assumption is that she was simply severely ill.	No physical injury was incurred. Illness was treated by EMS and patient was cleared to leave premises.
Female	IA - Iowa Swimming	Meet - Competition	Starting Blocks	Fell into the water when the Starter stood the heat up. Said that her left wrist hurt, but 'shook it off' to swim her last two events. Mother took her to doctors due to her continued pain. Her left radius is broken.	
Female	IA - Iowa Swimming	Other sitting	Deck	scraped leg on broken chair	
Female	IA - Iowa Swimming	Practice - Other	Stairs	Apparently slipped on steps / not witnessed, another swimmer heard crying / sitting on bottom step / scraped elbow / needed bandage / hyperventilating / large "rasberry" on side of leg / no other pain	Coach bandaged cut on elbow. A parent checked on her in the locker room and said she was "doing OK".
Female	IA - Iowa Swimming	Other Leaving pool area after meet session had finished	Bleachers - Athlete's	Stepping off of bleachers, foot slipped on wet deck causing other foot to slip from bleachers and athlete to fall. She banged into the bleachers when she fell.	Right leg and arm were bruised, back was struck and suffered pain. Pain in back continues at the time of this report.
Female	IA - Iowa Swimming	Meet - Competition	Other Unsure	Cut foot, probably during 1650 race. Swimmer did not notice until someone else noticed blood on the pool deck and alerted her.	Cut was between 4th and 5th toes of foot.
Female	IA - Iowa Swimming	Meet - Warm-up	Water - Start End	Swimmer was pushing off of wall during warmups and cut her heel on the touch pad. She notified coach, coach found a lifeguard, LG cleaned cut and applied a bandaid.	Injury was on heel of foot.
Female	IA - Iowa Swimming	Other At bleachers getting ready for warmups	Bleachers - Athlete's	No accident occurred, swimmer has recurring bloody nose. Report is being filed because blood was on the bleachers and needed to be cleaned up.	Swimmer has recurring bloody nose, no real injury occurred. Report is being filed because blood had to be cleaned up from bleachers.
Female	IA - Iowa Swimming	Meet - Warm Down	Water - Turn End	Swimmer was cooling down and hit her foot on the bulkhead. She sank to the bottom (voluntarily) and came back up, and scraped her foot on the bottom of the bulkhead.	Swimmer suffered multiple abrasions and cuts as result of contact with the bottom of the bulkhead, all on the same foot.
Male	IA - Iowa Swimming	Meet - Warm Down	Other Unsure	Swimmer does not know what happened, just looked down and saw that he was bleeding.	
Male	IA - Iowa Swimming	Meet - Warm-up	Starting Blocks	While stepping up onto starting blocks swimmer struck foot on step (wedge), causing a laceration/abrasion between 4th and 5th toe on right foot.	Right foot, between 4th and 5th toes
Male	IA - Iowa Swimming	Meet - Competition	Water - Turn End	Athlete slammed his heels into the gutter of the bulkhead while turning, causing bruising. Then swam his next events with no incident.	
Male	IA - Iowa Swimming	Practice - Other	Water - Lane Lines		
Female	IE - Inland Empire Swimming	Other Stretching on Bench	Bleachers - Spectator's	Swimmer fainted while stretching on bench and hit head.	Concussion and abrasions from the pool deck on arm and knee. Swimmer was stretching on bench when she became dizzy and fell off of bench striking head on pool deck.
Male	IE - Inland Empire Swimming	Meet - Warm Down	Other Warm Down Pool	While swimming warm up pool, another swimmer pushed off the wall on his back and hit swimmer with his shoulder in swimmer's eye	
Female	IE - Inland Empire Swimming	Other Meet - After Race	Water - Start End	Upon exiting the pool swimmer bumped her shoulder on the starting block. She also got bruises on her arm from hitting the lane line during the race	
Female	IE - Inland Empire Swimming	Practice - Other	Other Deep End Turn End	Injured party was swimming in the deep end and struck her head against the wall.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Hit head on wall	



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Athlete was in the locker room preparing to get dressed following practice. He was going to sit down on a bench when it fell over on his foot. The bench was not secured or anchored to the floor or wall.	Athlete was given ice and parents were notified. He was assisted out to his car and was taken to a clinic for an X-Ray.
Female	IL - Illinois Swimming	Meet - Competition	Bleachers - Athlete's	After warm ups, the coach said she got out of the pool complaining her chest was tight and she was short of breath. She took 2 puffs of her inhaler, but didn't get better. Coach took her to ice rink for cooler, less humid air. Eventually she worsened, and her parents took her to hospital/ER-Centennial Medical Center	symptoms of an asthma attack
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Turn End	A pole fell into the water and hit swimmer on the forehead.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End		
Female	IL - Illinois Swimming	Practice - Dry Land	Hallway	Athlete was believed to ingested food that she was allergic too. She did not have any known allergy prior to today.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimming backstroke and miscounted bumped head.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	swimming backstroke, did not know stroke count and bumped head into wall- miscounted strokes, do not hold arm above head when finishing to the wall	Bumped top of head when swimming backstroke- miscounted strokes when finishing to the wall.
Female	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	The swimmer's arm was hit by another swimmer's arm while warming up for practice in the water. This swimmer was swimming backstroke and the other swimmer was swimming freestyle. I saw no marks or redness where the swimmer said she was hurt, but I had her get out to get ice and ask her parents if she should get examined by a doctor. The swimmer did end up going to the hospital with her parent.	According to the swimmer's verbal report to me, the doctors could not find anything wrong, but suggested the muscle might be bruised.
Female	IL - Illinois Swimming	Practice - Other	Deck	Athlete slipped on floor while making a turn on the start side of the pool	Athlete was dizzy and slow to respond to questions, but did respond with correct answers
Female	IL - Illinois Swimming	Practice - Other	Water - Side	Trouble catching breath during an intense set. She has vasovagal syncope and it's believed that's what happened. She had trouble breathing and was too dizzy to sit up.	
Male	IL - Illinois Swimming	Meet - Competition	Bleachers - Athlete's	Coach slipped on the deck and while trying to avoid a swimmer placed his hand down and it slipped out from under him and he hit his head on the corner of the bleachers.	Coach's glasses created a cut under and over the inside of his L Eye due to the coach falling and hitting the corner on the bleachers.
Male	IL - Illinois Swimming	Practice - Dry Land	Gym	JUMPING UP FOR BALL NEXT TO TEAMMATE, HE CAME DOWN ON TEAMMATES FOOT AND ROLLED HIS OWN ANKLE	POSSIBLE FRACTURE IN ANKLE. SENDING FOR X-RAY PER ATHLETIC TRAINERS RECOMMENDATION
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer reported to her coach that she felt dizzy. Coach told her to exit water and sit down. Swimmer said that she hit her head on a wall. She was instructed to sit out for the rest of practice. Swimmer was able to walk to the locker room to use the restroom; she reportedly vomited.	
Male	IL - Illinois Swimming	Practice - Other	Other Middle of the swim lane	swimming backstroke and bumped head into another swimmer's head	swimming backstroke and bumped head into another swimmer's head
Male	IL - Illinois Swimming	Practice - Other	Other middle of the swim lane	swimming backstroke and bumped head into another swimmer's head	swimming backstroke and bumped head into another swimmer's head
Male	IL - Illinois Swimming	Practice - Other	Other Shallow end of pool	He was working on somersaults in the shallow end of the pool during the end of practice. He was arching his back and not tucking his head while practicing his somersaults. Hit the top of his head on the bottom of the pool while mastering his somersault.	He hit the top of his head on the bottom of the pool while working on somersaults at the end of practice in the shallow end of the pool
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the head by another swimmer as both athletes left the wall at the same time by mistake.	Swimmer told coach she was feeling dizzy and nauseous
Male	IL - Illinois Swimming	Practice - Other	Water - Side	Swimmer removed his goggles and bumped his forehead into the wall.	
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer fell and hit his head in the showers in between dryland and getting in for the water portion. I was notified that he fell by another swimmer and I was going to the locker room when the swimmer came out and appeared a little off. I had him sit down and got a ice pack for his head. After about 10 minutes he said his head hurt and I had him call his mom and I told her what happened, he never got in the water. I put another ice pack on him and told the parents of another athlete (his ride home) what happened. He was starting to get a slight lump on the back of his head.	Swimmer fell and hit his head in the showers in between dryland and getting in for the water portion. I was notified that he fell by another swimmer and I was going to the locker room when the swimmer came out and appeared a little off. I had him sit down and got a ice pack for his head. After about 10 minutes he said his head hurt and I had him call his mom and I told her what happened, he never got in the water. I put another ice pack on him and told the parents of another athlete (his ride home) what happened. He was starting to get a slight lump on the back of his head.
Male	IL - Illinois Swimming	Practice - Other	Other Middle	Another Swimmer was swimming on wrong side and ran into athlete	small cut above the left eyebrow
Male	IL - Illinois Swimming	Meet - Walking	Locker Room	Swimmer hit his face on a shower handle in the boys locker room.	Swimmer dove in and was starting to swim butterfly and his shoulder popped out.
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer was doing a start and working on butterfly and his shoulder popped.	
Male	IL - Illinois Swimming	Practice - Other	Bleachers - Spectator's	Went to see darkness under bleachers and when he went to come out he hit his head on the edge of the bleachers. His father was standing with him when incident occurred. Only witness.	Small cut just past hairline towards forehead. Less than a half inch wide
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	climbing out of the pool and chipped his front left tooth in the deep end against the ledge	chipped left tooth on the bottom right side of tooth. The chipped portion is close to the center line of top jaw.
Male	IL - Illinois Swimming	Meet - Walking	Locker Room	Slipped and hit his head on the shower	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Was diving into the pool at the beginning of practice; struck her forehead/face on the bottom of the pool.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was performing a start and struck the bottom of the pool.	Athlete showed signs and symptoms of shock but did not lose consciousness.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer A was waiting at wall to go when swimmer B jumped into the water and landed on the swimmer A.	
Male	IL - Illinois Swimming	Other	Other	FOUND UNCONSCIOUS IN BATHROOM	unconscious in bathroom
Female	IL - Illinois Swimming	Meet - Competition	Water - Lane Lines	Hit lane line with stroke during warm up	
Female	IL - Illinois Swimming	Practice - Other	Bleachers - Spectator's	Swimmer stepped on the top ledge of the bleacher to step off and slipped, she fell onto her side and scraped her leg on the bleacher and then another scrap larger that bled onto a plastic box that was there	Swimmer stepped on the top ledge of the bleacher to step off and slipped, she fell onto her side and scraped her leg on the bleacher and then another scrap larger that bled onto a plastic box that was there
Male	IL - Illinois Swimming	Practice - Other	Deck	Slipped on deck trying to find out if my swimsuit was in	
Female	IL - Illinois Swimming	Meet - Walking	Deck	swimmer knelt down to splash water on self prior to event and the gutter cover slipped causing her knee to fall into gutter	She has about a 1 inch long cut below her knee and some scrapes below her knee/on her shin
Female	IL - Illinois Swimming	Meet - Walking	Deck	She tripped on some part of the pool deck and cut the bottom of her foot, just below her first and second toe.	Cut on the ball of her foot, just below the first and second big toe.
Female	IL - Illinois Swimming	Meet - Entering / Pool	Starting Blocks	swimmer knelt down to splash water on self prior to event and the gutter cover slipped causing her knee to fall into gutter	She has about a 1 inch long cut below her knee and some scrapes below her knee/on her shin
Female	IL - Illinois Swimming	Practice - Dry Land	Gym		
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Athlete kicked in face/nose during practice	Minimal swelling, no bleeding present, no head or neck pain, no vision loss
Female	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Hit his hand on the lane line	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	while completing a turn at the wall from freestyle, she bumped her head into another swimmer's head. front right part of head	Top right side of head bumped by another swimmer in the head. tiny bruise area
Female	IL - Illinois Swimming	Other Locker Room	Locker Room	Running from the shower area in the locker room after practice and slipped on the locker room floor. Scraped her right glute, right knee and shin, and right elbow on the floor	Scraped right glute, right elbow, right knee and shin. a little blood in cuts on elbow and knee/shin
Female	IL - Illinois Swimming	Meet - Competition	Deck		
Female	IL - Illinois Swimming	Other doors to school	Outside Venue	She was walking into practice from outside and got her toe stuck underneath the door. She cut her toe. There was a lot of blood but coach was able to stop the bleeding. Cleaned it up and bandaged it.	toe got caught underneath door of the main entrance into the school.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer#1 was taking a turn at the start end and while pushing off underwater was hit in the head by swimmer #2's foot on the top of the head while swimmer #2 was coming into the wall.	Pulled out of practice, ice pack given, First Aid evaluation and notified parent.
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Swam into Lane line. Struck nose. Bleeding stopped within 5 minutes	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Struck another swimmer when finishing.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End		
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Struck heel on wall during turn.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Struck heel on wall during turn.	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End		
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Hit finger on lane line upon entering into pool (sit and slide position) and indent finger. Skin not broken, not bruised. Applied ice pack.	
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Swimmer was pushing off the wall as she was kicked in the head.	The swimmer went home after the incident and the onset of the headache.
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Lane Lines	Two swimmers arms collided resulting in a sprained or broken finger. Injured party scratched from the meet.	Swollen, very painful. 1st/primary thumb joint
Female	IL - Illinois Swimming	Meet - Competition	Water - Turn End	lost goggles and ran into the wall with her head	pupils dilated
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Slipped backwards. Hit back right of head on pool deck, and hit right elbow.	Broke skin on right elbow. Head small bump at the time.
Male	IL - Illinois Swimming	Practice - Other	Deck	Swimmer slipped on deck and has abrasions on his upper left back.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was stepping up onto the block to do a start, the block top separated from the base and she fell in scraping her legs on the bars	Minor scrapes from the metal bars and bruising, head and neck did not make contact with side or block as she fell in. The platform of the block became separated from the base as she was stepping up to do a start.
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	athlete miscounted stroke count for turn and turned into gutter of pool.	Small bump on forehead
Female	IL - Illinois Swimming	Practice - Other	Deck	Swimmer was pedaling a stationary bike, ankle got caught, and pinched between the pedal and the bike.	
Female	IL - Illinois Swimming	Practice - Dry Land	Hallway	Was doing a handstand against the wall, and slipped and fell. Landed on the shoulder, and then hit the back of her head.	
Female	IL - Illinois Swimming	Meet - Walking	Deck	Slipped on deck after leaving lane 4 after race and scraped left elbow.	
Male	IL - Illinois Swimming	Meet - Walking	Deck	Athlete was exiting locker room, door swung over her right foot, right big toe stuck under door, had to lever door off the toe. Broken skin visible.	Broken Skin and abrasions visible. Released to parent after basic treatment.
Female	IL - Illinois Swimming	Meet - Watching / Observing	Deck	Athlete leaned back in chair, and fell backwards. When falling back, her foot got caught in a chair in front of her.	
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Dove in too deep and hit front of head on bottom of pool during controlled start with coach in warm up	hit head at top of hairline, slight headache
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	working on backstroke kick with fins and did stroke count a faster speed into the wall. Hit back of head when finishing. Told by coach at the beginning of the set not to do stroke count at the other end with fins on.	Hit back of head against the wall while kicking backstroke with fins.
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	small bump on forehead, small cut in same spot, no major head injuries	minor cut and bump on head
Female	IL - Illinois Swimming	Meet - Walking	Deck	Swimmer dropped glass bottle on deck, stepped on broken piece.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Hit Ankle on wall during a flip turn	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke and hit his head on the wall.	
Female	IL - Illinois Swimming	Practice - Other	Other middle of lane	She was swimming behind another swimmer, and as she was doing her stroke with her left hand, the swimmer kicked injured party's hand. Injured party's wrist snapped back and she heard a pop. She was swollen and crying by the time she got home.	Swimmer didn't tell any coaches that this happened. Mom let Coach know the next day. She is going to Orthopedic dr. this week.
Female	IN - Indiana Swimming	Practice - Other	Water - Lane Lines	Struck lane line near start end of pool while performing transition from fly to back stroke	
Male	IN - Indiana Swimming	Other Ice Skating	Other Ice Rink	Had a team function at the Indiana State Fairgrounds where we were ice skating. Athlete had a patron run into him, twist his ankle, and fell.	Left ankle fracture
Female	IN - Indiana Swimming	Practice - Dry Land	Bleachers - Spectator's	Swimmer was doing jumps in dryland and missed the mat she was jumping onto, falling backward and bracing herself with her right wrist and left elbow.	Swimmer fractured left humerus
Female	IN - Indiana Swimming	Other Training trip activity	Other On the beach	During a team activity on training trip, Athlete was struck in the head by an object resulting in a laceration requiring medical treatment and stitches.	Laceration to the forehead
Male	IN - Indiana Swimming	Practice - Dry Land	Hallway	Swimmer tripped and fell catching himself with his arm. He complained of pain in wrist and forearm.	Parents opted to get the arm checked and possible x-ray.
Female	IN - Indiana Swimming	Meet - Competition	Deck	Swimmer exited the water after competing and was lightheaded, felt dizzy, body was shaking and had difficulty standing	Swimmer exited the water after competing and was lightheaded, felt dizzy, body was shaking and had difficulty standing
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	The swimmer was swimming backstroke and ran into the wall head first while performing a finish.	Slight dizziness, headache.
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Starting Blocks	The swimmer did a start off of the starting blocks however went to deep and hit the bottom of the pool. Swimmers hands hit to bottom first then the head hit the hands and the neck bent backward.	The swimmer did a start off of the starting blocks however went to deep and hit the bottom of the pool. Swimmers hands hit to bottom first then the head hit the hands and the neck bent backward. When the swimmer came up he looked a little confused and seemed to have suffered a mild concussion. He sat out the rest of practice.
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	head on collision in the middle of pool non circle swimming incident	
Male	IN - Indiana Swimming	Practice - Other	Water - Turn End	Head is hurting.	
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer hit head during 1000 finish - finished race and then got out and told his coach - complained of headache - no other visible signs of injury	
Male	IN - Indiana Swimming	Other on deck	Deck	Stood up on deck bleachers under two box and hit head on two box	cut on top of head
Male	IN - Indiana Swimming	Practice - Dry Land	Gym	During dryland in gym, bleachers fell on top of athlete	bleachers landed on swimmer's foot, were not sure if broken or sprained at the time
Female	IN - Indiana Swimming	Meet - Competition	Other Pool facility	Athlete suffered an asthma attack, burning of the mouth, burning eyes, swelling of the throat, stomach pain, headache, breathing problems from poor air/water quality. She required medical attention after the meet and was prescribed by her pediatrician.	Athlete competed in the Divisional meet Friday, Saturday and Sunday and was in the pool and air quality for the duration of the weekend. Her first sign was coughing, and trouble breathing that progressed to requiring follow-up.
Male	IN - Indiana Swimming	Meet - Warm Down	Water - Lane Lines	Patient fell into the pool from the edge, onto the lane line.	Approximate 2inch laceration/avulsion
Female	IN - Indiana Swimming	Meet - Watching / Observing	Stairs	Was playing with ball. Tripped or jumped off of last step on stairs and twisted ankle.	Parent took child to hospital ER and it was determined that it was fractured. This was confirmed by the mother.
Female	IN - Indiana Swimming	Meet - Watching / Observing	Hallway	An athlete's sibling was in the hallway outside the pool. She was run into by a spectator from another team and hit her head on the wall when she fell.	
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	Child jumped off side of pool and clunked athlete in the head with his foot	Possible concussion complain of headache
Male	IN - Indiana Swimming	Meet - Watching / Observing	Deck	The injured was officiating at the turn end of the pool when he started to not feel well. He left the bulkhead to sit down on the bleachers. He lost consciousness and fell forward, landing on his front side and striking his head on the ground.	He had a cut on his forehead that required stitches.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	Hands slipped while climbing out of pool, face hit gutter and she broke a tooth.	Tooth was broken
Female	IN - Indiana Swimming	Practice - Dry Land	Outside Venue	Athlete was completing plyo squat jump exercises on elevated concrete area. During exercise, feet did not securely make it to top of elevated jump leading to contact with shin and corner of concrete. This resulted in laceration requiring emergency room and 15 stitches.	Note that coaches stated that they submitted this form the day of the event; however, there is no record on file at IN swimming or USA swimming. USA swimming recommended that form be resubmitted by parent. Coaches have been notified. Please re-initiate the process as billing is starting from medical treatment. Please contact as necessary for more information.
Female	IN - Indiana Swimming	Practice - Other	Water - Start End	Swimmer was doing Bobs in the pool, she slipped and her tooth hit the corner of the deck.	
Male	IN - Indiana Swimming	Practice - Dry Land	Deck	Swimmer fell on pool deck on the way to dryland	Sore left leg and chipped tooth. Was walking and alert.
Female	IN - Indiana Swimming	Practice - Other	Deck	Got out of water and didn't see foam kickboard on deck. Stepped on board and slipped. Hit right elbow and middle back.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Turn End	During warm-ups, a teammate accidentally kicked swimmer in the left hand. He did not notice the extent of the kick till he made the turn at the next end of the lane.	
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Deck	Slipped while walking back to pool. Tried to catch himself on the pool ladder rails. Fell onto left hip.	He previously hurt his right hip while participating in another sport.
Male	IN - Indiana Swimming	Meet - Competition	Starting Blocks	At the end of the race, athlete was climbing out of water, slipped and fell back in pool. Athlete hit his left hip on side of pool.	Athlete had visible bruise on left hip. Tenderness to touch. Good range of motion and strength. Able to walk with normal gait.
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Athlete experienced right shoulder pain during race. States it has been bothering her for 2-3 weeks.	Right shoulder pain- intermittent but did not improve after 20 minutes of icing. Did not finish the meet.
Female	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Not sure what happened. She noticed she was bleeding.	
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Small abrasion on left leg - dried blood with gauze then put on band aid	
Male	IN - Indiana Swimming	Other Playing football in concourse	Other Spectator bleachers	Playing football in spectator bleachers - cut toe on bleacher	Blood present under toenail
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	Metal side of blocks cut left pinky toe	
Female	IN - Indiana Swimming	Meet - Competition	Hallway	Fell outside of gymnasium, slipped on wet floor (swimmers dripped on floor)	
Male	IN - Indiana Swimming	Practice - Other	Deck	Swimmer was bouncing around on pool deck and slipped.	
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	While adjusting racing wedge on starting block, athlete dropped wedge on left foot. Accident occurred on the Natatorium's North Pool blocks.	
Female	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Was exiting the stand and tried to step over the railing at the top of the bleachers instead of walking to the stairs, spectators foot got stuck in the railing and she fell forward hitting her cheek and forehead on the wall. She said she got right up. Said it was her fault for not walking around.	
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Turn End	swimmer scraped his left foot while doing a turn during warm up	
Male	IN - Indiana Swimming	Meet - Warm-up	Deck	A child bumped into injured party causing him to hit the grate surrounding the warm up pool (small pool). The grate sliced his big toe on the right foot	Big toe sliced open and bleeding
Male	IN - Indiana Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke and took a full stroke head first into the wall.	Athlete hit his head on the wall. Tile pattern was visible on his head. Skin was broken, but no profuse bleeding. No Bump evident. Ice was given and father notified.
Female	IN - Indiana Swimming	Practice - Dry Land	Deck	slipped putting away fins and sprained left forearm	
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	Swimmer was playing water polo and states being held underwater a little long.	Swimmer was coughing trying to catch her breath
Male	IN - Indiana Swimming	Practice - Dry Land	Stairs	Swimmer was running on stairs. He said he was pushed from behind and tripped down a couple stairs. When he got his footing back, he came down awkward on his right knee.	Ice was given to swimmer.
Male	IN - Indiana Swimming	Other walking from restroom during practice	Hallway	According to swimmer he slipped and fell coming out of the restroom.	approx. nickle size abrasion to right elbow, and right elbow pain worse when attempts to straighten arm.
Male	IN - Indiana Swimming	Practice - Dry Land	Deck	Athlete was on the pull up bars and his hand slipped off causing him to fall to the ground and hit his front tooth on the ground chipping it.	
Female	IN - Indiana Swimming	Practice - Other	Deck	Coach slipped on the wet pool deck and struck the back of her head on the deck	Coach slipped on the wet pool deck striking her arm and side and back of her head. She appeared to lose consciousness for several seconds or more, but was aroused when spoken to. She seemed confused and slightly incoherent for a short time after. She said she didn't remember falling.
Male	IN - Indiana Swimming	Practice - Other	Deck	Swimmer was at the side of the pool cheering on other swimmers and began to turn and run down deck and slipped and fell on right knee. We checked him out and had him move his leg. We applied ice. He wanted to get up but he was having some difficulty, he was limping on that leg. His parents were notified.	
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Bleachers - Athlete's		
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Reported that he scratched his side getting out of the pool.	deep scratch on left side.
Female	IN - Indiana Swimming	Meet - Competition	Other Door		Foot got caught in door, Bruised top of foot.
Female	IN - Indiana Swimming	Meet - Walking	Other Sidewalk outside doors	Leaving parking spot heading into building approx 20 ft from spot on sidewalk...walking and slipped...landed bottom first then back. Head did not hit ground however neck jerked as a result of trying to stop the fall.	Was walking in and fell. in an attempt to stop fall jerked neck and now neck is sore.
Female	IN - Indiana Swimming	Meet - Walking	Deck	Slipped on Deck and fell. Hit R elbow against table	Bruised Right Elbow small cut on right toe
Female	IN - Indiana Swimming	Meet - Competition	Bleachers - Athlete's		scrapped right foot
Male	IN - Indiana Swimming	Meet - Warm Down	Water - Turn End	Getting out of pool and scrapped right foot on bulkhead. Given gauze pad to stop bleeding.	No visible signs of impact, but after monitoring for a few minutes, he became drowsy and sensitive to light
Male	IN - Indiana Swimming	Meet - Walking	Deck	Swimmer slipped on the pool deck and fell backward, hitting the back of his head.	Swimmer incurred laceration on the forehead at the hairline.
Male	IN - Indiana Swimming	Practice - Dry Land	Hallway	Swimmer was doing dryland in the hallway and struck a wall hanging trophy case with the forehead.	
Male	IN - Indiana Swimming	Practice - Dry Land	Bleachers - Spectator's	We were stepping up on the bottom step of the bleachers and athlete slipped and caught himself with his head. His knee was scraped and eyebrow swelled.	
Male	KY - Kentucky Swimming	Practice - Other	Water - Bottom	The swimmer was walking on the bottom of the pool holding weights. Lost consciousness. A team mate brought him to the surface. The swimmer regained consciousness once on the surface. The swimmer climbed out of the pool on his own power.	The swimmer was walking on the bottom of the pool holding weights. Lost consciousness. A team mate brought him to the surface. The swimmer regained consciousness once on the surface. The swimmer climbed out of the pool on his own power.
Female	KY - Kentucky Swimming	Practice - Other	Water - Start End	Coach felt light headed. Sat on starting block. Passed out. Fell in water. Hit right side of face on lane line causing abrasions.	
Male	KY - Kentucky Swimming	Meet - Competition	Water - Turn End	Athlete had his hand struck by starting block wedge. It was flipped over by another athlete and landed on his finger.	Pain at distal end of 1st finger on left hand.
Male	KY - Kentucky Swimming	Meet - Competition	Other Water- Middle of Pool lane 3	Shared lanes with other swimmer, neither stayed on side designated.	
Female	KY - Kentucky Swimming	Practice - Dry Land	Team Area	This injury occurred during group drylands activities.	The athlete was performing drylands activities (Squats, bear crawl, push ups, crab walk, lunge jumps) and strained her knee. It is unknown to the coaches as to which movement pattern caused the injury; we assessed her after noticing a limp.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	KY - Kentucky Swimming	Meet - Warm Down	Other Warm down pool	swimmer warming up in diving pool and kicked in the eye. Eye was swollen with a cut	Swimmer warming up in diving pool was kicked in the eye. Eye was swollen with a little cut
Male	LA - Louisiana Swimming	Practice - Other	Deck	Swimmer? was walking up to the pool deck slipped by the block and hit his head on the step of the starting block. The right side of swimmer's head was cut open and he is possibly in need of stitches.	
Male	LA - Louisiana Swimming	Practice - Other	Deck	Swimmer was hit in face with a medicine ball during an exercise.	
Female	LA - Louisiana Swimming	Practice - Entering / Exiting Pool	Deck	Slipped on pool deck while walking to the shallow end for practice.	
Female	LA - Louisiana Swimming	Practice - Entering / Exiting Pool	Water - Start End		
Male	LA - Louisiana Swimming	Meet - Warm Down	Other Diving well	slipped climbing out of pool	
Male	LE - Lake Erie Swimming	Practice - Dry Land	Gym	dropped a weight on his finger	
Female	LE - Lake Erie Swimming	Meet - Competition	Water - Side	Loss of ability to move legs after swimming during prelims they felt after rolling them. It happened again during finals and the life guard had to pull her out of the water during the race because she lost ability to move her legs.	
Male	LE - Lake Erie Swimming	Meet - Competition	Water - Side	Swimmer was competing the 100 meter freestyle. During the event he noted numbness and inability to move 4th and 5th digits and experienced numbness	Numbness of left 4th and 5th digits, good pulse, good cap refill, full range of motion of shoulder and elbow. No strength in hand.
Male	LE - Lake Erie Swimming	Practice - Other	Water - Side	swimmer was putting on a pair of fins and hit his chin on the wall and obtained a cut	
Female	LE - Lake Erie Swimming	Practice - Other	Other water- ran into another swimmer	swimmer bumped heads with another swimmer	swimmer was removed from water. Ice applied, parent contacted. Swimmer stated she had previously had a concussion. She felt a little light headed and nauseous.
Female	LE - Lake Erie Swimming	Meet - Competition	Deck	The athlete hit eye on object before getting to blocks (by a bench) and lost sight in right eye.	No visible signs of swelling but could not focus or follow a finger with the affected eye.
Female	LE - Lake Erie Swimming	Meet - Competition	Water - Start End	Upon completion of Open 100 Free, swimmer noticed a bruise approximately two inches in diameter on her forehead. States she did not hit her head. Also stated that the bruise was there this morning, but was much smaller (the size of a dime).	Swimmer felt lightheaded and C/o a HA after completion of the Open 100 Free. Father informed and chose not to take swimmer to the ER.
Male	LE - Lake Erie Swimming	Meet - Walking	Deck	Swimmer tripped over life guard chair and pinched fingers between the pool deck and his phone.	bruised fingers
Female	LE - Lake Erie Swimming	Meet - Walking	Deck	Immediate post competition, inability to control legs, complaints of burning and numbness	Swimmer reports inability to stand, walk, voluntarily control bilateral lower extremities. Parasthesias in bilateral femoral nerve distribution. Needed assistance to sit/lie down. Swimmer was calmed down, gentle range of motion and nerve mobilizations performed. Symptoms resolved, swimmer able to walk and move under control.
Female	LE - Lake Erie Swimming	Meet - Walking	Deck	Official slipped on wet deck	
Female	LE - Lake Erie Swimming	Meet - Walking	Hallway	Door leading in to the bleachers was opened on the toes of her left foot.	3 toes were scraped along the top
Female	LE - Lake Erie Swimming	Meet - Competition	Starting Blocks	Scraped foot on the block during the start	Scraped skin, Bleeding on heel
Female	LE - Lake Erie Swimming	Practice - Other	Starting Blocks	She went to get up on the block and slipped. She hit her hip on the ground.	Small scrape along the left hip/butt.
Female	LE - Lake Erie Swimming	Meet - Walking	Deck	Swimmer slipped on deck and hit right 4th toe in to a chair.	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Other shallow	Jumped into the pool for warmups and foot landed weird on bottom of the pool- shallow end small bump on right foot pinky toe side	Ice pack was given mom decided to take to closest urgent car x rays showed foot was broken
Female	MA - Middle Atlantic Swimming	Other Team Elite Fantasy Camp	Water - Start End	Victim was performing a flip turn during Fantasy Camp and hit her heel on a rough spot on the wall, cutting her left heel. The cut was approximately the width of the heel, and seemed deep enough to require stitches. It was recommended she see a doctor, which she did.	After hitting her heel on the wall, victim exited the pool and pressure was applied to the cut to stop the bleeding. As the cut seemed deep enough to require stitches, it was suggested she see a doctor. Victim's parent took her to Carolinas HealthCare System Urgent Care - Arboretum; 7810 Providence Rd #102; Charlotte, NC 28226; (704)543-6636. Victim was treated by Dr. James Griggs, who administered 6 stitches. Victim was instructed to use crutches for 3 days and to avoid swimming. She has a followup appointment scheduled for Tuesday, 12 April 2016.
Female	MA - Middle Atlantic Swimming	Practice - Entering / Exiting Pool	Bleachers - Spectator's	Swimmer struck her right shin on the railing for the bleachers and was cut.	There was moderate bleeding.
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Lane Lines	Injured party was accidentally kicked in the head during practice during a kick set. When I spoke to her on the wall following the incident, she was very aware of everything and could recall all that happened. I asked her if she was feeling dizzy, she replied "Yes", and I also asked if she had any sensitivity to the light in the building, she replied "a little bit". I immediately removed her from the workout and advised her to get to an appointment with her doctor as soon as she can to get a diagnosis. An incident report as filled out at the club during the workout.	Injured party was on her back during a kick set in a streamined position. She was coming up on the swimmer in front of her and the athlete accidentally kicked her in the back of the head.
Female	MA - Middle Atlantic Swimming	Other After practice	Locker Room	Slipped in the locker room and hit back of head.	Headache and dizziness following the fall. Possible concussion and was instructed to go directly to the doctor.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Jammed hand into wall at finish of race	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	Swimmer Kicked in the right eye by another swimmers	Possible swelling under the eye.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	At the end of a race, swimmer jammed his finger into the wall. Ice was provided by safety personnel and swimmer swam rest of races in meet.	Parents will take swimmer home and monitor need for additional medical attention.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Deck	Slipped on deck and twisted ankle walking from warm down pool to competition pool.	Twisted Ankle.
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	At 0700 swimmer unintentionally kicked in back of head by swimmer in front of her while doing backstroke in warm-ups. Then kicked in head again when approaching wall by another swimmer doing breaststroke kick.	Swimmer reports feeling like "things are spinning".
Female	MD - Maryland Swimming	Practice - Other	Deck	Practice set consisted of mixed laps/dry land in which swimmer swam laps, then got out of the water to do dryland. This set consisted of squats. The squat was modified in that swimmer squated while holding ball in hand at chest level, then squated a second time touching ball to deck, then stood up and raised ball up above head and over the feet. Swimmer's hands were wet and hands went back too far during this particular squat, and ball slipped out of hands onto head. The medicine ball was 8 to 10 lbs.	Head ache lasted approximately two weeks. Doctor returned to swimming after five days of headache free with no suggestions for reduced activity. Returned to full 75 min practice only to have headache return for another week. My point - doctors need to be educated about swimming and concussions!!!
Female	MD - Maryland Swimming	Practice - Other	Water - Start End	Athlete had severe hyperventilation and was struggling to stay conscious.	respiratory distress. Struggling to remain conscious was unsure if she was having a seizure or abrupt body movements were result of difficulty breathing.
Male	MD - Maryland Swimming	Practice - Other	Water - Start End	AS swimmer was waiting instruction in the water during practice a water bottle slipped of the starting block and hit him in the head. He sustained a cut on the top of his head.	Cut to top of head that required a staple.
Male	MD - Maryland Swimming	Practice - Dry Land	Outside Venue	Slipped and fell hitting is knee against some gravel.	
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Athlete had an Asthma attack due to poor air quality and poor air circulation. He was taken to the hospital after he swam his first event.	
Female	MD - Maryland Swimming	Other Spectator	Bleachers - Spectator's	Spectator was having breathing issues throughout the meet due to poor air quality. Spectator took herself to the hospital that night. She was admitted, treated for the breathing issue, and released later that evening.	
Male	MD - Maryland Swimming	Practice - Other	Other Middle of the pool	One swimmer doing fly accidentally struck swimmer in the left eye with the back of his hand and swimmer was in the upper most position of his breaststroke. Perfect/unfortunate timing.	Upon being struck swimmer's goggles fell apart and came off but he still took a pretty good shot to the eye that produced a small cut on the outside of his left eye. His eyeball was immediately red and he began to swell up a bit.
Female	MD - Maryland Swimming	Meet - Watching / Observing	Deck	Swimming was getting out of chair and hit supraorbital region of her left eye on friends chair that was next to her.	Redness supraorbital region left eye with slight swelling. Swimmer denies change in vision or limitation of movement of eye.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MD - Maryland Swimming	Meet - Warm Down	Water - Bottom	Swimmer believes he cut the bottom of his foot on a grate at the bottom of a 13 foot diving well being used for warm up and cool downs. Indicated he jumped in and went all the way to the bottom where his foot landed on the grate.	Cut was cleaned and antibiotic ointment applied with waterproof bandage. Swimmer continued with the rest of is events at the meet.
Male	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer cut his right thumb while using his personal iPad. Small piece of glass was imbedded in his thumb	small piece of glass removed. Antibiotic applied
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was entering the pool and the gutter near the start end of the pool broke as she stepped onto it. Her leg fell through the hole and she scraped her leg as it entered	
Male	MD - Maryland Swimming	Meet - Walking	Deck	Athlete was in the clerk-of-course area, and accidentally stepped on or walked into lifeguard stand, which had a sharp portion exposed. The heel of the athlete's foot was cut.	bottom of heal cut
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	She entered the water last night and had hives and became itchy and had a thickly throat. She was given Benedryl and took a shower and walked off deck. The same symptoms arised this morning.	
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks		
Male	MD - Maryland Swimming	Practice - Other	Water - Turn End	Swimmer was beginning a backstroke flip turn and the teammate immediate in front of him pushed off the wall and ran into him. Swimmer was struck in the nose by the teammates face	Swimmer reported tightness in eyes and was bleeding freely from the nose until pressure was applied by the swimmer. Nose began bleeding again after swimmer was placed in care of parent but bleeding subsided after swimmer changed to dry clothes.
Male	MD - Maryland Swimming	Meet - Competition	Starting Blocks	During 200 IM, swimmer slammed arm into starting block when turning from back to breast	
Male	MD - Maryland Swimming	Meet - Warm Down	Water - Lane Lines	collided with other swimmer (head to head)	
Female	MD - Maryland Swimming	Meet - Walking	Stairs		
Male	MD - Maryland Swimming	Meet - Walking	Outside Venue	slipped on ice, scraped knee.	
Male	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was ran into by another swimmer entering the pool. Swimmer came out informing coach that another swimmer accidentally jumped on him, and coach noticed that swimmer had a tiny cut on nose. Swimmer said he was fine, but had a headache. Swimmer chose to sit out and do dryland instead.	
Male	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Deck	Stepped on gutter of pool deck and cut foot	
Male	MD - Maryland Swimming	Practice - Other	Water - Turn End	head to head collision	
Female	MD - Maryland Swimming	Meet - Competition	Water - Turn End	swimmer sustained cut on foot, no further details provided	swimmer sustained cut on foot, no further details provided
Male	MD - Maryland Swimming	Meet - Warm-up	Other gutter	Swimmer flipped turned and hit his heel on gutter	Swimmer flipped turned and hit his heel on gutter scraped heel
Female	MD - Maryland Swimming	Meet - Warm Down	Water - Side	While swimming into the wall, another swimmers pushed off, colliding with swimmer's nose and face. Given gauze and ice for bleeding and swelling.	
Female	MD - Maryland Swimming	Other Sitting in Chair in Gym	Gym	Athlete was leaning on the Chair Arms of her folding chair. Material on the chair Broke. She fell on the metal part of the chair. Metal part of Chair cut her neck.	
Female	MD - Maryland Swimming	Meet - Competition	Deck	Official worked the AM session. During the afternoon session she was observed sitting on the deck in the middle of the team with her children, one who was swimming in that session and two who were not. She was asked to leave since was not working the session. She left but returned approximately 10 minutes later. I had to ask her again to leave. She questioned her son's DQ. I just asked her to leave.	
Female	MD - Maryland Swimming	Other Changing in locker room	Locker Room	No physical injury. Swimmer reported a group of girls who were using their phone to record a dance they had put together. The reporting swimmer said there were other girls in the locker room not dressed. The reporting swimmer said she quickly moved out of the area since she did not want to be in the picture. The reporting swimmer could describe the color of the skin of the perpetrator swimmers and some colors of hair but did not know their team. The reporting swimmer went to her coach immediately. The Coach notified the Referee, and the Meet Marshall made a round in the locker room right away. There was no one in the locker room. Each coach on the deck was notified by private conversation of the event and asked to reinforce the rule of no electronic devices out in the locker room. Coaches were asked to tell their swimmers if it was them, to erase it from their phone. Additionally, the reporting swimmer was asked to tell her coach if she recognized any of the perpetrator swimmers.	
Female	ME - Maine Swimming	Meet - Competition	Water - Start End	athlete hyper extended (L) 2nd finger on wall	finished and jammed finger on wall
Female	ME - Maine Swimming	Meet - Competition	Water - Start End	Athlete Hyper extended (L) 3rd finger on the wall of the pool	
Female	ME - Maine Swimming	Meet - Watching / Observing	Water - Turn End	Swimmer stepped from the deck onto a raised ledge that follows the turn end of the pool. She slipped and fell straddling the ledge with one leg as the other fell into the water	
Male	MI - Michigan Swimming	Practice - Other	Water - Start End	Swimmer swam into the wall during practice and hit his teeth on the wall. The impact chipped two of his upper front teeth.	
Male	MI - Michigan Swimming	Meet - Competition	Water - Turn End	WHILE COMPETING IN 200 FREE, SWIMMER STOPPED AND USED LANE LINE TO REACH TURN END OF POOL AND GOT OUT.	LIFE GUARD AND HIS PARENTS WHO WERE VOLUNTEERING AT THE TIME ATTENDED TO HIM. COMPLAINED COULDN'T CATCH HIS BREATH AND LUNGS WERE BURNING.
Male	MI - Michigan Swimming	Meet - Warm-up	Other Water passing another swimmer	Swimmer kicked another one of the swimmers and broke his foot.	
Male	MI - Michigan Swimming	Practice - Dry Land	Deck	Doing push-ups in dryland, lost control of user body and fell down face first.	
Female	MI - Michigan Swimming	Practice - Other	Water - Turn End	Swimmer kicked in head by another swimmer while turning off the wall. Complained of dizziness and head throbbing. Minor bloody nose (which swimmer addressed with tissue while in locker room). As a precaution with head injury, mom was called to pick her up and take her home, which took place promptly.	I called to follow up with the swimmers mom on 4/24. She said her daughter missed a few days of practice due to a cold, not the swim related injury. Mom said her daughter has recovered from her swim related head injury. No signs of a concussion. She will be back at practice on Monday, 4/25.
Female	MI - Michigan Swimming	Meet - Competition	Outside Venue	Swimmer swam at the 13 & Over State Meet Thursday-Sunday competing in 3 relays and 6 individual events. Swimmer competed in the 100 Fly and 500 Free on Friday. She made it back to Finals in the 500 Free. After competing in the 500 Free, swimmer complained of shortness of breath, she also complained that her lungs and throat were burning. Friday evening she came back and competed in the 500 Free. Friday night after the finals she continued to complain about not being able to breathe, her lungs and throat continued to burn. She also started to cough. On Saturday she came back and competed in the morning. Afterwards she went back to her hotel to rest. Her symptoms then continued to get worse. It is at that point that her parents took her to the Emergency Room at St. Joseph Mercy.	At the hospital they checked out her vitals, then gave her a breathing treatment. They diagnosed her with acute pneumonitis due to chemical fumes. She then went back to her room to rest. She felt better on Sunday. Her parents allowed her to compete. She made it back to Finals. Her breathing was better than it had been on Friday and Saturday. As of Monday March 21st, 2016 she to cough a little bit. Her lungs and throat are still burning.
Male	MI - Michigan Swimming	Meet - Competition	Deck	ATHLETE EXPERIENCED REDUCED BREATHING CAPACITY DUE TO POOR AIR QUALITY.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MI - Michigan Swimming	Meet - Warm Down	Water - Side	Swimmer was at the 13 & Over State Meet competing all 3 days. On Friday she competed in the 13-14 Girls 400 Medley Relay. Swimmer competed in her event and felt fine afterwards. She did not experience any symptoms. On Saturday swimmer competed in the 200 Breaststroke. Prior to her event swimmer was coughing while she warming up. After competing in the 200 Breaststroke she had a hard time breathing and was wheezing. Swimmer then went to warm down. She then swam 3 lengths in the warm down pool. She continued to cough and wheeze. She couldn't catch her breath. Her teammates then helped her out of the pool and took her to the hallway adjacent to the girls' locker room. Her symptoms continued to worsen. Her face and extremities started to numb. She was then taken out into the lobby where her parents met her. She was put on a nebulizer. The workers at the front desk then called 911. EMS arrived and they put her on oxygen. Her oxygen levels then returned to normal. She then went home with her parents. Later that evening her throat and lungs were burning. She also had a really bad headache. She did not return to competition on Sunday. As of Monday March 21st, 2016 swimmer is doing ok. She is not experiencing any more symptoms.	Coughing, wheezing, burning throat and lungs, tightness in chest, numbness in face and extremities, headache
Female	MI - Michigan Swimming	Meet - Entering / Pool	Deck	Swimmer was participating in the meet on Friday, Saturday, and Sunday. She was swimming in the Open Relays for GLT. On Friday she swam in the 400 Medley Relay, then on Saturday she swam in the 800 Free Relay. She said that she felt fine on both days. On Sunday, she arrived at 10am to get ready to participate in the 400 Free Relay. When she walked into the building, she felt tightness in her chest. Prior to warming up, swimmer took her inhaler. After taking her inhaler, swimmer felt really dizzy. She then collapsed to the ground with her teammates catching her. Several of her teammates attempted to take her out of the pool. They were told by one of the lifeguards to sit her down. Her teammates argued with the lifeguard that they needed to get her out of the pool because she couldn't breathe. By this time, her father was notified and rushed down onto the pool deck. Swimmer was then taken out into the lobby. The front desk workers then called 911. Symptoms: Headache, tightness in chest, disorientation, nausea, burning in throat and lungs, coughing Swimmer was given an albuterol treatment, then oxygen. EMS determined swimmer's oxygen level was back to 100%. She then went home. As of Monday March 21st, 2016 swimmer is doing ok. She is still experiencing some burning in her throat.	Headache, tightness in chest, disorientation, nausea, burning in throat and lungs, coughing
Male	MI - Michigan Swimming	Meet - Competition	Deck	Air quality continued to deteriorate throughout the championship meet. Shortness of breath, coughing, irritation of both eyes and lungs increased as the weekend continued.	air quality affected respiration
Female	MI - Michigan Swimming	Practice - Other	Deck	Standing on a secured storage equipment locker while writing workout on dry erase board. Corner of storage unit fell into unit causing coach to lose her balance and fall onto deck landing on her right hip.	
Female	MI - Michigan Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer while sitting on the bleachers East side of pool reached into bag and noticed her finger was bleeding. Unable to tell if it was cut prior to the reach into bag or before as blood was in both locations.	
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Swimmer upon completing the 400m Free collapsed on deck after exiting the pool bet	
Male	MI - Michigan Swimming	Meet - Competition	Deck	Stepped on piece of metal wire, causing puncture wound	Piece of wire rope stuck in sole of right foot, needed removal with tweezers. Abx ointment, water proof bandage applied. No functional limitations reported or observed.
Female	MI - Michigan Swimming	Meet - Competition	Water - Turn End	Athlete was swimming 200 fly in competition and had an asthma attack at the 65 yard mark.	
Female	MI - Michigan Swimming	Meet - Warm Down	Other diving well	Ran into wall at end of diving well	Banged head on wall.
Male	MI - Michigan Swimming	Meet - Competition	Water - Start End	Swimmers nose starting bleeding during swim event. Swimmer said it started bleeding for no reason.	Swimmer ok and continued with meet
Female	MI - Michigan Swimming	Meet - Competition	Starting Blocks	Slipped on pool deck and scrapped back against wall behind blocks	Swimmer ok and continued with meet
Male	MI - Michigan Swimming	Meet - Competition	Water - Turn End	Swimmer was doing a flip turn and caught toe nail on the light inside of the pool and ripped toe nail in two	Cut toe nail in two
Male	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Hit his head on the wall during a flip turn	No visible symptom other than pain
Male	MN - Minnesota Swimming	Practice - Other	Water - Start End	Swimmer swam into the wall with the back of his head.	Slight bump on back of head but returned to workout after he seemed ok and he requested to get back in
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Athlete did start into the water on south end and hit temple and nose on the bottom of the pool	Nose and forehead swollen
Male	MN - Minnesota Swimming	Meet - Warm-up	Other UNDERWATER LIGHT	WHILE DOING A FLIP TURN UNDERWATER SWIMMER CUT THE SIDE OF HIS LFT FOOT	
Female	MN - Minnesota Swimming	Practice - Dry Land	Team Area	RUNNING & HURT RT QUAD LEG	RT QUAD STRAIN
Female	MN - Minnesota Swimming	Practice - Dry Land	Team Area	PLAYING AN AGILITY DRYLAND GAME, SWIMMER TRIPPED AND LANDED ON HER BIG TOE, CONTINUED TO DO DRYLAND AND SWIM PRACTICE	SWIMMER DIDN'T THINK SHE REALLY HURT IT WHEN IT HAPPENED. NEXT MORNING IT WAS SWOLLEN AND BRUISED
Male	MN - Minnesota Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Fell off bleachers	Fell off bleachers, hyper extended wrist when falling to catch himself. Abrasion to knee as well!
Male	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Twisted foot on botton of pool	Hit bottom of pool and twisted foot. Protruding bone
Male	MN - Minnesota Swimming	Practice - Dry Land	Gym	Athletes do dryland every night and this night, doing situps, the athlete hit his head on the floor pretty hard.	Doing situps, he struck his head on the gym floor. During warmup in the pool, his head started throbbing and he started feeling really hot. I went through concussion protocol with him, and he didn't swim the rest of practice. He also took the next night off of swimming since his head still hurt.
Female	MN - Minnesota Swimming	Practice - Other	Locker Room	Door opened over her toe when she was entering the locker room. She pulled the door open. Went to ER for stitches	
Male	MN - Minnesota Swimming	Practice - Dry Land	Deck		
Female	MN - Minnesota Swimming	Practice - Other	Bleachers - Athlete's	Swimmer slipped on the bleachers when she was getting her things after practice. when she slipped she fell onto the pool deck where she landed on her wrist.	when I asked swimmer how she felt and what her wrist felt like she said that she felt fine and her wrist just felt sour and stiff. I did talk to her dad about it who stated that they would just ice it and give her some ibuprofen. when swimmer left the pool she seemed just fine.
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Swimming backstroke and had head tipped and hit head on the wall. Also hit hand/arm on wall/gutter.	Abrasion on hand. Bruise on head. Neurologist on premises. Performed regular exam for concussion. No neurological deficit; oriented; asymptomatic; no abnormalities
Male	MN - Minnesota Swimming	Meet - Competition	Water - Start End	In transition from one backstroke heat to the next, the swimmer entering the pool inadvertently kicked the swimmer exiting the pool in the left eye. The kick caused a scratch on the cornea of the left eye of the swimmer exiting the pool.	Swimmer took ice pack from his lunch bag and held it to his eye. Some time later during the session, the swimmer notified the coach of the injury and asked to see his parents. Coach instructed the swimmer to see his parents immediately. Parents took swimmer to urgent care.
Female	MN - Minnesota Swimming	Practice - Other	Water - Lane Lines	Swimmer hit her wrist in the water while she was swimming	
Female	MN - Minnesota Swimming	Meet - Walking	Outside Venue	walking towards pool, fell to ground. Lost consciousness for approx. 10-minutes. No seizure. Did not hit head. Hit left shoulder & right knee (abrasion to both).	Lost consciousness. Refused hospital transport. Sister was taking her home
Female	MN - Minnesota Swimming	Other Meet - exiting pool	Water - Start End	Scrape left shoulder while exiting pool after event.	
Female	MN - Minnesota Swimming	Practice - Other	Deck	We have underground storage for our lane lines. When swimmer was attempting to put one away, she lost track of her position on the deck and stepped into the hole and fell. She has some bruising and one small cut.	There is some bruising and a small cut on her leg. Didn't appear to have any concussion symptoms and parents report no worsening of her condition.
Female	MN - Minnesota Swimming	Practice - Other	Locker Room	Bathroom door opened into swimmer's big toe on right foot.	
Female	MN - Minnesota Swimming	Practice - Other	Water - Start End	Backstroke finish. Flaps missing at finish end of pool using temporarily	
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Athlete was swimming and flipped like normal during a set. Her heel hit a pool jet. Heel was scraped/ began bleeding upon exiting the pool.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MN - Minnesota Swimming	Practice - Other	Water - Start End	Swimmer was swimming into the wall when another swimmer pushed off backwards (fooling around) and hit swimmer in the face.	We had swimmer sit out and applied ice for roughly 10 minutes.
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Apparent rough edge on tile caused scratch/cut on bottom of foot.	Cut to bottom of foot
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Getting out of the pool and scratched knee on the backstroke starter pole	Cut below knee
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End		
Female	MN - Minnesota Swimming	Meet - Competition	Deck	Swimmer was walking away from the blocks and slipped on a puddle and fell hitting her hip (right) and knee (right)	Pain in right hip
Male	MN - Minnesota Swimming	Meet - Walking	Deck	Caught toes on lane line reel and was cut between the last two toes on left foot. Minor cut.	Minor cut between toes
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Slipped and fell and landed on her back	
Male	MN - Minnesota Swimming	Practice - Other	Bleachers - Spectator's	Slipped on the floor, fell into concrete bleachers, fell on his back, laceration 1-2 inches; left elbow and right shoulder blade also struck floor (contusions to both)	
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Fell hit head and elbow on deck	
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Checked for concussion symptoms - clear	
Male	MN - Minnesota Swimming	Meet - Warm-up	Deck	Spontaneous bloody nose	
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	jammed right thumb against touchpad	tip of right thumb cut
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Athlete pushed off the wedge on the starting block and slipped backwards. Foot hit the block and she scraped her foot.	
Male	MN - Minnesota Swimming	Practice - Dry Land	Hallway	The swimmer was running while another teammate pushed him and he hit his head on the floor.	Small bruise on his forehead
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Coach slipped on wet deck landing on her wrist.	
Female	MN - Minnesota Swimming	Practice - Other	Deck	Tripped on deck and fell back onto head and then landed on right shoulder. Swimmer slipped as she was reaching to grab onto another swimmer on deck, but that swimmer was moving away as she reached.	
Male	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke to the turn end of the pool. The backstroke flags were not set correctly at the facility. The swimmer used their normal backstroke count and turned over to complete his flip turn. Because the backstroke flags were set too close to the wall, the swimmer turned and flipped and hit his face on the wall.	Multiple scratches and cuts on face. The bulkhead is metal so collision caused cuts. After being dismissed to parents, swimmer was taken to doctor the next day. Was told he had a broken nose.
Male	MR - Metropolitan Swimming	Practice - Other	Water - Start End	In between sets and toward the beginning of the workout, he was accidentally hit in the forehead with a water bottle. One swimmer was holding the water bottle in his hand, moved it under the water while the injured swimmer was coming up quickly toward the surface. Unfortunately, the end of the water bottle forcefully hit his forehead. He immediately got out of the water.	Coach and lifeguard treated the bump on his head with ice packs while he sat down. The first assessment was that it was a bump on the head that could end up bruising. After he was still not feeling well after two ice packs he wanted to get it checked out at the hospital, so he got dressed and the coach took him to the ER a few blocks away. They were seen by the triage nurse and then a doctor and the first assessment was that it was most likely a concussion. The coach stayed with him through this portion until his dad got there.
Female	MR - Metropolitan Swimming	Meet - Competition	Deck	Subject Complained of chest pains after finishing a 200 Meter Breaststroke race.	
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	Swimmer 1 hit heads with another swimmer while they were both swimming backstroke. The other swimmer was in the prior heat and swam a 100 instead of a 50 in a long course pool. The officials did not see that the swimmer continued on and started the next heat, swimmer 1's heat.	No other symptoms were observed besides some pain from hitting his head
Female	MR - Metropolitan Swimming	Meet - Competition	Deck		
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Finishing race; 100 freestyle; last touch to wall.	Possible hyperextension of elbow.
Male	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines	Athlete was passing another swimmer & collided with swimmer coming from other direction. Swimmer stated he hit other swimmers shoulder.	Laceration under eye, eye was bloodshot/red.
Female	MR - Metropolitan Swimming	Practice - Other	Water - Side	The athlete was kicked in the face while trying to pass another swimmer who was swimming breaststroke. When kicked, the athlete's goggles dug into the skin under their eye causing an abrasion.	When kicked, the athlete's goggles scrapped the skin away at the top of the cheek, under the eye to cause an abrasion. Athlete was take to City MD and told to stay out of the water for a week until the abrasion could scab.
Female	MR - Metropolitan Swimming	Practice - Other	Water - Start End	Ran into another swimmer with head	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines		
Female	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Injured swimmer was passing another athlete as she approached the turn end of Lane 10 of the Nassau County Aquatic Center's 50m Course. As she passed a swimmer, a third athlete pushing off the wall that had completed a flip turn pushed off in the opposite direction. The initial swimmer and the third athlete collided. The swimmer immediately left the water to approach the coach indicating an eye injury. Initially she was upset that she could not open her eye. After calming her down and assessing her injury the coach was able to get her to open her eye, determine she could see out of it and determined if there were signs of a concussion. There were not. An ice pack was immediately applied by a lifeguard on duty to reduce swelling. After the swelling came down a little bit it was observed that there was a small cut across the swimmer's right upper eye lid. It was not bleeding and not fully through the eye lid but was a scratch. For the remainder of the practice the swimmer changed into her normal clothes can back on deck and kept an ice pack on her eye. At the completion of practice, the coach walked the swimmer to her father and informed him of the accident. The swimmer was released to her father.	Swimmer's upper eye was swollen a bit. There was no injury to the actual eye. Her upper right eye lid had a small less than 1 cm cut that did not penetrate through her entire eyelid. She was able to see out of her eye and did not have difficulty opening her eye.
Male	MR - Metropolitan Swimming	Meet - Competition	Stairs	Tripped walking down the stairs from spectator seating	Grandparent missed the step and tumbled down the staircase. He bumped the back of his head and landed on his hip
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	Swimmer hit her knee getting out of the pool from her event	Swimmer hit her knee getting out of the pool
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	During the race, swimmer went to perform a flip turn and swallowed water. Began coughing at the end of the race, and was unable to catch his breath. Oxygen was administered by the lifeguard staff. Fire and EMS were called, swimmer was not taken to the hospital, instead went home with parents.	
Male	MR - Metropolitan Swimming	Meet - Competition	Deck		
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Athlete injured elbow at the finish of backstroke event. At the finish touch, athlete jammed arm with force enough to jam elbow.	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines		scraped arm and knees; sore.
Female	MR - Metropolitan Swimming	Meet - Competition	Stairs		swimmer returned to the meet and competed the next day.
Female	MR - Metropolitan Swimming	Meet - Competition	Locker Room	she opened the locker room door on her right big toe. The toe nailed 95% pulled off and was bleeding.	
Male	MR - Metropolitan Swimming	Meet - Competition	Deck	Injured individual was timing, slipped on deck and injured his lower back.	Lower back

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MR - Metropolitan Swimming	Practice - Other	Water - Start End	Ran into another swimmer with head	
Male	MS - Mississippi Swimming	Meet - Watching / Observing	Locker Room	The athlete got his left middle finger tip stuck in between the locker room door and frame. Ice and pressure was applied with elevation to slow the bleeding down.	After going to the ER (Baton Rouge), X-rays were taken and medicine was given for the pain. The ER physicians wanted us to have it evaluated by an Orthopedic due to crush/open fracture to his finger tip. We met with his Pediatrician this morning (Meridian, MS) and will meet with an Orthopedic doctor tomorrow. The finger is still bleeding and is considered a crush injury.
Male	MS - Mississippi Swimming	Practice - Other	Deck	The swimmer slipped and upon landing busted chin.	
Male	MS - Mississippi Swimming	Practice - Other	Water - Start End	Swimmer hit the wall of the pool with his heels while performing a flip turn.	
Female	MS - Mississippi Swimming	Practice - Other	Water - Lane Lines	Injured party was struck in the side of the face by another swimmer who was swimming in the same lane with hand paddles.	Small cut outside of eye, scrape, and swelling on cheek underneath left eye
Male	MS - Mississippi Swimming	Other Cardoor	Outside Venue	shut the car door on his pinky finger	
Female	MS - Mississippi Swimming	Meet - Warm-up	Water - Turn End	Athlete slipped when exiting the pool on the bulkhead and fell and scraped her shin.	
Male	MT - Montana Swimming	Practice - Dry Land	Gym	Was holding a weight at chest level. The weight slipped and the injured party reacted to catch the weight and the end of his right middle finger was smashed by the weight, when it cam in contact with the floor	Following the incident, the end of the right middle finger was bleeding from a cut. It bruised and swelled nearly immediately.
Male	MT - Montana Swimming	Meet - Competition	Starting Blocks	Clipped previous fractured ankle on starting ledge of starting block	Pain on recently healed right ankle Swimmers head was sore and stopped racing at approximately 12:15p. Swimmer threw up following the blow.
Female	MT - Montana Swimming	Meet - Competition	Water - Start End	400 IM Swimmer Heat 3 Lane 3. Head struck wall in the transition from backstroke to breast stroke.	Swimmer said head does not hurt. Recommended seeing a physician. Given water and ice pack for head.
Female	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Water - Side	swimmer slipped in the gutter and fell into the pool, hitting her ankle on the side of the pool as she fell in.	
Female	MV - Missouri Valley Swimming	Meet - Walking	Bleachers - Spectator's	An elderly woman fell while stepping up on the bleachers. She lost her balance, fell, and hit her head on the concrete.	
Female	MV - Missouri Valley Swimming	Other Walking	Other parking lot	Slipped on ice in the parking lot while coming into Natatorium for the swim meet.	
Female	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Water - Bottom	At 7:30 Jan 21, 2016 at Shawnee Mission East  Swimmer dove off a starting block, she dove to deep which made her hit her head on the bottom of the pool Swimmer came straight up to the surface of the water and began to cry from neck pain. We quickly yelled at her to not move, then did a slide in entry and then then put swimmer on a backboard, strapped her in and got her out of the water. The whole time swimmer was alert and correctly answering all of the questions. She complained of a little neck and forehead pain.	
Male	MV - Missouri Valley Swimming	Meet - Watching / Observing	Deck	Athlete was walking on the deck when a gust of wind caused a portable scoreboard to fall on its side. The scoreboard struck the athlete on the arm, by the wrist.	
Female	MV - Missouri Valley Swimming	Meet - Competition	Water - Turn End	On the turn end, swimmer flipped and split skin of left heel. MD in stand, applied pressure and placed butterfly bandaid. Parent of swimmer was with minor swimmer and assumed care of child. No further care needed other than bandaid.	On the turn end, swimmer flipped and split skin of left heel. MD in stand, applied pressure and placed butterfly bandaid. Parent of swimmer was with minor swimmer and assumed care of child. No further care needed other than bandaid.
Male	MW - Midwestern Swimming	Practice - Other	Water - Turn End	at about 1720, swimmer was noticed by his coach rubbing his head at the wall, after completing a length of backstroke. Coach asked what was wrong, and swimmer stated he had run into the wall headfirst. After looking at swimmer (eyes, etc), coach had swimmer swim an easy 50. He seemed OK, so he was allowed to proceed with practice. Less than ten minutes later, swimmer said he still had headache. Swimmer was removed from water, parents were notified, and swimmer was observed until parent arrived. Parent was made aware of the need to keep an eye on the swimmer that evening/night, and swimmer was made aware of the need to use his stroke count from the flags while swimming backstroke. NO ONE APPARENTLY SAW THE ACCIDENT OCCUR.	
Male	MW - Midwestern Swimming	Practice - Other	Water - Side	Athlete was performing an open turn and was struck on the left side of the head by another swimmer doing butterfly stroke. Injured party stopped swimming and looked disoriented. Coach followed concussion protocol and removed injured party from practice.	After being struck, injured party stopped swimming and looked disoriented. Coach followed concussion protocol and removed injured party from practice.
Female	MW - Midwestern Swimming	Meet - Walking	Deck		
Female	MW - Midwestern Swimming	Practice - Other	Water - Start End	Swimmer was doing a flip-turn at the start end of the pool. She slammed her heel into the wall. She swam a 25 down to the turn end of the pool where she got out of the water and notified coach that she was bleeding. Wound was cleaned, wrapped and elevated.	Laceration was horizontal across the heel.
Female	MW - Midwestern Swimming	Meet - Warm Down	Other Warm Up/Warm Down pool	Swimming in the diving well, bumped heads with another swimmer.	
Female	MW - Midwestern Swimming	Meet - Warm Down	Other Warm Up/Warm Down pool	Two swimmers bumped heads while warming down in the diving well.	
Male	MW - Midwestern Swimming	Meet - Competition	Water - Start End	Competing in the 200 breast, athlete swallowed water and had a hard time breathing. Finished the race, laid on the pool deck to recover. Vomited and emergency room doctor from the stands helped with the situation.	Monitored athlete until he felt comfortable breathing. Utilized an inhaler.
Male	MW - Midwestern Swimming	Meet - Warm-up	Other Warm Down Pool	While swimming in the warm down pool, another swimmers hand/arm hit the swimmer in the right eye, breaking his goggles. This caused bruising/swelling and blurred vision.	
Male	MW - Midwestern Swimming	Other Walking through shower area	Locker Room	Stepping over hallway/shower divider on floor, slipped and fell. Small cut on left ankle and scrape inside of left knee.	Small amount of bleeding from both wounds. Bleeding stopped upon applying pressure, bandages were applied. Swimmer walked out under own power, slight soreness in knee.
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	broke finger when ran into another swimmer	broken finger
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	A kickboard was thrown towards him. It hit the water, popped back up and hit him in the nose, breaking his nose.	
Male	NC - North Carolina Swimming	Meet - Competition	Deck	Swimmer jumping up and down in area behind starting blocks in preparation for an event. Swimmer struck head on pole holding awning over shade behind starting area. Concussion protocol followed.	We followed concussion protocol.
Female	NC - North Carolina Swimming	Practice - Other	Other Water mid-pool	Swimmer claims to have bumped heads with another swimmer, however no other swimmer acknowledged bumping heads nor spoke up to inform coach	The swimmer claims to have had previous concussions therefore was very sensitive to bumping her head
Male	NC - North Carolina Swimming	Other Meet - In Shower	Locker Room	Swimmer slipped in the shower room within the Men's General Locker Room and cut left knee.	
Male	NC - North Carolina Swimming	Practice - Other	Deck	A door was opened on to the athletes right foot when walking through the double doors to the pool. The athlete's foot was cut when the door struck it.	
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	swimmer was accidentally kicked in the face during practice by another member of the team. She was struck in the eye.	



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NC - North Carolina Swimming	Meet - Warm-up	Water - Turn End		
Female	NC - North Carolina Swimming	Practice - Dry Land	Other Outside Dryland Practice	Victim collided with another teammate during dry land practice. They bumped heads doing a grapevine exercise on the outside field. The coach did not witness the incident, but learned of it from the victim.	The victim's coach did not witness the collision; however, questioned the victim after learning of the incident. The victim informed the coach that she was "in a little bit of pain." She stayed and completed the full water practice. The coach learned of the victim's concussion in an email from the father. After leaving the facility, the victim complained to her parents of dizziness, headache, and nausea. The day after the incident, the victim was taken to a sport's injury specialist, who diagnosed a concussion. The victim's parents said they believe the victim experienced a concussion "in the past," but did not see a doctor or establish a baseline. After this incident, the victim was limited to little or no activity, including swimming, and had a follow up appointment on 7 March 2016. As of 11 March 2016, the victim still is not cleared for physical activity. Another follow up appointment will be some time the week of 14 March 2016.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Turn End	The swimmer dove into the water, his goggles slipped and started to fill with water. The swimmer then started panicking and had trouble breathing. A lifeguard pulled him from the water. The swimmer blacked out and was taken immediately to the first aid room. EMS services were called.	The swimmer dove into the water, his goggles slipped and started to fill with water. The swimmer then started panicking and had trouble breathing. A lifeguard pulled him from the water. The swimmer blacked out and was taken immediately to the first aid room. EMS services were called.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Start End	The swimmer dove into the water with his chin up and hit his throat when entering the water. Lifeguard helped him out of the water and he looked like he was going to faint so he was taken to the first aid room. EMS was called and assessed his condition. Mom did not want to have the child taken to hospital. Mom took the swimmer home.	
Female	NC - North Carolina Swimming	Practice - Other	Water - Side	Victim exited pool and stated her heart was racing, higher than normal, and that she had "a heartbeat in her throat." Victim drank water, rested 15 minutes on the bleacher, and stated there was no change in her racing heart. Victim's parents were in the parking lot and immediately notified.	Victim was taken to the CMC Steele Creek ER (13640 Steelecroft Pkwy; Charlotte, NC 28278; 704-512-5500), and was seen by Dr. David Johnson. He did not witness an issue with her heart/pulse. The next day, the victim saw her pediatrician, Dr. Doug Hansen, at Rock Hill Pediatrics (704 Gold Hill Rd Ste. 207; Fort Mill, SC 29715; 803-802-5900). He referred the victim to Dr. Bensky, a pediatric cardiologist at Levine Children's Specialty Center (Medical Center Plaza; 1001 Blythe Blvd, Ste 200-E; Charlotte, NC 28203; 704-381-8840). Dr. Bensky did not determine a cause, and released victim to return to swimming effective 2/18/2016.
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Victim was swimming backstroke due to a shoulder injury while her team was practicing a kick set. Victim was swimming one direction, while 2 swimmers were swimming breaststroke towards her from the other direction. One of these swimmers attempted to pass the other, kicking the victim in the right temple.	After being kicked in the right temple during practice, victim complained of dizziness and stated she'd had a concussion before. Her coach instructed her to sit on the bleacher. Victim applied ice to her temple for 15 minutes and was asked questions to determine if she was coherent. Her mother was contacted, informed of the injury, and took the victim home. Victim was taken to Novant Sports Medicine on 2/10/16 where it was determined she had a mild concussion. She had a concussion baseline from an injury last year. Victim missed a couple days of school, was unable to take tests for a week, is still restricted from any type of physical activity, and still complains of headaches. She has a follow up appointment at Novant Sports Medicine on 2/24/16.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Severely Sprained thumb	Potential fracture
Male	NC - North Carolina Swimming	Practice - Other	Water - Side	One swimmer was passing another swimmer in the lane and was kicked in the head by the swimmer who was swimming breaststroke.	The athlete was kicked in the head while passing another swimmer. For precautionary measures the coach had him stop swimming - in case he had a minor concussion.
Female	NC - North Carolina Swimming	Meet - Walking	Deck	Slipped and fell on pool deck. Cut and scrapped toes (Left foot #2-5)	
Female	NC - North Carolina Swimming	Practice - Other	Other middle of the pull during a kick set	the group was doing backstroke kick from their streamline position. She ran into a swimmer in front of her and got kicked in the head accidentally.	Her head hurt but no cut nor bump that I could feel. She is going for a checkup with the doctor
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer ran into on wrong side of lane	Ran into
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer swimming on the wrong side of the lane	none
Female	NC - North Carolina Swimming	Practice - Other	Water - Bottom	When practicing flip turns, the athlete (13) pushed off of the wall too deeply and hit her forehead on bottom of the pool. The athlete immediately stood up and held her forehead. She then sat on the wall of the pool while the coach spoke to her and observed her condition. Once it was discovered that the athlete's forehead was bleeding, care was administered and the athlete's parent was contacted.	The athlete suffered a vertical cut on her forehead just below the hairline. The cut was approximately 1 inch long. The athlete complained of general pain in the area of the cut. The athlete was aware of her surroundings and coherent from the time of the accident to the time she was released into parent care. When questioned the athlete reported no other pain or discomfort besides the cut on the forehead.
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	kicked lane line and cut foot	
Female	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Swimmer injured pinky finger during finish.	
Female	NC - North Carolina Swimming	Meet - Competition	Other Bathroom	Injury to the top left side of Left foot just in front of and below the ankle, about midway between the ankle and little toe. Cause of the injury was the stainless steel trash can that is part of the wall mounted paper towel unit. The trash can fell out of the frame it sits in and landed on swimmer's foot. Happen at the conclusion of the meet while she was changing into her street clothes. Let me know what else you might need.	Injury to the top left side of Left foot just in front of and below the ankle, about midway between the ankle and little toe. Cause of the injury was the stainless steel trash can that is part of the wall mounted paper towel unit. The trash can fell out of the frame it sits in and landed on swimmer's foot. Happen at the conclusion of the meet while she was changing into her street clothes. Let me know what else you might need.
Female	NC - North Carolina Swimming	Meet - Warm-up	Water - Start End	While practicing a flip turn during warm-up, the swimmer hit her nose with her own knee. This caused a significant nosebleed.	When I notified the swimmer's mother, she indicated that the swimmer was prone to nosebleeds. The swimmer was still able to swim the meet after she showered to remove the blood.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Turn End	Victim stated he has a preexisting condition of "hyper mobile knee caps." He was swimming the 200 breast stroke and his knee "gave out" at the wall. He stated that his knee bent inwards during the turn/push off, causing discomfort and swelling.	After exiting the pool, victim complained his knee hurt. He was asked to sit down, elevate and ice his knee. When questioned about what happened, he stated that he has "hyper mobile knee caps." He has seen an orthopedic doctor for this condition, who has instructed him to ice and rest the knee in the past. His coach on site, and his father were informed. Swimmer scratched the remainder of the day's events, and will try to compete in the final day of competition.
Male	NC - North Carolina Swimming	Meet - Competition	Water - Turn End		
Female	NC - North Carolina Swimming	Other	Deck	Exercise induced asthma attack	Trouble breathing and nausea
Female	NC - North Carolina Swimming	Other fell at home	Other home	Athlete stated that she hit her head at home and was disoriented. Athlete said it happened at home on New Years Eve.	Athlete stated they were disoriented. Accident happened at home 2 days prior to symptoms.
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer was coming off a turn and there were three piled on top of each other and the swimmer that he was trying to pass kicked him on accident in the goggles.	His eyelid swelled up but there was no blood except under the skin.
Male	ND - North Dakota Swimming	Meet - Competition	Water - Lane Lines	Jammed/strained right index finger during race. No other athlete involved.	Recommended athlete get finger checked by medical after meet to evaluate if broken.
Male	ND - North Dakota Swimming	Practice - Entering / Exiting Pool	Water - Side	On 1-20-16 at approximately 2030 hours, athlete, age 10 was on the deck in the area of the deep end of the pool. The athlete slipped and his foot went into the gutter, striking a water spout and caused a laceration to his foot. Initial first aid was provided at the pool by a coach and the athlete was transported to Trinity ER by his mother. The athlete sustained a minor injury to his foot and was told to refrain from swimming until the injury is healed.	The athlete was seen in the ER at Trinity Hospital the night of the incident and followed up with a pediatrician on 1-25-16. He was told to refrain from swimming until the injury is healed.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	ND - North Dakota Swimming	Practice - Entering / Exiting Pool	Deck	athlete slipped while reentering the pool at the turn end and cut his foot between two toes.	
Female	ND - North Dakota Swimming	Practice - Other	Deck	Coach was winding the lean rope reel and did not know that the swimmer was behind her and hit her above the right eye with a lane rope.	
Female	NE - New England Swimming	Meet - Competition	Deck	She said she didn't feel well and then slumped back on the bench and her arm was shaking and somewhat unresponsive.	
Male	NE - New England Swimming	Meet - Walking	Deck	Athlete has chronic knee issues, another swimmer caused him to slip and he hit his knee.	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	hit head on wall from backstroke due to goggle being filled with water	evaluated for Concussion but was ok
Female	NE - New England Swimming	Practice - Dry Land	Outside Venue	While playing Ultimate Frisbee with the team outside in a grassy area of the college campus, swimmer lost her footing and twisted her knee. Her left knee dislocated. She had experienced such a dislocation in the past playing field hockey.	We immobilized the swimmer's knee and contacted her father and mother. Her mother came to the facility to transport her to receive additional care. Prior to leaving the facility, she chose to extend her leg to bring the knee back into it's joint. She chose to rest at home prior to the injury and did not seek emergency medical care. She has a doctor's visit planned for Monday 6/6/16 for follow-up care.
Female	NE - New England Swimming	Meet - Walking	Deck	Slipped and fell on deck	Fell on right side of face. Right eye swollen and bruising
Male	NE - New England Swimming	Practice - Entering / Exiting Pool	Locker Room	Boys were fooling around in the lockerroom and swimmer's finger got caught on another swimmer. Broken pinky finger on left hand.	We were not aware of the accident until we received a phone call the next day from the mother explaining what had happened. No malicious intent was indicated by mother, swimmer or other party involved.
Male	NE - New England Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Cut on heel after tripping over the Lifeguard Chair and hitting foot on the bleacher.	Slice on heel
Male	NE - New England Swimming	Practice - Other	Other mid pool	Swimmer collided with another swimmer. He Showed signs of concussion. He was sent to hospital for observation. He was released the same night.	
Male	NE - New England Swimming	Practice - Other	Water - Side	Swimmer had difficulty breathing	Athlete was brought to urgent care where two nebulizer treatments were given. He was then advised to go to ER for chest xray and EKG.
Female	NE - New England Swimming	Meet - Walking	Deck	Swimmer WAS WALKING ON DECK ANOTHER SWIMMER BUMPED IN TO HER. Swimmer FELL AND BOTH KNEES DISLOCATED. BOTH SWIMMER AND FATHER ACKNOWLEDGED Swimmer HAS HAD PREVIOUS DISLOCATIONS. Father INDICATED TO SAFETY MONITOR THAT THE DISLOCATION IS A HEREDITARY CONDITION.	Swimmer's RIGHT KNEE SEEMED MORE SWOLLEN THAN THE LEFT ONE. ICE WAS APPLIED WITHIN 10 MINUTES. SECURITY WAS CONTACTED AND EMTS WERE ONSITE WITHIN 15 MINUTES. WPI CALLED AN AMBULANCE AND THE CHILD WAS TAKEN TO THE NEARBY HOSPITAL. HER FATHER WAS PRESENT IN THE AMBULANCE.
Female	NE - New England Swimming	Meet - Competition	Water - Start End	struck her head against end of the pool (bulk head and timing pad) at conclusion of backstroke race.	First Aid administered on site. Ambulance was called. Parents refused transport to hospital. Swimmer returned to meet and swam the following day.
Female	NE - New England Swimming	Practice - Other	Deck	swimmers on deck away from pool receiving instruction. Swimmer approached coach saying that she felt dizzy. swimmer took another step towards coach and began to faint, coach held swimmer and guided her safely to floor using the wall to lean on	swimmer did not bump head and claims not to have been kicked but the swimmer was in and out of alertness. Identified coach and parents but unable to tell the correct day
Male	NE - New England Swimming	Meet - Warm-up	Water - Start End	Athlete scraped face on dive off blocks	
Male	NE - New England Swimming	Meet - Warm-up	Water - Start End	Athlete scratched forehead on bottom of pool after diving in.	
Female	NE - New England Swimming	Meet - Walking	Team Area	Slipped and fell in gym, landed on Elbow	
Female	NE - New England Swimming	Meet - Competition	Other Exiting Pool	Got Bloody Nose upon leaving Warm-up Pool	Treated with Tissues and cold compress till bleeding stopped
Female	NE - New England Swimming	Meet - Warm-up	Water - Lane Lines	Small cut from Lane Lines	treated with a band-aid
Female	NE - New England Swimming	Meet - Competition	Water - Start End	struck hand against wall and lane line	slight swelling
Female	NE - New England Swimming	Meet - Warm-up	Water - Start End	Hit in Nose by another swimmer	Hit in nose during warm up. Had bloody nose as a result.
Female	NE - New England Swimming	Meet - Entering / Pool	Locker Room	Swimmer was entering the locker room and another swimmer opened the door and accidentally Struck swimmer in the head	Large Bump - She was scared and nervous but remained alert and articulate. Ambulance called and checked her out. Dad declined further treatment - signed release.
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Swimmer came out of the pool holding her leg. She was not bleeding. After exiting, she began to cry, grabbed her leg and fell. People on deck held her to prevent her collapsing. Brief unconsciousness.	
Male	NE - New England Swimming	Meet - Competition	Water - Start End	Has Asthma but didn't use inhaler	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Swimmer was finishing her 100 back stroke race and slammed her elbow into the wall on the finish.	The elbow immediately bruised and was sore to touch. Administered ice but swimmer insisted on completing the meet and swam the 200 breast after the injury. She was unable to push herself up on the deck to climb out of the pool and had to use the ladder one handed to get out after the race.
Female	NE - New England Swimming	Meet - Competition	Water - Turn End	Hit head on wall when doing backstroke	
Female	NE - New England Swimming	Meet - Competition	Stairs	Slipped on last step heading down from stands to pool deck. Bruised ankle. Ice applied.	
Female	NI - Niagara Swimming	Meet - Competition	Other Water -middle of the pool	Swimmer was swimming the 50 meter free. The next heat then had started from the other end and they did not notice that swimmer continued for another 50 and the girl who went off the starting blocks swam and then both girls collided in the middle of the pool. The girl who dove off the blocks continued her swim, while the girl who did the extra swimming was told to climb out to the side by her coach.	
Female	NI - Niagara Swimming	Practice - Dry Land	Outside Venue	Team was conducting hill runs under Coach supervision. Injured party was running downhill by baseball field, tried to slow down, but hit the ledge of a sidewalk and tripped. In the course of this, she hit the wall of a dugout and then fell to her knees. Visible injuries included bruised, swollen lower lip and two scraped, bleeding, swollen knees. Mother was called and parents came to the pool to pick up injured party. An older teammate helped injured party and applied bandages and ice packs. Coach tested injured party's eyes with flashlight for possible concussion-related reactions. Parents took injured party home and cleaned her scrapes, applied more ice, provided Advil for pain, and generally observed her. No further medical treatment was deemed necessary at that time.	See above.
Male	NI - Niagara Swimming	Practice - Other	Water - Start End	Swimmer attempted to perform a freestyle flip turn and misjudged his distance to the wall. As a result, he hit the top of his head on the wall (underwater).	Swimmer sustained a contusion on top of his head with some swelling. There was no loss of consciousness, no open wound, no bleeding, no bruising, and no deformity. Swimmer states some dizziness and was kept out of practice for treatment, monitoring and until parent arrival for practice pickup. Ice was applied to top of his head.
Female	NI - Niagara Swimming	Practice - Other	Deck	Possible Seizure	Possible Seizure
Male	NI - Niagara Swimming	Swimjitsu - Entering / Exiting Pool	Water - Start End	The athlete stopped during a set and indicated that he "couldn't feel the right side of his body." His speech was slurred and he couldn't stand on his own. We called 911 immediately.	N/A

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was getting out of the pool and slipped bumping his chin on the side of the pool, cutting it.	
Female	NI - Niagara Swimming	Practice - Other	Water - Turn End	Swimmer's left arm (forearm) struck pool's deep end bulkhead wall while swimming on her back.	Swimmer's left arm (forearm) struck the pool's deep end bulkhead wall while swimming on her back. No open wound. No discoloration. No deformity. No neurological deficits. Minor swelling just below elbow (appr. 2) Swimmer is able to move elbow, wrist and left hand fingers but complains of some pain when she does left arm extension and moving left pinky little finger and left ring finger.
Female	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Start End	The incident happened at the beginning of regular practice. One of our coaches, was assisting others in athlete's age group by explaining warm-up and putting caps on, when she looked over and saw athlete crying. Athlete was holding her head and another swimmer was asking whether athlete was OK. Athlete told Coach that she had jumped into the water, because she had been ready to begin her warm-up routine, and as athlete was surfacing other swimmer jumped in and collided with athlete. Other swimmer stated she had not seen athlete underwater. Coach told athlete to get out of the water. Athlete reported pain in her head and neck. Athlete applied ice to her head and neck for about 20 minutes on the bench while Coach contacted athlete's mother to come pick athlete up. Athlete stated that she had a headache that she had not had prior to practice. When athlete's mother arrived, she took athlete to the locker room to change, so that athlete was not alone in the locker room. Neither athlete nor other swimmer could be more specific about where on athlete's head the contact had occurred, but it seemed that athlete was hit somewhere on the top portion of her head. Athlete's mother later reported that she took athlete in for an x-ray later that night and that the x-ray did not show any fractures.	
Female	NI - Niagara Swimming	Meet - Warm-up	Hallway	After warm-ups, she was walking down a very wet, slippery, uncarpeted hallway when she slipped and fell down onto her left wrist, spraining it.	After swimmer fell, I went to Coach of NCRC to inform her of the incident. The meet director was in the process of getting the meet ready and was not at that moment visible in the pool area. Coach directed swimmer to the lifeguard to get ice. I informed her that people had been slipping on the very wet hallway all weekend. (I found out later that the meet director was not informed by NCRC of swimmer having fell, nor me having filled out an incident report.) Shortly thereafter, someone haphazardly put down two rugs exiting to the wet hallway, but these rugs were not taped down and people were starting to trip on them. The hallway remained wet. Flow of traffic was still not diverted to the opposite, dry, carpeted hallway or any other corrective action taken by NCRC or HHSC until I filed an incident report with NCRC Head Coach at event 63, the point where swimmer said her wrist was really hurting. At this point, NCRC directed the Marshalls to divert the traffic and make sure kids exited the pool down the carpeted hallway, versus the other door leading out to the very wet hallway. However, it was a little too late, as the meet was almost over. I filed the incident report with the NCRC coaches Sunday evening, January 10, 2016, however, they have yet to enter it here into the system as of Wednesday, January 12, 2016. When I called USA Swimming and spoke with George Ward, he told me to file this report myself, to collect and itemize all medical bills. He added that NCRC should have filed by now and that USA Swimming would be looking for it. He added that if and when NCRC were to file their report, it would not negate this report and that USA Swimming is willing to help us in anyway possible. However, Mr. Ward strongly encouraged me to get word to NCRC to get their own version of the incident reported. In doing so through email, the head coach of NCRC, informed me that he wouldn't be back to Eden until Monday, January 18th, and that he would file then. At that point, I responded back that he should have reported it Sunday night/Monday morning and to please do so ASAP. Swimmer's TWST head coach also sent him a similar email, to please report it. After conversing with Mr. Ward, it is known that NCRC is negligent on several points: 1) not having notified the meet director that this incident happened when it did, 2) not filing the incident report with USA Swimming in a timely fashion, and 3) not filing it with Eden Jr/Sr High School in a timely fashion. I had a very nice conversation with the meet director and informed him that swimmer is doing well, and that I was sorry that this happened, but thanked him for his support and dedication to the sport. I am hopeful that NCRC files their report in short order. Swimmer's wrist is being attended to with rest and ice. Two EAST swim coaches stopped to ask swimmer if she was ok, but she didn't know their names. XXX, another swimmer from NCRC, also came over to ask swimmer if she was ok. I do not have his address.
Female	NI - Niagara Swimming	Practice - Other	Water - Turn End	Swimmers were in shallow end of the pool during a swim set. Parent of injured swimmer noticed that the injured swimmer was shaking with face in water and notified coach and lifeguard. Lifeguard went directly to the swimmer and lifted swimmer up so her face was out of water. Lifeguard, coach and parent lifted injured swimmer out of water and laid her on deck while protecting her head. A pullbuoy was placed under her head and towels were put on her to keep her warm. Injured swimmer was lethargic but responsive. 911 was called. Paramedics arrived and gave care to injured swimmer. Injured swimmer went to hospital in ambulance. Injured swimmer was released from hospital that evening, diagnosis ambiguous and medically restricted from swimming until further notice.	small cut in corner of eye from face hitting lane line
Male	NI - Niagara Swimming	Practice - Other	Deck	Per swimmer: I was sitting on deck next to the starting block to put my goggles on. My right hand slipped holding goggles causing right goggle lens piece to hit my right eye (eyeball, eyelid, and eye orbit).	There were no visible signs of trauma to right eye (i.e. laceration) other than some swelling to the right eyelid and right orbit. The right eyeball was intact with some tears from the tear ducts. Swimmer states some pain to the affected area when the goggles hit the eye. He also said he had no loss of vision or blurred vision when the incident occurred. He did not finish practice and one of his parents were notified.
Female	NI - Niagara Swimming	Meet - Warm Down	Water - Side	Left Hand Made contact with another swimmer during warmup	
Female	NI - Niagara Swimming	Meet - Watching / Observing	Deck	While walking near block end of pool official slipped and fell face forward.	Chipped Tooth, officials left front tooth. Official only accepted ice from lifeguard.
Female	NI - Niagara Swimming	Practice - Other	Water - Start End	Swimmer completed event "200 Freestyle". While heat was still ongoing, swimmer could be heard crying-with labored breathing. Lifeguards and coach immediately came to aid. Swimmer had to be assisted out of pool. At no time (after race) did the swimmer's head submerge.	Swimmer was having difficulty breathing. Lifeguards assisted her from pool. Athlete rested on chair near pool for several minutes. Swimmer was able to continue in meet. (Later swam 50 free). Coach, swimmer and lifeguards were with athlete.
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	WAS SWIMMING EVENT FELT PULL IN SHOULDER AND STOP DURING EVENT AND DID NOT FINISH.	
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	Jammed index finger, happened in the South competition pool during race, numb, tingling feeling, previously injured.	numb tingling feeling in index finger
Female	NI - Niagara Swimming	Meet - Warm-up	Locker Room	cut on toe, top of toe had slight laceration and bleeding.	cut on top of toe, had slight laceration and bleeding
Female	NI - Niagara Swimming	Meet - Walking	Hallway	Reportedly the swimmer slipped in hallway leading to pool area while heading to warm-ups. Swimmer complained of a sore wrist and was provided an ice pack by the Lifeguard. Incident was reported at site and the swimmer was able to participate in her regularly scheduled events during the session.	Ice pack was provided by lifeguard. Swimmer was able to fully participate in the meet.
Female	NI - Niagara Swimming	Practice - Other	Other Equipment Room (on deck)	Athlete was walking in the equipment room attempting to get her practice equipment when she slipped and fell on the extremely slippery floor in the equipment room. Athlete landed directly on her tail bone and was unable to get up for 5-10 minutes, until helped by Coaching staff and family members. Athlete immediately was given ice by the facility LG & LG Supervisor (Justin Drew, 585-451-2566). Athlete's mother, was immediately called by Head Coach and arrived on scene within minutes.	Abby was not taken to the ER but parents indicated they will be going to pediatrician ASAP.
Female	NI - Niagara Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer fell walking across the bleachers trying to cross the steps	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
					At approximately 7:15pm while running on the track swimmer finished running and fell down from exhaustion. He was breathing a little heavy and advised that he was feeling a little dizzy and had some tingling. I got his water container and had him drink from it. It didn't seem to help that much when he consumed from his container so I carried him down to the pool in case he needed to be cooled by the pool waters. The lifeguards immediately assisted me when we entered the pool. The lifeguards then called campus security who in turn called the police/emt. His mother was contacted at approximately 7:25pm and was en route with her husband. The swimmer's mother sent another parent that was a nurse in the area to tend to the swimmer. He was provided with extra fluids and an ice pack at the discretion of the nurse. Branchburg police arrived on scene at approximately 7:30pm, followed by the swimmer's parents at 7:38 pm. EMS arrived on scene and transported the swimmer to Somerset County Hospital. The swimmer was responsive and answered all questions asked to him during the whole time.
Male	NJ - New Jersey Swimming	Practice - Dry Land	Other Track		
Male	NJ - New Jersey Swimming	Practice - Other	Other	Athlete complain of chest pain and lightheadedness, exhibited difficulty breathing	Chest Pains, no visible injury no prior injury, light headed, breathing difficulty, heart rate normal
Female	NJ - New Jersey Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped running up some steps and fell.	Swimmer received a gash to her right temple and some scrapes to her knees and chest.
Male	NJ - New Jersey Swimming	Meet - Competition	Deck	During a competition (GPAC Spring Classic Long Course Meet), swimmer was sitting in his team area. He was sprayed with water that was contaminated with peanuts and he developed an allergic reaction. His coach gave him benadryl and paramedics were called as a precaution. He was taken to a local hospital.	Paramedics were called once his throat started to swell and he began to develop hives
Male	NJ - New Jersey Swimming	Meet - Competition	Deck	Swimmer was standing behind blocks lane 7 near the wall after swimming 400 Free. He became disoriented fell, hit head, and started shaking.	
Female	NJ - New Jersey Swimming	Practice - Other	Water - Start End	Hit head on another swimmer off wall	
Male	NJ - New Jersey Swimming	Practice - Other	Locker Room	Athlete hit his head after slipping on a sandal in the shower	
Male	NJ - New Jersey Swimming	Practice - Other	Deck	Swimmers finished 100 fast from the blocks and had trouble breathing.	Swimmer continued to have trouble breathing. Couldn't get a deep enough breath for inhaler to be effective. Swimmer started to panic and hyperventilated.
Female	NJ - New Jersey Swimming	Meet - Warm Down	Other Collision while swimming		While swimmer was conducting meet warm up, she accidentally collided with another swimmer causing her goggles to press against her face and cut her eye. Lifeguards administered first aid immediately and the swimmers' parents decided to bring her to the hospital for further evaluation / precautionary measures.
Female	NJ - New Jersey Swimming	Other Sudden Breathing Problem	Deck	Suddenly had trouble breathing, sporadic deep breaths, shaking, trouble talking, dizziness	Suddenly had trouble breathing, sporadic deep breaths, shaking, trouble talking, dizziness
Male	NJ - New Jersey Swimming	Meet - Warm Down	Water - Turn End		
Female	NJ - New Jersey Swimming	Practice - Entering / Exiting Pool	Water - Start End	While working on starts, swimmer decided to step down off the block but miss-stepped off the block too close to the pool edge and slipped in. She bumped the back of her right leg and the front inside of her left thigh.	
Male	NJ - New Jersey Swimming	Practice - Other	Water - Turn End		In-water collision caused swimmer's goggle to cut the skin right next to his eye. He was OK, but he wasn't able to put his goggles back on because of the location of the cut. There was no severe bleeding.
Female	NM - New Mexico Swimming	Other Team Activity	Other bowling alley	During a team activity trip to a bowling alley during our meet in Phoenix, athlete stepped funny and dislocated her knee cap	
Female	NM - New Mexico Swimming	Meet - Walking	Deck	Athlete slipped while walking to lane for warm-up. Athlete sustained a skin abrasion on her left hip and pain in her wrist and forearm.	The wrist and arm have continued to hurt; if it continues parents may take athlete in to doctor to be sure it is not more than a sprain.
Male	NT - North Texas Swimming	Other Before practice	Locker Room	Cut/sliced big toe on right foot coming out of bathroom on door.	Cut big toe on right foot opening the bathroom door in the locker room.
Male	NT - North Texas Swimming	Practice - Other	Other deck/office	Coach was providing care CPR/AED for a swimmer. After the paramedics took over for Coach and provided care to the swimmer, Coach showed signs of shock. After further observation, Coach was taken by ambulance to Baylor Grapevine Hospital where he has been admitted and is receiving care.	
Female	NT - North Texas Swimming	Other just finished practice warm-up	Water - Start End	Approximately 15 minutes into swim practice, swimmer was found unconscious at the bottom of the pool. Rescue was made, 911 was called, CPR was administered till the EMS took over.	swimmer was not responsive.
Female	NT - North Texas Swimming	Meet - Watching / Observing	Bleachers - Athlete's	she was sitting between bleacher seats. When she tried to stand up, her foot was caught under the bleacher seat in front of her and she wrenched her knee.	severe strain to her knee, seemed to be in mild shock
Male	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Tighting lane ropes and then wrench flew off and hit him above the eye.	Most likely needs stitches.
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the nose going into a turn, as another swimmer was coming off the wall.	Swimmer had broken her nose 2 times in the past and will be checking to make sure this was not re-broken.
Female	NT - North Texas Swimming	Practice - Other	Water - Side	Swimmer swam head first into her.	Swelling on right side of the face. Swelling increased over next 2 days.
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Athlete was participating in a game outside for dyland, much akin to tag. She said she was not paying attention to where she was going and walked into a tree. She struck the side of her head on the tree and sat down. I asked what had happened, as I did not see. She said she was trying to tag someone and as she turned, she hit her head on the tree. I asked if she was OK, she said yes. We brought her into the lifeguard room and got her ice for her head. The lifeguard checked her out, asked if she was feeling dizzy, nauseated, confused, sick, and checked to see if her pupils were dilated. I called her mother and informed her of the situation. She came to talk to J and me and it seemed everything was OK. She sat out and iced for about 15 minutes, then said she was feeling well enough to swim. She swam the rest of practice (about 45 minutes) and said her head was just a little sore where she hit it.	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer was doing backstroke drill with hands at their side and bumped their head into the wall.	
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Group was doing a shuttle run. Athlete tripped on his own foot and fell striking his arm and shoulder on the ground.	
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	swimmer was doing backstroke and ran into wall headfirst on finish of set.	Swimmer hit wall complained of it hurting. Coach evaluated and watched swimmer. Talked about it and told swimmer to let know if it still hurt. Swimmer left after practice with headache and was still hurting the next day and seeing spots. Swimmers parents are taking to get checked out at hospital today.
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer received injury to right eyebrow area caused by impact with backstroke flag pole.	Unable to determine any other injuries at this time.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer exiting pool and impacted eyes to backstroke handle	
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer was performing diving starts and slipped off the block. They jumped off and landed before slipping on the ground.	
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer injured nose with her knee during flipturn	Swimmer impacted her nose against her knee during flipturn.
Male	NT - North Texas Swimming	Practice - Other	Deck	Door closed on Athletes foot, causing it to slice open.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Athlete was standing on top of a green electrical box outside of the front of the pool. A rock was thrown at and struck athlete's head. The girl who threw the rock, claims that she "tossed" the rock underhand towards athlete and that hitting her was an accident. I did not witness the incident. After interviewing 3 other swimmers, the consensus is that she threw the rock towards at least 2 other swimmers prior to throwing it at athlete, and threw the rock overhead at her. She was brought inside and checked out by head lifeguard. Ice was applied to her head for about 20 minutes and she was able to swim the entire hour and twenty minute practice.	Giant knot on left side of her forehead.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Streamlining Dove into lane. Another swimmer dove in from another side but crossed under lane line into swimmer's lane and heads collided.	No signs of concussion or vision problems.
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	was swimming in practice and was kicked in head by a breaststroker	Sat out for 10 minutes and really showed no signs of a concussion. But when she returned to water, she started getting a headache.
Male	NT - North Texas Swimming	Practice - Dry Land	Hallway	Swimmer was doing a set of box jumps and missed the box on the way down which resulted in a scrape on his leg.	
Male	OH - Ohio Swimming	Meet - Warm-up	Stairs	Official was rounding up timers from the stands, and on the way back to the deck to conduct the timers meeting, slipped on the stairs to the deck.	At the time of the fall, the official did not think he was seriously injured. Only after seeing the doctor and having a MRI was damage confirmed, including the latissimus dorsi was torn from the right humerus, the right labrum was torn, and a right bicep tendon was damaged, which requires surgery to repair.
Female	OH - Ohio Swimming	Practice - Other	Stairs	Slipped walking down the stairs	Jammed shoulder elbow and wrist when falling.
Male	OH - Ohio Swimming	Practice - Other	Stairs	either tripped or slipped on top step and fell landing on elbow and bumping his head. Lifeguards were notified and took care of him. Called 911 and ems took him to children's hospital liberty.	Possible concussion and either bruise, sprain or fracture on arm/elbow area. Not sure at this point.
Female	OH - Ohio Swimming	Meet - Competition	Water - Start End	Breathing emergency. She had trouble breathing after the completion of her race. Staff helped her to try to relax and get her breathing under control until paramedics arrived. They checked her out and her mom decided to transport her herself to the hospital to get her checked out.	Breathing emergency. Staff worked to help her relax until the paramedics could arrive.
Female	OH - Ohio Swimming	Meet - Warm-up	Deck	Slipped while walking across deck	
Male	OH - Ohio Swimming	Meet - Walking	Water - Start End	Slipped on deck behind the blocks.	Cut arm when slipped on the pool deck
Female	OH - Ohio Swimming	Practice - Other	Water - Start End	Went to do a flip turn, and suddenly felt a popping in her knee. Believes it may be a reinjury from a knee pop over the summer	
Female	OH - Ohio Swimming	Meet - Competition	Other Wrestling Room - Swimmer rest area	Grandparent of swimmer walked into rest area. A swimmer walked behind her and stepped on her shoe. While the shoe stayed on the ground, her body kept moving forward. Grandmother lost balanced, falling over. She landed on her left knee, bruising it. Daughter and another person assisted Grandmother back to her seating area.	Additionally, there is a language barrier so the write of this report used the grandson (a swimmer) and the daughter to translate so Grandmother would understand me and I her.
Male	OH - Ohio Swimming	Meet - Competition	Water - Start End	Swimmer was exiting pool after the 100 freestyle. Swimmer placed hands on deck and foot in the gutter. Foot/hand slipped. Swimmer lost balance and landed face first on deck edge. Swimmer hit his eye, with goggles on.	Swimmer had goggles on but redness, bruise around wear goggle had broken the fall.
Male	OH - Ohio Swimming	Meet - Competition	Other Wrestling Room - Swimmer rest area	Swimmer slipped and used his left arm to catch himself/break his fall. Landed on hand then bottom.	Swimmer described pulsing pain in left forearm. Did swim the 200 fly after incident.
Male	OH - Ohio Swimming	Meet - Competition	Bleachers - Athlete's	slipped on the bleachers on the pool deck	scraped leg on bleachers after slipping
Male	OH - Ohio Swimming	Practice - Entering / Exiting Pool	Locker Room	Athlete opened the locker room door over the top of his foot. The door cut the top of his big toe on his right foot.	
Female	OH - Ohio Swimming	Practice - Other	Water - Bottom		
Male	OK - Oklahoma Swimming	Meet - Watching / Observing	Deck	swimmer fell backwards, thinks he passed out, was holding his breath while watching teammate swim. refused medical attention, parent was notified.	head hert for seconds, left elbow slightly bruised
Male	OK - Oklahoma Swimming	Meet - Competition	Water - Turn End	hit head on wall on 3rd turn of 100 back	hit head on wall on 3rd turn of 100 back
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Water - Start End	The athlete performed a forward dive into the pool, returned to the wall, assisted with the removal of a lane line, and then began complaining of discomfort in his back.	The muscles surrounding the scapula became very tense, and the position of the scapula became awkward, with the medial border (?) protruding from the back.
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Head bumped into the wall during a backstroke to breaststroke transition.	
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	Kicked in head by another swimmer on an underwater turn	
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Deck	Slipped and fell into pool hitting her knee on the gutter.	
Female	OR - Oregon Swimming	Meet - Warm Down	Deck	Swimmer was using stairs to exit warmup/warmdown pool and tripped/fell, injuring her knee.	
Male	OR - Oregon Swimming	Practice - Other	Other midpool	swimmer was swimming Breaststroke during practice warm-ups, and he ran into a backstroker coming the other way.	Head bonk mid-pool.
Male	OR - Oregon Swimming	Practice - Other	Other midpool	Head bonk mid pool.	After 45 minutes, swimmer said he had a headache. Parents notified and encouraged to seek medical attention. The following day, he said the headache was gone.
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Swimmer finished 800 freestyle race in lane 10 near start box. She was holding on to the gutter of the pool at the start end with her head above water. She began breathing heavily and rapidly. Approximately 30 seconds later her arms suddenly relaxed and her head slipped under water. She was immediately pulled to the surface by the meet referee and starter. Life guards were summoned and EMS called. Mother was present as her airway was secured and lifted to the pool deck. There was no evidence of aspiration of water. She was responsive and breathing slowing. On the Paramedics arrived and assumed care 15 minutes after incident began. Transported by parents to hospital ER for further care and evaluation.	Swimmer finished 800 freestyle race in lane 10 near start box. She was holding on to the gutter of the pool at the start end with her head above water. She began breathing heavily and rapidly. Approximately 30 seconds later her arms suddenly relaxed and her head slipped under water. She was immediately pulled to the surface by the meet referee and starter. Life guards were summoned and EMS called. Mother was present as her airway was secured and lifted to the pool deck. There was no evidence of aspiration of water. She was responsive and breathing slowing. On the Paramedics arrived and assumed care 15 minutes after incident began. Transported by parents to hospital ER for further care and evaluation.
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Swimmer went to Dr one week after and has a torn quad from running. Swimmer did not tell coaches until one week after incident that she felt pain.	torn quad and fascia
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Stairs	I have a narrative from the athlete that can be submitted. She hit her mouth on the stairs from the cool down pool. She did not realize she had chipped it until she was in the locker room and did not inform me, her coach, until several days afterwards and her mom had already scheduled it to have it repaired.	I have a narrative from the athlete. No injury report was given nor witnesses. The swimmer did not realize she chipped her tooth till later and she was embarrassed to say anything until several days later. After checking I asked her to write a narrative which she did on March 10th. Parents also submitted a paper copy of dental charges already paid.
Male	OR - Oregon Swimming	Practice - Other	Stairs	Tripped while walking down the stairs to start the swimmers dryland activities.	
Male	OR - Oregon Swimming	Meet - Competition	Water - Turn End	During 200 individual medley as swimmer made turn during breast stroke leg he pushed off of the wall and his foot slipped into the gutter. He banged and scraped the top of his foot.	During 200 individual medley as swimmer made turn during breast stroke leg he pushed off of the wall and his foot slipped into the gutter. He banged and scraped the top of his foot.
Female	OR - Oregon Swimming	Meet - Warm-up	Water - Turn End	Swimmer reported that as she did 3rd turn in her leg of 400 freestyle relay, as her feet hit the wall she felt sharp pain in lower back. She completed length and was able to get out of the pool on her own. Her coach came to start end to see her and helped her get to a bench behind starting area. Coach left to get her ice and mom showed up at starting area. Once coach returned they placed ice on her lower back, she stood on her own and mom assisted her leaving pool deck as she walked on her own. Coach scratched her from her individual event and recommended she go to see a doctor. Mom agreed to scratch but decided to stay at pool to determine if she could swim relay or time trial. In the end mom decided to leave and check in with doctor as swimmer did not want to compete.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Practice - Other	Deck	Swimmer arrived on deck getting ready to begin practice. While waiting for one squad to exit the water so her squad would enter the water she started a game of imaginary catch with an invisible ball. As she reached out for the ball she started to fall in a strange way. Once she hit the deck she immediately grabbed her knee. Frankly, it is unclear exactly when the knee cap came off her knee and wrapped itself over to the side of her leg.	Swimmer arrived on deck getting ready to begin practice. While waiting for one squad to exit the water so her squad would enter the water she started a game of imaginary catch with an invisible ball. As she reached out for the ball she started to fall in a strange way. Once she hit the deck she immediately grabbed her knee. Frankly, it is unclear exactly when the knee cap came off her knee and wrapped itself over to the side of her leg.
Female	OR - Oregon Swimming	Meet - Walking	Deck	Athlete suffered scratching and cuts from the fall. She also hit her head and was transported to the hospital for observation.	Swimmer was always alert, but complained her head hurt.
Female	OR - Oregon Swimming	Meet - Entering / Pool	Water - Start End		
Female	OR - Oregon Swimming	Other sitting on deck during practice	Deck	Swimmer has been dealing with health issues. She was sitting out of a set and began to have double vision/ loss of focus. Swimmer needed help sitting up and getting up off the pool deck. EMS was called and took over.	EMS and swimmers mother came. Mother gave swimmer medication to help with symptoms.
Male	OR - Oregon Swimming	Practice - Other	Water - Lane Lines	The swimmers elbow struck the laneline during warm-ups causing a cut to bleed and needed minor bandaging.	
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Athlete suffers from Hyperventilation Syndrome and had an attack upon finishing her race. This also happened on 3.10.16 and was reported	athlete hyperventilated and was shaking
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Athlete has been diagnosed with Hyperventilation Syndrome	athlete hyperventilated and had a panic attack upon completion of her race
Male	OR - Oregon Swimming	Meet - Warm Down	Other Start End Touchpads		
Male	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Was running on track and ran into a bench	
Male	OR - Oregon Swimming	Practice - Other	Deck	Got out after 100 off blocks and could not stop coughing. Panicking and dizzy.	
Female	OR - Oregon Swimming	Practice - Dry Land	Gym	Hit shin on bench doing bench jumps	
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Deck	skinned her knee/may need stitches	
Male	OZ - Ozark Swimming	Practice - Other	Water - Turn End	Swimmer was approaching a backstroke turn and miscounted his approach. He hit his head and arm on the wall. Two coaches witnessed the impact. It did not appear severe. The Swimmer was rubbing his head as one Coach approached to check on him. Coach checked to see where he was hurting. The swimmer was rubbing his head. He said his head was sore from the impact. Coach asked him if he was dizzy or unable to move to the ladder. Swimmer indicated he was not dizzy and that the only thing that hurt was his head. When specifically asked swimmer indicated that his neck was not in pain and that his hands and feet did not sting or were numb. Coach directed him to walk along the wall to the ladder in order to exit the pool once the soreness subsided he felt ready. Swimmer exited the pool by the ladder. He did not seem unsteady, confused, or disoriented. Coach directed the swimmer to sit down on a nearby bench. Coach checked the swimmer to see where it hurt and to see if he seemed dazed or confused. The swimmer answered all questions clearly and seemed to have no problems communicating with Coach. When asked the swimmer indicated the side of his head was stinging. When asked the swimmer indicated he had never had a previous concussion, but had been hit on the head at school earlier that day. This was the first time the swimmer had mentioned the previous injury. Coach told the swimmer he would be sent home, since he had a prior injury to the head earlier that day and it was risky for him to continue swimming unless cleared. Coach continued to check the swimmer for signs of a concussion. When specifically asked the swimmer denied being dizzy. When specifically asked the swimmer said the lights were bothering his eyes. Coach helped the swimmer gather his equipment and escorted him to the lockerroom so he could contact his parents with his cell phone. Coach gave the swimmer a cold compress from medical gear kept at the pool. The swimmer called his mother using his cell phone, and Coach spoke with her. Coach told her her son had hit his head during a turn and that her son had indicated that he had been hit in the head at school earlier that day. The swimmer's mother indicated that she was outside in the parking lot and told Coach to send her son outside to the car. Coach told her he would be sending her son out with his assistant Coach. Coach left the locker room in order to allow the swimmer to change into his street clothes in private. The swimmer exited the locker room and the Assistant Coach followed the swimmer to his mother's car. The Swimmer's mother told of his condition and everything he had said up to that point, and was asked to keep an eye on her son and to let Coach know how he is doing later that night. Then the swimmer left with his mother.	Swimmer did not appear dizzy, disoriented, or confused throughout his interactions with the Coach. He did indicate a sensitivity to lights after Coach asked him specifically if the lights hurt his eyes. He indicated he felt like he hit the top of his head on the wall, but felt pain on the side of his head. From the Coach and Assistant Coach's position on the deck, it was unclear if the swimmer had turned his head at impact so neither could determine if the swimmer had in fact hit the side of his head where the pain was.
Female	OZ - Ozark Swimming	Practice - Other	Water - Start End	swimmer was swimming backstroke and her arm hit in the gutter as she finished and her head struck the wall at the same time.	Received notification from parent the day following the incident and parent was advised to keep swimmer home from practice that evening. They have spoken with their doctor and will keep her home for a couple days to monitor her symptoms. I was informed that she is doing better each day.
Female	OZ - Ozark Swimming	Practice - Other	Water - Start End	In completing her 100 backstroke swim, swimmer miss-counted and ran head first into the wall of the pool.	
Female	OZ - Ozark Swimming	Meet - Competition	Deck	Swimmer passes out after exiting the pool following her leg of the 400 Medley Relay.	
Female	OZ - Ozark Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer was kicked in the ribs by a passing swimmer's breaststroke kick	
Female	OZ - Ozark Swimming	Practice - Other	Water - Lane Lines	During a kick set, swimmer got calf cramps and then choked on water. Was able to get to lane line. Had to be helped out of water.	Leg cramp and choking on water. able to get to lane line and helped out of water.
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was on the block preparing to start, I told all athletes to hold. Athlete did not hear, I repeated instructions, and the athlete slipped and fell off of the block, I believe her hip hit the lane line resulting in the cut.	Cut on hip, bleeding
Female	OZ - Ozark Swimming	Meet - Warm-up	Deck	Slipped and fell	
Male	OZ - Ozark Swimming	Meet - Competition	Water - Turn End	Kick off wall, foot hit bottom of pool	Cut on top of right foot
Male	OZ - Ozark Swimming	Meet - Competition	Deck	Slipped and fell. Hit back of head.	
Male	OZ - Ozark Swimming	Other Marshal rescue of passed out swimmer in water	Water - Start End	Swimmer passed out at completion of race while hanging on wall. Safety marshal, went to assist and needed to pull swimmer out of the water. Upon pulling swimmer out of the pool, safety marshal felt a pop in his neck. Woke up following morning with numbness and pain	Injured obtained an MRI on Jan. 11 due to increasing pain and weakness. Revealed an acute herniated disc at c6/c7. After consult with neurosurgeon, he recommended surgery to repair and remove. Injured is an ER doc and missed 50 hours of work due to surgery and is having to go through rehabilitation.
Female	OZ - Ozark Swimming	Practice - Other	Other Water- Middle of Lane	Swimmer collided with another swimmer in the middle of the lane while doing laps. The athletes were reported to have struck head to head.	No initial injury was reported. Parent notified coach the following week that the swimmer was experiencing some concussion symptoms.
Female	OZ - Ozark Swimming	Meet - Competition	Water - Start End	Patient felt lightheaded and dizzy. Stopped halfway through 200 breast. Pulled out of water by father and myself. Passed out. Never lost pulse. Did not stop breathing.	
Male	PC - Pacific Swimming	Practice - Other	Locker Room	slipped exiting the locker room	swimmer complained about pain in finger, released to parent at pool. Swimmer did not practice. Parent emailed coach next day, informing coach of broken finger.
Female	PC - Pacific Swimming	Meet - Competition	Other pool	bilateral shoulder tear	inflammation causing pressure on nerve
Male	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	swam head on into teammate. both heads hit, swimming freestyle	swimmers collided in mid pool swimming Freestyle. Had swimmer get out as precaution, complained of headache and tightness in neck
Female	PC - Pacific Swimming	Other Meet- Take down Facilities	Deck	While loading table to put away, table slipped out of her husbands hand and struck her foot.	Her foot swelled and was and she was in pain.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PC - Pacific Swimming	Practice - Other	Water - Side	While swimming backstroke, swimmer swim into the wall and hit her head. She did not tell the coaching staff during the practice and she continued swimming through the workout. When she came to afternoon practice, she said she felt "dizzy." We recommended that she not participate in that practice, and she make an appointment to see her doctor.	
Female	PC - Pacific Swimming	Practice - Other	Locker Room	swimmer hit her hand against the wall of the locker room. She cut the back of her hand on a piece of tile.	
Male	PC - Pacific Swimming	Other Locker room	Locker Room	Swimmer 1 was leaving locker room when athlete 2 came in to go on bathroom break as athlete 2 walking in he tried to touch the head of athlete 1 then as athlete 1 ducked to try to avoid athlete 2s hand he hit the corner of the door lock with his forehead opening a cut that need 6 stitches when athlete 1 was brought to the ER. George Ward was informed with a phone call that the father is filling out the report	Athlete 1 was brought to Kiser emergency room Redwood City and received 6 Stiches and requires doctors follow up.
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	swimmer felt sharp pain in back and then during push pace warm up Coach NXXXXXXX brought him to first. Pain was sharp in shoulder blade. Pain started with arms extended.	
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End		While exiting the pool, swimmer cut toe on side of pool where a metal cover was placed over a missing tile
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Ran into another swimmer and crashed head to head	Goggle broke on impact and may have made the scrape on his eye area.
Female	PC - Pacific Swimming	Meet - Entering / Pool	Water - Bottom	Sliding into pool to warm up; hit bottom of pool with foot	
Female	PC - Pacific Swimming	Practice - Other	Other during swim practice	Swimmer has been experience discomfort in both shoulders from her training. She has experienced a bilateral shoulder injury from inflamed muscles swelling against the nerve and created serious discomfort. Swimmer has experienced this discomfort since November and did her best to train through it. After our winter competition in January the inflammation became too great and she had difficulty lifting her arms over her head and completing a swimming stroke pattern. She also has been experiencing athletic educed asthma during practice due to the air quality in our indoor pool. The temperature of the pool is over 83 degrees and the ambient air is 85. When we are doing any anaerobic threshold or overload (max HR training) she has experience trouble with her breathing and has to stop her training. We are not permitted to open any doors to allow for proper circulation.	Swimmer was out of the water for a week from February 1 -8 to help with the inflammation. She is seeing a therapist who has expressed the inflammation was so great that they cannot suggest any exercises at this time to help relax the shoulder. Her shoulders are still really tight and she is back in the water doing body position kick only.
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks		
Female	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	Swimmer's tooth was chipped.	Bottom of tooth chipped when
Female	PC - Pacific Swimming	Practice - Dry Land	Deck	We were doing step ups on a agility box with one foot stationary on top of the box and the alternate foot lifting up for a "step up". We were doing the exercises :40 on and :20 off 4 rounds. ON the last round with about :03 left athlete stepped down rolling her ankle and spraining it.	She rolled her ankle pretty bad and may have some tendon damage as well. The swelling is too great still to determine the extent of the damage. She has had X-rays and it is not broken. The doctors and therapist have expressed we will know more about the injury within the week after the swelling decreases.
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	swimmer ran into another swimmer when he thought they were splitting the lane for practice instead of circle swimming.	
Female	PC - Pacific Swimming	Meet - Competition	Deck	Fell forward and hit my face into a canopy pole	
Female	PC - Pacific Swimming	Meet - Warm-up	Other in water	Swimmer was practicing her dive during warm up at the shallow end of the pool and reported that she hit her head on the bottom (lane 2 at the shallow end) she was using a _____ ace start lane.	
Male	PC - Pacific Swimming	Practice - Other	Other water- middle of pool	Swimmer ran into other swimmer and hit his goggles into his left eye socket causing a cut on his eye. Swimmer was showing signs of a possible concussion.	
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	No accident precipitated the incident.	Swimmer began having shortness of breath and acute pain in chest while swimming.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	At start of event (backstroke) touch pad fell on top of athlete's foot causing pain and startling the athlete. The foot was scratched, bruised, and painful to the touch after completion of the race. The parent has cell phone pictures.	This was the first of two incidents with this touch pad. After the second incident about 15 minutes after this incident the touch pad in lane 4 was removed for the remaining 50-meter events, since it was not needed for the 50-meter events, and reinstalled at the conclusion of the 50-meter events, which were grouped together. The touch pad is needed for events longer than 50 meters since it includes the "cross" mark needed as a visible indication of the end of the competition course at the turn end of the pool on the movable bulkhead used to change the length of the pool for various forms of water competition (that is, swimming, water polo, diving, etc.). The touch pad was stable during all events of length 100 meters or longer.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Touch pad disconnected from velcro stays and slid down athlete's leg at the start of the race. Injury visible on thigh but no cut or blood visible. Cell phone picture available and taken by parent(see contact phone number above).	
Male	PC - Pacific Swimming	Practice - Other	Other Water - in-lane	Struck in mouth by other swimmers foot during kicking drills when they didn't maintain spacing.	Swimmer checked by coach. No broken/loose teeth, no blood, pain subsided quickly. Swimmer returned to pool after a few minutes. Parents notified afterward.
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Cut helping remove a white board that had blown into the pool	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the wrist by other swimmer coming off the wall on the turn side of the pool.	
Female	PC - Pacific Swimming	Practice - Other	Other during breasstroke pull down	We were warming up doing some light breast kick/drill. About 30 minutes into warm up the swimmer did a pull down and felt a click in her shoulder. She experienced pain when sweeping out. She did scull and kick the remainder of practice.	N/A
Male	PC - Pacific Swimming	Meet - Walking	Deck	tripped on deck, fell and hit head	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer hit wrist of another swimmer when pushing off wall	Slight bruising of the right wrist. No swelling yet present.
Male	PC - Pacific Swimming	Practice - Other	Deck	Swimmer had just started warmup when he started to feel short breaths and cramping in chest. A parent on the team (active paramedic) did an initial assesment while we waited for fire department. Fire Department, San Jose Station 12 arrived in 5 minutes.	Severe Asthma attack
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Cut toe on side of pool on a metal cover that was placed over missing tile	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	During warm ups of practice on March 25, 2016 at 5:40pm swimmer was performing a Flip turn and cut the bottom of her foot on a metal tile protector.	
Male	PC - Pacific Swimming	Practice - Dry Land	Other Pull up bar in park	Athlete was doing pull ups on the pull up bar and he fell forward. He fell on his hands to stop the fall.	Throbbing pain.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Swimming 100 BA, hit wall with thumb at the finish	left thumb hit wall at the finish of 100 Backstroke
Male	PC - Pacific Swimming	Practice - Other	Other water-middle of pool	Swimmer was swimming flying when he was struck in the arm (L) by another swimmer.	Slight bruising to top of forearm (L). Swimmer was able to move arm up and back and side to side. No additional care needed.
Male	PC - Pacific Swimming	Practice - Other	Other water middle	Hit hands with another swimmer while swimming	Middle finger swollen
Female	PC - Pacific Swimming	Meet - Walking	Deck		
Male	PC - Pacific Swimming	Practice - Other	Other center of pool	While swimming, the swimmer struck his L hand against the head of a teammate.	Slight swelling and bruising at site of injury.
Female	PC - Pacific Swimming	Practice - Other	Other center of pool	A teammate was injured and stopped in the middle of the pool. When the teammate stopped, it caused athlete to get kicked in the cheek.	Swimmer had a bit of swelling on L cheek. There was also minimal bleeding on tongue.
Female	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	One of swimmer's teammates was standing on their kick board in the water. They have been told before not to do this. The kick board came free from swimmer's teammates feet and flew through the water and struck swimmer in the nose causing it to bleed profusely.	Swimmer exited the pool and walked over to the lifeguards. They tended to her, called her mom and kept swimmer from returning to the water. Swimmer's mother took swimmer home or to the doctors. I am not sure of their destination after the incident.
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Swimming Back stroke hit forehead while finishing backstroke practice set with eyes closed on wall (wearing clear goggles) sun was in swimmers eyes that is why he closed his eyes.	
Female	PC - Pacific Swimming	Practice - Other	Water - Side	Pushed off of the wall, and struck a ladder that is inside the pool.	Cut on the back of her head, needed to be glued closed.
Female	PC - Pacific Swimming	Practice - Other	Water - Side	Swimmer ran collided heads with another swimmer.	While practicing, another swimmer ran into swimmer's nose with their head. The hit head on.
Female	PC - Pacific Swimming	Other practice water	Other in water	swimming hit his head while swimming	hurt head
Female	PC - Pacific Swimming	Other before practice / lockeroom	Locker Room	Stood up and hit head on corner of open locker door.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
				Swimmer was riding bicycle to practice. The swimmer ran into the side of a car on her bike (was not hit by a car). She fell off her bike and had some scrapes on her arms. She called her parents, and walked her bike the rest of the way to practice. She was able to participate in the workout and her parents came to check on her during practice, and confirmed that it was okay for her to swim.	Minor scrapes on arms from falling off bike.
Female	PC - Pacific Swimming	Other On the way to practice	Outside Venue		
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Asthma attack	Asthma exacerbated by vocal cord dysfunction.
Female	PC - Pacific Swimming	Practice - Other	Deck	Swimmer dislocated her knee as she was disrobing to get into the water.	
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Athlete has been diagnosed with epilepsy. While near the start wall, a seizure occurred. Athlete was removed from the pool immediately and 911 was called. Before emergency personnel arrived at the scene, athlete was recovering and the father of the athlete made the decision to take her home.	Athlete has been diagnosed with epilepsy. While near the start wall, a seizure occurred. Athlete was removed from the pool immediately and 911 was called. Before emergency personnel arrived at the scene, athlete was recovering and the father of the athlete made the decision to take her home.
Female	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Swimmer reported that at the start of the 50 fr her left foot slipped off the back of the block causing her left knee and ankle to hit the back of the block. She swan the race and reported pain on her left knee and ankle	
Male	PC - Pacific Swimming	Practice - Other	Deck	There was no source of injury the swimmer had an asthma attack that turned into an anxiety attack while participating in a practice on a training trip.	While participating in a practice the swimmer had an asthma attack that turned into an anxiety attack.
Male	PC - Pacific Swimming	Practice - Other	Water - Side	He realized he was having an allergic reaction, and exited the pool. We called his parents and they came to pick him up.	Allergic reaction to unknown.
Female	PC - Pacific Swimming	Meet - Competition	Water - Turn End	Hit foot on the bottom of the shallow end of pool.	Mother of swimmer is a medical professional and refused help from our first aid.
Male	PN - Pacific Northwest Swimming	Meet - Walking	Hallway	Swimmer slipped on wet floor and fell.	Bruise and abrasion on shoulder and back.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	Swimming backstroke and hit the forearm on edge of pool	injury to right forearm
Female	PN - Pacific Northwest Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Cut finger on pool cover eyelet.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Lane Lines	Swimmer bumped into other swimmer. Coach was not notified until next day.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Lane Lines	Bumped with another swimmers body.	
Male	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Swimmer was walking around the corner of the pool near lane one to get to his lane for his race, he slipped and fell, and according to a witness, he landed on his bottom and his elbows, and then his head hit the ground. he was upset, but appeared otherwise uninjured. His mother and coach came over to assess him. His coach assessed him, decided he would sit out his race.	I sat athlete out for observation and had her put ice on her bump. She complained of feeling a little sleepy, but the bump was feeling better. I informed her father of the head bump and asked her to be observed over the next 48 hours. If symptoms worsened she was to call 911 and or seek medical attention. Also, informed father that she couldn't return to practice without a medical clearance note from her doctor.
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Athlete's goggles broke and chose to swim without goggles. Athlete misjudged the wall finishing a set and bumped her head on the wall at finish.	Red mark on forehead from impact
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	When trying to pass another swimmer near the turn end of the pool swimmer ran into another swimmer pushing off the wall. They hit heads	No swelling noted at the time of the injury. Swimmers right foot was red and the swimmer reported pain.
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Start End	Swimmer jumped into the pool feet first at the start end of the warm up pool and touch the bottom of the pool with her feet swimmer reported her right ankle rolled when she touched the pool causing pain.	
Male	PN - Pacific Northwest Swimming	Practice - Other	Deck	Slipped on Ice while walking on deck. Hit hip, elbow, head.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Asthma attack during swim practice. Inhaler was used by swimmer, lifeguards decided to call 911.	
Male	PN - Pacific Northwest Swimming	Other	Other entry	door closed on left middle finger	smashed finger and bruised nail
Male	PN - Pacific Northwest Swimming	Meet - Competition	Starting Blocks	Athlete hit his left shin against the concrete step / lip of pool	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Outside Venue		
Female	PN - Pacific Northwest Swimming	Meet - Warm Down	Water - Turn End	doing a flip turn and ran into another swimmer when coming off the wall	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	When trying to pass another swimmer near the turn end of the pool another swimmer ran into this swimmer who was pushing off the wall. They hit heads	Red mark on forehead from impact
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Other Swimmer from deck entering water feet first miscalculated Logans' approach speed and jumped onto swimmer.	
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Lane Lines	Collided with another swimmer (hit left eye)	
Female	PN - Pacific Northwest Swimming	Other in parking lot of venue	Outside Venue	Opened car door into her head. She scratched rest of meet, so was unable to collect all information for this form.	
Female	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Turn End	Swimmer was warming up in the warm up pool at the Naval Academy before her 200 Backstroke. They didn't have flags and she forgot she was in the short course pool and hit her head.	Later that day she suffered from headache and nausea. Her mom took her to ER. Confirmed concussion. She went to her family doctor then to concussion specialist. She is out of swimming for a few weeks and only back at school part time.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	while flipping foot got stuck between end of the bulkhead and the wall	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke. She miss her stroke count in backstroke and bumped her head against wall at the corner of the pool which is carved.	Athlete complained about struck against wall and she had pain.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Swimmer hit his head on the gutter during his practice warm-up. The gutter is stainless steel. At the time of the occurrence, the backstroke flags were not in place.	
Female	PV - Potomac Valley Swimming	Practice - Other	Other TURNING AT THE WALL	HIT HEADS WITH ANOTHER SWIMMER WHILE SHE WAS ENTERING INTO FREESTYLE TURN AND OTHER SWIMMER WAS LEAVING WALL.	LIFEGUARDS TREATED A SMALL CUT ABOVE SWIMMERS EYE/EYEBROW, AND WAS RELEASED TO PARENT. PARENT TOOK SWIMMER TO DOCTOR FOLLOWING DAY AND WAS DIAGNOSED WITH A MILD CONCUSSION.
Male	PV - Potomac Valley Swimming	Meet - Watching / Observing	Team Area	Coach began seizing while sitting up in his chair. The swimmer next to him guided him to the ground on his back. He continued seizing for a few minutes. Foamed at mouth. Eyes rolled back. Seizure ended after about 3 minutes. He took slow, heavy, steady breaths for about 5 minutes before becoming responsive. EMT showed up about 5 minutes in. Fast response. They worked on him in the ambulance and took him to Chipperham Hospital. His wife was called and we are told she met him at the hospital. The coaches from MA graciously scooped up coach's swimmer and are taking care of her for the rest of the meet.	see above information
Female	PV - Potomac Valley Swimming	Meet - Entering / Pool	Water - Start End	Swimmer hit head on bar when exiting pool during warm ups. She didnt see stars and did not feel dizzy. Swimmer did compete in meet and said head felt worse after competing.	
Male	PV - Potomac Valley Swimming	Meet - Warm Down	Deck	Swimmer was entering the water from the deck at the turn end of the pool near the diving boards and cut his left foot as he entered the pool.	Pulsing Pain, EMS was not called, recommended to seek additional medical treatment



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Swimmer swam into another swimmer pushing off the wall.	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	At the end of swimmer's race, swimmer lost control of breath and started to pass out. Swimmer remained conscious, but had difficulty breathing. Swimmer was given Oxygen by lifeguards, Fire and EMS were called, and the swimmer was taken to Children's Hospital in DC.	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Swimmer was executing a backstroke flip turn, flipped too close to wall and struck the bridge of her nose against wall.	Swimmer had slight headache and nose was bleeding slightly. Clinic reports slight crack in nose and referral to ENT.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Coach was teaching kneeling dives off the bulkhead. Swimmer went to dive as coach guided them in from behind and proceeded to flip. As flip happened swimmers foot kicked coach in the left jaw, very hard.	Left jaw pain, headache
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer was performing a flip turn and when he pushed off the bulkhead he sliced his foot on one of the plastic slats.	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End		another swimmer doing butterfly struck quill on her thumb as they were passing each other
Male	PV - Potomac Valley Swimming	Practice - Other	Hallway		
Female	PV - Potomac Valley Swimming	Meet - Walking	Deck	puncture on bottom of foot minimal bleeding	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Swimmer was racing in a long course pool. Near a turn, the swimmer became sick and threw up in the pool. The swimmer got out of the pool and was treated by the pool staff, he was given some water to drink and rested and then felt alright. The pool staff closed the pool for 20 minutes to clean and treat the area.	Swimmer was racing in a long course pool. Near a turn, the swimmer became sick and threw up in the pool. The swimmer got out of the pool and was treated by the pool staff, he was given some water to drink and rested and then felt alright. The pool staff closed the pool for 20 minutes to clean and treat the area.
Male	PV - Potomac Valley Swimming	Meet - Competition	Other pool	aggravated an already strained muscle in lower back. ice was applied to relieve the problem	aggravated an already strained muscle in lower back. ice was applied to relieve the problem
Male	PV - Potomac Valley Swimming	Meet - Competition	Other Behind Starting Blocks	swimmer finished his 200 IM, choked on water during his event and had a hard time breathing/ had an asthma attack.	swimmer choked on water during his 200 IM race. When he finished his race he had shortness of breath. He is diagnosed as asthmatic. The lifeguards administered oxygen. Staff member administered the oxygen and EMS was summoned.
Female	PV - Potomac Valley Swimming	Meet - Competition	Other Swimmer was in water during race when incident occurred but I did not see her in distress until she was out of water and behind blocks	Swimmer had asthma attack while swimming race. Inhaler was taken but breathing was still visibly hard.	Swimmer had asthma attack while swimming race. Once swimmer exited the water a timer got my attention to inform of the distressed swimmer. I immediately had swimmer sit down and she took her inhaler, multiple times; at the same time another official went to get the lifeguard. Once the lifeguard arrive she immediately activated their emergency response procedure causing 4 or 5 other guards to come and 922 was called. Oxygen was given to the swimmer. Before EMS arrived swimmers lungs had cleared. Mother refused transport to ER as swimmer was hoping to compete in final two events. Given that this was second incident in as many days, and EMS had to be called for this one, I made the decision to not allow swimmer compete in her final two events.
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	Swimmer was swimming 200 breaststroke and began to experience breathing difficulties related to asthma. Swimmer had inhaler ready upon finishing race.	Swimmer was swimming 200 breaststroke and began to experience breathing difficulties related to asthma. Swimmer had inhaler ready upon finishing race.
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Asthma attack while swimming and needed assistance getting out of the water.	Needed inhaler. Father came down and assisted.
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete collided with the pool wall while swimming. (Water in goggles). His nose started to bleed on contact.	Athlete collided with the pool wall while swimming. (Water in goggles). His nose started to bleed on contact.
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Side	Athlete had a pre-existing injury to his leg, and it re-opened while exiting the instructional pool. Bleeding was controlled with a bandage and athlete returned to full participation.	Athlete had a pre-existing injury to his leg, and it re-opened while exiting the instructional pool. Bleeding was controlled with a bandage and athlete returned to full participation.
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Lane Lines	Participant was swimming during a race when she started to have trouble breathing, and was unable to swim to the wall. UMD Lifeguard entered the water and assisted the swimmer to the side. Pt was able to recover with time and breathing. No medication or transport. Pt resumed participation.	Participant was swimming during a race when she started to have trouble breathing, and was unable to swim to the wall. UMD Lifeguard entered the water and assisted the swimmer to the side. Pt was able to recover with time and breathing. No medication or transport. Pt resumed participation.
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Lane Lines	Ran into his friend while swimming in warm ups.	Nose bleed following collision with another swimmer.
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Lane Lines	Athlete choked on water and started to have trouble breathing, he was assisted out of the water by an official. No further complications noted, and athlete returned to full participation.	Athlete choked on water and started to have trouble breathing, he was assisted out of the water by an official. No further complications noted, and athlete returned to full participation.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Side	Scrape over right eyebrow and on right shoulder	
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Start End	nosebleed occurred upon practice dive into pool during warm-up	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Swimmer's ankle struck side of pool during a flip turn during a race.	Swimmer's ankle struck side of pool during flip turn during a race.
Male	PV - Potomac Valley Swimming	Meet - Walking	Team Area	Swimmer was walking through a team area on the deck and tripped over a swim bag.	Aquatic center staff applied first aid in the form of an ice pack. Swimmer was able to finish the remainder of his events
Female	PV - Potomac Valley Swimming	Other After Practice	Locker Room		
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Bumped head on bulkhead and got a nose bleed.	
Female	PV - Potomac Valley Swimming	Practice - Other	Other While Swimming		
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Swimming backstroke and bumped head into side of pool.	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	While athlete was swimming, jammed his finger into the lane line buoy.	Peeled skin on ring finger on right hand.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	Finger stuck in lane line	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines		
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	swimmer dove in at start of race and her nose started to bleed	swimmer dove in at start of race and her nose started to bleed
Male	SC - South Carolina Swimming	Practice - Other	Other Outside baseball fields		
Female	SC - South Carolina Swimming	Practice - Dry Land	Other baseball field	climbing fence onto baseball field, land and twisted ankle	
Female	SC - South Carolina Swimming	Meet - Warm Down	Water - Start End	Head to head collision in swim lane during warm up	
Male	SC - South Carolina Swimming	Meet - Competition	Water - Start End	Swimmer was finishing the backstroke event. He "did not see the flags" and swam until he hit his head on the gutter, above the timing pad.	Swimmer exited the pool, after striking the top of his head on the gutter. He was disoriented, slurred speech, and blurred vision.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Bottom	hit his chin on the bottom of the pool doing diving drills ("penguin dives")	
Female	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Bottom	hit her head on the bottom of the pool doing a diving drill ("penguin dives")	
Female	SC - South Carolina Swimming	Practice - Entering / Exiting Pool	Water - Bottom	The group was doing diving drills ("penguin dives") and swimmer hit her head on the bottom of the pool.	
Male	SC - South Carolina Swimming	Practice - Dry Land	Deck	Athlete slipped from jump and landed on left hand	Swimmer did not indicate significant pain in wrist at practice but we had him kick to avoid aggravating it
Male	SC - South Carolina Swimming	Meet - Warm-up	Starting Blocks	Swimmer was swinging arms before jumping into the pool at warm-ups for finals on Monday night. Cut his finger on the block. He walked up to the lifeguards to have it treated. The wound was cleaned, wrapped with gauze and taped. He went on to swim his races that evening with the approval of the MR.	Finger cut on part of the block - clean, gauze, taped. Right ringer finger.
Female	SC - South Carolina Swimming	Meet - Warm-up	Water - Start End	Swimmer was waiting to do warm-up drills when she was kicked in the bridge of the nose by another swimmer.	
Female	SD - South Dakota Swimming	Other preparing to leave for dryland	Other driveway	I was loading equipment into my car for dryland practice and decided to see if the ab roller would work on concrete. I pulled too hard and face-planted into the concrete. I decided not to take it to dryland...	I was wearing a cap with a visor so my forehead and nose was protected, but I hit my mouth hard and had a deep abrasion on my philtrum. I had my dentist check it a week later for damage to my right front tooth. So far it is ok.
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was swimming too close to other swimmer and the fin of latter swimmer slipped off and simultaneously hit former swimmer in eye.	
Female	SD - South Dakota Swimming	Meet - Warm-up	Starting Blocks	Turned off blocks fell in water back hit side of pool gutter	Doesn't hurt. Did not need care.
Female	SD - South Dakota Swimming	Practice - Other	Other Midpool		
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was leaving the wall and another athlete was initiating her turn and they collided. Swimmer received a long, deep scratch on his back from her long thumbnail.	
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in right hand during swim set states felt like fingers got bent back. Ice administered	
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	athlete pushed off without looking and bonked heads with swimmer resulting in ice pack needed	
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Pushed off without looking and bonked heads with another swimmer resulting in ice pack needed	
Male	SD - South Dakota Swimming	Meet - Walking	Stairs		
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	Practicing relay starts	Practicing relay starts
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was approaching the wall practicing relay starts and another swimmer landed on his head.	Has a bump on his head
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Lane Lines	Hit finger on lane rope, bleeding under fingernail	
Male	SD - South Dakota Swimming	Other Practice-Walking	Deck	Ran into drain cover on ground and cut toe.	
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	Slipped off starting block	Right shin was scrapped during slip. This is the same block we had a slip on last week. We have never had a slip in over 5 years and now twice in one week. Blocks will be evaluated.
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was kicking in shallow end another swimmer took a stroke into the wall and struck the injured swimmer in the nose. There was some bleeding	
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End	Swimmer was getting out of the pool following a 10 minute break warm-up/cool-down between events, and slipped and hit her ankle/shin on the edge of the pool deck	
Female	SD - South Dakota Swimming	Other Dryland	Deck	Was performing Plyometric Box Jumps and missed the box, scrapping her right shin on the top edge of the box.	
Male	SD - South Dakota Swimming	Other Walking on Deck	Deck	Slipped on the deck while turning to walk to get into the pool. Fell on bottom and then his head fell back and hit the pool deck. Swimmer was wearing fins.	
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks		Slipped off starting block- no horseplay. Hit block, gutter, lane rope on right side of body
Male	SD - South Dakota Swimming	Practice - Other	Water - Side	Swimmer was completing a portion of a butterfly swim during practice. As swimmer brought hands out of water, the left hand struck the automatic chair used to bring disabled swimmers in and out of the water.	
Male	SD - South Dakota Swimming	Meet - Competition	Water - Start End	400 IM - hit back of head on the wall at start end during backstroke before breast stroke	Hit back of head on the wall, no bumps or swelling, no bleeding. Soreness of the neck.
Male	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Flip turn, hit nose on knee and started bleeding	
Male	SE - Southeastern Swimming	Meet - Warm-up	Deck	Athlete has brittle bone disease. He was walking & placed his hand on the the rail. His arm was twisted and broke.	
Male	SE - Southeastern Swimming	Meet - Entering / Pool	Water - Bottom	Tripped fell in water hit head on bottom	Felt Dizzy and head hurt.
Female	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Athlete fractured both heels on the bottom of the pool while entering for the start of practice	
Female	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Jumped into water and hit bottom with pointed toes. And hurt foot.	Hit foot and after jumping in and twisted foot. There was some swelling.
Female	SE - Southeastern Swimming	Other Before Practice, onsite	Outside Venue		Athlete was running outside, slipped and rolled ankle
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Hurt shoulder while doing plank exercise.	
Male	SE - Southeastern Swimming	Meet - Competition	Water - Side		
Male	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the head by another swimmer during flip turn	
Female	SE - Southeastern Swimming	Other Before practice	Other Lobby	She ran through door swimmer behind her hit the door and she caught her arm and shoulder between the door jam.	Scrape on shoulder and bruise on shoulder and arm
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Fell when going down a flight of stairs.	
Male	SE - Southeastern Swimming	Practice - Other	Water - Side	Toenail got caught on ladder doing breaststroke kick and the nail was bent in half. The top part being ripped away from the toe and folded back.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	SE - Southeastern Swimming	Practice - Other	Hallway	Hit finger on door and heard a pop; loss of motion in finger and wrist	
Male	SE - Southeastern Swimming	Swimjitsu - Dry Land	Deck	Swimmer bumped into another swimmer while on the pool deck as we finished drylands and fell and hit his head on the deck.	
Female	SE - Southeastern Swimming	Meet - Competition	Water - Start End		
Male	SE - Southeastern Swimming	Meet - Warm-up	Water - Lane Lines	Another swimmer kicked him during warmups.	
Male	SI - San Diego-Imperial Swimming	Practice - Entering / Exiting Pool	Outside Venue	Swimmer was playing outside the pool after practice and climbed on a lamp post. The metal box above the base of the light pole came apart and the swimmer fell cutting his upper thigh with a puncture wound on the corner of the metal. The wound was about 2 inches long and about a half an inch deep.	A cut about 2 inches long and 1/2 inch deep
Male	SI - San Diego-Imperial Swimming	Other pulling pool covers	Deck	While pulling the pool covers on the 20 yard pool in bare feet; after practice; the coach slipped on the lip of the pool hitting his lower back and elbow on the edge of the pool.	
Female	SI - San Diego-Imperial Swimming	Practice - Other	Water - Lane Lines	head to head collision with another swimmer during a backstroke set	swimmer did not experience immediate symptoms until one week later, was diagnosed with concussion/trauma with associated body tremors, headaches and balance issues
Male	SN - Sierra Nevada Swimming	Practice - Dry Land	Gym	Athlete was performing pull-ups and bar gave way. Fell backwards and hit head on ground.	Long headache. Athlete returned to practice next day and performed regular functions.
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Side	Swimmer was practicing butterfly set,during that she ran into her left hand and bent it backwards.	
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Start End	Swimmer collided head on with another swimmer during practice.	
Female	SN - Sierra Nevada Swimming	Meet - Walking	Stairs	Mechanical fall while taking last step out of admin room. History of surgery on L shoulder 4 weeks prior for torn rotator cuff and impingement repair and slap tear. Pt rolled onto shoulder/back in an attempt to avoid injury.	Patient had no new pain no swelling. Good range of motion distally with a positive L radial pulse. ROM at shoulder unchanged from prior to fall.
Female	SN - Sierra Nevada Swimming	Other officiating	Deck	Walking stroke as official and a coach was waving his arms and struck swimmer in the mouth with his hand. Coach from other team was very apologetic.	Lower lip and chin swollen Chin sore. Teeth intact. Swimmer declined transport to medical facility.
Male	SN - Sierra Nevada Swimming	Practice - Other	Water - Start End	Swimmer A jumped in pool from block. Swimmer B was on block and was pushed by a Swimmer C. The Swimmer B landed on Swimmer A. Impact was mostly on swimmer A's nose. Swimmer A's nose bleed significantly and he had pain in and around nose.	Swimmer A jumped in pool from block. Swimmer B was on block and was pushed by a Swimmer C. The Swimmer B landed on Swimmer A. Impact was mostly on swimmer A's nose. Swimmer A's nose bleed significantly and he had pain in and around nose. Swimmer A exited the pool and went to the lockerroom and ran water over his nose. Coach retrieved gauze pad and ice pack from first aid supplies. Swimmer A was sat down on a chair on the pool deck in his parka and he held the gauze pad and ice pack on his nose. Coach called swimmer A's mom and she came and picked him up.
Female	SN - Sierra Nevada Swimming	Other Dry land	Other outside field area	athlete tripped during dry land running game	
Female	SR - Snake River Swimming	Swimjitsu - Entering / Exiting Pool	Deck		
Male	SR - Snake River Swimming	Meet - Competition	Deck		
Female	SR - Snake River Swimming	Meet - Walking	Hallway	Walking in flip flops on tile floor. Slipped and fell on her knee.	Could not straighten knee at time of accident. Did move to bench and was able to move, but not straighten. Able to wiggle toes and put some pressure on leg as she left. Doc on-site said possible soft tissue damage.
Female	SR - Snake River Swimming	Practice - Dry Land	Deck	Athlete tried to stand after doing an exercise but couldn't when her knee locked and she could not put any weight on it.	
Female	SR - Snake River Swimming	Meet - Competition	Water - Turn End	backstroke flags were not in correct position due to windy conditions. Swimmer smashed face on wall during backstroke turn - nose swelled & is bruised.	Bruise of Nose
Female	SR - Snake River Swimming	Meet - Competition	Other During the swim	felt unwell and dizzy after swimming.	
Male	SR - Snake River Swimming	Meet - Walking	Stairs		
Male	ST - South Texas Swimming	Practice - Other	Deck		
Male	ST - South Texas Swimming	Meet - Warm-up	Stairs	left leg bruised on the backside all the way down the hamstring walking down the stairs to finals warm up.	left leg bruised on the backside all the way down the hamstring walking down the stairs to finals warm up.
Male	ST - South Texas Swimming	Practice - Other	Deck	slipped and fell while doing assisted swimming, landing on back and hitting head on floor. Laceration to back of head. Checked on site by parent (ER Doctor). Did not go to clinic.	
Male	ST - South Texas Swimming	Practice - Other	Water - Turn End	Swimmer was struck in the temple by another athlete's foot, during a flip turn.	Swimmer was struck in the temple by another athlete's foot, during a flip turn.
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	Ending up passing out on deck. Claimed her eyes went black a few times before she actually fell.	5 Seconds of Unconsciousness
Female	ST - South Texas Swimming	Practice - Other	Water - Turn End	Swimmer was hit in the head by a teammate while swimming. The teammate was swimming butterfly, and accidentally hit her in the head. Swimmer continued to swim for a few laps and then stopped. At that point I asked swimmer if she was ok. She said no. I asked her to exit the pool. She then began to describe her symptoms. After a few minutes, the symptoms did not go away, so we agreed to stop practice for the night. Swimmer then went to her mother, and told her what happened.	Swimmer felt like she had a headache, was dizzy, and felt nauseous. These symptoms following a hit to the head could be a concussion.
Female	ST - South Texas Swimming	Meet - Warm-up	Other Warm-up Pool		Swimmer's knee was dislocated during warm-up for an event. This occurred to this swimmer in the past during the fall of 2015. During that time, the swimmer participated in a dry-land activity and injured her knee. This incident was reported to COPS by Coach of NTR0. Lifeguards did not provide care to the swimmer since the swimmer refused care that was offered (percom XXXX). A team mate provided her with ice and her knee relocated of its own. The swimmer left walking carefully. *AMENDED*
Female	ST - South Texas Swimming	Meet - Warm-up	Other Warm-up Pool		Swimmer's knee was dislocated during warm-up for an event. This occurred to this swimmer in the past during the fall of 2015. During that time, the swimmer participated in a dry-land activity and injured her knee. This incident was reported to COPS by Coach of NTR0. Lifeguards did not offer any care to the swimmer. A team mate provided her with ice and her knee relocated of its own. The swimmer left walking carefully.
Female	ST - South Texas Swimming	Swimjitsu - Dry Land	Other Tennis Court		Pain when in movement of fingers
Male	ST - South Texas Swimming	Meet - Competition	Water - Start End	Swimmer was exiting water and scraped self on grate.	Scrape on right toe
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Not looking when jumping in pool, landed on another swimmer, bit his own lip in the process.	
Male	ST - South Texas Swimming	Meet - Competition	Water - Start End	Hyper extended his right arm at his elbow	Facility's accident / illness report reads as "hyper extended the right arm at his elbow."
Female	ST - South Texas Swimming	Practice - Dry Land	Outside Venue	Tripped on another swimmer while running	
Male	UN - Unknown	Meet - Competition	Deck	Slipped after getting out of water after breaststroke race, when he went to stand up he hit his head on the diving board base	Small bump under hair on top of forehead
Female	UN - Unknown	Meet - Entering / Pool	Deck	While standing on the deck, he started to have intense itching and noticed that his feet were turning blue & purple. His fingers become swollen and itchy. He said he was on his knees on the blue deck surface. He had a rash, was itching, and swollen.	
Female	UN - Unknown	Practice - Other	Water - Turn End	Kicked on back during a set.	Bruise on back near kidney

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UN - Unknown	Meet - Watching / Observing	Team Area	Felt dizzy, weak, looked pale, started shaking and could hardly talk.	
Male	UN - Unknown	Meet - Walking	Bleachers - Athlete's	Cut bottom of L big toe - avulsed pad of toe. Area cleaned with antiseptic, steri-strip bandage applied.	
Female	UN - Unknown	Other walking on deck	Deck	The lady looked unusual. She could not keep her head up and kept falling down. She had a couple of big bruises on her legs. Coach escorted her to the swim office and let meet staff know.	
Female	UN - Unknown	Practice - Dry Land	Other Walkway outside of pool facility	Athlete was walking to the facility's track for our dryland practice and she fell while walking. She was with two other swimmers about 5 minutes behind the rest of the team. Upon arriving to the track, Athlete was walking on her own but with a limp. I sat her down to examine the foot and told her to immobilize with, keep it straight, and somewhat elevated. She reached out to her mother who came to meet us and decided it would be best to take her to Dedham Associates Urgent Care to have them examine the foot. A few hours later we were notified that her left foot was fractured.	The left foot was fractured.
Male	UN - Unknown	Practice - Dry Land	Outside Venue	Jammed left pinky finger playing kickball during dryland	Jammed finger.
Male	UN - Unknown	Other Spectator	Other Spectator		
Male	UN - Unknown	Practice - Entering / Exiting Pool	Deck	Athlete slipped on pool deck while switching lanes.	Athlete had a bump and small bruise on the back of his head.
Female	UN - Unknown	Practice - Other	Water - Turn End	Swimmer ran into the wall doing a flip turn and injured her head and neck, but the coaches did not hear about the injury until three days later.	
Female	UN - Unknown	Meet - Competition	Deck	Athlete walking to quickly on deck, and slipped on deck	Slip on pool deck
Female	UN - Unknown	Practice - Other	Water - Turn End	Kicked in head	
Female	UN - Unknown	Meet - Competition	Deck	After race swimmer was walking to mother when she had attack	Paramedics call swimmer transported to Kaiser Downey
Male	UN - Unknown	Meet - Competition	Water - Turn End	During backstroke turn swimmer hit arm and head on wall	
Female	UN - Unknown	Practice - Other	Other Water middle	Was supposed to be swimming on the other side of the lane but forgot and ran into teammate	
Male	UN - Unknown	Meet - Warm-up	Deck	The swimmer was sitting on the bleachers and stood up, not knowing there was a metal bar running along the wall. The swimmer hit the top of his head on the bar. There was no bruising or cuts	The swimmer presented with no apparent bruising or cuts. He was looked over and provided with ice and offered to go see a doctor both mother and coach denied further treatment
Female	UN - Unknown	Meet - Competition	Water - Start End	Hit head on bottom upon entry dive for IM race. Hit head again at wall during fly to back transition.	
Male	UN - Unknown	Practice - Other	Other Not identified as swimmer did not tell me he hit the wall.	Swimmer came up to me (coach) said that his arm hurt and was tight. Told kid to stretch the arm and see how it feels. Swimmer said arm felt better and he could swim, swimmer finished the practice without any complaints of his arm. After practice swimmer said his arm was a little sore. I told the swimmer to ice it that night to help the soreness. Swimmer did not tell me that he hit his elbow/arm on the wall. Day after incident parent notified me that he fractured his growth plate.	Growth Plate fracture in elbow according to parents.
Male	UN - Unknown	Other showering	Other dorm bathroom	Pt was exiting shower and slipped. He had pain as a result of his fall during which he twisted his knee in different directions. He was on the 2nd floor and had to go back downstairs and to the end of the hall. He contacted Mitch Dalton who contacted me to come see the patient. I was transporting someone to the local emergency room when I was called so medical staff from the OTC saw the patient prior to me. When I arrived in his room, he was calm and sitting up with ice on his knee. He had initially been dizzy and maybe a little faint feeling. He denied hitting his head and denied LOC. Initial vitals signs were 100/70, P 62, O2 sat 98% He has swelling that began almost immediately and tenderness along medial aspect of his knee. By exam we are suspicious MCL vs ACL tear. Xray in the OTC clinic showed no fracture. He was placed in he immobilizer brace and on crutches. He was given care instructions and a prescription for pain medication. This could end up requiring MRI and even surgical treatment at home There were no witnesses to the incident.	See above
Female	UN - Unknown	Meet - Competition	Water - Turn End	Swimmer was swimming backstroke and her goggles filled with water. As the swimmer went to turn, she could not see wall and hit her head on the wall. She completed the race and then complained that her head hurt.	
Male	UN - Unknown	Meet - Competition	Bleachers - Spectator's	At about 10.30 am the head of guest fell on his chest and he started to slip from his seat. The people sitting next to him held him up. husband of an official, called 911. 3 nurses and 1 MD who were at the premise looked after him, including his daughter. Staff of the local fire department and the paramedic of an ambulance examined him subsequently. He left the facility walking by himself attended by a friend.	His vitals were ok. is suffering from an underlying heart condition. The medical staff advised him to seek medical attention. It is unknown if he followed-through on this advice. He stated he recently had extensive tests done.
Female	UN - Unknown	Other Preparing Food	Deck	Volunteer was cutting food, for the hospitality table, when she cut the tip of her ring finger on her left hand. 1/4 laceration noted to the left ring finger. Laceration was cleaned, bandaged, and elevated at the Norris Center. Volunteer was driven to Delnor Hospital by her husband for further evaluation and treatment. Volunteer was evaluated, treated, and released at Delnor Hospital. No stitches were required. Laceration was closed with a butterfly bandage. Volunteer returned to Norris Recreation Center after being released from Delnor Hospital.	
Female	UN - Unknown	Meet - Competition	Locker Room	Swimmer described slipping on the girls locker room floor leading up to the deck. She caught her toe on the door. Pt states it was rusty and was concerned about tetanus. Pt described laceration as painful.	Injury cleaned, bandaged, and elevated at the pool. Father was in the stands and notified of injury. 9-1-1 contacted for further evaluation and treatment. St. Charles Fire Dept responded. Pt taken to Delnor Hospital for evaluation and treatment. Pt received five stitches and a tetanus injection. Pt was released from Delnor Hospital in the custody of her father.
Female	UN - Unknown	Meet - Watching / Observing	Water - Start End	While swimming finishing event 61 (100 free) hit the pad hard hyperextending her left elbow.	
Female	UN - Unknown	Other Outside Corpus Christi natatorium	Outside Venue	At approximately 09:00 parent was outside with some friends when she displayed unclear speech and her friends called 911. In a couple of minutes the ambulance took her to Christus Spohn Hospital.	
Male	UN - Unknown	Meet - Warm-up	Starting Blocks	He was swinging his arms to dive in and hit his hand on the starting block.	Hit his hand on the block and scraped it.
Female	UN - Unknown	Meet - Watching / Observing	Bleachers - Athlete's	Patient was seated and noted slowing of her heart rate till she felt dizzy. She noted when she coughed the heart rate would improve.	Patient with history of cardiac condition unable to give further details as not from this country. Parents live in Israel.
Female	UN - Unknown	Meet - Competition	Other Temporary bathroom structure	Small puncture wound to bottom of right foot on the top step of the temporary bathroom structure.	Sharp object was sticking up through carpet of step of bathroom. Sharp object was removed by facility staff after the report of the puncture.
Female	UN - Unknown	Meet - Competition	Other temporary bathroom structure	Small puncture wound to bottom of right foot on the top step of the temporary bathroom structure	Sharp object was sticking up through carpet on step of bathroom. Sharp object was removed by facility staff after the report of the puncture.
Male	UN - Unknown	Meet - Watching / Observing	Deck	No injuries, but slight damage to pop-up canopy from falling glass. An overhead light shattered and glass shards fell.	
Male	UN - Unknown	Meet - Warm-up	Water - Side	During warm-up a swimmer in front of this swimmer accidentally kicked him in the face, causing a nosebleed.	
Male	UN - Unknown	Meet - Walking	Deck		
Male	UN - Unknown	Meet - Competition	Water - Lane Lines		Another swimmer ran into his shoulder
Female	UN - Unknown	Practice - Entering / Exiting Pool	Deck		
Female	UN - Unknown	Practice - Other	Water - Turn End		
Female	UN - Unknown	Practice - Dry Land	Outside Venue	Tripped fell and hit forehead on turf.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UN - Unknown	Practice - Other	Locker Room		
Female	UN - Unknown	Other meet clean up	Outside Venue	during clean-up, concession stand door (electronic closure) came down on volunteer's right hand.	laceration (R) thumb, bruising to index finger and thumb
Female	UN - Unknown	Practice - Entering / Exiting Pool	Deck	swimmer was getting out of pool and hit her tooth.	
Male	UN - Unknown	Other	Deck	Ran into a wall while walking upstairs	Cut on head, front scalp
Female	UN - Unknown	Practice - Other	Other In the water- in the middle of the lane		Accidentally got hit in the face by another swimmer's hand while swimming butterfly. The swimmer has a small cut above the eye.
Male	UN - Unknown	Practice - Dry Land	Bleachers - Spectator's	Tripped while doing stadiums	
Female	UN - Unknown	Meet - Warm Down	Water - Turn End	Accidentally hit in the nose during warmup causing a bloody nose.	Bloody and swollen nose. Pressure held to stop bleeding and ice given for swollen nose.
Male	UN - Unknown	Meet - Competition	Water - Start End	Athlete slipped getting out of pool and scraped left knee.	Left knee scrape about 4 cm diameter. Bleeding stopped by applying pressure with gauze. Cleaned with Bactine and bandaids applied.
Female	UN - Unknown	Practice - Entering / Exiting Pool	Water - Start End	swimmer was practicing starts off the block and scraped the bottom of the pool.	
Male	UN - Unknown	Meet - Competition	Other Entrance to building	When entering the building the swimmer hit his knee.	
Male	UN - Unknown	Practice - Entering / Exiting Pool	Water - Start End	Slipped and hit knee on deck as he was exiting the pool.	
Female	UN - Unknown	Practice - Other	Other in water, bloody nose	Was swimming and got kicked in the nose	Was swimming, got kicked in the nose
Female	UN - Unknown	Practice - Other	Water - Lane Lines	Accidentally kicked in face by another swimmer. Bloody nose.	Mild bloody nose. Stopped within a few minutes.
Male	UN - Unknown	Practice - Other	Other swimlift chair in water	Swimmer was streamlining and received a small scrape cut on his ankle when he hit the swim lift chair for people with physical disabilities.	
Male	UN - Unknown	Practice - Dry Land	Other	Turf piece into eye. Washed out until free of debris.	Eye injury
Male	UN - Unknown	Meet - Competition	Starting Blocks	While getting up on block, he slipped and fell against his left rib.	
Female	UN - Unknown	Meet - Walking	Locker Room		
Male	UN - Unknown	Meet - Competition	Water - Start End	Jammed Right hand into wall at finish	
Male	UN - Unknown	Meet - Competition	Water - Start End	Came into wall to hard and injured finger	
Female	UN - Unknown	Meet - Competition	Deck	Began hyperventilating and had a panic attack.	
Female	UN - Unknown	Meet - Competition	Deck	Stepped into lifeguard chair and cut toe/foot	
Male	UN - Unknown	Practice - Other	Water - Side	Sudden nose bleed while swimming	Nose bleed brought on by unknown source. Ice and pressure applied. Nose clotted.
Male	UN - Unknown	Practice - Dry Land	Deck	Cable snapped and hit him in the nose. He fell back and hit his head on concrete.	Mouth and head injuries. checked over for concussion. no signs/symptoms. provided ice for swollen lip.
Female	UN - Unknown	Practice - Other	Water - Side	Athlete kicking when left foot slipped into "built in" pool ladder.	Redness with possible bruising in two places on medial side of left foot.
Female	UN - Unknown	Practice - Other	Water - Bottom	Athlete pushed off too deep from the wall and struck/scratched forehead on the bottom of the pool.	Scraped/bumped head on the bottom of the pool following a push off from the side wall
Male	UN - Unknown	Practice - Entering / Exiting Pool	Water - Side	Another swimmer jumped on his back	Backboarded
Male	UN - Unknown	Meet - Entering / Pool	Water - Lane Lines	When swimmer was swimming the 100 yd backstroke, he jumped into the pool and hit the lane line with his right foot.	
Male	UN - Unknown	Meet - Competition	Water - Start End	Right foot got caught on the line	
Male	UN - Unknown	Practice - Other	Water - Turn End	Tried to bend down on edge of pool to splash himself when he fell on his knee.	
Female	UN - Unknown	Other Locker room - getting dressed	Locker Room	Was on the wrong side of the lane and got kicked by another swimmer.	
Female	UN - Unknown	Practice - Dry Land	Bleachers - Athlete's	Swimmer hit toe on bottom of bench. It started to bleed. A peer came to tell coach about incident.	Cut on big toe of foot.
Male	UN - Unknown	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer was doing box jumps on bleachers, slipped on bleachers, and fell backwards. Swimmer has small scrape on back and elbow, and will most likely bruise.	
Male	UN - Unknown	Meet - Competition	Water - Lane Lines	Athlete was climbing out of the pool at the turn end and slipped	athlete slipped getting out of pool striking right hip on the pool ledge
Female	UN - Unknown	Meet - Entering / Pool	Starting Blocks	swimmer described toe grazed/caught on the block when she was getting on the block for her heat	big toe on the right foot. Hydrogen peroxide to clean wound and then bandage applied.
Male	UN - Unknown	Practice - Dry Land	Outside Venue	Finger stepped on, then jammed against wall in pool	his finger was partially stepped on then he also jammed it into pool wall
Male	UN - Unknown	Practice - Other	Outside Venue	boy tripped him and hit head on wall	small one cm cut on head
Female	UN - Unknown	Practice - Dry Land	Gym	finishing a pull-up and got foot caught on resistance band which swung up and struck her on forehead	bruise with swelling
Male	UN - Unknown	Practice - Other	Water - Start End	was pushed into pool. scraped his side.	scrape near rib cage
Female	UN - Unknown	Practice - Entering / Exiting Pool	Bleachers - Spectator's	Steps were wet from swimmers visiting parents. Injured slipped walking down steps and fell down. Hit her back back and elbow on the steps. Was not witnessed by club members. Reported by the person.	Pt advised she fell on the wet steps & scrapped her elbow hit her back, but didn't how she would feel tomorrow and wanted a report only. Gladly filled out a report.
Male	UN - Unknown	Practice - Other	Water - Turn End	Was hit in face accidentally by another swimmer	
Male	UN - Unknown	Meet - Competition	Water - Start End	Hit right hand on wall, cut knuckle and thumb	Hit right hand on wall, cut knuckle and thumb
Female	UN - Unknown	Meet - Warm-up	Water - Start End	Cut left foot on touch pad while turning during warm up	Cut left foot on touch pad during warmup
Female	UN - Unknown	Other On Deck	Deck	Athlete got a bloody nose, not due to any accident. Just started bleeding.	
Female	UT - Utah Swimming	Practice - Dry Land	Outside Venue	Swimmer was doing bleacher lunge, lost her balance and fell. Landed on her left wrist and her backside.	Wrist appeared to start swelling and show signs of bruising.
Male	UT - Utah Swimming	Practice - Other	Hallway	Athlete was walking to the bathroom and slipped on the floor and hit his head on the concrete.	Wooziness, dilated eyes, later the athlete experience vomiting.
Female	UT - Utah Swimming	Meet - Competition	Water - Start End	Athlete had a previous knee injury from Nov. 2015 (had surgery to repair tendons in Dec. 2015). She had been cleared by her doctor to compete; this was her first meet since the injury. While competing in the 100m Back event, she felt her knee hyperextend and felt sudden pain in her knee. This happened during her swim and not from a turn off the wall; she was not wearing a medical brace during competition.	
Female	UT - Utah Swimming	Meet - Competition	Water - Start End	Due to event scheduling, the athlete competed in the 50m Free and 200m Fly back-to-back. She only had about a 3 minute break to recover. During the last 50m of the 200m Fly, she experienced a terrible headache and became dizzy. Athlete reports that while she did not lose consciousness, she was seeing dark spots in her vision. She finished the race, crawled out of the pool, and sat down on deck. Her parents helped her walk to First Aid. Fifteen minutes later, her head still hurt and she was still slightly dizzy.	
Male	UT - Utah Swimming	Practice - Other	Locker Room	Athlete had soap in his eye and was being led into the showers. He slipped, fell, and his knee went through the wall, causing multiple lacerations.	
Female	UT - Utah Swimming	Practice - Entering / Exiting Pool	Deck	Playing a game and the swimmer hit her chin against the side of the deck.	Laceration on the bottom of the chin from the impact with the deck.
Male	UT - Utah Swimming	Practice - Other	Water - Side	Athlete was playing around with another swimmer who is autistic, and the autistic swimmer grabbed athlete around the neck and squeezed it.	Athlete was having trouble breathing in and out smoothly. His breaths were very unstable.
Male	UT - Utah Swimming	Practice - Other	Water - Lane Lines	Head-on collision with another swimmer. Head and nose were hit and goggles broken.	Swimmer suffered a small bump on his forehead and scratch on his nose.
Female	UT - Utah Swimming	Practice - Entering / Exiting Pool	Deck	Walking with equipment bag to the pool and slipped. Hit the side of head on the pool deck.	
Female	UT - Utah Swimming	Meet - Watching / Observing	Deck	While observing meet, coach became overheated and light-headed, then vomited.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UT - Utah Swimming	Meet - Competition	Locker Room	Athlete had been feeling sick prior to the swim meet. After one of her events, she vomited in the locker room.	
Female	UT - Utah Swimming	Meet - Warm-up	Water - Lane Lines	Breaststroke kick during warm ups when swimmer struck foot on the lane line. Brand new lines with no wires exposed or broken plastic parts.	Swimmer initially presenting with a cut on the bottom of right big toe. After stopping bleeding we discovered bruising and swelling along the inside of the foot.
Female	UT - Utah Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Athlete was sitting at the edge of the pool. The athlete's teammate had gotten out of the water and was beginning to get back in when teammate slipped, pinning the athlete's leg between the teammate's body and the side of the pool.	
Male	UT - Utah Swimming	Practice - Other	Water - Start End	Swimmer was swimming into the wall and another swimmer pushed off streamline into his front mid-section. Today during dryland we discussed swimming next to the lane lines to leave the middle of the lane clear.	Swimmer said he was feeling like he was going to throw up.
Female	VA - Virginia Swimming	Practice - Dry Land	Other Dryland Training Facility	Swimmer miss handled catching a medicine ball that was thrown to her.	Fracture of a bone in swimmers finger.
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Athlete was run into by another swimmer coming off of a turn wall.	small cut above eye right where goggles press against face
Male	VA - Virginia Swimming	Practice - Other	Water - Start End	Swimmer hit his head on the wall finishing up a fast 25 back sprint.	We provided him with ice. There was no visible bump not redness. I told mom to keep an eye on him and check for headache. If it is gets worse she should call her ped. Doctor.
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Left upper front tooth knocked out due to being kicked by another swimmer.	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Male	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Went to the doctor and got a 10 day antibiotic treatment.
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Did see a doctor, medication was given.
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Went to the doctor and was treated with Bactrim and antibiotic ointment. Mild case.
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Went to the doctor for treatment and given a 10 day antibiotic. Told to use pain reliever and warm compresses.
Male	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house.	Hot tub rash
Male	VA - Virginia Swimming	Practice - Other	Starting Blocks	Swimmer 1 was underwater and another athlete did a backstroke start without seeing him, both swimmers made head to head contact. Swimmer 1 received a concussion	
Female	VA - Virginia Swimming	Practice - Dry Land	Other Fitness Facility	Lifted a kettle bell to walk to other end of facility.	
Male	VA - Virginia Swimming	Meet - Warm-up	Water - Turn End	Laceration on back of heel from striking pool wall during flip turn	Laceration on back of heel from striking pool wall during flip turn
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the head by another swimmer at flip turn	
Female	VA - Virginia Swimming	Practice - Dry Land	Deck	was hit in the head with a medicine ball	
Female	VA - Virginia Swimming	Other Training trip	Other Bathroom	Slipped and landed on shoulder	
Female	VA - Virginia Swimming	Meet - Watching / Observing	Water - Start End	Coach stepped off the side of the lake on a concrete bulwark, and scraped her anterior right lower leg. The abrasion was 8 x 4 cms, and has small amount of bleeding. To sensorimotor deficit in right foot. The right anterior lower leg was cleaned by the Rescue Squad personnel with normal saline, covered with dry 4x4 open up to 8x4 size, and then wrapped with 4x4 kerlix.	As above
Female	VA - Virginia Swimming	Meet - Walking	Team Area	Swimmer became very weak and sat down quickly on the grass next to lake. She was disoriented. She was hard to arouse for 30 secs, but did not lose consciousness She laid down on the grass. Her pulse was regular at 60 - 65 beats/min, init blood pres per on site rescue squad was 112/84, and O2 sats of 95% on room air. Lungs clear to auscultation, bilat breath sounds. She had only eaten a small breakfast, and not had much to drink. Air temp approx. 87 degrees. She was assisted to ambulance and drank 750 mls of water and 500 mls of Gatorade, which improved her level of alertness. She had no medical history of seizures, congenital heart defects, asthma, or other conditions. Her parents were with her. She left the venue after 2 ours of observation at approx. 1230 pm.	as above
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	
Female	VA - Virginia Swimming	Other Senior Swim Team Function	Other Hot Tub	Swimmer were attending a Senior Swim Team function, a retreat. Swimmers were using the hot tub at a rental beach house	Did not seek medical services
Female	VA - Virginia Swimming	Practice - Other	Outside Venue	Tripped over/into a bench	Abrasion and bruise to the right upper arm into elbow, and right hip bruise
Female	VA - Virginia Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Started to feel faint and not well. Other spectators helped to stabilize victim in a seated position.	Started to feel faint and not well. Other spectators helped to stabilize victim in a seated position.
Female	VA - Virginia Swimming	Meet - Warm-up	Water - Start End	while exiting the pool, swimmer scraped foot on the gutters	
Female	VA - Virginia Swimming	Practice - Other	Starting Blocks	Swimmer states she began to place her foot on the block step and her other foot slipped out from under her causing her to fall backwards hitting her head.	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	swimmer hit arms with another swimmer while swimming	
Female	VA - Virginia Swimming	Meet - Competition	Starting Blocks	Scraped knee on starting block	Scraped knee on starting block
Female	VA - Virginia Swimming	Practice - Dry Land	Gym	swimmer dropped 10 lb. dumbbell on foot	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Athlete was swimming butterfly and miscounted strokes going into the wall, resulting in hitting the top of her head on the wall.	Athlete did not think the injury was severe at the time of occurrence and continued to practice. Athlete did not feel well at her next practice and was sent to be assessed by an athletic trainer. Athlete was showing symptoms of a mild concussion and has not participated in another practice as of 6/21/2016.
Female	WI - Wisconsin Swimming	Practice - Other	Deck	While athlete was assisting in removing lane lines from storage reel, wheel of reel went over her right foot and lacerated the area between the third and fourth digit.	While athlete was assisting in removing lane lines from storage reel, wheel of reel went over her right foot and lacerated the area between the third and fourth digit.
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Sliced off top layer of skin on left hand, index finger on side of the block.	
Male	WI - Wisconsin Swimming	Practice - Dry Land	Other High School Mezzanine	While doing sit-ups with a medicine ball and partner, the athlete was struck in the face with the medicine ball and the back of his head struck the concrete.	
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	The swimmer was swimming a kicking portion of a warm up on his back. While turning at the wall, he ran into the wall with his left hairline above his left eye. He then got a 1 inch diameter "goose egg" at his hairline.	
Male	WI - Wisconsin Swimming	Practice - Dry Land	Deck		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	WI - Wisconsin Swimming	Practice - Other	Bleachers - Athlete's	Walking on the bleachers and wet shoe slipped. Athlete fell and landed on his side and says he heard his rib crack	
Male	WI - Wisconsin Swimming	Practice - Dry Land	Stairs	Tweaked knee while hopping on stairs.	Knee hurts after running stairs.
Female	WI - Wisconsin Swimming	Other End of year banquet	Outside Venue		
Male	WI - Wisconsin Swimming	Other Waiting in the lobby	Other Lobby	Child fell off of a chair in the lobby and landed on his head	Gash to the head at the hairline
Male	WI - Wisconsin Swimming	Meet - Warm-up	Water - Turn End	During warm up one way sprints, swimmer hit the top of his head on the lifeguard chair support while exiting the pool at the turn end.	
Female	WI - Wisconsin Swimming	Practice - Other	Locker Room	Swimmer slipped in the locker room and hit her head. She pulled the emergency help cord and the life guard, went into help her. No one was in the locker room to witness her fall or saw her. Lifeguard found her laying on her side. We are unsure if she was conscious or not. Lifeguard summoned the emergency response protocol for the facility. An EMS person came to assist lifeguard. They braced and backboarded swimmer. Since we are in a hospital they admitted her to the ER. She was diagnosed with a concussion.	When I follows up with swimmer's guardian he told me she was diagnosed with a concussion.
Female	WI - Wisconsin Swimming	Meet - Walking	Locker Room	Walking in Locker Room when she slipped on water going around corner and fell and possible fracture her right foot	possible fracture of left foot; told mother and mother took her to Immediate Care; x-rays taken andmother will follow up with Dr on Monday
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	at the finish of her race, she felt a "pop" in her left knee. When she got out of pool, it hurt to walk	Felt a "pop" and hurt to put weight on her knee
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Swimmer was finishing her leg of the relay when she made contact with the wall injuring her left shoulder.	May have dislocated her left shoulder when she hit the wall with her hand. Severe pain.
Female	WI - Wisconsin Swimming	Meet - Warm-up	Deck	Swimmer hit elbow on deck, large swollen area on inside of the elbow	Swimmer slipped and fell on wet deck during warm UPS Parents were taking swimmer to local care facility
Female	WI - Wisconsin Swimming	Meet - Competition	Hallway	swimmer was exiting stairs and door was opened from other side into the big toe on right	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Hyper extended right arm on finish (freestyle)	hyper extended right arm
Male	WI - Wisconsin Swimming	Practice - Other	Other Water - in pool while swimming	Swimmer was kicked in the left goggle and crease of eye was injured	A crease of redness on the left eye lid and some general redness around the eye
Female	WI - Wisconsin Swimming	Meet - Competition	Deck	Jumped 5 steps down to pool deck. Slipped and fell on tail bone.	fell on tail bone. Did not complete the rest of the Saturday meet.
Female	WI - Wisconsin Swimming	Other No indecent occurred	Other No indecent occurred	Athlete reported back pain during practice.	Athlete reported back soreness
Female	WI - Wisconsin Swimming	Practice - Other	Water - Bottom	The swimmer scraped the bottom of the pool with her mouth and shoulder while swimming the workout during practice.	The swimmer scraped below her lower lip on the bottom of the pool. She also scraped her left shoulder. The "paper cut" type cut below her lower lip was approximately 2 mm long. The abrasion on her shoulder did not bleed and was slightly red. The shoulder abrasion was approximately 1 inch by 2 inches.
Female	WI - Wisconsin Swimming	Meet - Walking	Bleachers - Athlete's	Swimmer complained of chest pains after completing a race	
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Patient was swimmer at start line that fell from standing position.	Fell from standing position
Female	WI - Wisconsin Swimming	Other No indecent occurred	Other No indecent occurred	Athlete reported back soreness	Athlete reported back soreness
Male	WI - Wisconsin Swimming	Practice - Other	Outside Venue	Running and slipped on the concrete. When he fell he hit his knee.	
Male	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	During 50 freestyle, the swimmer was too close to the wall for a flip turn and scraped his left foot on the wall	Swimmer reported to lifeguard station and received first aid. One cut on top of the foot and two scrapes on toes were cleaned and bandaged
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	The swimmer hit the wall with the fingers and cut them	Two minor abrasions on index finger and pinky
Male	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Swimmer took extra stroke in 100 back stroke event and hit the wall with his hand. Suffered cut on hand	
Male	WI - Wisconsin Swimming	Meet - Walking	Deck	Entering locker room from pool deck and door struck his right foot injuring his big toe/toe nail	toe nail bed raised slightly and bleeding
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	During competition in an IM, swimmer crashed into the wall after miscounting her backstroke turn count during the back-to-breast turn of an IM. She hit the back of her head hard, but continued racing.	swimmer is experiencing potential concussion-like symptoms. She is experiencing on and off headaches. She does not exhibit any symptoms of dizziness, drowsiness, or blurred vision.
Male	WI - Wisconsin Swimming	Practice - Other	Other In Water swimming	Strained his hamstring while executing a breaststroke kick.	Recovered after a week.
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Turn End	Swimmer twisted ankle while doing a flip turn during a freestyle race.	The swimmer completed the following day in the swim meet and said she was not in any pain.
Female	WI - Wisconsin Swimming	Meet - Watching / Observing	Bleachers - Spectator's	walking down bleachers and fell through the gap in the bleachers scrapping inside of right leg under the knee and outside of upper right leg from knee to top of leg	
Male	WI - Wisconsin Swimming	Meet - Walking	Hallway	walking with mother not running slipped and fell and landed on left side of hip/back	Swimmer in warm-ups while talking with mother. Suggested swimmer ice hip after warm-ups.
Female	WI - Wisconsin Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete going up bleachers and her foot slid into a gap between sections.	Ankle twisted and bruising on lower shin.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	We were doing some dive 25's with a strong finish. Athlete did a regular freestyle finish and complained that his wrist hurt afterward. After a visit to the doctor it turned out he fractured his radius on the finish.	Athlete could move his wrist and did not really complain of much pain. Didn't believe it was a significant injury and it happened at the last moment of practice so he was just sent home to tell parents who followed up with an email.
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	While finishing a race-arm bent at odd angle-maybe elbow dislocation	
Female	WI - Wisconsin Swimming	Meet - Walking	Hallway	Athlete did not feel well and started to walk unsteadily towards the hall to cool off, as she was walking-she fainted	
Female	WI - Wisconsin Swimming	Meet - Walking	Deck	tripped on raised 1m diving platform and landed on knees and head.	goggles on forehead when hit right side of head on floor
Female	WI - Wisconsin Swimming	Practice - Dry Land	Deck	Missed catching medicine ball. Stuck chest.	Hurts to get up and down from a sitting position.
Female	WI - Wisconsin Swimming	Other practice/ water	Starting Blocks	practicing starts at the practice and fell off to the left side.	head/neck leg/foot and shoulder and torso
Male	WY - Wyoming Swimming	Practice - Other	Water - Lane Lines	The athlete who was injured swam over another athlete who was swimming more toward the bottom of the pool. When the other athlete came up for a breath his head struck the injured athlete in the chin.	Athlete had a cut and swollen lip on the inside and right side of his mouth.
Male	WY - Wyoming Swimming	Other Meet Clean Up	Deck	Two parents were winding up lane ropes and the end of one swung around and hit injured party in the head.	Head was cut and bruised. Head was stitched at the hospital ER.
Male	WY - Wyoming Swimming	Practice - Other	Deck	As athlete was entering the pool using the door next to the office door, another person also pulled on the door and the bottom of the door caught on the athlete's right big toe, pulling back a part of the nail.	
Female	WY - Wyoming Swimming	Practice - Other	Water - Turn End	While the swimmer was doing a flip turn, her right foot slipped on the wall catching something on the wall and cutting her foot.	It was a shallow cut about an inch and a half the length of the foot.
Female	WY - Wyoming Swimming	Meet - Competition	Starting Blocks	The Starter asked swimmers to stand, swimmer lost her balance on the starting block and fell in the water. She struck her hands on the bottom of the pool, bruising her fingers.	Bruising and swelling of the right ring finger.
Female	WY - Wyoming Swimming	Meet - Warm-up	Deck	During warm up, Swimmer scraped her pinky toe against the lane ropes, cutting it open.	