

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	HI - Hawaiian Swimming	Practice / Dry-Land	On School Premises - Iolani School Campus	During dry-land practice the athletes were playing soccer. By an accident, one swimmer kicked the ball too hard, it went out of the playground and hit a nearby parked vehicle - pick-up truck. The damage was minor on the side of the car but the metal looked a bit bended. Photos can be provided upon request.	No injuries were present
Female	AD - Adirondack Swimming	Meet / Competition	Bleachers	(Parent) Paent collapsed in the bleachers while watching a swim meet where her daughter was competing. At the time, it appeared to look like a seizure. First responder and parent), Doctor and Parent and Nurse and parent helped on the scene with direct contact of the patient. Coach on deck, Hosting Coach, Hosting Parent and school faculty member, and Lifeguards assisted in gathering equipment, calling 911 and directed EMS.	It appeared to be a seizure at the time (by bystanders and the parents in the stands who assisted with helping parent. Vitals were taken, patient was being assessed and EMS was called at 5:54pm (by Ballston Spa Parent). Due to the location of the incident, she was backboarded in case she needed to be moved to preform CPR. While waiting for EMS to arrive, patient started losing airway and tongue was in the way of airway. She was provided Rescue Breathing until it wasn't needed any longer. EMS arrived and took over care. Ambulance left the school at 6:25pm. EMS transferred patient to Ellis Hospital and then to Albany Medical Center. Patient was suffering a Brain Aneurysm and had immediate surgery. Patient remained in a medical coma and life support, eventually passed away on March 1, 2014.
Male	CC - Central California Swimming	Clean up post Time Trial Meet	Deck	While cleaning up after the Time Trail Meet, coach collapsed. John M., Shawn H. and Patrick N. along with several kids saw him fall and rushed to his aide. Coach was unresponsive. CPR started immediately while John called 911. EMS response time was 5 minutes. Coach was transported by EMS to Clovis Community Medical Center where he was pronounced dead. According to the hospital supervisor it was likely a catastrophic cardiac or pulmonary event.	There were no visible signs of injury. Coach suddenly collapsed on the pool deck.
Male	NE - New England Swimming	Meet / Competition	In Water	Swimmer hit his hand on the pool wall at the finish.	Swimmer smashed hand into side of the pool resulting in what was reported as a broken finger or hand.
Male	MN - Minnesota Swimming	Playing at park	Outside Venue	Swimmer fell from swing set/monkey bars during swim meet.	Fractured bone in foot.
Male	FG - Florida Gold Coast Swimming	Meet / Competition	Deck	Athlete collided with another swimmer while making a flip turn. appears to have a broken nose and bloody nose.	Appears to have bloody and broken nose
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Athlete was doing inclined hill sprints and on the way down the hill she fell and experienced pain in her foot/ankle as well as a scraped knee. Lifeguard staff observed her injury and clean her up.	Pain in the area. Family took her to urgent care for x-ray. X-ray showed a break in her foot.
Male	AD - Adirondack Swimming	Meet / Competition	In Water	Jammed right hand in to the wall at the finish.	Fracture
Female	PC - Pacific Swimming	Practice / Water	Deck	Gathering equipment after a set. Collided with another swimmer and jammed her small toe.	Broke small toe on left foot. We originally thought it was dislocated, but X-rays confirmed a break.
Female	IL - Illinois Swimming	Practice / Water	In Water	Two swimmers' hands collided while swimming in the same lane.	Broken finger
Female	AM - Allegheny Mtn Swimming	Practice / Water	Deck	Coach slipped on a wet area of the pool deck. She fell on her outstretched hand. The result was a dislocation and avulsion fracture of the elbow.	Avulsion fracture of the left arm/elbow area
Female	PC - Pacific Swimming	Practice / Dry-Land	Whitmore soccer field	The swimmers were playing soccer during dry land training. A ball was kicked at athlete's wrist.	Buckle fracture of the left wrist (radius and ulna)

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Female	IA - Iowa Swimming	Practice / Dry-Land	Outside Venue	Tripped on sidewalk, while running for Dryland, injured finger when bracing her fall. Also, scraped knee	Broken finger, scraped knee
Female	MR - Metropolitan Swimming	Practice / Water	In Water	In water, in practice, hand on hand accident, swimming fly and free in opposite directions.	Pain in hand
Female	GA - Georgia Swimming	Practice / Dry-Land	Gym	Athlete was warming up for dry land. While backwards running, tripped and fell and put her hand down to catch herself.	Distal Radial Fracture
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Athlete tripped when he was doing squat jumps	Buckle fracture
Male	KY - Kentucky Swimming	Meet / Competition	In Water	Swimmer broke his finger finishing his 50 yard freestyle race when his hand hit the wall.	Broken finger.
Female	MD - Maryland Swimming	Practice / Dry-Land	Deck	during dryland circuit.. athletes were doing an exercise where they jump from side to side over a kickboard. Athlete tripped and came down on the side of her foot	she has a broken foot.
Female	OK - Oklahoma Swimming	Practice / Dry-Land	Gym	Fell while doing dry land. Landed on wrist.	Broken wrist
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Smacked hand on ladder	Possible broken hand
Male	CO - Colorado Swimming	Meet / Competition	Bleachers	Athlete fell onto his left arm when trying to stabilize himself climbing on a fence just off the pool deck.	Broken left Ulna or Radius bone.
Female	MN - Minnesota Swimming	Practice / Dry-Land	Outside Venue	Our swimmers were running behind our swim facility, when swimmer tripped on another swimmers and fell down. She fell forward on her forearms and screamed out in pain right away!	After going to a local emergency care facility with her father right after the fall, we learned that Meghan broke her left forearm.
Female	AR - Arkansas Swimming	Practice / Dry-Land	Outside Venue	Swimmer tripped during dryland and fell. She broke her arm when she tried to catch herself.	Arm is broken.
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Swimmer was running and tripped, landed over another swimmer and broke his arm. Swimmer just complained that it hurt and was not in pain afterwards.	Broken Arm
Male	SE - Southeastern Swimming	Practice / Dry-Land	Outside Venue	Swimmer continued on with dryland.	
Male	SE - Southeastern Swimming	Practice / Dry-Land	Outside Venue	Fell into wall during dryland activity and broke his wrist. Causing him to pass out on the sidewalk	Scrape by left eye. Broken left wrist
Male	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	The swimmers were beginning their dryland run when a teammate tripped and fell in to athlete Athlete fell to the sidewalk and landed on his left arm.	Broken left arm. Scrapes to hands and knees.
Male	VA - Virginia Swimming	Practice / Water	In Water	athlete jumped in pool (7ft deep) and broke foot	Broken foot
Female	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	We were doing Dry land activities and the athletes were jumping onto a crash mat. Athlete landed on ankle and it broke.	Broken Ankle.
Female	AZ - Arizona Swimming	Practice / Dry-Land	Grassy area on the south side of pool behind bleachers.	The accident occurred during the warm up jog of dry land. On her last lap she fell and put her hands to down catch herself. Resulting in a swollen bump about 2-3 inches above her wrist. Her mother took her in for an X-ray showing a break in arm.	Broken arm
Male	LA - Louisiana Swimming	Practice / Water	Deck	Swimmer was walking on a damp deck and slipped and fell. He landed on his right wrist.	Broken Right wrist. Radius.
Female	OR - Oregon Swimming	Practice / Dry-Land	On the road, Science Park DR, Portland, OR	Biking and ran into curb and fell off bike	Potentially Fractured ulna
Female	OR - Oregon Swimming	Practice / Dry-Land	Outside Venue	Senior squad was playing ultimate for dryland. Another athletes head went into her nose.	broken nose
Male	UT - Utah Swimming	Practice / Dry-Land	Outside Venue	Swimmer jumped on a cement barrier and when he landed, he heard a "pop" in his knee. When he would bend his knee, it hurt very badly.	Tibial Avulsion Fracture of his right knee
Female	IL - Illinois Swimming	Practice / Dry-Land	Outside Venue	The athlete fell while running in dryland.	The athlete fell on her thumb while running. It began to swell almost immediately.

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Male	SE - Southeastern Swimming	Practice / Dry-Land	Deck	Athlete was preparing to do pull-ups on the TRX bar and stacked 5 kick boards on top of each other to help him reach the bar. He jumped up to reach the bar and just missed. One foot landed on the kick boards and the other did not causing him to slip and fall and injure his wrist. The coach was present assisting another swimmer with their pull-ups and would have helped athlete if he had waited.	Broken wrist
Female	PN - Pacific Northwest Swimming	Practice / Dry-Land	Stairs	Tripped while running up stairs	Fractured 5th metatarsal on right foot
Female		Practice / Dry-Land	Outdoor Athletic Field	The group was playing a game, athlete slipped in the grass and braced herself with her wrist.	Broken arm/wrist
Female	SN - Sierra Nevada Swimming	Practice / Dry-Land	Outside Venue	While playing a game for dryland, a soccer ball was kicked and hit athlete in the wrist as she moved to block the ball. Despite feeling some initial pain in her hand, athlete continued to play the game. She eventually got in the water, and was unable to swim. She got out of practice early and went home. Later that evening, upon going to the hospital, it resulted that she had broken her arm upon the impact with the soccer ball.	Broken arm
Male	MW - Midwestern Swimming	Meet / Competition	In Water	Swimming the 50 Free, Lost goggles. Swam with eyes closed. Ran into wall with face. Applied ice to nose, informed mother. She took him to hospital.	Possible broken nose
Female	AZ - Arizona Swimming	Meet / Competition	Deck	athlete was walking over to the warm-up pool and fell over raised portion of concrete sidewalk near waterslide. Parent comments that the raised concrete was unmarked.	left elbow is broken
Female	PV - Potomac Valley Swimming	Meet / Competition	Deck	Official was walking on deck and slipped on a water covered area. She fell back and caught herself on her tailbone and wrists. She landed harder on her left arm. Whip lash possible. Wasn't all there right away.	Sore arm, wrists and back.
Female	GA - Georgia Swimming	Prior to practice	Outside Tent (but in club property)	Kids were playing 4-Square prior to practice, outside our tent. Athlete tripped and twisted her ankle	Ankle sprain with a possible fracture
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	During the ball game, athlete said that her finger hurts. We put ice right away.	At first it looked like the finger is dislocated. After practice mom took athlete to ER and they said it's broken.
Female	PC - Pacific Swimming	Practice / Dry-Land	Deck	I did not observe the accident happen. Athlete came up to me as we were about to start running for dryland and said she hurt her foot. I asked her to explain how she hurt it, she said she fell. I asked her to describe the pain and she said it hurt. I asked if she thought she rolled her ankle. She said maybe or I don't know. I had her walk around the pool to try and loosen it up to see how it felt. From that point, athlete did not complain of anymore pain and I thought whatever was ailing her had passed. After talking to a few members of the team that were with her when she fell, they said I called the group over to begin practice and she fell of her own accord while walking.	I thought it was a rolled ankle. I found out the next day it was a fractured ankle from her Mother via email.
Male	FL - Florida Swimming	Meet / Warm Down	Deck	Swimmer was standing on the gutter cover, jumped to enter the warm down pool, hooked his toes under the grate, then tore skin has he entered the water.	Abrasion on right toes. Broken toe.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer was walking on the pool deck when she hit her foot on the leg/post of a bench.	Broken toe/s on right foot
Female	FG - Florida Gold Coast Swimming	Practice / Dry-Land	Outside Venue	Dryland they were doing rotation of step-ups, jump rope and 6 inches leg lifts. When she was jump roping she felt a snap. She continued jumping but placing weight on other leg.	Athlete was doing dryland: they were doing rotation of step-ups, jump rope and 6 inches leg lifts. When she was jump roping she felt a snap. She continued jumping but placing weight on other leg. Saw doctor today, Feb.5 with result of reaction fracture.

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Female	OR - Oregon Swimming	Meet / Competition	In Water	During warm ups, jumped into pool for backstroke.	Broke her fourth toe on her right foot. Notified parents that it hurt, but thought it was just jammed. Iced at meet. Went to urgent care upon returning home and discovering a bruised foot.
Female	OR - Oregon Swimming	Meet / Competition	In Water	Jumped in during warm ups and misjudged depth of the pool. Hit foot on the bottom and felt foot twist. She came up to another coach after warm ups saying her foot hurt. Coach got her ice and she elevated foot. Left meet once parents arrived.	large discolored (purpleish) bump on top of left foot. Was checked out by a doctor day after injury: foot fractured.
Female	NC - North Carolina Swimming	Practice / Water	In Water	Athlete jammed her finger on a freestyle finish in practice.	Athlete jammed her finger on a freestyle finish in practice.
Female	GA - Georgia Swimming	Meet / Competition	Bleachers	Walking out of bleachers, slipped on wet floor, possible broken arm.	Possible fracture
Female	KY - Kentucky Swimming	Meet / Competition	parking Lot	(Guest) Parking lot with ice and snow patches after a recent snow. Temp in low 20's parked and walked away from vehicle. Slipped on snow covered ice patch lost balance and put hand out to brace her fall. Broke both bones in forearm and will need surgery.	Broken arm/ wrist
Female	CA - So. California Swimming	Meet / Competition	Deck	Stubbed toe	Possible broken toe, toenail broken off
Female	FL - Florida Swimming	Practice / Dry-Land	Gym	Doing drylands and medicine ball ended up pushing into her thumb, which we found out later in the day was broken due to this incident.	broken right thumb
Female	IL - Illinois Swimming	Meet / Competition	In Water	She did a flip turn and hit her right hand on either the lane line or the deck	possible contusion/ hairline fracture
Male	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer and another swimmer had a head on collision while both swimmers swam down the middle of the lane. Swimmer looked up at the last minute, resulting in a fractured nose. The other swimmer was uninjured.	Fractured Nose
Female	AZ - Arizona Swimming	Practice / Dry-Land	Grassy area on the south side of the pool behind the bleachers	Accident occurred during the warm up jog in dryland. On her last lap athlete fell and put her hands out to catch herself. A bump appeared almost immediately 2-3 inches above her wrist on her right arm.	Broken arm
Male	SD - South Dakota Swimming	Meet / Competition	Deck	Individual passed out and fell on his head on concrete	Light Headed, Passes Out when sits up
Female	AM - Allegheny Mtn Swimming	Team Picnic	In Water	Swimmers were playing an 'in the water game' when athlete was under water and hit face off the bottom of the pool. She cracked her right front (adult) tooth.	Cracked right front (adult) tooth.
Female	CO - Colorado Swimming	Meet / Competition	Deck	Swimmer was preparing to swim their event, shaking out their legs to loosen up behind the starting block and hit the top of their foot on the underside of the starting block step causing a deep laceration to the top of their foot in the area just behind and over the toe. The swimmer was treated by facility Lifeguard staff and transported to Urgent care by their parent.	Deep laceration to the top of their foot in the area just behind and over the toe. Required 5 stitches to close the wound at the Urgent Care center.
Male	IA - Iowa Swimming	Meet / Competition	Locker Room	athlete fell in locker room and hit head on the wall	Cut to head, needed 3 staples
Female	PC - Pacific Swimming	Meet / Competition	Deck	Waling on sidewalk and stepped to the side and tripped over the water polo net.	Left ankle injury
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Swimmer dove vertically deep from block during warm up. Bumped head on bottom of pool at four to six foot depth.	Bumped head. No abrasion, no swelling, no disorientation, no nausea.
Male		Meet / Competition	Deck	(guest) Passed out/parkinson disease, attended to by nurse (parent)	Passed out - symptoms of stroke, high blood pressure
Male	MW - Midwestern Swimming	Meet / Competition	Deck	Swimmer needed assistance exiting the pool after event. Laid to ground, light-headed, weak.	Weak, light-headed after swim
Male	IL - Illinois Swimming	Meet / Competition	In Water	During competition, pre-race warm-up activities, swimmer was accidentally kicked in the face by a swimmer just in front of him. Injury was caused by incidental contact.	Eye injury, bleeding present
Female	PV - Potomac Valley Swimming	Meet / Competition	Bleachers	Swimmer was climbing up the bleachers and slipped, injuring her foot	Bruising and swelling to outside and top of LEFT foot

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Female	OK - Oklahoma Swimming	Practice / Water	In Water	Athlete was working on flip turns and in the process of doing a legal flip turn hit her heel hard on the wall and split it open.	Her left heel has a split with a two to three inch cut.
Male	SD - South Dakota Swimming	exiting the pool deck	steps to a grassy area near pool deck	Athlete placed his foot on a concrete step, and once he transferred his weight onto that foot, the ankle collapsed and he gently rolled to the ground and immediately reached both hands to his right ankle.	At the time of the incident, athlete said that he felt a severe pain after his ankle "popped" 2 or 3 times.
Male	SD - South Dakota Swimming	pool deck prior to practice	Deck	Just prior to the start of practice, swimmer was moving a mobile handicap accessible chair out of a changing room doorway. Somehow his big toe on right foot caught under the wheel or bottom of chair assembly. The entire toenail was torn off and the the skin on underside of big toe scraped	Majority of the big toe nail was torn off and skin scraped from the underside of the toe
Male	NC - North Carolina Swimming	Practice / Water	In Water	Athlete was pushing off the bottom of the pool and experienced neck pain. He said when he looked down things were blurry. There was no contact with anything when he pushed off the bottom.	Neck pain and blurred vision.
Male	IL - Illinois Swimming	Practice / Dry-Land	Deck	Was doing dynamic warm up on deck and while swinging leg hit lane line take up reel and cut open foot	Sustained a cut on outside of foot
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Another athlete threw a 10lb medicine ball and it hit a wall bouncing back and hitting the injured athlete in the back of the head.	Hit the head in the back. Athlete was dizzy after being hit
Male	UT - Utah Swimming	Practice / Dry-Land	Outside Venue	the team was playing Frisbee for dryland and he ran to catch the Frisbee and ran into a concrete block. His thigh hit the corner of the square concrete block. He then fell over and hit his head on the concrete block.	goose egg on head. Thigh had visible bruising and tenderness.
Female	PC - Pacific Swimming	Meet / Competition	In Water	During a butterfly race, swimmer was seen holding on to the lane line and coughing up water. She swam to the side of the pool and was helped out by lifeguard/parent/coach.	There was a concern that swimmer had inhaled water and that secondary drowning could be an issue.
Male	IN - Indiana Swimming	Meet / Competition	In Water	Swimmer was competing in backstroke event at an outdoor LCM pool. There was a significant amount of wind at the time of the event and the swimmer misjudged the wall as the flags were blowing. Swimmer hit hand on wall with force as the swimmer was not anticipating the wall at the time.	Hand was injured near the thumb.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer collided with another and two days later noticed numbness & tingling in hands & pain in neck.	swelling in neck & tingling & numbness in arms & hands - categorized as bruised spine
Male	KY - Kentucky Swimming	Practice / Water	In Water	Split in his posterior labrum	shoulder pain, which led to a diagnosis of a split in his posterior labrum.
Female	SN - Sierra Nevada Swimming	Practice / Dry-Land	Football Field	Playing a variation of freeze tag on the football field. Athlete and another swimmer collided with each other as they were running and the other swimmer fell on top of the athlete. There was a loud popping noise.	Two athletes collided. There was a popping noise and immediate pain. Swelling on the inside of the knee.
Male	MN - Minnesota Swimming	Practice / Dry-Land	Outside Venue	Swimmer fell backwards during dryland and reached back reflexively to catch himself, landing hard on his hands. Complained of wrist pain immediately following.	Wrist injury, immediate swelling, pain, and slight bruising
Male	SN - Sierra Nevada Swimming	Practice / Water	In Water	Swimmer hit head at finish of backstroke sprint.	Brief head discomfort from head hitting wall. No visible contusion.
Male	IL - Illinois Swimming	Locker Room	Locker Room	Victim getting changed for practice and emerged from the locker room with a contusion to the left side of his head and a small abrasion over the left ear.	A contusion to the left side of his head and a small abrasion over the left ear.
Male	MW - Midwestern Swimming	Practice / Water	In Water	swimmer lost consciousness in pool. called 911. removed swimmer from pool. swimmer hit chin on pool deck. swimmer in and out of consciousness. swimmer became fully conscious. 911 arrived checked out swimmer. mother took swimmer to hospital to get stitches in chin.	split chin open on deck.
Male	OZ - Ozark Swimming	Practice / Water	Deck	Swimmer slipped while climbing out of the pool and fell on his face. Tooth went through swimmer's upper lip.	Tooth went through upper lip.

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Male	IL - Illinois Swimming	Practice / Water	In Water	The athlete had a suspected seizure during practice. At the start of the episode, another athlete in the lane noticed and pulled his head above the water. At this point, the head coach was alerted, and pulled the athlete out of the water. Once out of the water the athlete was conscious and able sit up. He administered his prescribed asthma inhaler after complaining of having trouble breathing. The athlete's mother was immediately notified and was on deck within 5 minutes of the suspected seizure. She took the athlete to the hospital for follow up treatment.	Suspected seizure in the water that caused shortness of breath.
Female	IN - Indiana Swimming	Practice / Dry-Land	Running Course	Athlete was doing a run and due to hot weather had trouble breathing half way through the run	Over heated and hard to breath
Male	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	Athlete was participating in dryland kickball activity. Stubbed toe while going to kick the ball.	jammed/stubbed toe
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer was working on starts off the block. Athlete entered the water too deep and hit elbow on the bottom of the pool.	Impact on elbow
Female	VA - Virginia Swimming	Practice / Water	Deck	Tire full of hardened cement used to hold pole for backstroke flags fell on left foot when Coach was trying to move the tire.	Injury to top of foot with severe bruising and swelling.
Female	IA - Iowa Swimming	Meet / Warm-up	In Water	Swimmer was doing warmups at Soldiers Field and ran into the waterslide that is in the lane. Swimmer had a head first collision with the bottom of the slide while swimming laps.	Vertical laceration over the right eyebrow
Female	AZ - Arizona Swimming	Meet / Competition	In Water	right side pains after race	right side pains after race
Female	CA - So. California Swimming	Meet / Competition	In Water	Another female athlete accidentally jumped onto athlete's head while she was underwater causing facial abrasion, bruising, swelling on face plus stiff neck and shoulders from impact.	Another female athlete accidentally jumped onto athlete's head while she was underwater causing facial abrasion, bruising, swelling on face plus stiff neck and shoulders from impact.
Male	OR - Oregon Swimming	Meet / Competition	In Water	Swimmer hit head on wall of pool finishing the 100m Backstroke.	swimmer hit head on wall of pool finishing the 100m Backstroke.
Female	NC - North Carolina Swimming	Meet / Competition	Deck	Athlete got light headed after swimming her heat. Described feeling "head burning." Difficulty sitting up and responding to questions. Became incoherent and EMS was activated. EMS personnel arrived and all vital signs were good. Athlete was initially taken to the ambulance. After vital signs were cleared, athlete was taken to an air conditioned office until the parent arrived to take the athlete home. Parents were called immediately, but the father was on a 100k bike ride and was not on site until four hours later. During that time, her coach as well as lifeguards monitored her progress.	Heat Stroke/Dehydration
Male	OK - Oklahoma Swimming	Practice / Water	Deck	Swimmer was standing on the deck and suddenly collapsed.	When the swimmer collapsed, he fell onto the deck hitting his head.
Female	WI - Wisconsin Swimming	Practice / Water	Deck	Stepped on a fin laying on the pool deck. She claimed that when she stepped on the fin, her foot bent. Ice was immediately applied to her foot and ankle, and her foot elevated. Her foot is red, but does not seem to show much swelling.	Likely sprained her ankle.
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	No accident. Athlete suffered asthma from a pre-existing condition.	Athlete suffered asthma from a pre-existing condition.
Female	AZ - Arizona Swimming	Practice / Water	DECK WALKWAY	WAS TRAVELLING TOWARDS THE SWIMMING POOL IN HER RUNNING SHOES WHEN SHE SLIPPED AND FELL DAMAGING HER KNEE.	RIGHT KNEE PATELLAR CONTUSION, CHONDRAL INJURY OF THE PATELLA AND LATERAL FEMUR, BONE CONTUSION WITH TRACE ACL SPRAIN.
Male	WI - Wisconsin Swimming	Practice / Water	Deck	A small piece of tile broke off the deck and was wedged in the gutter, he stepped on it and it cut his foot open.	Deep cut in foot, required 15 stitches

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Female	FL - Florida Swimming	Practice / Water	In Water	After swimming less than 100 yds for warm up, swimmer passed out in water and began to display symptoms of a seizure. Swimmer was removed from water by coach and team members and treated for symptoms while waiting for ems to arrive. Swimmer was admitted to hospital for tests.	Swimmer displayed symptoms of seizure in water.
Female	PC - Pacific Swimming	Meet / Competition	Deck	We were closing the pool at the end of a meet, getting the reels back in the facility. A lane line reel ran over her foot/. She decided to go to the ER and get it checked out. Said they took X-rays. But there is no sign of a broken foot.	Lane line reel rolled over left foot hitting the two lateral toes  (Description provided by Event Nurse William Mayo) The swimmer used a goggle spray for anti-fog called Quick Spit, applying to goggles before race. He stated that he may not have done a good job rinsing before putting on goggles. He swam entire 5K, only feeling discomfort last 500m. Stated that his vision began to get blurry. By the time he got out of water he began to feel bilateral eye pain. He had a friend bring him to first aide tent. I initially gave him a sterile eye rinse (thinking that he may have some type of lake water or foreign object that was causing discomfort). No relief. I then asked EMS for bottle of saline solution to rinse eyes. No relief. Made recommendation that he go to Clemson Urgent Care. Swimmer declined. EMS worker suggested we contact his wife. Swimmer provided phone number. I called, spoke with wife, gave directions, wife stated it would be about 1.5 hours (driving from Spartanburg). At this point, with help from EMS, we brought swimmer over to garden hose and assisted him with an eye wash (15 + minutes). No relief. I again recommended to swimmer that he go to Clemson Urgent Care because there was no relief of symptoms and I was concerned that if we waited there could be potential damage to eye(s) given we could not find anything to relieve symptoms. Swimmer agreed. EMS loaded him in ambulance. At this point Chief Daniel was at ambulance and stated that swimmer needed to be taken to Oconee ER (Clemson Urgent Care did not accept patients by ambulance). I called swimmers wife and redirected her to ER. Spoke with wife of swimmer later in day (around 5pm). Swimmer had chemical burns to eyes related to goggle spray but prognosis is good with no apparent long-term damage.
Male	SC - South Carolina Swimming	Used Goggle Spray and Did not Rinse Goggles Well	Sometime before Start of Meet/Event		(Description provided by Event Nurse William Mayo) The swimmer used a goggle spray for anti-fog called Quick Spit, applying to goggles before race. He stated that he may not have done a good job rinsing before putting on goggles. He swam entire 5K, only feeling discomfort last 500m. Stated that his vision began to get blurry. By the time he got out of water he began to feel bilateral eye pain. He had a friend bring him to first aide tent. I initially gave him a sterile eye rinse (thinking that he may have some type of lake water or foreign object that was causing discomfort). No relief. I then asked EMS for bottle of saline solution to rinse eyes. No relief. Made recommendation that he go to Clemson Urgent Care. Swimmer declined. EMS worker suggested we contact his wife. Swimmer provided phone number. I called, spoke with wife, gave directions, wife stated it would be about 1.5 hours (driving from Spartanburg). At this point, with help from EMS, we brought swimmer over to garden hose and assisted him with an eye wash (15 + minutes). No relief. I again recommended to swimmer that he go to Clemson Urgent Care because there was no relief of symptoms and I was concerned that if we waited there could be potential damage to eye(s) given we could not find anything to relieve symptoms. Swimmer agreed. EMS loaded him in ambulance. At this point Chief Daniel was at ambulance and stated that swimmer needed to be taken to Oconee ER.
Male	SD - South Dakota Swimming	Meet / Warm-up	In Water	Swimmer was struck in side of head, directly by another swimmer leaving the wall	ruptured eardrum
Male	FL - Florida Swimming	Practice / Water	In Water	Claims shoulder was pulled out of joint while swimming freestyle.	Claims shoulder was pulled out of joint while swimming freestyle. He says it has happened before.
Female	KY - Kentucky Swimming	Practice / Dry-Land	Outside Venue	fell and scraped up arms pretty bad	scraped pretty bad
Male	IA - Iowa Swimming	Meet / Competition	Deck	Athlete was running and went to duck under the diving board and didn't duck far enough and scrapped his head on the concrete platform	Athlete had a scrapped scalp. There was some bleeding.
Male	FL - Florida Swimming	Meet / Competition	In Water	During his swim of the IM, he felt something pop on his turn from back to breast. After his swim, his shoulder started hurting. His mother took him to the Shands Orthopedic After Hours.	A torn pectoral muscle

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Male	ST - South Texas Swimming	Practice / Dry-Land	Outside Venue / Parking Lot beside building	We were doing dryland with the National Group. We were doing shuffle runs when athlete tripped on his feet/his left foot got stuck on the ground and his body weight kept going, and he dislocated his knee.	Dislocated Knee
Male	FL - Florida Swimming	Practice / Dry-Land	Gym	Athlete was performing box jumps and landed in an awkward manner. Athlete was evaluated by the Supervising member coach. Swelling was not present at the time and it appeared to be a tweak or sprain until athlete visited with his physician and an MRI was performed.	Ruptured/torn ACL
Male	CA - So. California Swimming	Meet / Competition	In Water	Hit lane line with right thumb while swimming 100 Fly	Hit lane line with right thumb while racing 100 Fly; swollen/sprained right thumb
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer hit head on bottom of pool performing a start from the blocks during warmups. Swimmers climbed out of pool by himself.	User hit head on bottom of pool. User complained of stiffness in neck. Was bleeding from cut on top of his head.
Female	MN - Minnesota Swimming	Practice / Water	In Water	Swimmer was climbing out of pool and slipped back in, hitting tooth on deck. Tooth knocked mostly out of socket.	Tooth #8 (permanent tooth) knocked out of socket.
Female	MV - Missouri Valley Swimming	Meet / Competition	Bleachers	(Guest) had timed earlier in the morning. She had been relieved and was at her tent. She had a seizure and fell and had a small cut on her head. She never lost consciousness. Called and she's home and better.	small cut on head; seizure
Female	IE - Inland Empire Swimming	Meet / Competition	Deck	Swimmer exited water visited with coach & mom and then passed out "fainted". Did not injure herself when she fainted, i.e. did not hit the deck but was caught.	Same as above - fainted
Female	PC - Pacific Swimming	Practice / Dry-Land	High School Field	During Dry land Training - Running sprints and lines on synthetic turf soccer field - The athlete reached down to touch the line while reversing direction and injured her knee.	Dislocated left knee
Male	ST - South Texas Swimming	Meet / Competition	Deck	Athlete was walking on mats on deck. He stepped on the tile to go around some backpacks and slipped but caught himself with his left arm.	lots of pain in left wrist
Female	MA - Middle Atlantic Swimming	Practice / Dry-Land	Outside Venue	Rolled ankle while running in dryland	Rolled ankle while running in dryland
Female	PN - Pacific Northwest Swimming	Practice / Dry-Land	Outside Venue	twisted ankle landing wrong doing step-ups on park bench	twisted ankle landing wrong doing step-ups on park bench
Female	CA - So. California Swimming	Meet / Competition	On Blocks	Swimmer caught her foot of the step of the blocks and fell backward. She twisted her knee and hit her head. She was able to get up and walk to area by the pool. We backboarded her and called 911. Within 15 minutes paramedics arrived, evaluated her, and released her to her caregiver for the day. Mother took her to the doctor that afternoon, the physician said that she had neck swelling but no concussion.	We had suspected a knee injury but swimmer did not note pain. We suspected head and neck injury, followed our emergency action plan. There was no bleeding. Mild pain on head (no bump) and neck.
Female	MN - Minnesota Swimming	Meet / Competition	Bleachers	Athlete was sitting on the floor and another athlete fell on her head	Head was struck in front. Had head pain and nauseated.
Female	UT - Utah Swimming	Meet / Competition	Deck	Set up for meet was completed. The head lifeguard left the lane reels out by the spectator area. Swimmer was sitting on the roll part where the lane line is rolled up. she rolled backwards, falling off of the middle piece, hitting her head on the rectangular rail at bottom, then the cement. Laceration to back of head.	Laceration to back of head. Required 5 staples, cut down to bone.
Female	NJ - New Jersey Swimming	Meet / Competition	Locker Room	Swimmer slipped on wet tile floor and hit forehead and side of head on tile floor.	Open wound and bruising on forehead. Stitches needed.
Male	MN - Minnesota Swimming	Practice / Dry-Land	Outside Venue	Athlete was participating in an outside dry land activity (Kickball). The ball was thrown to him and hit his right hand, resulting in a dislocated pinky finger.	Right pinky finger dislocation.
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	While athlete was running full court sprints she rolled her ankle and fell. I sent another athlete to get her mother. Once her mother arrived we noticed her ankle starting to swell so we applied ice. Her mother then decided to athlete to an nearby clinic to get her ankle looked at.	Sprained Right Ankle
Male	ST - South Texas Swimming	Meet / Warm-up	In Water	In the water, did a whale dive and hit face on floor	cuts on nose and upper lip

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	OR - Oregon Swimming	Practice / Water	In Water	Swimmer was warming up and her hand hit another swimmer's hand. Her thumb was pushed back and she was in a lot of pain.	Swimmer could not move thumb after colliding with a teammate.
Female	MI Michigan Swimming	Practice / Water	In Water	She ran in to another swimmer while pushing off the wall during a turn hitting her nose and head against the other swimmer. She completed her lap and noticed she had a bloody nose upon completion. At the time of the incident swimmer left practice for a short period of time to take care of her bloody nose, probably 5min and returned to practice. She did not complain of having a headache at the time of the incident.	Bloody nose. When she got home, she complained of a headache. Her parent's took her to the ER. She was diagnosed with a concussion.
Male	CA - So. California Swimming	Meet / Competition	Deck	(Guest) states he has had an allergy to tree nuts. Had a croissant at Starbucks. He had a tingly feeling in his arms and some tightness in his throat. Pulse 110 good; capillorn refill noted; good pulse (strong); face pale. Able to speak clearly. Resp 16 - 20 minutes; Unlabored. EMT called and arrived. Report given to EMT. Stable at time; Resp unlabored and sinus tachycardic noted at HR 115; 25 mg of Benadryl taken by patient.	Potential tree nut allergy reported by patient.
Male	MW - Midwestern Swimming	Practice / Water	In Water	Swimmer ran into wall- top of head first-@end of lane while kicking wearing fins, on his back (flags were present!). This caused his teeth to jam together, chipping lower front tooth.	chipped lower front tooth
Male	IN - Indiana Swimming	Practice / Water	In Water	Kicked in the mouth by another swimmer with a swim fin during practice.	Lacerated lower lip
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer raced 100m butterfly at a small meet at Santa Clara pool. Athlete reported back pain after the race, and pain continued to get much worse into the next week.	Tear on disc wall between L5-S1 vertebrae. Athlete has had to have visits to doctor, MRI scan, and physical therapy.
Female	GU - Gulf Swimming	Practice / Dry-Land	Outside Venue	Athlete was fell backwards during dryland activity and hit her head pretty hard on solid clay at the Memorial Northwest field.	Slight concussion
Female	IL - Illinois Swimming	Practice / Water	Locker Room	Swimmer was walking out of locker room and slipped on wet area. She scraped left shin and possibly sprained ankle.	Scrap by left ankle up to the knee. Inner left ankle swollen. Possible sprain
Female	AM - Allegheny Mtn Swimming	Practice / Water	injured was on the deck removing lane ropes from water	When un-tightening the lane rope, wrench cam back and hit left side of wrist. Heard a crack and felt pain; arm is discolored (reddish/ purple).	Radius of left arm near wrist hit by racket wrench.
Male	WI - Wisconsin Swimming	Practice / Dry-Land	Outside Venue	Athlete was running in the grass and came to an abrupt stop. He slipped and fell suddenly on his back and struck his back and head on the ground (grass).	We suspected the athlete had a mild concussion due to the symptoms he was displaying. This was confirmed by the families visit to the doctor that evening.
Female	SI - San Diego-Imperial Swimming	Meet / Competition	Just behind the blocks in grassy area	Swimmer exited the pool after warm-up and was getting in line to do dives and she stepped in a hole in the grassy area at the end of the lanes behind the blocks. She twisted her ankle and fell.	twisted right ankle, swollen, painful to put weight on
Male	IN - Indiana Swimming	Practice / Water	In Water	Hit both heels on wall during flipturn.	Both heels moderately deep cut.
Male	FL - Florida Swimming	Meet / Competition	In Water	Swimmer was swimming 800 Freestyle in a race two to a lane starting at opposite ends of the pool. Approx. 300 meters into the race swimmer collided with swimmer in same lane swimming from opposite end. Swimmer was hit in the ear/side of head.	Ruptured Ear Drum
Female	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Slipped and fell on the deck and hit back of head and back.	Slipped on the deck and fell. then hit back of head and back.
Male	MI Michigan Swimming	Meet / Competition	In Water	Hit left hand on finish wall. Dislocated 4th pipj	Dislocated finger
Female	NC - North Carolina Swimming	Meet / Competition	In Water	As she was exiting the pool, swimmer slipped and fell back into the water. As she fell, her chin came down on the tiled edge of the pool.	An approx. half an inch long cut on her chin.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MV - Missouri Valley Swimming	Practice / Water	In Water	Swimmer was kicking with fins. She tried to do a flip turn but was too close to the wall. She hit her heels on the gutter. Swimmer got out of the water. Her heel immediately started bleeding. I got the attention of our other coach on the pool deck and had her retrieve the first aid kit. Other coach bandaged swimmer's heel. Swimmer's brother took her to Stormont-Vail Hospital. The children's father was supposed to meet them there.	Heel was split open and bleeding. May require stitches. Unknown whether any damage was done to the bones of her foot.
Female	FL - Florida Swimming	Meet / Competition	In Water	When finished at the end of the 200 Medley Relay...she felt her elbow popped. She thought it popped out of socket. Left and went to doctor	Swimmer it wall at finished and felt elbow pop. The swimmer was in pain and decided to go to doctor.
Male	ST - South Texas Swimming	Practice / Water	In Water	Coach Saw swimmer stop and pull himself out of the water with one arm. Right arm had locked up. He was unable to move one arm.	Right arm locked up during practice. Tingling, unable to move
Male	IA - Iowa Swimming	Practice/Locker Room	Locker Room	Athlete had a headache and was not feeling well so he got out of workout and went to the locker room when shortly later another athlete found him sitting on the floor where he said he had passed out out. Two others came into the locker and found athlete laying on the bench where we asked him to sit on the floor and we called his Mom to pick him up. Athlete got up and changed under his own ability and walked with coach to his Moms car where she took him home and later to the Hospital.	Athlete had a headache and was not feeling well so he got out of workout and went to the locker room when shortly later another athlete found him sitting on the floor where he said he had passed out out. Two others came into the locker and found athlete laying on the bench where we asked him to sit on the floor and we called his Mom to pick him up. Athlete got up and changed under his own ability and walked with coach to his Moms car where she took him home and later to the Hospital.
Female	IL - Illinois Swimming	Practice / Water	Locker Room	Swimmer got out of the water and told a coach she was having an anxiety attack. She went to the locker room to take her inhaler and called her mom to try to calm down. She came back out and said she was having trouble breathing. The coach called her mom again while bringing swimmer to the hallway where it was easier to breathe. Swimmer's mom was on her way while swimmer said that her hands were tingling and it was going up her arms and face. The coach called 911 and the ambulance arrived in minutes. Meanwhile, Swimmer's parents arrived and helped care for swimmer and spoke with the paramedic.	Swimmer had trouble breathing and as she caught her breath she began to have tingling throughout her body.
Male		pre-practice	Outside Venue	jumping over hurdles with friends, got foot caught in last/tallest hurdle and fell.	swollen ankle, sprained/maybe broken
Female	MN - Minnesota Swimming	Meet / Competition	Bleachers	Athlete seized after racing and slumped along wall, regained coherency shortly after (roughly 3 to 5 seconds) and coach notified Meet Manager and Head Guard before calling 911.	Small seizure, twitching and general loss of control of body after collapsing to floor.
Male	GU - Gulf Swimming	Meet / Warm-up	In Water	Swimmer became disorientated during warm-ups which was immediately noticed by a coach and a fellow swimmer. He appeared to lose consciousness and was pulled from the water by the coach, assisted by the fellow swimmer. The coach checked for breathing, noticed he wasn't, and quickly applied one mouth-to-mouth breath and the boy began to breathe on his own. At the same time another spectator immediately called 911. While waiting for the emergency personnel, the coach and other spectators closely monitored the boy's breathing. He was then taken by the first responders to a local hospital.	Swimmer was taken to a local hospital for testing, there were no observed external injuries at the time of the incident.
Female	FL - Florida Swimming	Meet / Warm-up	In Water	Swimmer dove in and hit bottom of the pool with Left hand, jamming wrist.	jammed left wrist
Female	AZ - Arizona Swimming	Meet / Competition	In Water	In water life guard rescue; lifeguard noticed slow breathing; swimmer was conscience during incident; struggling with breath after rescue; lifeguard rendered aid; paramedics called; left w/ paramedics	Shortness of breath in water during 1600 yd swim event

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	NM - New Mexico Swimming	Practice / Dry-Land	Bleachers	While opening jump rope packages for dry land with his pocket knife at the pool during practice time (the jump ropes were held to paper board with zip ties), one of the zip ties snapped and the head coach received a severe laceration to his left hand and index finger.	Severe laceration to left hand and index finger where the finger attaches to the hand. There are photos if needed.
Female	SN - Sierra Nevada Swimming	Practice / Water	In Water	Swimmer was going from one pool to another, slipped, and her face hit the cement edge of pool. She got a gash on her forehead that required 6 stitches.	Gash on forehead; needed 6 stitched.
Male	ST - South Texas Swimming	Practice / Water	Deck	Slipped on deck while walking quickly. Hit head on deck.	Cut on back of head that required some stitches.
Female	IN - Indiana Swimming	Practice / Water	In Water	While playing a game of sharks and minnows the swimmer was underwater and was hit in the goggle with an arm or a leg.	The goggle was pushed into her eye and her eyelid and around her eye was swelling. There was a small cut between the athletes eye and her nose from the goggle.
Female	IA - Iowa Swimming	Practice / Water	Near Pool/Gym During Dryland	Athlete inhaled some water during practice and then went to dryland and didn't say anything to any coaches where she became dizzy and hard of breathing.	Athlete inhaled some water during practice and then went to dryland and didn't say anything to any coaches where she became dizzy and hard of breathing.
Male	MW - Midwestern Swimming	Meet / Competition	In Water	Did his flip turn to close to the wall and hit his heel on the wall and caught slightly in the gutter	Split heel open and possibly twisted ankle
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	During warmups, as athlete was swimming free on the return leg, an outgoing swimmer smacked athlete's left side of his face/head with an arm. The left side of athlete's face went numb; he had ringing and pain in his left ear, and he lost hearing for a period of time.	pain in ear, dizziness, loss of hearing, swelling of left ear.
Male	SE - Southeastern Swimming	Meet / Competition	Bleachers	Swimmer fell off bleachers and hit his head. Mother brought swimmer to lifeguard office where he provided care.	Possible concussion due to fall from bleachers.
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Was swimming backstroke, turned to wall and face hit wall. Goggles cut face.	Cut under left eye
Female		Meet / Competition	Bleachers	(Spectator) had been in stands for approximately 2 hours. From sitting position passed out and hit head on bleacher behind her. Immediately post event was unable to relate her name and exhibited left handed weakness. Her family called 911 from the stands. Approximately 10 minutes later she walked out of stands with some assistance from her son. EMS arrived. Her vital signs were apparently within normal limits (I did not see the vitals.) She refused to be transported to the hospital. The spectator has a history of strokes in the past. I encouraged her family to have her go to the hospital to no avail. The patient appeared lucid making her decision. The EMS that was called was from the City of Chesterland.	Hit head on bleacher behind her. No physical injury noted. Possible neuro event with fairly rapid resolution of the symptoms.
Female	FL - Florida Swimming	Practice / Water	Deck	Athlete felt severe shoulder pain when pushing herself out of the pool onto the pool deck during practice.	Felt pain in the shoulder while pushing herself out of the pool. Has been bothering her since the injury date.
Male	FG - Florida Gold Coast Swimming	Practice / Water	In Water	Swimmer went under water and swimmers and coach pulled him out. and called lifeguard and EMS. He was unresponsive until they they Opened the airway and gave to breaths. The cleared the airway with chest compresses. He vomited water and fluid and he was conscious and transported to Palms west Hospital.	Breathing stopped. Opened airway and gave breathes and transported to Hospital
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was swimming,climbed and was complaining about feeling light headed/dizzy and could not catch his breath.	Swimmer was feeling dizzy and short of breath.
Male	FL - Florida Swimming	Meet / Competition	Deck	Happened while kneeling for meet lap counting.	On February 23, 2014 official went to Baptist Hospital South in Jacksonville and was diagnosed as having cellulitis.
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	Using a swim rack, pushed off of the wall and it fell onto his head while he was in the water.	Laceration on top off head.
Male	NJ - New Jersey Swimming	Bike Ride	On local street	Athlete fell off of his bike and cut his chin.	Cut

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PV - Potomac Valley Swimming	Meet / Competition	On Blocks	As athlete took her marks on the starting block for the 11-12 50 freestyle race the starter called for swimmers to stand. Athlete lost her balance and fell into the pool hitting her arm on the block.	Left arm soreness and pain, especially at the wrist.
Male	VA - Virginia Swimming	Practice - approaching the pool deck	Locker Room	was walking out of the shower area, slipped and fell	Bump on head and scraped shoulder and side.
Male	CO - Colorado Swimming	Practice / Water	In Water	Athlete was performing back stroke start from shallow end. He arched too much, hitting his back on the pool floor.	Upper back and lower back, including spine in those areas.
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	During Eastern Zones in Webster Aquatic Center NY, a swimmer turned quickly and ran in to coach. She lost balance and her right leg twisted out beneath her. She immediately felt excruciating pain. A fellow coach assisted her in a chair and lifeguards provided ice and elevation.	R knee pain in the lateral portion of the knee. Immediate swelling, pain and lack of ROM.
Female	AZ - Arizona Swimming	Practice / Dry-Land	outside pool area in baseball field	Athlete fell by tripping over another athletes foot during a dry land game.	Athlete scraped her knee and forearm and immediately complained of a sore wrist.
Female	IL - Illinois Swimming	After Practice / doorway	exit door to bleachers	As athlete was walking out the door, a person holding the door open let go. As they let go, their hand moved and scratched athlete in the eye.	corneal abrasion per ER doctor
Female	IA - Iowa Swimming	Practice / Dry-Land	ACTIVITY ROOM	Athlete WAS DOING "BOX JUMPS" AND WHEN SHE CAME DOWN FROM THE BOX, HER RIGHT LOWER LEG CAME DOWN ON THE BOX, CAUSING A SPLIT IN THE SKIN.	LACERATION TO LEG APPROXIMATELY 3 INCHES LONG IN A "V" FORMATION
Male	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Athlete was partaking in dryland exercises with an exercise band and the anchor attachment point which attaches the band to an anchor point failed. Thus releasing from the anchor point and making contact the Athlete's head. Athlete never lost consciousness however he needed 5 staples to close the wound. EMS responded.	Exercise band made contact with the top part of the head near The hair line.
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimmer hooked her heels on the gutter while doing a flip turn.	Deep cut on ankle.
Male	SI - San Diego-Imperial Swimming	Practice / Water	Deck	Upon exiting the pool the swimmer was walking along the bulkhead and fell knee deep in a 6 inch gap between the deck and the bulkhead. The athlete scraped his foot as he fell and twisted his knee/ankle as well. The swimmer was unaware of the existing gap as it is usually safely covered with a metal surround.	As the athlete fell into the gap between the deck and bulkhead he twisted his knee and ankle as he fell knee deep.
Male	PC - Pacific Swimming	Practice / Water	Deck	We were taking off the covers and swimmer's parka got caught in the mechanism.	His arm was twisted.
Female	OR - Oregon Swimming	Practice / Dry-Land	Gym	passed out during dryland	breathing, chest pain, dizzy
Female	MA - Middle Atlantic Swimming	Practice / Water	On Blocks	Fell off of blocks and hit her foot.	Severe ankle sprain and bone bruise
Female	OR - Oregon Swimming	Practice / Water	In Water	doing video work at practice and two kids jumped in at the same time, one landing on the other	neck pain
Female	MD - Maryland Swimming	Meet / Competition	In Water	During Warm up swimmer was resting on the wall and had her hand resting on the pad. As someone pushed off the wall the pad moved and created a cut on her hand in between two of her fingers,	cut on hand in between fingers
Female	OH - Ohio Swimming	Meet / Competition	Bleachers	Fell and caught herself in the bleachers.	torn labrum
Female	FG - Florida Gold Coast Swimming	Practice / Dry-Land	Outside Venue	While on a training run, swimmer tripped and fell	Hand & wrist abrasions and wrist sprain
Male	IL - Illinois Swimming	Practice / Water	Deck	Swimmer struck the top of his head on a starting block while exiting the pool.	Scalp laceration
Male	AZ - Arizona Swimming	Practice / Water	in the gutter of the pool	Swimmer was out of the water getting his fins on and on his way back into the pool, he slipped hitting his chin on the gutter. His chin was sliced open, about the length of a dime. He went to first aide, his mom came to pick him up and took him to urgent care.	Chin split open
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer was in the water getting ready to go under and hit her chin on the gutter, resulting in a split chin and requiring 4 stitches. The incident happened in the Northeast corner of the pool at 5:15 pm	Split chin.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NC - North Carolina Swimming	Practice on deck walking to pool	Deck	Swimmer had a seizure and fell to the deck hitting her head.	After having a seizure swimmer fell landing on her face on the pool deck and scraping her knees.
Male	CA - So. California Swimming	waiting around for his next event to swim	Deck	swimmer said he was sitting on lane line reel. He lost his balance and fell off. landing back on his wrist/hand.	wrist very swollen and misshapen, it did not look natural
Male	AD - Adirondack Swimming	Practice / Water	Locker Room	Took place in the locker room and my son was hit in the mouth by another swimmer and mouth was swollen and teeth were loose.	Swollen lip and loose teeth left side
Female	CA - So. California Swimming	Meet / Warm-up	Deck	Walking on Bulk Head Slipped and fell and foot was caught in space between gutter and pool wall.	Walking on Bulk Head Slipped and fell and foot was caught in space between gutter and pool wall.
Male	VA - Virginia Swimming	Senior Retreat / Team Outting	Beach	Crawling down a sand dune and struck something hard. Looked down and noticed his knee a cut. At that point chaperon decided it was necessary to take him to patient first to have it looked at.	Crawling down a sand dune and struck something hard. Probably a rock under the sand.
Male	NI - Niagara Swimming	Shower after Practice	Locker Room	Athlete slipped and twisted his ankle in shower after practice. Parent drove him home & took him to emergency room for X-rays.	Sprained Right Ankle
Female	CC - Central California Swimming	Meet / Competition	In Water	While warning up swimmers left ring finger was struck by the foot of the swimmer in front of her. She jammed her finger	. She jammed her finger or possibly broke her finger
Male	ST - South Texas Swimming	Practice / Dry-Land	Bleachers	Athlete was climbing bleachers when he missed a step and hit his shin. He immediately stopped and coaches walked him back to the pool for treatment.	Athlete hit his shin on a bleacher and the impact broke the skin open and peeled back some skin from the wound.
Male	MS - Mississippi Swimming	Practice / Water	In Water	Swimmer was in progress of a workout. Swimmer showed seizure-like episode and submerged. Fellow swimmer noticed and first responded. Upon bringing him to pool deck, coach recognized no life functions and administered CPR. Swimmer regained breathing and was tended to by paramedics and transported to local hospital.	Seizure in the water caused no noticeable damage.
Female	FG - Florida Gold Coast Swimming	Practice / Water	water/locker room/deck	allergic reaction, hives (shellfish?)	Allergic reaction, hives
Female	AD - Adirondack Swimming	After practice	Locker Room	Fell in locker room while getting changed after practice	Fell and injured knee
Female	LA - Louisiana Swimming	Practice / Dry-Land	Deck	Missed catch hit in face with medicine ball. During Drills.	Concussion.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Swimmer in male locker room getting stuff out of his locker when he stepped on a nail that punctured the heel of his left foot.	Approx 2in puncture wound to heel of left foot
Male	NC - North Carolina Swimming	Meet / Competition	Bleachers	Slipped on the bleacher just after the end of the session and his left foot slid between two bleachers and he sustained a severe laceration to his foot. tendon was visible, and bleeding was controlled. EMS arrived and observed Dr Hoffman (parent & surgeon) in bandage his left foot. Parents denied EMS transport to hospital and took him to ER immediately.	Sustained deep laceration to left pedal webspace/ lateral 3rd toe. Visible bones and extensor tenon/sheath. No evident fracture and bleeding was controlled.
Female	AM - Allegheny Mtn Swimming	FREE TIME AT HOTEL	HOTEL BATHROOM	SWIMMER IS PART OF THE ALLEGHENY MOUNTAIN ZONE TEAM - WHILE IN THE SHOWER AREA OF HOTEL TAKING AN ICE BATH SWIMMER TURNED HEAD AND CAUGHT RIGHT CHEEK ON THE FAUCET.	APPROX. 1.5" CUT ON RIGHT CHEEK CLOSE TO NOSE AND MOUTH. WHEN CHILD REALIZED SHE WAS CUT SHE LEFT HOTEL ROOM AND WENT TO GET HER MOTHER IN HER ROOM (IN THE SAME HOTEL)
Female	OZ - Ozark Swimming	Practice / Water	Deck	Swimmer was climbing out of the water in lane 4 and was cut in between her toes by a broken tile on the ledge of the pool.	A deep cut in between toes on right foot. Swimmer was given medical attention to stop the bleeding, but no stitches were needed.
Female	PC - Pacific Swimming	Practice / Water	In Water	Doing backstroke, did not pay notice of flags, went to do turn and when rolling to stomach position ran into the wall with her face.	Two gashes from hitting wall. One in middle of forehead and one on bridge of nose.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NJ - New Jersey Swimming	Meet / Competition	Hallway	(Parent) While standing in line for concessions, parent became light-headed, and began sweating. She was removed from line to a back room where she vomited once. She remained dizzy while seated in the back area.	Light-headed, dizzy, sweating, vomited. Rutgers EMT was contacted and provided care on-site. Injured has chronic rheumatoid arthritis...not evident that it is related. As time passed, symptoms seemed to improve. She refused transport to hospital.
Female	AZ - Arizona Swimming	Meet / Competition	Bleachers	(guest) While attempting to exit the bleachers, I slipped and fell. My foot was trapped under the lower step of the bleacher. The result of the fall was a severe ankle sprain and deep contusion on the leg. The bleachers were crowded with both people and swimmer equipment bags. Water from wet swimmers on the metal bleachers caused the bleachers to become slippery. People and chairs in front of and around the bleachers made it difficult to enter and exit the bleachers safely.	severe ankle sprain and deep leg contusion
Female	CA - So. California Swimming	Meet / Warm-up	In Water	While warming up, the swimmer's left ring finger was struck by the foot of the swimmer in front of her	While warming up, the swimmer's left ring finger was struck by the foot of the swimmer in front of her
Female	WI - Wisconsin Swimming	Practice / Water	In Water	(nonmember) Swimmer was getting into the pool at Waukesha West High School and hit her chin on the side of the pool and cut her chin open.	Cut on the bottom of her chin
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Finishing stroke at end of 50 Free, hit wall with fully extended elbow.	Partially dislocates left elbow
Female	FG - Florida Gold Coast Swimming	Practice / Water	In Water	Swimmer was swimming backstroke and hit her head on the wall. She came into the guard room and was given ice by the guard. After a few minutes she began to feel dizzy and vomited. Staff was notified and 911 was called. Parents gave approval for transport to Kendall Regional for further treatment/observation as swimmer became disoriented.	Potential Concussion resulting in vomiting and disorientation
Female	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer was making a turn and felt her shoulder pop. She was unable to continue the race.	Shoulder popped and she was not able to continue.
Female	UT - Utah Swimming	Practice / Water	In Water	Hit her middle finger on her right hand on a lane line while swimming.	middle finger on right hand had swelling above the knuckle and was painful
Male	PC - Pacific Swimming	Practice / Water	In Water	Hit another swimmer while doing backstroke start.	One wound above eye and one below eye.
Male	AZ - Arizona Swimming	Practice / Dry-Land	Outside Venue	During dryland prior to practice on basketball court, athlete ran into a pole on the court and cut below his right eye.	Cut below right eye.
Female	CA - So. California Swimming	Meet / Competition	In Water	Incident - swimmer was entered in 100 m fly, climbed out of pool at 50 m end as she was experiencing difficulty breathing.	Athlete was having difficulty breathing normally, was breathing very quickly, had trouble taking a deep breath and breathing in a normal rhythm.
Female	OK - Oklahoma Swimming	Meet / Competition	Deck	Swimmer slipped stepping onto the athlete seating(bleachers) and hit her shin on the corner of the bench.	Deep gash on the upper portion of her right shin.
Female	PC - Pacific Swimming	Meet / Competition	In Water	at flip turn during freestyle, swimmer hit her ankle/foot on the edge for the flush gutter deck.	at flip turn during freestyle, swimmer hit her ankle/foot on the edge for the flush gutter deck.
Female	IN - Indiana Swimming	walking in parking lot	parking lot at venue	(guest) Was walking in the parking lot, slipped on a patch of ice and fell backwards and hit her head on the ground.	Bump on the back of the head.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Slipped and fell on deck	Fell hard on right hip/leg. Could not stand or put any weight on the right leg. Was assisted into a chair, and later assisted into a vehicle to be taken to the hospital for evaluation.
Male	MA - Middle Atlantic Swimming	Scuba Lesson	In Water	(Guest) became light headed and had shortness of breath during scuba class	Light headedness and shortness of breath

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	AK - Alaska Swimming	Practice / Water	In Water	They had watched the first part of the new IM flip turn that was on the coaches corner and were trying it out during practice.	Subluxation of Shoulder
Female	CA - So. California Swimming	Meet / Competition	INSIDE VENUE	Patient presented with signs indicating respiratory distress, dyspnea. Patient was brought over by lifeguard personnel on staff. Patient waited for oxygen mask, but medical did not have one. Patient opted to return to hotel in team van. Team Chaperone noted patient's difficulty breathing, lethargic appearance and blue/purple discoloration in fingers, toes and limbs and called 911. College Station Fire Paramedics responded. Patient oxygen was monitored, given nebulizer treatment by paramedics and CO2 levels watched. EMT determined patient ok to release after 30-45 minutes of monitoring	Diagnosis-Toxic Exposure - Chlorine Exposure-Chlorine Burn to lungs
Female	OK - Oklahoma Swimming	Practice / Water	In Water	Swimmer's heel hit wall during fill turn. Cut back of heel open	Back of heel cut
Male	NI - Niagara Swimming	Practice / Water	Locker Room	Swimmer stepped up on bench in locker room and slipped which cause shin to hit wooden bench and cut his leg.	large laceration on shin which may require stitches.
Male	CA - So. California Swimming	Meet / Competition	Inside Venue	: Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient was transported back to hotel under supervision of Dr. Stephen Lin.	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	SI - San Diego-Imperial Swimming	Meet / Competition	Deck	Fainting episode. I blacked out on the pool deck twice and was unconscious for 10-20 seconds each time. EMTs were called at which point they determined my vital signs were stable but recommended I go to the hospital via ambulance since I'm 5 months pregnant.	syncope- loss of consciousness
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female		Meet / Competition	Outside Venue	(parent) Slipped on ice pushed car door shut on right thumb	Slammed right thumb in car door, approx. 1" cut on inside of thumb
Female	WI - Wisconsin Swimming	Meet / Competition	Outside Venue	Slipped on ice, twisted ankle, and fell.	Sprained ankle and foot.
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer hit heel of right foot on metal ladder that extend from deck into water at end of lane.	cut on right heel
Female	AM - Allegheny Mtn Swimming	Meet / Competition	Deck	Swimmer reported mid-sternal chest pain that occurred before and during her swim. Reported pain was sharp and withdrew from meet.	Pt complained of mis-sternal chest pain.
Male	MN - Minnesota Swimming	After Practice	Locker Room	Swimmer wrestling with another swimmer, fell against bench and lacerated ear.	Lacerated ear from fall against bench
Male	PC - Pacific Swimming	After practice in the showers	Locker Room	Slipped on locker room floor and hit head against the floor	No noticeable injury - no cut, or bump

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	<p>During practice, swimmer dove into the water in an end lane. A teammate of hers was positioned at the side wall and happened to breaststroke kick outward at the same time, inadvertently kicking the swimmer in the left side of the head. Swimmer surfaced, shouted "Owwwwwww!" and then blacked out face-down in the water. The teammate immediately grabbed her arm and upon noticing that she was limp and unresponsive gave her a bear hug from behind in order to pick her face up out of the water. Coach happened to be standing less than 5 feet away at the time of the incident, and upon seeing the swimmer unresponsive, grabbed both of her wrists and pulled her vertically out of the water and onto the pool deck. Swimmer remained unconscious on her back on the pool deck for approximately 15-20 seconds while coach and teammate called her name and touched her arm and face. After 15-20 seconds, she awoke and reported headache and blurred vision. Vision problems abated after a minute or two, but headache persisted. While swimmer was laying on deck, coach called her father via cell and informed him of the situation. Coach then handed the phone to the athlete and she spoke to her father for a minute. After 4-5 minutes laying down, swimmer was assisted to a sitting position. After a few minutes sitting, she was escorted to the locker room by a teammate and kept watch over while she got dressed. When dressed, she was escorted back to the pool deck and remained seated for the last 20 minutes of practice while she waited for her ride. Swimmer did not perform any more training after the incident and a visit to a hospital/doctor on the evening of the incident was recommended by the coach. No ice was administered because none was available on site. The athlete had suffered a fainting incident earlier in the week (at school, not associated with swimming) and therefore coach deemed extra precautions should be taken.</p>	<p>Athlete sustained an inadvertent kick to the side of the head and blacked out for 20-30 seconds. Symptoms consistent with concussion. Athlete reported no neck pain or any pain exception the head.</p>
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.</p>	<p>Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea</p>
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. Air quality in the natatorium was very humid, hot and medic noticed the chlorine smell was strong and burning his eyes. Patient was brought over by lifeguard personnel on staff. History, allergies, and medications unobtained due to large number of patients present. Patient placed on high flow oxygen via NRB. EMS/FD was notified for possible HAZMAT incident. Additional on scene assist from TAMU EMS and CSFD. Natatorium was evacuated. Patient was released by medic staff and transported by Dr. Stephen Lin back to hotel.</p>	<p>Diagnosis: Toxic Exposure - Chlorine exposure; Dyspnea</p>

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IL - Illinois Swimming	Meet / Competition	Outside Venue	(Guest) The incident involves a spectator at the meet. She allegedly slipped and fell because of snow as she walked to her car upon leaving the meet. We had no knowledge of the fall. She was in pain and later in the day went to a hospital where she was reportedly told she had a broken tail bone and a concussion. She contacted the high school on Monday, March 3rd and said she is seeking coverage of her medical expenses and compensation for missed days at work. The high school sent our club who hosted the meet an email informing us. We have no information beyond her name and the details described here about the accident. I called Pam Lowenthal of Illinois Swimming to determine if the guest was associated with a USA swimmer. No swimmer or parent of swimmer has that last name. We have no further information at this time.	concussion and broken tail bone
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	OH - Ohio Swimming	spectator during meet	Bleachers	(spectator) Woman passed out in bleachers - possible low blood sugar issue.	No apparent injuries from fall. Loss of consciousness was the concern.
Female	IN - Indiana Swimming	Practice / Water	In Water	She was swimming and hit her Left hand on the lane line.	Left 5th finger sprain
Female	FL - Florida Swimming	Practice / Water	In Water	ATHLETE WAS RUNNING INTO THE WATER, TRIPPED AND FELL, CATCHING HERSELF WITH HER ARM.	FELL AND CAUGHT ALL OF HER BODY WEIGHT WITH HER ARM.
Female	FL - Florida Swimming	Meet / Competition	In Water	Left shoulder popped on backstroke start during competition.	Dislocated left shoulder
Female		Meet / Competition	Bleachers	(Guest) NOSE BLEED AT HOTEL B4 ARRIVING AT MEET BUT ABLE TO STOP THE BLEEDING. AT MEET NOSE BEGAN TO BLEED AGAIN WITHOUT CONTACT W/ANY PERSON OR OBJECT. UNABLE TO STOP. TAKEN TO HOSPITAL FOR TREATMENT BY FAMILY.	NOSE BLEED W/OUT CONTACT OR INJURY
Female	CO - Colorado Swimming	Meet / Competition	Deck	(parent) Fell on pool deck...man caught her....says she felt a pop, but cannot move leg. Ice provided by University of Denver lifeguard staff, husband to will transport to Urgent Care after PT staff was consulted.	Upper right leg was injured as she fell on the pool deck.
Male		Practice / Water	Deck	The swimmer was exiting the pool and cut his heel on the raised portion of the deck by the starting blocks.	Slice on heel
Female	SN - Sierra Nevada Swimming	Practice / Water	Deck	Athlete was walking and slipped on wet cement. Landed on elbow.	Landed on elbow on deck.
Male	SN - Sierra Nevada Swimming	Practice / Dry-Land	Grassy area within practice venue	Practice had not started yet and the children were playing on the grassy area inside the aquatic center. Athlete was pushed by a teammate (going for a football) and he broke his fall with his right arm.	Broken arm.
Female	IN - Indiana Swimming	Leaving practice	Outside Venue	The coach was leaving practice and fell on black ice in the parking lot.	right hand was swollen
Female	WY - Wyoming Swimming	Meet / Competition	In Water	Upon entering the water for a race she took a stroke and felt something pop or pull in her left shoulder	Left Shoulder Muscle Strain
Male	WI - Wisconsin Swimming	Meet / Warm Down	In Water	Athlete was entering Warm up/ Cool Down well when he hit his chin on the pool edge	Laceration to his chin. Received 4 stitches in chin
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Muscle / Joint injury while swimming	While swimming butterfly swimmer injured left shoulder
Male	AM - Allegheny Mtn Swimming	Learn To Swim for Daniel's Brother	Deck	Athlete was wearing his tennis shoes and was standing still; he went to the left and fell. He fell and hit his front upper adult tooth.	Class 2 Fracture YO #9 and Subluxation YO #9
Male	MN - Minnesota Swimming	Meet / Competition	Hallway	Slipped and fell, landing on arm/elbow	arm/elbow swollen and painful.
Female	MN - Minnesota Swimming	Meet / Competition	Deck	(volunteer) slipped fell back and hit head	feeling nauseous, lightheaded, headache, feeling unable to stay awake

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NI - Niagara Swimming	Practice / Water	Deck	Swimmer fell onto deck, hit chin and appeared to be having a seizure.	Afterwards swimmer stated she was dizzy and light headed and everything went black. When coach got to her the swimmer asked what happened? Chin was bleeding a bit.
Female	AZ - Arizona Swimming	Practice / Water	In Water	During practice athlete collided head on with another swimmer.	Athlete has been experiencing concussion like symptoms, including headaches and dizziness.
Female	PC - Pacific Swimming	Meet / Competition	Outside Venue	Between events during prelims, swimmer fell and experienced pain in her shoulder and collar bone.	Pain in shoulder and collar bone.
Male	ST - South Texas Swimming	Meet / Competition	In Water	pop elbow out of socket at touch pads	pop elbow out of socket at touch pads
Male	ST - South Texas Swimming	Meet / Competition	Bleachers	walking down steps and slipped .Landed on left side of buttocks, then slide down 2-3 steps hitting left leg and knee	bruised buttocks
Male		Meet / Warm-up	In Water	Cut knee on touchpad	Approximately 5" laceration to knee, part of which required 3 stitches.
Female	AZ - Arizona Swimming	Meet / Competition	Outside Venue	slipped on grass and gashed her head on a electrical stub.	2 inch long cut on side of head (under the hair).
Female	MI Michigan Swimming	Practice / Water	In Water	Hit another swimmer with her hand in the lane	Black and blue finger (bruised)
Female	ST - South Texas Swimming	Practice	Locker Room	Leaving locker room for practice, slipped and fell. Landed on back. Felt tingling down leg.	Felt tingling down leg.
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer was practicing breaststroke and kicked ladder with her right foot.	bruised foot and contusion
Female	NJ - New Jersey Swimming	Practice / Water	Deck	Athlete fell to grown causing a laceration to left side of head. Near lane 1 on deck between bulkhead and locker room. Was wearing flip flops that she wears everyday to practice.	Laceration about 3.5cm long and about 2mm deep on left side of head just above and behind the ear on the parietal bone area. Also a laceration to the left foot was observed to which was no more than 5mm in length and superficial. Laceration of the foot was located on the 5th tarsal area towards the top.
Female	IN - Indiana Swimming	Practice / Water	In Water	She was getting out of the water and scraped her knee on the tile butting up to the gutter.  As swimmer stood up from his seat on the bleachers he slipped or tripped and fell on the deck. I did not see it happen, but turned to see him laying on the deck as he screamed out in pain. I had someone go get ice and checked over him carefully and determined that his major concern was his head. He had hit it on the deck. We were able to locate his parents and told them what happened. They thought he should try to see how he feels after the relay. We applied ice and had him sit still. He decided to do the relay, but quickly got a head ache. His parents then took him to a local urgent care and it was determined that he had a concussion.	Approximately 1 1/2" laceration on right knee.
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Swimmer complained of stomach pain - father suspected appendicitis. An ambulance was called for transport to Beverly Hospital.	Swimmer hit his head on the deck and it was determined that he had a concussion after going to a local urgent care shortly after he fell.
Male	NE - New England Swimming	Meet / Competition	Gym	Swimmer complained of stomach pain - father suspected appendicitis. An ambulance was called for transport to Beverly Hospital.	suspected appendicitis
Male	MT - Montana Swimming	Meet / Competition	Deck	PARTICIPANT WAS STANDING ON BENCHES TALKING TO HIS MOTHER IN THE BALCONY. he LOST CONSCIOUSNESS AND FELL TO THE POOL DECK. HE HIT THE LEFT PART OF HIS HEAD ON THE DECK. HE WAS UNCONSCIOS FOR SEVERAL SECONDS THEN CAME TO. HE ALSO HAS A GOUSE EGG ON HIS HEAD AND A ABRASION ON HIS SHOULDER.	He hit his head on the deck and has a gouse egg on his head. He also hit his shoulder on the deck and has an abrasion on his shoulder.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IL - Illinois Swimming	Meet / Competition	Stairs	(guest) UIC Aquatics Director reported that guest slipped and fell on the stairs near the main entrance. The stairs are located outside of the pool area.	Injuries reportedly included pains in her back and neck. Paramedics applied ice to her neck and transported her to the hospital.
Female	AZ - Arizona Swimming	Practice / Dry-Land	Outside Venue	While playing basketball before practice, athlete fell and hurt her arm.	Athlete fell while playing basketball and hurt her arm.
Female Male	NC - North Carolina Swimming	Meet / Competition before practice	Deck Stairs	Slipped and fell down scaffolding stairs from timing area. Ben got cut by a door plate.	Bruises, hematoma, scrapes sliced part of hand
Male	MI Michigan Swimming	Meet / Competition	In Water	athlete slipped getting out of diving well and chipped left front tooth (broken in half). Child said mouth is sore - ice bag given - mother present - wants to continue meet	chipped tooth getting out of pool
Male	ME - Maine Swimming	Meet / Competition	Hallway	(Spectator) was in hallway talking with swimmer, in crouched position. While standing up, he passed out and fell and hit his head on the floor.	Large swollen nodule on forehead.
Female	OH - Ohio Swimming	Meet / Competition	Deck	During the Friday night session of the GCSTO "Last Ditch Meet," GCSTO swimmer was standing on the swim deck after having completed her event when an iPad fell from the balcony above the swim deck and landed on her head. The iPad then hit her shoulder and shattered on the ground. This event was witnessed by lifeguard. GCSTO coach was the first responder and gave athlete ice for her head.	Direct blow to the top of her head. Showed signs of concussion.
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Injured swimmer was coming into the wall during warm up - and was hit in the nose by a boy doing a backstroke start.	Nose Swollen- Swimmer states her nose hurts and feels "Funny".
Female	AD - Adirondack Swimming	Meet / Competition	ON DECK 25 MIN AFTER SWIM	FELT FAINT, STUBBLED AND SLOWLY FELL TO FLOOR.	FAINTED, SOFT LANDING, ASMATIC SIGNS, HYPERVENTILATING, CHILLS, GOT SHOCKY, HYPOTHERMIC
Female	CO - Colorado Swimming	Meet / Competition	Locker Room	Barefoot swimmer was walking in the locker room and slipped and fell. She hit her head, small cut on the back, coach checked for signs of a concussion and did not see any. Mother took her to the Emergency Room where swimmer received one staple.	Small, deep cut on back of head.
Male	AD - Adirondack Swimming	Meet / Competition	Locker Room	Athletes father approached meet manager requesting a nurse or an EMT to see his son who was reported to have been vomiting and passing bloody stool. Dad was advised that there was no EMT or nurse available and he was advised to speak with a lifeguard and father declined. Father then asked what the nearest hospital was on his way home. He was advised Newport Hospital or Hasbro Hospital. The father stated that he would probably go to Hasbro on the way home.	No witness of visible injury. Statement was given by athletes father. Please see above for statement
Female	OH - Ohio Swimming	Meet / Competition	Deck	During the Friday night session of the GCSTO "Last Ditch Meet," GCSTO swimmer was standing on the swim deck after having completed her event when an iPad fell from the balcony above the swim deck and landed on her head. The iPad then hit her shoulder and shattered on the ground. This event was witnessed by lifeguard. Coach was the first responder and gave swimmer ice for her head. At the end of the meet, the mother told me what happened and we printed off forms for USA and Ohio Swimming. I gave athlete's mother the concussion signs and symptoms papers and also the form that must be filled out and completed by athlete's Doctor, after she is checked out for a concussion. We were very direct in our recommendation that athlete go to Children's Hospital this evening. I then sat with them and filled out the paper form (to copy from later to USA Swimming) of the USA Swimming - Report of Occurrence and the Ohio Swimming Inc, Concussion Report.	possible head, shoulder injury from falling object.
Male	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell thru bleachers while climbing	Bruised Hands, Arms and Hips

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MI Michigan Swimming	Practice / Water	In Water	Athlete was attempting a backstroke flip turn and misjudged distance to the wall, upon attempting the turn she struck her head against the gutter/wall.	Concussion
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimmer left pool to use inhaler for asthma	swimmer was having breathing issues and used inhaler.
Female	AD - Adirondack Swimming	Practice / Dry-Land	Bleachers	During dryland practice caught her heel on the bleachers while doing step ups, causing her to fall backwards onto the pool deck landing on her wrist, and hip	Wrist swollen and discolored, bruised knee
Female	KY - Kentucky Swimming	Meet / Competition	Getting out of water	She hit her foot on backstroke grip.... not covered.	Sliced left foot at base of big toe by inch in diameter
Female	IA - Iowa Swimming	Meet / Competition	In Water	inhaled water during 200 fly	could not breathe, used inhaler
Female	AM - Allegheny Mtn Swimming	Practice / Water	On Blocks	Swimmer went up on blocks and went to sit down. She then fell off the back of the blocks and landed on her head. Swelling around the eye.	Black eye, swelling, small cut on eyebrow
Male	CO - Colorado Swimming	Practice / Water	In Water	The athlete hit the back of his right heel as he did a flip turn; he sliced his heel leaving a 4-5 inch laceration.	The athlete sliced his heel on the wall; the laceration was 4-5 inches long. The laceration was deep enough to require immediate care and stitches.
Male	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer reportedly cut his big toe on the touch pad. First aid was provided by facility lifeguards. Facility called EMS, who transported swimmer to Metropolitan Hospital where he received 2 stitches. Swimmer returned to meet the same morning and competed in 3 events.	Cut on right big toe
Male	SR - Snake River Swimming	Meet / Competition	In Water	Swimmer was competing when his shoulder became injured. He felt like it popped out then popped back in place while swimming his 100 free. Swimmer did not complete the meet. Swimmer had complained of shoulder pain earlier in the month but nothing that resembled this incident.	Swimmer was competing when his shoulder became injured. He felt like it popped out then popped back in place while swimming his 100 free. Swimmer did not complete the meet. Swimmer had complained of shoulder pain earlier in the month but nothing that resembled this incident.
Male	NE - New England Swimming	Meet / Competition	at hotel during team travel	Athlete crushed an unknown quantity of Mucinex tablets into a powder and snorted them through his nose.	No apparent injury occurred.
Female	OR - Oregon Swimming	Practice / Water	In Water	Swimmer blacked out while swimming, upon extrication, immediately became conscious. EMS arrived and took her to the emergency room as mandated by law. She is healthy and in good spirits.	Swimmer blacked out while swimming
Male	SC - South Carolina Swimming	Meet / Competition	Bleachers	Swimmer was climbing down from bleachers to deck, swimmer fell and his leg went through bleachers and swimmer sprained wrist when trying to brace himself. Swimmer went to ER and had xrays and was told it was a sprain.	Sprain
Male	GU - Gulf Swimming	Meet / Competition	Bleachers	Allergy-Peanut. He had the chex-mix with peanut butter. Itchy Throat. Parent hasn't carried allergy medicine and doesn't want to use EMS. Another Parent offered claritin-D. Facility and meet personnel encouraged his mother to take the swimmer to ER. His mother refused and wanted to keep watching his reaction.	Itchy Throat
Male	ST - South Texas Swimming	watching competition	Hallway	(Guest/parent) he felt dizzy and upset after his son complained his severe shoulder pain. He walked into the wall and slumped to the floor unresponsive. The witnesses layed him on the floor and went to get help	No injury.
Male	ST - South Texas Swimming	Meet / Competition	In Water	In his 200IM, his right shoulder got injury. His Coach noticed.	Severe Right Shoulder Pain. EMT came and took him to ER
Female	CC - Central California Swimming	Practice / Water	In Water	(tryout swimmer) Swimmer was stung by a bee while doing an open turn on the wall.	Swimmer was stung by a bee. There was a small bump at the site of the sting. There was a red, swollen area about an inch in circumference around the site of the sting.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PC - Pacific Swimming	Meet / Competition	In Water	Asthma attack	Asthma attack during race, assisted out of pool. Official is also an EMT and monitored heart rate and breathing. Heart rate was 260 BPM on first evaluation after exiting pool
Male	VA - Virginia Swimming	Meet / Warm-up	In Water	Jumped into pool and hurt his foot	Foot began to swell.
Female	GU - Gulf Swimming	Practice / Dry-Land immediately after water practice going to locker room	Deck	Jumping kicks alternate legs landing & Swimmer was walking to the locker room and was going to open the door when it was opened by another swimmer coming out. The door went into the top of her toes causing it to cut open her toe.	Right Ankle sprain & swelling
Female	MS - Mississippi Swimming	Meet / Competition	Locker Room	Hand was kicked by another swimmer during warm-up.	There was a deep cut on the top part of her toes caused by the bottom of the door going into the locker room.
Male	MI Michigan Swimming	Meet / Competition	In Water	The Athlete above swam up the wrong side of the lane and swam head first into the other female athlete.	Left hand fourth finger, unable to bend, and in pain
Male	AZ - Arizona Swimming	Meet / Competition	In Water	While completing the main set, the male athlete mistaking swam up the wrong side of the the lane and both collided head first.	Concussion
Female	AZ - Arizona Swimming	Practice / Water	In Water	I personally did not see the accident. The athlete came up to me crying and informed me that she had been standing on the edge of the pool gutter (the edge closest to the water) and slipped. When the athlete slipped she did a split with her legs before hitting the gutter with her bottom and sliding into the water. As the athlete was talking to me I observed pink water trickling down the athletes leg. At this time I notified my fellow coach of the situation.	Concussion
Female	MS - Mississippi Swimming	Practice / Water	Pool Gutter	Two athletes were working on the bungee chords swimming against each other. They cooled down and had some free time in the pool. Athlete did not complain of hurting or tell me anything was wrong until the next day when she said it started to hurt after she got home. The Pt feels she has torn or hurt her abdominal muscle.	The father of the athlete sent me a text message on the day following the accident informing me that the athlete had been taken to the doctor and had required surgery to repair a vaginal laceration. The father informed me that the athlete would be okay but that she could not be in the pool for 10-14 days.
Female	WY - Wyoming Swimming	Practice / Water	In Water	Swimmer #1 threw Swimmer #2 their mesh bag full of equipment. The equipment bag hit swimmer #2 above his left eye. A one inch gash above his left eye required 4 stitches.	She may have a parcially torn abdominal muscle or badly bused muscle.
Male	MV - Missouri Valley Swimming	After practice on deck	Deck	Another athlete had placed bag on floor - Athlete trip and fell. Athlete put his left arm to out and down to break the fall. Felt sharp pain in the forearm arm - between wrist and elbow	A one inch gash about 1/2 an inch deep above left eyebrow
Male	NJ - New Jersey Swimming	Practice / Water	Locker Room	Getting out of the pool on Nov. 5, lifted herself up and left knee dislocated. Taken to dr. on Nov.12. Did not let coaching staff or facility know the dislocation happened at practice until Dec. 3.	Another athlete had placed bag on floor - Athlete trip and fell. Athlete put his left arm to out and down to break the fall. Felt sharp pain in the forearm arm - between wrist and elbow. Athlete left locker room and returned to pool deck with parent. Incident was not witnessed by coaches
Female	SC - South Carolina Swimming	Practice / Water	Getting out of pool	Heading into the wall, other swimmer pushed off into swimmer's face, and dislocated a capped tooth. (the cap came off). The cap was recovered and a dental appt. was made to re-cap the tooth.	Knee dislocated while climbing out of the pool.
Male		Practice / Water	In Water	SWIMMER WAS PREPARING FOR THE START OF A HEAT AND WHILE STANDING ON THE EDGE OF THE LANE LOST HER BALANCE, TRIED TO CATCH HERSELF, FELL INTO THE POOL BUT ON THE WAY DOWN STRUCK THE EDGE OF THE DECK WITH HER GROIN.	Capped tooth came off when swimmer colided with another.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Swimmer was finishing to the wall and hit his hand on the deck/grate surface.	MOTHER DESCRIBED THE AREA AS SORE AND HAS A LACERATION.
Male	ST - South Texas Swimming	Practice / Water	In Water		Swimmer sliced finger just below the knuckle joint

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer hit his head on the wall doing backstroke.	Swimmer received a cut on the top of his head. It was not apparent on inspection. The cut would not have been easy to see as it was under his hair. Swimmer had several different injuries as a result of her fall. She hit her head, left hip and right knee on the pool deck. She had visible bruising on her left hip and small scratches on her right knee. She also had visible injuries to her left hand including cuts around her thumb and swelling and bruising at the tips of her fingers. Her second knuckle also appeared to be swollen.
Female	NE - New England Swimming	Meet / Competition	Deck	Swimmer was walking very fast around the warm-down pool and slipped and fell on the pool deck as she was coming around a corner of the pool.	Epileptic Seizure
Female	ND - North Dakota Swimming	Meet / Competition	Deck	Swimmer collapsed on Deck with a Convulsive Seizure	The swimmer had an epileptic seizure. When the swimmer seized, she fell and landed on her hands first but also hit her head, hip and knee on the deck. She had a notch above her right eye, a cut on her chin and bruises on her hip and knee, but did not suffer a concussion.
Female	NC - North Carolina Swimming	Meet / Competition	Deck	Swimmer had an epileptic seizure on deck behind the blocks before race. The swimmer fell and landed hands-first on the deck but also hit her head, hip and knee when she fell. The swimmer has had epileptic seizures before and one of her teammates quickly got her mother, who was on deck working at the meet and is knowledgeable about her condition. The swimmer had immediate help from one of the meet officials, who is a doctor, a meet volunteer who is an ER nurse and a facility employee, who immediately put a towel underneath the swimmer's head when the swimmer fell and was seizing. 911 was immediately called and EMS took the swimmer's vital signs, oxygen levels and checked the swimmer for signs of a concussion. The swimmer did not need to be carried off the deck on a stretcher or taken to the hospital. The swimmer's mother and the meet official who is a doctor were able to help the swimmer walk off the deck and the swimmer was able to go home and rest.	
Male	IL - Illinois Swimming	Meet / Competition	Outside Venue	Injured had been talking with Mike Unger in the trailer [NBC TV Trailer]. He left the trailer and slipped on the wet stairs falling forward 3-4 steps landing on outstretched arms hitting face/glasses on steps or pavement. Witness one witnessed the fall. When I arrived on the scene after being found in drug testing area after the competition the patient had already been and was being evaluated by the venue physician, paramedics (ambulance had been called but not arrived) and Team Physio John Cavanaugh, PT, ATC. Pt was alert and denied loss of consciousness. Had non-bleeding lacerations to R face and pain in wrists/hands/elbows. was transported to hospital and I rode in the ambulance and stayed with him.	Laceration to R Face lateral to eye and pain in wrists/hands/elbows.
Female Female	MA - Middle Atlantic Swimming	Meet / Competition playing in hallway	Outside Venue Hallway	(Parent) of a swimmer slipped on ice and fell. (sibling) Patient climbed on table and burnt her hand on hot t-shirt press.	Torn right hamstring. Burn to top of left thumb and first finger. swimmer hit his head on the deck. Parents took him to the doctor and during a followup with the parents, they said he had been diagnosed with a concussion.
Male	VA - Virginia Swimming	Practice / Dry-Land	Deck	Swimmer was standing while resting between wall-sits. Swimmer was barefoot and was standing on the edge of a kickboard when it started to slip. He tried to get it out from under his feet and at that point fell and hit his head on the deck.	
Male	AZ - Arizona Swimming	Soccer game prior to practice	Outside Venue	While playing soccer on the field prior to practice, athlete collided with another player and when they bumped heads, athlete bit his tongue all the way through.	Athlete bit his tongue causing a large cut.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PC - Pacific Swimming	Pacific Coast All Star Trip/Meet	Parking lot at Red Lion Hotel in Olympia	Swimmer was exiting the chartered bus as she was returning from pool to Hotel in Olympia that the Pacific Swimming team was staying at. Swimmer missed the last step out of bus and rolled her ankle when exiting (she was carrying her swim bag in front of her and didn't see the last step.	right ankle swollen, and painful
Female	SD - South Dakota Swimming	Meet / Competition	Deck	Coach slipped when walking on the deck, falling backwards. She likely hit her head but we did not see that. She then got up, walked about 100 feet, passed out falling forward hitting her face on the deck. She was unconscious, but breathing with a pulse for about 5 min. She then woke following commands, but still sleepy. 911 was called and she was taken by ambulance to the hospital for further evaluation	Likely hit her head on the floor on the first fall on her back, then ot up and fell hitting her head on the front.
Male	CA - So. California Swimming	Practice / Water	In Water	A swim paddle was thrown in the air and hit athlete in the head causing a gash on the top of the head.	2 inch gash to head.
Male	GA - Georgia Swimming	Practice / Water	In Water	Head to Head collision with another swimmer which caused severe nose bleed resulting in a trip to Children's to get a neuro exam and xrays to rule out concussion.	Collided with another swimmer during backstroke. Other swimmers head hit athlete causing severe nosebleed.
Male	WI - Wisconsin Swimming	Arriving to practice	Locker Room	Athlete opened the door of the locker room and got his foot stuck in the door.	Toe nail torn almost completely off big toe of right foot.
Male	GU - Gulf Swimming	Meet / Warm-up	In Water	Swimmer had a seizure in the pool during warm-up. Swimmers pulled him out. Life guards and medics treated swimmer. Swimmer was taken to the hospital.	Swimmer had a seizure in the pool during warm-up. Swimmers pulled him out. Life guards and medics treated swimmer. Swimmer was taken to the hospital.
Male	AR - Arkansas Swimming	Meet / Competition	Deck	swimmer developed difficulty breathing during 550 Free. Swimmer finished race, had extreme difficulty breathing/walked with OCCC medical staff to room off deck where breathing improved. Parents Treated with inhaler.	difficulty breathing
Female	GA - Georgia Swimming	Other	Outside Venue	swimmer fainted walking into facility. Was non-responsive 30-40 seconds. Cut knee and lip. Hit head also.	fainted
Male	NE - New England Swimming	Meet / Competition	In Water	swimming 2 per lane boy 800 free, 2 swimmers crashed head first.	swimming 2 per lane boy 800 free, 2 swimmers crashed head first.
Male	NE - New England Swimming	Meet / Competition	In Water	swimming 2 per lane boy 800 free, 2 swimmers crashed head first.	swimming 2 per lane boy 800 free, 2 swimmers crashed head first.
Female	NE - New England Swimming	Meet / Competition	In Water	While swimming 100 fly, swimmer hit pointer and middle left finger against lane line bending fingers backwards.	While swimming 100 fly, swimmer hit pointer and middle left finger against a lane line bending fingers backwards.
Female		Meet walking by a pool	Deck	Tripped over a piece of PVC	Tripped over pvc. Cut toe.
Female	NE - New England Swimming	Meet / Competition	Deck	slip and fall	slip + fall
Female	SD - South Dakota Swimming	Practice / Dry-Land	On Blocks	Swimmer lost balance and fell off block.	Back
Female	SD - South Dakota Swimming	Meet / Competition	Outside Venue	athlete was walking by a tent outside of the pool area and cut knee on pole	small cut
Female	MN - Minnesota Swimming	Meet / Competition	Deck	swimmer clipped touch pad in Lane 5 by blocks	cut on left foot
Male	ND - North Dakota Swimming	Meet / Competition	Locker Room	swimmer stepped on small piece of glass or sharp pebble in boy's bathroom	cut on bottom of foot behind smaller two toes
Male	VA - Virginia Swimming	Meet / Competition	Deck	Laceration to right foot	Laceration to right foot
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Threw up in pool during the middle of 400 IM (after eating pancakes). Pool staff cleaned the pool. The health department was contacted. The meet was delayed approximately 90 minutes before we were cleared to resume the meet.	Threw-up during/after race
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Doubled over with cramps	Doubled over after race with stomach cramps
Female		Meet / Competition	Deck	(Guest) History of heart problem, passed out on deck, taking beta blocker	Passed out

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	IE - Inland Empire Swimming	Meet / Competition	Deck	Possible Heat Stress	possible heat stress
Male	SD - South Dakota Swimming	Meet / Competition	Deck	Swimmer was stepping over a rope when his foot got caught on the rope and he fell on both knees.	Abrasions on both knees
Male	SD - South Dakota Swimming	Meet / Competition	In Water	Swimmer did an in-water start at shallow end for relay. After exiting the pool, he noticed a gash on heel of foot.	Gash on heel of foot
Female	NE - New England Swimming	Meet / Competition	Outside Venue	The above stated swimmer was playing with bubbles with some other children and accidentally got pushed backwards into her chair.	Laceration from the mid to low back
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	scraped Leg Exiting Pool	scraped Leg Below Knee
Female	PC - Pacific Swimming	Meet / Competition	In Water	On start of breaststroke leg of 200 Medley Relay, swimmer dove into pool from starting block and hit head on bottom of pool. Swimmer completed 50 meter breaststroke leg of medley relay. Time of accident about 9 PM.	Left side of forehead and right elbow swelling
Female	CT - Connecticut Swimming	Meet / Competition	Deck	Swimmer twisted her ankle climbing out of the pool, fell and hit her head on the starting block. Did not lose consciousness.	Hit her head. No swelling noted. No bleeding noted.
Male	GU - Gulf Swimming	Meet / Competition	Deck	Slipped on pool deck. Hit hip, shoulder, then head.	Bump on hip and head
Male	UT - Utah Swimming	Meet / Competition	Deck	Athlete was setting up cones to create a deckside walking zone for officials and slipped and fell into the pool. He struck the anterior portion of his right knee on the deck in the fall. He had his cell phone in his pocket at the time of the fall.	Anterior to posterior force to superior aspect of R tibia & inferior aspect of R patella
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Athlete was swimming in controlled meet warm up when another athlete entered the pool feet first and landed on her back. She was in some pain but was able to exit the water. The athlete was brought to a safe area and given a brief examination by facility staff with her mother present.	Another swimmer landed on the swimmers back in controlled warm up.
Male	NE - New England Swimming	Meet / Competition	In Water	During the 1500 free (2 swimmers per lane), both swimmers collided with each other.	Bump on head
Male	NE - New England Swimming	Meet / Competition	In Water	Swimmers collided with each other (2 people per lane) during the 1500 Meters Free.	Bump on head
Female	MV - Missouri Valley Swimming	Meet / Competition	Deck	Swimmer dehydrated on deck	Swimmer fainted from dehydration.
Female	LA - Louisiana Swimming	Meet / Competition	Locker Room	Reached in bag to grab shampoo and razor cut her.	cut right index finger
Female	PC - Pacific Swimming	Meet / Competition	In Water	Struck head on the bottem	Bump on forehead
Male	IN - Indiana Swimming	Practice / Water	Locker Room	(guest) slipped in the locker room and hit his head. Goose egg.	hit head - goose egg
Male	FL - Florida Swimming	Practice / Water	Deck	Removed himself from practice. Asked for water. Drank quite a bit. Coach realized his mouth was a bit swollen and he was scratching at, what appeared to be, hives.	Appeared to be an allergic reaction. Cause unknown.
Male	NT - North Texas Swimming	Practice / Water	In Water	Swimmer was kicked in the face when finishing a 50. Eyelid was cut and said he felt dizzy and head hurt.	Cut eyelids from goggles and feeling dizzy from hit in head.
Female	NM - New Mexico Swimming	Practice / Water	On Blocks	Swimmer was on the blocks talking with another swimmer and lost her balance and fell, scraping her legs on the edge of the blocks and falling into the water.	Scrape on inner right thigh, small scrape on outer left thigh, cuts on outer left ankle
Male	MN - Minnesota Swimming	Practice / Water	In Water	swimmer executing backstroke flip turn and hit goggles on end of water slide	tear of outer layer of skin below left eye, superficial
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer did a "Penguin dive" into the water and hit top of head on the bottom of pool.	Hit very top of head.
Male	ST - South Texas Swimming	Practice / Water	Walking through front door	Athlete opened the front door and caught his toe under the door. He came onto the pool deck and immediately started to provide first aid.	Large cur on side of toe and torn toe nail.
Male	GA - Georgia Swimming	Meet / Warm Down	In Water	While warming down, another swimmer jumped in the same lane and hit swimmer's head. Lifeguard witnessed it and got him out of the water and immediately applied ice to the swimmer's head. The swimmer was fine and resumed swimming later in the meet according to his coach.	Another swimmer jumped in and landed on this swimmer's head. After some icing by the lifeguard, the swimmer was fine.
Female	AZ - Arizona Swimming	Meet / Warm Down	Deck	bee sting	Bee Sting Right Hand
Female	AZ - Arizona Swimming	Practice / Water	On Blocks	Swimmer fell off the blocks tonight and landed on her back on the cool deck.	Swimmer fell off the blocks tonight and landed on her back on the cool deck.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IN - Indiana Swimming	Meet / Competition	Deck	Swimmer lost consciousness fell forward face first onto pool deck. Nose and upper lip were badly bruised.	Bruised upper lip and nose.
Female		Meet / Warm-up	Deck	(guest) Individual stepped on gutter cover and broke through	Minor scrapes/small cuts/slight bruising
Female	PC - Pacific Swimming	Meet / Warm-up	while sliding into pool by 3-point entry	swimmer hit her right elbow very hard while sliding in fro sitting position.	Hit "FunnyBone" very badly. Could not move pinky
Male		Practice / Water	In Water	The athlete entered the pool and bumped his head.	The swimmer was diagnosed with a concussion.
Male	AZ - Arizona Swimming	Meet / Warm-up	In Water	Fell in pool, scraped right hand palm	Scrape on right hand
Female	IA - Iowa Swimming	Practice / Dry-Land	Outside Venue	Athlete was hit in the face/right eye w/kick ball while running the bases.	Swollen eye and blurred vision
Male	OH - Ohio Swimming	Meet / Competition	Hallway	Slipped in hallway and foot slid under door	Right Big Toe was cut
Male	AM - Allegheny Mtn Swimming	Practice / Water	In Water	Couldn't see backstroke flags, so finished his lap, bumping head on the wall.	Banged head on wall on backstroke finish
Female	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer was climbing out of pool. her right foot slipped inside the gutter and the grate sliced her big toe.	Her big toe on her right foot is sliced on the bottom.
Female	UT - Utah Swimming	Practice / Water	In Water	Hit her head on the wall while doing a flip turn at practice	Goose bump on the head
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	She swam her race and upon exiting the pool noticed her foot was bleeding	Cut on top of left foot
Female	LE - Lake Erie Swimming	Practice / Water	In Water	Playing a game. Athlete got accidentally hit in the eye by another swimmer.	eye became swollen and some bleeding where goggle broke the skin.
Female	WI - Wisconsin Swimming	Team Activity	Outside Venue	Playing Laser Tag on team travel trip athlete sprained her ankle	Sprain
Female	IL - Illinois Swimming	Practice/ walking in the locker room	Locker Room	While walking in the locker room after using the bathroom, swimmer slipped and fell backward landing on her lower back and hitting the back of the head on the deck. There were no witnesses in the locker room at the time.	Redness only, she was able to walk on her own.
Male	NE - New England Swimming	Practice / Water	In Water	Another boy drifted into the middle of the lane. Jonathan pushed off the wall and they collided	head injury
Female	MA - Middle Atlantic Swimming	Meet / Competition	near entrance to venue	Athlete was stung by an insect in the right eye (possibly in eyelid above eye)	athlete described being stung by a bee or other flying insect, in or around her right eye
Female	MI Michigan Swimming	Meet / Warm-up	In Water	A swimmer who was warming up in warm/down pool hit injured swimmer in the water with her hand.	Nose was swollen and bleeding. Facility staff stopped bleeding and applied ice to swollen area.
Female	VA - Virginia Swimming	Meet / Competition	In Water	left thigh cramps at end of race	acute muscle ache in medial aspect of left upper thigh, at end of race
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	left anterioro thigh abrasion during the warmup, most likely due to scraping of thigh on protruding rock in the water	abrasion of left anterior thigh ,during warmup. Minimal bleeding. Cleansed with alcohol, left open to air.
Female	SE - Southeastern Swimming	Meet / Competition	Stairs	fall	sore ankle foot
Female	VA - Virginia Swimming	Meet / Competition	In Water	Miscalculated finish and hit pad with head during event.	Hit head at finish on the touch pad, now headachy.
Male	PC - Pacific Swimming	WZ Diversity Camp	In Water	The swimmer dove head first into the aquatic area on the beach and hit his head. He came out fine, but is experiencing soreness on his neck.	Soreness in the neck area
Female	AR - Arkansas Swimming	Meet / Competition	Deck	Slipped and fell walking behind blocks. Tried to catch herself and cut her hand.	Cut on right hand

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MV - Missouri Valley Swimming	Meet / Competition	Deck	At the completion of her event (100 freestyle), the swimmer was exiting the pool. She pulled herself up to the gutter, resting on her left knee. She felt a pinch across the bottom of her left knee. When she stood up, she noticed she had a cut across the front of her leg just below the knee. The swimmer and her mom approached an official who alerted the meet director. Meet director invited the mom and swimmer into the first aide station in the office where the meet director provided mom with sterile wipes, alcohol swabs and band aids to dress the wound. The wound had stopped bleeding and was bandaged prior to the swimmer returning to the pool area.	Straight shallow cut approximately 3 1/2 inches long and 3 inches below the knee on the left leg.
Male	NC - North Carolina Swimming	Meet / Competition	Bleachers	Leaning on bleachers at window; hand slipped when bracing against window & head hit window support	Lump on head
Male	GA - Georgia Swimming	Practice / Water	Deck	Let go of rope on rope climb and landed incorrectly	Sprained left ankle
Male	FL - Florida Swimming	Practice / Water	On Blocks	Swimmer was exiting the pool via the starting block. The wing of the block moved causing the swimmer to slip and scratch his chest and elbow on the non-slip surface of the block.	Swimmer's chest and elbow were scratched.
Male	WI - Wisconsin Swimming	Practice / Dry-Land	Bleachers	The athlete came down a short staircase, ran around the corner and slipped on some loose gravel and bumped his elbow. He stopped, sat down and waited for us to reach him. He didn't cry, or hold his arm funny. There was no bruising, swelling or limited ROM. He said it hurt at first, but then didn't hurt much at all.	The bony part of the athlete's elbow was initially sore after bumping it.
Female	CA - So. California Swimming	Practice / Water	In Water	While swimming backstroke, head was tilted further back in water, tilted towards back. A swimmer in front of athlete made contact to athlete's head with her foot. Athlete stopped immediately informing coach she had been kicked in the head	Top of head, above hairline. Pain level of 6 @ time of injury. Headache following incident. Pain Level of 4 for headache
Female	NE - New England Swimming	Practice / Water	In Water	During a set a swimmer who had gotten out went to jump back into his practice lane. Athlete was swimming backstroke and crossed over in front of the swimmer to make her turn as the swimmer was jumping into the water. The swimmer's knee hit athlete in the top of the head.	Athlete had a bump on her head. She complained about being a little dizzy.
Female	CT - Connecticut Swimming	Meet / Competition	Stairs	Slipped and fell on steps leading from bleachers to the pool while on her way to her first event	bruised arm, back, scrapes on shoulder
Female	UT - Utah Swimming	Meet / Competition	Locker Room	She was changing in the stall when the stall door was swung open and it hit her in the forehead.	Goose egg on the front part of forehead just above her left eye
Female	CA - So. California Swimming	Practice / Water	In Water	Collided with another swimmer. Hitting heads.	No visible injury.
Female	CA - So. California Swimming	Practice / Water	In Water	Collided with another swimmer. Bumped head. Had a bump.	Bump on forehead.
Female	HI - Hawaiian Swimming	Practice / Dry-Land	Outside Venue	Running on field. Collapsed. Another swimmer approached and shook her and regained consciousness. Coach then approached and continued to take pulse and monitor health. Brought into pool and continued to monitor. Mom called and notified of incident.	No injury
Female	NC - North Carolina Swimming	Prior to practice on the deck	Deck	Athlete was walking to get equipment for practice and stepped on a small piece of glass. The source of the glass is unknown. Lifeguards provided treatment by cleaning the wound and removing the small piece of glass with tweezers.	Athlete was walking to get equipment for practice and stepped on a small piece of glass. The source of the glass is unknown. Lifeguards provided treatment by cleaning the wound and removing the small piece of glass with tweezers.
Female	ND - North Dakota Swimming	Meet / Competition	In Water	SWIMMING 100 FLY "POP" IN SHOULDER - INTENSE PAIN-STOP & OUT	Pop in shoulder
Female	SR - Snake River Swimming	Practice / Water	In Water	Jammed wrist at wall while doing 25 backstroke when working on finishes.	Tenderness and swelling of the left wrist. No deformity or open wound.
Male	GA - Georgia Swimming	Meet / Competition	Deck	Swimming an event and couldn't catch his breath during the 100 Butterfly	Swimmer could not catch breath when swimming an event and was gasping for air on the pool deck

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	OK - Oklahoma Swimming	Meet / Competition	In Water	Cut her lip	Lip was cut
Female	VA - Virginia Swimming	Meet / Competition	In Water	swimming believes she hit something in the water, or the pool it self, not really sure. She came up bleeding	cut finger
Female	CA - So. California Swimming	Changing clothes	Locker Room	Knee popped out, and she fell.	Knee popped out, and she fell.
Male	OK - Oklahoma Swimming	Meet / Competition	Bleachers	(sibling) tripped and fell going up bleachers, metal edging scraped R side	cut/scrape on R hip/side
Female	IL - Illinois Swimming	Meet / Competition	In Water	As swimmer was exiting the pool after finishing the event, the swimmer cut the right big toe in 2 locations on the corner of timing touchpad.	Big toe on right foot was cut in 2 locations
Female	MI Michigan Swimming	Practice / Water	In Water	Hit in nose by another swimmer during laps	Bloody nose
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Athlete hit in face during warm up. There was an abrasion in the are of the goggles nose piece and the area surrounding the abrasion was painful.	Abrasion in area of goggle nose piece with pain in surrounding area.
Female	MI Michigan Swimming	Practice / Water	In Water	While entering the water, another swimmer came up and accidentally hit her in the face	Cut under eye
Female	MI Michigan Swimming	Practice / Water	In Water	Kicked in the face by another swimmer while doing laps	Complained that her eye hurt
Female	MI Michigan Swimming	Practice / Water	In Water	While entering water, another swimmer accidentally hit her in the face as that swimmer was coming up	Cut under eye
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Was hit in forehead by another swimmer during warm up.	Athlete was hit in the forehead by another swimmer during warm up
Male	AM - Allegheny Mtn Swimming	Meet / Warm-up	In Water	Hit hand with another swimmer and hand was bent back. Wrist became slightly swollen.	Arm/hand was hit by another swimmer duing darnup
Female	FG - Florida Gold Coast Swimming	Meet / Warm-up	In Water	During warmup pushed off wall (in end lane) and hit ladder with foot	Top of foot swollen and discolored. Difficulty walking/putting weight on it. Pain increasing over time.
Male	SD - South Dakota Swimming	Practice / Water	In Water	Hit nose on wall at finish.	Bloody nose
Male	HI - Hawaiian Swimming	Practice / Water	In Water	Athlete was doing a streamline kick set with fins and he hit his head on the bulkhead. Pool had to be cleared due to the amount of blood, EAP was activated, first aid was administered by Life Guards, after swimmer was assessed by LifeGuards and Coaches, emergency medical attention was not needed. Mother was called and came to the pool immediately. Coaches suggested he follow up with his doctor.	cut his forehead, small cut.
Female	GA - Georgia Swimming	Practice / Water	Field on property	Left ankle sprain while jogging	Sprain to L foot, swelling in the area. Tender to touch on medial and lateral sides of ankle.
Female	ST - South Texas Swimming	Practice / Water	In Water	Dove too deep in 4'0" depth in lane 1 an hit the right side of her forehead on the bottom of the pool.	Dove too deep in 4'0" depth in lane 1 an hit the right side of her forehead on the bottom of the pool.
Male	PV - Potomac Valley Swimming	Meet / Warm Down	In Water	Injured shoulder during cool-down. He was not hit by anyone, nor did he hit anything. His father thought that he muscle got "tight."	Injured shoulder during cool-down. He was not hit by anyone, nor did he hit anything. His father thought that he muscle got "tight."
Female	IL - Illinois Swimming	locker room	Locker Room	When entering the locker room, athlete slipped, hitting her head on the wall, and hitting her knee on the floor.	Bump on the back of the head,bump on the left knee.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Nose bleed	Nose bleed
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was swimming to the wall when another athlete dove in on him. There was a head to head collision. Swimmer was holding front of head (forehead), swam to the wall where he was taken to be looked at by lifeguard staff.	no visible injury; was looked at an monitored by staff for 15 min after the accident. His parents were notified and asked to monitor him at home.
Male	PC - Pacific Swimming	Practice / Water	In Water	swimmer dove into water and hit head to head with another swimmer. Swimmer was holding top; side (left) of head. Swimmer came to side of pool and was taken by coach to be checked out by lifeguard staff.	No visible injury; Swimmer's checked and monitored for 15 min after incident; parents were also asked to monitor at hoime
Male	LA - Louisiana Swimming	Meet / Competition	In Water	Injured his right shoulder when swimming the 400 IM. Both he and the parents verified that this injury was pre-existing & ongoing.	Complained of shoulder pain afrt the event

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	LE - Lake Erie Swimming	Meet / Competition	In Water	Swimmer bumped her head swimming the backstroke.	Bumped her head while swimming backstroke. No swelling was evident, no complaint of nausea or dizziness.
Female	CA - So. California Swimming	Meet / Competition	In Water	While swimmer was swimming the breast stroke, swimmer felt a "pop" in right knee and experienced pain in area.	Felt a "pop" in right knee
Male	VA - Virginia Swimming	Practice / Water	In Water	Left foot laceration when putting up tent outside.. We cleansed incision thoroughly and covered with dry, sterile bandage.	as above. . Foot cleansed , dry dressing , pt. encourage to see PCP for updated on Tetanus
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	crashed head to head with another swimmer in the lane	swam head first into another swimmer
Female		Meet / Competition	On Blocks	Swimmer fell off starting block and fell on her back	Red mark on back. No other injury apparent
Female	MN - Minnesota Swimming	Practice / Water	In Water	Athlete was swimming a relay at the end of practice when her goggles fell off.she kept swimming all out with her eyes closed and swam into the wall. She hit her nose right up against the wall and popped out of the water with a bloody nose.	Bloody nose. Gauze and pressure were applied as well as an ice pack.
Female	NC - North Carolina Swimming	Meet / Competition	Deck	(volunteer) Slipped on deck. Face, nose and hands bruised.	Nose and face bruised. Hand bruised. Teeth hit but do not seem to be broken or loose as she can tell.
Male	MI Michigan Swimming	Practice / Water	In Water	Swimmer pushed in to the lane line by another swimmer	Complained that his head hurt
Male	MI Michigan Swimming	Practice / Water	In Water	Kicked in the eye by another swimmer while being passed	Sore eye
Male	CA - So. California Swimming	Practice / Water	In Water	Collided with another swimmer.	Bump on the back of his head(right side)
Male	CA - So. California Swimming	Practice / Water	In Water	Collided with another swimmer	Abrasion under eye, no bleeding. Black starting to show.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	NE - New England Swimming	Meet / Competition	In Water	After finishing the 10K, athlete felt fatigued and confused as he was catching his breath after the race. No wheezing was noted. He was seated at the finish tent and evaluated by myself and the lifeguard staff. He responded to questions appropriately the entire time. He had one brief episode of dysconjugate gaze that lasted 1 second. Vital signs were checked at 3 to 5 minute intervals throughout his resuscitation and noted to be stable. He was layer down on a blanket with his legs elevated on a chair and supplemental oxygen was delivered. He was mentating well the entire time and answered very specific questions appropriately and without delay. He stated that he rarely used his inhaler and was not short of breath but rather was tired, mildly nauseated and had a headache. His systolic blood pressure measurements upon serial exams every 3 to 5 minutes were 107, 112 and 110 and his heart rate was 120 initially, then 105, then 100 then ~80 upon serial exams. After about 15minutes of resuscitation with gatorade, water, rest and oxygen, he sat up and then was able to walk up the beach to his bag. he continued to hydrate, he ate and continued to respond to questions appropriately and was conversant. His confusion, headache and nausea resolved. I remained with him for the next hour and he remained the same stable condition.	After finishing the 10K, athlete felt fatigued and confused as he was catching his breath after the race. No wheezing was noted. He was seated at the finish tent and evaluated by myself and the lifeguard staff. He responded to questions appropriately the entire time. He had one brief episode of dysconjugate gaze that lasted 1 second. Vital signs were checked at 3 to 5 minute intervals throughout his resuscitation and noted to be stable. He was layer down on a blanket with his legs elevated on a chair and supplemental oxygen was delivered. He was mentating well the entire time and answered very specific questions appropriately and without delay. He stated that he rarely used his inhaler and was not short of breath but rather was tired, mildly nauseated and had a headache. His systolic blood pressure measurements upon serial exams every 3 to 5 minutes were 107, 112 and 110 and his heart rate was 120 initially, then 105, then 100 then ~80 upon serial exams. After about 15minutes of resuscitation with gatorade, water, rest and oxygen, he sat up and then was able to walk up the beach to his bag. he continued to hydrate, he ate and continued to respond to questions appropriately and was conversant. His confusion, headache and nausea resolved. I remained with him for the next hour and he remained the same stable condition.
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped getting out of pool and hit knee against wall	Hit knee on wall
Male	NC - North Carolina Swimming	Meet / Warm-up	In Water	Toe got stuck on broken grate and ripped off toenail	Ripped off toenail
Male	IL - Illinois Swimming	Practice / Water	Locker Room	Was informed that he slipped near the shower area and hit his head on the ground.	Swelling on the back of head
Female	ME - Maine Swimming	Meet / Competition	On Blocks	Swimmer slipped climbing up blocks and scraped the front of her shin from knee to ankle.	scraped shin from knee to ankle
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Swimmer was swimming in backstroke in the middle of the lane and then another swimmer did a start off the wall and then they hit heads	Possible mild concussion and chipped tooth
Male	IN - Indiana Swimming	Practice / Water	Deck	A swimming hand paddle was thrown by another swimmer into the equipment room on the outdoor pool deck. The swimmer injured was hit with the paddle in the head.	Scrape on the back on the head that was bleeding.
Female	FL - Florida Swimming	Meet / Competition	On Blocks	Athlete stepped backwards off the block on the start and cut her foot on the metal step of the block.	cut on the bottom of her foot
Male	FL - Florida Swimming	Meet / Competition	In Water	He choked during his swim, stopped and hung on the lane line trying to catch his breath. The lifeguard jumped in and pulled him out of the pool. His mother was there to help him.	Athlete choked and just needed help to get out of the pool and recover.
Female	CA - So. California Swimming	Meet / Warm Down	In Water	Was kicked in the water in the warm/cool down lane	Swelling to joint and inability to bend
Female	IA - Iowa Swimming	Spectator at a swim meet	Stairs	(parent) Coming down stairs from spectator area and slipped in water at bottom of stairs. Landed very hard on left knee and left foot.	Left knee is bused and soar.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	SE - Southeastern Swimming	Meet / Competition	Deck	(volunteer) Was walking down steps from timing platform and fell backwards at foot of steps. Took hard fall onto deck along brick. Shoulder and foot hurt.	bruised shoulder and foot
Female	CA - So. California Swimming	Meet / Warm-up	In Water	During backstroke warm-up hyper extended left arm and injured elbow.	Swollen and stiff elbow. Ice given.
Male	CA - So. California Swimming	Meet / Competition	Snack Bar Area	Sandal got caught on ledge causing him to scrape left and right shins.	Scraped left and right shins; Abrasions on left torso; Cut on top of left foot.
Female	IL - Illinois Swimming	Meet / Competition	In Water	Jammed left middle finger into wall at finish of race. Slight redness and swelling noted, ice applied.	Same as above-Spoke to mother and recommended xray of finger if pain and swelling persists.
Female	IL - Illinois Swimming	Meet / Competition	In Water	On turn during event, felt something "pop" in the left rib area. Ice applied, slight swelling noted.	same as above-Applied ice and recommended to parent if pain persists, take to doctor.
Male	VA - Virginia Swimming	Meet / Competition	Deck	Swimmer hit his right foot on a metal square covering on the pool deck.	Swimmer hit his right foot on a metal square covering on the pool deck. The athlete's foot was cut open. Lifeguard administered gauze and tape to the injury.
Male	CA - So. California Swimming	Meet / Competition	In Water	During 100 free event, swimmer felt a pull in right tricep. Finished race, cooled down, felt discomfort and applied ice.	Tricep strain
Female	GU - Gulf Swimming	Meet / Competition	Locker Room	slipped in locker room and hit head.	small gash on right side of head
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Slipped on back	Hit head
Female	IL - Illinois Swimming	Meet / Competition	Deck	Sharp Object cut left big toe. Spontaneous nose bleed.	same as above
Male		Meet / Competition	Deck	dancing on deck and slipped. He fell on his left hand and hurt left pinkie finger. Was warned by safety director to stop dancing on deck less than 5 minutes prior to incident.	mild sprain of left little finger
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was swimming backstroke and bumped into another swimmer in the water and said that his head hurt after that.	Swimmer bumped into another swimmer and hit his head on the other swimmers arm. (seems to be doing fine. Got ice and sat on side of pool)
Female	MI Michigan Swimming	Meet / Warm Down	In Water	Injured swimmer was struck in the face by another passing swimmer during warm down. Swimmer's goggle caused a laceration under the eye with bleeding.	laceration under the eye.
Female		child was playing during the swim meet	Outside Venue	(Guest) child reports she was outside skipping on the stairs. fell down and skinned her left knee and left foot top. patients mother danielle present during the accident. and brought her inside to have her wounds cleansed and bandaids applied	abrasion to left knee and top of left foot
Female	AR - Arkansas Swimming	Meet / Competition	Deck	Athlete was walking to blocks for the 400 FR and caught her toe in an unfilled/unsealed crack on deck.	Skin peeled off of top of big toe and bled heavily
Female	NT - North Texas Swimming	Practice / Water	In Water	Injured athlete was under water when another athlete jumped into the water. Athlete hit injured athlete with foot. Leaving a swollen bump on forehead.	Swollen bump on forehead
Female	IL - Illinois Swimming	Practice / Water	In Water	Was knocked into by another swimmers swimming backstroke with her arm stretched out and seriously injured her shoulder and upper back.	Extreme pain in the back of her shoulder. Painful to breath and move.
Female	OR - Oregon Swimming	Practice / Water	In Water	hit wall with arm fully extended	Hyperextension of right elbow
Female	CA - So. California Swimming	Practice / Dry-Land	Fontana Aquatics Park	After running on the grass, the swimmer felt light-headed and short of breath. The swimmer also appeared faint.	No physical injuries were observed. The swimmer was short of breath, felt dizzy and light-headed.
Male	PC - Pacific Swimming	Practice / Water	In Water	Child got hit in the eye from another swimmer was doing streamline.	Hit on face near eye
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was doing backstroke and ran into the back of another swimmer when he was pushing off the wall.	Swimmer has a slight bump on the back left side of his head.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	she was walking up the hill to the soccer fields and her foot hit a hole and it twisted	twisted right ankle.
Male	LE - Lake Erie Swimming	Practice / Water	In Water	pushed off of wall during set, knee cap became dislocated.	knee cap became dislocated

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	WI - Wisconsin Swimming	Practice / Dry-Land	Deck	Today after stretching everyone was told to get a kick board. Athlete fell on her way to get a board. She fell on her wrist and butt. We had her sit down and gave her an ice pack to hold on her wrist. Athlete called her mom to come and pick her up. Her dad picked her up and explain to him what happened. Coach P and Coach A saw her fall on the deck.	Said that her wrist hurt
Female	OH - Ohio Swimming	Meet / Competition	Hallway	(Guest) 1.5 year old toddler tripped and fell into the hallway wall, and bruised and bumped her head. Medics were called and administered assistance. Meet staff provided 1st aid / icepack until medics arrived (2-3 minutes later)	bump on forehead with bruising
Female	MD - Maryland Swimming	Meet / Competition	Stairs	(Parent) tripped and fell climbing up the stairs to get to the spectator area. Accident occurred very early, before warm ups. Husband was very annoyed, refused care and refused to cooperate with the information to fill out form. The info that we did get, we got from the daughter who was participating in the meet.	Very large cuts and bruises on both lower legs (from knee's down)
Female	MD - Maryland Swimming	Meet / Competition	Deck	Spectator's computer fell out of seating area on to swimmer's arm. A parent/doctor examined swimmer	Very large laceration to her forearm. A doctor, who was volunteering as a timer, examined athlete No stitches were necessary.
Female	MD - Maryland Swimming	Meet / Competition	Locker Room	Slipped in locker room, hit head on floor	Headache
Female	VA - Virginia Swimming	Practice / Dry-Land	In Water	As swimmer was swimming into the wall another swimmer dove in and clipped the back of her head with her foot.	She has a lump on her head.
Male		Not during practice	Deck	Swimmer pushed into pool by another swimmer and hit his head as he fell in.	Goose egg on head
Female	HI - Hawaiian Swimming	Meet / Competition	In Water	The swimmer exacerbated an old right shoulder biceps tendonitis in the course of the meet competition and warm-up sessions.	Exacerbation of old right shoulder biceps tendonitis
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer kicked in the face during breaststroke	Sore face
Female	MI Michigan Swimming	Meet / Warm-up	In Water	During Warm up, Swimmer's head made contact with another swimmer. Other Swimmer wasn't injured.	Forehead was struck. No visible injury, Swimmer graded her headache as a 7 out of 10. She also stated she has a history of concussions.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	MV - Missouri Valley Swimming	Meet / Competition	In Water	BOY RAN INTO WALL WITH HEAD AT THE FINISH OF HIS RELAY LEG. A KANSAS CERTIFIED EMT ATTENDED TO THE BOY. EMT COULD SEE SWELLING, REDNESS AND A SMALL AREA OF BRUISING ON THE CENTER OF THE BOY'S FOREHEAD. NO BROKEN SKIN OR BLOOD WAS VISIBLE ON THE BOY. EMT ASKED THE BOY IF HE HAD A HEADACHE AND HE STATED HE DID. ICE WAS FURNISHED BY THE WICHITA SWIM CLUB (WSC) AND APPLIED AS SOON AS HE EXITED THE WATER. THE BOY'S FATHER IS A PEDIATRICIAN AND WALKED UP AFTER APPROXIMATELY 2 MINUTES, THE BOY HAD BEEN SITTING ON THE BLEACHERS WITH HIS MOTHER. EMT DISCUSSED WITH THE FATHER ABOUT TYLENOL AND WATCHING FOR A POSSIBLE CONCUSSION. THE FATHER STATED THIS HAS HAPPENED DURING PRACTICE AT WSC AND IT OCCURRED DUE TO HIS SON'S GOGGLES FALLING OFF AND THEM BEING OF DARK TINT. THE FATHER STATED THE WSC SHOULD IMPLEMENT A POLICY STATING THAT NO DARK OR COLORED GOGGLES SHOULD BE WORN INSIDE. THE BOY STATED THE GOGGLES HAD FALLEN OFF DURING THE SWIM CAUSING HIM NOT TO SEE THE WALL AT THE END OF HIS SWIM. EMT INFORMED THE FATHER THAT THE STARTING BLOCK, A STORE LOCATED INSIDE THE WSC, SOLD CLEAR GOGGLES AND ALSO A BUNGEE CORD STRAP THAT SECURED THE GOGGLES IN PLACE. EMT EXPLAINED THE COST WAS MINIMAL ON THESE ITEMS AND IF IT HELPED PREVENT THIS INJURY IT WAS WELL WORTH THE EXPENSE. THE FATHER REITERATED THAT THE WSC SHOULD HAVE A POLICY IN PLACE ABOUT DARK OR TINTED GOGGLES BEING USED INDOORS. THE BOY WAS RELEASED INTO CARE OF PARENTS	GOOSE EGG ON FOREHEAD
Male	MN - Minnesota Swimming	Meet / Competition	Gym	Athlete was running and slipped on water at the entrance of the gym and hallway. He struck his left elbow on the floor. He was assessed by RN/Safety Officer.	Bruising
Female	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell off bleachers onto the concrete and hit the side of their head	side of head
Male	PV - Potomac Valley Swimming	Meet / Warm-up	Deck	Athlete scrapped his foot on grates walking into the instructional pool	scrapped foot
Female	MI Michigan Swimming	Meet / Warm Down	In Water	Another Swimmer jumped from block onto swimmer injuring her right shoulder	Injured shoulder
Female	NC - North Carolina Swimming	Practice / Water	In Water	Two swimmers hit hands during recovery on a free style set.	left pointer finger and thumb
Female	AZ - Arizona Swimming	Practice / Dry-Land	Deck	Athlete claims her toe was slammed in the gate. She had an open wound that was treated with alcohol and a bandage.	There was an open wound on her left toe. She also complained about pain while walking and when I applied pressure on or near the injury.
Female	OR - Oregon Swimming	Meet / Competition	Deck	Swimmer had an asthma attack at finish of race.	Asthma attack.
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	At end of first lap of 3K race, another swimmer accidentally hit this child in left eye She was taken to first aid station site and and was under observati op	at end of first lap, another swimmer accidentally hit the child in the left eye. At the end of the race, she had erythema around the back as well as neck She had no airway difficulty
Female	VA - Virginia Swimming	Meet / Competition	In Water	Child complained of right shoulder pain after swimming 500 meters and requested to stop the race..No crepitus. intactneurovascular function of right forearm hid.	Painful shoulder that became worse during the swim and f resulted in the child requesting to abort the race .
Male	MI Michigan Swimming	Practice / Water	In Water	Swimmer informed coach that he had been kicked in the head by other swimmer wearing fins.	Swimmer stated he was kicked in head, continued holding Right Ear after accident.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NC - North Carolina Swimming	Practice / Water	In Water	We were practicing in the water doing some Open Water practice for our upcoming LSC open water championship when Carson was accidentally kicked in the face while approaching a bouy.	Kicked in the face that caused some redness to the face. Carson later went to the Doctor and was diagnosed with a minor concussion.
Female	NC - North Carolina Swimming	Practice / Water	Bleachers	Swimmer was doing step ups on the bleachers and missed her step and hit her head on the bleacher. Her mother took her home and later took her to the ER for she was complaining of dizziness and nausea. The doctor diagnostic her with a concussion. She is has not been back to practice yet.	Concussion
Female	AZ - Arizona Swimming	Meet / Competition	In Water	Swimmer hit head on wall at end of 50 meter back race	bump on head. Was able to resume competition
Male	CO - Colorado Swimming	Roof Truss Disassembly	Outside Venue	(Parent) injured tip of thumb while working on pool building.	Tip of thumb cut, in front of nail
Female	FL - Florida Swimming	Practice / Dry-Land	dryland room	Tripped doing toe taps to hurdle, braced fall with arm	sore forearm
Female	PC - Pacific Swimming	Meet / Competition	In Water	Swimmers hit head on wall at the finish of the backstroke.	Dizzy, nausea, trouble walking initially
Female	VA - Virginia Swimming	Meet / Competition	In Water	Abrasion on right knee when jumping into water to start the open water race. some bleeding noted, cleaned abrasion and applied bandage.	Right knee abrasion, bleeding, direct pressure and bleeding stopped
Male	CA - So. California Swimming	Meet / Competition	Deck	Started feeling dizzy and short of breath	Dizzy and short of breath
Male	CA - So. California Swimming	Meet / Competition	In Water	Doing 200 Breast and felt pull in knee; currently in physical therapy for tendinitis in his knees.	Pulled knee
Female	CA - So. California Swimming	Meet / Competition	Deck	(Guest) Walking and tripped on slightly raised piece of concrete. Stuck out her hand to break her fall. Sprained and bruised right knee; swelling of wrist. Previous cut on right hand reopened and started bleeding.	Sprained and bruised right knee; swelling of wrist. Previous cut on right hand reopened and started bleeding
Female	PC - Pacific Swimming	Meet / Competition	In Water	dove into the water, apparently scraped lip	swollen upper lip and abrasion , abrasion 1/2 inch by 1/4 inch. left side under nose, appeared superficial, stopped bleeding withing minutes
Male	PC - Pacific Swimming	Meet / Warm-up	In Water	During warm-ups, swimmer dived into pool and hit his forehead.	Bump on the head
Female	SC - South Carolina Swimming	Meet / Competition	On Blocks	Swimmer's toenail caught on back of track start when stepping up onto blocks. Swimmer swam the race and realized upon exiting the pool that her toenail was bleeding and partially torn off.	Nail of middle toe of right foot partially torn off.
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	Rolled her ankle during dryland performing a jumping exercise	Rolled her ankle
Female	MR - Metropolitan Swimming	Practice / Water	In Water	Swimmer got out of the water reporting discomfort in the area of her Achilles tendon. After stretching and resting for 5 minutes, she was administered ice by a coach. After icing, head coach discussed getting back in to continue practice, but athlete reported she still felt discomfort, so she was not allowed to continue. Afterward, she also reported pain in her heel, later stating that she must have hit her heel on the wall during a flip turn immediately before exiting the pool.	Swimmer got out of the water reporting discomfort in the area of her Achilles tendon. After stretching and resting for 5 minutes, she was administered ice by a coach. After icing, head coach discussed getting back in to continue practice, but athlete reported she still felt discomfort, so she was not allowed to continue. Afterward, she also reported pain in her heel, later stating that she must have hit her heel on the wall during a flip turn immediately before exiting the pool.
Male	PN - Pacific Northwest Swimming	Meet / Competition	Hallway	At door, opening the door when another person pushed from the other side, running bottom edge of door into side of foot.	Cut on outside edge of the toe/side of foot
Female	IN - Indiana Swimming	Practice / Water	In Water	Kicked in the eye by another swimmer.	Swollen and bruised around her right eye.
Male	GA - Georgia Swimming	Practice / Water	Outside field	Lateral sprain to L ankle	Lateral ankle sprain to L foot
Female	OH - Ohio Swimming	Practice / Dry-Land	Bleachers	Stubbed baby toe on steps	Stubbed toe - scrapped skin off- lots of bleeding
Female	NT - North Texas Swimming	Practice / Water	In Water	Swimmer dove off the diving block and hit her head on the bottom of the pool.	Bumped head and headache

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MD - Maryland Swimming	Practice / Water	In Water	Swimmer racing toward wall flipped at shallow end and hit head on wall	Swimmer had a headache in back of head
Female	MD - Maryland Swimming	Meet / Competition	In Water	swimmer twisted left ankle	swimmer twisted left ankle
Male	MD - Maryland Swimming	Practice / Water	In Water	Swimmer was climbing out of pool, he fell on the gutter and hurt his knee, there was slight swelling.	swollen Patella
Male	AZ - Arizona Swimming	Practice / Water	In Water	Swimmer hit head on wall during backstroke in warm-up	Head pain due to collision with wall. Swimmer got out of water for remainder of workout.
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Swimmer was swimming backstroke and looked back to check wall and was too close to the wall thus coming into contact with the wall and hitting her nose and forehead.	Slight cut on nose and bump on forehead
Female	MD - Maryland Swimming	Meet / Competition	Locker Room	The swimmer's right finger was slammed in a door while waiting in line for the bathroom.	laceration with swelling
Female		Prior to Practice	Bleachers	She was walking up the bleacher. Her foot slipped and she landed on her side	Pain in her higher right rib cage area. Says it is hard to breathe. Scraped up a little on the outside of her right knee
Male	GU - Gulf Swimming	Practice / Water	In Water	Run into another swimmer head-on	His face was in pain and bit a of a head ache....swimmer had just returned from England that day and was jet lagged.
Male	GU - Gulf Swimming	Practice / Water	In Water	Collided with other swimmer. Knocking heads.	Pain at the crown of his head.
Female		Practice / Water	In Water	Hit nose with knee doing a backstroke start	Doing backstroke start and hit nose.
Male	NT - North Texas Swimming	Practice / Dry-Land	Bleachers	While sitting on the bleachers, he fell off backwards and landed on his back. Other than a red mark on his back where he landed, there were no complaints of injury. He participated in practice after his fall with no issues.	Red mark on his skin where he landed on his back.
Male	VA - Virginia Swimming	Practice / Water	Locker Room	Swimmer slipped on the wet floor in the locker room and hit his head and elbow. He suffered a nearly golf ball sized knot on the back of his head and a superficial wound to the elbow. He indicated he was dizzy and a little confused.	Golf ball sized knot on the back of his head, superficial cut to the elbow.
Male	KY - Kentucky Swimming	Meet / Competition	In Water	Swimmer got out of the pool and noticed that his face was bleeding on his upper right cheek near the side of his face.	Very small puncture that kept reopening and bleeding.
Male	CA - So. California Swimming	Meet / Warm-up	In Water	Swimmer coming the other direction was doing the butterfly and accidentally hit swimmer in the eye with his hand	Right eye has a shiner.
Female	NT - North Texas Swimming	Meet / Competition	In Water	Swimmer was lightheaded and passed out after swimming her event.	lightheaded fainted after an event
Male	NT - North Texas Swimming	Meet / Warm Down	In Water	Swimmer was in the warm down pool and another swimmer swimming the other direction ran into him striking him in the mouth with his head and chipping swimmer's front tooth	chipped front left tooth
Female	NT - North Texas Swimming	Meet / Warm-up	In Water	In the water via the blocks swimmer was told by the coach to dive off the block when there was another swimmer, swimming back to the wall under the block.	Swimmer has a scratch/cut to her nose on the right side. No other noted/visible injury. Shaken up.
Female	NT - North Texas Swimming	Meet / Warm-up	In Water	Swimmer was swimming during warmups and other swimmer waws told to drive and she dove right on top of swimmer	Head injury Swimmer had a headache after the incident She had 1 previous concussion before
Female		Meet / Warm-up	In Water	Contusion to left thumb, hit another swimmer in warm up pool	contusion on left thumb
Male	MI Michigan Swimming	Practice / Water	In Water	Hit head on wall during backstroke	Bumped head
Female	VA - Virginia Swimming	Meet / Competition	In Water	Scraped toe on wall climbing out of pool	Small abrasion on toe
Female	KY - Kentucky Swimming	Meet / Competition	Bleachers/stairwell	Slipped at the top of the stairs in the balcony. She was playing tag and slipped on a small puddle.	slight abrasion and bruise.
Male	OK - Oklahoma Swimming	Meet / Warm-up	In Water	Torqued left shoulder. got hand caught in gutter and continued stroke. Treated w/ ice	Torqued left shoulder
Male	OK - Oklahoma Swimming	Meet / Warm-up	In Water	Pulling himself out of water on the south end of the pool, he sliped and recieved abrasions on left hand from south pool bulhead	2. Small abrasions on left nuckles 1. Small abrasion on left index finger joint

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	IA - Iowa Swimming	Meet / Competition	In Water	slipped getting out of pool and chipped his front tooth on ledge.	chipped front tooth
Female	PC - Pacific Swimming	Practice / Water	In Water	While working on turns, swimmer pushed off the wall in a spot where the tiles are not completely flush with the gutter, thus cutting her big toe on the sharp grout edge.	Patient suffered a soft tissue avulsion injury approx. 1/2 inch in diameter to the underside of her right foot. Once the bleeding was controlled, the wound was cleaned, steri-strips were applied to close the wound & she did not return to practice. She was advised how to care for the wound with a follow-up check by Coach/Paramedic on staff.
Male	KY - Kentucky Swimming	Practice / Water	Deck	Cut foot open on side of pool deck	Cut foot open on deck
Female	IN - Indiana Swimming	Tour after meet	Outside Venue	Elevator stopped...swimmer suffered a separated shoulder being pulled from the car.	Separated Shoulder
Male	LE - Lake Erie Swimming	Practice / Dry-Land	Gym	Hawken Lower/Middle School Gym After calisthenics, started a game of dodgeball at 5:00PM. At 5:05, Athlete and collide with 2nd Athlete* dodged toward each other and collided: back/side of 2nd Athlete's Head with Athletes upper lip/mouth. Athlete immediately cried out in pain. Examination revealed bleeding at gum-line of both front teeth, and a 1/4 gums inch cut in upper gums. *Examined top-rear of 2nd Athlete co-ried with head - no cut, no swelling, no redness. He had no complaints.	Found 1/4 inch cut on gums above top right central incisor, Puffy lower and Upper Lips. Of Athlete *Examined top-rear head of collided Athlete- no cut, no swelling, no redness. He had no complaints.
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Walking on deck, slipped when walking around Lane 6 start end corner, both feet slipped in deck water. Swimmer fell backward and hit her elbow, landed on bottom/back, but didn't hit head	fell on back and right elbow hit ground
Male		Practice / Water	In Water	The athlete bumped the top of his head on the wall while doing a backstroke finish at sprint speed within the last ten minutes of practice	laceration on the front part of the athlete's head, minor bleeding. swimmer reported a "black-out" after hitting the wall. the swimmer had a headache immediately afterwards.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Slipped on deck turning corner from blocks to side (wrapping around to watch toes for backstroke start)	Fell and landed on hand/wrist
Female	UT - Utah Swimming	Practice / Dry-Land	Bleachers	Kids were hopping up the step on one foot for dry land. Athlete's foot slipped and she hit her lower left leg, just below her knee cap. The coaches looked at it and put ice on the injury. It was a little swollen and a red "splotch" where she hit the stair/bleacher.	Left front of leg just below knee cap. Was red and swollen where the leg hit the stair/bleacher
Male	GA - Georgia Swimming	Practice / Dry-Land	Outside Venue	On an organized run around the aquatic facility, tripped over team mates feet and fell down, placing hand on floor to break fall.	Used hand to trap fall, not entirely sure what happened on landing.
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	Kate was jumping and twisted her ankle on landing.	Swelling of ankle
Male	MA - Middle Atlantic Swimming	Practice / Dry-Land	Outside Venue	Lost her footing coming down a hill while doing Dry-land exercises. Rolled her right ankle and could not put weight on it.	Rolled Right Ankle, no discoloration or swelling of the affected area.
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was jumping up and down in the shallow end, got too close to the wall and hit his chin on the side causing him to bite his lip	cut on lower lip
Female	SD - South Dakota Swimming	Practice / Dry-Land	Deck	Athlete was completing a side-shuffle exercise and rolled the right ankle.	A rolled ankle on the right foot. Athlete mentioned a "stretched" feeling on the ankle and lower leg.
Male		Meet / Competition	In Water	Dove into the pool during warm up. Teammate told her, her nose was bleeding. She did not hit the bottom of the pool or anything else.	Bloody Nose
Male	LE - Lake Erie Swimming	Meet / Competition	Deck	Athlete slipped getting out of water, hit side on the gutter.	bruised side
Female	MD - Maryland Swimming	Practice / Water	In Water	Swimmer breathed in Gatorade and had an Allergic reaction. She is fine no epi-pen was needed	Allergic Reaction
Female	MN - Minnesota Swimming	Meet / Warm-up	In Water	In water collision with another swimmer's leg resulting in right hand 4th finger hyper-extension, some pain noticed. Consult with Emergency Room Physician at meet to get x-ray same day and not participate.	Right hand 4th finger

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	NC - North Carolina Swimming	Meet / Competition	In Water	During Warm up another swimmer swimming Butterfly hand hit injured swimmer's goggles with hand resulting in contusion to left eye.	Contusion above and below left eye - Skin not broken Swelling and bruising above and below eye. No visual disturbance, No evidence of concussion.
Female	WI - Wisconsin Swimming	Practice / Water	Deck	Athlete was getting her equipment out of our equipment bins and the lid fell on her head. I kept her out of the water for a few minutes, no blood, no bump. I checked her for signs of a concussion and she seemed fine and felt fine. She returned to practice after a few minutes.	There was no blood or bump on athlete's head. I checked her for signs of a concussion and determined she was ok.
Female	GA - Georgia Swimming	Practice / Dry-Land	Outside Venue	Athlete tripped on another swimmers foot while running. She fell and hit her head on the ground.	No swelling. Athlete complained of a head pain/ache. Athlete was having trouble breathing. He used his inhaler, returned to practice for about 10 minutes but was unable to continue. Athlete was instructed by his coaches to call his Mom and went home
Male	MD - Maryland Swimming	Practice / Water	In Water	Difficulty breathing	Athlete was instructed by his coaches to call his Mom and went home
Female		Before swim practice	Revolving door	Exiting pool area through revolving door as another was entering. Right ankle became trapped between door and wall.	Slight indentation/scratch on right ankle from resulting impact, slightly bruised
Male	IN - Indiana Swimming	Leaving facility after meet	Outside Venue	Fell down a few steps leaving pool. Twisted both knees and ankles.	Twisted both knees, both ankles
Male	IN - Indiana Swimming	Football Stadium Tour after IU Bucceto's Swim Meet	Elevator	Elevator stuck and could not open doors. Police and technician lifted people out of elevator. Athlete banged his knee while being lifted out.	Athlete banged his knee while being lifted out.
Female	CA - So. California Swimming	Meet / Competition	In Water	During flip turn, pushed hard on right ankle.	Possibly dislocated right ankle.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was swimming and a fellow swimmer jumped in the pool and landed on top of her.	Athlete supposedly refused care...? Technically, she is not allowed to do that but that is what the report says.
Female	GA - Georgia Swimming	Meet / Competition	In Water	Swimmer had Asthma attack in water. Lifeguard jumped in to help her out of the pool. Swimmer got her inhaler and after a brief rest was fine.	Asthma attack.
Male	PV - Potomac Valley Swimming	Meet / Competition	Bleachers	Slipped on bleachers, fell and scraped leg	scrape on left knee
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Bloody nose, no known cause	Bloody nose, no known cause
Male	FL - Florida Swimming	Practice / Water	diving into pool	Diving off of blocks - hit head on the bottom of the pool	Goose egg on top of head
Male	IN - Indiana Swimming	Practice / Dry-Land	Deck	Athlete was doing over head Medicine ball throws with a partner. He started to catch the 10 pound ball and it slipped and hit athlete in the forehead.	Goose egg ( swelling) on forehead, localized headache.
Male	IN - Indiana Swimming	Practice / Water	Deck	Athlete high-fived by another teammate and lost footing, slipped into water and hit right shin on the edge of the deck. Slight gash on shin about 1/2 in long.	1/2 in gash on right shin
Male	CA - So. California Swimming	Practice / Water	Deck	Slipped and fell during dives.	Scraped under nose/upper lip.
Female	FL - Florida Swimming	Practice / Water	In Water	Athlete was swimming a practice set with four other children in her lane. She approached a turn swimming backstroke, rolled into the turn, and was inadvertently kicked in the head by another swimmer that was doing breaststroke. She said after the accident that she hadn't realized how close she was to the swimmer as she went into the initiation of the turn.	There were two small cuts, one each directly above and below the left eye, at approx. the position where the top and bottom of the left goggle contacts the skin. Each cut was approx. 1/4 inch in width, with smooth, non-irregular edges. The cuts produced a very small amount of blood initially, but the bleeding subsided within five minutes.
Female	AZ - Arizona Swimming	Meet / Competition	Gutter	Slipped on metal gutter edge, hand jammed on the deck	Hand sore where it hit the deck
Female	CA - So. California Swimming	Practice / Dry-Land	Locker Room	Athlete was walking in the women's locker room another girl was running and bumped into her knocking athlete down. She bumped her knee.	Athlete's knee was red. Ice pack given. Continued with normal practice.
Male	CA - So. California Swimming	Meet / Competition	In Water	While exiting the pool the swimmer caught left big tow on bottom edge of timing pad.	1.5 inch laceration on top of left big toe

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Lane rope attachment was sticking up slightly, even though covered by a small orange cone. Swimmer kicked the attachment.	left middle toe
Male	WI - Wisconsin Swimming	Practice / Dry-Land	In Water	Swimmer was at swim practice and accidentally got kicked in the face. He got a bloody nose and first aid was given (ice). He returned to practice.	Bloody nose
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer was stung by a bee	Left shoulder was stung by a bee
Male	OK - Oklahoma Swimming	Practice / Dry-Land	Gym	Hit on the head with a medicine ball.	Possible concussion
Male	HI - Hawaiian Swimming	Meet / Competition	Outside Venue	Athlete climbed on playground ladder and slipped and hit his neck and chin on the wrung of the ladder as he fell to the ground. He started crying, and another swimmer came to get help. He was checked with no series injuries found. Given ice to put under his chin and was told to rest. Someone was with him until his mother came.	Scrapes and possible bruises to neck and chin area caused by hitting playground ladder wrung while falling.
Male	GA - Georgia Swimming	Practice / Water	In Water	Flip turn - foot got caught in gutter	Foot injury.
Female	MD - Maryland Swimming	Practice / Water	In Water	Swimmer ran into the wall head first while swimming backstroke; no backstroke flags up at time of accident.	Swimmer swam into wall head first and hit her head on the wall. Complained of pain in head and neck.
Female	CA - So. California Swimming	Meet / Competition	Deck	Official tripped over a wire for the lane 8 touch pad and fell on her left elbow. Ice was administered and an accident report filled out with the City of Irvine.	Official fell on top of her left elbow when she tripped over the wire. There was no bruising, just pain.
Male	IA - Iowa Swimming	Practice / Water	Locker Room	Athlete was rounding a corner in the locker room and caught his hand on a towel hook cutting his hand. This incident occurred after practice.	Cut his hand on a towel hook.
Female	PV - Potomac Valley Swimming	Meet / Competition	On Blocks	Athletic sustained a scrape to the left shin diving off the block during competition as she was starting her race	Athletic sustained a scrape to the left shin diving off the block during competition as she was starting her race. There was very minor bleeding, which was controlled by bandage and gauze. This injury occurred during the athlete's final race of the day. Athlete was able to walk out of the guard office and went home with her Mom.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Asthma attack, couldn't breathe. Got out onto deck during swim.	Asthma Attack
Male	CA - So. California Swimming	Meet / Competition	In Water	cut toe on lower left corner of touchpad	cut toe on lower left corner of touchpad
Female	MI Michigan Swimming	Practice / Water	In Water	Nose bleed. Swimmer has history of nose bleeds.	Nose Bleed
Male	MI Michigan Swimming	Meet / Competition	In Water	Injured 3rd& 4th fingers on left hand at the finish of the backstroke.	Injured 3rd& 4th fingers on left hand at the finish of the backstroke.
Female	FL - Florida Swimming	Meet / Competition	Deck	CHILD SLIPPED ON DECK BEHIND BLOCKS	fell on pool deck and wrist hurts
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer bumped her nose on the wall while swimming. She complained of a sore nose after.	Bumped/Bruised Nose
Male	SD - South Dakota Swimming	Practice / Dry-Land	Outside Venue	Athlete was warming up in Dry Land before practice and tripped and fell on some rocks. Sustained abrasion injuries to his knee and elbow.	Abrasions to the elbow and knee.
Male		Practice / Water	Deck	He was running on deck with his fins on and he fell down.	Chipped tooth
Female	VA - Virginia Swimming	Practice / Water	In Water	swam head-on into another swimmer	Nose bleed
Male	FL - Florida Swimming	Practice / Water	In Water	While switching lane lines, athlete pulled the lane line too high and hit his nose with his own fist. His nose then began to bleed. He exited the pool on his own, the NTC Lifeguards assisted him and provided first aid. He was released to his mother.	Nose bleed.
Female	CA - So. California Swimming	Practice / Water	In Water	Got kicked in nose during practice which resulted in a bloody nose.	bloody nose
Female	OR - Oregon Swimming	Practice / Water	In Water	Resting on wall between swims, then felt sudden pain in lower back	Pinching pain in lower back
Female	CA - So. California Swimming	Practice / Water	In Water	The swimmer was swimming the backstroke and hit the left side of her head against the pool wall because the flags were not up yet.	No visible injury noted to the left side of the swimmer's head.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	CA - So. California Swimming	Playing before start of practice	In grass area on the pool deck	Was in the grass area inside the facility and passing around a football with some teammates. At one point two of the boys went for the ball at the same time; athlete being one of them. Athlete ended up falling and then the other boy tripped and landed on athlete's head.	Was hit in the head when the boy landed on him. Head started hurting and he described feeling a little light headed.
Male	IL - Illinois Swimming	Practice / Water	In Water	Swimmer was pushing off the wall, and at the same time another swim team member pushed off the wall. Swimmer was kicked by the other swimmer in the nose.	Swimmer had a bloody nose, and two small scratches located above the upper lip.
Female	MS - Mississippi Swimming	Practice / Water	In Water	Hit hand on ledge of wall finishing	Finger jammed into wall
Female	CA - So. California Swimming	Practice / Dry-Land	Grass area	While doing a dry land drill, swimmer ran into the wall full force, hitting wall with open hands, causing injury to wrist	wrist slightly swollen
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer pushed off the wall, when she came up from her under water pull she collided with another swimmer who was coming into the wall doing backstroke drill. Athlete bumped the other swimmer in the upper middle back. Gave athlete an ice pack for her head	top of head
Male	CA - So. California Swimming	Practice / Water	In Water	Swimmer was practicing backstroke with fins on and swam into the wall hitting his head	bumped head on pool wall
Male	ST - South Texas Swimming	Practice / Water	Deck	Athlete slipped over a splash guards. Fell onto the deck and scraped about a four inch area on his lower ankle. We cleaned it and placed a pad on it. He went home.	About a four inch by four inch scrape on his left ankle.
Female	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	Athlete was running on the sidewalk in front of the school. As running, she stepped off the sidewalk and rolled her ankle.	As running, the athlete stepped off the sidewalk and rolled her left ankle. The ankle did not swell and she was able to put weight on her ankle but it did hurt to walk. Area of pain was the back side of her outer left ankle bone.
Female	SE - Southeastern Swimming	Practice / Dry-Land	Stairs	Walking up stairs to the pool and tripped on stairs. Falling on hand/wrist.	Wrist was swollen and athlete had no feeling in fingers.
Male	MI Michigan Swimming	Practice / Dry-Land	Deck	Swimmer's feet began to hurt during a dryland run. After the run swimmer began to hyperventilate and have an anxiety attack. Swimmer's extremities froze up and swimmer could no longer calm his breathing and communicate.	See description of accident.
Male	MN - Minnesota Swimming	Practice / Water	Deck	Swimmer was standing on a kickboard on edge of pool and fell and hit his head on the deck. Also cut his ear.	Hit his head on the concrete. Also had cut on ear.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Deck	Swimmer was passing a ball with other teammates on the pool deck before practice started. The pool got away from the swimmer. She ran to get the ball, slipped and hit her head. Swimmer got up right away.	When swimmer hit her head she got up and spoke to the coaches about that she felt dizzy and her head hurt where she had hit it. I walked with her down to the athletic trainer at the school. The trainer spoke to her about the incident, checked her level of consciousness and checked where she hit her head. All seemed to check out fine. The swimmer then got dressed and sat in the pool area until she was picked up. Swimmer did not get in the water.
Female	AZ - Arizona Swimming	Practice / Dry-Land	In Water	During a fun squad water polo match at practice, while swimming some fly she swam into the water polo goal during that game.	Minor lump on head and a mild concussion
Male		Meet / Competition	Outside Venue	Contracted a bacterial infection of his intestines while traveling in Mexico for an open water World Cup Event. Required antibiotics, anti-emetics, and anti-diarrheals.	see above info
Female	OK - Oklahoma Swimming	Practice / Water	In Water	She hit her head on the turn wall while swimming freestyle.	She hit her head on the turn wall while swimming freestyle.
Male		Practice / Dry-Land	Outside Venue	Swimmer accidentally got hit in the nose, causing it to bleed.	Bloody nose

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male		Practice / Water	In Water	Was swimming and was complaining about couldn't stop itching, we pulled him out and he was breaking out in hives, we told him to call his parents and go into the shower. We have sitting out of the pool with a towel around him and we are waiting on his parent to pick him up.	Body is red, itchy, and appears like hives.
Male	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	No one actually saw it happen, not even one of his teammates. Athlete said he tripped over his shoe/shoe laces, fell and hit his head.	small laceration to posterior scalp.
Female	PN - Pacific Northwest Swimming	Practice / Water	Deck	Running on pool deck, slipped and cut toe open.	Injured second toe on right foot, loss of toenail.
Male	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer lacerated bottom of foot on ladder.	Laceration
Male	CA - So. California Swimming	Meet / Competition	On Blocks	Started, stepped heat down. Swimmer slipped and fell, hitting his tailbone on concrete	slipped, fell and hit tailbone on concrete; no bruising or broken skin
Male	MD - Maryland Swimming	Meet / Competition	Hallway	Swimmer turned his ankle on the stairs leading to the pool	possible ankle sprain
Male	CO - Colorado Swimming	Practice / Dry-Land	Deck	Swimmer stepped on a kick board after practice was over. He fell backwards and hit his head.	Hit the back of his head on the pool deck
Female	OK - Oklahoma Swimming	Practice / Water	In Water	Hit both heels on the gutter when performing a flip turn	Hit both heels on the gutter when performing a flip turn
Female	SD - South Dakota Swimming	Practice / Water	In Water	Cut top of big toe on the water intake vent.	Small abrasion on top of right big toe joint
Male	MD - Maryland Swimming	Practice / Water	In Water	He swam head to head into another swimmer.	Bump on his head
Male	MA - Middle Atlantic Swimming	Practice / Water	In Water	Swimmer was struck in the nose while swimming in the pool. He did begin to bleed and the coach was able to apply pressure for 15 minutes to get it to stop. Patient remained conscious and able to walk and talk. The parents were notified.	Struck in nose and bled during swim practice.
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	Asthma Attack	As swimmer came off a turn, he had difficulty breathing and was assisted in exiting the pool
Female	LE - Lake Erie Swimming	Practice / Water	On Blocks	Swimmer slipped while getting up onto the starting blocks at practice when the group was practicing starts.	she had a surface scrape of the skin from her ankle to her hip.
Male	PC - Pacific Swimming	Meet / Competition	On Blocks	Dove off block and caught toe on metal plate under block and tore toe-nail almost off (large toe)	large toe-nail almost tore off
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer dove into pool and hit head on bottom of pool. Chipped tooth, bit tongue. Lane 7.	Dove in, head was too far down and swimmer hit head on bottom of pool. Bit tongue, chipped tooth, hurt neck.
Male	CO - Colorado Swimming	Meet / Competition	In Water	Passed out underwater during race	Went unconscious; came to with no apparent injuries
Male	OR - Oregon Swimming	Practice / Water	In Water	Swimmer collided with another swimmer, both swimming backstroke and sustained a head injury upon impact	No visible injury, but was later diagnosed with a concussion
Female	CA - So. California Swimming	Unloading car	Outside Venue	(parent) Son closed Trunk lid on parents head	Son closed Trunk lid on parents head.
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer was swimming behind another swimmer. Swimmer was swimming freestyle and other swimmer breaststroke. Other swimmer accidentally kicked swimmer in the eye. Swimmer said her eye stung and the swelling was around the eye where the goggles had been hit. Coach asked her several times if headache, dizziness of vomiting or if neck hurt. everytime no. she was given ice pack to put over eye and then her mother took her from there.	black eye, some redness and swelling around eye where the goggles had been kicked.
Male	VA - Virginia Swimming	Meet / Warm-up	In Water	Swimmer was kicked in the face by another swimmer during an open warm up, Creating a small laceration on his right eye.	Small laceration to the lower part of the area around the eye.
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Kid fell on top if athlete and his heel hit athlete's collarbone.	Pain at collarbone. Injury unknown.
Male	ST - South Texas Swimming	Practice / Dry-Land	on grass	He was doing dryland exercises, executed the stride jump, landed wrong and rolled his ankle.	Rolled ankle and it swelled up really fast.
Female	SC - South Carolina Swimming	Meet / Competition	Deck	Swimmer hit her knee exiting the pool after her race.	Hit knee on edge of pool

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	SC - South Carolina Swimming	Meet / Competition	Deck	Swimmer complained that his extremities were numb and blue and that he felt dizzy. Swimmer has a history of A-Fib and his heart skips a beat once in a while. He said that this happens sometimes when he exercises. Swimmer was given water and a granola bar to help with his dizziness. Pulse was 120 after race, but 90 after rest. Lifeguards suggested that he pull out of the meet and seek medical attention. He was turned over to his mother.	Description above. Elevated heart rate after swim. Dizziness and numbness in extremities.
Female	OZ - Ozark Swimming	Practice / Water	On Blocks	While Stepping down from the blocks she slipped and her left leg scraped the block on the back of her leg and she hit the top steps of the block on the top of her left thigh	Scrape of back of left leg.. bruise on top of same leg  Left thumb tender to the touch. Pain localized around the inferior end of the metacarpal. Very limited movement of the left thumb with no apparent swelling. Palm of the whole hand was blue (mirrored by right hand) possibly due to cold outside.
Male	PC - Pacific Swimming	Practice / Water	In Water	The Injured Party was swimming freestyle when his thumb was caught and pulled back by a swimmer going in the opposite direction.	Bloody Nose
Male	MI Michigan Swimming	Meet / Competition	In Water	Swimmer was hit in the nose by a swimmer in the same lane while they were passing each other during warm-up/cool-down.	Cut foot on pool light fixture
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was doing a flip turn and cut her foot on the pool light; it had popped loose of its fittings	Pain in her head accompanied by dizziness and a headache
Female	PC - Pacific Swimming	Practice / Water	In Water	Hit head on the wall while doing a flipturn.	Goggles cut the oft tissue under his left eye.
Male		Practice / Water	In Water	Swimmer was doing a flip turn and the swimmer in front of him was pushing off of the wall and his foot (as he was kicking) hit his goggles, cutting his eye.	Cut to the uppermost knuckle on left pinky
Female		Practice / Water	In Water	Swimmer was doing a backstroke start and hit her hand on the lane line.	Finger was bit and scraped the braces of the athlete. Initially athlete was so surprised that she kept timing until another athlete advised her that her finger was bleeding.
Female	ST - South Texas Swimming	Timing at Meet for National Honor Society Hours	Deck	When athlete was timing she had asked an athlete if she could step aside to be able to reach the timing plunger. When the other athlete refused, athlete stepped around her, leaned over and grabbed the plunger when the other athlete bit her ring finger on her right hand which drew blood.	During 100yd Backstroke prelim, swimmers partially separated his right shoulder during normal swimming motion. He was unable to continue the session or remainder of the meet.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	During 100yd Backstroke prelim, swimmers partially separated his right shoulder during normal swimming motion. He was unable to continue the session or remainder of the meet.	Swimmer had a hard time breathing.
Male	CA - So. California Swimming	Meet / Competition	In Water	Swimmer was competing in the 500 freestyle and he got out of the water before he finished. He was having a hard time breathing.	nose bleed and headache
Male	NT - North Texas Swimming	Practice / Dry-Land	Outside Venue	children playing sharks and meanows, ran into each other resulting in injury	scrape - minor bleeding
Male		Meet / Competition	On Blocks	slipped on blocks and scraped lower leg	Severe nose bleed
Female	MR - Metropolitan Swimming	Practice / Water	In Water	Severe nose bleed. Swimmer was swimming backstroke and got kicked in the face by another swimmer. Her nose began to bleed heavily. Coaches applied ice packs, gauze pads and pressure to the nose to stop the bleeding. Bleeding stopped after about 10 minutes	Bump on left side of forehead and small graze on bump.
Male	CC - Central California Swimming	Practice / Water	Bleachers	(sibling/guest) Child was climbing on bleachers unattended by parent on deck. Child fell off bleachers and bumped his head.	Swimmer hit the top of her head on the bulkhead of the pool after doing a pull out and turn at the wall. She complained of a head ache and then was feeling nauseous and had an upset stomach.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was doing one of the drills the group was working on in the pool and swam head first into the wall. She hit the crown of her head after doing a breaststroke pull out from one end of the pool to the other. The group was working on turns.	Nose bleed
Female	MD - Maryland Swimming	Practice / Water	Deck	swimmer bumped into another swimmer and got a nose bleed	

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PV - Potomac Valley Swimming	Practice / Dry-Land	Deck	Slipped on yoga mat, fell and hit back of head on pool deck	Mild concussion
Male	VA - Virginia Swimming	Practice / Water	In Water	Swimmer was swimming on the wrong side of the lane while another swimmer did a backstroke start. Their heads collided, and swimmer was left with a deep cut on his eyebrow.	Deep cut on eyebrow
Female	FG - Florida Gold Coast Swimming	After Practice/ Locker Room , Changing	Locker Room	After practice the girls went to the locker room. An hour later one of the girls came down asking for a bag of ice because her elbow hurt. Child had tears in her eyes. No cuts, bruising or swelling. Child mentioned she thought everything would be ok. Child then left with her mom. When child came back to practice, one week later. Child said elbow was "lightly fractured" there was no cast and child was playing and exercising as normal.	She slipped and fell on her elbow in the locker room. Came down stairs asking for ice. Child had tears in her eyes. No swelling or bruising visible at the time of injury.
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Cut right knee on a pool flood light leaving a laceration aprox 3cm in legnth	Laceration on right knee cap aprox 3cm in legnth
Female	GU - Gulf Swimming	Practice / Water	In Water	Backstroke start from block, other swimmer was underwater behind the block starter	Contusion to upper right forehead after collision with another swimmer. Resulted in a concussion to one swimmer
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer was swimming and scraped his knee at the bottom of the pool	Cut on his knee
Female	OH - Ohio Swimming	Meet / Competition	In Water	Climbing out of north end of west pool near the bulk head. Used ladder and thinks foot was caught in one of the foothold. Scuffed up top of left foot.	Bruise/cut top of left foot
Male	OH - Ohio Swimming	Meet / Warm Down	Deck	Nose began bleeding unexpectedly while waiting between races.	Nose bleed
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete's nose was bleeding when he got out of the pool. He stated that this is normal for him.	Nose Bleed.
Male	NJ - New Jersey Swimming	Meet / Competition	Stairs	Caught large toe on right foot under door when entering the stairway outside of gym.	Athlete caught the large toe on his right foot under the door when leaving the gym. There was bleeding around toenail.
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete was kicked on the left side of her head during warm-up.	Athlete was kicked on the left side of her head during warm-up. After examination by Rutgers staff, it was found that there was no visible injury and no immediate signs of other injury. Athlete did participate in Meet as scheduled. (Her mom is her coach.)
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	During 500 Free, athlete pushed off the wall on turn 5 and felt pain in his left knee.	Pain in left knee.
Female	SR - Snake River Swimming	Meet / Competition	In Water	Torn Labrum. We only discovered that she wasn't racing well at a meet in Park City, UT.	This was a result of an injury prior to this happening. The labrum was partially torn years ago, and slowly deteriorated over time, even with physical therapy work. After her ribs popped out of place, she went through physical therapy to repair the issue, and as a result her labrum tore completely.
Male	PV - Potomac Valley Swimming	Meet / Competition	Deck	slipped on deck and cut left elbow	small cut
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	"swimming and pre-existing shoulder injury and just needed ice" Sara no visible injury / slight pain	swimming and pre-existing shoulder injury and just needed ice" Sara no visible injury / slight pain
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	Cut right foot 1s phalange on lane line, lane 8	Laceration superficial to the 1st digital phalange
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	was swimming freestyle and was kicked and scratched by the swimmer next to him	right shoulder, upper back
Female	MI Michigan Swimming	Practice / Water	In Water	She dove in water and came up with a bloody nose	Bloody nose
Female	MI Michigan Swimming	Practice / Water	In Water	Kicked in the nose and lip by another swimmer while doing her flip turn	Upper lip bleeding and sore nose
Female	MI Michigan Swimming	Practice / Water	In Water	During flip turn, hit wrist on another swimmer and twisted it	Wrist swollen and bruised knuckles

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	AM - Allegheny Mtn Swimming	Meet / Warm-up	In Water	spontaneous nose bleed, no injury.	no injury, spontaneous nose bleed.
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Subject was kicked in the finger during warm-ups by another swimmer.	Finger appeared to be jammed, hurt to move and unable to bend.
Male		Meet / Competition	On Blocks	Right foot caught on rear of block and anterior part of foot.	Bruise
Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was participating and a relay and experienced severe pain in her right shoulder as she was finishing. Injury initially believed to have been the shoulder popping out, but after application of ice, pain subsided and it's believed to have only been a muscle spasm.	Initially believed to be shoulder popped out, but then determined to be a muscle spasm.
Female	PC - Pacific Swimming	Spectator at practice	Bleachers	Fell down a couple of steps and bumped head	bump on head
Male	PC - Pacific Swimming	Practice / Water	In Water	doing backstroke, swimmer miscalculated strokecount and ran into the wall / hit head.	Hit top of head (no bump or visible injury) athlete complained of headache.
Female	ST - South Texas Swimming	Practice / Water	Deck	She was standing on the deck and slipped on the red painted sign on deck, landed on her gluteus(butt) and fell into the pool.	Tail bone hurts but still able to swim
Female	NC - North Carolina Swimming	Practice / Water	Deck	Climbing out of the pool to walk to the other end. As swimmer was rounding the corner, she slipped and flew.	Her lip was bleeding as well as top part of gums.
Female	VA - Virginia Swimming	Meet / Competition	In Water	While executing the first flip turn during a 500 Freestyle, foot slipped on wall causing a twisting of the right knee	Twisted right knee
Male	MD - Maryland Swimming	Practice / Water	Deck	Slipped on pool deck, hurt back and hit his head on the block step	Slipped on pool deck and hit back and head on the block step
Male		Practice / Water	In Water	Kicked in the eye by the swimmer in front of him.	Eyelid was swollen and had a small bruise.
Female	CO - Colorado Swimming	Meet / Competition	In Water	Swimmer reached the end of the 56 lap of the 66 in the 1650 and was unable to continue to swim. The coach helped her out of the pool and to the chairs beside the tank.	The swimmer was unable to complete the event. The athlete was exhausted and after leaving the pool, threw up. Her hands and feet turned blue.
Female	ND - North Dakota Swimming	Meet / Competition	In Water	During swim 200 IM, swimmer felt acute pain coming from right knee or the back of the knee during the breast stroke portion. the swimmer did finish the race and was able to exit the pool.	posterior lateral knee pain in right knee and hamstring area
Male	OK - Oklahoma Swimming	Meet / Competition	In Water	Swimming 50 free, foot went in the bulkhead on his flip turn, he heard a pop and foot went stiff.	Upper ankle and heel hurts, swollen and tender. Hurts slightly to touch.
Male	OK - Oklahoma Swimming	Meet / Competition	Deck	The coach slipped beside the guard stand and landed on his wrist.	Coach said wrist was making a popping noise, but guard looked at and saw he had full range of motion. Coach later came back to the guards because his wrist was swelling and they wrapped it.
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from the medics	Trouble breathing, received oxygen from the medics

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen by medics	Trouble breathing, received oxygen by medics
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Athlete was hit or kicked in the left lower eye socket. the other athlete was not identified.	Swimmer was hit or kicked in the left lower eye socket. Some swelling.
Female	PC - Pacific Swimming	Meet / Competition	Deck	allergic reaction to food (sandwich from Safeway)	allergic reaction to food (sandwich from Safeway)
Male	AD - Adirondack Swimming	Meet / Warm-up	In Water	Struck head on wall in practice pool when doing backstroke.. Complained of slight dizziness and pain at impact point.	Complained of slight dizziness and pain at impact point
Female	NC - North Carolina Swimming	Meet / Competition	In Water	When getting out of pool, she had back pain (8 out of 10 on pain scale), left the water, which started an asthma attack.	Upper back pain causing asthma attack. No known reason for the cause of back pain.
Female	IN - Indiana Swimming	Meet / Competition	Stairs	Coming down the concourse stairs, slipped, fell & hit head.	Negative for concussion symptoms. Trainer advised athlete to return if headache or other symptoms come up.
Female	LE - Lake Erie Swimming	Meet / Competition	In Water	Her knee popped while climbing out of the pool after her race.	Strain or sprain
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Swimmer was kicked during warm - ups and got a bloody nose	bloody nose
Female	LE - Lake Erie Swimming	Meet / Competition	Hallway	She was opening the door to the pool when someone on the other side opened it and they jammed her toe in to the door	Toe jammed/stubbed
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	During warm-ups, swimmer miscounted his strokes into the wall and bumped his head on the wall.	Concussion
Male	AZ - Arizona Swimming	Meet / Competition	In Water	athlete pulled himself out of water during 1650 race because of difficulty breathing	difficulty breathing during and after race; conscience and able to communicate the entire time
Female	MD - Maryland Swimming	setting up concessions	home	(volunteer) individual was loading then moving the coffee carafe into her car when it tipped over spilling hot coffee onto her leg	burn with blistering
Female		Swim Lesson	Locker Room	(non-member) Child slipped on floor and hit head on bench.	Bruise to the head around the right eye.
Male	PV - Potomac Valley Swimming	Practice / Water	Locker Room	Swimmer stepped in glass on floor of locker room.	one cut to right heel area
Male	OK - Oklahoma Swimming	Practice / Water	Locker Room	Tossing a water bottle around with friends. Slipped when going back to get his bag.	Blacked out - hit head /left side left arm and bottom
Female	IN - Indiana Swimming	Practice / Water	Deck	coach slipped and fell on the pool deck while coaching swimmers at practice.	coach slipped and fell on the pool deck while coaching swimmers at practice. I landed on my back and butt hurting my back and my tailbone area.
Female	NC - North Carolina Swimming	Practice / Water	On Blocks	Swimmer punctured skin of foot - noticed injury while stepping onto the blocks. Was able to walk on foot to locker room where care was given.	Small puncture on sole of right foot; piece of debris inside.
Female	NI - Niagara Swimming	Practice / Dry-Land	Deck	All other swimmers were conducting dry land activities (sit-ups) while athlete was making her way out of the pool. She tripped over fellow athlete's upper body. Becoming off balance athlete fell, hit her left knee and upper left portion of her frontal bone, above her eye brow.	Contusion/bruise to Left Knee Contusion/bruise/minor cut on Left side of temple Bruise/Swollen Right wrist
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	WHILE DOING A WALL SQUAT AGAINST THE WALL BEHIND THE BLOCK HE SLIPPED AND HIT HIS HEAD ON THE WALL.	HIT HEAD ON WALL AFTER HE SLIPPED. NO VISIBLE INJURY.
Male	SN - Sierra Nevada Swimming	Practice / Water	In Water	Hitting head into wall when practicing Back stroke.	Hit his head on wall
Male	SR - Snake River Swimming	Practice / Water	In Water	Swimmer jumped in the pool during practice and another boy jumped in on top of him (on the back of swimmer's head)	Swimmer had a head ache and tingly toes. He was given an ice pack.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	SR - Snake River Swimming	Meet / Competition	Bleachers	Athlete was walking down the bleachers at the King County Aquatic Center in Federal Way WA. His flip flop caught on one of the steps and he fell down the bleachers. It is unknown which ankle was effected... Not put in incident report.	Athlete fell down the bleachers after catching his foot on a step. His ankle (it is unknown which one because it was not indicated in the incident report) began to swell and bruise immediately. The lifeguards at the Aquatic Center gave him ice and elevated his leg. One of our team parents, a MD assessed him as well. Said he was fine.
Male	MA - Middle Atlantic Swimming	Practice / Water	In Water	Swimmer cut his right foot on the bottom of the pool.	Laceration on the side of his right foot
Female	CA - So. California Swimming	In between sessions.	Bleachers	(Parent) was walking down stairs and slipped and fell bruised lower back and upper arm, neck, back pain.	Parent bruised lower back and upper arm, neck, back pain.
Female	MT - Montana Swimming	(parent) Time hit in head by swimmer swinging his arms	Deck	Timer at end of warmups just before the meet started. swimmer was swinging his arms and hit her in the head between the eyes with his elbow.	has a head ache.
Female	MI Michigan Swimming	Practice / Water	In Water	Doing backstroke, hit head at end of pool	Headache
Female	MV - Missouri Valley Swimming	Meet / Competition	In Water	Recurring knee cap problems aggravated during competition	Loose patella aggravated by competition
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Athlete bumped in to his brother in the water during warm-ups and athlete's nose started bleeding.	nosebleed.
Male	IE - Inland Empire Swimming	Meet / Competition	In Water	Swimmer jammed wrist into pool edge during race.	Swimmer jammed wrist into pool edge during race.
Female	WI - Wisconsin Swimming	Meet / Warm-up	In Water	Another swimmer pushed off wall while swimmer was coming in for a turn and they ran into each other. Mother claims her nervous condition may be playing a role, as she may be playing this up somewhat.	Head hurts and she seems dazed--or is playing it up (as per mom).
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Hit hands and then head on pool bottom on start in 7 feet of water.	Athlete swam event but now appears quiet (quieter than normal) and dazed.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of pool, athlete scraped her foot on the touch pad plate.	Toe/side of little toe bleeding and ankle area scraped but not bleeding. Athlete bandaged and swam next event bandaged.
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmers were loosening lane lines. While attempting to loosen a lane line, a swimmer lost her grip on the wrench and it hit athlete in the nose.	Bloody nose. Laceration to the bridge of the nose
Male	PC - Pacific Swimming	Practice / Water	Deck	The swimmer slipped on the deck, fell and hit his head.	The swimmer hit his head, after slipping on a wet deck. All swimmers were walking to get some equipment.
Female	VA - Virginia Swimming	Meet / Competition	Warm up pool	during warm down starting bleeding	nose bleed
Male	NC - North Carolina Swimming	Practice / Water	Outside Venue	Fell and slipped outside while leaving the facility.	Scraped his knee and elbow.
Male		Practice / Water	In Water	Swimmer said he misjudged his stroke count into the wall, therefor he ran into the wall, hitting the top of his head.	Swimmer misjudged his stroke count into the wall, therefor he ran into the wall, hitting the top of his head.
Male		Practice / Water	In Water	While swimming an IM set the swimmer got kicked in the face (on the bridge of the nose) by another swimmer doing breaststroke on the opposite side of the lane.	The swimmer was kicked on the bridge of his nose, around where the nose piece for his goggles were.
Male	ST - South Texas Swimming	Practice / Water	In Water	hit his head doing backstroke	hit head doing backstroke
Male	ST - South Texas Swimming	Practice / Water	Deck	Swimmer was walking around the pool deck and slipped. Direct impact to the back of the head.	slip and landed on back of head
Female	IL - Illinois Swimming	Meet / Competition	Bleachers	(Guest) tripped over a small metal door part divider stand that was in the middle of the doorway. She immediately fell to the ground and hit her head.	large knot (bump) above right eye
Male	VA - Virginia Swimming	Meet / Competition	In Water	left shoulder blade/muscle pain after swimming; aggravated injury by swimming again	left shoulder blade/muscle pain after swimming; aggravated injury by swimming again

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer climbed out of the water and hit his head on the block that was at the end of his lane. Although the head was the affected area, the swimmer did not show any signs of anything serious, like a concussion.	The swimmer bumped his head on the block as he was exiting the pool. At no point was there a change in mood, vision, or anything that indicated a concussion. Since there was just a small bump, ice was applied to the head between 15 and 20 minutes. The swimmer then returned to the activity in good spirits.
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer experienced shoulder pain in her right shoulder area and upper back after doing cords and swimming.	Pain in right shoulder upper back.
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	hit top of head on wall during freestyle flip turn	hit top of head on wall during freestyle flip turn
Female	WY - Wyoming Swimming	practice, set up	Deck	Caught my left middle finger in between the teeth of the ratchet end of lane ropes while trying to loosen them.	Pinched and cut the end of the left middle finger, laceration about 1/2".
Female	AM - Allegheny Mtn Swimming	Practice / Water	Team Room	While moving rowers so team room could be used, one of the rowers came apart hitting coach forcibly on the top of her head. She stated everything went dark for a moment. She jammed her jaw causing a tooth to crack.	Rower hit the top of her head with great force causing everything to go dark for a few minutes and cracking a tooth.
Female	ND - North Dakota Swimming	Meet / Competition	On Blocks	While starting dive swimmer's knee locked up and she false started and fell into the water.	Sore knee, continued to swim
Female	VA - Virginia Swimming	Meet / Competition	In Water	Swimmer says that she felt a "pop" on right side lower back/hip area during butterfly race. Area was tender to the touch and pain. Onsite doctor looked at her and suggested Advil to ease pain. EMT remained with her for 15 minutes while icing affected area. Was pulled from balance of competition and taken home by mother.	right lower back/hip area -- presented as muscle pull
Male	IL - Illinois Swimming	Athlete camp/waiting area	Gym	Athlete slipped on wet floor in the gym	Most of the impact was on the upper left shoulder with a secondary impact of the left side of head to the floor. No swelling was observed on the head, and the swimmer returned to normal activity.
Male	PC - Pacific Swimming	Practice / Water	In Water	Two swimmers ran into each other during warm up athlete bumped his head)	Two swimmers swam into each other during warm up
Female	OZ - Ozark Swimming	Practice / Water	In Water	Either while doing a flipturn or exiting the pool, athlete caught her foot right below her left pinky toe on a piece of broken tile causing a laceration.	laceration between the pad of her foot and pinky toe
Female	ST - South Texas Swimming	Exiting the pool	Both Deck and Water	AS she was exiting the Pool her foot slip away from her and fell on her left shin hitting the edge of the pool then fell back in the water.	A small abrasion with a deep bruise
Male	MI Michigan Swimming	Meet / Warm Down	In Water	upon cooling down in the pool, athlete was too close behind another person and was accidentally hit during the roll over. The athlete was accidentally scratched under his left eye under the goggles.	small cut under the left eye.
Female	MA - Middle Atlantic Swimming	Meet / Competition	Hallway	Swimmer slipped on floor and fell on lower part of back.	soreness in lower back after fall
Male	PC - Pacific Swimming	Practice / Water	On Blocks	Swimmer stepped on starting block and lost balance and fell into pool. He hit the lane line with the back of his knee. Bruised the back of his knee.	bruised back of knee. Swimmer got out of practice early, Parent took him home
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer collided with another swimmer causing minor bruise to head.	Minor bruise to forehead.
Female	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Official tripped on "lip" of pool bruising both knees with minor laceration to left. Fall was onto tiled deck and described as a "hard fall". Official later complained of left shoulder and arm pain incurred in bracing self from fall.	bruising of both knees with laceration to left. Also left shoulder and arm pain caused by bracing self from fall.
Male	GU - Gulf Swimming	Meet / Competition	In Water	While touching the touch pad, swimmer jammed his left pointer and middle fingers.	jammed left pointer and middle fingers
Male		Meet / Competition	In Water	Bee sting, swimmer came up to lifeguard tower informing that he had been stung. Stinger was removed.	bee sting left hand above pointer finger

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male		Meet / Competition	In Water	Swimmer was swimming 50 y butterfly, as soon as he dived in his goggles came off. As he swam he went into the wall face first. Bumped forehead and upper lip.	forehead and upper lip
Female	SD - South Dakota Swimming	Meet / Warm Down	In Water	RIGHT GREAT TOE CUT ON TOUCH PAD IN LANE 6.	RIGHT GREAT TOE CUT ON TOUCH PAD IN LANE 6.
Male	MS - Mississippi Swimming	Meet / Competition	On Blocks	The official called for the start and the swimmer fell into water and on the way down to the water his arm hit a part of the backstroke bar. Bruised his left arm on the inside of the of the forearm. Ice and compression and referred to the sports medicine team	bruised forearm
Male	MS - Mississippi Swimming	Meet / Warm-up	In Water	Flip Turn and cut his foot on a tile	cut on foot
Female	NM - New Mexico Swimming	Practice / Dry-Land	Deck	During dryland for the 9-10 year old Los Alamos Aquatomics (LAA) practice group, coach for Charger Aquatics (CAQ), without speaking to the swimmers, physically moved three LAA swimmers by pushing their shoulders from behind. In addition, coach pushed athlete (LAA) in the lower back, also from behind. Coach had perceived the LAA swimmers were in CAQ practice space, who were concurrently holding their dryland practice. Athlete later complained that the push had hurt her lower back and shoulder. Walkup Aquatic Center's Program Coordinator, spoke with coach explaining that touching minors in any way, other than an emergency situation, is not permitted without the swimmer's parents' consent as their swimmer's team coach. Upon request coach apologized. Program coordinator has formally communicated the proper procedures of use of the common shared dryland space and reported the 2/11/2014 incident to Los Alamos County Risk Management. LAA coaches met with CAQ coaches in an effort to mitigate any further incidents.	Pain in lower back and shoulder.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	Deck	Swimmer was walking along deck beside warmup pool during meet warmup and slipped falling backwards. Hit the back of her head.	hit back of head
Female	SD - South Dakota Swimming	Meet / Competition	Gym	DOOR WAS OPENED AS CHILD WAS WALKING NEAR DOOR. CHILD'S TOE WAS CAUGHT UNDER DOOR AND PULLED NAIL BACK.	TORE TOENAIL.
Male	SD - South Dakota Swimming	Meet / Competition	In Water	JAMMED FINER ON 50 FREE FINISH	JAMMED FINGER
Female	VA - Virginia Swimming	Meet / Competition	Locker Room	Swimmers' mother reported to the Aquatic Coordinator (AC) that her daughter slipped in the ladies locker room and she wanted to let the AC that the floor is slippery so others will not fall. No report was filed. The swimmer left the facility and her mother called back stating that her daughter's back was now hurting. No member of my staff or myself was notified until the AC reported this to me.	Mother stated in phone call to AC that her back was hurting
Female	MN - Minnesota Swimming	Meet / Competition	Hallway	Athlete was walking from the hallway into the pool area and someone opened the door and it hit her toes. Toe nail was still attached, but bent up and there was a small cut to the top of her toe.	Toe nail still attached but bent up, small cut to top of toe.
Female	NT - North Texas Swimming	Meet / Competition	Deck	Fell and scraped her neck on a chair.	Road rash type of scrape on neck; minor.
Female	NT - North Texas Swimming	Meet / Competition	Deck	KNEE POPPED WHEN ON STARTING BLOCK BEFORE RACE	TORN MINISCUS
Female	IL - Illinois Swimming	Meet / Competition	Deck	Athlete slipped on deck and bruised both knee caps.	Athlete bruised both her knee caps
Male	ST - South Texas Swimming	Practice / Dry-Land	Deck	scraped right knee (contact with ground/ tripping -even ground / deck- no object or obstacle involved in tripping). bandage applied at pool	knee scrap on right knee just below the patella - bandage applied at pool
Female	ST - South Texas Swimming	Practice / Water	In Water	Athlete suffered a kick to the right side during a flutter kicking set. (lower set of ribs on side/ or about halfway between hips and armpit general area)	kick to right side of torso
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	caught toe and tore off left big toenail	Torn off left toenail
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer's hand was kicked by another swimmer in front of her during warm up.	Ring finger on right hand was bent back. Swimmer was able to return to warm up.
Male	WI - Wisconsin Swimming	Meet / Competition	In Water	Dove in at start of race and struck the bottom with forehead	Bump on top of forehead with slight abrasion; possible concussion

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	CA - So. California Swimming	Meet / Competition	In Water	The athlete had an asthma attack while swimming the 100 yd freestyle. Exited the competition pool mid-race. During the day she was not feeling well and had to use her inhaler frequently. She complained about the quality of the air in the Natatorium.	Asthma attack
Male	CA - So. California Swimming	Meet / Warm-up	Deck	While walking on deck after exiting a warm lane, the athlete had a seizure. The athlete's fall to the deck was broken by a nearby athlete, and thus the victim did not sustain any head injuries. This was the first time the swimmer had experienced a seizure, although he reported that he had "passed out" in the past.	See above
Male	GU - Gulf Swimming	Practice / Dry-Land	Outside Venue	The group was playing ultimate frisbee as a dryland activity during practice Friday, February 27th. Athlete passed the frisbee and began running forward. He collided with a concrete pole on the edge of the playing field.	Athlete contacted the pole on the left side of his chest. A 2-3" bruise immediately formed. He reported some aches and tenderness.
Female	MV - Missouri Valley Swimming	Practice / Dry-Land	Deck	She slipped while doing the bear crawl during dry land and hit her knee on the ground.	Hit knee on the ground and it started bruising
Female	NT - North Texas Swimming	Practice / Water	Deck	The accident occurred the last 5 minutes of practice. Athlete was walking on the pool deck when she slipped backwards after stepping on a wet kick board. Her tailbone started hurting immediately. She rested for 5 minutes and then was able to walk out of practice unassisted to see her mom.	Fell backwards on her tailbone.
Male	NE - New England Swimming	Practice / Water	In Water	Jammed or broke pinky finger of right hand on the gutter	Jammed finger
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	During dryland, another athlete's elbow landed on top of swimmer's shoulder.	Contact to the top of athlete's shoulder, into the muscle (not the bone).
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	During dryland, athlete fell, hitting the back of his head on the concrete.	Hit the back of his head on the concrete. The skin was not broken but a slight bump did rise later.
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Athlete was working out during dryland when he slipped and fell, hitting his head on the sidewalk.	Athlete hit the side of his head on the concrete when he slipped and fell. The skin was not broken but a slight bump formed.
Female	GU - Gulf Swimming	Meet / Competition	On Blocks	Swimmer was on block and heat was requested to step down by official. When getting off block, she slipped and fell in to the water. Scraped leg on deck before falling in to water.	Large abrasion down lower left leg (under knee and going all the way down leg towards the foot)
Male	CA - So. California Swimming	Practice / Water	In Water	The athlete was doing pull outs during practice. His hand slipped and he hit his face on the edge of the deck.	The athlete sustained a laceration below his bottom lip.
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer ran into the wall on the flip turn during the race.	bump on the head - hit the wall at the middle of the race - freestyle
Male	WI - Wisconsin Swimming	Meet / Warm-up	Deck	Swimmer was entering the pool in the warm up/cool down area, slipped and hit his chin on the edge of the pool.	Laceration to the chin
Female	BD - Border Swimming	Practice / Water	In Water	Swimmer was working on technique for butterfly, Swimmer was swimming a set of 4X25 butterfly with fins and a stretch cord. We had been working out for an hour, a lot to stroke drills, nothing hard. Swimmer later told me about three days later that she had felt a slight pull on her left shoulder, on the outer part of the deltoid, she went home and iced her shoulder because it felt sore. Swimmer also told me that the next morning her outer side of her shoulder was bursised, and she continued to iced her shoulder as a precaution. On Monday, Feb. 10th, I saw and told her we could not work out, she would need to see a physician. To date all we are doing is kicking exercises and dryland for abs and legs.	Left shoulder area, lateral deltoid (out side of shoulder) is bursised, slightly swollen. The injury seems closer to the ball andsocket area.
Male	WY - Wyoming Swimming	Meet / Competition	Deck	Athlete on the deck and scraped his left big toe on the concrete.	approx 1" laceration on left big toe
Female	WY - Wyoming Swimming	Meet / Competition	In Water	Athlete smashed her finger in the wall during a back-breast turn.	Bruised, swollen right index finger
Male	WY - Wyoming Swimming	Meet / Competition	In Water	Swimmer slammed his hand against the block/wall during a backstroke finish and bruised it.	Bruised right hand and tendonitis.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Athlete was stepping up on to the blocks, slipped and hit his shin on the blocks and fell in the water.	Athlete has a bruise on his shin and a scratch. No noticeable sign of broken bone.
Male	OR - Oregon Swimming	Meet / Competition	In Water	swimmer jammed left pinky into wall at finishing touch of relay race.	left hand/pinky finger/joint; doesn't appear broken; was suggested to ice and tape; finger swollen, slight discoloring.
Female		Meet / Competition	Deck	Slipped and fell on the deck while rushing to an event (Guest) Injured is the team photographer and became lightheaded from heat.	laceration to left knee
Male		Meet / Competition	Deck	Was taken out of the pool area by meet marshall. Taken to the gymnasium where he was able to lie down.	Lightheaded, never lost consciousness.
Female	ND - North Dakota Swimming	Meet / Competition	Deck	The athlete slipped on water on the pool deck while walking off bleachers. Her foot slipped underneath herself and she landed on the foot.	Very sore right foot after landing on top of it, the athlete could not put weight on the foot.
Female		Meet / Competition	In Water	Scratched leg on reaction pad	Scratch on shin
Male	GU - Gulf Swimming	Meet / Competition	Locker Room	Opening the locker room door and caught his toe in door.	Toe got caught on the boys locker room door. There is a crack in the toe and bleeding.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	At end of backstroke event, she hit her left hand / wrist at the top of the wall. She iced her wrist after exiting the pool.	At end of backstroke event, she hit her left hand / wrist at the top of the wall. She iced her wrist after exiting the pool.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Locker Room	Fell on entering locker room	Left elbow and hip, bruised upon falling
Male	IA - Iowa Swimming	Meet / Competition	In Water	During flip turn, hit head on wall.	Hit just above right eye. Area swelled up and slightly bruised.
Female	MI Michigan Swimming	Meet / Warm-up	In Water	Hanging on to wall and someone hit touch pad and pinched skin pad underneath arm.	just beneath armpit skin pinch by timing pad
Male	ST - South Texas Swimming	Going to rinse of after dryland	Shower area	Swimmers was walking into the shower area an slip an fell, he hit his left side cheek bone. swimmer said he never attempted to stop the fall by placing his arms out to slow or stop the fall.	Red bump when parent call, slight bruse when parent arrived, ice pack applied while waiting for parent.
Female	MD - Maryland Swimming	Practice / Water	In Water	The athlete was kicked in the face by a swimmer she was swimming behind. According to her mother, this caused bleeding.	I did not see the injury or the action that caused it. The athlete said nothing to me, her coach, during or after practice. The athlete's mother described the injury in an email sent to me after practice ended. The athlete's mother wrote that the athlete's face was bleeding. She said that her daughter had been kicked in the face while swimming behind another swimmer in her lane
Female	NC - North Carolina Swimming	Meet / Competition	Deck	Swimmer had a seizure while standing on deck and fell hitting her head.	Swimmer hit head when she passed out with seizure and had not on forehead
Male	SR - Snake River Swimming	Practice / Water	Deck	Swimmer and another teammate were removing lane lines from the water after practice, winding them around reels. The end of one of the lines whipped around and caught Swimmer on the top of the head. He had about a 1" laceration just above his hairline. Applied pressure. Cleaned wound. Called Mom.	He had about a 1" laceration just above his hairline.
Female	SD - South Dakota Swimming	Practice / Water	In Water	Athlete misjudged wall on a flip turn.	Small bump on head. Parents notified both are doctors
Female	AM - Allegheny Mtn Swimming	Practice / Water	In Water	Swimmer was finishing into wall freestyle and hit head off wall	Bumped head off wall
Female	SN - Sierra Nevada Swimming	Meet / Warm-up	In Water	Dove into the pool and hit her face at the bottom of the pool.	swollen nose
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	swimmer was kicked in goggle while swimming a set	right eye blackened under eye; vision checked ok

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	GA - Georgia Swimming	Meet / Competition	Bleachers	(Guest) Fainted, was sitting on upstairs bleachers, slid down bleachers, D was notified, he went up., she was aware, nurse gave Coke, she walked downstairs and went outside. Checked on later and she was fine said nothing hurt.	no injury
Female	KY - Kentucky Swimming	Meet / Competition	Deck	Hyperventilated during 200 free (after). Breathing rapid, pulse rapid. Recovered with rest and water.	couldn't catch breath, hyperventilation
Female	CO - Colorado Swimming	Meet / Warm-up	Deck	Sitting in chair, rapid breathing, pulse etc om, brought in office, gave juice, light food - she had not eaten, trying to calm down	Rapid breathing etc, appears having panic attack
Female	AZ - Arizona Swimming	Meet / Competition	In Water	While swimmer was swimming, she dislocated her right shoulder.	Swimmer dislocated her right shoulder while swimming in an event during the meet. The shoulder popped back into place immediately following the incident.
Male	AZ - Arizona Swimming	Meet / Competition	In Water	During warm up swimmer had a head on collision with another swimmer in the warm up pool.	Swimmer experienced a bloody nose and had a bump on his head. He complained of a headache.
Female	SE - Southeastern Swimming	Practice / Water	Deck	The swimmer stepped on a screw	Screw embedded in heel
Male	NC - North Carolina Swimming	Practice / Dry-Land	Deck	Cut leg on from metal object	scrape that drew blood
Male	NI - Niagara Swimming	Meet / Competition	Deck	As referee, I was also observing stroke (by walking). I tripped on the edge of the deck and fell into the water (Lane 1). I bruised my right shin and right hip.	Bruises on shin and hip
Female	MN - Minnesota Swimming	Meet / Competition	In Water	When swimming warm-up, caught lane line with finger, resulting in small cut to index finger	small cut to index finger
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Came out of locker room, slipped on deck, hit back of head. No loss of consciousness, but a lump appeared, ice was applied	contusion
Male	AZ - Arizona Swimming	Meet / Competition	In Water	Hit head on bulkhead on 100 backstroke turn.	Hit head on wall before making a backstroke turn. Not cuts, just dizzy.
Female	GU - Gulf Swimming	Meet / Warm Down	In Water	In warm down pool and another swimmer jumped in on top of swimmer, didn't see her under water. Swimmer complained that her shoulder hurt.	In warm down pool and another swimmer jumped in on top of swimmer, didn't see her under water. Swimmer complained that her shoulder hurt. Swimmer can move her shoulder and arm.
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Bumped his head on the corner of the backstroke starting bar when he was exiting the pool during the 200 Y Free Relay	Has minor pain on the top of his head after bumping it on the backstroke starting bar when he was exiting the pool during the 200 Y Free Relay. He did not experience any dizziness. Now fine with no pain at all.
Male	NE - New England Swimming	Practice / Dry-Land	In Water	Streamlined freestyle, went to do break out, upon first stroke hit his hand against a lane line	Minor swelling
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	Slipped on pool deck by the man hole cover, flag end of pool.	twisted ankle, abrasion on right ankle and hand.
Male	NI - Niagara Swimming	Practice / Water	In Water	Swimmer hit his head (top) on the wall during backstroke	Hit head on the bulkhead during backstroke. He said he felt dizzy and was taken to the lifeguard station
Female	MA - Middle Atlantic Swimming	Meet / Competition	Bleachers	Slipped on the bottom step of the bleachers and landed on her right thigh. We provided ice for the swimmer. She appeared to be ok and in little pain. Swimming plans to continue swimming in the meet.	Minor bump on her right thigh. Little pain.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	NT - North Texas Swimming	Practice / Water	In Water	Hit the back of his head while working on backstroke finishes	Hit the back of his head while working on backstroke finishes. When asked, he said he was fine. However, his mother contacted me and said he threw up on the ride home from workout. I encouraged her to take him to a doctor because that was a sign of a concussion.
Female	IL - Illinois Swimming	Practice / Water	In Water	Was diving off the block during practice and hit water funny and hurt her back. The coaches helped her out of the water. She refused any immediate treatment at practice and wanted to go home. She was able to walk out of practice. Coaches checked for any numbness in lower extremities and all was good at that time. We contacted the swimmer a couple of hours later and she was alternating ice and heat and plans to go to the doctor 2/14/14.	lower back pain
Female	CO - Colorado Swimming	Practice / Water	Deck	She was walking on deck to get some equipment and slipped on a slanted part of the deck. She slipped and fell and absorbed most of the impact with her face and shoulder. She bruised her right eye brow and got a small cut and bruise on the inside of her lip.	She had a bruised right eyebrow. A small cut on the inside of her lip from hitting her tooth. She also got a fat bruised lip.
Female	WY - Wyoming Swimming	Practice / Water	In Water	Pushed off the wall and cut toe on a broken drain/filter guard toward the bottom of the 5" section of the pool.	Right big toe, laceration approximately 1/2"
Male	ST - South Texas Swimming	Meet / Warm-up	In Water	In the water...did whale dive and hit face on bottom of pool	cuts on nose and upper lip
Female	SN - Sierra Nevada Swimming	Practice / Water	In Water	Swimmer was facing wall holding on with both hands. A swimmer swam by behind her. A wave pushed her towards the wall and she chipped her tooth	Chipped Tooth
Female	AM - Allegheny Mtn Swimming	Meet / Warm-up	Deck	Athlete was bumped by another swimmer in the eye/goggles.	During warm-up sprints, while in line, goggles were pushed into eye socket by being bumped by another swimmer.
Female		Walking down stairs	Stairs	(Spectator) was walking down stairs and slipped going down the stairs.	Spectator injured shoulder/collarbone while slipping down steps.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	Athlete in water against wall during warm-ups when another swimmer from another team hit swimmer's nose while pushing off of the wall.	Elbow to the bridge of the nose cause a nose bleed.
Female	OZ - Ozark Swimming	Practice / Water	In Water	While swimmer was performing a freestyle flip turn, struck heel against the edge of the pool.	Swimmer's heel appeared very red immediately after striking the side of the pool as well as experiencing immediate pain.
Male	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer cut bottom left foot on the deck tile behind the blocks of lane 8.	Cut bottom left foot next to big toe
Male	OR - Oregon Swimming	Meet / Competition	In Water	Swimmer caught finger in lane line, head guard jumped in and freed finger. Swimmer finished race.	Pinched fingers in lane line.
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	Dislocated knee	Dislocated knee when kneeling down to speak to swimmer
Female	CA - So. California Swimming	Meet / Competition	In Water	Swimmer collided with another swimmer during warm-up	bloody nose/swelling
Female	SD - South Dakota Swimming	Meet / Competition	Deck	(parent) Slipped and fell while walking on pool deck	landed on wrist and back, both are sore now
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	I went to squat down and talk to a swimmer in the cool down pool and my knee popped.	Dislocated my knee
Male	ND - North Dakota Swimming	Meet / Competition	Stairs	Stubbed right foot big toe.	Right foot big tow stubbed. (black and blue)
Female	ND - North Dakota Swimming	Meet / Competition	Deck	Slipped on deck and landed on right knee.	Individual slipped and hit right knee on decking.
Female	CA - So. California Swimming	Meet / Warm-up	Deck	Appears to be hyperventilating.	Athlete appeared to be hyperventilating
Female	ND - North Dakota Swimming	Meet / Competition	Locker Room	A conditioner bottle skidded across the floor and hit athlete's heel.	Discomfort on left heel.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NC - North Carolina Swimming	Meet / Warm-up	Deck	Was stretching during warmup and shoulder slightly sublexed.	Athlete came to me and said she was stretching prior to warmup and her shoulder popped and she was in a lot of pain.
Male	CA - So. California Swimming	Practice / Dry-Land	Gym	Foot slipped on box while doing box jumps	Scraped and bruised left shin
Female	MN - Minnesota Swimming	Practice / Water	On the edge of the pool.	Swimmer slipped on a kickboard as she was climbing out of the shallow end of the pool and cut her knee. We are not sure what she cut her knee on. It could have been from the impact of her knee hitting the pool deck.	Small cut on swimmer's knee.
Male	WY - Wyoming Swimming	Practice/hot tub	In Water	Another athlete elbowed athlete in the nose.	bloody nose for about 5 minutes
Male	FL - Florida Swimming	Practice / Dry-Land	Deck	Tripped while running	Wrist hurts to move, does not hurt to touch
Male	GU - Gulf Swimming	Practice / Dry-Land	In Water	Swimmer coming into wall with snorkel on. Didn't see wall and swam into it.	Multiple small cuts on the face - forehead, bridge of nose, under left eye, left cheek
Male		Practice / Water	In Water	During practice, swimmer was trying to swim under another another swimmer and hit his head on the bottom of the pool.	Swimmer hit top of his head at the bottom of the pool.
Male	OR - Oregon Swimming	Practice / Dry-Land	Outside Venue	He was running and tripped, he did not fall completely, he caught himself, but then his Right side of his back hurt to move.	Pain in Right lower and mid back.
Female	MI Michigan Swimming	Meet / Competition	In Water	On backstroke, hit gutter at finish	Scraped elbow
Female	WI - Wisconsin Swimming	Meet / Warm-up	Deck	Bumped shin on bleacher	Bumped shin on bleacher. Bump swelled. Small scrape, some blood.
Male	CO - Colorado Swimming	Meet / Warm-up	Locker Room	Bloody nose in bathroom. Continued to swim; had had bloody noses prior	Bloody nose
Male	IN - Indiana Swimming	Meet / Warm-up	In Water	Athlete pushed off wall, his left big tow got stuck in groove along wall. Bandaaid wrap applied but no blood was seen. Athlete continued to swim.	Left toe cut on top. No blood
Male	WI - Wisconsin Swimming	At hotel	Hotel before meet	Athlete hit left elbow at hotel. Elbow hut during meet. Ice applied.	Hit elbow at hotel. Ice applied at meet.
Female	MW - Midwestern Swimming	Meet / Competition	Deck	Cut foot on metal tack on pool deck	cut on foot
Female	MD - Maryland Swimming	Meet / Competition	In Water	swimmer hit head on wall at finish of backstroke race	bump on head
Female	MD - Maryland Swimming	Meet / Competition	In Water	Swimmer hit head on wall during backstroke flipturm	bump on head
Male	IN - Indiana Swimming	Practice / Dry-Land	Spectator gallery	The swimmers were using medicine balls and the athlete was hit in the face with one. He has braces on his teeth and they cut both his top and bottom lips.	The athlete has cuts on both his upper and lower lips from his braces.
Female	MN - Minnesota Swimming	Meet / Competition	Locker Room	Slipped in Lover room shower area Hit Elbow on Floor	Hit left Elbow on Floor and Fell on Butt
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer hit his head on wall while swimming backstroke.	Swimmer hit head on the wall while swimming backstroke.
Male	IL - Illinois Swimming	Meet / Competition	In Water	swimming in event (backstroke) hit heels. Bruise markes on both feet - ice applied. Athlete wants to continue meet	hit heels while in pool
Male	IL - Illinois Swimming	Meet / Competition	In Water	athlete was warming up when he hit his left hand / wrist on another athlete's head - applied ice - athlete wants to continue swimming	hit left hand on someone's head while warming up
Male	MI Michigan Swimming	Meet / Competition	Upstairs bathroom	athlete said he bumped right shoulder and top of head on tp dispenser in bathroom. no knot on head, right shoulder with red mark - ice applied	bumped right should and head on tp dispenser in bathroom
Female	IL - Illinois Swimming	Meet / Competition	In Water	Cut left ankle at home while shaving. Cur re-opened while doing warm-ups. Site cleaned and bandaaid applied by guard on duty	Shave cut on left ankle bone
Female	MW - Midwestern Swimming	Meet / Competition	Deck	Athlete cut foot on nail/tack on deck	cut to foot
Female	MI Michigan Swimming	Practice / Water	In Water	Cut knuckle open on lane line	cut on right hand
Male	CO - Colorado Swimming	Meet / Competition	Deck	Slipped and fell on the deck by the shallow pool	Bruise , scrape on left forehead, left elbow, left knee
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Cut foot on seam - big toe length of toe. Lane5 Balcony end.	cut foot on seam in pool
Female	OH - Ohio Swimming	away from pool in meet facility	Hallway	Ran into door and hit head. Had a headache and was dizzy.	hit head
Female	AD - Adirondack Swimming	Meet / Competition	Deck	While on deck officiating twisted knee aggravating prior injury	twisted left knee, irritating prior injury
Female	AD - Adirondack Swimming	Meet / Competition	In Water	swimmer hit head at start of 200 IM	bumped forehead

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NE - New England Swimming	Meet / Warm-up	In Water	Swimmer was kicked in the jaw/temple area of the head during warm-up. The athlete was in the water preparing for the start of a backstroke event. The athlete stated that at the start her foot slid down and she was scratched on the bottom of her right foot by something on the bottom of the touch pad. She continued with the event and was treated by an official after the race. The athlete sustained a scratch on the bottom of her right foot the was bleeding. A bandage and tape were applied by the official and the athlete continued competing in the meet. Both her coach and mother were notified of her minor injury.	Kick to the head. Swimmer felt nausea.
Female	ND - North Dakota Swimming	Meet / Competition	In Water		Scratch/cut on the bottom of the right foot.
Male	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Swimmer Slipped on the deck and scraped his left knee on a platform.	Knee was scrapped and cut - Ice was immediately applied along with gauze to stop the bleeding.. Once Bleeding stopped a bandage was applied
Female	MA - Middle Atlantic Swimming	Meet / Competition	On Blocks	Swimmer was on the Blocks for the start of her heat. She fell sideways off the block and fell to the ground. Hit her head (however witness to the accident said she hit her shoulder and hip first and did not fully hit her head) However, Ice was given immediately to the head.	Swimmer hit her head after she slid sideways off the block
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer was doing a Backstroke start as another swimmer was approaching the wall. His head hit other swimmer in the head/nose.	Swimmer hit his head on another swimmer's head.
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer dove in during warm-up 7 hit his head on the bottom of the pool. He immediately popped up and exited the pool.	bumped his head
Female	VA - Virginia Swimming	Meet / Competition	Deck	another swimmer stepped on the back of this swimmer's ankle and caused a blister that had healed to open up and bleed	reopening of healed blister, very minor bleeding. Very minor, the bleeding stopped and the swimmer competed in the session.
Female	OR - Oregon Swimming	Meet / Warm-up	In Water	During warm-ups, she was kicked in the eye when swimmer in front of her did a Breast Stroke kick, swimmer got out and notified coach	black eye, swollen, minor skin breaks
Female	OH - Ohio Swimming	Meet / Competition	Deck	Dry skin caused itching. The itching caused a red dot on her leg.	Red dot on leg from itching dry skin
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Scraped knee on gutter	Small cut
Female	MI Michigan Swimming	Meet / Warm-up	In Water	On warm up in a crowded pool another swimmer flipped at the end of the lane and accidentally hit her in the forehead . Unable to determine if a foot or a knee cap hit her in the head.	A small swollen bump on the fore head above the left eye.
Male	NE - New England Swimming	Meet / Competition	Deck	while walking by the starting blocks, athlete bumped into one of the steps on the block	abrasion on right shin
Male	IL - Illinois Swimming	Meet / Competition	Deck	Slipped on deck, fell backwards and bumped right side of head above the ear.	Slipped on deck, fell backwards and bumped right side of head above the ear.
Male	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell through bleachers and landed on hand/wrist	Pain and swelling on wrist and upper hand
Female	OZ - Ozark Swimming	Meet / Competition	On Blocks	Swimmer took a step back when she was told to "take her mark" while practicing her starts. She stepped too far back and slipped off the block when she shifted her weight. The "slip" resulted in her scraping her knee on the block top.	scrape just below right knee
Male	CT - Connecticut Swimming	Meet / Warm-up	In Water	Cut foot on edge of pool during turn	laceration of right foot
Male	PN - Pacific Northwest Swimming	Waiting in Line at the tagging area.	Deck	Swimmer was waiting in line in the tagging area and he got a nose bleed.	Nose bleed

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NC - North Carolina Swimming	Practice / Water	Deck	the athlete had been on vacation for a week and this was her first day back - after a 15 min warmup, all of the kids got out of the water to listen to the coach explain the next set - the athlete was standing in the same place for about five minute, then fell forward into another swimmer who broke her fall - the other swimmer was unhurt - the athlete was stunned and had somewhat of a blank stare for about 5 seconds and then started trying to get up - the coaches helped her get comfortable while the lifeguard was alerted to the situation - the parents of the athlete were called to come pick up the athlete - there was no recurrence of the fainting while she was waiting to be picked up	no injury thanks to the fall being cushioned by another swimmer who broke her fall
Female	SE - Southeastern Swimming	Practice / Water	In Water	Athlete was kicked in the face on accident.	Athlete was kicked in the face. Injury occurred under her right eye.
Male	CA - So. California Swimming	Practice / Water	In Water	Swimmer was swimming backstroke into the wall and hit head on wall	Small bump on head
Male	MD - Maryland Swimming	Meet / Competition	In Water	Sharp pain in right tricep was reported by the swimmer following his 100 freestyle. Swimmer got out of the pool Monday at practice complaining of the same pain.	Sharp pain in right tricep
Female	OH - Ohio Swimming	Meet / Competition	Stairs	(guest/volunteer) A slip and fall on stairs which are located outside of the pool area but at the facility.	Minor bumps on arm and knee from fall
Female	MD - Maryland Swimming	getting ready for swim	Deck	Slipped on deck and landed on back	slipped and landed on back
Female	GA - Georgia Swimming	Practice / Water	In Water	During a Breaststroke swimming set, a swimmer was passing by and accidentally kicked athlete in the shoulder.	The accidental kick to the shoulder somehow caused it to bleed from the impact of the kick (seemed maybe like it was similar to a rug burn type contact from the kick that caused the bleeding perhaps).
Female	IL - Illinois Swimming	Meet / Competition	In Water	swimmer swam into wall while swimming in a race	knot on forehead
Male		walking down stairs	Stairs	(guest) walking down stairs and fell on landing	right arm and ankle were in pain
Female	MI Michigan Swimming	Meet / Warm Down	In Water	swimmer stood up on diving well steps and hit top of head on platform of diving board	hit head and reported being nauseous but no pain
Female	IN - Indiana Swimming	Meet / Warm-up	Deck	slipped and hit knee on benches by warm up area	abrasion on right knee
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer hit the front of her head on the wall while doing a flip turn.	Bump on the front of the head, complained of slight headache.
Male		Meet / Competition	Deck	(Volunteer) timer sat in chair. The chair broke, he fell and hit his head and hurt his back.	hit back of head and hurt back (lower)
Female	MD - Maryland Swimming	Meet / Competition	Deck	Swimmer was walking on deck, slipped and cut foot on gutter.	cut on foot
Male	MA - Middle Atlantic Swimming	Meet / Competition	Deck	The official was sitting at the corner of the turn end in a chair on the bulkhead. He rose to assist in stopping an athlete from continuing to swim in the second to last heat of the last event of prelims as the starter had stood the swimmers and not given the starting signal. The official slipped on water on the deck and fell flat out, sprawled on deck. He immediately righted himself, stood and walked over to the lane and stopped the swimmer and returned to his seat where he was seen rubbing his knee. He was asked about his fall and he indicated his right knee was hurting. He said he would watch it during the day and report back at finals if it was still hurting. At finals he reported that it was stiff and iced it during the session as well as taking some medicine.	Right Knee hurting
Male	MR - Metropolitan Swimming	Meet / Competition	Deck	eyes started fluttering & swimmer fell forward and hit head on top front sustained a cut and contusion. Disoriented for aabout a minute before he regained composure.	Contusion to head
Female	CA - So. California Swimming	Practice / Water	In Water	In warm-up for breaststroke event felt muscle pull on right leg in groin area.	Felt muscle pull on right leg in groin area.
Male	CA - So. California Swimming	Meet / Warm-up	On Blocks	During warm-up dive when diving left foot slipped and hit block.	Cut and bruise on top of foot.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer felt pain in the back of his head upon diving in in a relay. Did not hit anything. No one watching could see anything he could have hit. End was the deep end of the pool. Doctor diagnosed strained neck muscle	Pain in the back of his head. Muscle strain
Female	MI Michigan Swimming	Meet / Competition	Deck	Official slipped and fell injuring her hand, arm, shoulder, hip, and leg.	Official slipped and fell injuring her hand, arm, shoulder, hip, and leg.
Male	GA - Georgia Swimming	Practice / Water	In Water	Fellow swimmer hopped onto block and dove on to this swimmer after clear instructions not to and did so without looking for any oncoming swimmers.	chipped adult tooth in lower jaw.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was kicking on her back during practice. While she was kicking a male swimmer accidentally hit her in the head. Her neck was hurting so she walked to the lifeguard desk for an ice pack.	Athlete was kicking on her back during practice. While she was kicking a male swimmer accidentally hit her in the head. Her neck was hurting so she walked to the lifeguard desk for an ice pack. Her neck was not swollen or bruised.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was getting out of the pool and cut her left knee on the lane line. Her cut was the size of the tip of my pinky finger.	Athlete was getting out of the pool and cut her left knee on the lane line. Her cut was the size of the tip of my pinky finger. She was given gauze to stop the bleeding and then a band aid.
Male	SR - Snake River Swimming	Practice / Water	In Water	Athlete received a small cut (the size of a pen cap) on his left knee. It was during a diving set. Does not know how he received the cut.	Athlete received a small cut (the size of a pen cap) on his left knee. It was during a diving set. Does not know how he received the cut. He was given gauze to stop the bleeding and a band aid afterward.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was swimming 1 arm butterfly with her right arm. She hit her right thumb on the lane line. Her thumb began to turn slightly purple so I sent her to the lifeguard desk to get help.	Athlete was swimming 1 arm butterfly with her right arm. She hit her right thumb on the lane line. Her thumb began to turn slightly purple so I sent her to the lifeguard desk to get help. The lifeguards gave her an ice pack to slow the swelling.
Female	IN - Indiana Swimming	Practice / Water	On Blocks	Swimmer was stepping up on blocks. She slipped and fell off starting block.	Scraped elbow, scraped knee, and bruised hip.
Female	NJ - New Jersey Swimming	Practice / Dry-Land	Deck	After doing a somersault, she stood up and felt pain in the knee. There was no "pop" and the knee is not bruised or swollen.	Pain in the knee. After doing a somersault, she stood up and felt pain in the knee. There was no "pop" and the knee is not bruised or swollen but there was a lot of pain if she moved the knee.
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimming backstroke, impacted end wall.	Bump on the top of the head. Report of a "headache."
Female		Waiting for practice to start	Bleachers	Slipped on bleachers. Scratched both knees and feet. Had trouble moving feet at first. Mobility returned.	Scratched both knees and feet. Had trouble moving feet at first. Mobility returned.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Dove in at start of race and suffered a muscle spasm/pull in left lower back.	Left lower back muscle spasm/pulled muscle
Female	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer was accidentally kicked by a teammate during warm-up and contact resulted in a bloody nose.	bloody nose; after resolution, swimmer competed in 3 events during the session.
Female		Practice / Dry-Land	Deck	Slipped and fell on deck and hit head	Slipped and fell on deck and hit head
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Cut his foot	Cut toe
Male	ST - South Texas Swimming	Practice / Water	Deck	Swimmer slipped on deck surface and landed awkwardly on his elbow.	Contusion injury to the elbow, no lacerations.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	ST - South Texas Swimming	Practice / Water	Deck	Swimmer was practicing diving from the side of the pool in the eight foot deep water. She slipped and landed on the edge of the pool injuring her groin area. Next day parents took her to see her doctor about some bleeding in the groin area.	Swimmer had bleeding in groin area after evening practice.
Female	CO - Colorado Swimming	Practice / Dry-Land	Regis High School weight/strength and conditioning room	Injury occurred before dry land had officially started. She said she was walking and twisted her foot. I did not observe the accident but other athletes informed me that she was jumping up and down and she twisted her foot. She had a hard time walking without assistance. We sat her down in the bleachers by the pool. I looked at the injury.....didn't appear to be any swelling, just a little redness. We applied an ice bag and called mom and dad. We never did get a response. She sat through practice, as she was getting a ride from another swimmer. Other athletes assisted her to the car.	She twisted her right foot/ankle.
Female	GA - Georgia Swimming	Practice / Water	In Water	Swimmer was in a lane swimming laps with 5 other team mates. Swimmer was kicked in the head while passing by another swimmer. Swimmer exited the pool and complained about a headache from the kick.	Headache and concussion like symptoms.
Male	CA - So. California Swimming	Meet / Competition	Deck	Swimmer got out of the pool with his skin an obvious red in color. He went to the coach and told him that his skin, particularly his face and neck, were burning. The coach instructed him to shower to rinse. After the shower, the swimmer told the coach that nothing had changed.	Possible allergic reaction?
Female	MN - Minnesota Swimming	Meet / Warm-up	In Water	Swimmer was swimming warm up and was kicked in the nose. It started bleeding, so she immediately got out of the pool and went for help.	Swimmer was kicked in the nose by another swimmer in the pool
Male	VA - Virginia Swimming	Meet / Competition	In Water	jammed hand into wall during the finish of the 50 free	jammed thumb
Female	WI - Wisconsin Swimming	Meet / Competition	Spectator Gallery	(Guest) injured her hand while stepping down from the spectator area. Ice was applied as treatment.	Had a lump appear on her hand after the accident.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Caught right side of the right foot on the edge of the activity pool while getting out of the water. Bleeding	A small cut causes the bleeding at the right side of right foot. bleeding stopped after holding pressure.
Male		Meet / Competition	Hallway	Fainted	(guest) Fainted
Female	PC - Pacific Swimming	Meet / Competition	In Water	knee "popped" on kick, began to swell, painful and difficult to walk- unable to continue swimming	Left knee "popped", swelling, pain, difficulty walking (bearing weight)
Female		Practice / Water	In Water	Swimming and hit hand on wall, causing nail to split.	Split nail
Female		Meet / Competition	Deck	Slip and fall	Scrape on Thigh
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	Thinks she has tendinitis in her foot. Her left foot has a contusion on the left side.	Contusion on the left side of foot.
Male	AZ - Arizona Swimming	Practice / Water	In Water	Swimmer hit his head on another swimmer right shoulder while doing a backstroke drill.	Swimmer was injured at the top of his head by the right shoulder of other swimmer
Male	IL - Illinois Swimming	Meet / Competition	Deck	Official fell on water and hit head on pool deck. Other officials reviewed and consulted. Victim denied medical attention	slip and fall no skin broken
Male	MI Michigan Swimming	Meet / Competition	In Water	Hit head on turn during warm up	Bumped head
Female		Meet / Competition	Deck	Nose bleed	Nose bleed
Female		Meet / Warm-up	In Water	Nose just started bleeding	Nose bleed
Male	WY - Wyoming Swimming	Practice / Water	In Water	While athlete was doing a rocket jump next to wall he hit his chin on the lip of the wall.	about 1" laceration on the bottom of his chin
Female	MN - Minnesota Swimming	Practice / Water	On Blocks	Swimmer stepped up on the starting block and quickly lost her balance. As she was trying to keep herself from falling off of the block, she scraped her knee and shin.	She got a fairly large abrasion on her knee and shin.
Female	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer swam 100 Backstroke. Got out of the pool & told timer she felt like she was going to throw up & then told him her legs felt numb. Timer laid her down and got Safety Marshall and then the facility EAP went into effect.	Swimmer felt sick and legs were numb

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	FL - Florida Swimming	Practice / Water	In Water	A swimmer tossed a lane line buoy in the water and it hit her in the head.	Small cut on the top of her head just above hairline.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	lower back seized up on left side	very bad spasm in lower back on left side
Male	CA - So. California Swimming	Meet / Competition	In Water	During backstroke event the swimmer miscalculated his turn and hit his head on the wall	Hit head on wall during backstroke turn
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was swimming behind another swimmer and was kicked in the eye	Swimmer's goggles were kicked into his face resulting in a scrape under the eye and a black eye
Male	PN - Pacific Northwest Swimming	Practice / Dry-Land	Deck	Swimmer was walking on deck when he stepped into the brain box. It was not properly shut and opened when he stepped on it.	Twisted ankle
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Bumped head on the pool wall during flip turn	Swimmer banged his head on the wall while completing a flip turn. Swimmer went to the bottom of the pool and was able to finish the race. After completing the race the swimmer was asked by the starter if his head hurt. He responded "Yes" EMT was notified.
Male	NC - North Carolina Swimming	Practice / Water	Deck	Athlete was speed walking (borderline running) on the pool deck when his feet slipped out from under him. He fell straight back, landing first on his back and then having his head hit.	Landed on his back & the back of his head. No visible injury or cut, just tender from contact.
Male	IN - Indiana Swimming	Meet / Competition	Bleachers	(Guest) child was going down the bleacher stairs; bumped into a man and then fell off balance down eight steps along the same bleachers.	hit ribs on left/right side of torso; pain on top of left hand and knuckle.
Male	NJ - New Jersey Swimming	Meet / Competition	Hallway	After the conclusion of the session in which swimmer was participating, he got a nose bleed. He was in a public hallway when it started. Swimmer stated that he does get nosebleeds from time to time and there was not specific event that caused this one.	Nose Bleed.
Female		Meet / Competition	Bleachers	(parent) was walking down the bleachers, missed a step and fell.	(parent) twisted her ankle when she fell. She did feel a little bit dizzy.
Female		Meet / Competition	In Water	NOTE: The original injury did not take place at the meet. Swimmer hit her head on the door going into the bathroom of her hotel room the night before. It was during warm-up that she began to experience head pain while she was swimming.	Again, actual injury took place the night before at the hotel where swimmer was staying for the swim meet. (She hit her head on a door during the night when she was going into the bathroom. She did not have any discomfort until she began to swim warm-up. She complained of headache type pain.
Female	LE - Lake Erie Swimming	Meet / Warm-up	Deck	Hit in the eye by another swimmer's elbow	Eye was red
Male	OR - Oregon Swimming	Meet / Competition	In Water	While swimming the 100 back swimmer messed up his count and hit the wall on his second turn.	swam into the wall swimming backstroke.
Female	CO - Colorado Swimming	Meet / Competition	On Blocks	Slipped back off blocks, scrapped / bruised right shin	scrape on right leg from ankle to knee
Male	CO - Colorado Swimming	Meet / Warm-up	Deck	When I was coming out of the pool, I accidentally hit my leg on the side of the deck.	Swelling, purple color on shin above ankle
Female	CA - So. California Swimming	Meet / Competition	Bleachers	(Guest) walking and hit left forehead on bleachers	bumped left forehead
Female		Meet / Competition	Deck	Athlete reported walking on deck, scraping upper right arm on wall hook. Wall hooks on wall to support shepherd's crook and ring buoys.	Approximate 3 inch long scrape to back of upper right arm
Male	CA - So. California Swimming	Meet / Competition	In Water	When approaching the wall on the backstroke turn his timing was off and he hit his head and face during the turn.	Hit head and scraped side of face
Male	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Slipped climbing out of the pool and fell on another swimmer hitting heads.	Abrasions on 4 knuckles left hand from jumping into water and hand hitting block as he was going in.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Slipped climbing out of the pool and fell on another swimmer hitting heads.	Slipped climbing out of pool and fell on another swimmer banging heads. Back of Head.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Another swimmer climbing out of the pool slipped and fell back on top of swimmer both heads hitting.	Bump on the left side of forehead. Did not cause bruising marking or any swelling.
Female	MD - Maryland Swimming	Meet / Competition	Deck	Vomiting and Feeling of faintness. Mother States that member has had history of similar episodes.	Vomiting, Faintness
Female	MD - Maryland Swimming	Meet / Competition	Deck	Swimmer bumped into a pole/column and injured cheek	Small bump/swelling on facial cheek.
Female	MI Michigan Swimming	Practice / Water	In Water	Bumped in to another swimmer during backstroke and was hit in the head by the other swimmer	Sore head
Male	WI - Wisconsin Swimming	Meet / Competition	Bleachers	(Spectator) felt faint and fainted in the stands. 911 was called spectator declined being taken to the hospital.	No injuries
Female	AD - Adirondack Swimming	Meet / Warm-up	In Water	Head-on collision after push off from wall	Swelling and bruising near the eye, headache and dizziness.
Male	CA - So. California Swimming	Meet / Competition	In Water	He was swimming his fly event and after making his first turn and going into the stroke the muscle in his right shoulder stretched out and he felt a sharp pain.	Tender to touch and sore
Female	NC - North Carolina Swimming	Meet / Competition	Bleachers	Fell of wrist when climbing bleachers.	Swollen wrist
Male	NC - North Carolina Swimming	Meet / Competition	Deck	Slipped on deck, hit head - cut and bruised head	Slipped on deck, hit head - cut and bruised head
Male	PC - Pacific Swimming	Practice / Dry-Land	Deck	Medicine ball relay collision with opposing team member. Hit knee on concrete resulting in abrasion on right knee.	Abrasion on right knee. Knee cap tender.
Female	OR - Oregon Swimming	Practice / Water	Hallway	Lacerated finger on tile bottom while working in underH2O breaststroke (Guest) Standing by a step and stepped backwards off of stair. She fell to the ground and hit her tailbone and elbow.	Laceration on finger
Female		Meet / Competition	Stairs		Soreness in elbow and tailbone
Male	IL - Illinois Swimming	Meet / Competition	Deck	Scraped back on the metal pane of the window.	10" + on upper back (shoulders)
Female	UT - Utah Swimming	Practice / Water	Deck	She said that she slipped when she was doing push ups. The area was checked, there was water on the deck from the swim team getting in and out and squeegeed.	Scraped Right Knee
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	swimmer was accidentally kick in nose from swimmer in front doing breaststroke kick	blooded nose
Male	CT - Connecticut Swimming	Practice / Water	In Water	Hit heel of right foot on gutter edge during flip turn.	Approx 1 inch cut across back of heel.
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	Swimmer was swimming freestyle, lost track of where he was in the pool, and ran into the wall with his head.	After swimmer hit his head, he said he felt a little dizzy, and that he had a mild headache. The lifeguards administered an ice pack, and by the time he left the pool he only had pain to the touch.
Female		Practice / Water	In Water	Swimmers sharing a lane. As swimmer with paddle was passing athlete the paddle hit her left hand.	Bruising on front of wrist with pain and swelling
Male	OR - Oregon Swimming	Practice / Dry-Land	Gym	The athlete was performing box jumps as a part of his dryland routine. On one of the box jumps he missed, scraped his left shin and left a large scratch that broke the skin with some swelling	On one of the box jumps he missed, scraped his left shin and left a large scratch that broke the skin with some swelling
Female	NE - New England Swimming	Meet / Competition	In Water	Swimmer was doing the 25 backstroke and smacked her head against the wall at the finish end of the pool.	bumped head
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer was getting out of the water when her hand slipped and she fell on the edge of the pool and hurt her ribs on the right side. Swimmer needed assistance getting out of the water and had the wind knocked out of her.	Right ribs
Female	OR - Oregon Swimming	Meet / Warm-up	In Water	Swimming backstroke in warmup pool, hit head on wall.	Bump on head, dizziness.
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer hit head on side of pool during race.	Swimmer complained of pain on top of head from hitting wall during the race.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IL - Illinois Swimming	Meet / Competition	Hallway	Swimmer backed up against wall heater and burned her leg.	Affected area had red mark with small blisters
Female	CO - Colorado Swimming	Meet / Competition	Deck	Walking and tripped and fell on left knee. Scratched knee.	fell and scratched left knee
Female		Meet / Competition	Bleachers	(guest) Missed a step and fell down bleachers. Hit head on railing at bottom of steps.	No visible injury.
Female	IN - Indiana Swimming	Meet / Competition	In Water	swimmer was climbing out of the pool and slipped and tore her toenail almost completely off, left big toe	left toenail on the big toe was torn almost completely off
Male	PC - Pacific Swimming	Meet / Competition	In Water	During last turn in freestyle, swimmer missed the edge of the pool and hit his heel into the gutter	Direct impact of heel onto size of deck
Female	MN - Minnesota Swimming	Meet / Competition	Deck	collided with opening door; door hit left side of head	bump to left side of forehead
Female	NE - New England Swimming	Meet / Competition	Deck	(Parent) was timing behind lane 2 when she slipped and fell	parent fell while timing and complained of dizziness upon standing and left wrist is sore. Parent refused treatment and applied ice to the left wrist herself.
Female	CT - Connecticut Swimming	Meet / Competition	Deck	swimmer was stretching before her event when her foot slipped and jammed into the block	avulsion on left big toe
Male	NE - New England Swimming	Meet / Warm-up	exiting warm up pool	Swimmer was exiting the warm up/warm down pool when he scrapped his knee against a broken tile on the wall	swimmer has small abrasion on right shin
Female	NE - New England Swimming	Meet / Competition	Deck	(Volunteer) Timer was timing in lane 7 and fell backwards onto her buttocks after slipping in a puddle of water on the deck	parent complains of generalized soreness
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	Slipped and fell on deck	Swollen knuckles and fingers on left hand
Female	KY - Kentucky Swimming	Practice / Water	In Water	Swimmer was accidentally kicked by another swimmer. This swimmer kicked her hand and injured her thumb. She could not move her thumb.	The kick bent swimmer's thumb back and she could not use it after practice.
Female	CT - Connecticut Swimming	Meet / Warm-up	Deck	Toenail injury/ stubbed toe	Stubbed Toe
Female	NE - New England Swimming	Meet / Competition	Deck	Stubbed toe while walking on pool deck, she was wearing flip flops	Cut on middle toe
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	During a freestyle event, swimmer did a flip turn and the back heels of both feet forcefully struck the pool gutter edge instead of the bottoms of her feet pushing off of the pool wall.	There were contusions to the backs heel area of both feet, and the back of her right foot also received a laceration about 1.5" in size.
Male	SC - South Carolina Swimming	Meet / Competition	Deck	Swimmer exiting water in Lane 8, slipped on deck, and ripped a scab (previous injury) off.	Ripped off scab (previous injury) from knee. Blood from knee
Female	AZ - Arizona Swimming	Practice / Water	In Water	The swimmer pushed off of the wall and cut the bottom of her foot on the underwater light	Cut on the bottom of the right foot
Female	GU - Gulf Swimming	Meet / Competition	In Water	Unable to breathe sufficiently after a race.	Unable to breathe sufficiently after a race.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Slipped during backstroke start and twisted left knee	Slipped during backstroke start and twisted left knee
Male	VA - Virginia Swimming	Practice / Water	Deck	Athlete was getting out of the water with his kick board. he was running to get his place in the lane when he slipped in some water and fell on the right side of his face.	bruised cheek and eye. small cut around eye from goggles
Female	PC - Pacific Swimming	walking into facility	outside on sidewalk	slipped on ice area on sidewalk	slipped on sidewalk
Male	GA - Georgia Swimming	Practice / Water	In Water	Exiting the pool and hit his head on the right corner of the starting block. For the record, I did recommend that he report to the clinic for further evaluation.	Head wound, medium depth, moderate bleeding
Female	GA - Georgia Swimming	Practice / Water	Deck	Was walking on the pool deck, slipped and hit the block with foot	Bruise on left foot at the base of the index and middle toe
Female	GA - Georgia Swimming	Practice / Water	In Water	was swimming into wall and another swimmer jumped into the water and made contact with head. Got out on her own and is walking/talking normally. Does not show any signs of being confused/dizzy or acting abnormal.	bump on head
Male	WI - Wisconsin Swimming	Meet / Competition	Deck	Slipped on start end of deck; hit elbow and back	bruise on elbow and scrape on back

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	ST - South Texas Swimming	Practice / Water	Deck	Swimmer stubbed foot on lane line and fell to knees. Scraped knees.	Scraped knees from falling on pool deck.
Female	SD - South Dakota Swimming	Meet / Competition	In Water	swimmer scrapped toe getting out of the pool	abrasion on back of big toe
Male		Meet / Warm-up	In Water	Swimmer got kicked in the chin	Bruise on the chin
Female	CA - So. California Swimming	walking on deck	Deck	Swimmer was walking on deck and step on a bee	bee sting on bottom of foot
Female	CA - So. California Swimming	exiting the pool	In Water	Swimmer was exiting the pool and hit her shin against pool edge.	hit shin against pool edge
Female		Practice / Water	In Water	Complained of dizziness while swimming	Dizziness
Male		Practice / Water	In Water	Bumped nose which resulted in bloody nose.	Bloody nose
Male	AZ - Arizona Swimming	Meet / Competition	Deck	bee sting	Bee sting
Female	IN - Indiana Swimming	Meet / Competition	Deck	Small cut on something bleeding.	Cut under right big toe.
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer "pretend drowned"	No injury, swimmer faked drowning
Male	IA - Iowa Swimming	Meet / Competition	Deck	slipped getting out of the pool	slipped and scraped right knee
Male	IA - Iowa Swimming	Meet / Competition	In Water	swimmer short of breath in pool. exited race early and used used inhaler	asthma
Female	IA - Iowa Swimming	Meet / Competition	Wall of pool deck	Scraped finger on the wall	Scraped finger on the wall
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	As swimmer was swimming, her finger was caught in the lane line, she tore her fingernail & bruised her finger.	bruised right ring finger & tore fingernail
Male	MV - Missouri Valley Swimming	Meet / Competition	ADJACENT PLAYGROUND	HIT NOSE ON SLIDE	HIT NOSE ON SLIDE CAUSING MINIMAL BLEEDING INSIDE THE NASAL CAVITY WHICH STOPPED IN A COUPLE OF MINUTES. MINOR SWELLING OCCURRED.
Female	NE - New England Swimming	Meet / Warm-up	On Blocks	Swimmer fell off the starting block.	Abrasion to lower right leg, ankle, and toe
Female	VA - Virginia Swimming	Meet / Competition	Deck	Stubbed toe on flag holder	Stubbed toe
Female	CA - So. California Swimming	Meet / Competition	In Water	Asthmatic - During race felt tightness in chest. Finished race and after exiting pool felt more tightness in chest.	During race felt tightness in chest. Finished race and after exiting pool felt more tightness in chest.
Female	MD - Maryland Swimming	Meet / Competition	Deck	Random Bloody Nose	Random Bloody Nose
Female	CA - So. California Swimming	Meet / Warm-up	In Water	Athlete was passing a swimmer during warm-up. The swimmer coming in the opposite direction ran into her, head on. Her goggles shifted and cut her eyelid.	Cut on left eyelid
Female	VA - Virginia Swimming	Meet / Competition	On Blocks	scrapped leg on blocks	scrapped
Female	NE - New England Swimming	Meet / Competition	Outside Patio of Pool Area	Scraped right foot while playing on the concrete	Abrasion to the right foot and the 3rd, 4th, and 5th toes
Female		Practice / Water	In Water	Got a heel to the eye exiting on ladder.	Heel to eye
Female	MD - Maryland Swimming	Practice / Water	On Blocks	swimmer bent toe nail back, hitting block while climbing on.	Toe nail bleeding
Female	CA - So. California Swimming	Meet / Competition	In Water	During 100 fly event started getting cramps in both legs.	Cramps in legs.
Female		Meet / Competition	In Water	Foot slipped doing turn on touchpad, cut on edge of pad.	Cut
Female	IL - Illinois Swimming	Practice / Water	In Water	swimmer cut her left foot (3rd and 4th toes) on the tile wall of the pool.	Cut on 3rd and 4th toes of left foot.
Female		Meet / Competition	In Water	scrapped toe on side of pool	scrape on toe on left foot
Female	PC - Pacific Swimming	Practice / Water	Deck	Cut toe on the tile while exiting the pool.	cut on left foot on big toe
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Athlete was running and she fell and scraped her elbow on the sidewalk.	Scratch on the her left elbow. Little- to -no bleeding occurred
Male		Practice / Water	In Water	Athlete dove off the blocks and went too deep on his dive and scraped his elbow on the bottom of pool. His elbow was scraped just enough to bleed.	Minor scrape to elbow. Bleeding slightly.
Male	GU - Gulf Swimming	Practice / Water	In Water	Bumped head on wall while finishing backstroke	Bumped head on wall while finishing backstroke. Blacked out for 1-2 seconds.
Male	OK - Oklahoma Swimming	Practice / Water	Deck	While doing dryland, slipped and hurt his left ankle - caterpillar crawls	left ankle

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PC - Pacific Swimming	swim lesson	In Water	When student was in the water during the swim lesson, the brother noticed blood on her finger and he told sister to get out and mom came to her aid.	A cut on the left hand on the ring finger.
Male		After practice	Ian went to get a help from lifeguard	Swimmer felt dizzy, tired and felt like he is going to blackout. He had some neck pain.(He did not hit or anything.) He finished practice and he asked a help from lifeguard.	It wasn't an injury. Ian did not feel good, felt tired, dizzy and felt like he is going to blackout( that's how Ian explained).
Female	CO - Colorado Swimming	Meet / Competition	In Water	swimmer jumped in to west side of the warm up lane, and hit the left pinky toe nail on the bottom of the pool. The toe nail had been torn from the toe down to the cuticle.	toe nail ripped off
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Swimmer was getting out of the pool and felt pain in her right side that increased with breathing.	Muscle Strain
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Swimmer scraped the bottom of the pool while practicing a underwater breaststroke pull-out. She has a dime sized abrasion above her lip and a quarter sized abrasion below her lip.	two abrasions on the face, above and below the mouth.
Male	NJ - New Jersey Swimming	Meet / Warm Down	Deck	Bloody nose	Bloody nose
Male	OH - Ohio Swimming	Meet/waiting for competition	Deck	Athlete cut his right big toe on the bleacher. It was minor, maybe a little nail damage. The lifeguard called for help and he gave a bandiad	cut on right big toe
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	normal nose bleed, no contact	bloody nose
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	jammed finger against wall on the finish. misjudged distance	right middle finger joint
Male	PC - Pacific Swimming	Practice / Water	In Water	Was pushed in the pool by another swimmer, pushed off the bottom of the pool, hit front tooth on side of pool	Loose front tooth
Male	SE - Southeastern Swimming	Practice / Water	Deck	Hit mouth on gutter	Chipped tooth
Female	IN - Indiana Swimming	Meet / Warm-up	Bulkhead-Sprint Lane	She was climbing out of the pool onto the bulkhead, slipped & hit her right ankle.	Small abrasion on the right ankle & one on the 4th toe of right foot. Slight bruising around area.
Female	NJ - New Jersey Swimming	Walking into workout. Outside building	Outside Venue	Athlete was running and tripped caused abrasions on both knees	Abrasions on both knees.
Female	MD - Maryland Swimming	Meet / Competition	Bleachers	Slipped on floor getting up from bleachers and fell on pool deck.	Bruised/scratched thigh
Female	CA - So. California Swimming	Meet / Competition	Deck	Walked and tripped (scrapped knee).	Scrapped knee.
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped on deck near diving well, abrasion on right knee.	Abrasion
Female	LE - Lake Erie Swimming	Meet / Competition	Deck	She stubbed her toe on the lifeguard chair causing a minor cut to the big toe while walking on deck	Minor cut to her toe
Female	IN - Indiana Swimming	Meet / Competition	Bleachers	Athlete notice toe was bleeding after exiting the water.	Cut on pinky toe
Female	MN - Minnesota Swimming	Meet / Competition	Deck	Light headed after swimming 200IM; helped to deck by a timer; did not lose consciousness; did not hit head; put feet up; drank Gatorade (2 sips); feeling better in 15 min.	Fell getting out of pool - exhausted
Female	MN - Minnesota Swimming	Meet / Competition	Deck	(Guest) Fingers were in doorway leading into the pool and the door closed.	Fingers bruised / cut.
Female	AZ - Arizona Swimming	IN BETWEEN RACES AT COMPETITON	Deck	near fainting but was conscience and able to communicate	felt faint; parents suggest low blood sugar; was also taking antibiotics for ear infections
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Hit his right ankle on the ladder while swimming breaststroke.	Hit his right ankle on the ladder while swimming breaststroke.
Male	SE - Southeastern Swimming	Practice / Water	Deck	Slipped and fell hitting head on deck	Slight concussion
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	SLIPPED AND FELL ON POOL DECK WHEN TURNING CORNER AT NORTH EAST CORNER OF POOL.	SMALL ABRASION ON LEFT ELBOW AND LEFT ANKLE
Female	IN - Indiana Swimming	Meet / Warm-up	Deck	Swimmer noticed, during warm up , that her left foot was cut and bleeding. She notified her coach, who notified event staff, provided first aid, cleaned, bandaged. Swimmer continued to swim the session, and indicated no concern.	Small cut/laceration of top, left foot.
Male	IN - Indiana Swimming	Meet / Competition	Deck	Swimmer was getting ready to get into water for a race and noticed blood on the deck. Does not remember cutting it.	Cut on the pad of toe

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	Hit lane rope with right hand, middle finger, ice applied.	right mid finger tip.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	scratch to chest by another swimmers finger nails	scratch to right chest from another swimmer
Male	AM - Allegheny Mtn Swimming	swimming	getting out of pool	scraped knee when exiting the pool.	Abrasion to left knee
Female	WI - Wisconsin Swimming	Meet / Competition	Bleachers	Little toe of left foot was stubbed/skinned on bleacher.	Stubbed/skinned little toe of left foot.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of warm down pool, swimmer scratched her upper arm on a touch pad anchor plate on the edge of the pool. This plate was removed from the venue when the issue was discovered.	Scratch about 8-9 inches long on inside of upper arm.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of warm down pool, swimmer scratched her upper arm on a touch pad anchor plate on the edge of the pool. This plate was removed from the venue when the issue was discovered.	Scratch about 8-9 inches long on inside of upper arm.
Male	LE - Lake Erie Swimming	Meet / Competition	In Water	Jumped into 12 ft section of pool and scraped his toe when jumping in	scrape right foot 4th toe
Female	MD - Maryland Swimming	Meet / Warm-up	In Water	Another swimmer accidentally scratched athlete with nails during warm-ups.	The scratch was about 3 inches on the upper chest.
Female		Meet / Competition	In Water	Hit knee on block while exiting the pool.	Bruise forming.
Female	SD - South Dakota Swimming	Meet / Warm-up	In Water	FOOT CAUGHT BRIEFLY IN LANE LINE	NONE VISIBLE - STATED NO INJURY
Female	MI Michigan Swimming	Practice / Water	In Water	Hit pinky toe on lane line	red, bruised
Male	CA - So. California Swimming	Meet / Warm-up	In Water	Allergic reaction to pool water	Allergic reaction to pool water
Female	IL - Illinois Swimming	Meet / Competition	In Water	Elbowed in the mouth during warm-ups Wearing braces and sustained small cut to lip with bleeding.	Small cut on lip from braces after she was elbowed by another swimmer during warmups.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Athlete stepped on a small shard of a broken mirror. He sustained a small cut on his left heel.	Small cut on left heel.
Male	AZ - Arizona Swimming	Meet / Competition	open field south of the pool	We hosted a sanctioned meet last weekend. One of the visiting teams hired a tent company to put up a 20x20 shade tent and gave them permission (without asking me) to stake the tent into the ground. The tent company drove a stake through a water main and it burst. The Chandler School District (pool owner) sent me (the meet host) a bill for \$1100 to pay for the repair. I have forwarded the bill and contact info of the responsible USA Team and tent company to George Ward.	We hosted a sanctioned meet last weekend. One of the visiting teams hired a tent company to put up a 20x20 shade tent and gave them permission (without asking me) to stake the tent into the ground. The tent company drove a stake through a water main and it burst. The Chandler School District (pool owner) sent me (the meet host) a bill for \$1100 to pay for the repair. I have forwarded the bill and contact info of the responsible USA Team and tent company to George Ward.
Male	MN - Minnesota Swimming	Meet / Competition	In Water	Came out of pool with left big toe bleeding slightly	Looked like past blister that poened up and bled minimally
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Swimmer had an epileptic seizure during swim meet warmups. The seizure occurred in shallow water and another swimmer was able to hold the seizing swimmer up and her head above water until two coaches pulled her out of the water. While the seizure was occurring, the swimmer's mother, a meet volunteer who is an ER nurse and two coaches were able to lay her on her side with a towel beneath her head so she did not sustain any injuries. After the seizure stopped, the swimmer was able to walk off the pool deck assisted by her mother and a volunteer and she went home to rest.	Epileptic seizure
Female	CA - So. California Swimming	Meet / Competition	In Water	SEIZURE IN WATER WHILE COMPETING-COMPLEX PARTIAL (SWIMMER HAS THIS CONDITION)	NO INJURY-SWIMMER WAS PULLED OUT OF POOL

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Epileptic seizure	Epileptic seizure in water. Teammate caught her before she went under and coach pulled her out of the water and placed her on the deck.
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer swam under bulkhead, he hit the back of his head and came up crying. Coach made sure he was ok, then sent him to sit out with his grandpa.	Bumped back of head - No laceration or any other problem
Male	NJ - New Jersey Swimming	Meet / Competition	Bleachers	Lost balance on bleacher and fell from 2nd level to deck	Pulled Hamstring
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	(nonmember volunteer) Timer felt light headed and walked towards the console. Fainted and fell against the AO who then caught her so as to break her fall.	No injury. Timer fainted.
Male	IL - Illinois Swimming	Meet / Competition	On Blocks	Swimmer slipped getting out of the water after his backstroke race and scraped his right arm.	Scrape on right arm
Male		Practice / Dry-Land	Deck	Doing a wall sit, fell on deck and hit tailbone	Sore tailbone
Male	MD - Maryland Swimming	Practice / Water	Deck	Athlete was preparing to dive in. His foot slipped on the edge of the pool causing him to fall against the block and do a split. the swimmer was in in the neck by the backstroke peg and also strained his groin	slight mark in his neck and painful groin area
Male	AZ - Arizona Swimming	Meet / Competition	Outside Venue	Slipped in some gravel in the parking lot.	Scrapped Knee
Male	MA - Middle Atlantic Swimming	Changing in locker room after lesson	Locker Room	(nonmember) Child was standing on wooden bench in locker room and slipped and fell. He hit locker with left hand and cut his middle finger at the base.	small laceration to middle finger on left hand
Female	NC - North Carolina Swimming	Meet / Warm-up	Deck	There was a cracked tile on deck. The swimmer stepped on a small shard of tile which cut her foot.	Small cut on the bottom of her foot.
Male	SC - South Carolina Swimming	Meet / Competition	Hallway	Swimmer was dragging his hand against the wall and it was scrapped against the tile.	Slight scrape on palm of hand, swimmer went directly to lifeguard for a bandaid
Male	SC - South Carolina Swimming	Between sessions	Locker Room	Swimmer stubbed his toe in the locker room, and it was slightly scraped, requiring a bandaid.	Toe was slightly scraped, requiring a bandaid.
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Swimmer was warming up before the meet and was accidentally kicked in the face by the swimmer in front of him	Bloody nose
Female		Meet / Competition	In Water	Scrape 2 inches wide on wrist and arm from side of pool	scrape on arm and wrist
Female	MT - Montana Swimming	Meet / Competition	Deck	Cut her right large toe on the pool deck	Her large right Large Toe had a cut on the outside of the toe. She was done swimming for the day.
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Scratched existing cut on lane line.	Existing cut on elbow was reopened when the swimmer scratched it on the lane line and started to bleed
Female	IL - Illinois Swimming	Meet / Competition	Deck	slipped getting out of the pool and scraped arm	scrape on arm
Female	IL - Illinois Swimming	Meet / Competition	On Blocks	cut on the underside of big toe when she pushed off the block while diving for the start of a race	cut on big toe
Female		Meet / Competition	Deck	Swimmer Collapsed to knees.	Collapsed on deck
Female	CO - Colorado Swimming	Meet / Competition	Gym	Athlete was running in the gym and fell hitting her head on brick wall. Complaining of head hurting, shaken up, not nauseous.	Right side head
Female	NE - New England Swimming	Meet / Warm-up	In Water	swimmer was kicked in face during warm up.	Swimmer had braces which cut the upper lip
Female	IN - Indiana Swimming	Meet / Competition	Bleachers	(guest) woman had a seizure	woman had a seizure, there was no injury
Female	NE - New England Swimming	Meet / Competition	In Water	swimmer cut leg on a tile missing on the wall of the warm up/warm down pool	abrasion on lower left leg
Male	NE - New England Swimming	Meet/Stands	Bleachers	(property damage) Air compressor broke releasing 1000 of gallons of water on top of parents sitting in the bleachers.	Water burst from ceiling onto stands water traveled through ceiling into locker rooms below and traveled onto the pool deck.
Male	ME - Maine Swimming	Meet / Warm-up	In Water	As swimmer was getting out of the pool scrapped his knee	small abrasion of left knee

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	ME - Maine Swimming	Meet/Stands	Bleachers	(property damage) Air compressor broke during freezing cold temperature and leaked a lot of water onto the stand where parents where sitting. Description from claimant "Water Fell from the ceiling on me while working on my apple MacBook air laptop computer. Computer has malfunctioned since water intrusion from the leak."	Computer was damaged during a major water leak from the ceiling dumping thousands of gallons onto parents from the ceiling, a/c air compressors cracked due to cold temp.