

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	AD - Adirondack Swimming	Practice - Other	Water - Side	As she guarded the goal in a water-polo game, swimmer took a ball to the face. Her head may have also bumped against the gutter.	She was diagnosed with a concussion by her doctor. She also reported previous symptoms from an earlier outside-swimming incident.
Female	AD - Adirondack Swimming	Meet - Warm-up	Water - Start End	Swimmer was under the water when another swimmer's feet first entered the water and collided with her under the water.	
Male	AD - Adirondack Swimming	Meet - Competition	Water - Turn End	final lap of 500 freestyle. foot slipped of and slipped on the wall, cutting bottom of left foot.	deep cut on bottom of left foot
Female	AK - Alaska Swimming	Practice - Other	Other In Water, not specific Location	Swimmer began complaining of slight knee pain that progressively got worse over the next few days. Initially coaches recommended ice and rest however, it impacted her performance at a swim meet (12/02/17) and coaches scratched her from her last event.	Pain was located on inside and above right knee, at the day of a swim meet she said the pain worsened. Coaches recommended getting it checked out by a doctor before returning to practice.
Female	AK - Alaska Swimming	Meet - Competition	Water - Start End	jumped into the pool feet first and landed very hard on the bottom of the pool and had ankle and heel pain. Iced it, and then did a flip turn later in the day and felt severe sharp pain, then unable to bear weight on it.	
Female	AK - Alaska Swimming	Other Outdoor field games	Other field outside of the pool	For our last day of practice the team headed outside to play in the sun and play different types of running games. We were walking towards the track to go do track work and swimmer stepped on a bunch of twigs. One of which (or a unseen piece of glass) sliced her left foot on the pad under her 4th and 5th digit. Mother was called right away and took swimmer to the hospital to get looked at. basic first aid was performed by me on the scene and the flow of blood had stopped before wrapping the foot loosely in gauze to keep the wound clean.	
Female	AK - Alaska Swimming	Meet - Competition	Water - Turn End	Swimmer was doing an open turn for her event and her shoulder popped. According to her, she notified her coach after the incident.	Swimmer was doing an open turn for her event and her shoulder popped. According to her, she notified her coach after the incident.
Female	AK - Alaska Swimming	Practice - Dry Land	Other Football field	Ran into goal post	
Male	AK - Alaska Swimming	Practice - Other	Water - Start End	Athlete bumped head into start-end wall, while swimming back stroke.	Athlete was alert and responsive when questioned. Coach instructed the athlete to sit out remainder of practice.
Male	AK - Alaska Swimming	Meet - Walking	Bleachers - Spectator's	Fell on left arm/hand.	sore in forearm when full extension full flexion
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Deck	Coach was walking on the pool when a swimmer who was swimming their arms hit her, breaking her front tooth partial.	Since it was a partial, it was cleaned and gorilla glued to hold temporarily until can get to dentist
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Outside Venue	Swimmers coach approached for a wound clean and some blood on the pool deck. The swimmer's right foot had a large cut on the back of her ankle. For the most part, the blood was dry except when the wound was compressed. Swimmer as well as mother, believe she was injured by the car door but not sure if it happened at home or once they got to the pool.	Three butterfly bandages were applied as well as a gauze pad and tape. Swimmer stated she started to feel very hot and her facial color started to pale. A bag of ice was applied to the back of her neck. She was advised to elevate her legs on the transport to the ER and continue with the ice. Swimmer was taken to UPMC Passavant where she obtained 4 stitches.
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Deck	Swimmer was lying on a bench when she fell off; her arms were inside her sweatshirt so she could not stop herself from falling. She also had her hood up on her head. When the hood was removed, she had a very large goose egg/ bump already formed above her right eye.	Parents took her to Children's Hospital where it was determined that she did not have a concussion and was given motrin.
Male	AM - Allegheny Mtn Swimming	Practice - Dry Land	Other high school weight room	While performing a bench press one of the clips that holds the weight on slipped and the weights shifted causing the weights to hit the athletes head.	Weights hit head and created a bruise, scrape and localized swelling
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Outside Venue	I was coaching a dryland workout when one of swimmer's teammates pointed out that swimmer appeared disoriented. I had her sit down and drink water while the rest of the swimmers did dryland exercises. After a few minutes, her condition got worse, she hunched over and was slow to respond to verbal communication. She seemed in no condition to walk back to the school so I called Coach to pick us up in his car. Myself and a few of her teammates sat with the swimmer while we waited for the coach to arrive. Upon his arrival, we helped the swimmer into the car, at which point, her mother was notified of the incident via cellphone. The coach took the swimmer to the hospital.	
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Bleachers - Spectator's		
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Hit right hand pinky finger doing a backstroke finish into the wall during practice.	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Deck	Opened door to pool office and door went over left big toe... removing toe nail.	Swimmer taken to hospital and x-ray taken to ensure the foot and toe were not broken.
Female	AM - Allegheny Mtn Swimming	Meet - Walking	Stairs	Parent was exiting the spectator area walking down a flight of steps and she slipped and fell and twisted her ankle on the last step before the floor.	After parent left the property in personal vehicle she went to the emergency room and ankle was xrayed with no fracture found
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	Swimmer was short of breath, dizzy tachycardic after swimming 100 Free, she improved and left with mother	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Locker Room	Swimmer slipped and fell on her back when exiting the showers.	
Female	AM - Allegheny Mtn Swimming	Meet - Walking	Deck	Swimmer got out of pool, had a difficult time breathing. She sat on the deck and felt dizzy (looked pale). Complained of numbness and tingling in hands and face. Encouraged slow deep breaths, offered water and Gatorade. EMS called when symptoms did not resolve. Swimmer taken to Children's Hospital (Pittsburgh, PA).	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	AM - Allegheny Mtn Swimming	Other timing at meet	Starting Blocks		
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Bleachers - Athlete's	During dryland activity swimmer did something to her back	
Female	AM - Allegheny Mtn Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer jumped in the pool then other swimmer jumped in and accidentally jumped in to close and bumped her on the head.	
Female	AM - Allegheny Mtn Swimming	Meet - Walking	Deck	ran into door and door sliced tip and side of left foot	
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Locker Room		
Male	AM - Allegheny Mtn Swimming	Meet - Walking	Bleachers - Athlete's		Small cut on right knee
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Side	Swimmer was warming up and was kicked in the face during warmups. Laceration below right eye.	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Deck	A swimmer accidentally hit a fellow swimmer in the checkbone lower eye area. Ice applied. Swimmer returned to the water	
Female	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Start End	Flip turn and cut foot on touchpad.	
Female	AM - Allegheny Mtn Swimming	Swimjitsu - Other	Other in between attractions	When she got caught on the blue part and bent her pinky finger sideways	
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was pushing off the wall and another swimmer was finishing into the wall and swimmer pushed off the wall and other swimmer ran into swimmer's forehead with his hand.	Got checked out by athletic trainers and was told it was a mild concussion and gave him a doctor to go see.
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Hallway	Finger is bruised and swollen	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Side	Collided heads with another team mate swimming backstroke and she was swimming freestyle	
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	Back foot slipped off block #2 at the start of race causing the swimmer to enter the water at an angle thus twisting neck.	Swimmer did not want medics called. Spoke with swimmer on 3/26 and swimmer was feeling better.
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer was pushing off the wall when she ran into her teammate who was swimming into the wall behind her.	
Female	AM - Allegheny Mtn Swimming	Other	Locker Room		
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Locker Room		
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	Scraped fore arm on block when getting out of the pool.	
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Locker Room	foot got stuck under the locker room door	
Male	AM - Allegheny Mtn Swimming	Meet - Warm-up	Water - Side	cut foot when exiting pool	
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Turn End		
Male	AM - Allegheny Mtn Swimming	Meet - Walking	Bleachers - Athlete's	The athlete was sitting on the floor next to a wall. The wall had a piece of tile baseboard that was broken. When the athlete stood up to walk he rubbed his foot against the tile resulting in a laceration to his little toe on his right foot.	
Male	AR - Arkansas Swimming	Practice - Other	Water - Start End	Swimmer isn't sure how he did it. He turned a certain way in the water, which caused him to dislocate his left knee cap.	
Female	AZ - Arizona Swimming	Practice - Other	Deck	While helping with pool covers, swimmer had the sleeve of her parka caught in the tarp roller that twisted her arm.	Arm was twisted as the sleeve of her jacket was wound in the roller
Female	AZ - Arizona Swimming	Practice - Other	Water - Start End	Backstroke Flags were blowing and broke the middle band and we noticed before the time of her injury. I went and informed the management of the pool in order to get the flags fixed. In the meantime, we warned all the swimmers constantly during the sets that the flags were off and look at the lane line for the solid blue section and to be careful. Swimmer was not paying attention to one of her repeats and hit her head on the wall. She told One of the coaches she hit her head, and asked if she was alright. The coach explained the flags were off and the lifeguards and management were on their way to fix them. I asked her if she was alright after giving the next set and she said she was alright. She went home and a week and a half later said she was still getting headaches. I encouraged her to go to the doctor to get checked out.	She went to see a doctor and was put on concussion protocol advised by the coach once informed of the issues.
Male	AZ - Arizona Swimming	Practice - Other	Water - Start End		
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	stress of racing start during relay re-injured existing stress fracture	
Male	AZ - Arizona Swimming	Practice - Other	Water - Side	Misjudged wall and ran head first into the wall.	Hit face on wall resulting in cuts, scrapes and possible concussion.
Male	AZ - Arizona Swimming	Practice - Other	Water - Start End		
Male	AZ - Arizona Swimming	Practice - Other	Water - Turn End	Athletes were working on flip turns. Injured athlete turned with feet too far from his body and slammed his heels on the gutter of the pool. Both heels split open and were bleeding. We cleaned and bandaged the wounds and he sat out the rest of the workout. Received 14 stitches when he was taken to the doctor.	Split open heels, and required 14 stitches.
Male	AZ - Arizona Swimming	Meet - Competition	Deck	Swimmer complained of not feeling well. Alert, appropriate, slightly flushed face. Relocated to air conditioned office, placed pone on couch. Given water and cold compresses to face/neck. Father on site entire time. Felt better within 15 mins. Mother arrived and took athlete to urgent care per her wishes. Left awake, alert and responding appropriately.	
Female	AZ - Arizona Swimming	Meet - Watching / Observing	Deck	A metal piece was hanging off a portable air conditioner. She was walking by and the metal piece cut her leg.	A metal piece was hanging off a portable air conditioner. She was walking by and the metal piece cut her leg.

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Male	AZ - Arizona Swimming	Meet - Competition	Team Area	Strong winds during meet. Holding tent and the tent collapsed. He was hit by a weight that was holding the legs in place. He was struck on the finger and collarbone. Xray were negative	Finger brace provided at urgent care. Nothing given for collarbone.
Female	AZ - Arizona Swimming	Practice - Other	Water - Turn End	Swimmer collided with another swimmer. Injuring her hand.	Finger broken near the knuckle. Splinted at urgent care and referred to a hand specialist. Because of the location of the injury complications may arise. Surgery may be required.
Female	AZ - Arizona Swimming	Practice - Other	Starting Blocks	Swimmer adjusted the Starting Block Wedge, but failed to lock it into place. When the swimmer started, the wedge slipped off the block and fell on the foot of injured athlete who was standing behind the blocks.	Scrapes on first three toes, and fractured her big toe.
Male	AZ - Arizona Swimming	Practice - Dry Land	Other Grass area by volleyball courts	Swimmer brought football and started a game in grassy area by volleyball courts. Swimmer was barefoot and stubbed toe into a sprinklerhead. Swimmer did not cry over injury and stated he was fine. His older sister came in to check on her brother while assistant coach provided care bandaging his toe. His parents were on property for the all team parent meeting and were aware of his injured toe that night.	Parent contacted head coach the next day. Father had taken swimmer to get x-rays that morning. His toe is not broken but sprained. Swimmer in a boot for 3 weeks and cannot swim for 1 week.
Male	AZ - Arizona Swimming	Practice - Other	Team Area	getting ready for practice to start i walk over to call them over, and swimmer was up on the tree. as i was getting ready to yell at him to get down, he was jumping down, but his foot got stuck in the V part of the tree and was hanging upside down stuck. Another individual was next to him and released him faster than i could run across the grass. i ran over to check on his foot, saw no blood. ran to get his mom and an ice pack. he did not practice and went to urgent care with his mom instead.	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Turn End	Warm up/warm down pool did not have flags and was only a 20yard pool. Warming up for backstroke athlete hit the wall, back of the head straight on because of no flags to help with stroke count to the wall.	Confirmed concussion by ER
Male	AZ - Arizona Swimming	Practice - Other	Deck	Swimmer fell on the pool deck before the start of practice.	No swelling or redness at the time of injury.
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Athlete raced the 200 IM and upon exit had shortness of breath.	Upon exiting from racing athlete had shortness of breath. Was placed in chair in recovery position. reported tingling in fingers and toes so was seated until could talk and breathe normally. Nearby coach was EMT and stayed checking vitals until was able to report on own
Female	AZ - Arizona Swimming	Other	Other	Athlete came to pool with sore neck, swam, and believes the neck was aggravated increasing pain levels.	Neck pain, not from facility injury. Sat in guard room icing. Declined medical assistance
Female	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Dove off block, swam length, cut foot on wall at turn end	Cut foot at turn end of pool
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Lane Lines	Struck by another swimmer (foot to face) during warm up	Athlete was struck in the face by the swimmer's foot in front of her during warm up
Female	AZ - Arizona Swimming	Meet - Warm Down	Water - Side	Struck foot against lane line in recreation/warm down tank	Struck toe against lane line and was cut
Female	AZ - Arizona Swimming	Other not at facility	Other not at facility	Came to facility with swollen eye, received care	Athlete came in with swollen eye, stated she woke up that way. Hurts slightly and is puffy
Female	AZ - Arizona Swimming	Other	Other		Unknown source of origin. Escorted over by friend.
Male	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Dehydrated and nauseous after racing	Dehydrated & nauseous, threw up in bathroom stall. Was coherent and able to get to bathroom on own (accompanied by lifeguard) then went to warm down from racing
Male	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Cut while exiting pool	While exiting east end of facility in competition tank lane 6, scraped leg
Female	AZ - Arizona Swimming	Meet - Competition	Starting Blocks	Swimmer was not feeling well after swimming	Throw Up/Diarrhea, dizzy/disoriented, lethargic, severe headache, warm/sweats, chills, feverish/clammy
Male	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Scraped foot during a flip turn while racing	Foot scraped on wall/bulkhead during race
Male	AZ - Arizona Swimming	Meet - Warm Down	Other warm up pool turn end	Slipped climbing out of recreation pool used for warm up and warm down	Cut shin
Female	AZ - Arizona Swimming	Other spectator	Bleachers - Spectator's	patient reported seizure; after seeing son's blood from a cut she became nauseous and vomited, loss of consciousness reported. Has had similar occurrences in the past	Patient reported seizure. Described seeing blood and then lost consciousness similar to past events. Not on seizure medications and does remember event. Was seen by MD on site
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was jogging on deck to get in for practice. A USA Synchro team that rents the pool was putting down their underwater speaker wire. As Synchro was trying to cover the wire, swimmer accidentally tripped over the wire. Swimmer scraped up both her knees to where they were bleeding, as well as her right foot. Swimmer attempted to get into practice, but was informed that the bleeding would need to be stopped first. A coach for the Gauchos, took swimmer inside, helped clean the wound and had swimmer apply gauze to her knees until the bleeding stopped. The bleeding restarted once she was home. They got the bleeding to stop at home as well.	
Male	AZ - Arizona Swimming	Meet - Competition	Starting Blocks	scrap on chest/stomach, leg and groin area. Starter gave command to take your mark then stood the group. Swimmer tried to stand but slipped. In an attempt to catch himself he scraped his chest and leg	Scrape
Male	AZ - Arizona Swimming	Practice - Other	Other Volleyball Court	Swim Team was playing volleyball "Nuke em" game. Swimmer tripped going for the volleyball.	Swimmer hurt pinky toe. He iced the toe and requested to stay at practice. Swimmer did not swim the next two days but still came to practice.
Female	AZ - Arizona Swimming	Practice - Dry Land	Outside Venue	touches toes during dryland, slipped and fell backwards on to her tailbone	soreness of the tailbone
Male	AZ - Arizona Swimming	Practice - Other	Water - Start End	Swimmer was on the starting block for a dive and slipped off the block. He fell and landed on his left elbow and side.	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Side	Athlete's hand collided with another swimmer.	Right hand/index finger swelling
Male	AZ - Arizona Swimming	Practice - Other	Water - Turn End	Swimming backstroke, didn't count strokes from the flags and ran into the wall. I had him sit out, I observed him for 30 minutes until he was released to father. He refused ice and said he felt fine.	
Male	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Water - Start End	His hand flipped and he bit his tongue	
Female	AZ - Arizona Swimming	Practice - Other	Deck	While helping remove lane lines from the pool, swimmer stepped on a bee and was stung on bottom of foot. Minor irritation noted at sting site and report given to parent immediately following event.	Small red area noted around location of sting from bee
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Back foot slipped off of the back of the starting block. Scraped hip of her left leg and left ankle.	Bruising of ankle. Scrape on left hip/upper leg area.
Male	AZ - Arizona Swimming	Practice - Other	Water - Side		
Female	AZ - Arizona Swimming	Meet - Competition	Team Area	Wind flipped the team tents and it seems she was struck by the frame	Her neck seems strained.

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Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	It was a recurrence of a an injury to the arch of her foot. She was swimming the 200 IM and during breaststroke the pain returned.	recurrence of previous injury
Female	AZ - Arizona Swimming	Practice - Dry Land	Bleachers - Athlete's	Slipped and hit knee on bleachers	
Female	AZ - Arizona Swimming	Practice - Other	Water - Start End	Swimmer said she was stung by something. Thought it was a bee sting. She said she was fine, the stinger was out and wanted to continue to swim. Came to practice the next day. That night went to urgent care for the sting. The urgent care doctor said it was a black widow bite. Gave swimmer injection and 14 day of antibiotics.	Her finger was slightly swollen.
Female	AZ - Arizona Swimming	Other Team Social Activity	Outside Venue	During a team-organized activity at a theme park, athlete's go-kart was struck from behind and injured her lower back.	
Male	AZ - Arizona Swimming	Practice - Other	Deck	Swimmer was assisting with the removal of the covers and hit his head on the metal end of the cover rack.	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Turn End	Exiting pool slipped and fell on pool deck	
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Deck	Tripped on electrical cord that was not covered by a mat. Being used by another team (Arizona Desert Gems) renting the facility.	Tripped on cord, landed on knees, slid several feet on deck. Continued with swim practice.
Female	AZ - Arizona Swimming	Meet - Competition	Deck	Official reported not feeling well. Alert & responsive appropriately. Moved into guard office, feet elevated and given hydration and orange slices. Reported feeling better within 5 mins Release to own recognition.	
Male	AZ - Arizona Swimming	Meet - Competition	Starting Blocks	Poked in left foot by something sharp by the blocks while timing	small cut with bleeding
Male	BD - Border Swimming	Practice - Other	Water - Lane Lines	During a butterfly set, athlete was accidentally struck on the head temple by a team mate	Athlete removed himself from the water on his own, immediately after being struck
Female	BD - Border Swimming	Practice - Other	Water - Start End	As she was swimming back to breast with a crossover turn, she seemed to pull a muscle on her arm.	She seemed to sprain her left arm as she approached into the wall, in a Back to Breaststroke crossover turn. Then, she was taken to care for her parents
Male	BD - Border Swimming	Practice - Dry Land	Outside Venue	Athlete was on the the jungle gym when she slipped and fell from the monkey bars, leading to her injury	Athlete fell from the monkey bars during dry land, and landed on her left wrist
Male	CA - So. California Swimming	Other Open Water Practice	Other Entering the Ocean	Swimmer was diving under the surf to start the open water practice and struck a sand bar with his head, breaking his neck.	Spinal cord was not severed. Athlete is having surgery today to remove broken vertebrae and is expected to make a full recovery.
Female	CA - So. California Swimming	Practice - Dry Land	Locker Room	Swimmer was doing pull ups. The bar came loose and she fell to the floor. She landed on her left hand and broke two fingers.	swimmer was hysterical and didn't give anyone a chance to look at her finger. So she was rushed to the hospital within 5 minutes of the incident happening.
Female	CA - So. California Swimming	Other Slipping	Locker Room	Suffered subluxation to the jaw.Lost a tooth.Concussion.	
Male	CA - So. California Swimming	Practice - Other	Deck	Coach John slipped on wet pavement and fell on his hip. Two parents helped him get up. He did not report it to me immediately because he thought he would be fine. It is only tonight at workout that I realized he was in terrible pain and he explained to me what happened.	Coach John came back to work today although he was in pain. Before the end of the workout, I decided to drive him back home because his pain in the back was too severe, it just did not make sense for him to be at the pool.
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Athlete pushed off wall and felt a pull/pop in her lower back.	Athlete presented with back pain. Athlete indicated she felt a pop/pulling feeling in her back during her second turn during 400 Free Relay. Able to walk only with assistance. Had pain at midline spine around L4-S1. Muscles in low back/abs in spasm. No neurological symptoms. Full feeling/reflexes in limbs. Athletic trainer called physician on-call, who recommended athlete go to Emergency Room. After athlete attempted to sit up, it was decided best to call ambulance for transport.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit head on wall during backstroke	Headache
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue		
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Hit head on wall during warmups.	Hit head on wall during warmups.
Female	CA - So. California Swimming	Meet - Warm-up	Water - Bottom	Swimmer was practicing a dive in the designated dive lane and hit her head on the bottom of the pool. Was dazed and had a cut on her forehead as a result of the incident. She is a seasoned swimmer with years of experience and many racing dives under her belt.	Swimmer was dazed after she hit the bottom of the pool but was able to talk and move out of the dive lane into a different lane.
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Subject was swimming into the wall to make a turn, when a second swimmer pushed out from the wall, colliding. Both swimmers struck each others heads.	Originally there was a complaint of localized pain with no sign of swelling. That night she observed swelling, which had subsided by the following evening. Subject complained of a lingering headache the next day.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Twisted ankle on the flip turn	Swimmer felt ankle pop when he began to kick out of the turn
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	On 50 yard backstroke turn, swimmer approached wall with one too many strokes. She crossed over and struck forehead on 25 yd wall, recovered and finished race.	
Female	CA - So. California Swimming	Practice - Dry Land	Other grass field	The subject was participating in group activity when she jumped into air and landed on the side of her right foot, twisting her ankle.	The subject twisted her right ankle resulting in swelling and a hematoma. She was unable to put any pressure on her foot.
Male	CA - So. California Swimming	Other Shower	Other Shower	Slipped on tile in shower and cut self on metal pole. Central California IOs at Clovis North High School.Physical form filled out but not transferred to electronic report.	Slipped on the tiles in the shower and foot landed in gutter where a metal pole was sticking out. Sliced toe on the pole. Went to urgent care, stopped bleeding, no stitches needed. Dwayne - med tech at meet referred to urgent care.
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer was doing the 200IM, came in on backstroke, hit right arm on gutter, then smashed bottom right side of head on edge of pool, yelled "ouu". Swimmer said he felt dizzy, nauseous, right arm pain and pain behind right eye.	possible concussion
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	dove off lane 7 during warm up and struck head on right above the right eye.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End		Swimmer dove in off the block during practice struck his head on the bottom of the pool.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was entering water by 3 point entry & slipped & hit head on the side of the pool wall.	Bump & pain at site of injury.
Male	CA - So. California Swimming	Practice - Dry Land	Other Basketball court	The athlete was hit in the head with a 4 lb med ball. The athlete was then observed by our coaching staff and the MHS athletic trainer. The athlete did not show any symptoms of a concussion and was released back to practice for monitoring. Parents were notified and the mother brought in the son to the doctor on 10/01 as a precaution. The swimmer has not been released back to workout.	

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Male	CA - So. California Swimming	Practice - Dry Land	Team Area	I recently received information from the family that post workout he knee was swollen due to drylands activity. (Lunges and running).	Was swollen post practice. X-Ray came back negative. Family seeing specialty doctor.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete slipped exiting the pool and hit his chin of the edge of the pool, splitting it open.	Laceration on athletes chin.
Male	CA - So. California Swimming	Other Entering facility	Deck	Official was walking on deck when he became short of breath, diaphoretic and nauseated. Lifeguard staff made their assessment and administered oxygen while waiting for the EMTs to arrive.	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer fove off starting block into the 9ft deep end and went straight down to the bottom of pool and hit head on the bottom of pool	minor concussion
Male	CA - So. California Swimming	Other Walking on pool deck	Deck	The Official walked onto the pool stating that he was nauseated and short of breath. Lifeguards were immediately notified.	
Male	CA - So. California Swimming	Other Swim Practice	Water - Start End	Over exposure to chlorine in pool area causing difficulty breathing. Dizziness, Numbness in hands and feet. Elevated heart rate due to ventilation system.	Over exposure to chlorine in pool area causing difficulty breathing, dizziness, numbness in hands and feet. Elevated heart rate due to ventilation.
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	The individual landed on his right foot, and toes during dryland training. The exercise was jumping into and then over a prone tire.	A trip to Urgent Care found the swimmer fractured his right toe. At practice the injury was assumed to be a minor sprain or stubbed toe.
Female	CA - So. California Swimming	Meet - Competition	Deck	Parent was walking and looking elsewhere when she tripped and fell into the lifeguard tower	Forehead/nose no bruise; left palm (hand) laceration; left calf bruised; right forearm bruised
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Struck head on end of pool during backstroke event	Possible concussion, swimmer and parent informed of need to consult with concussion professional.
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	Struck head on the wall practicing backstroke turn.	Has a lump on his head where he struck the wall.
Male	CA - So. California Swimming	Meet - Competition	Water - Side	During the 25K World championship meet, athlete had to pull out early due to left hip injury. states it started hurting approx 7.5k into race and he could not finish due to pain. never had similar pain previously	During the 25K World championship meet, athlete had to pull out early due to left hip injury. states it started hurting approx 7.5k into race and he could not finish due to pain. never had similar pain previously. Athlete was evaluated in medical tent on site and released to me (team doctor)
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer was challenged by coach on deck to complete a 75 with no breathing. Athlete had completed a 50 and became unresponsive after her flip turn at the 50. She had pushed off the wall and stopped moving, floating on the surface. A coach in the next group yelled "get her" at which time the supervising coach entered the water, pulled her onto her back with her head above water, and swam her to the wall. The coach on deck assisted in removing her from the water at which time the lifeguards on duty took over the rescue and treatment.	Swimmer was initially unresponsive when approached in the water, but regained consciousness when removed from the water. Coach on deck reports seeing foaming from the mouth and dry heaving as swimmer attempted to clear her lungs.
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer was swimming a backstroke event. The flags were loose and the wind was blowing them closer to the wall at the start end. Swimmer struck the back of her head on the wall during the finish of the race.	Swimmer was swimming a backstroke event. The flags were loose and the wind was blowing them closer to the wall at the start end. Swimmer struck the back of her head on the wall during the finish of the race.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	One swimmer jumped on top of the injured swimmer when she was about to push off the wall. The first swimmer ended up landing on the injured swimmer's right shoulder	Swimmer couldn't lift her right arm and shoulder was in pain.
Male	CA - So. California Swimming	Meet - Watching / Observing	Deck	Boys were waiting for their relay at the end of the pool. Arms were locked shoulder over shoulder, one boy twisted around abruptly and twisted the others shoulder.	A doctor has been seen upon return home and therapy has been prescribed.
Male	CA - So. California Swimming	Practice - Dry Land	Other grass field	Swimmer ran into a fence door, knocking his head on the pole.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer struck the top of her head and the back of her head several times during her swims during finals in the 200 back event and the 50 back event. The wind was blowing the flags closer to the wall causing swimmer's turns and finishes to be off timing. Swimmer struck her head primarily during her finishes but also glancing blows on her turns during the 200 back. After hitting her head in the 50 back she stated she was dizzy and her head hurt badly.	Swimmer struck the top of her head and the back of her head several times during her swims during finals in the 200 back event and the 50 back event. The wind was blowing the flags closer to the wall causing swimmer's turns and finishes to be off timing. Swimmer struck her head primarily during her finishes but also glancing blows on her turns during the 200 back. After hitting her head in the 50 back she stated she was dizzy and her head hurt badly.
Female	CA - So. California Swimming	Practice - Other	Water - Bottom	Swimmer reported that she hit her head on the bottom of the pool while streamlining in the shallow end when she moved her head to see how close the following swimmer was.	Swimmer stated that her head hurt after she hit the bottom of the shallow end. She swam a few lengths and said it was still bothering her. She was then instructed to exit the pool. Her guardians were notified about what had happened and asked to pick the swimmer up.
Male	CA - So. California Swimming	Meet - Warm-up	Deck	Injured Little finger on right hand	metacarpal fracture
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer dove into the water on the right side of the pool in lane one, and when he hit the water his legs went over him and his head hit the wall which is on the right side of lane one.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	SWIMMER FINISHED HEADFIRST ON THE BACKSTROKE FINISH. cOMPAINED IF HEAD PAIN WHEN EXITING THE POOL	
Female	CA - So. California Swimming	Practice - Other	Water - Start End	SWIMMER STRUCK AGAINST ANOTHER SWIMMER HEAD TO HEAD	SWIMMER COLLIDED WITH ANOTHER SWIMMER HEAD TO HEAD, SWIMMER GOGGLES BROKE
Male	CA - So. California Swimming	Practice - Other	Water - Start End	SWIMMER STRUCK AGAINST ANOTHER SWIMMER HEAD TO HEAD	SWIMMER COLLIDED WITH ANOTHER SWIMMER HEAD TO HEAD, SWIMMER GOGGLES BROKE
Female	CA - So. California Swimming	Meet - Competition	Deck	SWIMMER WAS WAITING FOR HER RACE TO BEGIN, SWIMMER THOUGHT SHE HEARD HER NAME CALLED, TURNED QUICKLY AND STRUCK HER FACE AGAINST THE EZ UP POLE CAUSING HER NOSE TO BLEED	STRUCK POLE CAUSING NOSE TO BLEED
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer was entering water for 11/12 50 Back, didn't realize shallow depth, hit heels on bottom, causing her neck to 'jam'.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	HIT HEAD DURING FLIP TURN	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Athlete was swimming the 800 freestyle and her shoulder popped (she has a pre-existing condition); scapua moved.	Scapula (shoulder) popped; pre-existing condition.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer was accidentally struck in the head by another swimmer while sitting the way.	Swimmer informed me that she was having a bad 24 hrs, that she had been hit in the head at practice the day before (she did NOT disclose this to me on that day so I had no idea), she got tackled by a teammate at school which tweaked her back, and that she had been hit in the head a second time already. She said it in such a matter of fact way and was acting normally so I told her to continue warming up. After getting in the water and continuing warmup, roughly 10 minutes later, she urgently told me she needed to get out. When I asked her why she said because she needed to throw up. I told her to go ahead and about halfway to her trip to the bathroom, it dawned on me that this may be a concussion, or even a secondary concussion. I sent two of her teammates in after her to make sure she was ok. I located her mom on the pool deck and told her what happened according to what swimmer had told me, told her that I would have to file an incident report and that swimmer would need to go to the Dr to get signed off as being cleared for activity before she would be allowed in the water again. Mom left with swimmer shortly thereafter, where they got clearance from a Dr to continue full activity.
Female	CA - So. California Swimming	Other Swimmer was playing on the water polo net, off deck outside in general public seating area. Swimmer was swinging on the equipment and fell landing on her head.	Other outside beyond the blocks	Fell on back, hit head from medal water polo goal.	Dr was on deck and assisted with stabilizing the swimmer. Paramedics were called and the Paramedics transported swimmer to Summerlin Hospital Medical Center.657 North Town Center Dr, Las Vegas, 89144.
Female	CA - So. California Swimming	Other Unknown activity of when injury occurred	Other Unknown location of where injury occurred	The swimmer began complaining of pain in her right foot when pushing off the wall during warmup. I asked her if something had happened that might cause the pain. She said she did not know. I asked if it was bothering her before getting in the pool and she said it wasn't and that she only felt it when pushing off the wall.	I had her exit the pool and asked for her to show me where it hurt. She pointed out a raised area under the first joint of the second toe at the edge of the callus on the ball of her foot. There was no blood and nothing was immediately visible. I asked if she had felt anything under the skin or at the point of injury. She said there was something hard there. She was then released to the care of the lifeguards. Her discomfort was unresolved by the guards. Her guardians were then contacted and was released to them upon their arrival.
Male	CA - So. California Swimming	Practice - Dry Land	Stairs	Swimmer was running down stairs and his left foot tripped over his right foot, causing him to fall head first landing three steps down.	Scratches occurred: head: right cheek-abrasionright forehead- swelling 2 inches in diameterupper extremities: Right shoulderLower extremities: left knee-abrasionPosterior body:right lower back-abrasion
Male	CA - So. California Swimming	Meet - Warm-up	Other WARMUP LANES	SWIMMING IN WARMUP AREA, TWO SWIMMERS COLLIDED HEAD FIRST. THIS SWIMMERS HAD SMALL CUT UNDER LEFT EYE AND WAS BLEEDING. OTHER SWIMMER DISAPPEARED.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer was in lane one swimming 50 backstroke. At the 25 yard turn, swimmer hit the back of her head and continued to swim the rest of the race. After clearing the water, she was dizzy with a headache	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Fell over equipment bags on the side of pool deck.	
Female	CA - So. California Swimming	Practice - Other	Water - Turn End		
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Pushed off wall and knee locked	Medial Swelling at Joint
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	dove in pool for 50's and scraped nose on bottom	scrape across nose
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	During swim practice while executing a backstroke flip turn he was close to the wall and hit his forehead in the wall causing a small scrape.	
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer was coming in from dryland activity, got legs tangled with another swimmer and fell.	Swimmer broke his collar bone.
Female	CA - So. California Swimming	Practice - Other	Other home	Swimmer complained of hip pain before getting in water, I asked her what happened. She started crying as she had fought/argued with mother, She left house, when she came back her father restrained her causing hip pain	She reported the pain started when she was restrained by father
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer dove in for relays and came out with a bloody nose.	
Male	CA - So. California Swimming	Meet - Competition	Deck	Stepped on a bee on the deck.	Left foot bottom mid-sting and swelling and discoloration on entire foot bottom and sides of foot. Pain level 6.
Female	CA - So. California Swimming	Practice - Dry Land	Other on grass field	Tonight during dryland swimmer was running on the grass. Swimmer was coming to a stop after the drill and run when her right foot slipped out from underneath her. She felt a twinge in her right knee. She said it hurt a lot after that. I notified her parents who came and picked her up. I let the parents know she needed a doctors note to come back to swim. Parents were going to take her to the doctor.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Miscounted to turn backstroke and hit her head at the start end of the pool	
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer was coming off the wall when she struck another swimmer in the shoulder. She initially had a nose bleed and then complained of dizziness.	After 20 minutes, swimmer continued to have a nose bleed and complained of dizziness. Her parents were notified and she/they were instructed to seek medical attention.
Female	CA - So. California Swimming	Swimjitsu - Entering / Exiting Pool	Water - Start End	During dives at practice today swimmer was on her second dive coming up from middle of her streamline, and she felt a strain in her right shoulder and middle back. She swam her 50 free and when she returned she let me know what happen. I had swimmer get out of the water spoke to her about the incident. I called the her mother and notified her of swimmer's strain. I had swimmer go to life guards to fill out report. I advised swimmer's mom to get a doctor's note to ensure she is okay.	
Male	CA - So. California Swimming	Practice - Dry Land	Team Area	Athlete running then tripped and fell injuring his collar bone.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	WHILE ASSUMING START POSITION, LEFT FOOT SLIPPED OFF BLOCK. SWIMMER ROLLED OFF BLOCK AND LANDED ON DECK, STRIKING HIS HEAD ON RIGHT SIDE, BEHIND EAR.	
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Miscounted her strokes to the wall while doing backstroke	After seeing the swimmer run into the wall, I asked her if she was ok and she said her head hurt. I had her take a few minutes to calm down and if/when she was ready try to swim and see how she felt. She completed 2 lengths and stopped saying she felt dizzy and her head still hurt. At that point I walked her to the lifeguard station for them to care for/observe her and called her parents asking get them to pick her up and have her checked out by a qualified Dr. When her mother arrived, she shared with me that the swimmer previously had received a concussion from an earlier skiing accident. I again emphasized the importance of having her checked out by a doctor.
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped and fell. Hitting her head/side of her face on the concrete.	
Female	CA - So. California Swimming	Meet - Walking	Deck	SWIMMER SLIPPED ON DECK AREA AND LANDED ON FACE	WHEN SWIMMER FELL ON FACE, A FRONT (BABY) TOOTH WAS OUT AND IT WENT THROUGH THE ROOF OF HER MOUTH. PARENTS IMMEDIATELY LEFT AND TOLD COACH NOT TO TELL DECK OFFICIALS OR HOST TEAMPHONE NUMBER LISTED IS FOR COACH..NONE PROVIDED FOR PARENT
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer struck her head against wall during backstroke.	
Female	CA - So. California Swimming	Other Help with pool cover.	Deck	Help with the pool cover and the rope snap and fell and landed hard on the right elbow.	Fractured right elbow and could not do any physical activities for one month.
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	during back stroke flip turn, swimmer got to close to wall and hit head on wall on side of head.	swimmer said she hit her head during a flip turn on back stroke. I had her get out of the pool and spoke with her about the incident. She felt she was okay. She got back in the water and after a couple of minutes she said she had a slight head ache. I had her get out of the water and sent her to the lifeguards who said to stay out of the water. Parents were notified and came to pick her up. Parents signed release form from Lifeguards.
Female	CA - So. California Swimming	Other practice walking into facility	Stairs	athlete slipped on stairs, and landed on backside, extending arms outward and hands on ground. twisting arm at shoulder	twisted shoulder while trying to prevent fall
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer was swimming the backstroke leg of the 200IM. He hit his head very hard on Turn 3. The official standing right over his lane saw and heard the hit. She reported immediately to MR & official at the finish. This official turned to the parent who was behind and suggested she have it checked & to watch for any signs of possible concussion. The official at the finish end spoke with the swimmer. He was crying but said he was OK. Approximately 10-15 minutes later the coach told the MR to scratch the swimmer for the rest of the meet. She said his mother was taking him home. The MR spoke with the mother about the incident. The mother indicated she was going to take him to either Urgent Care or the ER to have him checked.	none
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Bumped head on wall during backstroke.	Bumped head and felt some pain.
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer jabbed her finger into the wall while racing on 12/17/17.	Swimmer came to first aid on Sunday, one day after incident. First aid person taped left middle finger to index finger. Swimmer had jabbed left middle finger while racing on 12/17/17.
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines		
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer struck her bridge of her nose against the wall.	
Female	CA - So. California Swimming	Meet - Competition	Other WATER-SWIMMING RACE	ATHLETE WAS SWIMMING A RACE WHEN LEG CRAMPS IN CALVES OCCURRED	ATHLETE REQUESTED AND WAS GIVEN ICE PACK
Female	CA - So. California Swimming	Other Practice-water	Water - Turn End	swimmer hit thumb & back of head on wall while doing backstroke. That side of lane, flags were not obvious.	
Male	CA - So. California Swimming	Practice - Dry Land	Gym	Swimmer felt discomfort while lowering down into a squat. He removed from the workout, and iced until he was picked up by parent.	Swimmer felt discomfort while lowering down into a squat. He removed from the workout, and iced until he was picked up by parent.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer exited the pool and stepped on an earring which entered the bottom of the foot. Coach removed the earring by pulling it out. An alcohol pad was provided to wipe the area.	
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimming was running on the sidewalk as part of warm up before a gym session and stepped on some glass. The glass pierced thru the bottom of her shoe and cut open her foot.	
Female	CA - So. California Swimming	Other Practice-Water	Water - Turn End	swimmer was practicing flip turns and hit the top of her head on the wall. No bump or tenderness	swimmer struck the wall with the top of her head while doing a flip turn
Male	CA - So. California Swimming	Practice - Other	Deck	swimmer was clipping on the cover and clipped his finger which started to bleed	scraped/cut on right hand finger
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	A teammate jumped in on top of the injured party	Head and neck discomfort.
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer jig heads with another swimmer. Lifeguards monitored and provided ice	Able to talk, and is functioning normal. No dizziness.
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Subject was coming out of a flip turn, when she pushed off into another swimmer striking her head. She complained of localized pain.	Originally there was a complaint of localized pain with no sign of swelling. That night she observed swelling, which had subsided by the following evening. Subject complained of a lingering headache the next day.
Male	CA - So. California Swimming	Meet - Warm-up	Other water - warm up area no lane lines	was warming up & collided head-on with another swimmer.	Visible bump and redness on left side of forehead, ice bag provided to help with swelling, other aid declined. Swimmer alert and coherent.
Male	CA - So. California Swimming	Meet - Watching / Observing	Bleachers - Spectator's	WHILE SITTING IN BLEACHERS, WAITING FOR NEXT SESSION, SWIMMER WAS HIT BY ERRANT BASEBALL THAT FLEW OVER THE NETTING.	SWIMMER HAD HEADACHE
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	Athlete was completing flipturn into streamline when he looked up and was kicked in the goggles by another athlete. Injured athlete was then treated at facility's lifeguard office and later released. Athlete's father was with athlete during the time after the incident's occurrence.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer was swimming butterfly & another swimmer was swimming butterfly the other way in the same lane. As they passed each other the injured swimmer was kicked on the right side of the face/goggle by the other swimmer.	
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Struck/kicked in head by another swimmer (teammate) while swimming during practice. Accidental incident.	
Male	CA - So. California Swimming	Practice - Dry Land	Deck	The swimmers head was pushed against the ground by a medicine ball.	The athlete felt dizziness and stomach pains after the incident.
Female	CA - So. California Swimming	Meet - Walking	Outside Venue	SWIMMER STEPPED ON ROCK OUTSIDE POOLK DECK	
Female	CA - So. California Swimming	Meet - Warm-up	Other IN WATER	SWIMMER WAS PRACTICING BACKSTROKE AND FELT A "POP" BETWEEN NECK AND SHOULDER	
Female	CA - So. California Swimming	Meet - Walking	Water - Turn End	TRIPPED OVER SWIMMER'S FOOT, FELL ON DECK...HIT LEFT HIP AND UNDER LEFT EYE.	
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	SWIMMER BUMPED HEAD AGAINST WALL ON BACKSTROKE TURN	
Female	CA - So. California Swimming	Meet - Watching / Observing	Deck	Bee sting on pool deck, treated with ice, no allergic reaction, minor swelling	
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Group was asked to power walk around pool facility due to high heat. Austin chose to run backwards and ran into a pole and fell while trying to use his arm to brace himself from the fall.	
Female	CA - So. California Swimming	Practice - Other	Other middle of pool, in lane, passing	Another swimmer, was passing, injured swimmer and his elbow struck her in the nose. She was stopped looking for a paddle that came off her hand, in the middle of the lane. Bleeding was controlled in less than 10 minutes. No nausea or dizziness, or headache at time of injury. Injured swimmer was not permitted to return to practice. Parent was advised to seek medical attention. Checking in later that night, patient had slight headache. No pain or symptoms this morning. Parent did NOT take swimmer for medical attention.	Nose bleed and swelling. No facial lacerations
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	During dry land, injured party was participating in tag and collided with another athlete. Injured party smacked the left side if the face against the other athlete's chin, mouth, and nose.	Injured party experienced a redness and swelling to the left side of her face and head. Was given an ice pack for her face. Also claimed to be dizzy.
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	During dry land, injured party was participating in tag and collided with another athlete. Injured party smacked chin, mouth, and nose against the left side if the other athlete's face. Injured party experienced a bloody nose.	Injured party experienced a bloody nose. Was given an ice pack for her chin and mouth.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Athlete was injured when another athlete tried to push him in the pool.	swimmer was pushed in by another swimmer. upon being pushed, swimmer hit knee on gutter grate before falling in. Pool is overflow style pool.
Male	CA - So. California Swimming	Practice - Dry Land	Other Deck	Swimmers was doing Carioca walking when knee buckled.	
Female	CA - So. California Swimming	Practice - Other	Other Mid Pool	During Warmup swimmer was kicked in the face.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Foot caught in gutter on turn. Swimmer has prior history of "tumor" in bone according to mother. When she injures area causing pain the family knows to allow it to rest.	
Male	CA - So. California Swimming	Meet - Walking	Starting Blocks	Tried jumping over rope, foot caught with rope and fell	
Female	CA - So. California Swimming	Meet - Watching / Observing	Team Area	Natalia removed stinger before coming to first aid.	Burning sensation. Assisted with ice, ran under water, cleaned area.
Female	CA - So. California Swimming	Meet - Warm-up	Water - Side	Swimmer hit (jammed) middle finger on foot of swimmer in front of her.	
Male	CA - So. California Swimming	Meet - Competition	Bleachers - Spectator's	Bee Sting on right hand--pinkie finger	Removed stinger; iced; applied cortaid, band-aid
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End		
Female	CA - So. California Swimming	Other PRACTICE-WATER	Water - Start End	swimmer miss counted her backstrokes to the wall and struck her head	SWIMMER STRUCK HEAD ON WALL WHILE DURING BACKSTROKE DRILL
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Athlete neglected to circle swim, ran into another swimmer, and bit her tongue which started bleeding slightly.	
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer did not notify us that she had crashed her head into another unknown swimmer until an hour after practice. Mom emailed coach.	
Male	CA - So. California Swimming	Meet - Competition	Deck	Passed out on the grass area. Experienced blurry vision.	Awake about a minute later. Has history of hypertension.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Meet - Competition	Deck	Pulling canopy out of her bag. It landed on her right toe nail.	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Athlete in warmup crashed into another swimmer and wrenched her neck	
Female	CA - So. California Swimming	Other PRACTICE-WATER	Other water-lane	swimmer collided with another swimmer during backstroke drill	swimmer collided with another swimmer during backstroke drill
Male	CA - So. California Swimming	Other PRACTICE-WATER	Other water-lane	collided with another	swimmer collided with another swimmer during backstroke drill
Male	CA - So. California Swimming	Other PRACTICE-WATER	Other water-lane	collided with another swimmer during backstroke.	bumped into another swimmer
Male	CA - So. California Swimming	Other PRACTICE-WATER	Other water-lane	swimming backstroke and collided with another swimmer. Athlete said he felt dizzy	swimmer said her felt dizzy after he collided with another swimmer
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer flip turned and accidentally hit a kid with his hand and as a result lost a tooth.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer was coming into the wall when she became short of breath stopping at the turn end of the pool. Lifeguards spoke to swimmer and aided her out of the pool and onto the deck. Lifeguards pu her on a ventimask and oxygen until she indicated that she was breathing okay.	After her breathing normalized and she was no longer short of breath she continued to compete with her mother's consent
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer stepped on some broken glass that was on the pool deck either while exiting the pool for dives or upon doing some dryland before the start of the set.	The bottom of the swimmer's foot began bleeding so she was sent to the lifeguard for further care. It looked like it had been cut or had some glass stuck in the bottom.
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer pushed off the wall on his back thinking a backstroke set had begun after another swimmer accidentally left early for the set. The back of the injured swimmer's head collided with the other swimmer's right eye. After I attended to the other swimmer, who was more dazed by the collision, I checked on this swimmer who insisted that his head didn't hurt and he didn't feel nauseated or dizzy. I let him return to practice as usual and continued to monitor both boys.	I informed swimmer to tell his parents about the accident so they could continue monitoring him at home.
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Swimmer was coming into the wall after accidentally leaving early for a backstroke set, and was struck on the right eye by the back of another swimmer's head who thought the set had started and pushed off to begin five seconds later. I first attended to injured swimmer who was more dazed by the accident, but ended up just being startled. I monitored both boys for the rest of practice, and told them to inform their parents so they could continue to monitor for signs of concussion at home.	no bruising, bleeding, or intense swelling occurred. goggles remained off for the remainder of practice.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Lane 4 turn end (girls locker room side) cut right heel during turn during event 54, boys 500 Free	
Male	CA - So. California Swimming	Meet - Competition	Deck	Coach on deck had a seizure support dog. Dog bite on right hand. There was scratch on the left hand, no broken skin on right.	
Female	CA - So. California Swimming	Meet - Walking	Locker Room	She opened the door to walk into locker room and caught left little toe on door.	Possible broken left little toe. Will go to own medical clinic.
Male	CA - So. California Swimming	Meet - Warm-up	Deck	Tripped on pool deck and cut the edge of his toe.	Large Cut on right big toe, skin removed.
Female	CA - So. California Swimming	Meet - Warm Down	Water - Start End	During warm-up was hit in eye by teammate.	Scratch over left eye.
Female	CA - So. California Swimming	Other Dryland workout in a kiddie pool	Water - Bottom	Running laps in a kiddie pool, stepped on a pool filter located on the bottom of the pool and cut her foot.	Deep cut on the ball of her right foot.
Male	CA - So. California Swimming	Meet - Walking	Other Diving Well Area	Was diving for a phone that was knocked out of his or someones hand. Not sure what he struck to hurt his shin but was bleeding. First Aid was provided.	Cut/Splash
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	While doing a backstroke kick drill, swimmer struck the top of his head on the wall.	Swimmer reported pain in the area of the head strike. No visible bump or redness. Athlete was removed from practice and parent was told to watch for symptoms of a concussion.
Male	CA - So. California Swimming	Meet - Warm-up	Other Water-Swimming	Swimmer was kicked in the eye by another athlete swimming ahead of him during warm up.	Swimmer kicked in eye by another athlete swimming ahead of him during warm up. Swimmer's eye became swollen from the kick.
Male	CA - So. California Swimming	Meet - Walking	Deck	Swimmer dropped a glass jar and it shattered. Swimmer stepped on this broken glass and got shards in his foot.	Swimmer received a few small shards of glass in left foot.
Male	CA - So. California Swimming	Practice - Other	Deck	Athlete was helping put covers on the pool at the end of practice when another teammate moved the roll of covers and the wheels went over the injured athletes right big toe.	Athlete complained of pain and a small bruise on the toe was visible. No blood or cut. Lifeguard administered care/ice and filled out a facility report.
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Was doing butterfly and struck the lower palm against the lane line mid-stroke	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Getting into the pool the swimmer stepped on something sharp, twisted foot to look and noticed blood.	Getting into the pool the swimmer stepped on something sharp, twisted foot to look and noticed blood.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer in backstroke, miscounted stroke from flag, hit back of left hand and top of head with the wall	Slight to minimal swelling on head, no lump. No dizziness, no double vision
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer was struck by a frisbee (on the eye) after it bounced off another swimmer's hands	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	a fellow swimmer kicked him in the eye as he was pushing off.	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	hard landing when jumping feet first into pool, rolled ankle.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer was swimming 200 fly, swimmer swallowed water/ had breathing problem, due to swimmer has asthma.	Swimmer inhaled water during the 200 fly.
Male	CA - So. California Swimming	Meet - Warm-up	Other behind the blocks	Swimmer was finishing warm up. Exiting the pool became dizzy and sick attempted to walk to trash can but, fell beside the container.	
Male	CA - So. California Swimming	Practice - Other	Starting Blocks	Athlete stepped on a piece of glass when walking toward the starting blocks.	Athlete had a small laceration on the heel of his right foot.
Female	CA - So. California Swimming	Meet - Warm-up	Water - Side	Hurt left pinky finger against the wall.	
Male	CA - So. California Swimming	Other PRACTICE-WATER	Water - Turn End	Swimmer was doing a drill which consist of underwater kicking and flip turning at the bottom of the pool. When he flip turn he hit the top of his head on the pool floor	top of head- no bump-no pain-happened at 5:50 am
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Another swimmer dove onto the injured party	Swimmer was cleared by on site facility staff. Swimmer kept out as a precaution due to nature of the injury. Advised to see a doctor.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Was walking and he bumped his head on the diving board.	
Male	CA - So. California Swimming	Practice - Other	Other Swimming	Struck another swimmer in the face. Cut lip.	Struck another swimmer in the face while swimming.
Male	CA - So. California Swimming	Practice - Other	Other In the water	Swimmer struck another swimmer while swimming. Swimmers nose hit another swimmers face. Nose was bleeding and cut on shoulder from other swimmers braces.	
Male	CA - So. California Swimming	Other faint after drylands	Other post gym workout	Swimmer entered the deck area of the pool and did not look good, a bit pale and weak. We asked him to sit down initially. He did not feel better after a few minutes, so the lifeguards came over and administered oxygen and elevated his feet. His Mother was present and released into her care. He never got into the pool for training.	
Male	CA - So. California Swimming	Other entering facility/Stairs	Stairs	swimmer slipped on stairs entering facility, he landed on his backside.	No injuries were seen by coach
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped and her head went into another swimmer's knee	
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Doing back stroke drills with fins on, swimmer coming into wall and ran into wall with his head. He said it hurt. I pulled him out right away. I check to seek if he had any issues. His mother came over and check him out. I had him go to lifeguard with parent to fill out incident report with life guard. In water incident. Hit top of head on wall during backstroke drills.	No symptoms other than his head hurt when he hit it. Parent took control and lifeguards on duty check him out and filled out report
Male	CA - So. California Swimming	Meet - Walking	Water - Side	While walking along pools side I stepped onto the pool. Striking left foot on side of pool.	Hyper-extended left big toe.
Male	CA - So. California Swimming	Practice - Other	Other WALL	SWIMMER WAS DOING A HEAD LEAD KICK WHEN THE FLAGS FELL DOWN WHILE HE WAS SWIMMING, THERE WAS NOT ENOUGH TIME TO TELL HIM BEFORE HE HIT IS HEAD.	THERE WAS NO VISIBLE INJURY. IT MAY JUST BE BRUISED.
Male	CA - So. California Swimming	Practice - Other	Other WALL	SWIMMER WAS DOING A HEAD LEAD KICK WHEN THE FLAGS FELL DOWN WHILE HE WAS SWIMMING, THERE WAS NOT ENOUGH TIME TO TELL HIM BEFORE HE HIT IS HEAD.	THERE WAS NO VISIBLE INJURY. IT MAY JUST BE BRUISED.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	swimmer cut middle finger on wire of lane line while exiting pool at 6:30 pm	small cut on right, middle finger
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Another swimmer accidentally struck injured swimmer on the top of the head with the heel of her foot. Swimmers were not paying much attention to their surroundings which lead to this incident.	At the time he of injury he felt light headed and heard a slight ringing in his ear. We followed concussion protocol and he is now currently cleared to swim again.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	EXITING THE POOL, AT END OF THE EVENT, SWIMMER PULLED HIMSELF OUT OF POOL, USING THE BLOCK. RIGHT FOOT SLIPPED OFF GUTTER AND SWIMMER CAME DOWN FULL WEIGHT ON THE BLOCK AND HANDRAIL, HITTING HIS MOUTH AND STOMACH.	
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer ran into another athlete during a dryland activity with contact to the head.	Swimmer complained about a headache increasing in severity as the workout progressed.
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer ran into another athlete during a dryland activity.	The mentioned swimmer's face (nose/lip) struck the other athlete's head, causing his lip to bleed.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Meet - Warm-up	Deck	When swimmer exited warm up pool she felt a bee sting her. She looked at her hand and saw the stinger.	Bee sting on right hand.
Male	CA - So. California Swimming	Meet - Warm-up	Other Outside Locker room	None	None
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Finishing race - started coughing; felt light headed.	Finishing race - started coughing; felt light headed.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete Hit head on bottom of pool. Suffered a small bump.	Gave ice and reported no concussion symptoms
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete Hit head on bottom of pool.	Gave ice and reported no concussion symptoms
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	While Coach was giving instructions to the group, the wind blew the white board down and struck the swimmer and gave her minor swelling on her left shoulder.	Minor swelling on swimmer's left shoulder
Female	CA - So. California Swimming	Practice - Other	Water - Side	While Coach was giving instructions to the group, the wind blew the white board down and struck the swimmer and gave her a minor open cut wound. Another Coach got her some ice, applied Neosporin ointment to the wound and covered it with a large bandaid.	Minor cut on swimmer's shoulder blade.
Female	CA - So. California Swimming	Other meet set-up volunteer	Other above deck meet set-up	During meet set-up, an electrical cord slipped from a roof and swung down, striking unfortunate volunteer victim in the upper lip.	
Male	CA - So. California Swimming	Practice - Other	Water - Start End	The athlete was finishing a backstroke set, lunged into the wall and hit his head on the wall.	Athlete did not complain of any symptoms until the next afternoon.
Male	CA - So. California Swimming	Practice - Other	Hallway	Coach came to work feeling light headed, with an upset stomach. He left his day job early because he wasn't feeling well. Arrived at the pool, gave a private lesson, had another coach cover dryland for him and went into the bathroom, felt the symptoms of passing out, went out in the hall and fell against a vending machine and then to the floor. City staff immediately came to his aid. He stayed on the floor long enough to compose himself. They took him to the First Aid room for him to lie down. They gave him water, saltine crackers and a sucker. He was picked up by his girlfriend and taken home. He was able to walk on his own. He indicated he was under stress of two jobs and studying for his EMT exam. His words, too many late nights and early mornings studying for his test.	No visible injuries. No pain reported.
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Injury occurred when swimmer's face collided with chest of another swimmer.	"Fuzzy vision" and "Ringing in ears"
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Got kicked in the face, bloody nose	
Female	CA - So. California Swimming	Meet - Warm-up	Starting Blocks	It was windy and the swimmer was not paying attention. She tripped getting up on the block and scratched her shins.	Scrapes on shins
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	While swimming backstroke, the swimmer struck her head on the wall transitioning from backstroke to breaststroke.	The swimmer was told to end practice early. The parents were contacted about the incident and will monitor signs/symptoms. Swimmer reports feeling fine.
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Swimmer was struck in the left side of his face by another swimmer during warm-up.	Cut on left side of face (chin and jaw area).
Male	CA - So. California Swimming	Meet - Competition	Starting Blocks	STUNG ON FACE WHILE WAITING FOR START OF RACE	
Male	CA - So. California Swimming	Practice - Dry Land	Other bench	hit shin while doing up downs	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Swimmer entered water incorrectly by lifting head upon entry to water from the starting blocks. The swimmer complained of pain to chest and back, and was given ice. I believe it to be a whiplash type of injury.	
Male	CA - So. California Swimming	Other Team Holiday party	Other right outside the dining area	Swimmer was running and did see a person swinging her arms and the individual arm struck the swimmer above his right eye.	parent was given info off the USA swimming site concerning concussions.
Female	CA - So. California Swimming	Meet - Competition	Deck	After completing the 100 IM, swimmer collapsed onto ground after exiting pool--no head impact, described being 'tired'.	
Female	CA - So. California Swimming	Meet - Competition	Deck	Stung by bee on bottom of right foot.	Bee Sting
Male	CA - So. California Swimming	Practice - Other	Starting Blocks	Swimmer getting blocks and felt dizzy. Got off blocks and sat down in shade. Not knowing his name or date and body slightly shaking.	
Female	CA - So. California Swimming	Meet - Competition	Starting Blocks	Completed swimming 100M Butterfly and sat on ground when she got out of the pool. Overheard saying she couldn't breathe after race.	
Female	CA - So. California Swimming	Meet - Competition	Deck	Trip on the power cord	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	CA - So. California Swimming	Other Meet - post meet gowning	Locker Room	In locker room with friend and started getting light headed while changing. Told friend and sat down.	
Female	CA - So. California Swimming	Meet - Competition	Other Parking lot	On May 6th at approximately 2:45pm two team Canopies improperly secured, blew up into the parking lot and landed on volunteer's car, damaging it in the process.	The property damaged was a 2014 Ford Explorer.
Female	CA - So. California Swimming	Practice - Other Other Break between sessions	Water - Start End Other Park Surrounding Pool	swimmer had a random bloody nose Ran into bushes and got skin irritation.	random bloody nose Minor itchiness from running into bushes.
Female	CC - Central California Swimming	Practice - Other	Water - Side	During practice an accident occurred when an athlete ran into the swimmer. The swimmer took a blunt hit to her nose causing it to fracture. The incident happened towards the end of practice. She didn't say anything as soon as she got into her car started to cry and explain what had happened.	The nose swelled and her parents took her to ER
Female	CC - Central California Swimming	Meet - Competition	Bleachers - Spectator's	Injured party missed top step in flight of stairs in concrete spectator bleacher area and fell down 8-10 stairs. Sustained cut on head and minor wrist sprain. Merced City Fire Paramedic and ambulance called. Injured party was taken with parent to emergency room. Required 8 stitches in head. No concussion. Spoke to mother the day after (afternoon of 4/10/17). She said injured party doing fine.	
Male	CC - Central California Swimming	Practice - Other	Bleachers - Athlete's	Slipped and fell	
Female	CC - Central California Swimming	Meet - Competition	Water - Turn End	Swimmer stopped Mid-Race during the 200 Fly, heavily breathing and gasping.	
Female	CC - Central California Swimming	Meet - Competition	Team Area	Swimmer stepped on metal plate cover on pool deck. Plate flipped up, swimmers let fell through and scratched her shin.	
Female	CO - Colorado Swimming	Meet - Warm Down	Water - Side	While getting out of the water after her cool down, swimmer heard a pop in her knee and was instantly in tears. She came up to me, her coach, to ask to be scratched from her last few events with her dad. I offered to get her ice from the lifeguards, she said she just wanted to go home without any treatment. After going to her doctor the following day, it was revealed that she tore her ACL.	Torn ACL
Female	CO - Colorado Swimming	Practice - Dry Land	Other Strength and conditioning room on deck		
Male	CO - Colorado Swimming	Practice - Other	Deck	Swimmer complained of headache during practice, coach had swimmer exit pool and dry-off and sit. Over approximately 30 minutes swimmer's headache worsened significantly and swimmer developed persistent cough, shortness of breath, and vomiting. Paramedics and parents were called and swimmer was taken to hospital.	
Female	CO - Colorado Swimming	Meet - Competition	Hallway	Trouble breathing due to asthma attack	Asthma Attack
Male	CO - Colorado Swimming	Practice - Other	Water - Start End	Swimmer dove off block and struck a swimmer headed toward the block head to head after entering water (about 3 feet apart when swimmer dove off block).	
Female	CO - Colorado Swimming	Practice - Other	Water - Start End	Swimmer dove off block and struck a swimmer headed toward the block head to head after entering water (about 3 feet apart when swimmer dove off block).	
Male	CO - Colorado Swimming	Other in Dorm room at athletes village	Other Dorm at Village	Patient felt palpitations, known history of atrial fibrillation not currently taking home medications. Irregular tachycardia noted. Patient took 325mg aspirin and atenolol 25mg. Irregular tachycardia continued, BP 170/100, mentating well, no chest pain, no dizziness. he did feel chills but no fever. he felt lightheaded intermittently. He was able to respond to questions appropriately. He was escorted to the Poly clinic in the athletes village where unstable a-trial fibrillation with rapid ventricular response was documented on EKG. He was then transferred to Chang Gung Memorial Hospital via ambulance and evaluated in the ER. His heart rate stabilized and his vitals signs normalized. Labwork including electrolytes and troponin were checked and interpreted as normal. chest X-ray was interpreted as normal. He remained stable for several hours in observation. he was discharged on atenolol 25mg PO daily and given a prescription from the hospital. Discharged to the athletes village and instructed to follow up with PMD/cardiologist when returns to USA.	Patient felt palpitations, known history of atrial fibrillation not currently taking home medications. Irregular tachycardia noted. He took 325mg aspirin and atenolol 25mg. Irregular tachycardia continued, BP 170/100, mentating well, no chest pain, no dizziness. he did feel chills but no fever. he felt lightheaded intermittently. He was able to respond to questions appropriately. He was escorted to the Poly clinic in the athletes village where unstable a-trial fibrillation wwith rapid ventricular response was documented on EKG. He was then transferred to Chang Gung Memorial Hospital via ambulance and evaluated in the ER. His hear rate stabilized and his vitals signs normalized. Labwork including electrolytes and troponin were checked and interpreted as normal. chest X-ray was interpreted as normal. He remained stable for several hours in observation. he was discharged on atenolol 25mg PO daily and given a prescription from the hospital. Discharged to the athletes village and instructed to follow up with PMD/cardiologist when returns to USA.
Male	CO - Colorado Swimming	Meet - Warm-up	Water - Start End		
Female	CO - Colorado Swimming	Practice - Other	Water - Side	Practicing backstroke and hit her elbow on the side of the pool.	Hairline fracture in her left elbow.
Male	CO - Colorado Swimming	Other Getting ready for practice	Locker Room	Swimmer stated he slipped in the locker room after losing his balance while changing into his swim suit for practice.	Swimmer had a reaction on his forehead but stated he had received a injury earlier this week during an incident unrelated to swimming. However, he did report that he landed on this existing injury. He denied any new cuts, lacerations, or bruises due to this incident, and none were obviously visible. Swimmer also denied a loss of consciousness leading up to or directly after falling. Swimmer was asked to sit in a chair on the pool deck and was able to answer simple questions regarding orientation to time, place, person, and situation. He did report experiencing head pain at the location of impact (left side of forehead), dizziness, and some nausea, but he did not actually become sick. After talking with and assessing the swimmer I spoke with his grandfather and advised that they may want to seek medical treatment for a more thorough evaluation. Swimmer was escorted to the locker
Female	CO - Colorado Swimming	Meet - Competition	Water - Turn End	Swimmer missed touching the wall with her hand at the finish of the 50 back stroke and struck the end of the pool with her head.	Swimmer struck the end of the pool and was dis-oriented
Female	CO - Colorado Swimming	Meet - Competition	Water - Lane Lines		Hip Popped during breast stroke
Male	CO - Colorado Swimming	Practice - Dry Land	Gym	Athlete was performing a jumping jack. He landed awkwardly, rolling his ankle which then twisted his knee out of socket. He was diagnosed with a dislocated knee.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CO - Colorado Swimming	Other playing outside on athletic field	Outside Venue	Received a 2 inch cut on palm of hand. Dad took him to the emergency room. He was not treated at the venue (Cheyenne Mountain High School Aquatic Center)	Child was taken to ER by father. He was not seen by aquatic staff or meet personnel at the event.
Male	CO - Colorado Swimming	Other playing outside on athletic field	Outside Venue	Received a 2 inch cut on palm of hand. Dad took him to the emergency room. He was not treated at the venue (Cheyenne Mountain High School Aquatic Center)	Child was taken to ER by father. He was not seen by aquatic staff or meet personnel at the event.
Female	CO - Colorado Swimming	Meet - Warm-up	Water - Turn End	Swimmer dove into the water during warm-ups causing her goggles to fill with water. She swam her hand straight into the wall at the turn end of the pool, fracturing her finger (determined later by doctor's visit).	Swimmer fractured her finger while swimming into the turn end of lane 8 during warm-ups. Her finger did not visibly appear broken, swollen, or lacerated. Swimmer was visibly in pain.
Female	CO - Colorado Swimming	Meet - Warm-up	Water - Start End	During flip turn crashed into another swimmer. Other swimmer was not injured. No bleeding either party. Life guards administered ice. Pool staff administered concussion protocol as required by facility with swimmer's Mother and coach present. Passed protocol and swam later for her regularly scheduled event.	Small amount of swelling. Ice was applied.
Male	CO - Colorado Swimming	Practice - Other	Other In water-middle pool	Swimmer hit his head into another swimmer.	Bumped head, felt dizzy & nauseous. Sat out after incident.
Female	CO - Colorado Swimming	Practice - Other	Water - Start End	Swimmer jumped in on injured swimmer.	Headache. Not dizzy or sick. Sore.
Male	CO - Colorado Swimming	Meet - Competition	Water - Turn End	Heel of right and left foot hit gutter of swimming pool during swim of the 1,650 at two different turns (goggles fell off during the swim, swimmer stated he could not see the wall)	
Female	CO - Colorado Swimming	Practice - Other	Locker Room	Swimmer was sitting on bench in locker room. While shifting on bench, fell off and backwards, hitting back of head on another bench	Bleeding from injury back of head
Female	CO - Colorado Swimming	Practice - Other	Deck	Swimmers flipping hair hit heads	Swimmers flipping hair hit heads...one forehead, one top of head
Female	CO - Colorado Swimming	Practice - Other	Deck	Swimmers flipping hair hit each other's heads.	Swimmers flipping hair hit heads...one forehead, one top of head.
Female	CO - Colorado Swimming	Practice - Other	Water - Turn End	Stepped on earring on the bottom of the pool. Earring post went entirely into foot. Took earring out, stopped bleeding with pressure.	Stepped on earring on the bottom of the pool. Earring post went entirely into foot. Took earring out, stopped bleeding with pressure.
Female	CO - Colorado Swimming	Meet - Walking	Other leaving pool	Athlete walking barefoot across grass engaged a splinter in right heel	
Female	CO - Colorado Swimming	Meet - Warm Down	Other warm-up warm down lane	collision to the goggle area of the face from another swimmer in the warm-up warm-down lane.	Black eye
Male	CO - Colorado Swimming	Meet - Warm-up	Deck	Athlete was running on the pool deck and slipped landing on his wrist. Facility Lifeguards gave athlete ice for his wrist. His mom was contacted and took him home - withdrawing from the Meet.	
Male	CO - Colorado Swimming	Meet - Competition	Water - Start End	Swimmer hit the crown of his head on the pool wall when finishing his backstroke event. The top of his head has a small bump.	Swimmer has some pain in the injured area, but otherwise is fine.
Male	CO - Colorado Swimming	Meet - Competition	Water - Start End	Swimmer hit his head and hand on the pool wall when finishing his backstroke event.	Emergency Doctor checked swimmer and determined there was no serious injury. Swimmer continued to participate in the swim meet the next days of the meet.
Female	CO - Colorado Swimming	Practice - Other	Water - Turn End	Bumped chin on wall pushing off, bit lip	Bumped chin on wall pushing off, bit lip, cut inside & outside lower lip
Female	CO - Colorado Swimming	Other Changing in Locker Room - tripped over bag	Locker Room	Swimmer was changing in the locker room after her practice and tripped over her bag. She fell forward and hit her forehead on the floor and also fell on her knees. I was talking to parents after practice and was told she had a bloody nose. Two of her teammates came outside the locker room and told one of our male coaches who then told me. I went in the girls locker room. Her nose was bleeding and she said her knees hurt too. I cleaned her up and talked to her Dad right away and told him what happened.	Swimmer told me she had a headache before practice. She said her forehead hurt. I told Dad and told him to keep an eye out for a concussion. Her eyes weren't dilated and she wasn't throwing up.
Female	CO - Colorado Swimming	Meet - Watching / Observing	Deck	She was walking on deck and slipped and fell on water. She hit the back of her head on the diving board. She momentarily lost consciousness. Symptoms included dizziness, nausea, and pain on the back of her head. EMS was called and evaluated her. They released her and allowed her to stay on site.	
Male	CO - Colorado Swimming	Meet - Watching / Observing	Deck	Slipped and fell off of a chair and HIT face on the deck, biting his lip. Bleeding was minor.	
Female	CO - Colorado Swimming	Practice - Other	Water - Turn End	Swimmer collided with another swimmer during a flip turn, then scraped her head on the bottom because her turn was too low, and then hit the lane rope with her head as she was coming up. Had swimmer get out of the pool, drink water and eat a snack until mother arrived.	Swimmer only said she was dizzy for a quick second then complained about a headache and was shaky when she got out of the pool. Checked make sure the swimmer was coherent and alert.
Male	CO - Colorado Swimming	Meet - Competition	Deck	During the morning session, I was taking a swimmer who missed his swim to the block and walking behind the blocks and slipped on the floor and fell on my back	
Female	CT - Connecticut Swimming	Meet - Walking	Deck	She may have fainted, fell to the deck and hit her head.	May have lost consciousness, may have had a seizure, vomited
Female	CT - Connecticut Swimming	Meet - Competition	Deck	Felt dizzy and lightheaded after competition	
Male	CT - Connecticut Swimming	Meet - Entering / Pool	Outside Venue	Fell into large, obvious storm drain	Abrasions on both sides of leg below the knee; small quarter-sized know over back right of right knee; long, thin lacerations surrounded abrasions.
Female	CT - Connecticut Swimming	Meet - Walking	Locker Room	Slipped rushing down ramp into locker room.	Suspected concussion. Dizziness, and blurred vision.
Female	CT - Connecticut Swimming	Meet - Walking	Deck	Slipped stepping off of floating bulkhead, fell and hit head.	Cut on right temple. Official was disoriented.
Female	CT - Connecticut Swimming	Meet - Walking	Bleachers - Spectator's	Slipped down spectator stairs. Was treated with ice for swelling/black and blue bruise on calf and finger.	
Female	CT - Connecticut Swimming	Meet - Competition	Deck	Right heel laceration from blue side panel nail.	
Male	CT - Connecticut Swimming	Meet - Competition	Starting Blocks	Swimmer was set on block for start. Field was stood by Starter. In process of standing, swimmer lost balance and fell off block.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	CT - Connecticut Swimming	Meet - Walking	Stairs	Swimmer was walking down the stairs and slipped down 3 steps and hurt buttocks. Two people helped him up. He was able to continue to walk down the next set of steps and slipped again another two steps and hurt his lower back. Nobody told him to be careful. There are safety monitors there and signs up warning of wet, slippery steps.	
Male	CT - Connecticut Swimming	Meet - Warm-up	Water - Turn End	Victim is prone to bloody noses. No specific cause in this instance.	
Male	CT - Connecticut Swimming	Meet - Competition	Deck	Loud music (songs being played for finalists to walk to the block) affecting ability to hear properly	
Male	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Turn End	During the first flip turn of a 200 freestyle race, Sam struck his heel on the bulkhead(?) and split his heel open. The injury was treated by the lifeguard staff. His Coach recommended seeking further medical advice. He was taken to an urgent care center where the doctor put 4 stitches in to seal the wound.	
Male	FG - Florida Gold Coast Swimming	Meet - Warm-up	Water - Turn End	Swimmer was warming up pre race went to do backstroke finish and hit the wall with his face	split nose on the bridge and broken nose.
Male	FG - Florida Gold Coast Swimming	Swimjitsu - Dry Land	Deck	During sit ups- fishing hook from his pocket lodged in his thigh.	EMS came and transported to hospital for removal and tetanus shot.
Male	FG - Florida Gold Coast Swimming	Other While Swimming	Water - Side	Got kicked in the face, his goggles broke and scratched his eye and nose area	
Male	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Lane Lines	35m of a race, athlete's arm collided with lane line. Dislocated shoulder upon impact. Athlete had to be removed from pool by lifeguards via backboard. Was immediately transported to hospital. Upon admittance the athlete was administered general anesthesia and his shoulder was re-inserted by medical staff. Athlete has been advised to follow up with an MRI due to a suspected tear. A video is available if needed (we happened to be taping his race)	
Male	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Lane Lines	ATHLETE WAS COMPETING IN "A" FINAL OF THE 50 BACKSTROKE (OUTDOORS). AT 35M, HAND GOT CAUGHT IN LANE-LINE AT FULL-SPEED. ATHLETES' SHOULDER IMMEDIATELY DISLOCATED DUE TO FORCE OF IMPACT, STOPPED RACE AND HAD TO BE REMOVED FROM THE WATER VIA BACKBOARD BY LIFEGUARDS. THERE IS A VIDEO IF NEEDED.	ONCE ADMITTED TO HOSPITAL, DOCTORS ADMINISTERED ANESTHESIA & RE-INSERTED SHOULDER WITH FORCE. ER DOCTORS ADVISED ATHLETE TO GET AN IMMEDIATE MRI TO FOLLOW-UP TO SEE IF THERE ARE ANY FIBROUS TEARS THAT WOULD REQUIRE SURGERY. REHAB PROTOCOL IS ALSO EXPECTED.
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Other outdoor drylands area	Swimmer was stepping up onto a wooden dryland ladder/rack with a pull-up bar. As she turned to face away from the rack and grab the pull-up bar her knee popped and was very painful.	As swimmer turned around to grab the pull-up bar, as she turned her knee popped and she was in great pain. She was simply transitioning into a hanging position when her knee gave out.
Male	FG - Florida Gold Coast Swimming	Other Changing in Locker Room	Locker Room		
Female	FG - Florida Gold Coast Swimming	Meet - Walking	Other parking lot	Athlete tripped in parking lot while leaving meet, she was accompanied by her mother at the time. I did not witness the incident (was still inside coaching the meet) and was not made aware of the incident until the following day (today).	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke when he swam into the wall	Swimmer did not have any bump on the head but had small red color skin where he contacted the wall.
Male	FG - Florida Gold Coast Swimming	Practice - Dry Land	Other Upper Deck of Facility	Athlete was doing medicine ball chest pass with a partner and hurt his pinky finger.	Medicine Ball hit athletes pinky finger
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Deck	While performing lunge in streamline athletes knee pop out of place. The athlete proceeded to fall and land on her elbow.	
Male	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Start End	JAMMED FINGER AGAINST WALL DURING RACE	
Female	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Turn End	Goggles fell off and the athlete swam straight into the wall.	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Ran into a teammate while flipping at wall and hurt chest.	
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	heels struck wall on flip turn	
Female	FL - Florida Swimming	Practice - Dry Land	Gym	Athlete was lifting weights as part of our normal dry land program. After doing her repetitions of the exercise she accidentally dropped the dumbbell on her right thumb that resulted in a large cut and damage to the fingernail and other possible injury to the bone of the thumb.	Athlete was lifting weights as part of our normal dry land program. After doing her repetitions of the exercise she accidentally dropped the dumbbell on her right thumb that resulted in a large cut and damage to the fingernail and other possible injury to the bone of the thumb.
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Swimmer was doing underwater dolphin kicking and collided with another swimmer who was also swimming underwater. The following day his saw Dr and she confirmed that he has a mild concussion. He is currently under Dr ordered concussion protocol and the Dr is optimistic. Other swimmer is fine.	
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Start End	Did a freestyle flip turn at the pool's end and hit his heel in the edge of the gutter.	The injury was not immediately apparent and it got sore and swollen some time after the incident. The athlete went to the Orthopedic institute and was checked out and had an X-ray done.
Female	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Practicing how to dive, from sit to kneel.	
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Locker Room	Fell walking from the locker room	
Female	FL - Florida Swimming	Practice - Dry Land	Deck	Medicine ball thrown hit in the head.	
Male	FL - Florida Swimming	Practice - Other	Water - Lane Lines	Hit in the face with a butterfly stroke	
Female	FL - Florida Swimming	Practice - Other	Water - Turn End	While swimming backstroke swimmer miscounted from the flags and hit her head on the wall.	Swimmer did not inform staff that she hit her head. She told her mother later, after she returned home after practice. She had a headache for the next two days (and did not swim). Consultation with her pediatrician on Friday confirmed possible concussion, and she will stay out of the water for the next 2-3 weeks.
Female	FL - Florida Swimming	Practice - Other	Other	Swimmer stopped at the wall complaining sudden immediate onset of chest pain which at the time was attributed possible heartburn. The pain did not go away at which time her parents took her to the hospital and hospitalized.	
Male	FL - Florida Swimming	Practice - Dry Land	Deck	Medicine ball hit him in the face	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	FL - Florida Swimming	Practice - Other	Other Unknown	Swimmer swam a practice, then exited the pool, limping to the car. He does not know how he injured his foot, but it happened within our fences that day.	After limping all night, swimmer was taken for an assessment the next day. It showed a broken bone.
Female	FL - Florida Swimming	Meet - Warm-up	Water - Turn End	During warm-ups, on a flip turn, she hit the gutter and split her heal open.	Large laceration on heal. Sutures were required.
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Swimmer got kicked with a heal to the nose.	
Female	FL - Florida Swimming	Practice - Other	Locker Room	Swimmer slipped and fell while walking in the locker room, onto the back of her head. She had a lump on her head and memory loss on the way to the Emergency Room.	She had a lump on the back of her head.
Female	FL - Florida Swimming	Meet - Warm-up	Water - Turn End	In warm up, swimmer moved to the center of the lane to pass near the wall. An athlete pushed off the wall and the two struck heads.	Swimmer exited immediately complaining of a headache. She spoke with her mother. She was feeling better near the end of warm up and competed her events. On Monday, she exited practice early complaining of a headache.
Male	FL - Florida Swimming	Meet - Competition	Water - Turn End	While competing in a 100 Butterfly swimmer felt a sharp pain in his shoulder (cannot remember which). It was enough pain to swim single arm into the turn. He then finished the final 25 with a regular stroke. He withdrew from the remainder of the competition. He is hopeful to get the shoulder evaluated this week.	
Female	FL - Florida Swimming	Meet - Competition	Other swimming 200IM		swimming event, immediate swelling and bruising. Can't put weight on right leg.
Male	FL - Florida Swimming	Practice - Other	Deck	While pull cover off the pool, the lever attached to the pool cover reel fell off. The momentum carried the weighted end of the lever around and struck swimmer on the right of his face. He was immediately pulled to a safe place and a trainer on site was alerted of the incident. A coach remained with swimmer until his parents were able to take him to a medical facility for further evaluation.	
Male	FL - Florida Swimming	Practice - Dry Land	Other Outside - sidewalk		
Female	FL - Florida Swimming	Practice - Other	Water - Side	Swimmer Collision in the lane. Swimmer was hit in the face/Head area by a swimmer swimming on the wrong side	
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Swimmer was swimming the first set of practice and it became hard to breathe and she felt squeezing in her chest.	Swimmer given oxygen, Paramedics called and swimmer was taken to Hospital
Female	FL - Florida Swimming	Practice - Entering / Exiting Pool	Starting Blocks		
Female	FL - Florida Swimming	Practice - Other	Other lane		
Female	FL - Florida Swimming	Practice - Other	Water - Turn End	turned off of wall and ran into someone	
Male	FL - Florida Swimming	Meet - Warm-up	Other In Water	During warm-up, swimmer was kicked in the face by the person in front of him. Swimmers were kicking when the accident occurred.	
Female	FL - Florida Swimming	Practice - Other	Other Water-Lane	She believes she was hit by another swimmer.	
Male	FL - Florida Swimming	Meet - Entering / Pool	Water - Start End	While diving off the blocks at the end of warm up, swimmer went too deep and bumped his head on the bottom of the pool.	
Male	FL - Florida Swimming	Other Spectator	Other	Was playing around landscape and then rolling on gym floor, broke out in hives and red itchy bumps.	
Female	FL - Florida Swimming	Practice - Other	Water - Turn End		Stuck into another swimmer while they were trying to make a pass
Male	FL - Florida Swimming	Meet - Warm Down	Bleachers - Athlete's	After event felt weak and dizzy. Coach helped him to the locker room where the lifeguards administered oxygen and hydrated with water and power aid.	
Male	FL - Florida Swimming	Practice - Other	Deck	Swimmer was trying to get his tennis shoes off after dryland to get ready for swimming when he fell and hurt his wrist.	
Female	FL - Florida Swimming	Practice - Other	Other Wall of pool	Struck wall during backstroke turn	
Female	FL - Florida Swimming	Practice - Dry Land	Outside Venue	Working on box jumps/plyometric on a park bench that is secured in concrete; landed wrong on the way down	
Male	FL - Florida Swimming	Practice - Dry Land	Outside Venue	fell and cut ear	
Female	FL - Florida Swimming	Practice - Other	Water - Turn End	While doing a flip turn the swimmer's foot slipped and she cut her big toe on her right foot.	
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	Engaging in a water fight, slipped and fell, twisted ankle	
Female	GA - Georgia Swimming	Other over 10 years of competitive swimming and training	Other Pool	This athlete has been a competitive swimmer for well over 12 years, making the Olympics in 2004, 2012, and 2016. Over the last year she began to have discomfort in her shoulder whilst training. She was initially treated for swimmers shoulder, but her symptoms worsened and her activity level diminished greatly. Further evaluation and diagnostic imaging revealed C5-C7 disc herniation, requiring surgery	Left C6-7 disk herniation with left C7 radiculopathy Right C5- C6 disc herniation with spinal cord compression
Female	GA - Georgia Swimming	Other End of Meet - leaving the pool deck	Deck	Tripped on water hose on deck while the deck was being cleaned after the conclusion of the meet	Broken elbow
Female	GA - Georgia Swimming	Meet - Walking	Hallway	Swimmer was exiting the doorway to the concession area from the pool area. The swimmer's left pinky toe was caught underneath the door frame and the skin was sliced off of the top of the toe.	Top of pinky toe sliced into by door frame closing on it.
Female	GA - Georgia Swimming	Meet - Competition	Other exhaustion	Finished the race, lifted herself out of the pool, and slightly fainted. Came back to shortly after.	Third time fainting after race. First time at Dynamo.
Male	GA - Georgia Swimming	Meet - Walking	Deck	Fell over a water polo goal. Landed on wrist. Broken Arm; Cast on	Broken Arm, cast on
Female	GA - Georgia Swimming	Meet - Competition	Water - Start End	Hit her knee on wall after flip-turn. Possible subluxation/dislocation	
Female	GA - Georgia Swimming	Meet - Competition	Water - Start End	Athlete finished her race and collapsed onto the deck as she was pulling herself out. She was having trouble breathing.	
Female	GA - Georgia Swimming	Practice - Other	Water - Turn End	The injured athlete (Swimmer 1) was swimming on the right side of the lane approaching the wall, and a swimmer heading the opposite direction (Swimmer 2) collided with her head on. Swimmer 2 had just completed a flip turn and accidentally drifted over onto Swimmer 1's side of the lane and collided with her. Swimmer 2 was not injured at all, but Swimmer 1 suffered a concussion. Her nose was also bleeding slightly, as Swimmer 2 made contact with her nose and forehead, causing the concussion.	The concussion was confirmed by doctors. Swimmer was advised to stay out of practice for 2 weeks after incident.
Female	GA - Georgia Swimming	Practice - Other	Deck	Swimmer was running on the pool deck. She tripped on another swimmer's foot. She caught herself on with her arm and broke the forearm.	
Female	GA - Georgia Swimming	Practice - Other	Other Water- about midpool	Swimmer hit her hand against another swimmer and bent her hand backwards. It was near the end of practice so she flexed her hand and tried to swim more.	The area was red with some swelling, similar to a sprain.
Male	GA - Georgia Swimming	Practice - Other	Water - Turn End	The injured athlete (Swimmer 1) was swimming on the right side of the lane approaching the wall, and a swimmer heading the opposite direction (Swimmer 2) collided with her head on. Swimmer 2 had just completed a flip turn and accidentally drifted over onto Swimmer 1's side of the lane and collided with her. Swimmer 2 was not injured at all, but Swimmer 1 suffered a concussion. Her nose was also bleeding slightly as it was the contact with her nose and forehead that caused the concussion.	The concussion was confirmed by doctors. Swimmer was advised to stay out of practice for 2 weeks after incident.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	GA - Georgia Swimming	Other	Other mats before dryland	Other swimmer pulled mat out from under him. Hit head. Told mom about 3 hours after incident. Wasn't reported while at practice.	Was taken to ER about 4 hours after injury. Suffering a bit of amnesia and also concussion symptoms.
Male	GA - Georgia Swimming	Practice - Dry Land	Deck	At the end of January, a parent emailed our coaching staff claiming that his/her son was hit by another athlete with a medicine ball in the face. The son chipped his tooth, broken glasses, and had dental work done which they provided for us as an attachment in their email. Swimmer did not report this injury to any coaches or lifeguards at the facility. Our notification in January was the first we had heard of the incident or claim of the incident. There were no witnesses. The boy they claim threw the ball at swimmer is no longer a swimmer with Dynamo Swim Club.	
Female	GA - Georgia Swimming	Meet - Competition	Other Water/ during 200 individual medley	Swimmer felt panicked during the butterfly. Coach assisted getting swimmer to lifeguards. Lifeguards administered oxygen, and breathing into a bag. Condition worsened after changing out of swim suit. EMS called, and transported to Hughes Spalding Hospital	
Female	GA - Georgia Swimming	Meet - Watching / Observing	Deck	Swimmer was standing on deck and became dizzy. Touched another swimmer's shoulder and then passed out. Other swimmer caught her and helped her to the ground to rest. Swimmer came to in about 10 seconds. She was shaking and there was concern of seizure initially. Called 9-1-1.	
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	The athlete was practicing sprints off the block when she damaged her shoulder upon entry into water.	
Female	GA - Georgia Swimming	Practice - Other	Water - Start End		Smacked in eye by teammate while doing butterfly stroke
Female	GA - Georgia Swimming	Meet - Competition	Other Water - mid pool	Swimmer felt severe, sudden, discomfort in her shoulder while swimming butterfly.	
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	Racing during dryland. Sleipped and slid. Heard popping noise located around knee.	
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	Tripped over another swimmer and fell on wrist	
Female	GA - Georgia Swimming	Practice - Dry Land	Deck	Dropped med ball on her face and bit her lower lip	
Female	GA - Georgia Swimming	Other practice in pool	Water - Start End	She was swimming on the wrong side of the circle swim and another swimmer ran into her. Her face/eye was cut.	
Female	GA - Georgia Swimming	Practice - Other	Outside Venue	She was running, fell forward and hit her forehead or fainted. She told two lifeguards different things.	she said she fainted but nobody saw it happen. she told another guard she hit her forehead.
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	rolled her ankle on practice field	
Female	GA - Georgia Swimming	Practice - Dry Land	Other	Rolled ankle.	Rolled ankle. Said it happens occasionally.
Male	GA - Georgia Swimming	Meet - Competition	Water - Start End	Athlete hit the wall harder than intended, jamming his elbow.	
Female	GA - Georgia Swimming	Meet - Walking	Deck	Athlete was sitting on the deck. She stood up and struck her head on the pace clock mounted to the wall.	Athlete was treated by the lifeguard, the wound was cleaned, and she returned to competition
Female	GA - Georgia Swimming	Meet - Walking	Hallway	The ready room area for the parade of athletes for finals was in a hallway, with a double set of doors leading from the pool deck into the hallway. Going from the pool into the hallway, the right hand door was propped open. The athlete went through the right hand door, and about the same time, someone else opened the left hand door. The edge of the opening door struck the athlete's foot, cutting the skin. She was in some pain, but elected to swim the final. After the swim she sought care from the lifeguard staff. They bandaged the wound, and the athlete did swim other events during the session.	I did not see the injury, but the lifeguard who bandaged the wound said it was not very deep.
Female	GA - Georgia Swimming	Meet - Warm-up	Water - Turn End	Athlete was going to execute a flip turn, but there were a number of swimmers hanging on the wall, so she said she went down deep to not hit any of the swimmers on the wall. Her foot stuck the very bottom of the Omega touch pad, and sliced open the bottom of the foot.	Athlete was treated by the lifeguard staff, cleaning and bandaging the wound. After my discussions with both the athlete and her coach, she returned to warmups and did swim her events.
Female	GA - Georgia Swimming	Practice - Dry Land	Deck		
Female	GA - Georgia Swimming	Meet - Walking	Deck	Athlete was walking on deck behind the blocks. Stepped on a large staple that was lying on the deck.	
Female	GA - Georgia Swimming	Meet - Competition	Deck	Swimmer bumped into vac pole. Pole fell on swimmer. Small bruise. Ice given to swimmer.	
Female	GA - Georgia Swimming	Meet - Warm-up	Water - Turn End	what appears to be pinched nerve or 'stinger in neck. nothing specific occurred to cause pain.	
Male	GA - Georgia Swimming	Practice - Dry Land	Deck	Another swimming swinging PVC piping used for stretching and accidentally struck him in the eye.	swollen eyelid the following day
Male	GA - Georgia Swimming	Meet - Warm-up	Water - Turn End	Cut toe exiting pool.	
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	Cut finger on tile	
Male	GA - Georgia Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete was sitting in the bleacher area, watching during warmups. A team mate hit the athlete in the face with a shaving cream pie as a practical joke. The athlete had a burning feeling in his eyes due to the shaving cream in his eyes. He sought care from the lifeguard staff.	The lifeguard staff took the athlete to the eye wash station and had him wash his eyes out. He returned to swimming.
Male	GA - Georgia Swimming	Practice - Other	Water - Turn End	Jammed finger on uneven tiles	
Male	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Swimmer was coming down the stairs during drylands at the outdoor football field bleachers. He jumped one stair down, and landed on a straight leg with his body twisted. That action created a violent pain in his abdomen and had to be taken by his father to the hospital.	It appears that his hip flexor tendon tore through his froth plate in his hip.
Female	GU - Gulf Swimming	Other Practice - while swimming	Water - Start End	Swimmer hit her head on the wall while swimming backstroke.	
Female	GU - Gulf Swimming	Meet - Warm-up	Water - Start End	Swimmer hit head on wall during warm up on Saturday. After race on Sunday, complaining of head/neck pain and vomiting.	
Female	GU - Gulf Swimming	Practice - Other	Other Water - during practice	Back pain started while swimming during practice.	Back pain started while swimming during practice.
Female	GU - Gulf Swimming	Practice - Other	Water - Bottom	doing a backstroke start drill, the athlete's hands hit the bottom on the pool very hard	broke both middle fingers, right hand to the growth plate
Female	GU - Gulf Swimming	Practice - Dry Land	Deck		
Male	GU - Gulf Swimming	Meet - Competition	Other Lakeside	During storm blowing in, tree branch struck him in back of head, knocking him to the ground	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Start End	The athlete was exiting the pool and hit his head on the block causing a laceration.	The athlete received a cut on his head about one half inch long and one eighth of an inch wide. At the doctor's office the athlete's cut was super glued (no stitches/staples).
Female	GU - Gulf Swimming	Practice - Dry Land	Gym	When stepping into the yoga mat swimmer twisted her foot/toes and ankle	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer had water in goggles and misjudged the wall resulting in crashing face first into wall.	Laceration to the nose, broken nose
Male	GU - Gulf Swimming	Practice - Dry Land	Team Area		
Female	GU - Gulf Swimming	Practice - Other	Deck	She slipped on the deck and fell, landed on her right elbow. She had a few scrapes, and it was wrapped, and ice was administered. She slipped 30 min before practice started, walking to her lanes. It was an unfortunate accident.	Right forearm just below the elbow is where she landed when she slipped and fell on the pool deck.
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Start End	He was climbing out of the pool and slipped back into the pool. He hit his chin on the side of the cutter and cut open his chin.	the cut was a little wide. Mother is taking him to get it looked at

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Head was struck on the wall doing backstroke. An ice pack was provided and athlete sat out the rest of practice. He was not nauseous but had a head ache the remainder of practice.	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Side	Caught toe in gutter and scraped and cut the skin around the small toe on one foot.	
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End		About a 1 inch wide gash on her heel several layers deep.
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Swimmer swam into wall doing BK during warmup. Hit head and couldn't catch breath. Was holding on to side of pool with arms up but head falling into water and couldn't speak for crying and gasping. Coach carefully helped and stabilized swimmer until upper body out of water. Another coach stabilized head/neck until lifeguards and EMS took over.	Parent was on site. Came down from stands and stayed with swimmer until EMS arrived. Taken to ER.
Female	GU - Gulf Swimming	Meet - Walking	Other lobby	Swimming slipped on wet floor in lobby area and feel on left hand - possible broken arm.	Arm hurt when pressure applied to hand. Note: On Sunday, swimmer attended meet and swam her events. Parent indicated x-rays would be taken on Monday.
Female	GU - Gulf Swimming	Meet - Warm-up	Water - Turn End	Was warming up backstroke and ran headfirst into the wall instead of touching with her arm.	Potential concussion as she was lightheaded when she got up to walk around.
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	athlete struck his head on the bottom of the pool during a turn.	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer was doing a bucket turn in shallow end of pool and hit his head on the bottom of the pool!	I informed his parents to take him to doctor. We iced on deck until parents came and then swimmer went to doctor who diagnosed him with a concussion.
Male	GU - Gulf Swimming	Meet - Competition	Water - Start End	couldn't breathe after race	
Female	GU - Gulf Swimming	Practice - Dry Land	Team Area	We were doing some exercises (crab walking) on the football field and she twisted her wrist. Her coach was standing next to her when it happened. We contacted her mom and was told she fractured a bone in her hand.	
Female	GU - Gulf Swimming	Other spectator at meet	Bleachers - Spectator's	Victim slumped on to husband and fainted while seated in bleachers. Unresponsive for approximately two minutes. On significant medicine regime due to liver transplant that is contributory to the condition per victim's daughter who provided the information. deck level conditions at 79-81 degrees. Bleacher are elevated and conditions warmer at the spectator bleachers. Temperature differential from deck level was estimated to be 5 degrees.	Victim was in recovery from a liver transplant and is on a medicine routine that has contributed to her passing out on occasion according to her daughter. Appeared to be frail and very pale.
Female	GU - Gulf Swimming	Meet - Competition	Bleachers - Athlete's	Walking down athlete bleachers, slipped and hit their head on the concrete beam above the bleachers. Taken to Texas A&M Recreational Center Lifeguard office. Texas A&M called to assist. Initial treatment was ice pack prior to EMT arrival. Patient complained of dizziness, bump on back left head, and nauseous. Patient was coherent and able to walk.	n/a
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer dove in and hit her head on the bottom of the pool.	Swimmer did not have any symptoms, just soreness where she hit her head.
Male	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	During Dry Land Exercises, swimming was running during a relay race, slipped and fell turning a corner.	Swimmer scrapped left cheek, left shoulder, hands and knees. Swimmer also fractured right wrist.
Female	GU - Gulf Swimming	Other	Other Van	Athlete hit her head getting into a van after a team hike. As she stepped in the van she hit her head on a metal piece which braces the doors when closed.	Athlete showed signs/symptoms of concussion. Diagnosed by USOC doctor.
Male	GU - Gulf Swimming	Meet - Competition	Other Warm up pool		Swimmers shoulder is bruised or jammed, he feels pain when he tries to rotate the joint or lift his arm. Must have hit the gutter or lane line. Parents are treating it at home with ice, ibuprofen and a topical cream (like Icy Hot).
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Starting Blocks	The athlete dove in too deep and didn't get hands up fast enough, hit the bottom of the pool.	The athlete had no symptoms of injury at practice, awoke the next morning with some soreness in neck and slight head ache and dizziness
Female	GU - Gulf Swimming	Practice - Other	Deck	After a intense aerobic Set swimmer stopped and the Coach asked her if she was ok and helped her get out of the water. She was having a hard time breathing and was shivering. The coach had her go to the locker room to get warm. A parent had a staff member check on her and she was breathing fast and said she was dizzy and felt like she was going to pass out. One of the members was a nurse and said it looks like she is hyperventilating. Her mom got there and calmed her down and took her to the ER. She left the ER and is feeling better.	
Female	GU - Gulf Swimming	Other before practice	Other Behind natatorium building	Swimmer went to say hello to two other athletes who were talking behind the building. Ran and did not see the hole where the grate over the pool pump equipment is held was open. One leg went into the hole, when swimmer tried to break her fall with her hand she also pushed down the grate on her leg. Other swimmers assisted in getting her out, and then notifying the lifeguard on duty at the pool - who then called EMS. Two parent reps went and sat with athlete/met EMS and stayed until athlete taken in ambulance to hospital to xray and rule out fracture/break. Swimmer had large cut/scrape on lower leg, below knee. EMS spoke with Mom who gave authorization to treat and arranged to meet athlete and EMS at hospital.	EMS immobilized the lower leg, although did not think on examination that it was broken, as athlete able to wiggle toes and good pulse evident. Fracture/bone break negative on x-ray.
Male	GU - Gulf Swimming	Meet - Watching / Observing	Other Spectator Seating - upstairs	Person passed out twice before paramedics arrived. Also threw up. Paramedics escorted him to the ambulance but he decided to go home with spouse.	
Male	GU - Gulf Swimming	Practice - Other	Other In water at end of lane	Athlete was using power towers and a piece of the equipment which attaches the band to the Tower hit athlete in the mouth. No equipment malfunctioned or broke. Athlete chipped a piece of his tooth off. (front) Piece was retained.	
Male	GU - Gulf Swimming	Meet - Competition	Water - Start End	Coach informed lifeguard staff that swimmer was sitting on the bench at the far end of the 50M pool claiming that he broke his finger. LG immediately when from the guard station with first aid bag and ice. After looking at his finger and applying ice, medic was called who looked at it. Medic decided to splint.	jammed finger into wall after finishing race.
Female	GU - Gulf Swimming	Meet - Entering / Pool	Other Doorway-Entry to pool	Swimmer cut her left big toe on the metal piece separating the hallway from the pool. It bled, we cleaned & bandaged it and it stopped bleeding. She continued to swim.	
Male	GU - Gulf Swimming	Meet - Competition	Water - Turn End	During event # 34 (50 back), swimmer struck the edge of the pool with his right wrist causing redness and pain without evidence of swelling.	
Male	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Swimmer got bit three times on the hand and started swelling. he also started getting bumps all over his body.	He had an allergic reaction to the ant bites
Male	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	He got three ant bites to the hand and they started swelling. He then complained of bumps on his body and his neck started getting red.	Swimmer had an allergic reaction to the ant bites on his hand.
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	In her attempt to get out of the pool, she slipped back in, scraping her elbow and knee	
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Athlete stumbled and landed half in the water and half on the decking. She complained of stomach pain and had a bruised hip bone.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	GU - Gulf Swimming	Other Meet-Bleachers	Team Area	Slipped in a puddle on the bleachers in the team area.	Didn't get notified until a couple of days later after the incident. It wasn't immediate swelling.
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Starting Blocks	We were practicing racing starts, swimmer completed several dives off starting blocks in 6 1/2 feet of water and on his 5th dive went too deep and with arms extended forward struck his head on bottom of the pool. There was no cut but he was removed on his own accord and coach put ice on his head to prevent bump. He was active and not lethargic and eager to continue training	Swimmer dove too deep and barely struck his head on bottom of pool but still came up and coaches tended to him upon surfacing
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Other Pool Door	Cut her big toe when she pulled open the outside metal door and it dragged across her toe. An inch of laceration.	
Female	GU - Gulf Swimming	Meet - Walking	Bleachers - Spectator's	Swimmer was leaving the bleachers to go swim in last race. Reached the bottom of the bleachers and slipped on last step. She used her right arm to catch her fall. Injured hand where thumb and wrist meet, ankle is sore, as well as inside of elbow.	
Female	GU - Gulf Swimming	Meet - Warm-up	Water - Bottom	Swimmer was entering the pool for warm-ups in the non-competition pool. She was entering the pool in the 2ns lane from the outside edge. Swimmer thought the pool was deeper than it was, and entered water feet first at full force and landed wrong with foot turned on bottom of pool.	Swimmer was entering the pool for warm-ups in the non-competition pool. She was entering the pool in the 2ns lane from the outside edge. Swimmer thought the pool was deeper than it was, and entered water feet first at full force and landed wrong with foot turned on bottom of pool.
Male	GU - Gulf Swimming	Practice - Other	Deck		
Male	GU - Gulf Swimming	Practice - Other	Bleachers - Athlete's		
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck	Right index finger bent backwards by another swimmer.	
Female	GU - Gulf Swimming	Meet - Warm Down	Other Warm up pool	Kate was in the pool going under a lane line to reach the exit of the pool. A younger kid jumped into the water at the same time and jumped on her head. The left side of her head was throbbing with pain.	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer sat on the wall doing a backstroke turn	
Male	GU - Gulf Swimming	Meet - Warm-up	Water - Turn End	Swimmer hit his knuckle on the bulkhead.	His knuckle was cut and bleeding.
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Starting Blocks	The starting block fell into the water while a teammate was pulling on the backstroke bar. The block stuck the above mentioned swimmer on the right forearm. A bruise is on the arm.	Swimmer requested to keep swimming no pain
Female	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Athlete was finishing an outdoor run and her knee possibly dislocated on last step where she fell to the ground. It appears as though the knee quickly relocated; but she was still feeling discomfort in the knee area. We picked her up and moved her to a cooler safe area, called the mother and she came to pick her up.	
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	Athlete's wrist bent back at wall at finish of event	
Female	GU - Gulf Swimming	Practice - Dry Land	Gym	Missed the box for box jumps and scraped her shin on the edge.	scraped the skin on her shin. bleeding and bruising right away
Female	GU - Gulf Swimming	Meet - Entering / Pool	Starting Blocks	Slipped on blocks and scraped leg.	Minor leg scrape.
Male	GU - Gulf Swimming	Meet - Warm Down	Water - Start End	Slipped while entering warm down pool, scraped front of both knees.	Scraped front of both knees.
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Swimmer ran into another swimmer coming of the wall	
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Swimmer collided with another swimmer during warm up	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer bumped head on wall at turn end instead of streamline kicking to wall per instruction. Continued to swim another 600-800 yds and then got out and said his head hurt. Gave him ice to put on bump and called parent.	Small goose egg on top of head. Swimmer said he had been dizzy all day. Felt it best he not continue since he bumped his head. Called and parent picked up. Swimmer got changed and played wall ball until parent arrived.
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Swimmer misjudged finish wall on Backstroke. Did not streamline into wall as instructed. Looked behind and down just as he got to wall and hit his nose on bridge of goggles and wall.	Bridge of goggles contacted nose and wall. Swimmer was in good spirits after accident. Had him lay down and put ice on injury until parent could pick him up.
Male	GU - Gulf Swimming	Meet - Competition	Water - Side	Another swimmer's knee hit swimmer in the head and he was hurt. Head hurt when he got out of the pool and he needed to stay seated for a while.	Head hurt for a while.
Male	GU - Gulf Swimming	Meet - Competition	Water - Lane Lines	Swimmer was exiting the pool from warm down pool and fell back in on top of lane line	
Female	GU - Gulf Swimming	Meet - Competition	Water - Side	Swimmer has preexisting condition - vasovagal episodes and an autoinflammatory disease	Swimmer has preexisting condition - vasovagal episodes and an autoinflammatory disease
Male	GU - Gulf Swimming	Other Locker Room	Locker Room	Was shaving and grabbed a razor by the wrong end, slicing finger open	Cut on right index finger.
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck		
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck		
Female	GU - Gulf Swimming	Meet - Walking	Bleachers - Spectator's	Fell and hit her head behind her left year, possibly on the bleacher system. Not many witnesses, other than mom.	Applied ice, and refused the EMS to be called. Mom and daughter insisted on being perfectly fine.
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped doing dive (not on a block) into pool and scrapped left side of stomach.	Light blood
Male	GU - Gulf Swimming	Meet - Warm-up	Deck		
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	with 4 athletes in the lane doing 25's and athlete ran into on finish and hit the back side of neck	hit on back of neck & swallowed water. No post 1 & 2 day effects
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	sliced fingertip on broken tile on gutter lip	
Female	GU - Gulf Swimming	Meet - Competition	Deck	Small cut on hand, poked on accident with a pin	small tiny pin prick cut on Hand
Male	GU - Gulf Swimming	Other swim lessons	Water - Side	kicked the lane rope	kicked the lane rope with the top of toe near nail
Male	GU - Gulf Swimming	Other Pre-Meet - Setup	Outside Venue	I was driving down I-59 and the Gulf equipment trailer came unhooked from the back of my truck. It damaged my truck and the hitch to the trailer.	
Female	HI - Hawaiian Swimming	Meet - Competition	Water - Start End	The athlete was just past halfway on the second lap of her 100-yard breaststroke event when she accidentally swallowed some water. She made it to the wall and immediately got out of the pool. She was coughing, having difficulty breathing, and was light-headed. The athlete could not regain her normal breathing pattern and an ambulance was called. The Emergency Med Techs took the athlete to the ambulance and examined her. She was then transported to Tripler Army Hospital. Her coach later reported that the athlete was examined at the hospital and the athlete was told to rest for 24 hours.	After swallowing the water, the athlete was coughing and breathing in a short rapid manner and had difficulty returning to a more normal breathing pattern.
Female	HI - Hawaiian Swimming	Other Event-Official's Referee Workshop	Other Inside hotel in front of elevators	I was exited the hotel elevator when I stepped forward and my feet slipped out from under me. I fell landing towards my right side. I landed on my right wrist and hip/buttocks. There was spilled orange juice on the floor that was not reported to the hotel staff.	I have a herniated disk (L5-S1). My sciatica is now giving me terrible pain down my right leg. My wrist is starting to swell. My neck and shoulder also feel pain. The only witness was the person who spilled the OJ and she left immediately.
Male	HI - Hawaiian Swimming	Other dryland	Outside Venue	athlete was participating in dry land and a ball bounced and hit him in the face causing his retina in left eye to tear. athlete will need to travel to another island to undergo surgery.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	HI - Hawaiian Swimming	Meet - Competition	Starting Blocks	He was on the starting block & lost his balance. Instead of letting himself fall into the water, he grabbed the left front corner of the block, causing him to swing around and strike the left side of his ribs against the corner of the starting block.	
Female	HI - Hawaiian Swimming	Meet - Competition	Water - Start End	swimmer was getting out of the water after the heat and scraped left shoulder on the dive block.	
Female	HI - Hawaiian Swimming	Meet - Competition	Water - Lane Lines		
Female	HI - Hawaiian Swimming	Practice - Other	Other Open Water	Swimmer entered Kailua Bay from the beach access point for a team open water practice and came straight to coach (myself) to show she had been stung/ had a reaction to something on her left forearm. Athlete said she did not see what had stung her and said it was itching with minor stinging and it appeared red. We rinsed with fresh water and put jellyfish sting relief on. Monitored swimmer for severe or worsening symptoms, there were none. After monitoring swimmer, guardian, and coaches allowed her to swim open water practice. Before athlete left I suggested she go to her doctor.	suspected jellyfish sting (no jellyfish seen)
Female	HI - Hawaiian Swimming	Other Meet - Breakdown	Deck	Breaking down pop-up tent. Parent/Timer/Volunteer sat up while tent released. Center support dropped and bumped her on the head. She complained, but not bothered enough to be checked out.	
Female	HI - Hawaiian Swimming	Meet - Competition	Deck	Swim Kauai Coach witnessed her fainting/passing out after her swim.	Swimmer fainted after her swim and fell hitting her shoulder.
Female	HI - Hawaiian Swimming	Practice - Dry Land	Deck	Swimmer was participating in our club dryland training outside on the pool deck and she got stung on her lip by a Honey Bee that flew over from the plumeria tree.	Swollen Lip! Huge swollen Lip!
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	While at north end of the pool parent from report # 12869591 came back into the facility and screamed at athlete while he was on the wall. I could not understand what parent said and neither could the athlete. Athlete was crying and could not stop for 15 minutes. I ensured that that parent got in their vehicle and left and then consoled (by speaking to) athlete. He was okay and said the parent did not physically hurt him or touch him but that he did scream at him and scare him. I assured the athlete this would never happen again. I also assured the athlete that he was not in the wrong and that an adult should never ever scream at him. I spoke with the athletes parents after practice and again called to follow up later in the evening. Athletes are okay and parents are okay but upset.	
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Athlete was at north end of pool while coaches were at south end calling out times for athletes completing set. While waiting for his send off on the north side a parent came over, grabbed his face, and screamed at him to leave that parent's son alone and stop messing around (athletes were doing USRPT and had a lot of rest between sets and were lightly splashing while waiting). I ran to intervene and escort the parent off the deck telling him his actions were unacceptable and he may not be on the deck and may never approach athletes and scream or touch them. Once he was outside at his vehicle I went back to talk to the athlete and console him. He was okay and said the parent did not physically hurt him but that he did grab his face and scream at him and scare him. I assured the athlete this would never happen again. I also assured the athlete that he was not in the wrong and that an adult should never ever touch him on his face like that and scream at him. While speaking to this athlete the parent came back in and yelled at another athlete (filed separate report for this athlete) until I finally got him into his vehicle and he left the facility with his athlete. I spoke with the athletes parents after practice and again called to follow up later in the evening. Athletes are okay and parents are okay but upset.	
Male	IA - Iowa Swimming	Meet - Competition	Starting Blocks	Athlete struck nose on bottom of pool during racing start	Athlete taken by parent to medical facility. Xrays showed a fractured nose.
Male	IA - Iowa Swimming	Practice - Dry Land	Outside Venue	Athlete slipped while running stairs and struck forehead on railing.	Athlete informed coach of hitting his head on railing and said his head hurt and was feeling somewhat nauseous.
Male	IA - Iowa Swimming	Practice - Other	Water - Turn End	Athlete flipped heels up onto the gutter while doing a flip turn, cut open heel.	
Female	IA - Iowa Swimming	Practice - Other	Water - Start End	Accidentally struck by a paddle by another athlete.	
Male	IA - Iowa Swimming	Meet - Warm-up	Water - Side	Swimmer was doing backstroke during warm-up for a race. Hit head on the pool wall (last stroke).	
Female	IA - Iowa Swimming	Practice - Other	Water - Lane Lines	Athlete was kicked in her right goggle/eye while swimming around another athlete.	Athlete had cuts on right upper & lower eyelid as well as on area below eye. Released to parent. Follow up with parent indicated that athlete was taken to Dr. the following day and diagnosed with abrasions to white portion of eye and possible concussion.
Male	IA - Iowa Swimming	Practice - Dry Land	Outside Venue		
Female	IA - Iowa Swimming	Meet - Warm Down	Water - Turn End	Ran into the wall and hit her head	Hit head
Female	IA - Iowa Swimming	Meet - Competition	Water - Turn End	Ran head into wall while swimming butterfly. Had difficulty seeing due to goggles (either lost or had water).	
Female	IA - Iowa Swimming	Meet - Walking	Hallway	Athlete slipped in hallway and landed on elbow	
Male	IA - Iowa Swimming	Meet - Walking	Gym	The floor was wet. The swimmer slipped and buckled his knee. He had a pre-existing issue with said knee. Swimmer will see his physician this coming week. Swimmer declined any treatment at the facility.	
Female	IA - Iowa Swimming	Meet - Warm-up	Starting Blocks	Stepping up onto starting blocks and scraped her left knee against the fin of wedge.	Lateral aspect of left knee scraped getting onto starting block.
Female	IA - Iowa Swimming	Meet - Competition	Stairs	Slipped on stairs which were wet due to swimmers going up and down. Located behind the pool deck area.	Swimmer - Hurts when I put pressure on it. I will ice it and take ibuprofen when I get home.
Female	IA - Iowa Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer slipped getting out of pool and hit forehead on side of pool.	
Male	IA - Iowa Swimming	Practice - Other	Deck	While moving lane line reel, wheel of reel struck athlete's right foot and injured second toe.	Released to parent following treatment on site by facility lifeguard staff. Taken to physician two days later (5/23/2017) by parent...diagnosed with fracture to second tow on right foot.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	IA - Iowa Swimming	Other leaving pool deck after swimming event	Deck	Swimmer competed in the 200 meter individual medley without incident. However after getting out of the pool the swimmer was met by her parents in the nearby concession area where she started to show signs of a seizure coming on. Her parents called 911, helped her to a nearby bench and tended to her needs. I was quickly notified that the swimmer was having a seizure and activated the facility EAP with a long whistle to clear the pool and alert the lifeguard on duty. Several first responders came over to offer assistance and cleared the area for the paramedics to arrive and provide care. The facility lifeguard kept the area clear of other swimmers and one of the Waverly certified swim coaches continued to watch over the pool. The paramedics arrived to the pool within 5 minutes, evaluated the swimmer, and shortly after released her to go home with her parents. During the evaluation, I gave the head coach a draft copy of the ROO form to collect information and obtain the names and contact information of two witnesses. After the paramedics took over the care of the swimmer we continued the remainder of the meet without incident. At the conclusion of the meet, I met with the head coach and the Waverly Municipal pool manager to complete reports and discuss how best to address this situation should it arise again in the future.	
Female	IA - Iowa Swimming	Meet - Competition	Water - Start End	Finger struck against touchpad at finish, possible broken finger.	
Female	IA - Iowa Swimming	Practice - Other	Stairs	Slipped on stairs, fell on buttocks, buttock and lower back pain	Iced for several minutes. Swimmer decided to return to practice.
Male	IA - Iowa Swimming	Meet - Walking	Deck	Slipped & fell on deck near office / diving board area. Apparently hit head, but no visible injuries. Parents monitored.	Parents brought swimmer back to swim the next day.
Female	IA - Iowa Swimming	Practice - Entering / Exiting Pool	Water - Side	Athletes were asked to get out of the pool on the side near the diving board. Athletes were on the deck with Coach working on proper foot positioning for Breaststroke Kick. Coach asked the athletes to return to their assigned lanes and enter the water. Swimmer went to her lane that the diving board extends over. Instead of a 3 point entry, swimmer jumped to enter the water. While jumping she hit her head on the underside of the diving board. Coach helped her out of the pool. Swimmer removed her goggles and was holding her head. Coach asked if she was ok. She responded yes, but was crying. Coach asked if swimmer wanted to remove her cap and if she needed help. Swimmer wanted the cap removed and asked Coach to help. She did not have pain anywhere else when asked. Swimmer rested on the bench while athletes swam two lengths. Coach asked if swimmer wanted to get back in the water, but leaver her cap off. She chose to finish the last 5 minutes of practice. Coach walked swimmer to her Mom at the end of practice and explained the accident. No bump or mark was located on her head at that time.	Athletes were asked to get out of the pool on the side near the diving board. Athletes were on the deck with Coach working on proper foot positioning for Breaststroke Kick. Coach asked the athletes to return to their assigned lanes and enter the water. Swimmer went to her lane that the diving board extends over. Instead of a 3 point entry, swimmer jumped to enter the water. While jumping she hit her head on the underside of the diving board. Coach helped her out of the pool. Swimmer removed her goggles and was holding her head. Coach asked if she was ok. She responded yes, but was crying. Coach asked if swimmer wanted to remove her cap and if she needed help. Swimmer wanted the cap removed and asked Coach to help. She did not have pain anywhere else when asked. Swimmer rested on the bench while athletes swam two lengths. Coach asked if swimmer wanted to get back in the water, but leaver her cap off. She chose to finish the last 5 minutes of practice. Coach walked swimmer to her Mom at the end of practice and explained the accident. No bump or mark was located on her head at that time.
Female	IA - Iowa Swimming	Meet - Walking	Stairs	Stubbed toe	
Female	IA - Iowa Swimming	Meet - Walking	Bleachers - Athlete's	Scraped her led on the bleachers	
Male	IE - Inland Empire Swimming	Meet - Competition	Water - Start End	The injured person was having difficulty breathing while swimming the 200 freestyle. After swimming 100 meters, he was pulled from the pool, hyperventilating. His parents and coaches attempted to calm and slow his breathing. They then laid him down on a bench after this was unsuccessful. At this point the acting manager and lifeguard stepped in and asked if assistance was needed. the manager found bags which the lifeguard brought to the injured person and his parents and coaches helped him breathe in the bag. He started going into shock. Coaches and parents took his suit off and insulated him in a dry towel. His father brought him into the managers office where his breathing continued to be monitored and he continued to breathe in the paper bag. After about 10 minutes of laying, the injured person sat up and began breathing normally. His parents stated that they were going to take him to Urgent Care, here in Pendleton.	
Male	IE - Inland Empire Swimming	Meet - Walking	Deck	Official slipped while walking on deck. Official fell on his back/shoulder	
Female	IE - Inland Empire Swimming	Meet - Competition	Water - Start End	Swimmer finished hard on the pool wall and broke her wrist. Injury may have been an escalation of previous condition as her group coach has said that she was complaining about wrist in practice prior to this occurrence.	Swimmer finished hard on the wall and broke her wrist. She had been complaining about it earlier in the week in practice so likely the hard finish worsened the condition.
Female	IE - Inland Empire Swimming	Practice - Other	Other Water-Mid Pool	Swimmer was run into by another swimmer heads first. Swimmer chipped her front right tooth.	Swimmer did not notify coaches in an appropriate manner, which is the reason for the delay of this report. Head Coach notified by a team parent over the weekend. Was told that swimmer visited a dentist, but not sure of location/address. Head Coach was told by parent that swimmer is fine and that dentist gave positive prognosis.
Male	IE - Inland Empire Swimming	Meet - Competition	Water - Turn End	Swimmer mis-judged wall and hit his head on backstroke.	Swimmer was evaluated for a concussion. Despite the bump on his head, exhibited no immediate signs of a concussion.
Female	IE - Inland Empire Swimming	Meet - Walking	Water - Side	An adult hustling past swimmer bumped her and she fell into the warm up pool scratching her arm and leg.	
Male	IE - Inland Empire Swimming	Practice - Entering / Exiting Pool	Water - Turn End	After swimming instructions, kids were directed to sit down and slide into their lane. A swimmer jumped in prior to the injured swimmer, however as I attempted to stop further jumping in the injured swimmer jumped. Meanwhile another swimmer had moved into his way. He tried to avoid the other swimmer but hit his chin on her goggles.	Injured swimmer was treated with compression and butterfly bandages were administered. His mom was informed in person when she arrived.
Male	IE - Inland Empire Swimming	Meet - Competition	Water - Turn End		
Male	IE - Inland Empire Swimming	Meet - Walking	Other Sidewalk in spectator area outside of pool fencing	Athlete was walking in the spectator area on a public side walk and stepped on a bolt protruding from the cement.	
Female	IE - Inland Empire Swimming	Meet - Competition	Water - Start End	At 2:10pm, swimmer came out of pool and immediately lay down and took off cap and goggles. She was asked if she was OK and was unable to respond. She was covered in blankets by people around her to keep her warm. Respiratory therapist made sure airway was open and Dr. David Jones assisted in checking pulse. Heart and respiration was normal and EMT arrive at 2:19pm. Swimmer's mother reported that swimmer has known spells and an undiagnosed seizure disorder.	
Female	IE - Inland Empire Swimming	Meet - Competition	Deck	Athlete has POTS syndrome. After exiting pool, on deck next to pool, lay down and experienced pain in abdomen. Apparently, a normal event for those with POTS syndrome.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Dry Land	Other Weight Room	Swimmer was doing box jump and didn't land properly. Fell to the ground and extended arm to cushion his fall. Felt pain in the wrist.	Swimmer left swim practice early. Grandmother (parents were out of town) took him to urgent care. Xray taken and doctor concluded it was a bad sprain. Follow up with orthopedic doctor confirmed growth plate fracture.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Turn End	About 20 minutes into practice, the swimmer asked to get out to go get her water bottle from her bag. Swimmer was pulling/lifting herself out of the water and hit the edge of the deck/side of the pool with her face.	As swimmer was pulling herself out of the water, her face made contact with the side of the pool. The coach of her group of swimmers got her out immediately and took her to get a towel to help control/stop bleeding. Within two minutes, the mother of the swimmer was on the pool deck helping to control/stop bleeding. Mother and daughter went into locker room (deck access). Bleeding was controlled within the next 5-10 minutes. Swimmer saw dentist the following day, swimmer has a fractured tooth and a loose tooth.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Chipped tooth after being kicked by the swimmer in front of him.	
Female	IL - Illinois Swimming	Meet - Competition	Locker Room	slipped and fell backward. hit the back of her head on the ground.	felt dizzy
Female	IL - Illinois Swimming	Meet - Warm-up	Other Hand hit someone	During warm up said her hand hit another swimmer but not exactly sure what happened	Red and bruised. Found to be a fracture
Male	IL - Illinois Swimming	Meet - Watching / Observing	Other next to the water slide	talking to friends next to activity slide and bumped his head	Cut on head first aid given
Male	IL - Illinois Swimming	Meet - Walking	Locker Room	Swimmer Slipped in the Locker Room, unwitnessed. Describes coming down on Back of head. Feet Over his head. Headache and not making eye contact. Slow to Answer Questions	Swimmer had Bump on Head
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer climbed out of water felling sick. Soon after while sitting on the bench she started to turn pale and was cold to the touch. I then called 911. Swimmer was responsive the whole time.	
Female	IL - Illinois Swimming	Meet - Warm Down	Water - Turn End	As swimmer exited the pool, she hit her mouth/teeth on the gutter and cracked her front 2 teeth, chipping both teeth. \$700 dental bill	Two front teeth were chipped on exiting the pool, hitting her mouth/teeth on the edge of the deck.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Other Diving Board	Swimmer attempted a dive and hit his chin/ lower lip area on the diving board. He was able to swim to get out unaided, but sustained a scrape/cut to his chin/lower lip and a possible concussion.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer bumped her cheek on the back stroke bar while pulling herself up out of the water.	Swimmer bumped her cheek bone below her eye causing a small but deep cut and swelling.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer collided heads with a teammate while swimming backstroke	Concerned about possible concussion symptoms developing later on
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer collided heads with a teammate while swimming backstroke	Felt fine by end of practice, concerned about possible concussion symptoms developing later on
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Swimmer behind her jumped into the pool after Helena jumped in and landed on top of her.	Pain was persistent and area was red. Possible concussion.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer collided heads with a teammate while swimming backstroke.	Reported head hurt. Later reported feeling better. Concerned about possible concussion symptoms developing later.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer collided heads with a teammate while swimming backstroke.	Reported head felt fine. Concerned about possible concussion symptoms developing later.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer ran collided heads with another teammate while swimming backstroke.	Reported head hurt and later reported feeling fine. Concerned about possible concussion symptoms developing later.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Athlete and another teammate collided heads while swimming backstroke.	Head hurt but concerned about possible concussion developing later.
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer's nose started bleeding profusely while arriving at wall and would not clot. He did not hit his head on anything, however, the paramedics arrived and transported him to the hospital.	His nose was bleeding profusely and would not clot. Paramedics arrived and transported him to the hospital.
Female	IL - Illinois Swimming	Meet - Competition	Locker Room	felt sick, vomited, tingling in extremities, change in appearance, conscious state. called 911	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	When diving off the block, swimmer struck head on bottom of the pool and dove too deep.	Swimmer struck left side of forehead
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer dove deep while practicing diving and hit his head.	
Male	IL - Illinois Swimming	Meet - Competition	Team Area	Playing behind a mat in the back corner of the competition pool. It was underneath the score board and in the NT team area. He stood up quickly and hit his head on the corner of the bulletin board.	
Male	IL - Illinois Swimming	Practice - Dry Land	Gym	Pinched skin between plates, while lifting weights	
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	Finished into the touchpad during warmup - part of the touchpad was not completely flush with the wall and slid between 2nd & 3rd finger. Athlete sustained a laceration between fingers and will be going to get stitches.	Puncture/cut between the 2nd & 3rd finger on a backstroke finish
Female	IL - Illinois Swimming	Practice - Other	Other water - swimming in lane	Was swimming and banged hand on other swimmer's hand.	Fractured left 4th finger
Female	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer was in locker room changing after practice completed. Said she was standing on bench, stepped down from bench and slipped backwards, she was reaching backwards to cushion her fall with her hands. After fall, she went to coach and described slip and complained of wrist pain, ice was applied to both wrists via coach, then swimmer went home with parent.	Swimmer visited ER on Tuesday 5/16/17, both wrists are broken, follow up scheduled with Orthopedic MD.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Miscounted her backstroke count and hit wall hard with her head in practice	
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	Swimmer finished the 200 LCM Freestyle, she exited the pool unassisted and appeared in distress. When asked she said her shoulder hurt but could stand on her own. Coach was notified and parents were present. They refused an ambulance but will take her to urgent care @ Northshore Urgent Care, Evanston IL.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End		Swimmer and another swimmer bumped heads on backstroke. She complained of light headedness and a slight headache so I had her get out and started concussion protocol. Went over what parents should do/watch for.
Male	IL - Illinois Swimming	Practice - Dry Land	Gym	Landed funny while doing a broad jump on a flat surface. Back hurt after he landed and it is uncomfortable when he takes very deep breathes.	Back is sore and hurts when he takes a deep breath.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End		We were doing 25's sprint Butterfly when swimmer felt a pop in his left shoulder.
Male	IL - Illinois Swimming	Practice - Other	Water - Side	Hit head on wall doing backstroke	
Female	IL - Illinois Swimming	Meet - Competition	Locker Room	Athlete slipped in shower and fell on her back, no head strike. Was able to wiggle fingers and toes. Told to remain still until paramedics arrived.	
Female	IL - Illinois Swimming	Meet - Watching / Observing	Team Area	Parent's daughter was sitting on the floor of team area. She was scared by spider. The parent went to squish spider. As she was righting herself from being bent over, she struck the front right side of her head on a metal box along the wall.	Parent's head was inspected on-site. It has no visible bruising, swelling, cut, or blood. Parent was given ice on site. She was coherent, able to answer questions, and displayed no visible signs of a concussion. Parent stayed for the remainder of the meet from 12-4pm. She complained about suffering a concussion after going to the doctor on 2/27.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer dove into the pool from the side and veered sideways and hit the wall.	Swimmer had a cut about an inch long on the upper left, back side of his head.
Female	IL - Illinois Swimming	Meet - Competition	Deck	Swimmer felt very short of breath after exiting the pool. Described "chest tightness" dyspnea with rest. After rest for several minutes swimmer still anxious and beginning to wheeze. Swimmer sent to ER via EMS.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer exited the pool feeling itchy. He was instructed to go to the showers to wash off the pool water. A coach went into the locker room to check on him. His lips were puffy, his face was swollen, and he had a rash on his back. Coaches called 911 after the reaction got worse.	Face swelling, itching, rash
Male	IL - Illinois Swimming	Other in common area playing catch	Gym	While in the field house area of the Stevenson High School swimmer was playing catch with a friend. He didn't see an athlete laying on the ground and tripped. When he put his arms down to brace his fall his left forearm gave way.	The left forearm exhibited significant change in shape vs the other arm post accident.
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Start End	During Sprint Warm Up Session he attempted a start and struck his face/mouth on the bottom of the pool resulting in 2 chipped upper front teeth.	Upper two front teeth chipped.
Female	IL - Illinois Swimming	Practice - Other	Locker Room	SWIMMER WAS CHANGING IN THE LOCKER ROOM WHEN SHE HAD A SEIZURE AND FELL HITTING HER HEAD ON THE BENCH	SWIMMER WAS CHANGING IN THE LOCKER ROOM WHEN SHE HAD A SEIZURE AND FELL HITTING HER HEAD ON THE BENCH
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke and missed the flags for stroke count into his turn. Swimmer struck his head on the deep end wall.	Swimmer struck the back of his head into the wall at the deep end after missing the flags to do his stroke count for a backstroke turn.
Male	IL - Illinois Swimming	Practice - Other	Water - Side	Swimmer was swimming back and ran into another swimmer who was also swimming back. He complained only of a sore spot on his head.	No other pain, only the spot on the head.
Male	IL - Illinois Swimming	Practice - Dry Land	Other Outside of big pool	Athlete knocked into ground, right front tooth chipped in half.	Right front tooth chipped in half.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	swimmer bumped heads with another swimmer	Two swimmers collided while swimming. the injured swimmer stopped and sat out but had come to practice with a headache so continued with the practice. Swimmer saw a doctor two days after the injury occurred.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Collided with another swimmer head to head	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Collided with another swimmer, head to head	
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Athlete slipped on floor, hit chin and above left eye on the floor. Athlete's chin split open.	
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer complained of having an asthma attack. Coach told swimmer to get out of the water and get rescue inhaler. Swimmer said she did not have an inhaler. Coach decided it was best to call parents to come get swimmer as swimmer did not appear to be in respiratory distress.	Swimmer complained of having an asthma attack. Coach told swimmer to get out of the water and get rescue inhaler. Swimmer said she did not have an inhaler. Coach decided it was best to call parents to come get swimmer as swimmer did not appear to be in respiratory distress. Swimmer argued about not calling parents but coach called parents anyway.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	While swimmer was swimming into the wall, he drifted to the left side of the pool where another swimmer was pushing off the wall to swim. They collided. Swimmer ended up with a bloody nose. The other swimmer was ok. Swimmer's mother was in the stands and took him home.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer upon exiting the pool cut her knee on a sharp tile.	
Male	IL - Illinois Swimming	Practice - Dry Land	Locker Room	Andrew was coming out of the locker room, for dryland practice and tripped and fell.	
Female	IL - Illinois Swimming	Practice - Other	Other In water while swimming	Swimmer passing each other got kicked in face: (
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was walking slipped and hit head on ladder bar	
Female	IL - Illinois Swimming	Other using facility restroom	Other upstairs womens restroom by concessions	Slipped inside of the women's stall; floor was wet; garbage on floor; slipped and caught right hand on metal garbage	
Female	IL - Illinois Swimming	Meet - Competition	Bleachers - Spectator's	Woman was filming daughter's swim race and during said race was told by another female spectator not to cross/come this way and then was shoved by spectator.	Woman was touched/contacted on her right side of her left leg/foot area.
Female	IL - Illinois Swimming	Practice - Other	Deck	Slipped on pool deck and injured her hand.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	She lost balance when exiting the pool and hit her ribs on the side of the pool.	hurts when taking a deep breath.
Male	IL - Illinois Swimming	Meet - Walking	Deck	Athlete was walking and looking up in the stands when he stepped in the gutter by the start end and bumped his knee and elbow.	Athlete had a previous scab/rug burn that began to bleed and a previous cut on his elbow that started to bleed. Mom was brought down on deck and talked with coach and athlete- she felt that bandaids would be fine.
Male	IL - Illinois Swimming	Practice - Other	Starting Blocks	Swimmer was climbing up to the block and slipped. He fell and landed on a pile of kick boards, bracing his fall. No scrapes or cuts visible.	
Female	IL - Illinois Swimming	Meet - Walking	Hallway	Walking out of bathroom twisted ankle in the hallway.	
Male	IL - Illinois Swimming	Meet - Competition	Water - Start End	Jammed hand at finish of race	could be fractured/broken (best guess). pain/swelling.
Female	IL - Illinois Swimming	Meet - Competition	Starting Blocks	Cut foot on sharp part of blocks	
Male	IL - Illinois Swimming	Meet - Competition	Water - Turn End	athlete forgot backstroke stroke count into the wall and banged his head.	
Male	IL - Illinois Swimming	Meet - Warm-up	Water - Side	Hit his finger on the pool wall during warm-ups	Ice and loosely wrapped
Female	IL - Illinois Swimming	Meet - Walking	Locker Room	Slipped in the locker room and stubbed her left toe	
Female	IL - Illinois Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Spectator tripped in a pace between the bleachers	
Female	IL - Illinois Swimming	Meet - Competition	Locker Room	Slipped and fell in the bathroom and hit head. Hit her hip, head, and side.	
Female	IL - Illinois Swimming	Practice - Dry Land	Other fieldhouse track	jogging backwards as part of warm-up laps for dryland and was bumped accidentally by a teammate. Came down wrong on her foot and rolled her ankle.	broken fibula
Male	IL - Illinois Swimming	Other Pushing off wall	Water - Bottom	Was pushing off in four feet of water to start a repeat and angled down too far and struck back of head	Checking for concussion
Female	IL - Illinois Swimming	Other Meet - Exiting Pool	Deck	Getting out of pool on turn end. Heard knee pop. Knee swollen, ice applied, foot now swollen.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	When he was exiting the pool in lane 2 he slipped and fell and hit the metal edge of the competition pool.	He bruised his right hip.
Male	IL - Illinois Swimming	Meet - Walking	Deck	While stepping up on a ledge at the turn end of the pool, he misjudged the height of it and tripped and hit his chest on the diving fulcrum wheel.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer was doing a backstroke finish and misjudged the wall. He hit his head.	Swimmer had a small bump on top of his head. He declined ice but we called dad and went over what happened and what to watch for in case of concussion.
Female	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer says she slipped and hit her knee and elbow coming out of the locker room. Says elbow and knee are sore.	Swimmer slipped and fell while leaving the locker room. Swimmer says she hit her elbow and her knee.
Female	IL - Illinois Swimming	Meet - Competition	Bleachers - Spectator's	Slipped off the back of bleachers (about 3 feet high) but did NOT hit her head	Swelling on top of the right foot
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	Swimmer hit lane line with hand during practice.	Pinky finger showed swelling and misalignment. Ring finger showed swelling.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Cut to the outside thigh, cleaned and bandaged with 2 band-aids.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Bleachers - Spectator's		
Male	IL - Illinois Swimming	Other walking on deck	Deck	Swimmer slipped and fell he hit his left elbow.	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End		Swimmer accidentally got kicked
Female	IL - Illinois Swimming	Other Awards Banquet/Splash Party	Deck	Staff members were actively deflating a pool toy. Parent walked on top of the toy versus around it. It caused her to slip and fall to the concrete. She had a minor abrasion on her knee that was cleaned up. She was back the next day and showed no signs of struggles walking, bruising or puffiness in the area.	Area was cut from the concrete. No swelling or bruising was present on Wednesday night nor Thursday night when she returned to the pool. I spoke with her on Thursday morning when she stated that she was fine just a little sore.
Female	IL - Illinois Swimming	Meet - Walking	Deck	Swimmer was walking on the pool deck when she hit her pinky toe on the lifeguard stand with some force.	She bumped her toe with some force and ice was applied to the toe and foot. I don't know the extent of the damage to the toe/foot.
Female	IL - Illinois Swimming	Meet - Walking	Water - Turn End	Swimmer had just exited the pool and was walking quickly when she slipped and fell on her right hand side. She hit her head, ear, side back and right leg. She got up and was able to walk and talk fine however she was complaining of her head hurting and side right lower back. We sat her down and applied ice with her mom present.	Only ice was applied
Female	IL - Illinois Swimming	Meet - Watching / Observing	Bleachers - Athlete's	athlete slipped on bleachers	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Bumped into the wall with head while doing backstroke.	Bumped head on the left side.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	While completing a 25 of BK swim with fins on, the swimmer did not see the flags and miss counted the number of strokes for a BK finish into the wall. He took an extra stroke and his head bumped the wall at the turn end of the pool.	Swimmer bumped the top of his head when completing a 25 of backstroke with his fins on. He missed the flags when completing a finish to the wall and took one too many strokes.
Female	IL - Illinois Swimming	Meet - Walking	Deck	Slipped and fell on the deck and hit her right check on corner of railing	
Male	IL - Illinois Swimming	Meet - Competition	Deck	Swimmer slipped backward on deck and hit his head. Swimmer was taken out of the rest of his events	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Climbing out of pool, slipped in striking left knee and both shins on edge of pool.	
Female	IL - Illinois Swimming	Practice - Other	Other water- swimming in the lane	Swimmer was swimming freestyle towards the deep end in the middle of the lane and ran into teammate swimming towards the shallow end. Both swimmers swam in the middle and were not circle swimming.	Swimmer hit the top of her head when swimming freestyle.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer ran into the wall when finishing backstroke. Swimmer miscounted his strokes especially with a faster kick. He was completing one length of a backstroke drill during practice.	Swimmer hit the back of his head when completing a length of a backstroke drill.
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Got kicked in the head. Swimmer was on her back, other swimmer on her stomach and other swimmer kicked her in the head by accident.	Was dizzy, nauseous
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Finishing into the wall, he jammed his finger pretty hard. Turned black and blue rather quickly.	See above.
Female	IL - Illinois Swimming	Other Entering pool deck	Hallway	Swimmer was opening door to pool deck and foot slipped under door, scraped inside of big toe.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	The athlete dove in too soon and while swimming to other side, he ran into a girls head with his chin. We were working on starts and he was not paying attention to the starting cues and dove in before being told to do so.	The athlete chipped four of his teeth(2 top/2 bottom) and knocked another one loose.
Female	IL - Illinois Swimming	Practice - Other	Water - Side	Swimmers collided near the end of practice. Injured swimmers just said they ran into one another, but did not indicate any additional issue. Workout concluded, and both athletes helped clean up pool without incident.	Potential for concussion.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Bleachers - Spectator's	Walking through stands to get to pool deck. Slipped on a small puddle of water and cracked toenail in half.	
Male	IL - Illinois Swimming	Practice - Other	Water - Lane Lines	tried catching a nerf style football in the pool, it hit between his pinky and ring finger injuring	Swimmer said he was fine and stayed in the pool. Coach iced finger at time of incident and went home afterwards.
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Lane Lines	Cut toe on lane line	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Foot slipped on turn; knee popped	
Female	IL - Illinois Swimming	Practice - Other	Deck	Foot slipped off the stationary bike as she was getting off and the side of her foot was pinched between the pedal and the bike.	
Female	IL - Illinois Swimming	Other Practice - Exiting the Building into Parking Lot	Outside Venue	Slipped and fell on ice on sidewalk.	Felt sore and had body stiffness. Had follow-up with her doctor in the following days.
Female	IL - Illinois Swimming	Practice - Dry Land	Other Weight Room	Athlete was performing a modified box jump and lost stability in her left leg which resulted in a fall. The athletes' knee struck the box from the lateral side.	
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Hit wrist on wall during backstroke finish	
Female	IL - Illinois Swimming	Meet - Walking	Deck	Experienced a sudden cramp in left upper thigh area. Was about to enter the pool for session warm-up when pain occurred.	Athlete changed, came out of locker room in swimsuit, walked to lane for session warm-up and was experience a great amount of pain in the left upper thigh. Pretty good size knot is there. Because of the pain level and out from nowhere injury, advised swimmer to not swim in the meet.
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Lane Lines	Hit hand on lane line during warm-ups while swimming butterfly	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Sneezed into the wall and bumped forehead	Sneezed into wall and bumped forehead
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Slipped climbing out of pool and hit her side on the wall	
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Pushed off the wall into another swimmer swimming towards her.	
Female	IL - Illinois Swimming	Meet - Entering / Pool	Deck		
Female	IL - Illinois Swimming	Practice - Other	Deck	Bumped her pinky finger on a rough block when passing by and cut her finger by nail	Cut on her pinky finger by her nail

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Entered water awkwardly and cut toe on edge of deck.	Deep cut where toe meets foot.
Male	IL - Illinois Swimming	Other After Practice	Locker Room	After practice, in the locker room, swimmer was trapped in a locker with a closed combination lock.	No injury, safety issue.
Female	IL - Illinois Swimming	Practice - Other	Water - Lane Lines		
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	after swimmer pushed off the wall, swimmer swallowed too much water while in streamline on back. Swimmer came up to the surface and started vomiting. Swimmer immediately exited the pool and vomited a bit in garbage. Swimmer was fine following the incident. Cause of vomiting was a result of swallowing water not sickness.	
Female	IL - Illinois Swimming	Practice - Other	Water - Side		
Female	IN - Indiana Swimming	Practice - Dry Land	Deck	Athlete was performing chest passes against a wall with a medicine ball. On one of the passes, the medicine ball hit a wrench which was hanging on the wall, and the wrench bounced off the wall and hit the athlete on the forehead.	
Female	IN - Indiana Swimming	Other Club Christmas Party	Deck	Slipped while climbing onto the the diving board; was taken to IU West for x-Rays, arm and elbow were fine but inconclusive on wrist	Slipped while climbing onto the diving board and injured her wrist; was taken to IU West for x-Rays, arm and elbow were fine but inconclusive on wrist
Female	IN - Indiana Swimming	Meet - Competition	Bleachers - Spectator's	Spectator went to find her place on the bleachers to go sit down and watch the meet when she lost her balance and fell 5 to 6 rows down the bleachers and hit her head hard on the glass barrier.	Spectator was taken by ambulance to the local hospital where a CT scan was taken and results came back negative. A representative from the swim club went to the hospital to check on her and make sure she was doing well.
Female	IN - Indiana Swimming	Practice - Other	Water - Side	Ran into the foot of the swimmer in front of her.	
Male	IN - Indiana Swimming	Meet - Entering / Pool	Locker Room	Slipped in bathroom and hit head on floor	dizzy
Male	IN - Indiana Swimming	Meet - Watching / Observing	Hallway	Spectator was entering the spectator seating area and the door was opened from the other side striking him in the forehead.	
Female	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Ms. Baumgardner hurt her back and side after slipping on the bleachers.	
Male	IN - Indiana Swimming	Practice - Other	Locker Room	Athlete slipped on a puddle in the locker room. She stated that she hit her head and bent her arm backwards. Athlete reported her head as being "okay" but complained about severe arm pain and not being able to move her arm from her fingers to her elbow.	Athlete reported her head as being "okay" but complained about severe arm pain and not being able to move her arm from her fingers to her elbow. No symptoms visible, but athlete reported severe pain.
Female	IN - Indiana Swimming	Practice - Dry Land	Gym	Swimmer touched the wall at the end of an Army/Navy game. She was run into by another child and the impact bent her wrist. Instantly complained of pain in her wrist. Ice was placed on the athlete's wrist and a splint was put on when she still complained of pain. Parent was called and athlete released into parent's custody.	
Male	IN - Indiana Swimming	Practice - Other	Team Area	After 15 minutes of dryland exercise Kyle was sitting in a chair in the Team room looking at his phone. Another team member Wesley asked if he was ok and Kyle passed out. Wesley came over and caught him before he fell to the floor unconscious. He called for help and 1 coach went to get the trainer and I stayed with Kyle. I checked Kyle's pulse and breathing and he was normal. The trainer came and checked everything and we laid him down on the floor of the team room. This had happened before to Kyle and I called his mother and she said that as long as his vitals were fine he should come out of it and that she and his father would come and get him. Kyles parents arrived after a bout 15 minutes and tried to get him to wake up. After coming in and out of consciousness for 45 more minutes but not waking completely up we called for an ambulance and Kyle was taken to the hospital. Kyle recovered at the hospital quickly and was cleared to go home and do his normal activities by the doctor there.	
Female	IN - Indiana Swimming	Other Shoulder Pain, not sure where began	Other unsure	athlete notified coach of shoulder pain. 3 full days of rest given, but pain continued. Medical advice and MRI being done with athlete's parents.	
Female	IN - Indiana Swimming	Practice - Dry Land	Outside Venue	During dryland the athletes were tasked to run a lap on the sidewalks around the tennis courts at the facility. The athlete tripped over her own feet and fell off the sidewalk into the sloped grassy area adjacent to the sidewalk and broke her right wrist.	The athlete broke both bones above the right wrist. It was an obvious fracture upon arrival at the site of the incident due to the instant swelling and severe deformity of the athlete's wrist. There were small skin surface scrapes on the athlete's chin and left knee from when she fell.
Female	IN - Indiana Swimming	Practice - Dry Land	Deck	Athlete slipped on the deck after stepping down off the bleacher. Fell backward hitting the back of her head.	
Male	IN - Indiana Swimming	Practice - Other	Deck	multiple athletes were stretching and this swimmer was poked in the eye. His parents were contacted and they came and took him home.	The athlete was able to see and identify numbers, but had what appeared to be a broken blood vessel in his eye.
Male	IN - Indiana Swimming	Meet - Entering / Pool	Other Instructional Pool	Swimmer dove in to the shallow instructional pool to retrieve a cap his brother had thrown in.	
Female	IN - Indiana Swimming	Practice - Other	Deck	She was coming out of the locker room when she slipped.	hurt left arm when she slipped.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete was pushed into the pool by a team member at the beginning of practice and hurt her knee on the way in.	Unable to bend her knee, pain while walking.
Female	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Swimmer was warming up with her team when one of her teammates who was swimming butterfly hit her in the nose. She quickly exited the pool and her nose began bleeding profusely.	Swimmer's mother took her to the Emergency Room. She later informed an MSC board member, that the swimmer's nose was severely bruised but was not broken. We do not know which hospital treated the swimmer.
Male	IN - Indiana Swimming	Other Meet preparation	Deck	While attempting to cover the temporary on deck timing board, the parent volunteer cut left forearm. He was attempting to cut a zip tie when the knife slipped and caused a laceration.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IN - Indiana Swimming	Meet - Competition	Bleachers - Athlete's	Slipped and hit his head on the bleachers, then fell a few feet to the floor behind them.	Witness, who is lifeguard certified and a sports physiologist, was first to reach him. She said she only sought to keep him immobilized before lifeguards reached them and took over.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	From mother: "[Athlete] was at swim practice last night and someone accidentally kicked her at the end of practice in the pool. Her finger was pretty bruised. Today I had it x-rayed and it's broken into the growth plate."	
Male	IN - Indiana Swimming	Meet - Competition	Water - Side	Athlete states that he felt a pop in his R ankle during kick in backstroke heat. Pain immediately, has trouble bearing full weight. Pain with dorsiflexion, hallucus ext, localized pain in anterior ankle. Iced for 10 minutes	
Female	IN - Indiana Swimming	Meet - Competition	Other hospitality room	Walked into hospitality room from pool deck and slipped on water from a cooler	
Female	IN - Indiana Swimming	Meet - Competition	Water - Lane Lines	Competing in 100 backstroke at meet. Shoulder subluxed and dislocated. Coach was able to put L shoulder back into place. Chronic dislocation. Swimmer complained of pain with AROM & PROM flexion/abduction/external rotation.	
Male	IN - Indiana Swimming	Practice - Dry Land	Other outside grass area	The swimmer was running as part of his dry land as he went to slowdown he lost his footing and rolled his foot.	The swimmer was running as part of his dry land as he went to slowdown he lost his footing and rolled his foot. He fell to the ground and couldn't put weight on his foot.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Other Water - Diving Well	Swimmer was swimming under water and as she surfaced another athlete dove in and they collided heads. The swimmer was able to get out of the pool but complained of head pain. EMS was summoned and checked out the swimmer. EMS said she was okay to go to the emergency room on her own for further evaluation. Swimmer's mom came and picked her up and took her to the hospital.	
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Other Water - Diving Well	Swimmer 1 was diving into the pool and hit swimmer 2 who dove deep and was surfacing. They collided hitting heads. Swimmer 1 was able to get out of the pool but complained of head pain. When she was sitting she started to complain of neck pain and back pain and tingling in her legs. Swimmer 1's dad was here and agreed to have her transported based on her symptoms. We called EMS and they transported her to the local emergency room for further evaluation.	
Male	IN - Indiana Swimming	Practice - Other	Deck		dizziness/bump on back of head
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer hit head on bottom of pool at start of race.	
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Was doing a flip turn and tweaked left ankle. Currently getting PT for left ankle sprain and out of boot this past Tuesday.	
Female	IN - Indiana Swimming	Meet - Warm-up	Bleachers - Spectator's	She lost her balance coming down the bleachers and fell. There were three nurses and a fireman present to help stabilize her until the ambulance was able to arrive and take her	She seemed to be aware but paramedics took her anyway and had her stabilized.
Female	IN - Indiana Swimming	Practice - Other	Locker Room	Reported that she felt light headed. Stayed on the deck for much of the practice under coach supervision. Went to the locker room where she reportedly fainted and fell to the ground, shattering her goggles and hitting her head.	
Female	IN - Indiana Swimming	Practice - Other	Bleachers - Spectator's	Stepped on bleachers to retrieve her bag. Bleacher seat broke off from underneath her foot completely and she cut her foot on the metal bracket underneath the seat.	1 inch cut requiring 5 stitches at ER
Female	IN - Indiana Swimming	Practice - Other	Other Water-middle of pool	Swimmer was freestyle kicking along side a novice swimmer when she experienced pain. She exited the pool crying and I approached her. Her ankle was swollen, so ice was applied and parents were contacted. By the time parents arrived, swelling had gone down and her father took her to Witham Hospital in Lebanon, IN.	Swimmer had spoke about ankle pains in the past, she was given exercises and advised to see a doctor.
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Slipped into the pool and hit head on the side of pool.	Uneven cut on the back of head. Complained of headache.
Male	IN - Indiana Swimming	Practice - Dry Land	Bleachers - Athlete's	Stepping down from bleachers and athlete's ankle twisted/rolled and his body fell to the floor. Minor bump and scrape on ankle and knee.	Rolled ankle sideways and felt excessive stretch of joint
Male	IN - Indiana Swimming	Meet - Walking	Bleachers - Spectator's	Spectator was in the spectator area walking between two rows of bleachers when he tripped and fell down multiple rows of bleachers. According to witnesses, he fell backwards, took at least two somersaults, and hit his neck and back on a railing which stopped the fall. It appeared his finger was dislocated. He also experienced neck pain and a laceration on his left leg.	It appeared the middle and ring finger of left hand were dislocated. Because of the nature of the fall, he was transported by ambulance to Methodist Hospital and was kept overnight. It is still to be determined if his injuries require a longer stay. A CAT scan revealed a hairline fracture in his 5th cervical vertebrae. He will be in a neck brace for three months.
Female	IN - Indiana Swimming	Meet - Competition	Deck	Athlete fell on bleachers and hit tooth on ground causing front tooth to break	
Male	IN - Indiana Swimming	Meet - Competition	Deck	Swimmer fell off middle level of bleacher on deck & rolled his ankle	
Female	IN - Indiana Swimming	Practice - Dry Land	Gym	Athlete was attempting to perform a box jump onto two rubber plates (~8 inches high) when she tripped and fell, landing predominantly on her right arm.	
Male	IN - Indiana Swimming	Meet - Walking	Deck	Slipped on pool deck with right leg bending underneath him and twisting.	Saw physician. Concern for possible torn meniscus.
Male	IN - Indiana Swimming	Practice - Other	Hallway	Locker room was locked and athletes were using a bathroom across the hall from the pool. Slipped on the tile just inside the bathroom while walking in to get changed.	Fractured right elbow
Male	IN - Indiana Swimming	Practice - Dry Land	Gym	The athlete was jumping rope and slipped. He caught himself with hands stretched outright. The impact was to his right wrist.	The diagnosed injury is unknown at this time. The coaching staff suspect either a fracture or sprain of the wrist/radius.
Female	IN - Indiana Swimming	Meet - Competition	Bleachers - Athlete's	Has a previous heart condition and was short of breath, pale, dizzy and shaking.	
Female	IN - Indiana Swimming	Meet - Competition	Deck	Had goggles on and did not see a ledge and walked/ tripped on it. Injured knee- bruise	looks bruised, could walk on it. but sore

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IN - Indiana Swimming	Other officiating	Other Bulkhead	Official was on the bulkhead officiating, when he lost consciousness and passed out. He fell face forward into the competition pool with his legs still on the bulkhead. Official was pulled out of the water by two other officials standing near by. official had head and hand lacerations as well as was disoriented.	Official care
Female	IN - Indiana Swimming	Meet - Competition	Water - Turn End	She struck her head against the wall while swimming backstroke.	
Female	IN - Indiana Swimming	Meet - Competition	Water - Turn End	Hit her head at the finish of her back stoke	
Male	IN - Indiana Swimming	Meet - Competition	Deck		Swimmer cut his right foot and needed to have it wrapped
Female	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	She fell in the bleachers at the top and went down about 2 or 3 bleachers.	Two cuts one cut is inside top lip and the other is inside bottom lip. No chips and no breaks in her teeth.
Female	IN - Indiana Swimming	Meet - Competition	Hallway	The swimmer was running down the hallway after being told numerous times to stop running. Swimmer was running from concessions with flip flops and slipped on a wet spot, twisting her foot.	
Male	IN - Indiana Swimming	Meet - Competition	Team Area	The swimmer turned around on the pool deck and his mouth bumped into a fellow swimmer's head in front of him.	small cut on lower lip
Female	IN - Indiana Swimming	Practice - Other	Water - Side	Accidentally kicked in hand by another swimmer doing breaststroke.	
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Turn End	During Warmups in main competition pool athlete made flip turn and struck heel on metal gutter.	
Female	IN - Indiana Swimming	Meet - Competition	Deck	Athlete walking into the locker room, slipped and fell and hit back of head on deck	
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	Swimmer did dive in to shallow and hit bottom.	
Female	IN - Indiana Swimming	Practice - Other	Deck	Walking on pool deck and cut underside of right foot on the large toe.	Large chunk of skin taken off right foot toe.
Female	IN - Indiana Swimming	Practice - Dry Land	Outside Venue	during dryland workout outdoors, swimmer was performing a jumping jack and twisted her ankle.	Swimmer complained of pain in ankle.
Male	IN - Indiana Swimming	Other Swim lessons	Water - Start End	During lessons, swimmer jumped into the pool and let go of the wall, and went under water for approximately 3 seconds. First, the lifeguard tried a reaching assist and then jumped in once he got too far from the wall.	jumped into water, rescued by lifeguard.
Female	IN - Indiana Swimming	Meet - Warm-up	Deck	Coach stood up and felt very light-headed and nauseous. She refused care from lifeguards. Was recommended to go to urgent care. Other symptoms.	
Female	IN - Indiana Swimming	Other Between session prep	Other Hospitality	Parent volunteer was slicing avocados, paring knife slipped, straight puncture into the base of 4th digit/palm area, 4mm X 1mm, depth unknown.	
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Had asthma attack after finishing the 100 Fly event.	Asthma attack after 100 Fly
Male	IN - Indiana Swimming	Meet - Walking	Deck	Athlete was walking on the bench and slipped when he was stepping off.	
Female	IN - Indiana Swimming	Meet - Warm-up	Deck	Patient slipped on deck, landed on L patella. Small effusion. Iced joint for 10 minutes. Going to continue ice as needed. Pain with knee flexion, extension and movement.	
Male	IN - Indiana Swimming	Practice - Other	Water - Turn End	Hit his head on the wall. Forgot to put hands up when kicking on back.	
Female	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	In process of sitting down on bench, missed and fell backwards on concrete ledge of stands. Head hit the ledge, and cut her head. Ice was applied, and bleeding stopped.	Cut bled initially, but stopped when ice was applied to the wound. Was observed by a medical professional and he was not concerned that additional treatment would be necessary.
Female	IN - Indiana Swimming	Meet - Competition	Other Water-Finish End	Slipped getting out of pool. Hit elbow on the pool deck.	Small cut on elbow. Some bruising
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	When swimmer touched the wall swimmer went to touch the wall and jammed middle finger	
Male	IN - Indiana Swimming	Meet - Warm-up	Water - Side	Swimmer was warming up and did a breaststroke kick into the recessed ladder step.	
Male	IN - Indiana Swimming	Meet - Walking	Gym	door opened on top of pinky toe. left foot	
Male	IN - Indiana Swimming	Practice - Other	Water - Side	Swimmer kicked wall	Cut occurred along and under toenail.
Male	IN - Indiana Swimming	Practice - Other	Water - Turn End	Swimmer was swimming breaststroke and coming up to the wall came up and hit his lip and chipped his tooth on the wall.	
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	Climbing out of pool, slipped, scraped arm on blocks	
Female	IN - Indiana Swimming	Meet - Competition	Deck	Swimmer turned around, slipped and fell. Swimmer broke a front tooth.	
Female	IN - Indiana Swimming	Meet - Competition	Starting Blocks	While stretching the arms prior to the athlete's race, her left elbow made contact with the diving board structure. Athlete was provided a bag of ice to apply over the affected area.	Athlete was provided a bag of ice to apply over the affected area.
Female	IN - Indiana Swimming	Meet - Competition	Deck	Swimmer was walking quickly on deck, slipped, and hit her lower back and head on the deck surface. She received bumps and minor abrasions on her lower back.	Swimmer received bumps and minor abrasions on her lower back, as a result of the fall. Her mother witnessed the fall, and was immediately available. Swimmer initially refused treatment, swam several more events, and then asked for an ice pack later in the meet.
Male	KY - Kentucky Swimming	Meet - Watching / Observing	Team Area	Swimmer stepped on broken glass while in his team area. glass could not be removed by facility personnel and swimmer was taken by his parents to a local medical facility	
Female	KY - Kentucky Swimming	Practice - Other	Water - Start End		
Female	KY - Kentucky Swimming	Practice - Dry Land	Outside Venue	During the last throw of frisbee athlete collided with another player, she felt a snap and could not raise her arm. She informed the coaches and we took her to a team parent (who is a Physical Therapist and Registered Official) to look at her while we called her mother. Athlete's mom was able to come to practice to get athlete and take her to be seen by a doctor immediately.	broken collar bone
Female	KY - Kentucky Swimming	Practice - Entering / Exiting Pool	Water - Start End	5:30 p.m. 12/21/2017Swimmers are getting ready to start practice at 530 p.m. Some swimmers are in the water in lane 8 (Lane 8 also has side wall) as well as is the starting end of the pool.Amara was underwater (unsure on depth of swimmer) near the side and starting end wall Another swimmer jumped in from the side wall into Lane 8.She was struck somewhere near the head/back of neck. It pushed her chin to her chest.She climbed out of the pool on her own.Her Mother and I, did a secondary assessment. Victim did not show signs of concussion. Neck was sore.Victim swam for the next approximately 30 minutes and left the practice still being sore. She was released to her Mother.	Neck soreness
Female	LA - Louisiana Swimming	Practice - Dry Land	Other Performance Center	During workout swimmer came down from the box jump and hit knee on the box. She landed with two feet then fell to the floor.	
Female	LA - Louisiana Swimming	Other Team function after a swim meet	Other Kennesaw Mountain	The team was hiking after an away meet in Marietta, GA. The athlete hit her head on a low hanging branch.	The athlete was hiking with a group of team mates after an away meet in Marietta, GA. The athlete hit her head very hard on a low hanging tree branch. The athlete's head began to swell, bruising appeared immediately. The athlete experienced nausea upon exertion at swim practice the next day.
Male	LA - Louisiana Swimming	Practice - Dry Land	Other Strength room	Swimmer fell out of the glute ham machine trying to exit following performing some exercises. He lost control and went down head first hitting it on the. See support and then a 10 lb bar he was holding hit him in head.	
Male	LA - Louisiana Swimming	Practice - Other	Locker Room	Athlete cut foot open on screw sticking up in the showing drain.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	LA - Louisiana Swimming	Practice - Dry Land	Gym		He dropped a weight on his hand that were being balanced on his back while holding a plank. He rocked back to perform some adjustment and the weights fell.
Male	LA - Louisiana Swimming	Practice - Dry Land	Gym	After doing pullups, swimmer came down and rolled his ankle.	
Male	LA - Louisiana Swimming	Practice - Other	Water - Side	Bumped heads with another swimmer.	
Male	LA - Louisiana Swimming	Meet - Competition	Water - Turn End	The swimmer was swimming the breaststroke leg in a 400m medley relay race. After the turn, the swimmer apparently stopped swimming at approximately 15m from the wall but resumed shortly after. His mother, who was working as an official at the meet, alerted that he might have had an asthma attack. I walked over to observe. The swimmer was breathing heavily but was able to continue the race. After alerting his coach, I observed him closely as he continued. Once he reached the wall, I helped him out of the pool immediately.	Once out of the pool, the swimmer appeared short of breath but was okay otherwise. A rescue inhaler (Albuterol) was located and one puff was administered to help him breathe. The breathing slowed down after a short while and he was able to walk unassisted. The swimmer returned to competition the next day.
Female	LA - Louisiana Swimming	Meet - Watching / Observing	Outside Venue	Stepped through a board on the outside deck area outside of the competition venue.	
Female	LA - Louisiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Slipped, tripped. Lifeguards administered first aid.	
Male	LA - Louisiana Swimming	Practice - Other	Water - Turn End	Got kicked in the face while finishing	
Female	LE - Lake Erie Swimming	Practice - Other	Water - Start End	Swimming into finish and hit hand against the wall.	
Male	LE - Lake Erie Swimming	Meet - Warm-up	Outside Venue	The athlete reports that he fell at home on 6/16/17, landing on his right hand in a flexed position.	The athlete was injured at home the day before the meet, but performed the warm up prior to competition which exacerbated his symptoms. His coach brought him to the Safety Director who examined the right second MCP and PIP joints, which had significant swelling and mild ecchymosis. The athlete reported 5-7/10 pain with swimming and was unable to fully flex either joint. Tap testing was positive on the second digit. The swimmer and coach were advised to discontinue participation in the warm up and meet and follow up for further medical evaluation. Ice was offered and declined by the athlete. Athlete and coach were informed to have parents or guardians follow up with Safety Director with any questions regarding the examination.
Female	LE - Lake Erie Swimming	Practice - Dry Land	Outside Venue	Doing step ups on a bench/planter, athlete missed a step and twisted ankle. Treated immediately with ice. Lifeguards and a parents from stands (physician) managed her until parent arrived. Athlete was taken to hospital for X-rays.	
Female	LE - Lake Erie Swimming	Practice - Dry Land	Other Racquet Ball Court	Swimmer tripped over another swimmers ankle and her own shoe. She caught herself with 1 hand and smacked other into wall.	Parent emailed on Monday with the information that hand was not bruised but that she had 2 broken fingers.
Male	LE - Lake Erie Swimming	Practice - Other	Water - Start End	He was using our power tower in the diving well, he pushed off the wall and the power tower tipped over and fell into the pool.	Power tower was pulled into the pool causing a scrape on the back of the left arm/shoulder blade.
Male	LE - Lake Erie Swimming	Meet - Entering / Pool	Outside Venue	Spectator was walking into the natatorium to watch a meet and tripped on some metal 'feet' on the fencing of the construction fences.	Forehead abrasion the size of a half dollar.
Female	LE - Lake Erie Swimming	Practice - Dry Land	Stairs	Reported a strain in calf while running	
Female	LE - Lake Erie Swimming	Practice - Other	Water - Start End	Kicked in face.	
Male	LE - Lake Erie Swimming	Meet - Competition	Water - Start End	spontaneous	spontaneous nose bleed
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Athlete hit wall at finish and bent right third finger sideways.	Ice applied to finger 20 minutes on/off.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Bleachers - Spectator's	Fell from bleachers and hit back of his head on the metal part structure of bleacher before hitting head on ground.	Laceration on the back of skull.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Starting Blocks	Swimmer getting out of pool hit head on the diving board pole.	right side of the head
Male	MA - Middle Atlantic Swimming	Practice - Entering / Exiting Pool	Other Gutter	Slipped on deck (gutter), dislocated right knee, called 911 & parents immediately, taken to hospital in ambulance, coach & family stayed until released	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Lane Lines	While swimming breaststroke in practice another swimmer kicked her in the head by accident	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Side	Kicked in forehead while swimming	
Female	MA - Middle Atlantic Swimming	Other Walking at hotel	Stairs	While stepping up onto a high step/landing, she felt her knee give out. Immediate pain/buckling sensation, following by swelling and stiffness	
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Side	Hit foot on ladder and broke toe	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Start End	During Flip Turn; felt sharp pain in left knee. (Happened during push off from the wall)	During Flip Turn; felt sharp pain in left knee. (Happened during push off from the wall) Ice was applied
Female	MA - Middle Atlantic Swimming	Practice - Other	Locker Room	Another Swimmer grabbed her hand causing body to twist and feel on Knee. Slight swelling in the knee.	Another Swimmer grabbed her hand causing body to twist and feel on Knee. Slight swelling in the knee.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MA - Middle Atlantic Swimming	Meet - Competition	Starting Blocks	Starter requested heat one to step up on the blocks then step down. Starter requested heat two to step up then step down. Swimmer was stepping down from the block when his right leg slipped and became stuck behind the step of the block. He fell from approximately 1 foot at standing directly onto pool deck. Swimmer put out his left arm to stop impact. His left upper body hit the deck, but his left arm took the brunt of the fall.	Swimmer denies chest/abdominal pain. Swimmer denies neck pain. Swimmer has swelling and decreased range of motion and strength in the left wrist.
Female	MA - Middle Atlantic Swimming	Other Practice locker room	Locker Room	After Swimming went in the locker room Coach was informed by another swimmer that swimmer was having an asthma attack. Coach went into the locker room and found swimmer hyperventilating and sitting on the floor. Coach walked her out into the hallway and made sure she had her inhaler. Another Coach took over trying to calm her down while the other coach called the ambulance. Swimmers parent was called and swimmer was taken to St. likes Anderson campus. The mother also followed them to the hospital.	After Swimming went in the locker room Coach was informed by another swimmer that swimmer was having an asthma attack. Coach went into the locker room and found swimmer hyperventilating and sitting on the floor. Coach walked her out into the hallway and made sure she had her inhaler. Another Coach took over trying to calm her down while the other coach called the ambulance. Swimmers parent was called and swimmer was taken to St. likes Anderson campus. The mother also followed them to the hospital.
Female	MA - Middle Atlantic Swimming	Other Leaving the locker room	Locker Room	Swimmer was walking out of locker room and fell, hitting the back of her head	N/A
Female	MA - Middle Atlantic Swimming	Other Meet- Exiting Pool	Other Pool Gutter	Caught foot on "O" ring where lane line attaches on gutter	Possible fracture of 2nd or 3rd toe on right foot
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Swimmer pushed off the wall at the turn end and ran into another swimmer and the other swimmers head hit swimmer's nose.	swelling on one side of his nose and a cut across the bridge of his nose.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	During dive into pool during race, right shoulder was injured.	Possible dislocation. By the time he was taken out of the pool and examined, the shoulder was in place. Swimmer had full range of motion by the time of examination. Swimmer complained of muscle soreness at time of examination. Per examiner, he had a negative sulcus sign.
Female	MA - Middle Atlantic Swimming	Other Meet - Exiting Pool	Starting Blocks	Swimmer bumped her head on the diving board support pole exiting the pool after her race	
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Turn End	Swimming the 100 Freestyle event, he did a flip turn and his heels hit on tip of the steel gutter	deep gash on heel required stitches
Female	MA - Middle Atlantic Swimming	Meet - Walking	Deck	Slipped on pool deck, fell to the ground and landed on her left elbow.	
Female	MA - Middle Atlantic Swimming	Practice - Dry Land	Hallway	Group was in the hallway warming up for dryland. The first exercise was a series of skips down the hallway. There was a clear substance spilled on the floor that no one saw (smelled like Lime Away). Swimmer stepping on the substance, slipped, and landed on her hip, shoulder and also hit her head.	
Female	MA - Middle Atlantic Swimming	Other walking into facility	Outside Venue	Fell off curb walking into facility	Right foot/ankle
Female	MA - Middle Atlantic Swimming	Meet - Walking	Team Area	The athlete slipped on a piece of banana on the floor in the team staging area causing her to fall to the floor.	The athlete slipped on a piece of banana on the floor in the team staging area. The slip caused the athlete to fall to the floor.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Turn End	the athlete stated that she felt like her arm "became loose" while performing a turn during an event	the athlete said her shoulder "felt loose" during while complete a turn during an event
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Swimmer scraped her finger on side of pool; bandaid applied	
Male	MA - Middle Atlantic Swimming	Other Before Practice	Locker Room	Swimmer slipped and fell while running in the locker room. Swimmer fell on elbow and complained of pain. Ice packs were applied and swimmer called his mother to let her know what happened.	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Deck	Standing before entering water, slipped	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	scraped knee on edge of pool when exiting after warm up.	
Female	MA - Middle Atlantic Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Stepping down off bleachers, fell, hit ground and hit side of head/neck on bleacher. Did not break skin. Scraped back of neck. Headache and tension on left side of neck.	
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Turn End	The swimmer was performing a flip turn during the 100 Back. At the 3rd turn, the swimmer was too close to the bulkhead, so the contact was made above the water with the heel.	The heel was split open, with the cut being at the back of the foot and extending about 4 cm. It was not very deep, so bleeding was stopped after a few minutes with pressure. The injury showed bruising and some swelling within an hour. The cut was wrapped and the swimmer was able to walk away. The facility and meet referee approved the swimmer to compete in the next scheduled event if the bleeding was still stopped when the cut was re-wrapped about 10 minutes before the race. The bleeding was stopped and the swimmer reported to the block. Prior to the race, the referee noted that the swimmer seemed pale and was a little unsteady. The referee went to talk with the swimmer and determined that the swimmer was not fit to swim. The swimmer was dizzy and somewhat disoriented. The swimmer was taken to the medical room and reclined with feet raised. After about 20 minutes, the staff gradually sat up the swimmer. After some water and time resting, the swimmer's color returned and the dizziness abated. The swimmer was released to the parents, who would visit a doctor upon returning home.
Female	MA - Middle Atlantic Swimming	Practice - Other	Bleachers - Athlete's	Athlete was sitting on a bench on her knees and rocking back and forth. The bench fell back onto her left foot	Pain on top and bottom of foot
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Other Water - 1/3 of the way down the lane	Swimmer ran into another swimmer while swimming backstroke. Swimmer struck their head on other swimmer.	Swimmer swam first event and felt very nauseous. Swimmer and coach approached me for the first time after that to discuss condition and all agreed she should discontinue swimming for the day.
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	Athlete was circle swimming in warm-up lane and ran into the head of another swimmer. Other swimmer uninjured.	Injured developed a lump on the head at the location of impact. Ice applied to area 20 minutes on/off. Swimmer denied nausea, vomiting, blurry vision, double vision or headache.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MA - Middle Atlantic Swimming	Practice - Dry Land	Deck	Swimmer felt a pop during drylands on Monday 10/30 on his right pelvis/right hip area. Swimmer was told to be cautious and inform me of more pain in his leg in the practice held directly after drylands. On the following day of practice on Tuesday 10/31, the swimmer complained of more pain and was instructed to not kick until further notice. He was taken out of the water to do some range of motion exercises. After speaking with him, I suspect a hip flexor/groin type injury. Swimmer was instructed to return to practice but was only allowed to pull with paddles and a buoy. Mother was informed of the situation and was instructed to take the swimmer to an orthopedist/sports med doctor.	Swimmer felt a pop during drylands on Monday 10/30 on his right pelvis/right hip area. Swimmer was told to be cautious and inform me of more pain in his leg in the practice held directly after drylands. On the following day of practice on Tuesday 10/31, the swimmer complained of more pain and was instructed to not kick until further notice. He was taken out of the water to do some range of motion exercises. After speaking with him, I suspect a hip flexor/groin type injury. Swimmer was instructed to return to practice but was only allowed to pull with paddles and a buoy. Mother was informed of the situation and was instructed to take the swimmer to an orthopedist/sports med doctor.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Starting Blocks	Slipped while getting onto blocks	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Lane Lines	Tripped over lane line anchor in pool gutter	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	During warm-up tripped getting out of pool cut happened on sidewall and lane line.	left great toe cut, First aide applied and covered with band-aid by PFY coach.
Male	MA - Middle Atlantic Swimming	Meet - Competition	Starting Blocks	Swimmer slipped off the block when asked to stand down.	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Lane Lines		
Male	MA - Middle Atlantic Swimming	Practice - Other	Other Middle of the pool	Darius finished practice with pain in his arm that did not allow him to raise his arm above his head for a few days	
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Turn End	Swimmer hit right heel on wall during turn in 200 free. I've applied.	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Start End	Swimmer was getting out of pool and cut yams a little on wall. Injury to left palm. Facility staff cleaned, applied antibiotics ointment and a bandage. Swimmer is competing	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Start End	Another swimmer jumped onto injured swimmer FROM BLOCK and swimmer's neck got strained. I've applied. Coach of offending swimmers was reminded of warm up rules.	Swimmer's neck is stiff but she did her 100 free.
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	Other swimmer was swimming n the wrong side of pool and head on collision happened with injured swimmer. Clip snapped on swimmer's goggles and cut under left eye occurred; does not appear to need stitches.	Cut under left eye. A little bruising in lower eye socket. Does not require stitches.
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Start End	While warming up, accidentally kicked wall with right foot	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer was in the pool during warm-up and started coughing. Upon getting out of the pool, she started having an asthma attack. Doctor on site responded for treatment. Attack continued, so EMS was called. Swimmer did have inhaler on hand, but was ineffective due to hyperventilation.	Swimmer was in the pool during warm-up and started coughing. Upon getting out of the pool, she started having an asthma attack. Doctor on site responded for treatment. Attack continued, so EMS was called. Swimmer did have inhaler on hand, but was ineffective due to hyperventilation.
Female	MA - Middle Atlantic Swimming	Meet - Walking	Other walking on deck behind the blocks	Swimmer was walking to her coach before her race and she slipped and fell down and hit the back of her head.	Swimmer was walking to her coach before her race and she slipped and fell down and hit the back of her head.
Male	MA - Middle Atlantic Swimming	Other Walking off the stands	Bleachers - Spectator's	Got up to get back on deck and slipped and fell on left shin. Swelling area about the size of a baseball. Got ice from the first-aid desk. The coach notified the safety marshals of the incident.	Has a baseball size area of a bruise with swelling. Will keep on getting ice as needed for pain. coach will be at the swim meet for the duration over the course of 3 days.
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Other Middle of the lane, in the middle of the pool	Dolphin kick of the person in front of her kicked her in the back of the head during warm-ups.	Slight swelling. Ice was given by lifeguard staff and monitored by an assistant of the Jersey Wahoo coaching staff. Athlete was told to come back to me, just in case the swelling got worse or if headaches developed. The athlete also plans to swim her events during the session.
Male	MA - Middle Atlantic Swimming	Practice - Other	Deck	Slipped on pool deck and landed on Butt/Lower back	Slipped on pool deck and landed on Butt/Lower back. Ice applied
Male	MA - Middle Atlantic Swimming	Meet - Competition	Deck	Slipped and hit shoulder and hip. Is ok	
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Swimmer was exiting the pool. Slipped back into the pool, hitting his right shin on the pool edge. Swimmer states that his foot was stuck in the corner of the pool.	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Start End	Swimmer bumped head while bumping into other swimmer. I've app.ied but she felt fine.	Swimmer and her brother bumped in lane. Swimmer's mother (a registered ER nurse) checked her and said she was fine. Swimmer reamed to her warmup and has already done an event
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Collided top of head with the another swimmer's hand while doing back stroke. Complaint of head hurting. Coach advised her to stop practice and rest.	Collided top of head with the another swimmer's hand while doing back stroke. Complaint of head hurting. Coach advised her to stop practice and rest. Parent was notified
Male	MA - Middle Atlantic Swimming	Practice - Other	Other water - shallow end of pool	The ball was being placed back in the water and he moved into the direction of the ball. As he was moving he moved into the line of the moving ball. it was an underhand soft toss into the water - but we took no chances and had him exit the pool for evaluation and had him sit out for the remainder of practice. We did an onsite concussion exam and informed his mother immediately who was onsite.	
Female	MA - Middle Atlantic Swimming	Other SWIMMING	Water - Start End	SHE WAS FEELING SICK IN THE WATER AND PANIC.911 WAS CALLED SHE WAS CHECKED OUT HEART RATE LUNGS WERE CLEAR.MOM IS EMT FOR MT LAUREL AND WAS ON DECK WITH HER AS A COACH	
Female	MA - Middle Atlantic Swimming	Practice - Other	Hallway	As the athlete was entering the pool deck from the waiting area she opened the door onto her foot.	Athlete scraped her foot on the door
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Deck	Scraped finger on deck while exiting pool	Slight cut to right middle finger. Bandaged and cleaned
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Deck	Swimmer superficially scraped right knee while exiting pool after warmup	Slight scrape to real gut knee. There was a little blood welling up so safety personnel at facility cleaned and applied bandage
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End		Swimmer was performing warm up laps where upon her turning the swimmer's ankle hit the top of pool deck which caused a minor cut on the foot heal.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MA - Middle Atlantic Swimming	Meet - Watching / Observing	Bleachers - Spectator's	She fell through the back of the bleachers and her mother caught her by her ponytail before she fell down all the way. She scratched her chin and twisted her neck as a result of the fall.	
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Lane Lines	While doing a butterfly set swimmers arm hit the swimmer swimming in the next lane who was also doing butterfly. seemed like a sprained wrist. Ice was applied. swimmer returned to water after 15 minutes and did kick sets.	N/A
Female	MA - Middle Atlantic Swimming	Other Playing with a friend	Bleachers - Spectator's		
Male	MA - Middle Atlantic Swimming	Practice - Other	Other water- swimming	Cramp with lightheaded feeling.	
Male	MD - Maryland Swimming	Practice - Other	Locker Room	Swimmer fell when exiting the shower in the bathroom after practice.	Swimmer broke his nose and received 4 stitches on his chin and one under his bottom lip.
Female	MD - Maryland Swimming	Practice - Other	Water - Turn End	During a turn Brenda ran into a swimmer and struck her head	
Male	MD - Maryland Swimming	Practice - Other	Water - Start End	Hit head on wall while turning from backstroke to breaststroke	
Female	MD - Maryland Swimming	Meet - Competition	Water - Start End		Complained of popping/bone scraping
Male	MD - Maryland Swimming	Meet - Warm-up	Deck		Went to hospital got stitches.
Female	MD - Maryland Swimming	Other Try out	Water - Start End	During the NAAC tryouts on July 12, 2017, swimmer ran into the wall while doing butterfly. No coaches on deck witnessed the impact. Once the tryout was over she removed her cap in the bathroom to find she had cut her forehead. Her parents took her to the ER after she returned home. She received stitches and was diagnosed with a concussion.	Swimmer ran into the wall while performing butterfly. She finished the tryout and went into the showers where she removed her cap to find she had cut her forehead. After returning home her parents took her to the ER. She received stitches and was diagnosed with a concussion. No coach on deck witnessed the accident.
Male	MD - Maryland Swimming	Practice - Other	Water - Turn End		
Male	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer did a start to enter the pool for warm up and struck the bottom of the pool on his forehead. When he surfaced bleeding he swam to the side.	Swimmer was taken to the hospital by ambulance and received stitches. No brain injury or spinal injury was found.
Female	MD - Maryland Swimming	Meet - Competition	Deck		Patient is on two medications for anxiety. During a swim she felt weak. On deck she had a pronounced tremor and fatigue. Tremor predominantly in hands/arms. No trama, LOC: good pulse and heart rate
Male	MD - Maryland Swimming	Practice - Other	Water - Side	Swimmer was dolphin kicking on back and swam into wall	
Female	MD - Maryland Swimming	Practice - Dry Land	Gym	running backwards, tripped and fell on right wrist. wrist swollen and hurt to move	wrist swollen and hurt to move
Female	MD - Maryland Swimming	Meet - Competition	Deck	athlete noticed nosebleed after event. did not know cause but said it was not unusual to get nosebleeds	athlete had a nosebleed. Parent of athlete said that because they could not get it to stop he would take her over to the hospital to have it checked out
Male	MD - Maryland Swimming	Practice - Other	Water - Side	Swimmer suffered a seizure during a kick set with kick board during practice 1/14/2017. Swimmer pushed off the wall with kick board and started seizing. His teammate, who was behind him, grabbed him and kept him above water while holding onto lane line. Coaches ran to assist and swimmers brought him to the wall where he was still seizing. Coaches removed him from water and checked to see if he was breathing and checked pupils. He was breathing and eyes were none responsive. Coaches cleared the pool and called USNA emergency number on deck as well as 911. Coaches laid swimmer on pool deck on his side until the paramedics arrived. It was very difficult to tell if he was fully conscious on deck due to the seizures. He never stopped breathing and was making grunting noises most of the time. He did foam at the mouth. His father was present on deck shortly after the swimmer was removed from water. Paramedics arrived in about 5-7 minutes and took over. He was taken to Anne Arundel Medical Center in ambulance. Assessed and released.	
Female	MD - Maryland Swimming	Practice - Dry Land	Team Area	While doing burps swimmer came down hard on her wrist.	Swimmer continued to complain of pain 2 days later where she was taken for X-rays. She was diagnosed with a possible scaphoid fracture and placed in a fiber cast and a sling. She was taken to an orthopedic surgeon several days later where it was diagnosed as a bad sprain and braced. Follow up appointment in in several weeks.
Male	MD - Maryland Swimming	Practice - Other	Water - Side	Swimmer and another swimmer collided head first while swimming	Swimmer was swimming when he collided with another swimmer. He swam back toward the wall where the coaches talked to him for several minutes. He got out and sat for a while. He was alert and engaging in conversation with the coaches. He was not feeling sick or nauseous at the time.
Male	MD - Maryland Swimming	Practice - Other	Deck	Did not witness fall. found laying on the ground holding mouth. No pain from the fall or chipped tooth. Found the piece of tooth on the pool deck. contacted parent immediately.	Chipped tooth
Male	MD - Maryland Swimming	Practice - Other	Locker Room	Swimmer entered locker room and was running and slipped and fell into the shower stall. He cracked his two front teeth on the stall. A swimmer came out on deck to get a coach. No coach or adult witnessed the accident.	Swimmer chipped his two front teeth when falling in men's locker room
Male	MD - Maryland Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer was helping a friend by crawling under the bleachers on deck to retrieve a cap. Swimmer scraped his back on Metal Risers	Scrape was about 10 inches long with ragged edges. Swimmer had already showered before asking for help. Coach instructed the child to go home and get soe rest.
Female	MD - Maryland Swimming	Meet - Walking	Locker Room		
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Turn End	Swam into another swimmer during warm ups.	Ran into another swimmer while warming; nose swollen and bruised and lower lip swollen as well.
Female	MD - Maryland Swimming	Meet - Competition	Water - Lane Lines	Struck lane lines, lost goggles and ran into edge of pool.	face burns from scraping lane lines.
Male	MD - Maryland Swimming	Practice - Other	Water - Start End	Another swimmer accidentally hit swimmer in the mouth with his hand during butterfly.	Swimmer wears braces. Ouch

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Hit top of head on timing pad at finish of backstroke race	
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Hit hand against wall while finishing, and bruised hand.	
Male	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	Struck nose on bottom of pool when diving in	
Female	MD - Maryland Swimming	Meet - Competition	Water - Start End	Hit head against wall	
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Upon diving in for a relay start, banged both knees on bottom of pool during dolphin kick	
Female	MD - Maryland Swimming	Meet - Competition	Water - Turn End	Swimmer inhaled water on her flip turn and it initiated an asthma attack	Swimmer had an asthma attack during the 200 freestyle. EMT's were called to assess.
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	Bumped into another oncoming swimmer. Left brow bone	
Female	MD - Maryland Swimming	Practice - Dry Land	Outside Venue	Soccer for dryland, non-land mammals that they are collided into each other, knocking knees together.	Knocked knees together with another swimmer, caused light swelling. Recommending follow-up with a physician.
Male	MD - Maryland Swimming	Other OWS Meet	Other race end by rocks	Near rocks at end of course.	Cut on left hand and right knee.
Male	MD - Maryland Swimming	Other OWS Meet	Other race end by rocks	Swam near rocks at finish.	Cut and scrape on left foot and leg.
Female	MD - Maryland Swimming	Other OWS Meet	Other race end by rocks	Swam into rock edge at end of meet.	Cut on bottom of left foot due to contact with rocks.
Male	MD - Maryland Swimming	Other OWS Meet	Other race end by rocks	Cuts due to submerged rocks at end of race.	
Female	MD - Maryland Swimming	Meet - Warm Down	Other in water	Swimmer swam into another athlete and scraped her cheek	
Male	MD - Maryland Swimming	Meet - Walking	Stairs		
Female	MD - Maryland Swimming	Meet - Competition	Water - Start End	Asthma attack	
Female	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer threw up	
Female	MD - Maryland Swimming	Practice - Other	Water - Lane Lines	kick board hit swimmer's goggles and left a red mark	
Male	MD - Maryland Swimming	Practice - Other	Deck	Athlete was walking to the start block, stepped in small puddle and slipped. He fell on his back, hitting his elbow and foot	Athlete struck elbow and back on deck, some swelling of left foot
Female	MD - Maryland Swimming	Practice - Other	Other Water - Middle of pool	Swimmer was swimming breaststroke and was kicked in the hand, bending her finger back. Resulted in swelling.	
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks	At the start of the race, swimmer slipped on the block striking her left ankle on the side of the block	
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	Hand contacted side of pool during backstroke finish. Bruised.	Soreness of hand due to hand making contact with edge of pool deck during backstroke finish.
Male	MD - Maryland Swimming	Meet - Walking	Team Area	Swimmer fell in pool while walking along edge.	Scrape on knee from side of pool.
Female	MD - Maryland Swimming	Meet - Walking	Deck	Swimmer noticed blood on her right foot. She was walking on it on deck but did not feel any pain. a small cut on right foot.	small cut on foot
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Team Area	Scrape on back of leg. Does not know how it was obtained.	Athlete found small cut on back of leg. Does not know how obtained.
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Bottom	swimmer hit bottom of pool	
Male	MD - Maryland Swimming	Practice - Other	Locker Room	Swimmer slipped and fell in the locker room after practice. He bumped his lip which started to bleed. After first aid was administered, it was observed that he had a cut under his top lip	Swimmer had a cut under his top lip and a swollen lip
Male	MD - Maryland Swimming	Meet - Walking	Deck	Swimmer was participating as a counter for distance event. While walking on the deck at the turn end he incurred a small cut on the bottom of his foot but was not sure exactly where on the deck that it happened.	Bottom of left foot had a small puncture/cut with minimal bleeding. Lifeguard cleaned cut and applied waterproof bandaid and swimmer returned to the meet to compete in the 1500 meter. After the event's completion, Head Safety Marshall offered to swimmer and his dad to have the foot re-cleaned and a new bandaid applied. Lifeguard completed the process and swimmer declined any additional aid. Father and coach were on hand while care was given and there were no witnesses to how swimmer incurred the injury.
Female	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer bent over and hit her head on secondary swimmer's goggles leading to small cut in the corner of her left eye socket.	Injured didn't know name of swimmer she butted heads with and there were no witnesses. When Safety Marshal arrived, swimmer initially refused bandaid and proceeded to her blocks to swim. Coach was on screen and it was believed her pulled her from the event while Safety Marshal went to prepare an ice bag. Upon returning, swimmer's coach applied bandaid and Safety Marshal provided ice to the swimmer. Swimmer refused any additional help and returned to her teams seating area.
Male	MD - Maryland Swimming	Other Fell Outside Facility	Outside Venue	Swimmers tripped outside and fell on the sidewalk while walking into practice.	
Male	MD - Maryland Swimming	Meet - Warm-up	Water - Side		
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Turn End		
Male	MD - Maryland Swimming	Meet - Walking	Other Gutters	Tripped over lane line connector	
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Side		Got kicked in the head during warm-ups
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Turn End		
Female	MD - Maryland Swimming	Meet - Watching / Observing	Bleachers - Athlete's		
Female	MD - Maryland Swimming	Meet - Walking	Outside Venue		
Female	MD - Maryland Swimming	Meet - Warm Down	Water - Turn End		
Male	MD - Maryland Swimming	Meet - Warm Down	Water - Turn End		
Female	MD - Maryland Swimming	Meet - Competition	Water - Bottom	Dove in at start and scraped nose and chin/lips on the bottom of the pool	
Male	MD - Maryland Swimming	Meet - Walking	Hallway		
Female	MD - Maryland Swimming	Meet - Competition	Bleachers - Spectator's	Meet Marshal was in the stands assisting spectators to stay back from the rail so all could see. She had asked the parent involved a couple of times to stay back so all could see. The parent said "I heard you the first time" and moved forward. The Meet Marshal put up her arm with a paper in her hand and inadvertently hit the parent on the arm. The parent began screaming at the Meet Marshal and told her to get her hands off her and stop attacking her. The parent grabbed the badge around the Meet Marshal's neck and pulled it. The parent asked what the Meet Marsha's name was and she was going to report her. The parent's spouse came over and began shouting at the Meet Marshal to leave his wife alone. The Marshall came to get the Meet Director. The Meet Director went to the stands to talk with the parent. The parent reluctantly talked with the Meet Director. Other witnesses came forward to give their account. The parent left the venue of her own choice	The Marshal was distraught and unable to continue in the spectator area. Since the meet was drawing to a close (20 minutes left) we removed all Marshals from the spectator area.
Female	MD - Maryland Swimming	Meet - Competition	Deck		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MD - Maryland Swimming	Other Once the meet area was empty and the meet was over	Other Aquatics Directors Office	Approximately \$200 was stolen from Metro Swim Shop, a swim meet gear vendor, last night. When the vendor went to the area which she was storing her cash registers, one of the cash registers was empty. The cash registers were stored in the Aquatics Directors office last night, and they were locked as well. A formal report has already been filed with campus security.	
Male	MD - Maryland Swimming	Meet - Competition	Deck		
Female	ME - Maine Swimming	Other Prior to Meet start	Other Bleachers - Coach	Stood up on 2nd row of the bleachers. She placed her leg over the bottom row onto the deck floor and slipped. She fell into the first row bleachers with her right rib cage (on her back). Wind knocked out of her.	We placed ice to the injury. She said it felt better but she is showing signs pain.
Female	ME - Maine Swimming	Meet - Competition	Water - Lane Lines	Swimming in warm up and went head on into another swimmer.	Just swelling around eye. Was checked out for concussions - negative.
Female	MI - Michigan Swimming	Practice - Entering / Exiting Pool	Other Deck	Swimmer was climbing out of the pool. Swimmer's hands slipped. As she fell she hit her chin on the deck and fell back into the water. Coach was at her lane and helped swimmer out of water. Coach looked at under side of chin. It appeared to be split open. Coach took swimmer to the lifeguard where lifeguards administered first aid. Coach phoned mom to come pick up swimmer. Follow-up: Swimmer saw R.N.P. who used "Liquid stitches" and bandaged injury. As of 11/7/2017 swimmer returned to practice.	As described above in "Additional Details of Accident" swimmer taken to R.N.P. for additional medical care. Name and location of R.N.P. not known.
Female	MI - Michigan Swimming	Practice - Other	Deck	Swimmer Slept and Fell on pool deck. Deep cut on chin, right side. Swimmer is being taken by parent to urgent care.	Cut is on right lateral side of chin.
Male	MI - Michigan Swimming	Meet - Warm-up	Water - Side	Cut foot on wall of pool. Kicking while swimming and hit the wall. Injured last 2 toes on right foot cut top of toe and bottom of last toe. Life Guard and coach treated onsite, family to swimmer to the ER following accident.	Injured last 2 toes on right foot cut top of toe and bottom of last toe. Life Guard and coach treated onsite, family to swimmer to the ER following accident.
Male	MI - Michigan Swimming	Practice - Other	Locker Room	Swimmer slipped in shower hitting his tooth on the shower soap dish. Chipped his tooth.	Mom took him home after practice and later to the dentist to have tooth repaired (filed and filled in). Swimmer returned to practice next day and is ok.
Male	MI - Michigan Swimming	Meet - Competition	Water - Turn End	During Backstroke Turn got too close to the wall and struck head on Wall	Dizzy, Nauseous, Head Ache
Female	MI - Michigan Swimming	Practice - Entering / Exiting Pool	Locker Room	Athlete entered the locker room at 8:15pm. At 8:25pm three other athletes came out of the locker room to tell me that swimmer can't breathe. Once I entered the locker room, she was sitting upright with her mother and three other parents, but having a hard time breathing. I had swimmer lay down to open her lungs, but she was going in and out of consciousness, so I had another parent call for an ambulance.	
Female	MI - Michigan Swimming	Meet - Competition	Other Water mid pool		Athlete swallowed a mouth full of water with 25 meters to go. Swam to the wall where coach and father pulled her out of the water. Complained of chest full of water and tingling sensation in fingers.
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Swimmer suffered a seizure during the butterfly event. Swimmer went under water early in event and had to be rescued by staff. First Respondents called in (Fire and Paramedics). Pool, deck, and spectator area cleared. Swimmer regained consciousness while being taken out on stretcher to hospital.	Swimmer regained consciousness on her own while still at pool. Swimmer taken to and released from Windsor hospital the same day. Informed parents a medical note from the doctor would be required before swimmer could return to team practice/meets.
Male	MI - Michigan Swimming	Meet - Competition	Water - Start End	Hit his head on the pad at the finish of the swim. Told coach he was fine at first. Fifteen minutes later he complained of being dizzy. He was told to sit in the shade and his parents were notified to pick him up and not drive home.	
Female	MI - Michigan Swimming	Meet - Competition	Water - Turn End	Swimmer was exiting the pool and slipped on the timing pad. She punctured/sliced her right toe. We learned of this from the lifeguards. We did not speak to the swimmer as she left with parents.	Swimmer left with parents prior to speaking with officials or coaches. She was treated briefly by lifeguards on site who gathered some information
Female	MI - Michigan Swimming	Practice - Other	Deck	Athlete was walking on the pool deck towards the locker room when a large, heavy section of air duct fell from the ceiling and struck the athlete in the head/neck/shoulder/back. Athlete was knocked hard to the deck.	At this point, the athlete was released from the hospital with concussion symptoms and pain in the neck and back. More testing will occur.
Female	MI - Michigan Swimming	Practice - Other	Deck	Athlete was walking across the pool deck towards the locker room when a large, heavy section of metal air duct detached and fell from the ceiling, striking the athlete directly in the head and upper body. Athlete was knocked hard to the ground.	At this time, scans/xrays were negative for fractures on skull/neck/back. Athlete remained at the hospital overnight for observation.
Male	MI - Michigan Swimming	Swimjitsu - Dry Land	Outside Venue	Injured party was resting on the ground in between sets during dryland training. While another person was performing an exercise, the weight slipped out their hand and landed on the hand of the injured party.	Injured party was resting on the ground in between sets during dryland training. While a coach was demonstrating an exercise, the weight slipped out their hand from about two feet height, the weight traveled forward about 4 feet and landed on the hand of the injured party who was facing the other direction.
Male	MI - Michigan Swimming	Practice - Other	Deck	On March 15 2017 around 1900hrs. Swimmer was walking down the side of the pool with his gear bag. While walking swimmer slipped on the deck hitting his side and head on the deck. Afterward swimmer told me that he had hit his head and was crying. I had him sit out for a little while with an ice pack on his head. Later I asked if he wanted to swim and he said that his head still hurt and he didn't want to swim. Swimmer sat out the rest of practice. I advised swimmer's mom that she should keep an eye on her son and have him checked out.	
Female	MI - Michigan Swimming	Swimjitsu - Dry Land	Gym	Coach notified via text on 1/27/17 by swimmers mom stating swimmer hurt her leg during drylands one week approximately earlier. Stated they were icing and heating leg and were taking her to the doctor for further testing on 1/27/17.	Team was unaware of the injury until after the fact. Mother indicated swimmer has a strained muscle according to doctor. She is out for at least 4 weeks. and returning to the doctor the first week of March and then will find out what he says and if she is cleared to return to playing sports. Hand written report submitted by coach and entered electronically by team safety officer.
Male	MI - Michigan Swimming	Other Entering locker room	Locker Room	Opened door of locker room on to right foot. Deep/long cut on top of right foot.	We advised the mother to take the swimmer to urgent care. Mother wanted to let swimmer continue meet. We did not allow.
Female	MI - Michigan Swimming	Meet - Warm Down	Water - Turn End	Bumped head on bottom of pool in the middle of the lane (half way across the pool). In warm-up pool.	Swimmer ok. Continued meet.
Female	MI - Michigan Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was putting her equipment away at the end of practice. She slipped and fell on the pool deck hitting her ear on the pool deck.	Swimmer didn't realize she was hurt. She went home and she couldn't hear the next morning.
Female	MI - Michigan Swimming	Meet - Walking	Locker Room	Walking through Women's Locker Room and slipped on water on floor, injured left elbow in fall. Contacted meet volunteer and was referred to notify her coach immediately. Swimmer continued to compete.	Swimmer described her elbow was injured, no visible injury observed or described by meet volunteer. Ice was offered to swimmer by meet volunteer, but it was declined. Swimmer was referred to report to her Parents & Swim Coach. Coach indicated that swimmer described injury to him and continued compete. Swimmer continued to compete in competition. Day after incident, Parent informed club they took swimmer to Urgent care after the competition, the night of 01-07-17 and then to Hospital for x-rays the morning of 01-08-17.
Female	MI - Michigan Swimming	Meet - Warm-up	Other	Grace had a cut on her leg from earlier in the day. She picked the scab and started to bleed.	Injury occurred prior to entrance to the facility.
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Athletes asthma flared up during a race on the start side of the pool.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MI - Michigan Swimming	Meet - Competition	Water - Start End	Swimmer was doing the 100 Backstroke at finals and lost track of their stroke count. Swimmer collided with the wall and struck their head and hand against the wall.	No concussions or cut observed. Swimmer complained of initial pain to both head and finger (majority finger) due to impact.
Male	MI - Michigan Swimming	Meet - Warm-up	Other Warm-down lanes	Pushed off wall and foot got caught / scraped the stairs	Pinkie toe got cut by stairs near side of toe nail
Male	MI - Michigan Swimming	Meet - Warm-up	Other Pool Wall	Swimmer swam against wall and cut finger	Swam against wall and cut finger
Female	MI - Michigan Swimming	Meet - Warm-up	Water - Start End	Pushed off and foot got stuck in stairs	
Female	MI - Michigan Swimming	Meet - Entering / Pool	Outside Venue	Athlete was walking through parking lot. Tripped and fell and skinned both knees and heel of left hand.	Skinned both knees and heel of left hand. Athlete's mother instructed the athlete to enter timing/first aid office for some band aids.
Female	MI - Michigan Swimming	Meet - Competition	Other Unknown	Athlete was unaware of how or where the injury took place. She looked down and noticed blood on the top of her foot.	
Male	MI - Michigan Swimming	Meet - Warm-up	Starting Blocks	Swimmer scrapped leg on block while getting out of the pool after warm-up	Front of knee; scrape
Female	MI - Michigan Swimming	Meet - Warm-up	Water - Start End	Swimmer mis-judged depth of water while entering pool feet-first at start of warm-ups. Swimmer sprained right ankle due to heel contact with pool floor.	Lifeguard provided ice for ankle. Swimmer's mother came to pool deck to check on swimmer and provide ibuprofen. Swimmer / parent / coach decided swimmer could continue to compete in event.
Female	MI - Michigan Swimming	Meet - Competition	Starting Blocks	cut bottom of big toe on gutter by starting blocks	
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Athlete collapsed coming out of pool. Complained of tight chest difficulty breathing. History of Asthma.	
Male	MI - Michigan Swimming	Practice - Other	Water - Turn End	While swimmer was at wall waiting for his interval, another swimmer was kicking into the wall and accidentally kicked the swimmer in the head, causing the swimmers forehead to hit the pool wall. Swimmer had a bump on his forehead which was noticed as coaches had swimmer get out of pool.	Coaches/pool staff checked for signs of concussion. Had him stop practice and sit in the bleachers. Mom came down and sat with him on bleachers while he was treated with ice. Swimmer is ok.
Male	MI - Michigan Swimming	Meet - Watching / Observing	Bleachers - Athlete's		
Female	MI - Michigan Swimming	Practice - Other	Water - Side	Swimmers stomach started cramping. Coach assisted swimmer to bathroom. City pool manager insisted on calling an ambulance for swimmer. Swimmer was evaluated at hospital and was released same day. Swimmer returned to practice next day. No further issues have occurred.	
Male	MI - Michigan Swimming	Practice - Other	Water - Turn End	Two swimmers bumped heads while swimming. Coach checked for concussion symptoms and gave ice packs to swimmers. No further symptoms developed. Incident occurred on 5/12/17.	Swimmer was evaluated by coach for concussion symptoms and given an ice pack. No further symptoms developed.
Male	MI - Michigan Swimming	Practice - Other	Water - Turn End	Two swimmers bumped heads while swimming laps on 5/12/17.	Two swimmers bumped heads. Both swimmers were checked by their coaches for concussion symptoms. Parents were notified. No concussion symptoms occurred for either swimmer.
Male	MI - Michigan Swimming	Practice - Other	Water - Turn End	Swimmer struck head on end of pool.	
Female	MI - Michigan Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer slipped on the athlete bleachers on the east side of the deck and hit her right foot.	Bruised outside of right foot
Female	MI - Michigan Swimming	Practice - Dry Land	Gym	Upon completion of training, swimmers were pushing benches away from pull up bars. They were instructed not to duck under bars. Swimmer pushed bench too far, stood up, and bumped a 45 lb. bar with her back and it fell/rolled on her back/base of head.	Coach made sure swimmer was ok. Spoke with mother about what happened and asked mother to keep an eye on swimmer. Swimmer was ok and returned to practice the next day.
Female	MI - Michigan Swimming	Practice - Other	Water - Start End	Swimmer said she was kicked in the side by another swimmer during a kicking set. She said she was too sore to continue practice.	
Female	MI - Michigan Swimming	Meet - Warm-up	Water - Turn End	kicked in face during warmup	
Female	MI - Michigan Swimming	Practice - Other	Locker Room	Slipped on locker room floor. Bumped knee. Slight limp. (Note: This is a update/correction from a previous report where the club name was incorrect).	Father notified. Swimmer ok and returned to practice the next day feeling fine.
Female	MI - Michigan Swimming	Practice - Other	Locker Room	Slipped on locker room floor. Bumped knee. Slight limp	Father notified. Swimmer ok and returned to practice the next day feeling fine.
Female	MI - Michigan Swimming	Meet - Entering / Pool	Starting Blocks	Slipped getting on to starting blocks and scraped right shin on block	Swimmer ok. Continued meet.
Male	MI - Michigan Swimming	Practice - Other	Other School Building	On Saturday, October 7 we practiced at Southlake High school from 8-10 am as usual. We got there and the pool door was propped open with a pool "noodle." After practice Coach Graham was the last person to leave the pool area and removed the pool noodle and shut the door. We were informed by the Facilities manager of South Lake Public Schools on Thursday, October 12 that someone had gotten into the building through the propped door to the hallway next to the pool and did "six figures worth of damage to their auditorium." "We do not have a key to the facility, we wait for the custodian to open the door for us. We were never notified that we had to lock up the facility as we assumed there was a custodian on duty, but we did close the pool door when we left. There frequently are other activities in the building on Saturday. We had no idea that we were the only and last in the building. We never saw the custodian on Saturday morning but we found the door already propped open and assumed that he was in the building. When we arrived at 8am on Saturday, the pool noodle was already propping the pool door open. As far as we know, none of the Lakers accessed the door that was propped open with the chair. The school district states that there is a video of us leaving through that door, I have not seen that video.	
Female	MI - Michigan Swimming	Practice - Other	Water - Start End	Swimmer swallowed large amount of water and was having a hard time breathing.	Swallowed large amount of water and was having a hard time catching her breath. Coach talked her through it and talked to the parents. Parents texted coach next morning and said that swimmer is doing fine.
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Hurt neck during start as swimmer entered the water(stiffness, pain when turning)	Swimmer said her neck hurt when turning to one side. dad notified. Dad met with swimmer and said she would be ok.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MN - Minnesota Swimming	Practice - Other	Locker Room	There were a number of boys in the locker room between the time period of dryland practice and swim practice. Apparently there was a game of monkey in the middle being played. The athlete who eventually was injured (Athlete #1) said he was participating in the game then remembered that the boys had gotten in trouble for this previously and quit and went to sit on the locker benches. Athlete #1 is not sure why, but Athlete #2 took his hand and "slammed" Athlete #1's head into the concrete wall. Athlete #1 said "what the heck" to Athlete #2. Athlete #1 said it hurt really badly and he thinks Athlete #2 did it on purpose, although Athlete #1 does not know why and thinks it was unprovoked. Then Athlete #2 hit Athlete #1's head into the wall again, with his shoulder this time. Athlete #1 thinks that time may have been an accident, although he is not sure. After this second incident both Athlete #1 and Athlete #3 told Athlete #2 to cut it out. Athlete #1 said Athlete #2 came at him and gave him a large scratch on his elbow that was still bleeding slightly after practice. Athlete #1 then thought Athlete #2 was about to elbow him, so he grabbed Athlete #2's elbow to stop him. Athlete #1 said at this point his head really hurt and he was really fed up, so he hit Athlete #2 in the stomach to get him to stop. The boys finally went out on the pool deck for practice where apparently Athlete #1 proceeded to squirt Athlete #2 with his water bottle - he is not clear why exactly he felt the need to do this other than that he was annoyed with Athlete #2. Athlete #2's response to the water bottle squirt was to hit Athlete #1 on the head with his mesh bag in the same spot where Athlete's head hit the wall. Athlete #1 said that his head continued to hurt worse throughout practice. He finally asked to leave about 15 minutes early. He told the coach his ankle hurt, but Athlete #1 told his mom it was actually his head that was hurting but he did not want to make a big deal of it. By the time Athlete #1 got home, he said he felt a little bit nauseous and his head was tender to the touch.	concussion and neck strain
Female	MN - Minnesota Swimming	Other Walking from Hotel to Venue prior to Finals Session	Outside Venue	Official fell on sidewalk across the street from the competition venue while walking from the hotel to the venue and injured her left ankle. She was brought via wheelchair into the venue and taken to the training room where ice and elevation were applied, and an athletic trainer provided care. Trainer advised patient to get x-ray taken when possible.	Athletic Trainer indicated lateral left ankle sprain with swelling anterior to lateral malleolus and pain at ATF.
Female	MN - Minnesota Swimming	Meet - Walking	Locker Room	IN LOCKER ROOM STOOD UP AND HIT HEAD ON OPEN METAL LOCKER DOOR, CUTTING OPEN THE TOP OF THE HEAD	IN LOCKER ROOM STOOD UP AND HIT HEAD ON OPEN METAL LOCKER DOOR, CUTTING OPEN THE TOP OF THE HEAD
Male	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Swimmer broke finger during time trial swim. Initially thought it was sprained. Went to hospital later and found it was broken. Coach reported incident after the fact.	
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Swimmer had a possible concussion prior to the meet and had not informed coach. Heat and sun caused additional issues for swimmer. Swimmer did not swim.	
Female	MN - Minnesota Swimming	Practice - Other	Deck	Stepped back into lane line pit. Caught myself to pull myself up.	
Female	MN - Minnesota Swimming	Other Cutting a bagel in Concessions	Other In the concession area when she was cutting a bagel for someone		Cut to pinky finger near nail
Male	MN - Minnesota Swimming	Practice - Other	Other Facility Parking lot	Swimmer was leaving swim practice on bike. Was in the parking lot of swim facility when he lost his balance and tipped. Swimmer tried catching himself as he landed with his left arm. Fractured left forearm.	Left forearm fracture.
Female	MN - Minnesota Swimming	Meet - Warm-up	Water - Side	Swimmer was swimming along the wall backstroke and swimmer going perpendicular did a flip turn and hit her. His foot hit her lip/tooth and split it a little. Coach did concussion test which was fine but then sent her to ER because of memory issues. Test at ER was positive for concussion.	
Male	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Team was streamline kicking on back and swimmer pushed off (not streamline) and ran into another swimmer who had crossed the black line after flags.	Swimmer swam a bit more of warmup and then told us he was feeling light headed, began blinking a lot and shaking his head, so we had him get out the last 45 minutes.
Female	MN - Minnesota Swimming	Other Parent Volunteer	Other Pool deck behind blocks	While walking on the pool deck, the volunteer fell backwards hitting her head on the pool deck. Immediately following the incident, the volunteer explained that her jaw hurt when she relaxed it. The Meet Marshall determined that it was best to call 911 and the volunteer was taken by ambulance for assessment and treatment.	
Female	MN - Minnesota Swimming	Other Returning to pool from working out on her own	Hallway	Witnesses say she was working out at a gym within the building. She became dizzy and her speech was slurred. At one point she couldn't speak. She sat down and after a few minutes was able to speak again, but complained of a head ache. 911 was called. They assessed her and recommended she be taken by ambulance to the emergency room for more evaluations.	
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	During the turn on the backstroke length of the 400 IM, swimmer misjudged the distance to the wall and when she flipped, struck her right side of face and nose on the wall breaking her goggles.	The swimmers goggles broke on impact, bruising under right eye and some scraping as well. Additional bruising across the bridge of the nose and some swelling.
Female	MN - Minnesota Swimming	Practice - Other	Deck	Swimmer slipped on the pool deck, fell backwards, and hit her head. She got up and didn't think it was serious enough to report it to her coaches, so they were unaware of the incident. Over the course of the next few days she started complaining of headaches, so we monitored it closely. The morning of Monday/30 Jan 2017 she started complaining of nausea and, consequently, vomited. It was at that time we took her into urgent care, at Apply Valley Medical Center, where she was diagnosed with a concussion.	
Male	MN - Minnesota Swimming	Practice - Other	Water - Lane Lines	the on site trainer evaluated him for a concussion, was found to have a mild concussion and a slight mark on his upper left forehead. Parents will take him to PCP to be cleared to swim again.	
Female	MN - Minnesota Swimming	Meet - Competition	Deck	Swimmer fell while walking near the bleachers and the load landed on her wrist. She was sensitive to the weight of the ice pack and any touching of the affected area. The lifeguard on duty put her arm in a sling. Her family took her to the doctor where it was believed that she broke her wrist.	
Female	MN - Minnesota Swimming	Practice - Dry Land	Outside Venue	Playing water polo / handball finger was injured some point during game.	Parent noticed injury the following day (bruising) and took swimmer to clinic to be checked. Coach was not aware of injury until the following day.
Female	MN - Minnesota Swimming	Meet - Walking	Hallway	Athlete slipped and put her right arm out/extended to catch herself as she went down to the floor.	Right upper forearm was painful. About 15-20 minutes after injury the athlete vomited. Athlete could move her arm but it was painful. Stated it seemed better but still sore when it was held still.
Male	MN - Minnesota Swimming	Practice - Other	Deck	Swimmer was walking quickly to the locker room after practice. He was going to walk under the diving board but kept his head down and ran right into it. He hit his head right in the nose very hard and then slipped and fell hitting his head again. He didn't move very quickly but then got up and started walking. He was crying and felt tired. His nose was bleeding and potentially his ear.	He hit right between the nose and had a bloody nose and then fell and hit the side of his head. Possible blood in ear.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MN - Minnesota Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Walking on bleachers, slipped, twisted, fell, paramedics called, in house physicians assessed, knee was dislocated, was relocated on site by physicians, later determined at the hospital that the patella was also fractured	
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Staff was notified by swimmer's teammate that she had fallen and hit her head by the diving well. When Head Lifeguard arrived on the scene her friends said they did not see her fall, but saw her get up after falling. Swimmer had a cut on her knee and a small scrape on her elbow. Head Lifeguard bandaged both. Head Lifeguard talked to her about how she was feeling. Swimmer said she felt light-headed and dizzy and that she didn't remember falling. Head Lifeguard contacted Assistant Aquatic Director at that point, and EMS was called. EMS arrived, evaluated swimmer and recommended to swimmer's coach that she be taken to the hospital. She left with EMS to the University of Iowa hospital.	Victim was unable to remember falling
Male	MN - Minnesota Swimming	Meet - Competition	Locker Room	Swimmer slipped coming out of the shower and hit his head. Head was stabilized by Team Foxjet Certified Coach. He was taken in an ambulance	
Male	MN - Minnesota Swimming	Meet - Walking	Deck	Athlete slipped, fell and hit his head on the pool deck.	Sore neck and large bump on the back of head.
Female	MN - Minnesota Swimming	Practice - Other	Deck	Swimmer was waiting in line on the pool deck prior to practicing starts. Coach heard another swimmer say 'I think she is having a seizure', and before coach could get to swimmer, swimmer fell to the ground where she hit her head and her elbow. She continued to seize and it looked as though she was trying to get up, but her body was completely rigid. Her eyes were rolled back, and she was breathing. The entire seizure was about 1-2 minutes long. Coach tried to talk to her the entire time and slowly she started to respond and answer questions. All of her answers were correct and she could recount everything about her day and about school, but her eyes continued to roll up and down and it took another couple of minutes for them to settle. It was then that she mentioned that her head hurt and coach noticed the bleeding and swelling of that area of back of her head. She also mentioned that she could not feel her mouth or her lips. A parent assisted coach with getting gauze to place on her wound, and coach continued to stabilize her head. Coach applied pressure to her head while the parent placed gauze underneath her elbow that was bleeding slightly as well. The parent and Coach talked to the swimmer while another coach called 911 and the swimmers' parents. Once EMS arrived they took over stabilization and took over overall care of the swimmer. Parents arrived on site, and she was taken by ambulance to the hospital.	The swimmer had what appeared to be a grand mal seizure. She fell in the process and hit her head and her elbow on the floor. She had a golf ball/tennis ball sized swelling to the back of her head as well as a small laceration due to the fall. Her elbow was scraped and was bleeding slightly as well as starting to bruise when medical care arrived. Her parents have since let us know that she has been diagnosed with a concussion in addition to the lacerations/bruise.
Female	MN - Minnesota Swimming	Meet - Walking	Deck	Hit head on pool deck running to see grandparents. Parents and athlete deemed okay to swim next event shortly after injury.	
Female	MN - Minnesota Swimming	Practice - Other	Deck	Swimmer was walking to her lane on the pool deck at the start of practice and slipped on the deck landing on her back.	Swimmers back impacted the pool deck from slip on the deck. Swimmer stood up right away on her own and was directed to sit down. Middle back pain. Swimmer said she did not hit her head in the fall.
Female	MN - Minnesota Swimming	Meet - Warm-up	Water - Side	During warmup before the start of the meet, was doing the breast stroke towards the end of the warmup and developed right knee pain. 'Felt a popping sensation during kicks'.	Felt a popping sensation and pain to right knee while doing the breast stroke kicks during warmup before a meet. Did exit the pool after the incident and was unable to bear much weight on leg. Did ice and rest knee. Mother gave her Advil. Was able to swim her events at the meet except the breast stroke but states her knee was sore.
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Swimmer hit her hand on another swimmer as she pushed off of the wall on her turn.	Ice was applied right after swimmer exited the water. She felt that her left hand was definitely injured. I asked her to call her parents and they took her to Apple Valley Medical Clinic that night.
Male	MN - Minnesota Swimming	Practice - Dry Land	Gym	RUNNING COLLISION FELL BACK AND HIT HEAD PLAYING COLOR TAG	HEAD HIT GYM FLOOR - NO OTHER DETAILS GIVEN
Female	MN - Minnesota Swimming	Practice - Other	Other Coach's Office	I was feeling extreme abdominal pain and light headedness, so I told another coach that I needed a minute to rest in the office and to watch my kids. I then proceeded to pass out, vomit unconscious, and emergency personnel were called. I was transported to the ER.	It was decided by emergency personnel that I did not have a seizure.
Female	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete was entering the water, when another swimmer jumped into the pool and landed on the athlete's arm.	Athlete complained of sore arm, not elbow, after finishing warm up. Athlete left the pool shortly after warm ups with a parent. Coaches were not notified athlete was leaving, of what happened, or of a possible serious injury until after practice had ended. Parent discussed how the athlete was taken to a doctor and seen for a possible elbow fracture. Results will not be known for a few days.
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Athlete ran into another athlete head on during practice. Complained of a headache at the end of practice.	Swimmer struck head on into another swimmer in the last 10-15 minutes of practice. Swimmer was asked by coach if she was ok. Swimmer said she was fine. Swimmer was complaining of a headache at the end of practice.
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Coming off the wall from open turn, two swimmers collided. Swimmer received a cut/bruise to left eye. No injury to other swimmer.	Slight cut/bruise on left eye
Male	MN - Minnesota Swimming	Other Practice Spectator	Bleachers - Spectator's	Child was on railing between spectator seating on pool deck. He slipped from railing and hit head on ground.	When child fell he hit the back center of his head on the ground resulting in a cut on his head.
Female	MN - Minnesota Swimming	Practice - Other	Deck	SLIPPED ON DECK AND HIT A TEMPORARY BLEACHER.	DID NOT BLEED. LIFEGUARD PROVIDED BANDAGE.
Female	MN - Minnesota Swimming	Other Sliding down bannister after swim meet in lobby	Stairs	Sliding down bannister, slipped, fell down stairs at St. Catherine's University Butler Center after a swim meet	Right arm was cut in a fall down the stairs. Right knee was hit and hurt - no cut to knee. Possible concussion.
Male	MN - Minnesota Swimming	Meet - Warm-up	Water - Turn End	DURING WARM UP WHILE PERFORMING FLIP TURN, BIG TOE STRUCK SHARP EDGE AT SIDE OF POOL WALL AT TURN END	BIG TOE
Female	MN - Minnesota Swimming	Meet - Warm-up	Water - Start End	Coming in swimming backstroke, other person coming out hit swimmer's head with hand.	
Male	MN - Minnesota Swimming	Practice - Dry Land	Gym	Tripped on gym mat and snagged toenail	Snagged/ripped toenail
Male	MN - Minnesota Swimming	Practice - Other	Deck	Slipped and hit head on ladder to the pool while stepping off bulkhead	Sore spot on head, possible bruise but hard to see because of the athlete's hair

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MN - Minnesota Swimming	Meet - Warm-up	Water - Start End	Swimmer was warming up and working on back turns and hit her head on the wall.	
Male	MN - Minnesota Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer struck lane lines with right hand little finger.	Sprain right little finger PIP joint.
Male	MN - Minnesota Swimming	Meet - Warm-up	Other middle of pool	Athlete collided with teammate in the pool resulting in a small cut near his tear duct	
Female	MN - Minnesota Swimming	Meet - Warm-up	Other middle of the pool	Athlete was swimming on wrong side of lane and collided with another athlete resulting in a small cut under her eye.	
Male	MN - Minnesota Swimming	Meet - Walking	Bleachers - Athlete's	Swimmer was climbing down the bleachers when he fell and hit his leg.	
Female	MN - Minnesota Swimming	Meet - Competition	Starting Blocks	Swimmer was affected by heat/sun. Swimmer did not use her albuterol prior to race.	
Female	MN - Minnesota Swimming	Meet - Competition	Deck	A previously existing scab on her foot started bleeding when another swimmer's toe scratched her foot.	n/a
Female	MN - Minnesota Swimming	Meet - Warm Down	Water - Turn End	struck by another swimmer during cool down - Eye, forehead, neck stiffness	
Male	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was getting out of the pool by the starting blocks when his hands slipped on the blocks causing his chest to get rubbed against the grip tape on the block.	Scraped chest on starting block when getting out of the pool.
Female	MN - Minnesota Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Climbing/Walking down bleachers and slipped. Was coming down to cheer for a swimmer.	Scrape on front of foot ankle level. Started to swell shortly after impact.
Male	MN - Minnesota Swimming	Practice - Other	Deck	Swimmer slipped and hit his cheek on the concrete diving platform	
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Lost balance and fell off block into water scraping arm	
Female	MN - Minnesota Swimming	Meet - Walking	Stairs		fell on stairs; bruised shin.
Male	MN - Minnesota Swimming	Meet - Warm-up	Water - Turn End	Warm-up for backstroke/no flags in warm-up pool/bumped head on wall.	
Male	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Hit his head on backstroke/turn	
Male	MN - Minnesota Swimming	Meet - Walking	Deck	Athlete was walking on deck, slipped and fell. Athlete hit the back of his head.	Athlete did not show signs of concussion. (Coach of athlete has had concussion training). Athlete iced his head for approximately 10 minutes. The athlete was then sent home with his dad. They were given a list of signs to look for in case of concussion and advised to go to primary care physician if any symptoms showed.
Female	MN - Minnesota Swimming	Meet - Warm-up	Water - Side	Athlete had a bloody nose prior to meet warm up. She was bumped during warm ups which causes her nose to start bleeding again.	
Male	MR - Metropolitan Swimming	Meet - Entering / Pool	Water - Bottom	Jumped into pool to start backstroke race, reached bottom and jammed foot	Athlete did not report injury until the following day. No mention of the injury while she was at the pool.
Female	MR - Metropolitan Swimming	Meet - Competition	Bleachers - Spectator's	JUST FELT DISSY AND COLLAPSED, WE CALL 911, ASSISTANT, DOCTOR FROM THE SPECTATORS, THEY ARRIVE, DEAR WITH HER, AND TAKE HER TO HOSPITAL.SHE RETURN HOME SAFE AND STABLE	FELT DIZZY FROM THE CROWDED, AND CLOSED HER EYES LIKE COLLAPSING, BUT NO ANY PHYSICAL INJURED
Female	MR - Metropolitan Swimming	Meet - Warm Down	Water - Turn End	While doing a flip turn, swimmer struck her ankles against gutter at the run end of the pool. This occurred during warm up.	Swimmer had pain in the back of her ankle and bruising.
Female	MR - Metropolitan Swimming	Meet - Competition	Bleachers - Spectator's	She was sitting in the stands. Went to stand up and fell down. Cracked her head on the steps and required medical assistance. 911 was called and she was taken to the hospital by ambulance. We provided gauze and she applied pressure to control the bleeding until the paramedics arrived. There were several doctors and nurses in the stands that tried to provide assistance. Police report 17-561868	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Swimmer swam into wall doing backstroke during a training set and bumped her head.	Swimmer hit her head while swimming. Coach spoke to her and examined her. She did not lose consciousness and was instructed to sit out and discontinue swimming. After a few minutes, her head began to hurt more, and she became nauseous. I immediately called her mother and she was picked up and left with her mother. I informed mother of occurrence and told her to get her examined by a medical professional.
Male	MR - Metropolitan Swimming	Practice - Other	Locker Room	Slipped in locker room and split chin open. Athlete went to STATCare with mother.	
Male	MR - Metropolitan Swimming	Meet - Competition	Other Open water	While swimming Open Water race, became hypothermic. Water temperature was 71 degrees F. 140 swimmers and he's the only one that that became cold.	Became cold and shivery during 5K race, was taken off the course by jet ski. Examined by life guards. They called Suffolk County Police Marine Division. Was examined by Ocean Beach Paramedic Shawn Miller. He administered oxygen, took blood pressure, and felt the need for further examination by a medical professional in a hospital setting. Injured was transported to hospital by Suffolk County Marine Police. I called the Southside hospital at 3:00 p.m. and was told the injured was not there anymore - "he was either discharged or left". On 7/09/17 I left him a phone message asking how he was and to call me when he could.
Female	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	SHE WAS IN THE FLAGS PREPARING TO FLIP SOON AND BOY PUSHED OFF RIGHT INTO FACE. HIS HEAD BROKE YOUR NOSE	
Male	MR - Metropolitan Swimming	Meet - Competition	Starting Blocks	swimmer lost balance on starting platform, fell to bulkhead and injured his left knee	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MR - Metropolitan Swimming	Practice - Other	Deck	Over the 5 days at the Olympic Training Center pool, I slipped 10 or 12 times. The deck surface is very slippery and I was walked around coaching, I slipped and almost fell several times. I caught myself many times either in a lunge or with hands, so I never fell. But, I certainly strained myself in the moment. My lower back went from being normal to very uncomfortable. It resulted in not being able to sleep, or get out of bed in a reasonable amount of time. I could not bend, reach, lift, or squat. In a week, it went away. But then a week later it came. So, I went to the physical therapist and the doctor. I had to get an x-ray and I may need to get and MRI.	I am waiting for more details from my physical therapist and doctor. However, they believe it is an issue with a disc in my lower spine caused my the multiple slips.
Female	MR - Metropolitan Swimming	Meet - Warm-up	Deck	Swimmer tripped over a chair or a persons leg (sitting on the chair)and fell on her side. She had some swelling on her right hip and small abrasions on her right foot and knee. Treated by the life guard and family chose to have the injury evaluated at a local hospital ER.	
Male	MR - Metropolitan Swimming	Practice - Other	Deck		
Female	MR - Metropolitan Swimming	Practice - Other	Water - Start End	Swimmer exited water during set coughing and wheezing quietly stating she could not breath. Coach asked if she choked on water, it was clear she did not and was having breathing issues. Lifeguard notified and swimmer placed near fresh air source to try and clear lungs. Coughing and wheezing continued. Coaches and lifeguards tried to calm athlete. After 10 -15 minutes with ice pack on back of neck and small glass of water, coughing subsided for the most part. Parent was notified and was on site for pick up of athlete.	Swimmer exited water during set coughing and wheezing quietly stating she could not breath. Coach asked if she choked on water, it was clear she did not and was having breathing issues. Lifeguard notified and swimmer placed near fresh air source to try and clear lungs. Coughing and wheezing continued. Coaches and lifeguards tried to calm athlete. After 10 -15 minutes with ice pack on back of neck and small glass of water, coughing subsided for the most part. Parent was notified and was on site for pick up of athlete.
Male	MR - Metropolitan Swimming	Practice - Other	Water - Start End	Coach did not witness accident and was not informed by athlete until the following day. Description from the swimmer is as follows: I finished my final set in Lane 2 and was hanging on the lane line close to Lane 1 when I got hit on the back of my head by another swimmer's hand swinging forward. I immediately felt my head jolt and felt lightly dizzy and got a headache shortly after which continued through the night and days constant.	Coach did not witness accident and was not informed by athlete until the following day. Description from the swimmer is as follows: I finished my final set in Lane 2 and was hanging on the lane line close to Lane 1 when I got hit on the back of my head by another swimmer's hand swinging forward. I immediately felt my head jolt and felt lightly dizzy and got a headache shortly after which continued through the night and days constant.
Female	MR - Metropolitan Swimming	Meet - Warm-up	Water - Side	Two swimmers collided and bumped heads during warm-ups. Mother indicated that swimmer had had several concussions in the recent past. Swimmer received ice, we talked to her, she easily gave us her name spelled her address and gave all answers quickly and coherently. We also had an official on deck who is a nurse practitioner who looked and talked to her. The swimmer said her head hurt, she was not nauseas, nor blurry eyed. After 40 minutes the mother said her pediatrician recommended her to get her daughter checked out because of the history of concussions. She did not want to drive to the ER because she said the wait was too long but requested an ambulance. We called 911. The ambulance came and picked her up.	
Female	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Swimmer was accidentally struck/kicked in the goggles, lacerating her eyelid.	Swimmer was accidentally struck/kicked in the goggles by another team member during swim practice resulting in a laceration of her left eyelid.
Female	MR - Metropolitan Swimming	Meet - Walking	Bleachers - Athlete's	Walking on bleacher to get bag & slipped off bleacher with one foot hitting the deck and the other foot went off and the athletes knee hit the bleacher	
Female	MR - Metropolitan Swimming	Other bleachers	Bleachers - Spectator's	Slipped and twisted ankle in bleachers	swollen given ice and water
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Swimmer in the 500 free did a flip turn. As she pushed off the wall she felt her hop pop.	
Female	MR - Metropolitan Swimming	Meet - Walking	Locker Room	Athlete slipped and fell in locker room and hit right elbow.	
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Athlete missed wall with hand and proper finish. Contact initiated by finish with wall to head.	
Male	MR - Metropolitan Swimming	Other	Locker Room	Swimmer tripped and fell in locker room prior to practice.	Swimmer complained of knee pain and was not putting pressure on it when walking.
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	During flip turn hit left foot/heel on side of pool. After injury put ice on it.	
Female	MR - Metropolitan Swimming	Practice - Dry Land	Stairs	The Swimmer fell while running stairs in the bleachers. Fell on her elbow and dislocated it.	Fell on and dislocated the right elbow
Female	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines	While swimmer was swimming Freestyle swimmer hit the lane line with her arm, ranging from her thumb to just above the wrist.	
Female	MR - Metropolitan Swimming	Practice - Other	Hallway	Parent trip on door jam while entering the building	
Male	MR - Metropolitan Swimming	Meet - Competition	Deck	chair he was sitting on collapsed and he bruised and sprained his left hand and wrist and hand in the fall	
Male	MR - Metropolitan Swimming	Meet - Competition	Starting Blocks	swimmer jumped off block and pulled ligament/hamstring in back of thigh	
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	slipped getting out of pool in lane 3 and sustained a cut on left leg under knee	
Female	MR - Metropolitan Swimming	Meet - Walking	Deck		small cut on toe. slipped and fell backwards hitting upper back and head.
Male	MR - Metropolitan Swimming	Meet - Walking	Starting Blocks	Athlete walked into the diving board	Pain to head
Male	MR - Metropolitan Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Hand slipped while exiting pool. Chin Struck the deck and teeth pierced the lower lip	Teeth Punctured the Lower Lip
Male	MR - Metropolitan Swimming	Practice - Other	Other Deck Waiting area	Prior to practice, the athlete was riding a stationary bike by the waiting area on the side of the deck. His foot slipped off of the pedal, and got stuck between the stand and the pedal causing a scrape and brushing.	
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Swimmer scratched inside ankle while climbing out of the pool, had minor cut.	minor cut and scraping
Female	MR - Metropolitan Swimming	Meet - Competition	Starting Blocks	Both feet slipped off block at the start of the 500 freestyle	deep bruise approximately 3 in length. Light abrasion at end of the bruise

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Swimmer dove off block and may have strained or subluxed his left shoulder.	Swimmer dove off block and may have strained or subluxed his left shoulder.
Female	MR - Metropolitan Swimming	Meet - Warm-up	Water - Side	Two swimmers bumped heads during warm-ups.	She developed a slight headache. Swimmer and parents did not seek out help. They said everything was fine but swimmer left the meet and did not swim.
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	during 50 free, on flip turn, hit his side of foot on the wall	inside of foot
Female	MS - Mississippi Swimming	Practice - Other	Other Water - In The Lane	Injured party was swimming in a lane during practice when another swimmer accidentally kicked her left hand, striking her left ring finger.	Injured party left ring finger was confirmed to be fractured after she went to doctor after incident
Male	MS - Mississippi Swimming	Practice - Dry Land	Gym	While at dry land practice the swimmer ran backwards instead of frontwards and on his first time doing so he fell backward on his wrist. Occurred at approximately 4:20	Thought to be a sprain, upon scan it was a fracture.
Female	MS - Mississippi Swimming	Meet - Entering / Pool	Starting Blocks	Hurt ankle during spring break (non team/practice injury) and it began hurting again after diving off block.	Hurt ankle during spring break (non team/practice injury) and it began hurting again after diving off block.
Male	MS - Mississippi Swimming	Meet - Competition	Water - Start End	swimmer was injured prior to competition. Upon beginning of the race he aggravated his existing shoulder injury	
Male	MS - Mississippi Swimming	Practice - Other	Water - Turn End	Party struck heel against wall while doing a flip turn	
Female	MS - Mississippi Swimming	Practice - Other	Other Water - Deep End	Party was struck in the face while playing water polo during practice	Nose bleed
Male	MS - Mississippi Swimming	Practice - Other	Other Water - Practice Lane	Party had a collision with another swimmer while doing backstroke	
Male	MS - Mississippi Swimming	Meet - Competition	Other Water - Finish End	Party struck knee on wall while exiting pool.	
Female	MS - Mississippi Swimming	Meet - Competition	Starting Blocks	Twisted/Rolled ankle while doing start off block.	Twisted/Rolled ankle while doing start off block.
Male	MS - Mississippi Swimming	Practice - Dry Land	Other Patio	Fell down onto the concrete patio	Cuts & Scrapes on his knees, hands, and mid section (abdomen)
Male	MS - Mississippi Swimming	Practice - Other	Water - Turn End	Injured party was struck/ran into by another swimmer when pushed off the wall on the turn end.	Small cut on right eyelid.
Male	MS - Mississippi Swimming	Practice - Other	Other Water - Deep End	Injured party had a wart on right knee which was struck with a swim fin by another swimmer. Wart opened up and began bleeding.	Injured party had a wart on right knee which was struck with a swim fin by another swimmer. Wart opened up and began bleeding.
Female	MS - Mississippi Swimming	Other swimmers lounge	Other swimmers lounge area	playing around and bumped knee on a stand	
Female	MT - Montana Swimming	Other Social event-running at park	Other Park for a team gathering	While running in the grass, swimmer tripped and fell, rolling into her shoulder and broke her clavicle bone on her right side.	Xrays revealed a clean break of the right clavicle at the urgent care facility and a sling was provided. It was recommended by the attending physician that a follow up appointment be made with a pediatric orthopedists to review if any further treatment is needed to secure the broken bone. An appointment will be scheduled when the clinic opens tomorrow.
Male	MT - Montana Swimming	Practice - Other	Other Water-middle of pool	Swimmer was kicking on his front, with arms at his side, with head looking down at the bottom of the pool. The swimmer ahead of him did a breaststroke kick and struck the lower part of his next/upper part of his back one time. The area where the strike happened, there was a red mark and within 10 minutes some visual swelling had occurred.	On the area where the strike happened, there was a red mark and within 10 minutes some visual swelling had occurred.
Female	MT - Montana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Spectator felt faint and hot before possibly losing consciousness. Lifeguards and 911 were called she was resting on other spectators when lifeguards arrived. They helped her to the recovery position where she vomited. She maintained a strong pulse the entire time. She was taken out by EMS personal.	No specific injury. Spectator possibly lost consciousness and vomited.
Female	MT - Montana Swimming	Practice - Other	Water - Turn End	Swimmer swam into the turn end and bumped her head on the wall.	Headache and slight dizziness
Female	MT - Montana Swimming	Practice - Other	Water - Side	Swimmer struck her arm against a metal ladder on the side of the pool deck during a drill set.	
Male	MT - Montana Swimming	Practice - Other	Water - Turn End	Swimming backstroke, forget to count his strokes and hit his head. Swimmer told me immediately, he said he had a little bit of a headache. He then sat away from the pool while we watched for signs of concussion. He said he was dizzy and felt a little sick. He did not return to practice and his mother was notified.	Felt dizzy, had a minor headache
Female	MT - Montana Swimming	Practice - Other	Water - Start End	Was struck in the head by another swimmer's breaststroke kick	Swimmer felt dizzy after being struck in the head by another swimmer's breaststroke kick. Had swimmer stop practicing.
Female	MT - Montana Swimming	Practice - Other	Water - Side	Doing double arm backstroke and forgot to count strokes. Hit head on side of pool.	Felt dizzy
Male	MT - Montana Swimming	Practice - Other	Water - Start End	Swimmer hit his head on the wall as he was trying to complete a backstroke turn and he was too close to the wall at that time.	
Female	MT - Montana Swimming	Meet - Competition	Water - Turn End	short of breath, started to panic	
Female	MV - Missouri Valley Swimming	Practice - Other	Other water - swimming in the lane	another swimmer kicked the injured swimmer in the head during a kick set	athlete got out of water immediately, reported feeling some dizziness and a bit of a headache; advised to sit out the rest of practice and go to the doctor if symptoms persist the next day (we practice at night).

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MV - Missouri Valley Swimming	Meet - Warm-up	Locker Room	Brandon ate cashews on the way to swim meet was having trouble breathing after warmups. Friends told coach, COOL board member close by administered epi pen and called 911	
Female	MV - Missouri Valley Swimming	Practice - Other	Starting Blocks	Athlete got out at the end of the main set (around 8:25) with a pained look on her face, was breathing very shallowly and rapidly, and reported light-headedness and numbness in her hands and legs. I helped her to calm her breathing to normal, but the light-headedness and numbness persisted. I continued to help her focus on her breathing and to try to relax while being monitored by either myself or Brad Ostmeier. Her breathing remained normal, but she was also very shaky and unable to speak loudly. After about 10 minutes of the symptoms persisting, I called her mom to notify her of the situation, and she advised that this has happened before. I told mom I was not comfortable with her driving home by herself, and asked if she would give permission to getting a ride home from a fellow swimmer, which she agreed to if athlete was able to stand and get to the car on her own. After standing and walking over to the bleachers, the athlete's breathing picked up again, and she had to sit down on the ground, though did not lose consciousness. Coach Brad monitored her situation, including checking her pulse while I called mom back to update her (8:40pm), and she said she would drive over and pick her up. While mom was on her way, the athlete's condition began to worsen, she had difficulty keeping her eyes open and her eyes rolled back in her head and she almost passed out before jerking back up with a dazed look. At this point, I called 911 (8:46pm) and had an ambulance dispatched. Athlete did not actually lose consciousness before paramedics arrived (8:51pm), but did slump over and backwards with her eyes rolling back in her head on several occasions. Mom and paramedics arrived at about the same time, and she was checked out on scene and eventually taken to Shawnee Mission Medical Center.	
Male	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete jumped into the pool between sets at practice and bumped his chin on another swimmer's head, his bottom tooth and gum were bleeding. One swimmer was uninjured. This swimmer's tooth was bleeding and loose. Parents taking him to dentist for x-rays.	Parents taking swimmer for x-ray to determine if adult tooth was damaged in the collision.
Male	MV - Missouri Valley Swimming	Meet - Competition	Deck	AN ELDERLY WHITE MALE SPECTATOR SUFFERED 3 SEIZURES AND COLLAPSED ONTO THE DECK. HE SUFFERED A BROKEN NOSE AND FACIAL LACERATIONS. GLADSTONE PUBLIC SAFETY RESPONDED, IMMOBILIZED THE PATIENT AND TRANSPORTED HIM TO THE NKCH HOSPITAL.	
Female	MV - Missouri Valley Swimming	Practice - Dry Land	Other Wilson's Health Club	Swimmer was hit in the head by another swimmer throwing a Medicine Ball	None of the Supervisors/Trainers saw it happen. When asked she said she was fine and continued to workout. Later that day she came to practice swam practice without telling any of the coaches what had happened early during dryland. At the end of practice she told us that she had a headache. We asked why and we were told what happened. At that point myself and another coach told her that she must go see a doctor.
Female	MV - Missouri Valley Swimming	Practice - Dry Land	Other Outside Gym	Swimmer was taking her laps around the gym. She remembers tripping and falling in the rocks. She cannot remember anything after that. She then woke up somewhere else. She couldn't recognize familiar faces and she wondered the base unsure of where she was. Military Police were stopped when she did not return from a lap and she was not to be found in Gym or around it.	Details of injury are unknown other than speculation. Swimmer was taken to the hospital and was cleared. She was back at practice the next day with no limitations. The only visible injury were some scraping on her leg from the fall (no blood). The other possible injury of a concussion or unconsciousness is suspected given the details from the swimmer. Mother should have hospital documentation.
Female	MV - Missouri Valley Swimming	Meet - Competition	Water - Turn End	HIT HEAD ON BOTTOM OF POOL, BAD BACKSTROKE TURN	MILD CONCUSSION, TOOK TO HOSPITAL, RELEASED SHORTLY AFTER
Male	MV - Missouri Valley Swimming	Meet - Watching / Observing	Deck	Swimmer was playing on the lane line spool. He was sitting on it and swinging from it. While attempting to sit on it, it spun and he fell off hitting his head on one of the metal bars knocking him unconscious for a short while. When he was rolled over and woken, he was A&OX2. It took about five full minutes before he regained full awareness and was A&OX4. Two nurses, and two EMTs checked him out and cancelled the ambulance POV. His father, who is an EMT, said he would be taking him to the ER to be seen.	Upon evaluation, the c-spine was cleared. He hit the back of his head but there was no swelling. He complained of left flank pain. Upon standing he stated that his left ankle hurt from hitting the ground when he fell.
Female	MV - Missouri Valley Swimming	Meet - Competition	Water - Start End	Hit head on bottom of pool, came up screaming, climbed out of pool on own. 2 doctors on sight recommended follow up in emergency room because of her symptoms.	Flown to Wichita
Male	MV - Missouri Valley Swimming	Meet - Watching / Observing	Team Area	Sitting on a rail, lost balance and fell backward, hitting head on concrete deck. Scraped back of head. Slight swelling to back of head with minimal bleeding. No loss of consciousness on scene. Parents and coach were present. Iced area. Refused treatment at local hospital.	Scrape to back of head. Nickel size swollen area. No active bleeding noted. Iced. Returned to competition and parents and coaches notified. Parents declined to transport to local hospital.
Male	MV - Missouri Valley Swimming	Meet - Warm-up	Deck	Swimmer ran into an open window, hitting his arm on the window. He then passed out. He thinks he may have sat down first, but he doesn't remember. He hit the back of his head on either the wall or ground.	Mom took him to the hospital and he was diagnosed with a mild concussion, and vasovagal syncope. He did not swim any more of his events that session, and went home to rest.
Female	MV - Missouri Valley Swimming	Other team meeting after warm-up	Water - Side	Swimmer was sitting on window sill after warm-up and became ill and unresponsive. Swimmer was lowered onto pool deck when she collapsed. EMT and nurse were called, per facility. Parent refused treatment.	Appears to have passed out/ fainted.
Female	MV - Missouri Valley Swimming	Other Climbing up metal bleachers	Bleachers - Athlete's	Swimmer was going up the metal bleachers to sit down after changing into her knee skin. Bleachers were moist. Took a step onto bleachers with right foot. Right foot slipped, causing the left foot to slip between the crack of the two sets of bleachers. Hit the top of her left foot, leaving her foot skinned and giving her a bruise and goose egg on the top of her left foot.	Her left foot is bruised on the top, as well as scraped. She is having trouble lifting her toes very high.
Male	MV - Missouri Valley Swimming	Practice - Other	Water - Side	Doing a kick set, the calf tightened up, released and then moved. The swimmer could not get out of the pool, couldn't swim and the muscle appeared to have torn	potential torn calf muscle
Female	MV - Missouri Valley Swimming	Practice - Other	Water - Lane Lines	Athlete collided arms with another swimmer while swimming butterfly (but did not know who) and immediately got out of the water once reaching the wall.	Athlete complained of a burning sensation in right hand, centered on palm. Could bend wrist (with pain) but could not move fingers in the right hand.
Male	MV - Missouri Valley Swimming	Meet - Competition	Other door to pool	Child opening door and big toe caught edge of door and made a flaplike injury to right big toe with active bleeding. Pressure applied. RN on scene. Facility manager and parents of child on scene	
Female	MV - Missouri Valley Swimming	Meet - Competition	Water - Start End	Someone opened the door from the inside of the facility and struck athlete's big toe. The door did not have handles on the side athlete was entering from.	
Female	MV - Missouri Valley Swimming	Meet - Competition	Locker Room		
Male	MV - Missouri Valley Swimming	Meet - Walking	Starting Blocks	Dr assisted the the athlete.	
Female	MV - Missouri Valley Swimming	Meet - Walking	Other door between crash and pool areas	While walking from the crash areas to the pool area, athlete opened the door too quickly and struck her own head with the door, causing a laceration in her eyebrow area.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MV - Missouri Valley Swimming	Meet - Warm-up	Deck	Athlete was running on the deck. Witnesses said he hit a puddle of water, lost his footing and fell. Athlete suffered abrasions to his hip, knee and ankle and a small cut on his right foot.	
Male	MV - Missouri Valley Swimming	Meet - Competition	Water - Side	Swimmer/athlete was swimming the 200 meter butterfly in lane 1. Midway through the heat the swimmer went to the side/gutter of the pool and appeared to struggle. He immediately complained of dizziness and throat pain. Swimmer was removed from the pool and treated on the pool deck by the facility's lifeguards. Pool is located outdoors and weather for the day was sunny, mostly clear skies, temperature of roughly 90 degrees with winds in 10-20 mph range.	
Male	MV - Missouri Valley Swimming	Practice - Other	Water - Start End	Swimmer was hit in the head with another swimmer's head.	
Male	MV - Missouri Valley Swimming	Practice - Other	Water - Start End	Swimmer put his head under water to get his hair wet and then threw his head back hitting it on another swimmer.	
Male	MW - Midwestern Swimming	Meet - Competition	Deck	Swimmer swam his first event and the water was warmer than usual mixed with the air temp, caused heat exhaustion.	After swimming his event and trying to rehydrate and cool down swimmer felt nauseous and lethargic. When he didn't get any better, parent decided to take him home. Things got worse, they took him to the ER for heat exhaustion. He was treated and released.
Female	MW - Midwestern Swimming	Practice - Other	Locker Room	Athlete had gone to locker room to use bathroom during practice, with permission. On her way back out to the pool deck, she slipped, falling backward and hitting back right quadrant of head "pretty hard" on the slab floor. No one apparently saw this; she was the only one in the locker room at the time.	Observed concussion protocol in treating what felt like swelling in the area where head hit floor. Ice was applied. Victim complained of dizziness after some ten minutes of treatment. Parent, who had been notified, arrived at that time to take athlete home/other care, as indicated by symptoms.
Male	MW - Midwestern Swimming	Meet - Competition	Water - Side	Counting for the 500 free and fell in. He hit his head on the bottom of the pool.	
Female	MW - Midwestern Swimming	Meet - Warm-up	Water - Turn End	In the warm up pool at the turn end, the swimmer was kicked by another swimmer when doing a flip turn. The kick hit the swimmer in the face, specifically the nose.	
Female	MW - Midwestern Swimming	Meet - Warm-up	Water - Start End	cut left fourth toe when foot slipped while pushing off wall	cut on fourth toe
Female	NC - North Carolina Swimming	Practice - Other	Other	Coach 1 documentation - Around 6:45pm, I began to observe some slightly abnormal behavior from athlete during one of our normal practice drills in the pool. As we finished our practice at 6:50pm, she was having difficulty removing her fins and had another swimmer help her take them off her feet. At this time, she appeared to move in a strange manner beside the wall and struggled slightly to push off the wall in a normal way. Because of these small observations, I continued to watch her as she swam to the other end and walked to that end of the pool. When she was on the wall, I called her name so that I could check on her and instantly realized that something was terribly wrong. She was completely disoriented, her eyes could not remain focused on me, and she could not speak but was clearly trying to communicate that she was in distress. Her breathing was rapid and her right side of the face appeared to droop slightly. I immediately yelled for the other Coach to come over to help me, since I was gently holding her against the wall and trying to get her to respond. When Coach 2 came over to us, followed by the lifeguard, athlete was clearly becoming more distressed, unable to speak or respond, and completely disoriented. Her eyes were glassy and unfocused, and her right side was not moving. We both realized that something serious was happening and Coach 2, who was squatting behind athlete, immediately reached under her arms and pulled her from the water. We then placed her in a chair to see if we could get her to respond and focus. It became evident that 911 needed to be called. I said to the lifeguard and coach 2 to call 911 as I ran to get her father from the locker room. While I was at the locker room, another parent offered to help the situation, and I asked that she make sure 911 had been called. When I returned with athlete's dad, she was still exhibiting the paralysis of her right side and unable to speak. Coach 2 was stabilizing her head with her hands, because she was unable to hold up her head on her own at the point. The parent helping was on the phone with the 911 operator and I directed the ambulance to arrive at the side doors of the YMCA pool bathroom entrance. The medics arrived sometime around 7pm, and she was placed on a gurney to be transported to the ER. Coach 2 documentation - This is my perception of the events that took place at approx. 18:50 on 11/13/17. Coach 1 and I were coaching our group. Coach 1 had requested my help, and I was finishing up speaking to my group, she request my help again as I started walking over to her. She was holding athlete's arms on the pool gutter and told me that something was wrong with athlete. I thought the worst that athlete was getting sick, but once I bent down to speak to her, I could tell by her eyes, which were not able to focus that something was definitely wrong. Coach 1 said she had been acting funny at the other end of the pool. I pulled her out of the water and asked Coach 1 for a chair to place her in. Once I got her into the chair and secured her, lifeguard 1 asked her if she was thirsty. Athlete nodded yes, so lifeguard 1 left to get some water. As I started talking to athlete, she was having a difficult time holding her head still and she was having a delayed response as I asked her simple questions... what is your name. I asked a parent to go find athlete's father. I knew he was in the building. Athlete was drooping on her right side and right face drooping was definitely apparent. At this time, I had asked lifeguard 2 to activate EMS. He confirmed with me that I wanted EMS activated. Lifeguard 2 was on the stand. He got off the stand and hit the red button in the pool area and cleared the pool. I continued to focus on the athlete and tried to keep her focused and awake. She seemed very lethargic. Lifeguard 1 had returned with water for athlete but I told her that we were not giving athlete any liquids at this time. She was having difficulty holding her head up and speaking. I continued to support the athlete's head and tried to keep her focused and awake. Her father came into the pool and I told him EMS was on it's way. He spoke with athlete for a short time and then stepped away to call wife. Then he returned and held athlete's hand and gave her words of encouragement. I had asked dad if athlete had a history of seizures. He said, she had passed out due to dehydration in the summer, but never any seizures. After several minutes, dad stepped away again to gather his clothing and finish getting dressed. I continued to talk to the athlete, support her head and keep her focused. EMS arrived and I told them that her father had stated that there was no seizure history, and that her father was in the locker room finishing getting dressed. At this time, EMS took over and assessed athlete. Dad had returned to the pool deck by this time. He left with his daughter and EMS personnel. I felt that the lifeguards did an awesome job. Lifeguard 1 was right next to me as soon as I pulled the athlete out of the pool. Coach 1 and I did not ask the guards for help, except to activate EMS. Lifeguard 1 seemed to be aware of the situation as it unfolded.	Athlete was transported to Frye Regional Medical Center (Hickory, NC), then later that evening transported to Brenner Children's Hospital (Winston-Salem, NC), then 4 days later transferred to Levine Children's Hospital (Charlotte, NC), which is where athlete is currently undergoing intensive physical therapy (today's date - 11/24/17).
Female	NC - North Carolina Swimming	Meet - Warm-up	Water - Start End	During warmup, the swimmer executed a flip turn too close to the wall. The swimmer struck the gutter with the back of the ankle.	The back of the swimmer's ankle was cut deeply. The bleeding was reduced, but did not stop completely. The parents took the swimmer home, indicating that they would take the swimmer for medical care if the bleeding didn't stop. Following up with the coach the next morning, it was learned that the swimmer did get medical attention. The wound required 3 stitches and the swimmer was put into a boot. The explanation for the boot was that the injury was located directly over the Achilles tendon. Due to the depth of the cut and its location, the doctor recommended immobilization to prevent further injury, since it was unclear if the tendon was damaged.
Female	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Swimmer was ran into by another swimmer during a turn in the head, goggles bruised her eye	
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer was struck in head by medicine ball during practice drill. The swimmer experienced moderate pain initially, which subsided, but was diagnosed later with a concussion.	Swimmer experienced pain in place where ball struck them and some neck pain, but was able to deliver clear and concise communication. Swimmer felt pain from incident after leaving the pool.
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer was swimming into wall and another swimmer pushed off and they hit heads.	Swimmer hit heads with another swimmer. He was hit in the front of the head. He said that his head hurt very badly. It took him a few minutes to calm down enough to answer questions about how he was feeling. I asked him whether his parents were present at the pool and he said they were not. I got him out of the water and told him to dry off and get warm and wait until his parents got to the pool. Parents were notified on-site about what happened. When he went home he was vomiting, nauseous and had blurred vision so his parents took him to the children's ER to be examined/treated. He was diagnosed with a concussion. He will need to be cleared by a doctor to return to practice.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NC - North Carolina Swimming	Practice - Dry Land	Gym	Swimmer was hanging on a monkey bar. Two swimmers pushed him from behind and he fell, landing on his right wrist.	After he fell, coach administered ice; call mother; mother took him to urgent care; x-rays showed it was a fracture. The next day he had to go into surgery to put a pin in his wrist.
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer was on the wall when another swimmer performed a flip turn, inadvertently striking her on her face. -	Fell dizzy, upset stomach, blurry vision
Female	NC - North Carolina Swimming	Practice - Dry Land	Outside Venue	Athlete fell during dry land activities.	Athlete fractured her wrist.
Male	NC - North Carolina Swimming	Practice - Other	Water - Bottom	Swimmer blacked out in the water. Swimmer was pulled from pool by coach and swimmer immediately started expelling water from mouth. The athlete was placed in the recovery position to continue to allow swimmer to throw up. EMS was called and was taken to the hospital.	
Female	NC - North Carolina Swimming	Other Prior to start of practice	Bleachers - Athlete's	Swimmer was sitting in the bleachers prior to practice starting when her bag started to fall. She went to grab it and fell off the bleachers.	
Male	NC - North Carolina Swimming	Meet - Competition	Team Area		
Male	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Bumped heads.	
Male	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Bumped heads.	
Male	NC - North Carolina Swimming	Practice - Dry Land	Other Top of Walk way of Bleachers	While doing dry land swimmer was doing lunges, he slipped on a slick spot fell and landed on his arm/elbow. After slipping and landing on his arm/elbow, a coach went and got ice as well as one of the athletic trainers, to further evaluate swimmer's arm/elbow.	Complained of pain in the his elbow at first, then stated that the pain was moving from his elbow to his wrist. Swimmer couldn't move is arm without help and support.
Female	NC - North Carolina Swimming	Swimjitsu - Dry Land	Deck		Broken Left Foot
Female	NC - North Carolina Swimming	Meet - Warm Down	Water - Turn End		Swimmers parent contacted the meet referee after the days sessions where over that their daughter had struck her head during a warm down. Swimmer reported a light headache that may or may not have been associated with the bump to the wall. The parents reported back the next morning with the athlete saying that the headache was still there. The athletes parents where advised to seek medical attention for possible concussions.
Female	NC - North Carolina Swimming	Practice - Entering / Exiting Pool	Water - Turn End	The swimmer injured her knee during practice while pushing off the wall and entering/exiting pool.	Swimmer injured knee during practice. Torn Ligament - had surgery and MRI
Female	NC - North Carolina Swimming	Practice - Other	Other in water- off 7m diving tower	Swimmer jumped off of a 7m platform, allowed legs to be too loose on entry and when entering water hit her butt and injured her tailbone.	Swimmer jumped off of a 7m platform, allowed legs to be too loose on entry and when entering water hit her butt and injured her tailbone. Swimmer did not say anything to the coaching staff regarding hurting herself. I did not find out about this until the parent contacted me on the afternoon of Sunday, June 18th. Parents took swimmer to her Primary Care Physician today, June 19th, and the initial diagnosis is that it's a bruised tailbone with a follow up visit on Thursday, June 22nd.
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Swimmer was doing a flip turn as part of a set in the diving block side of the pool when he cut his foot open on a sharp piece of metal along the wall.	Deep laceration underneath toe with profuse bleeding, required stitches
Male	NC - North Carolina Swimming	Meet - Walking	Locker Room	athlete slipped and fell in the locker room. resulting in a gash on the back of the head and cut on elbow.	
Male	NC - North Carolina Swimming	Meet - Warm-up	Deck	Athlete slipped on deck during team chair	NA
Female	NC - North Carolina Swimming	Practice - Dry Land	Outside Venue	The athlete tripped and fell while running during dryland.	The athlete tripped and fell while running, twisting an ankle. A doctor has indicated a possible break. As explanation for answers below: The athlete did not report to the coach supervising that there was pain after the fall. The athlete continued in dryland activities immediately and completed the entire swim portion of practice after the incident without complaint. It was not until after the practice that the athlete reported to a parent that the ankle was hurting. The parent brought the athlete to Urgent Care and followed up with a doctor the next day. The parent contacted the coach less than two hours after the conclusion of practice, therefore the parents were not notified by the coach. Coach and parent have been in contact since.
Female	NC - North Carolina Swimming	Practice - Other	Water - Side	Athlete was struck in face by water polo ball. Had to leave practice.	
Male	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Hit head on finish of backstroke	
Male	NC - North Carolina Swimming	Meet - Warm-up	Water - Side	Getting out of the pool, slipped back down into the pool hitting shin against metal causing a laceration to the shin. Right shin - 1" gash (1/4" deep)	
Female	NC - North Carolina Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped and fell on her back side	
Female	NC - North Carolina Swimming	Other sitting waiting on practice to start	Other bleachers on pool deck	She fell off the bleacher where she was sitting. Ambulance and mother were both called. EMTs looked at her and she may have dislocated her shoulder, but they did not transport her. Her mom was taking her to an urgent care facility.	
Female	NC - North Carolina Swimming	Meet - Competition	Water - Turn End	Injured party broke the middle finger on her right hand when coming into the wall on her free style event. She iced it, assuming it was just jammed. The next day, her parents took her to OrthoCarolina Blakeney (704-714-1401) to learn that the finger was broken, and her hand was put in a cast. She was informed that the bone is setting well during her follow up appointment on 1/23/17. The cast is scheduled to be removed on 2/13/17. Meanwhile, the swimmer is not restricted from swimming.	
Female	NC - North Carolina Swimming	Swimjitsu - Dry Land	Hallway	Was running during dry land, tripped over the person in front of her. She feel to her hands and knees and the forward motion, caused her head to hit the ground.	Had a headache and was sensitive to light.
Female	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Hit her head on the wall on a backstroke finish	Bumped head on wall at end of practice, did not report any discomfort at that time, but headache and vision issues developed when she got home. Went to the doctor who recommended following concussion protocol.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NC - North Carolina Swimming	Other Before scheduled practice	Other top area of seating by door	prior to schedule practice, the girls were doing gymnastic moves and in messing around a swimmer caused another to fall on her shoulder and hit her head.	coaches were not made aware of the incident at the time but the parent was at the facility.
Female	NC - North Carolina Swimming	Meet - Walking	Bleachers - Spectator's	Swimmer was walking down the bleachers incorrectly and not using the stairs when she slipped from the bench and hit her right thigh on the bleachers.	Swimmer's clothing prohibited Lifeguards from seeing any symptoms.
Male	NC - North Carolina Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer was warming up in secondary pool when he ran into additional swimmers and struck his nose.	Very slight swelling
Female	NC - North Carolina Swimming	Meet - Warm-up	Water - Lane Lines	During warmup, the swimmer cut a toe on the lane line.	There was a small cut on the pinky toe. The lifeguard taped the toe. The referee saw the tape at the start of a heat and disqualified the swimmer. The meet referee investigated and learned of the injury, which had not been reported to meet management. The swimmer was cleared to swim later events (and did), since the bleeding had stopped.
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Injured athlete was swimming. When taking a breath, a swimming moving in the opposite direction took a stroke and made contact with the injured athlete in the nose.	Injured athlete suffered a nose bleed.
Male	NC - North Carolina Swimming	Practice - Dry Land	Deck	Athlete was completing stretch cord shoulder exercise when stretch cord slipped and struck him in the face and eye area.	
Male	NC - North Carolina Swimming	Meet - Competition	Starting Blocks	Swimmer was getting out of the pool and hit his head on the starting block.	superficial cut
Male	NC - North Carolina Swimming	Meet - Warm-up	Deck	Swimmer aggressively warmed up, exited pool, threw up, fainted in grass along deck. Paramedics came cleared him. Swimmer was visibly white and not 100% coherent. Appeared to be too hot or too cold. Swimmer ended up swimming two events that day, DQ'd stroke violation and then successfully completed a 50 Backstroke event.	
Male	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Upon entry into water after break out stroke he dislocated his shoulder	Dislocated shoulder and naturally corrected on before he exited pool.
Male	NC - North Carolina Swimming	Practice - Dry Land	Gym	Swimmer tweaked his knee when doing a turn during a sprint	
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End		
Female	NC - North Carolina Swimming	Practice - Other	Deck		
Male	NC - North Carolina Swimming	Practice - Other	Deck	Slipped on wet slot on pool deck and went into a split. Believe to have form right hamstring	
Female	NC - North Carolina Swimming	Practice - Other	Deck	Athlete has Vasovagal. As a result the swimmer fainted while sitting on the pool deck following a set.	
Female	NC - North Carolina Swimming	Meet - Warm-up	Water - Start End	Swimmer was kicked in the head during warm up	
Male	NC - North Carolina Swimming	Meet - Competition	Deck	athlete doesn't recall how he sustained a small cut to his toe	athlete noticed blood and then realized he had a small cut on his toe
Female	ND - North Dakota Swimming	Meet - Walking	Hallway	Child was allegedly opening the door to the pool area when she caught her foot beneath the door causing a laceration. Child had been outside of the pool area without shoes and was attempting to re-enter the pool area when the cut occurred.	Cut allegedly required 8 stitches. Foot was x-rayed for any structural damage.
Female	ND - North Dakota Swimming	Meet - Watching / Observing	Deck	Another child attempted to lift swimmer while horsing around per coach. Swimmer fell striking head on floor.	
Female	ND - North Dakota Swimming	Meet - Competition	Water - Start End	At the end of race, near syncope, swimmer experienced leg cramps and had trouble getting out of the water.	
Male	ND - North Dakota Swimming	Meet - Competition	Water - Start End	leg cramp during last lap of the 400	
Male	NE - New England Swimming	Meet - Competition	Water - Start End	Athelete received a chemical burn on his lungs from poor air quality at event due to improper ventilation.	Experienced pulmonary shut down due to excessive exposure to Chloromide gas
Male	NE - New England Swimming	Meet - Competition	Deck	Athlete left pool, felt light-headed, entered the lobby to catch breath. Athlete lay down and may have lost consciousness. EMS arrived on scene and administered O2, check vitals, and assisted with inhaler. Athlete taken to hospital by parents.	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	AM Swim - Blacked out after racePM Swim - trouble breathing, needed help getting out	
Female	NE - New England Swimming	Meet - Competition	Other pool deck and water	Chemical inhalation injury with facial burn. Decompensated quickly upon return home and required ambulance to ER for worsening symptoms of chest pain, grogginess, pupil constriction, labored breathing.	Swimmer left the meet with chest pain and difficulty breathing and upon return home became much worse, without relief from bronchodilation. She became lethargic, tachypnic and had pupil constriction. In the ER she was given oxygen therapy and oral steroids. She was monitored for 4 hours and sent home due to stable vitals and improvement in symptoms.
Male	NE - New England Swimming	Meet - Competition	Other pool deck and water	Swimmer experienced signs and symptoms of inhalation injury, including tingling in fingers and toes, lightheadedness, labored breathing, chest pain, and rapid breathing. He scratched the remaining events in the evening final session and left the pool.	Swimmer felt better upon returning home but the cough and irritation persists 24 hours later.
Female	NE - New England Swimming	Practice - Dry Land	Outside Venue	The athlete rolled her ankle during dryland exercises being conducted outside on a playground and the surrounding paths.	Athlete complained of pain in ankle after rolling the joint. No swelling was observed nor was she limping. The athlete did not request ice but did rest for a few moments. At the end of practice, the coach checked in again to see if the pain had resolved and advised the application of ice.
Male	NE - New England Swimming	Practice - Other	Water - Turn End	Injured swimmer's hand was hit by another swimmer's hand passing on opposite sides of the lane.	
Female	NE - New England Swimming	Meet - Warm-up	Water - Start End	Jumped in and foot hit the ladder doing breaststroke. Right foot big toe hit the ladder.	Saw doctor - contusion - bruised bone
Male	NE - New England Swimming	Practice - Other	Water - Start End	Swimmer started from the backstroke bloke, stopped upon order from coach, and was ran into by the next swimmer	
Male	NE - New England Swimming	Practice - Entering / Exiting Pool	Other Door	Was exiting pool area before practice and caught his right foot on the bottom of door as it was shutting.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NE - New England Swimming	Meet - Competition	Water - Turn End	Swimmer exacerbated an existing knee injury while swimming	Swimmer exacerbated an existing knee injury while swimming
Male	NE - New England Swimming	Practice - Other	Water - Turn End	Swimming Backstroke with Fins hit head against the wall	
Male	NE - New England Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was starting from the blocks, dove in and hit the bottom of the pool...pool depth was 5 feet.	Swimmer hit his head creating a gash on his forehead. He also sustained scrapes to his hand, chest and right elbow
Female	NE - New England Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer chipped front two teeth and scratched knuckles on the bottom of the pool when entering the pool from a dive.	Chipped front 2 teeth and skinned knuckles
Male	NE - New England Swimming	Meet - Walking	Locker Room	Slipped and fell	
Female	NE - New England Swimming	Meet - Warm-up	Team Area	Bungee chair gave out and backside hit ground hard	Mom taking swimmer to Hasbro Children's Hospital
Male	NE - New England Swimming	Practice - Dry Land	Other Capron Park Attleboro on a field	Tug of war with rope winning side slipped a couple of feet, swimmer got up complained that he heard a pop in his knee and felt like he twisted it	
Female	NE - New England Swimming	Practice - Other	Other Mid pool	The victim and another swimmer neglected the circle swimming protocol and while swimming in the opposite direction, collided with each other in the middle of a practice lane.	Victim was diagnosed with a concussion at the local emergency room
Female	NE - New England Swimming	Meet - Warm Down	Deck	Swimmer became dizzy, light headed and shaky after exiting pool from swimming event	Swimmer became incoherent, dizzy, lightheaded after completing swimming event
Male	NE - New England Swimming	Practice - Other	Water - Turn End	Swimmer hit his heels on gutter while doing a flip turn.	
Female	NE - New England Swimming	Meet - Competition	Locker Room	Hit hand on something	Per Phoenix coach. ABF notified on 3/12/17. To hospital after prelims on 3/12/17.
Female	NE - New England Swimming	Practice - Other	Water - Lane Lines	Swimmer's forearm struck another swimmer.	The injury was not reported to the club until the following day.
				Coach 1:On Thursday, February 23rd around 6:05pm swimmer slipped into the pool and hit his ear. He was at the side of the pool when he turned to talk to us (the coaches) when he lost his balance. He fell and hit his hip on the side of the pool and then his ear before falling into the pool. He quickly brought himself out of the water and held his head while screaming out of fear and pain. The swimmers were mostly swimming already as this happened and the Commonwealth coaches, who had just finished practice, stood close by as this happened. As they stood by, Coach calmed him down, getting the swimmer to steady his breathing. Another Coach and I had the lifeguards call 9-1-1. I ran to get mats so that the swimmer could lay horizontally. A lifeguard got ice and put it gently next to the swimmer's head. We told the rest of the swimmers to quietly get out of the pool and grab their towels and head off the deck. Coach called swimmer's mother as the lifeguard and another coach talked with the swimmer to tell her what had happened and ask her to come back so she could make decisions about what actions to take. An EMT was called. I made sure the swimmers were off the deck, but then had them come back and grab clothes so that they could go upstairs to another location so they wouldn't see a stretcher come down for the swimmer. From that point I was with the other swimmers but checked on the injured swimmer occasionally to make sure he was doing okay. Coach 2:At approximately 18:05, the swimmer approached Coach 1, Coach 3, and I to clarify what warmup was. As he was walking away, Coach 3 asked him how his day was going, the swimmer turned to answer the question, and as he turned, he slipped and fell into the pool. When he fell, his hip broke his fall, and the side of his head hit the edge of the pool as well. Coach 3 immediately went to the side of the pool to help him, and the swimmer quickly came to the surface of the water. As this transpired, I alerted the nearest lifeguard and moved to where Coach 3 and the swimmer were sitting. Coach 1 began clearing the swimmers out of the pool at the other end, and I went upstairs to the lobby to ask the lifeguard retrieving ice what I could do to help the swimmer. She informed me that it would be best that he lie down. I went back downstairs and relayed this information to Coach 3. As we were helping the swimmer lie down, the second lifeguard returned from calling camp security / EMTs, and the first lifeguard placed two bags of ice next to the swimmer's head on the side he had hit. At this time, Coach 1 took the swimmers upstairs to keep them away from the situation. I stayed with Coach 3, the injured swimmer, and the lifeguards for about five minutes before returning up to the lobby to meet the first EMT / security officer to arrive. Approximately two-three minutes later, the EMT / security officer arrived, and I led him downstairs to the pool. The officer asked the swimmer some questions such as his name, his birthday, etc. As the officer was talking with him, Coach 3 called the swimmer's mother and alerted her of the situation. The officer advised that an ambulance be called so that the EMTs could further examine him. While we waited for the EMTs to arrive, Coach 3, the lifeguard, and I continued to talk with the swimmer, who was in good spirits. Swimmer's mother arrived at the same time the EMTs arrived. The EMTs examined the swimmer and recommended that he be transported to Boston Children's Hospital as a precaution. Swimmer's mother consented, and the EMTs took him via ambulance to Children's. Once the swimmer and his mother left the building, I went to retrieve coach 1 and the swimmers to continue with practice.	Lifeguard 1:Witness:On February 23rd, 2017 at 6:00 pm, I saw the swimmer fall on the pool deck in the hustle and bustle of switching swim practices. He lost his balance and fell into the water hitting his hip and then his head/ear on the way down. He jumped right back out of the water flustered. He showed signs of distress, he was red, and breathing heavily. He showed signs of bleeding from his ear, and it was determined it was a cut under his tragus. Lifeguard 2: As the lifeguards we called public safety, carefully laid him down got ice for his head and checked his pulse. His pulse was 93 when first taken, and went down substantially over time. Twenty minutes later his pulse had slowed to 60. From the fall to the arrival of EMS it took around 30 minutes. During the process he was taking, alert and had no signs of visual or auditory loss. Coach 3:On the evening of February 23rd one of our athletes slipped on the side of the pool at Simmons College. He was walking toward the bulkhead, just inside the stairs beyond the flags when he slipped stepping on the ledge to avoid the commonwealth coaches and swimmers during our practice switch. The swimmer fell and hit his hip and head on the gutter. He immediately pulled himself onto the pool deck and went into a crouch position holding his ear. The swimmer was in shock so I proceeded calm him, while the other coaches and lifeguards got us help. During this time we also removed the swimmers from the pool deck and had them go into a room so that they would not have to watch the swimmer get taken out. Taking care of the swimmer we noticed that his ear was bleeding. We got him to lay on his back and got ice for his ear while we waited for Simmons Security and EMT's to arrive, tending to his wounds (where we noticed he had a cut in his ear). During this time and we informed his mother, who made it to the pool deck before the EMT's arrived. She was informed of what happened and that she would be the decision maker with the EMT's. We kept the swimmer lying on his back until the stretcher arrived and he could be evaluated by medical personal. Swimmer was evaluated and brought to Boston Children's Hospital to be assessed.
Male	NE - New England Swimming	Practice - Other	Deck		The swimmer injured his finger, but it was not clear if it was a dislocation, sprain, fracture or other injury to his finger.
Male	NE - New England Swimming	Meet - Competition	Water - Start End		
Female	NE - New England Swimming	Other Locker Room	Locker Room	Athlete shut or jammed door on the fingers of her Right hand.	Attended by lifeguard
Female	NE - New England Swimming	Meet - Competition	Deck	fell behind blocks and hit back on wall. Received ice pack from Life guard but refused any additional assistance	
Female	NE - New England Swimming	Meet - Walking	Water - Turn End		
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Lost balance on block at start of race	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Finished 200 Fly and was extremely anxious & short of breathe.	Panic/Anxiety Attack
Male	NE - New England Swimming	Meet - Competition	Other Entry - dive	Swimmer was diving into the pool when his wrist struck a diving board causing an abrasion.	
Female	NE - New England Swimming	Meet - Watching / Observing	Hallway	Hit head on corner of sharp light switch while walking in hall. Cut on right side near top of head.	
Female	NE - New England Swimming	Meet - Warm Down	Water - Side	Hit foot on side of pool bulkhead. Band-Aid applied	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NE - New England Swimming	Meet - Walking	Deck	Swimmer looked down to see toe bleeding	
Male	NE - New England Swimming	Meet - Walking	Deck	Ongoing problem - pain in ankle	
Male	NE - New England Swimming	Meet - Competition	Other In Pool	Gave several drops of eye wash to resolve	
Female	NE - New England Swimming	Practice - Other	Bleachers - Athlete's	Slipped on bleachers	
Male	NE - New England Swimming	Practice - Entering / Exiting Pool	Other Diving well area	Swimmer's left bicep lacerated by glass shard.	
Female	NE - New England Swimming	Other Sitting in spectator stands	Bleachers - Spectator's	Sunday, October 15, 2017 during the evening finals session at the Greenwood Trials/Finals swim meet, the injured woman came to the concessions stand in the robot pit accompanied by a friend asking for ice. The injured woman said that a man in the stands had dropped a metal folding chair on her neck. I brought them out to the couches outside the pool stands/robot pit and had her sit down while I went downstairs to get ice. I went to the pool deck and explained the situation to my boss and asked where I should get ice. He told me where to get ice (outside the trainer's room) and told me that if the injured woman wasn't looking good I should call campus police and have EMS come check her out. I left the pool deck, got a bag of ice, and went up the second level to give the ice to the injured woman. A few other parents were around her at this time and one of them suggested she lay down on the couch with the ice under her neck. I asked the injured woman if she would like to be checked out by EMS and she said no and that she didn't want to make it a big deal. However, she did not look good to me and especially because it was a neck injury I had the control desk call campus police and send EMS over. I went back to the second level where the injured woman was and told her I had called EMS. EMS arrived about 3-5 minutes later and talked with the injured woman and her husband. She denied an ambulance and did not want to be seen by a doctor. After EMS left, I told the injured woman and her husband that if they needed any more ice to ask me. I returned to the pool deck and told my boss what happened and he asked me to document the situation. I then headed back up to the second level to do so when I was approached by the injured woman's husband. He told me that he had decided that they wanted to get the man's information just in case. They asked me to accompany him to the stands where the man was sitting. I followed the injured woman's husband to the stands where he sat down next to the man and asked for his information. The man and the woman sitting next to him said that this was ridiculous and did not immediately give his information to the injured woman's husband. After a minute, the man put his computer into his backpack, stood up, and walked out of the stands with the injured woman's husband following behind and they went to the top of the stands where the man gave the injured woman's husband his information. The woman sitting next to the man with the folding chair said to me that this was ridiculous and that the chair had barely touched the injured woman. I said to her that I did have to call EMS. After the injured woman's husband received the man's information, the man sat back down in the stands and the injured woman's husband went to stand with the injured woman. At this point, I went back down to the pool deck to relay what happened to my boss. He told me to document the situation and to get the information for both the injured woman and the man from the injured woman and her husband. I went back to the stands and asked the injured woman and her husband for their information and the man's information. They handed me the sheet of paper with the man's information on it and the injured woman handed me her license. I went to my office (on the same floor as the pool stands) and wrote down both sets of information. After writing down both sets of information, I went back to the stands to give back the injured woman her license and the paper with the man's information. A few days after the accident, the injured woman emailed me saying that the man's information was fraudulent.	
Male	NE - New England Swimming	Practice - Other	Water - Turn End	Sam was hit twice in about 3 minutes. The first was a collision head to head with another swimmer. He wanted to continue. The second incident was from a kick. He didn't feel well after he was struck	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Difficulty breathing following her race	
Male	NE - New England Swimming	Meet - Competition	Water - Start End	Hyperventilated	Hyperventilated during swim
Female	NE - New England Swimming	Meet - Walking	Locker Room	Walking through locker room and slipped on wet floor.	
Female	NE - New England Swimming	Meet - Competition	Starting Blocks	Hit the top of her foot on the top of the block at start of the race	
Male	NE - New England Swimming	Meet - Competition	Starting Blocks	Slipped near pool blocks, bruised from knee down	Bruised from knee down, cold compress, was secured with screen wrap
Female	NE - New England Swimming	Meet - Competition	Deck	Running on the pool deck, slipped fell backwards hitting her head on pool deck	Slight headache, states that lights seem brighter than usual, no neck pain or injury site, swimmer was removed from the meet, coach contacted swimmer's mom will continue to monitor swimmer & bring her to PCP or ER symptoms get worse
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Swimmer stopped swimming during event due to breathing problems	
Male	NE - New England Swimming	Meet - Walking	Deck	Stubbed toe on locker door	
Male	NE - New England Swimming	Meet - Warm-up	Water - Turn End	Arm struck the bulkhead during the butterfly.	
Male	NE - New England Swimming	Meet - Warm-up	Water - Start End		
Female	NE - New England Swimming	Meet - Warm-up	Water - Start End		Swimmer was warming up for meet and was hit on the bridge of the nose by a teammate's hand causing a bloody nose. Minor bruising and swelling developed but no external cuts were witnessed. Natural ice was administered. Swimmer finished the meet and reported that she felt fine on subsequent check-ins.
Male	NE - New England Swimming	Meet - Warm-up	Water - Bottom	While doing starts the swimmer hit the bottom of the pool at the start end. Start end of the pool is 4 feet deep. Swimmer hit face and split lip.	
Female	NE - New England Swimming	Meet - Walking	Hallway	Hit protruding metal in hallway	
Female	NE - New England Swimming	Meet - Competition	Starting Blocks	Swimmer slipped on false start on starting block while trying not to fall in to the pool.	approximately 3 inch scrape on her left shin and slight bruise

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NE - New England Swimming	Meet - Warm-up	Other dive-well/bulkhead	Doing butterfly and struck hand against bulkhead scraping right arm and hand	
Female	NE - New England Swimming	Meet - Warm-up	Water - Side	In-Pool Random Nosebleed	
Female	NE - New England Swimming	Meet - Competition	Water - Turn End	Hit both heels on flip turn	bruised, swollen heels
Female	NE - New England Swimming	Meet - Competition	Deck	Stubbed left great toe against a chair	Cracked toe nail
Female	NI - Niagara Swimming	Meet - Warm-up	Water - Turn End	Swimmer with Berkeley Aquatic Club flip turned on top of swimmer and struck injured swimmer in the head. See Safe Sport report.	Athlete checked out by doctor/parent on STAR team who thought there was a possible concussion.
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer dove into water off the starting blocks and was in streamline position. Left arm flew back and injured left shoulder.	swimmer will continue with care from a torn Rotator Cuff.
Male	NI - Niagara Swimming	Practice - Other	Other End of pool	Swimmer was swimming backstroke during warm-up, the first part of practice. He was swimming backstroke, ran into the wall and hit his head. He got out of the pool and told Coach he hit his head and he had a headache. He asked to sit down. Coach asked him if his father should be called. He said no, he would sit down for a little while first. He said down, the headache didn't go away. Coach called his father. His father came and picked him up. Said he has had concussions before. Father took swimmer to the doctor the next day and swimmer was diagnosed with a concussion. Coach did not see it happen.	
Male	NI - Niagara Swimming	Practice - Other	Water - Start End	Athlete bumped his head on the wall when coming in from backstroke. He was asked if it hurt, and he said no. When asked if he was nauseous or dizzy, he said no. He did not look disoriented. About 10 minutes later, he was practicing a flipturn and got water up his nose. He said that it hurt, and he got out of the water. The lifeguard asked the athlete a few questions, and the athlete sat out the remainder of practice (about 10-15 minutes).	After practice ended, the coach checked in with the athlete and parent. The athlete said that his head did not hurt and he was not dizzy or nauseous. He said that his nose still hurt from the water. The coach told the parent that if the athlete became nauseous or dizzy or if he was having a hard time breathing, to go to the doctor.
Male	NI - Niagara Swimming	Meet - Walking	Hallway	Returning to seeding area, swimmer slipped on wet surface and hit back of head, as well as back.	
Male	NI - Niagara Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke and bumped his head at the turn end of the pool.	We had the athlete sit out of the pool. No bump/bleeding was seen. Asked the guardian if we could give an ice pack to the athlete, but the guardian declined. The athlete didn't show any signs of a concussion and was allowed to enter the pool after 10 minutes of rest/assessment.
Female	NI - Niagara Swimming	Practice - Other	Water - Side	Swimmer was struck in the head when another swimmer pushed off the wall.	Swimmer did not have a visible bruise or bump at time of incident. She was very upset and reported that it was hurting a lot.
Female	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Deck	While walking to the pool, swimmer slipped and fell to the ground. She landed using her hands and injured her left forearm near thumb.	Pain to the left forearm (by thumb) / hand area. Ice applied for 5-10 minutes.
Male	NI - Niagara Swimming	Practice - Other	Bleachers - Spectator's	Official was cutting down a banner from the balcony seating railings. He punctured his inside forearm with his knife that he was using.	
Male	NI - Niagara Swimming	Meet - Walking	Other Hospitality Room	Man was walking and tripped on a cooler during clean up of our hospitality room at the conclusion of our meet. He fell on his left side and rolled on to his left side.	Pain in left hip and thigh.
Male	NI - Niagara Swimming	Meet - Competition	Water - Turn End	During the Victor New Year's Invitational Meet Session 4 on January 8, 2017 in event 55 heat 2 lane 5, the 50 yard backstroke, the swimmer hit his head on the bulk head prior to turn 1. The incident happened around 10:50 AM. The Sea Dragon Swim Club president checked with the swimmer's mother on the Monday following the incident. His mother's response was: "He is doing fine, thank you for checking. I think he was startled and a bit embarrassed. He will be back at it tomorrow. Have a good night!" There is no direct knowledge of any actual medical attention being provided, but it sounds like there was not much to follow up for the swimmer.	After the swimmer hit his head on the bulk head he did not finish the race. He exited the pool and was assisted by the a school lifeguard. The lifeguard provided ice to the swimmer.
Female	NI - Niagara Swimming	Meet - Walking	Deck	The swimmer was participating in Session 6 of the Victor Swim Club New Year's Invitational Meet on January 8, 2017. The swimmer was preparing for her event of the session. The swimmer was entered in event 60 heat 2 lane 2, the first event of the session. The session started at 4:00 PM. Around 3:45 PM the swimmer was walking on the deck near the start end of the pool. She noticed that her foot was bleeding. By observing the blood on the pool deck it appears the swimmer's foot was cut near a diving board platform between lanes 3 and 4. On the lane 4 side of the diving board platform there is a recessed metal access plate in the pool deck that the swimmer may have slid her foot over. However, examining the deck in the apparent vicinity of the incident it was not obvious of cause. The swimmer was taken to the lifeguard who examined her foot and applied bandages to stop the bleeding.	The swimmer was seen by her primary care physician, Dr. Roderick Davis with the Portland Pediatric Group, on Thursday, 1/12/17. Following the meet, the family spoke with a triage nurse and sent a picture via text message. It was determined that the cut was too wide for stitches; and, being on the side of the swimmer's foot, staples wouldn't be a good option either. The swimmer was told to keep it clean and no running for at least a week and no work with flippers for at least two weeks. When the swimmer went to the doctor on Thursday, he said that the tissue damage was worse than originally thought, but the family was doing the right things and to keep up with the treatment. It was irritated, so her doctor recommended no exercise, including swimming, until Monday, 1/16/17, to give the wound a chance to heal. Sunday, January 8, 2017 night, a triage nurse determined that the swimmer's cut was deep enough for stitches; however, it was too wide to stitch and butterfly sutures wouldn't fit either. So, it will be left open. The family finally got the bleeding to stop around 8:00 Sunday night. The nurse said no running for a week. The swimmer can swim starting tomorrow as long as the cut has clotted, which it has done. The swimmer can't use fins for at least 2 weeks as it will rip open the wound. After 2 weeks, it will be reassessed.
Female	NI - Niagara Swimming	Practice - Dry Land	Deck	Athlete was walking and slipped	felt ill after fall, had vision loss and concussion symptoms
Male	NI - Niagara Swimming	Practice - Other	Other Walking on pool deck	Swimmer was walking on the pool deck and slipped and fell backwards hitting his head on the deck.	Swimmer was asked if he was okay and he stated yes. He developed a small bump on his head and his father was informed of the injury. Mom then let us know that he was complaining of being nausea.
Female	NI - Niagara Swimming	Practice - Other	Water - Bottom	The accident occurred when the Coach had ended practice and the team was cleaning up and exiting the pool. Swimmer decided without instruction to self-challenge herself and swim underwater, she over exerted herself and became unconsciousness. This was immediately noticed by Lifeguard and Coach. Lifeguard responded and retrieve swimmer from the bottom of the pool. The Coach assisted and started to perform CPR until swimmer regained consciousness and EMT support arrived and took over care.	Swimmer had a hypoxic episode due to loss of consciousness.
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Deck	Slipped and hit head and elbow onto the deck	
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Deck	Slipped and fell on the deck at the start end of the pool. Back hit the starting block.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NI - Niagara Swimming	Other	Water - Turn End	Swimmer was swimming in shallow end of pool before practice under lifeguard supervision and swan fcae first into bulkhead	Swimmers parents were notified and came to pick him up early from practice.
Female	NI - Niagara Swimming	Meet - Walking	Locker Room	The swimmer had the locker room door open on to her right foot	The swimmer was able to continue with the meet after ice and first aid
Male	NI - Niagara Swimming	Meet - Competition	Deck	The Coach lost his balance and fell on pool deck.	The Coach of the Rays swim club lost his balance and fell striking his arm and head on pool deck. No concussion symptoms or loss of consciousness were observed.
Male	NI - Niagara Swimming	Practice - Other	Locker Room	Boys were running or walking quickly and ran into or kicked wall.	
Male	NI - Niagara Swimming	Practice - Other	Water - Start End	Hit ankle on gutter	
Male	NI - Niagara Swimming	Practice - Dry Land	Deck	The swimmer was doing a series of abs and push-ups. He did not slip or have any unnatural movement from a normal push-up. He notified the coaches of the pain due to the wide arm push-ups in the serious later in the week and mentioned that the pain was still there a week later.	Do not know the exact injury as swimmer has not been seen by a doctor.
Male	NI - Niagara Swimming	Meet - Competition	Water - Turn End	Goggles filled up and he couldn't see the wall. He hit the wall with his head.	Small bruise on forehead. No pain or sign of concussion. Ice applies to head.
Male	NI - Niagara Swimming	Practice - Other	Water - Side	Athlete was sitting on side of pool with feet in water, waiting for his turn to practice a breaststroke turn. The athlete slipped in from the sitting position and hit the back of his head on the side of the pool. This was the second incident of the night for the athlete.	The incident happened in the last 5-10 minutes of practice. We had the athlete get out of the pool and sit out the rest of practice. His guardian declined the ice pack for this incident as well. He said they had ice at home if needed. Athlete said he was okay when leaving practice.
Male	NI - Niagara Swimming	Practice - Dry Land	Outside Venue	Swimmer slipped while running as a part of dryland and rolled his right ankle.	
Male	NI - Niagara Swimming	Practice - Other	Water - Turn End	Athlete was pushing off the wall and another swimmer's foot contacted head	Swimmer stated he was hit by other swimmer's foot on push off, stated he was fine and did not have any pain. Later stated brief sense of pain and was gone. No headache, no light sensitivity, no nausea, no loss of consciousness, no confusion, no recall issues noted.
Male	NI - Niagara Swimming	Meet - Warm-up	Water - Side	Swimmer was struck by another swimmer's hand during warm up in the goggles.	
Female	NI - Niagara Swimming	Other	Deck	Swimmer was walking into another room. She opened a swinging glass door and the bottom of it cut open her heel.	
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	The swimmer finishes backstroke event striking wrist on top of gutter.	The swimmer was able to continue with the meet after ice and first aid
Female	NI - Niagara Swimming	Meet - Warm-up	Water - Start End	Scraped knee on the side of the starting block while exiting the pool.	Abrasion on left knee. Barely any blood.
Male	NI - Niagara Swimming	Other Possible water damage	Other Hotel room	Hotel alleges that the swimmers hung clothes on the sprinkler head which caused water damage.	
Female	NJ - New Jersey Swimming	Practice - Other	Water - Side	While swimming, swimmer's wrist was struck by a swimmer in the opposite direction in an adjoining lane.	
Female	NJ - New Jersey Swimming	Practice - Other	Deck	Swimmer had an asthma attack which led to hyperventilating.	
Female	NJ - New Jersey Swimming	Practice - Other	Water - Lane Lines	Hand collided with another hand during a swimming set. Athlete notified staff after practice was concluded. Staff asked if she was okay and visually inspected hand with athlete's permission. Athlete indicated she was okay and felt everything was okay. The next day the athlete notified the staff that hand began to bruise and went to see a doctor.	Injured area is the metacarpal area of the right hand near the dorsal portion of the hand between phalanges 4 and 5.
Male	NJ - New Jersey Swimming	Other just outside pool facility	Outside Venue	Outside DeNunzio PoolRailing up to the emergency doorsflipped over railing and hit head on concrete	
Male	NJ - New Jersey Swimming	Other Changing	Locker Room	See facility accident report: http://besmartinc.com/ZAR/06112017AccidentReport.pdf Young boy from the swim meet fell and potentially broke his arm in the men's locker room.	See facility accident report: http://besmartinc.com/ZAR/06112017AccidentReport.pdf I was walking toward the fitness center doing the 4:30pm round where I met the varsity swim coach jogging up the ramp, who told me that "there is a young boy who had just gotten hurt in the lifeguard offices." I went to the office where I saw the athlete and as soon as I saw his arm, I immediately radioed the front desk and asked them to call the non emergency number. I told them that we had young male, 12 years old, with a hurt left arm the athlete. I had asked the athlete how he hurt his arm and he replied, "I was walking in the locker room towards the pool, then I slipped and fell. Then someone helped me to the lifeguards." The athlete had ice on his arm for several minutes until EMS arrived and provided care. Prior to EMS arriving I was able to get most of the boy's information, which I was able to finish once his parents had arrived. His parents were present at the swim meet and a lifeguard went and found them. An ambulance then came to the emergency exit doors by the patio pool, where the athlete was rolled out to and taken to Robert Wood Johnson hospital, accompanied by his mother for further care
Female	NJ - New Jersey Swimming	Meet - Competition	Starting Blocks	Dove off Starting block, felt pain in right foot near her pinky toe, Thought her pinky toe was broken. She has done it before and kept swimming. At the completion of the race she had to be helped to the bleachers by a teammate and told the lifeguard	Potential fracture of toe according to the EMT. The foot is swollen distal to the pinky toe. She was given an ice pack and raised her foot - She is going home with the team(they traveled together)
Male	NJ - New Jersey Swimming	Meet - Warm-up	Water - Lane Lines	swimmer kicked in the face received bloody nose.	Kicked in face during warmup and got a bloody nose. Trainer held bridge of nose and applied pressure. Bleeding stopped shortly after applied pressure.
Male	NJ - New Jersey Swimming	Practice - Dry Land	Gym	Athlete tripped stepping up onto a step	SHIN STRUCK BOX AND CAUSED ABRASION / CONTUSION. WOUND WAS DRESSED AND ICE PROVIDED. PARENT NOTIFIED.
Male	NJ - New Jersey Swimming	Other Meet timer	Starting Blocks	Metal starting block slid off and cut shin/lower leg	
Male	NJ - New Jersey Swimming	Practice - Other	Water - Start End	We were doing dives of the block swimmer dove in and to top of his nose scraped the bottom of the pool. He has skin abrasion on his nose and top lip	Skin abrasion on top of swimmer's nose, and upper lip,
Male	NJ - New Jersey Swimming	Other leaving pool deck after Timing	Stairs	A Parent was the leaving the pool deck after timing and as he exited down the stairs he slipped and fell on his left side, then sat on the stairs. A parent volunteer, acting as a hall monitor, aided the parent up. The parent, who fell, walk out of the facility independently.	On Sunday, the day after the fall, the family alerted the team that the injured parent had gone to the hospital, (on Sunday morning 6/18/2017) and was diagnosed with a broken rib.
Female	NJ - New Jersey Swimming	Practice - Other	Water - Lane Lines	one swimmer hit another swimmer in the forehead while swimming butterfly	one swimmer swimming butterfly hit another swimmer in the forehead. Swimmer got out of the water, got ice, and after a couple of minutes said she wanted to continue swimming
Female	NJ - New Jersey Swimming	Practice - Entering / Exiting Pool	Deck	Athlete fell entering pool. She struck the side of the pool with her upper right arm and her right side of her torso.	
Male	NJ - New Jersey Swimming	Meet - Competition	Water - Start End	Slammed his right elbow on the wall while finishing the 50 free race.	pulled his elbow, applied icepack, said he was good with ice pack for care
Male	NJ - New Jersey Swimming	Meet - Competition	Bleachers - Athlete's	Fell by the bleachers o the face.. nose bleed	Scrape below the nose. Coach was notified

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NJ - New Jersey Swimming	Meet - Competition	Water - Start End	Finishing race hit hand on wall	swollen red painful
Female	NJ - New Jersey Swimming	Meet - Competition	Starting Blocks	Jumped and her hit the corner of the block. Applied ice pack to her hand.	
Male	NJ - New Jersey Swimming	Practice - Other	Locker Room	According to athlete, went to pick up bag, slipped and hit his tooth on sink	Right Front Tooth Chipped No Blood No visual cuts to mouth
Female	NJ - New Jersey Swimming	Practice - Entering / Exiting Pool	Deck	Slight fainting or dizziness on pool deck and lost balance, hit her knee on her mesh bag.	
Male	NJ - New Jersey Swimming	Meet - Watching / Observing	Hallway	The parent was leaving the swim meet and tripped over someones feet, who was sitting. The man fell forward and landed on his left arm and scraped his nose when the glass he was wearing fell off of his face.	The accident was recorded on Security Monitors at Newark Academy. The man wanted assistance getting up and his wife insisted that EMTs help him up. Once he had been evaluated by EMTs, he was helped up and walked out of building on his own.
Male	NJ - New Jersey Swimming	Meet - Competition	Water - Start End	Bleeding nose when he initially jumped in teh pool. Known occurrence as per the coach.	Lifeguard administered first aid and the swimmer indicated that he was feeling better.
Female	NJ - New Jersey Swimming	Meet - Competition	Water - Start End	Hit elbow on back start, in warm up small cut on elbow	
Female	NM - New Mexico Swimming	Meet - Walking	Other bathroom upstairs	Swimmer slipped and fell, hitting the side of her head on the floor	
Male	NM - New Mexico Swimming	Practice - Dry Land	Other Patio outside pool	Athlete was doing a jump in dryland, landed strangely, and his knee went sideways and dislocated	
Female	NM - New Mexico Swimming	Meet - Warm-up	Other Water-warm up/cool down pool (diving well)	Athlete kicked lateral of left eye in warm up pool.	12/8/17: Athlete presented with a headache, some dizziness, and neck pain. Athletic trainer advised athlete to return to rest. PEARL. No neurological issues presented. 12/9/17: Athlete felt better after a night of sleeping and resting. Small headache with noise of facility. She warmed up with no increased symptoms. Continued to compete. Afterwards felt nauseous and dizzy and experienced stomach cramps which got better with rest.
Female	NM - New Mexico Swimming	Practice - Other	Other Water	Abby got out of practice complaining of a tight chest. I was aware of her asthma and had her get her inhaler. I had her sit on the bench with another swimmer with similar complaints. I checked on her several times, and she did not feel she was ready to resume practice. After about 15 minutes, she then complained of dizziness. I got the lifeguards involved at that point, and they administered oxygen, and made a bed of towels on the pool deck (near the wall) for her to lie down. Two of our parents were in the vicinity (a nurse and a pediatrician) and they continued care until she was stable. The facility filed an incident report, her parents were notified, and an emergency contact took her home. Her mother has been in contact with us about next steps with her doctors.	
Female	NM - New Mexico Swimming	Meet - Competition	Deck	Athlete swam a race and then couldn't catch her breath and began hyperventilating.	
Male	NM - New Mexico Swimming	Meet - Competition	Other OPEN WATER	kicked in the face during open water swim	n/a.
Male	NM - New Mexico Swimming	Practice - Other	Water - Start End	Swimmer was hit but another swimmer during a flip turn. The heel of the swimming flipturning hit the injured swimmer in the nose causing a bloody nose later the injured swimmer felt dizzy and felt his nose swelling on one side. Ice was applied.	Bloody nose
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	While flip turning the swimmer struck her heel on the medal gutter.	While flip turning the swimmer struck her heel on the medal gutter. The strike cause a cut on her heel, which ultimately led to stitches
Female	NT - North Texas Swimming	Meet - Competition	Water - Start End	Athlete felt a pop at her elbow while finishing the fly leg of the IM relay. Athlete complained elbow hurt. Athlete asked for ice from lifeguard.	Athlete felt a pop at her elbow while finishing the fly leg of the IM relay. Athlete complained elbow hurt and asked for ice from lifeguard. Parent took athlete to CareNow for XRays. Xray result is possible sprain, tear, or dislocation
Male	NT - North Texas Swimming	Meet - Competition	Water - Start End	Jammed finger in wall at finish of 50 Free raceLeft middle finger swollen at knuckle	Jammed finger in wall at finish of 50 Free raceLeft middle finger swollen at knuckle
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Bottom	While practicing starts the athlete dove into the water from a starting block and left his arms to his sides. The athlete had a good trajectory but when he entered the water his body angled down towards the bottom. He hit the bottom of the pool with his back. The athlete came right up and I (the coach) asked him if he was ok and if he could get to the side. The athlete said he was ok but had hit the bottom of the pool with his neck and back. The athlete got out of the water and I (the coach) had him sit on the side so I (the coach) could look him over. The athlete had a scrape on his left shoulder blade but it was not bleeding. I (the coach) again asked him if he was ok and the athlete replied yes. I (the coach) called the lead lifeguard over to go over the situation and talk to the athlete. The guard went through a serious of questions and all seemed ok other than him saying he was a little sore. I (the coach) still had the athlete sit out to ensure he was ok and didn't develop any dizziness. The athletes mother arrived about 5 minutes after the incident and I (the coach) explained what had happened to her. She understood and took the athlete home since practice was about over. I (the coach) later learned that the mother had taken the athlete to the hospital because he had developed a headache. The hospital ran a CT and X-ray and all test came out ok.	The athlete hit the bottom of the pool with his back, and neck from an attempted dive.
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer 1 and swimmer 2 hit each other's heads while swimming freestyle. The collision occurred near the turn end of the pool.	After hitting head, swimmer complained of discomfort and throbbing sensation on the top of head. Swimmer also reported headache. Symptoms lessened over the remaining 15-20 minutes of practice. Swimmer did not return to the pool.
Male	NT - North Texas Swimming	Other before dryland	Outside Venue	Before dryland started he attempted to jump a railing, didn't clear it and broke his wrist.	
Female	NT - North Texas Swimming	Practice - Other	Other middle of pool	During warmdown began to seize while kicking with a kick board. Coach recognized immediately and jumped into water to bring the athlete to the side of the pool. Second coach ran over to aide in removing the athlete from the pool whilst protecting the head and neck. ONce out of the pool began to check vitals and call 911.	
Female	NT - North Texas Swimming	Meet - Watching / Observing	Hallway	Woman tripped on the ramp then fell forward to the ground. She hit her arm when falling forward on a pole.	Possible broken arm

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Swimmer 1 pushed off of the wall after doing a flip turn and ran into another swimmer (2). They knocked heads, but other swimmer (2) was not hurt at all. Swimmer 1 quickly started having symptoms of concussion.	Swimmer 1 complained that her head hurt and was monitored and given some ice. Checked pupils and found eyes dilated more than normal. Valance was tested by having her stand, close eyes and extend arms. She was off balance bt was able to touch nose with R & L hands. Complains of feeling queezy.
Male	NT - North Texas Swimming	Other practice, closed toe in door on deck	Deck	Swimmer walked up to lifeguard and asked for help with his toe. Explained that he closed the door to the deck and hurt the toe.	Swimmer's toe was bleeding a bit on the side. Swimmer followed the guard to first aid area where the guard applied pressure to stop bleeding, cleaned and bandaged toe. Coach took swimmer to his grandmother. Swimmer left the facility with his Grandmother.
Male	NT - North Texas Swimming	Practice - Other	Deck	Swimmer got out of pool after warm up and looked pale and faint. Had to sit down and sip water and Gatorade. Oxygen levels and pulse taken. Oxygen levels were normal, and pulse was a little high. Father called and picked him up and took him home.	
Male	NT - North Texas Swimming	Meet - Walking	Deck	Athlete was walking towards the blocks and slipped and fell on pool deck. Landed on knee.	Athlete fell on pool deck and landed on his knee. Athlete did not tell anyone about the fall until he went home and contacted his coach that he would not be back for finals due to the slip and fall. Athlete returned to the meet on Sunday and competed.
Female	NT - North Texas Swimming	Practice - Other	Other Outside Complex between dryland and swim	Was outside in a football field. Was climbing a football field goal post and got arm caught on a large flat head bolt that lead to a laceration on the inner upper arm, just below the armpit. Had fatty tissue hanging out, called 911 and lifeguard applied pressure to cut to stop blood flow. Ambulance arrived and stitched her up, mother arrived and decided to take daughter to hospital rather than ambulance. She left the complex with mother to go to the ER to have it further worked on.	Arm caught on a large flat head bolt. Wide laceration with exposed fatty tissue. Stitched up in ambulance, mother took to ER for further check up.6 inner stitches, 12 outer stitches.66
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Medicine ball hit him in the face causing the back of his head to hit the ground.	
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Swimmer caught thumb in lane line while swimming freestyle and as a result, broke her thumb.	Swimmer caught thumb in lane line while swimming freestyle and as a result, broke her thumb.
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	We were playing ultimate frisbee as part of our drylands training. The athlete tripped while running and caught himself with his right hand / wrist. I immediately had him sit down and after a few minutes I told him to get ice. At this time, the lifeguard gave him ice. He iced his arm for 15-20 minutes and then called to be picked up. At this time, his parents took him to get his arm x-ray'ed.	X-ray showed a radial fracture
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Twisted right knee while running	
Male	NT - North Texas Swimming	Meet - Competition	Deck	Swimmer had a short loss of consciousness after a race. He fell but was not injured by the fall. Normal heartrate and respiratory cycle within five minutes. Left pool with his father. Father said they would follow up with their doctor	Swimmer had a short loss of consciousness after a race. He fell but was not injured by the fall. Normal heartrate and respiratory cycle within five minutes. Left pool with his father. Father said they would follow up with their doctor
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer turned at the wall and hit her head	The swimmer had a headache and blurred vision
Female	NT - North Texas Swimming	Practice - Other	Locker Room	No additional information was provided by the staff at Tom Muehlenbeck.	No additional information was provided by the staff at Tom Muehlenbeck.
Male	NT - North Texas Swimming	Practice - Dry Land	Deck	Jump during burped and landed improperly on left foot	Unable to identify as sprain and no signs of bruising
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	One of the swimmers in her lane did a flip turn on her. She injured her back left side	Swimmer is seen for deep bruising.
Female	NT - North Texas Swimming	Practice - Other	Stairs	Slipped walking down the stairs to the pool	Looks like a sprain
Female	NT - North Texas Swimming	Practice - Dry Land	Stairs	Swimmer injured left foot during dryland going down the stairs. Shortly, after injuring left foot/ankle. She then injured her right ankle trying to get somewhere to sit out.	Minor swelling on right ankle. No other visible symptoms visible.
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was exiting the pool to do starts from the block, and cut the side of their foot on the tile around the edge of the pool.	The cut on the swimmer's foot was on the side near the small toe, about an inch long.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Swimmer was pushed into pool striking the lane line.	
Male	NT - North Texas Swimming	Practice - Other	Deck	Swimmer slipped on the pool deck, and fell. He hit the back of his head on the pool deck. He was sat down and given ice, as well as asked various questions to check for concussion.Mom was contacted and swimmer went home.	When asked, the swimmer did not feel dizzy or nauseous. Just complained of pain in the are where he had hit.
Male	NT - North Texas Swimming	Meet - Competition	Starting Blocks	Swimmer was on block, in starting position, holding hand grips, rubber grip slipped off and swimmer fell to pool gutter and into pool.	Abrasions to L forearm/wrist and R shin
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer dove into the shallow end of the pool to begin warm down for practice. We were doing a feet first entry into the shallow end as part of practice and I sent them off to do warm down and started walking to the deep end of the pool. He calmly surfaced about 1/2 way down the pool where I was standing and said. "Coach I hit my head on the bottom of the pool". He had his hand on his forehead. I asked him to stay still and he made his way to the side of the pool. I asked if he was ok and he responded without hesitation. He made his way to the side of the pool. I assisted him out of the pool to the bleachers and checked his eyes for any difference in his pupils. I didnt see any and asked if his neck hurt. No was his response. I then had him lay on the ground and not move. I had him dial his parents and I talked to them and got them on their way tot the pool. At this point I went and found pool management and called 911. No cordless/cell phone on deck near the incident. I had his team mates watching him. While I was on the phone with 911 he got up from the pool deck and put on his shorts and t-shirt before I could get back. I had him get back on the ground and lay down wait for the EMS. The EMT came in and checked him out and his parents got there shortly after they started to evaluate him and answered any additional questions about their son. The EMT's could not find any bruises or lumps in the contact area and suggested observation and released him to their care.	no swelling or redness in the area as of release by EMS to parents. Released for observation to parents.
Male	NT - North Texas Swimming	Meet - Warm-up	Water - Bottom	entered warm up/warm down area and foot came into contact with bottom of pool.	Leg was sore, ice was applied.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NT - North Texas Swimming	Meet - Walking	Deck	While walking on deck, she cut the bottom of her foot on a metal deck plate.	Cut on bottom of foot
Male	NT - North Texas Swimming	Meet - Walking	Deck	He stepped on a metal deck plate which cut his foot	While walking on deck, he stepped on a metal deck plate which cut his foot
Female	NT - North Texas Swimming	Meet - Competition	Other In water during race	Hurt her back while competing in the 500 free. Had to be pulled out of the water.	Developed back pain while competing in the 500 freestyle. Had to be pulled out of the water.
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer 1 and swimmer 2 hit each other's heads while swimming freestyle. The collision occurred near the turn end of the pool.	Swimmer reported slight discomfort after collision. After sitting out 5-10 minutes, swimmer rejoined practice and swam the remaining 5-10 minutes.
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	After a flip turn, swimmer 1 pushed off and hit head on the kickboard of swimmer 2. Swimmer 1 swam one lap after hitting head before exiting the pool.	Swimmer reported discomfort after hitting head as well as a headache. Swimmer sat out 20-30 minutes prior to returning to the pool and finishing the last 5-10 minutes of practice.
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	While doing backstroke, swimmer struck head against the wall at the turn-end of the pool.	
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Deck	The swimmer was walking back to their lane at the beginning of a set, and stubbed their toe into the gutter. This jammed the swimmer's toenail, which came up and started bleeding.	Toenail was ripped up some which caused a lot of bleeding.
Female	NT - North Texas Swimming	Practice - Dry Land	Deck	During team Dryland, swimmer injured back during team plank.	Feels pain in back area as swimmer bends down. Roughly a year ago, swimmer injured back arra, injured was not swim related
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer hit her mouth on the starting block while climbing out of pool and chipped her tooth.	Chipped tooth
Female	NT - North Texas Swimming	Meet - Warm-up	Other Water - While Swimming	The swimmer was struck in the mouth by another swimmer swimming butterfly during warm-up.	Top lip was swollen and the swimmer received care from lifeguards at the facility.
Male	NT - North Texas Swimming	Meet - Warm-up	Other water	was swimming warm-up behind another swimmer and was kicked in the hand by the other swimmer. Hurt the pointer finger on the left hand	pointer finger of left hand swollen & pink color
Male	NT - North Texas Swimming	Meet - Competition	Water - Start End	Start of 50 breaststroke; shallow end of the pool. Dove in water and hit head on bottom of the pool. Stopped race and was helped out of the pool.	bump on head. feels dizzy. Mother said they would stay at the meet and see how it goes. Meet referee/director asked coach to keep him out of the water if he feels dizzy.
Male	NT - North Texas Swimming	Meet - Competition	Water - Turn End	Swam 100 back, on turn crashed into wall, bumped forehead and knocked numb of right hand	forehead bruise/bump above nose, center of forehead - did not show until after his next event, 200 IM
Male	NT - North Texas Swimming	Meet - Competition	Deck	The swimmer slipped, fell on his rear end then fell back and hit his head on deck.	
Female	NT - North Texas Swimming	Meet - Competition	Bleachers - Athlete's	Scraped bottom when getting off the athlete bench.	No witnesses. Her mom was working the meet and saw her after she was scratched.
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer was going into a wall as another swimmer came off the turn. The other swimmer's hand hit the injured swimmer in the goggles.	Swimmer's upper eye lid was cut and bruised
Male	NT - North Texas Swimming	Meet - Competition	Deck		
Male	NT - North Texas Swimming	Meet - Competition	Deck		
Male	NT - North Texas Swimming	Meet - Competition	Deck		
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer entered the water feet first, when deep and then pushed off deep and bumped head on bottom of pool. Swimmer did not tell a coach about the bumped head until 20 minutes after it happened.	no visible bump. Just what the swimmer described.
Female	NT - North Texas Swimming	Meet - Warm-up	Starting Blocks	Starting block step broke as swimmer was stepping up onto block. Swimmer lost balance and struck wrist on top of starting block and leg on block frame.	
Male	NT - North Texas Swimming	Meet - Warm-up	Water - Turn End	Swimmer thinks he hit it on the end of pool, but he was unsure when, where or how it occurred.	Chipped left canine
Female	NT - North Texas Swimming	Practice - Dry Land	Deck	Following dry-land training, swimmer was sweating excessively, hyperventilating with severe cramps and disorientation.	Swimmer sat down, was encouraged to breathe slowly and small sips of water were given. Hands and feet began to cramp up so much that it was visible. Mother was notified at 6:09 and EMS was called at 6:14pm.
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Athlete tripped and fell backwards on PVC drainage pipe sticking out of the ground near the dryland area. Athlete landed on back.	Large sized scrape and bruise on right side of the lower back were visible. Coach followed up with mom 9/11 - "He is all good. thanks for checking in."
Male	NT - North Texas Swimming	Practice - Other	Water - Bottom	Athlete was placing fins on under water when a secondary athlete came and jumped in on top of them	Just ached
Female	NT - North Texas Swimming	Meet - Warm-up	Deck	She was warming up by jumping and her right foot popped and began to swell.	
Female	NT - North Texas Swimming	Meet - Warm Down	Bleachers - Spectator's	Fell on bleachers and scraped ankle	
Female	NT - North Texas Swimming	Meet - Competition	Other Exit from pool to deck	Scraped right foot on outside big toe exiting pool after race.	
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	As swimmer was entering the water for backstroke, his foot slipped. He fell and landed on his left hip on the edge of the gutter. Swimmer was attended to by lifeguards and coach and sat out of practice to ice hip the rest of the practice.	
Male	NT - North Texas Swimming	Practice - Dry Land	Hallway	Swimmers were running out to where we were going to do dryland, near the front of the pool, and the athlete and some of the other swimmers shoved the door open really hard. The door bounced off the wall, and hit the swimmer in the side of the face.	There was a red mark from the eyebrow and down near the cheek of the swimmer where the door hit them.
Male	NT - North Texas Swimming	Practice - Dry Land	Other running	Fell during running after accidentally colliding with another swimmer	Fell during running after accidentally colliding with another swimmer
Male	NT - North Texas Swimming	Practice - Dry Land	Stairs	Athlete failed step up properly. Athlete's foot slipped from the edge of step of stairs and cause big toe nail to lift from skin area of the toe.	Big toe nail slightly disconnected from the skin area of the toe.
Male	NT - North Texas Swimming	Practice - Other	Bleachers - Athlete's	Slip getting off bleachers and fell on wrist.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Swimmer was running outside with the group during dryland. Swimmer says she started to feel pain and tightness in her chest. Swimmer taken to lifeguard room where her heart rate, blood pressure, and oxygen levels were taken, which were all normal. Swimmer rested and was watched carefully by lifeguards for about 20-30 minutes, after which time she returned to the pool and swam the remaining hour.	Swimmer says her chest was hurting each time she took a breath. It was not difficult to breathe, just tight. Swimmer also said she felt slightly nauseous. Mother was contacted who said they'd just eaten, which could have caused the pain. Heart rate, blood pressure, and oxygen levels were all normal. Swimmer was given water and sprite to sip on, which helped.
Female	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Swimmer was running outside with the team during dryland prior to practice. While running, swimmer says she felt a lot of pain in her right quad. Swimmer walked to the lifeguard room where the lifeguard applied ice for 20 minutes, then she got in the water and swam the rest of practice for about an hour.	Swimmer says she felt a sharp pain in her right thigh/ quad while running with the team. Was sore to walk and difficult to kick.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was exiting the pool and slipped as he stood up. His right knee impacted the with the plastic grip mat along the pool deck injuring the right knee area of his leg.	Right knee area received to cut/scrapes due to impact of the area to the deck.
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	Pushing off bulkhead, toes was cut	Toes cut open
Female	NT - North Texas Swimming	Practice - Other	Locker Room		The swimmer was briefly unconscious. She also expressed having slight pain in her back after regaining consciousness. Care was provided by guards and paramedics at the facility.
Female	NT - North Texas Swimming	Meet - Competition	Water - Start End	Hit hip on the side of the pool getting out after a race. Ice was applied by the lifeguards	
Female	NT - North Texas Swimming	Practice - Other	Water - Turn End	swimmer scratched self during flip turn on bulkhead	
Female	NT - North Texas Swimming	Practice - Dry Land	Stairs	Swimmer was participating in outside dryland with the group. While running up and down the stairs, swimmer was knocked into from behind, fell, and hit her leg on the stairs.	The area of the leg effected was slightly swollen but no blood was seen. After swimming a portion of practice, swimmers leg was still hurting, so she was sat down and ice was applied for the next 15 minutes. Swimmer finished the rest of practice.
Male	OH - Ohio Swimming	Meet - Walking	Bleachers - Athlete's	slipped on the athletes bleachers and scrapped side of foot on the bleacher step.	Wound continued to bleed through 3 layers of rolled gauze in ten minutes, recommended the injured party seek further medical assistance.
Male	OH - Ohio Swimming	Meet - Watching / Observing	Team Area	Athlete was playing with equipment that was marked off limits. He was on a "rope" machine used for fitness club members and put his hand below the rope and pulley.	The webbing between the athlete's thumb and index finger was cut.
Female	OH - Ohio Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was in the water. Another swimmer jumped or fell in on her.	Impact to head, felt pain in neck.
Female	OH - Ohio Swimming	Meet - Walking	Hallway	Slipped and rolled ankle going downstairs to the pool	
Male	OH - Ohio Swimming	Meet - Competition	Starting Blocks	While jumping up and down prior to his race, swimmer fell onto his left wrist.	
Female	OH - Ohio Swimming	Meet - Warm-up	Locker Room	She was walking around outside and came inside to the locker room where she was saying she was not feeling well when a couple of swimmers helped her lay down. Then the swimmers went to a lifeguard who called the head life guard who went to investigate. She told the head lifeguard that she passed out which the head lifeguard did not see. Squad was called. She was not assoc. with the swim meet in any way. This is the fifth time that the facility has reported that a squad was called for this person.	When the lifeguard was summoned - she was awake and asked for a squad.
Male	OH - Ohio Swimming	Practice - Dry Land	Outside Venue	Jogging to destination across turf athletic field. Turned around attempting to run backwards to talk to teammate. Caught heel of shoe on turf. Fell down and tried to catch himself and hurt his wrist.	
Male	OH - Ohio Swimming	Practice - Dry Land	Outside Venue	Swimmer's breathing was very short and fast. He was shaking uncontrollably and had very slurred speech.	
Female	OH - Ohio Swimming	Meet - Watching / Observing	Team Area	The athlete was sitting on the bench in her team area. She had her swim parka on with her feet and arms tucked inside her coat. She lost her balance, falling forward, and struck her face on the tiled floor.	The athlete suffered a cut to her nose, bloody lips and teeth. She went to the hospital for further testing and treatment.
Female	OH - Ohio Swimming	Practice - Other	Other Water	Swimmer was swimming close behind the swimmer in front of her and his foot struck her hand. She experience mild pain. There was no swelling or discoloration. Coaches applied ice for 15 minutes and swimmer called her mother who picked her up. Later in the evening, the mother decided to have the hand checked out at urgent care where fracture was confirmed and they were referred to Children's Hospital for treatment.	
Male	OH - Ohio Swimming	Meet - Competition	Water - Start End	Fractured left thumb on the wall at the finish of his race.	Fractured left thumb on the wall at the finish of his race. Ice applied by coach. Parents took swimmer to hospital for X-rays. Fractured confirmed. Cast will be applied later in the week after seeing a specialist. Thumb too swollen for cast today.
Female	OH - Ohio Swimming	Practice - Other	Water - Start End	During set of streamline bobs Emma pushed up at an angle and hit her head on the side of the pool.	small scratch on scalp possibly from the impact
Male	OH - Ohio Swimming	Practice - Other	Team Area		
Male	OH - Ohio Swimming	Practice - Other	Bleachers - Spectator's	Coming out of the bleachers for practice, athlete slipped on metal bleacher and struck forearm and right hip on bleacher. Forearm showed immediate signs of bruising. Athlete was given ice to apply to area for approximately 15 minutes and felt relief. Athlete then asked to continue with practice.	Injured was given ice to apply to forearm
Female	OH - Ohio Swimming	Meet - Competition	Water - Start End	finishing into the wall and her shoulder popped.	
Male	OH - Ohio Swimming	Meet - Competition	Water - Turn End	DID FLIPTURN ON THE BULKHEAD AND SKINNED THE TOP OF TOE	
Male	OH - Ohio Swimming	Meet - Warm-up	Water - Start End	Swimmer was climbing out of the pool at the start end & slipped on the gutter cutting his right shin & causing a contusion.	
Female	OH - Ohio Swimming	Meet - Walking	Outside Venue		
Female	OH - Ohio Swimming	Meet - Competition	Water - Start End	Athlete cut her finger against the gutter on her finish	Athlete cut her finger against the gutter on her finish
Female	OH - Ohio Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Athlete was walking down the stairs and fell down last two steps	Bruise on left lower leg and cut on right lower leg ice was given and cut was covered with band aid
Female	OH - Ohio Swimming	Meet - Competition	Water - Turn End	The athlete was swimming the 100IM. At the turn end of the backstroke leg the swimmer miss-counted her strokes to the wall. Her hand went over the wall and into the gutter. Her right-hand ring finger got caught in the gutter grating and tore her finger nail.	
Female	OH - Ohio Swimming	Meet - Walking	Locker Room	The athlete was entering the lockerroom when another athlete closed the door and struck her big toe on her right foot folding her toe nail back. The nail was not lost.	
Male	OH - Ohio Swimming	Meet - Competition	Water - Start End	Swimmer was climbing out of pool in lane 3 after his race and banged RT knee against side of pool gutter. Swimmer was visibly upset.	Swimmer was climbing out of pool in lane 3 after his race and banged RT knee against side of pool gutter. Swimmer was visibly upset. Ice was applied and Coach and Meet Director spoke to Mom.
Female	OH - Ohio Swimming	Meet - Competition	Starting Blocks	Nose Bleed	Nose began to bleed after exiting the pool after an event
Male	OH - Ohio Swimming	Other in Hospitality (during meet)	Other Hospitality (All-American room)	Official was on break in Hospitality, sitting in a chair with wheels on the bottom of the legs. When he tried to stand up, the chair rolled out from under him; he fell straight down, landing in a seated position on the floor.	Official stated he hurt his pride more than anything physical

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	OK - Oklahoma Swimming	Practice - Other	Water - Start End		
Female	OK - Oklahoma Swimming	Meet - Competition	Water - Side	Athlete was swimming the last event of the evening. 1500 free and strained rotator cuff on her right shoulder.	Athlete was swimming the last event of the evening. 1500 free and strained rotator cuff on her right shoulder.
Female	OK - Oklahoma Swimming	Practice - Other	Other water	swimmer was playing water polo and was struck in the nose with the ball, which caused a nosebleed.	
Female	OK - Oklahoma Swimming	Other Walking alone upper spectator area.	Other Upper spectator walkway	Spectator tripped over a spectator bench and landed on her left elbow.	The individual stated she fell over the grey bleachers. The bleachers are in the upper spectator area. When she fell she landed directly on her elbow. She said when she fell it knocked the the breath out of her. She also stated that she thought she might have broken her arm but did not want to worry her granddaughter who was with her for warm-up. She was to swim in finals. She refused care from MU staff. She didn't not want MU staff to call EMS. After they got her settled in her seat and her granddaughter down to the pool deck her arm was swelling and the pain was increasing. Her husband and her left to see medical evaluation/care.
Male	OK - Oklahoma Swimming	Practice - Other	Water - Start End	Nose hit wall	Bloody nose
Female	OK - Oklahoma Swimming	Practice - Other	Water - Turn End	struck foot while doing a flip turn	
Female	OK - Oklahoma Swimming	Practice - Other	Deck	REPORTING FOR INSURANCE PURPOSES ONLY - NO INVESTIGATION NEEDEDAt practice on February 20, the swimmers were out of the water receiving instruction from a coach when this 7 year female athlete brushed into a 12 year old male athlete and he retaliated by hitting her in the head. A coach saw the male athlete hit the female athlete, but did not see what precipitated his action. The female athlete was upset, but was not injured. REPORTING FOR INSURANCE PURPOSES ONLY - NO INVESTIGATION NEEDED	Swimmer did not seek medical attention - no attention needed
Male	OK - Oklahoma Swimming	Practice - Other	Deck	Swimmer was jumping on the gutter, encouraging a teammate, when the gutter gave way & he slid and fell into the opening.	Middle of each shin was cut/scraped and the big toe and middle toes were cut/scraped on the underside about at the middle of the toes.
Female	OK - Oklahoma Swimming	Meet - Watching / Observing	Team Area	finger was closed on when putting bag inside bench.	
Male	OK - Oklahoma Swimming	Meet - Competition	Water - Start End	Cut foot on wall during freestyle flip turn	
Female	OK - Oklahoma Swimming	Other	Stairs	On the evening March 7, 2017 at Mitch Park YMCA Swimming facility, my daughter plus two other girl swimmers were confronted by the mother of former a swimmer and her older son and were being video taped and asked questions regarding an incident that occurred with her son on February 20th, 2017. The girls were removed from the situation by parents. The older brother also tried to video tape the girls on the evening of March 6, 2017 at Mitch Park YMCA pool but was unsuccessful on this evening to video tape or talk with the girls.	
Male	OK - Oklahoma Swimming	Other meeting	Other meeting room	REPORTING FOR INSURANCE PURPOSES ONLY - NO INVESTIGATION NEEDEDOn February 28, 2017, The parents of this 12 years old athlete were notified during meeting with head coach and a board member that their son was dismissed from the team after it was determined that he hit a 7 year old female athlete in the head. The parents brought an attorney to the meeting and before, during and after the meeting, threatened lawsuits for defamation/slander and racial discrimination. The male athlete was out of the water on 2/28 and 2/29 and had joined another team by 3/1. Subsequent to their removal, the male athlete's mother and adult brother have been contacting families and questioning children at practices about whether they witnessed the incident. REPORTING FOR INSURANCE PURPOSES ONLY - NO INVESTIGATION NEEDED	Athlete had joined another club by 3/1/17
Male	OR - Oregon Swimming	Meet - Competition	Deck		This young swimmer was waiting for his event, and cut his foot on what looks to be a clamp holding an electrical conduit in place. Other young swimmers were w/him and after further explanation from these other young swimmers, the club suspects the swimmer (and other swimmers), were hopping and jumping around and as a result misjudged how close he was and struck his foot. His mother opted to transport him to the hospital to see if sutures were required. The club is waiting for news on his prognosis.
Male	OR - Oregon Swimming	Other After Practice	Deck	Ran into another swimmer and fell backwards and hit his head on concrete	
Male	OR - Oregon Swimming	Practice - Other	Water - Side	Holding onto rails for the steps out of the water on the deep end. He slipped and bumped on the back of his head. He received 6 stitches in the back of his head.	Some scratches on back as well.
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Swimmer misjudge the distance of the wall and hit her right hand (two middle fingers) and badly sprained her fingers causing to swell later. Ice was applied for up to 45 minutes with continued monitoring. Swimmers fingers had mobility but stiff and sore after continued monitoring.	Over time, swelling occurred. Lifeguard and TTSC Staff continued to monitor her through out the session. Possible sprain, parent took his swimmer to urgent care for further overview.
Female	OR - Oregon Swimming	Meet - Warm-up	Water - Turn End	Swimmer was hit in the face by another swimmer during warmup. Bloody nose and swollen face/nose. Was able to get bleeding to stop, ice was put on face, swimmer went to urgent care.	face hit by another swimmer, bloody nose. redness and swollen, not cuts or major bruising.
Female	OR - Oregon Swimming	Practice - Other	Water - Start End	Head on collision between two swimmers. First swimmer flip turned at the wall and pushed off into second swimmer as she was turning into the wall with her arms down. First swimmer's head made contact with second swimmer's nose, resulting in a severe bloody nose and bruising along the bridge of her nose. Injured swimmer was release to her Father for first aid care after Coach assessed situation. Athlete was released to her father and was taken to local Children's Clinic.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Dryland had just started at 630pm and was being done outside right in front of the pool. There is a walking circle that surrounds a grassy area. Two women had their german shepard wearing a service dog labeled cape off leash, Coach told them that kids were coming out and could they put their dog on leash, but they ignored the request. Dog and girls were on opposite side of the vehicle path by the pool from the roundabout. Kids begin to run around the loop as we have done almost every day for the past 6 years. Dog runs across the grass towards the kids and attacks athlete from behind, unprovoked about 15 feet from where coach was standing with another swim parent. Dog was not engaged by the kids at all and attacked one kid in a group of kids. Girls get dog under control, athlete was bitten in the right buttock. Girls won't give their names but did give owners name. We called the owner who says he is the owner and that the dog has had its shots, offers to pay health care bills. Girls don't stay around but leave--no one has any interest in trying to make girls and their dog that has just bitten someone, stay. We call parents to come pick kid up. Kid is shaken up. Coach takes athlete inside to clean up and assess wound. Fairly large puncture wound in right buttock, big abrasion/bruise, smaller puncture wounds as well as several larger scratches. Coach cleans out wounds and put bandages on. One of the moms is a nurse so we confirm nothing else we should do (wounds aren't actively bleeding). Athlete upset and we have him lie down. Mom comes, we tell her what happened, give her the dog owners name/number, and advise she take kid to the doctor immediately. Additionally we advise she confirm that dog IS current on shots. Mom takes child from pool.	dog bite on right buttock. Large bruise/abrasion from bite. Several smaller puncture wounds and scratches, one large puncture wound. Several larger scratches on lower back.
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Hit head on wall while kicking backstroke	Coach did not see him hit his head. He was tearful and when asked why said he hit his head on the wall. He was removed from practice. His mother was there and they went home after about 10 mins. Talked to mom about symptoms of concussion. She will keep an eye on him.
Male	OR - Oregon Swimming	Other Just prior to practice	Other Outside near weight room	Accident happened while athletes and coach were getting ready to ride bikes for dryland practice. Athletes were chasing each other on bikes and had just been told to stop by the coach when athlete swerved to avoid being caught by a teammate and was thrown off bike. He was wearing a helmet but scraped other parts of his body and landed on his lower left arm.	Scraped left elbow and knees, bruised right upper inside thigh, fractured radial head on left arm.
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Playing tag on grass and fell. Slipped on the grass and fell on left collar bone.	
Male	OR - Oregon Swimming	Practice - Other	Water - Start End		Popping sensation followed by pain, but dislocation did not occur
Female	OR - Oregon Swimming	Swimjitsu - Dry Land	Outside Venue	Athlete was on ground performing an abdominal crunching exercise when a nearby teammate lost control of a 6-lb medicine ball while performing hip-height wall throws a few feet away. The medicine ball struck the injured party in the side of the head just above the temple. 2 hours later she mentioned experiencing dizziness and a headache and was dismissed from swim practice.	Athlete was on ground performing an abdominal crunching exercise when a nearby teammate lost control of a 6-lb medicine ball while performing hip-height wall throws a few feet away. The medicine ball struck the injured party in the side of the head just above the temple. 2 hours later she mentioned experiencing dizziness and a headache and was dismissed from swim practice.
Female	OR - Oregon Swimming	Practice - Other	Water - Side	She was swimming freestyle in warm-ups, maybe 150 yards later, and her knee slipped out of joint, with the patellar aiming to the side, and the bones not where they are normally. We used a backboard to get her out of the pool, and supported her leg to try to get her comfortable, and she pushed everything back into place as her physical therapist had taught her to do.	When the lifeguards got the backboard, 911 was called by the pool staff, but they said to leave a message (!), and by then, the swimmer was saying she'd be fine in a moment and wanted to get back in the water, but no one else (including me) thought that was a good idea. (Care accepted to get out of the water, but refused 911/EMT etc.) She sat, then was able to walk and seemed fine, although the coaches and pool staff recommended a professional exam, since this was the third time in three months this happened. First time in the pool though!
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Swimmer finished strong in her event and her thumb slipped on the pad in an awkward position	Possible fracture and possible tom ligament.
Female	OR - Oregon Swimming	Practice - Dry Land	Gym	She Stepped out to do a side shuffle displaced knee cap	Extended leg to replace knee cap& applied ice. call parent
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Hanging from park swing set. Fell and landed (in order) feet, tailbone, shoulders, on head.	Complained of headache post-fall. Released to parents for further professional evaluation.
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	The swimmer pushed off from the wall and another swimmer was doing breaststroke, and the other swimmer accidentally kicked the first swimmer in the head.	He wasn't feeling well after being struck. Ice was applied, and the father joined us all on deck.
Female	OR - Oregon Swimming	Practice - Other	Deck	Swimmer was having issues breathing. She got out to catch her breath. Shortly after she passed out. Fire/ medics arrived and all vitals were stable. Here mother took her to urgent care.	Swimmer was much better once out of the pool area. Asthma has been ruled out. Allergy testing is underway
Female	OR - Oregon Swimming	Practice - Dry Land	Deck	Dislocated left knee while squatting with a medicine ball. Had dislocated the same knee 8 months prior.	Dislocated left knee. Same knee had been dislocated earlier in the year. Slight scrape on left elbow.
Female	OR - Oregon Swimming	Practice - Other	Water - Bottom	Swimmer did back somersault (like a reverse flip turn) and struck face on bottom of pool.	impact broke goggles, injury is a contusion and fracture of nose. Did visit emergency room for x-rays.
Female	OR - Oregon Swimming	Meet - Competition	Water - Bottom	At finish of 100 back, swimmer's head and hand simultaneously struck wall at full speed, and she experienced both an asthma attack and what appeared to be convulsions. Lifeguards performed in-line stabilization on deck, and 911 was called by the facility per facility protocol. Breathing difficulty and possible concussion. Gresham Fire Dept. paramedics released swimmer to parental care. Coach later reported to me that, to his knowledge, parents did not intend to seek medical examination/evaluation. Per State of Oregon-required concussion training, I informed the coach that swimmer must be medically cleared to return to competition.	
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Swimming was warming up. He was preparing to do a backstroke turn and was kicked in the back of the head. He reported pain and he was rubbing the area quite a bit. We had him sit and gave him ice, and he was super careful for the rest of practice.	We had him sit down and gave him ice, and he was super careful for the rest of practice
Female	OR - Oregon Swimming	Practice - Dry Land	Other Parking lot outside of Aquatic Center	We were doing straight leg skip. She sprained her right ankle while performing the exercise.	Injury was not notified until next day
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Water - Side	He was climbing out of the pool with his knee on deck another swimmer jumped onto the back of his leg causing the knee and upper tibia to be crushed into the concrete deck.	Athlete had been rehabilitated from CRPS (Complex Regional Pain Syndrome) 6 months prior. This appears to have reactivated the CRPS.
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	Swimmer was moving slower than expected and being passed near the wall. Another swimmers' hand struck swimmer's forehead, and there was a small mark. Swimmer reported feeling "dazed," so the coaches and lifeguards responded as if he had a concussion.	
Female	OR - Oregon Swimming	Meet - Warm Down	Water - Turn End		Swimmer was in cool down pool, swimming back stroke. Stated there were no turn flags. Coach asked for ice and Facility lifeguards provided ice pack. Eyes look normal per Guards.
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Starting Blocks	When stepping up on the blocks swimmer tripped and hit her head on the wall.	Swimmer seemed fine after the fall but since it could've been a concussion, they were advised to visit the emergency room.
Female	OR - Oregon Swimming	Practice - Other	Other in the water	collision with another swimmer while backstroking	collision with another swimmer while backstroking
Female	OR - Oregon Swimming	Practice - Dry Land	Gym	Tripped between exercise mat and ground	She did not notice the pain after finished her swimming on Wednesday. Informed her coach on the second day of swimming practice.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Meet - Warm Down	Water - Turn End	This writer and Coach notified swimmers that 2 lanes would be made available for warm down while the pool cover blankets would be pulled on the other lanes during warm down period post competition. After the pulling of the first cover, the Injured party swam under partially pulled pool heat cover blanket and became disoriented. Injured party was able to get to the air-pocket between bulkhead and cover and walk along bottom of pool to gutter and successfully emerged from pool on her own. Lifeguard on duty saw incident, was giving verbal directions from deck, however the injured party was going opposite direction than told. Coach overseeing covers being applied is this writer, and did not see any physical harm, and offered open lanes for warm down activity, attempting to check in with swimmer before she departed facility. Swimmer departed rapidly without making eye contact. Parents were made aware of incident by swimmer and the next day an apology was made by this writer to parent and swimmer for any distress the incident may have caused. Swimmer reported no physical harm done at the time, however reported being scared, disoriented, and embarrassed by incident.	No Physical Injury reported or visible at the time or day after.
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Swimmer leaving the wall and another swimmer was across the center line. Their two heads struck one another, and swimmer developed a headache.	Two of the site's top aquatic personnel came to scene, they checked him for any and all signs of concussion, and they determined that he was fine. Ice was administered and he sat out the rest of the practice. I called his mom, who had suffered a concussion recently herself, and she was confident that #1. There was no sign of concussion. And #2. If a sign did surface, she would act immediately and #3. They would communicate with me if something presents itself.
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Water - Turn End		Swimmer was finished with practice, climbing out of pool in lane six at the turn end. Sliced her thumb.
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	While swimming backstroke during practice swimmer ran head on into another swimmer. Complained about head hurting afterwards.	complained about head hurting after running into other swimmer. Talked to mom after practice and told her to monitor her son closely and look for signs of concussion.
Female	OR - Oregon Swimming	Meet - Walking	Water - Start End	Swimmer was exiting the pool after her race, a little unsteadily, and she stepped on the edge of the touchpad, perhaps near a zip tie? Foot cut.	She felt something sharp, but she didn't realize she was bleeding until she sat down. Then the staff attended to the wound and wrapped it. Her parents took her home to clean it, apply ointment and see if they could make her more comfortable. She's staying off it and will miss the meet tomorrow.
Female	OR - Oregon Swimming	Practice - Dry Land	Hallway	Athlete was getting ready to open door when another athlete rapidly opened the door from the other side. The injured athletes head was banged hard on the opening door.	
Male	OR - Oregon Swimming	Meet - Warm-up	Water - Start End	Cut his finger on the top of the touch pad, lane 6 during warm ups.	
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	Swimmer struck the top of her head against the pool wall.	upon my interaction with the swimmer, once notified, which was approximately 15-20 minutes after the incident she was still claiming to have a headache. not bumps or redness witnessed.
Female	OR - Oregon Swimming	Swimjitsu - Other	Team Area	While zipping up backpack, finger got caught. Cut open her thumb.	
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was walking past a lifeguard chair and slipped, landing on his left knee.	Offered an ice pack, which was turned down.
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	We were doing box type jumps onto a small cement retaining wall/bench and swimmer hit her shin. We walked back to the pool about a city block distance and the lifeguard administered first aid cleaning up the blood from the scrape, elevating, taping it with gauze and icing it for the ride home.	
Female	OR - Oregon Swimming	Meet - Competition	Starting Blocks	She doesn't know what she did, but got an abrasion. She stood up after her race and looked down and saw the blood on her foot.	Abrasion on toes
Female	OR - Oregon Swimming	Meet - Competition	Other while swimming	During her race, her chest got tight making it hard to breathe and then not being able to breathe at all.	Panic Attack
Male	OR - Oregon Swimming	Meet - Competition	Starting Blocks	slipped while climbing out of pool	
Female	OR - Oregon Swimming	Practice - Other	Water - Side	Swimmer began to have breathing issues. She was helped out of the pool. Guards took her outside, gave her ice and she improved. Once she went to the lockerroom the air was worse and her breathing got worse. Paramedics were called, but she was not taken to the hospital.	Panic attack due to lack of release of CO2
Female	OR - Oregon Swimming	Practice - Dry Land	Bleachers - Athlete's	Elbow strained doing dips	
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Deck	Cause: Entering pool improperly Swimmer jumped into the pool facing the the deck and struck his chin against the gutter's edge causing a small, yet deep, cut under his chin.	Minimal bleeding, but deep cut under the swimmer's chin. Parent notified coaching staff after the fact that the swimmer had received two stitches; the hospital is unknown.
Female	OR - Oregon Swimming	Practice - Other	Other mid-pool	swimmer was struck in the face by the arm of a teammate while swimming. resulted in bloody nose.	
Female	OR - Oregon Swimming	Practice - Other	Locker Room	Slipped in the shower area and hit the back of her head.	Sensitive to light, slow to respond to questions
Male	OR - Oregon Swimming	Meet - Warm-up	Water - Side	Swimmer jumped into pool onto him	
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	Athlete failed to complete race because of muscle cramp in side; experienced temporary difficulty with breathing due to anxiety related to cramping	
Male	OR - Oregon Swimming	Practice - Other	Water - Start End	Hit his heel on the wall during a flip turn, cut and bruised his heel.	Cut and bruised heel from impact on wall during flip turn
Male	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Starting Blocks	When swimmer was diving off the block, his right foot was cut by the right lip corner after he jumped off from the block.	
Male	OR - Oregon Swimming	Meet - Walking	Other Hospitality	Volunteer had a bloody nose (Random) while Helping w/ the Hospitality when he leaned over the sink to catch the blood he became nauseated & dizzy & fell hitting his face (Frontal bone & maxilla) on a cabinet. Someone Called 911 while we monitored the volunteer's Condition. EMS did not Transport him.	Volunteer had a bloody nose (Random) while Helping w/ the Hospitality when he leaned over the sink to catch the blood he became nauseated & dizzy & fell hitting his face (Frontal bone & maxilla) on a cabinet. Someone Called 911 while we monitored the volunteer's Condition. EMS did not Transport him
Male	OR - Oregon Swimming	Meet - Competition	Deck	Was stretching and scraped up against a metal box on pool deck wall. Cut/scratched leg.	
Female	OR - Oregon Swimming	Meet - Competition	Water - Bottom	During a start of an event swimmer entered the pool from the starting block and struck the pool bottom with her right elbow and right knee.	small bruise on the knee and small bruse on the inside of the elbow.
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	Swimmer had trouble breathing.	Swimmer had trouble breathing
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Athlete was swimming and pushed off the wall, he reported that his toe hurt after pushing off the wall in lane 7 turn end. I could not find the source of how he injured his toe.	Athlete injured his left 5th toe. It had a small chunk of skin gone. It did not bleed.
Female	OR - Oregon Swimming	Meet - Competition	Other during the 400 IM	Swimmer was swimming the 400 IM, and suffered an asthma attack, in part due to the humidity of the pool, which was not particularly excessive, but more than her lungs could handle at the time	Swimmer was swimming the 400 IM, and suffered an asthma attack, in part due to the humidity of the pool, which was not particularly excessive, but more than her lungs could handle at the time
Female	OR - Oregon Swimming	Meet - Warm-up	Deck	Swimmer was climbing out of the pool, and she slipped and fell, and landed on her leg.	Swimmer was climbing out of the pool, and she slipped and fell, and landed on her leg.
Male	OR - Oregon Swimming	Meet - Competition	Starting Blocks	Hit leg on blocks before event	Small bump on shin
Female	OR - Oregon Swimming	Meet - Competition	Deck	No feeling in legs when exited pool, week & shakey, hands numb, could not walk on own. There is a history of this type of reaction when athlete is stressed and exerts herself.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Meet - Walking	Hallway	11:50 am Walking from main pool facility down hallway to official's briefing room. Experienced sudden onset of low back pain.	No loss of consciousness. Assisted to chair. Husband/spouse came to facility and transported home.
Female	OR - Oregon Swimming	Meet - Warm-up	Water - Start End	while in the water warming up-breathing became difficult and swimmer panicked	
Female	OR - Oregon Swimming	Meet - Competition	Starting Blocks	Got a bloody nose after race, athlete was not hit	bloody nose after race
Female	OR - Oregon Swimming	Meet - Walking	Bleachers - Spectator's	Stubbed toe while walking down the stone bleachers	scraped/cut right big toe
Male	OR - Oregon Swimming	Meet - Competition	Starting Blocks	Standing behind blocks & foot was stepped on by bystander	
Female	OR - Oregon Swimming	Meet - Competition	Water - Start End	Swimmer exited the pool with issue of difficulty of breathing - no previous history of asthma or respiratory issues - difficulty breathing was resolved after removing swimmer from competition area to outside where surroundings were cooler & quiet	
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	The swimmer's nose started bleeding spontaneously. No contact was made, other than with air and water.	
Female	OR - Oregon Swimming	Meet - Warm-up	Water - Turn End	The swimmer's nose started bleeding spontaneously. No contact was made, other than with air and water.	given gauze by lifeguard, and they cleaned up a lot of blood.
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	The swimmer's nose started bleeding spontaneously. No contact was made, other than with air and water.	Pressure applied to nose by swimmer.
Female	OR - Oregon Swimming	Practice - Dry Land	Gym		Tripped in the DL room on a MB
Male	OZ - Ozark Swimming	Practice - Other	Starting Blocks	The swimmer slipped from the block and fell into the gutter	collar bone fracture
Female	OZ - Ozark Swimming	Practice - Dry Land	Other mat room	Athlete fell off a low plyo box after jumping on to it. She may have scraped her arm on an adjacent, higher plyo box or injured it in landing on the rubber mat. At the time of the injury she reported scraping it and said it hurt but was able to finish practice.	The only Witness, Maddie Johnson, reported that "it didn't look like that bad a fall; it looked like she just skinned her elbow." The next day, the athlete's father emailed me that she had broken her elbow.
Male	OZ - Ozark Swimming	Meet - Walking	Other The first fall was in the locker room; the second on the bleachers. Same athlete 30 minutes apart.	Athlete and other swimmers were horse playing in the locker room. Athlete was walking backwards from a peer who had just hit him when he slipped and fell and smacked his hand/wrist against the floor. The incident was reported to me by a witness but the Athlete did not come to see me at that time. About 30 minutes later, I saw the Athlete in the first aid office getting ice from a life guard. He said he had fallen off the bleachers and hurt his hand. Upon further investigation, the athlete confirmed that the hand was hurt in the locker room fall and then hurt again when he fell on the bleachers. The witnesses below were to the locker room fall. No one witnessed the fall in the bleachers.	
Female	OZ - Ozark Swimming	Practice - Other	Water - Turn End	Swimmer hit her head on another athlete's shoulder after doing a flip turn. Swimmer complained of a headache and was removed from the water.	
Male	OZ - Ozark Swimming	Meet - Competition	Locker Room	2 swimmers bumped into each other in the locker room. They banged heads and knees.	Bruise on forehead and discomfort to his knee.
Male	OZ - Ozark Swimming	Meet - Walking	Bleachers - Spectator's	Swimmer was running in the bleachers trying to catch a boy who had taken his chips. While he was running, he smacked his left hand against a pole/wall.	
Male	OZ - Ozark Swimming	Practice - Other	Other Pool Deck Start End	Working on starts he was standing behind a block where the kickstand was not properly secured, which then fell off and landed on his foot.	
Female	OZ - Ozark Swimming	Practice - Other	Water - Turn End	Another swimmer ran into swimmer's already injured shoulder	
Female	OZ - Ozark Swimming	Practice - Other	Deck	Swimmer stubbed her toe on the pool deck.	
Female	OZ - Ozark Swimming	Practice - Other	Locker Room	Slipped in the locker room and landed on her elbow.	
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Slipped while walking up behind the blocks. Fell on him arm.	Left arm. Hurt to move.
Female	PC - Pacific Swimming	Practice - Dry Land	Gym	The swimmer was executing box jumps when she injured her ankle.	
Male	PC - Pacific Swimming	Other circle swimming	Water - Side	the swimmer collided with a teammate while swimming in the lane.	The swimmer accidental veered to the opposite side of the circle swimming lane.
Male	PC - Pacific Swimming	Other swimming	Water - Side	Swimmer was swimming freestyle while circle swimming when another swimmer strayed to the wrong side of the lane. The collided	Tooth of swimmer on the wrong side of the lane collided with the forehead (hairline) of the injured swimmer. A cut that required 5 staples occurred.
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	Tripped on a crack in the concrete while running.	Minor fracture to the radius. The swimmer did not notify anyone on staff of his injury until he went home on 10/31.
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Was kicking breaststroke and pushed off the wall and his hip started hurting him.	Swimmer felt straining pain in his hip. parent took swimmer to the dr's. the doctor said it is a possible sprain or tear. The will know in a couple of weeks.
Female	PC - Pacific Swimming	Other Putting pool covers on the pool	Deck	After swim practice, everyone helps out to put pool covers on. Chloe had an oversized parka and was standing right next to the pool cover rollers. As the other swimmers were pulling the covers with a rope, Chloe's oversized parka sleeve got caught on one of the rails so her arms got twisted in the process. At the time she said it was ok, and I took a look at her fingers and arm, and she was showing me that she was able to move her hands and arm. Her mom and I repeatedly ask if she was ok and she said yes while moving her fingers, wrist, and arms. Everything appeared ok as there was no swelling and she wasn't complaining of any pain after the incident. Everything appeared normal. Apparently, a few days later after checking with her orthopedic doctor she came to swim practice with a softcast on informing me that there was a fracture and she had to take a break from swimming for three weeks.	
Female	PC - Pacific Swimming	Meet - Walking	Hallway	Athlete was walking out of the restroom to hallway, fell and had a seizure. The Athletes mother was with her at the time.	
Male	PC - Pacific Swimming	Swimjitsu - Dry Land	Outside Venue	The athlete tripped while walking and put his arm down to catch himself and injured his arm. The immediate assessment did not seem serious and I had him ice his wrist for the remainder of practice. However the pain continued and he went to the ER and was given the diagnosis of a broken wrist.	
Female	PC - Pacific Swimming	Other	Deck	Athlete slipped on equipment on the pool deck (kickboard), fell to the ground and hit head and face.	Dislocated jaw and possible concussion
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	Swimmer dove from the starting block on approximately Lane 8. He hit his forehead to the ground of the pool. He left the pool on his own accord. Lifeguard, coaches and officials tended to him. He was seen by a doctor/spectator who determined that he was ok but needed to be monitored and if he becomes abnormal then bring to ER.	Possible Concussion
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	Googles had water in the and when he finished his 100 free he accidentally punched the wall on his finish, breaking one of his ,metacarpal bones.	Broken metacarpal bone
Female	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was practicing relay starts and hands separated upon entry of the water and elbows bent. Hands made contact first and then the hairline of her forehead touched the bottom of the pool.	Not showing signs of concussion but submitting report on a precautionary.
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Lane Lines	During the Session B warm-ups, the athlete was swimming in a lane and was kicked in the left eye area	scratches above and below the left eye the left eye was also red
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	hit head on bottom of the pool from dive	Bruise on forehead, complained of neck pain
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Hit gutter with his thumb during a backstroke finish.	Chipped thumb bone. Swimmer did not notify his coach of the injury until the next day.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Outside Venue	Swimmer became very faint upon exiting facility. Was helped to car by nearby parents. Swimmer never attended practice, spent entire time in locker room. As he was leaving out of facility, he became faint and almost fell, but was assisted by a nearby parent to mother's car.	no injury. Swimmer became faint and could hardly stand up. Was assisted to car by nearby parents. Mother was with swimmer who appeared very weak and in some kind of pain. 911 was called, pool manager came and took blood pressure, which was high and when EMT-first responders showed up, left swimmer in their care. I was told by another parent, swimmer was taken to hospital by ambulance.
Male	PC - Pacific Swimming	Practice - Other	Water - Start End	Flags blowing in towards wall	Damage to tendons in right elbow and thumb
Female	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer attempted a backflip off of starting blocks and made contact between head and wall of the pool.	Cut to mid forehead.
Female	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmers were getting weights out of the pool when one weight slipped from swimmer on deck. It fell and hit swimmer in the forehead while she was in the water.	
Female	PC - Pacific Swimming	Practice - Other	Other water warm ups	Swimmer was swimming warmup set at some point during activity realized she could not move right shoulder. Did not run or hit against anyone or thing.	Right should and arm unable to move. looked swollen and was tender to the touch. Mom took her to the ER and they said no dislocation but an over extension and she is wearing a sling and will not swim for a few days.
Female	PC - Pacific Swimming	Meet - Competition	Deck		Athlete fainted after race and before warm down.
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Ran in to wall on finish. Hit head lifeguard checked for concussions signs, administered ice	No obvious symptoms of concussion. Sent home with parents and notified them of possible concussion
Female	PC - Pacific Swimming	Meet - Competition	Water - Turn End		Injury on face near eye brow.
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Lane Lines	During warm ups the swimmer hit her head with another swimmer (also a girl). She developed a headache but finished warm ups. Got out of the pool and then competed in two events (100 Free and 100 Breast) the headache remained. After consultation with her coach he recommended she go home. The mom is picking swimmer up and taking her home.	
Female	PC - Pacific Swimming	Meet - Walking	Team Area		Swimmer passed out Difficulty breathing
Male	PC - Pacific Swimming	Practice - Other	Locker Room	Door lock hit him just above the right eye, just under the eyebrow and made a little cut	He didn't use his hand to open the swinging door. He tried to lean his right shoulder into the door to open it and bonked his right eye on the door lock.
Female	PC - Pacific Swimming	Meet - Walking	Hallway	Swimmer was feeling throat was bothering her. Went with teammate to get air, began having asthma issues. Teammate got an inhaler in which she took, swimmer then passed out. Teammate called for help in which a nurse/doctor/lifeguard came while the medics were called. An Epi pen was administered as well. Swimmer was treated by medics and monitored. She was able to communicate that she also had 2.5 hour energy drinks previously. She was transported to the hospital for observation. Coach went with her.	
Male	PC - Pacific Swimming	Other regular swim team practice	Other at venue	Shoulder injury due to accumulative trauma and poor posture; Refer to athlete's official medical diagnosis.	Refer to the athlete for details.
Female	PC - Pacific Swimming	Practice - Other	Water - Side	The athlete was swimming in lane 1 when she was struck by the leg of a canopy which had blown into the pool. The canopy had been positioned about 3 feet from the side of the pool and was secured by a rope and a water filled bucket (approx 30 pounds). It was raining quite hard but not much wind. A random wind gust picked up the canopy, including the bucket, and flipped it into the pool striking the athlete.	The athlete received a small scratch on one of her eyelids, and a larger cut on her arm near her shoulder. After administering first aid, the athlete's mother was called, who picked up the athlete at the pool and took her home. A follow up email was sent to the mother that night, and she indicated that the athlete was a little sore but ok. The next day the athlete was taken to her doctor for a precautionary check up. The doctor said there was no infection and gave the athlete some antibiotics and said to stay out of the pool for a few days.
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	Mother said her son ran into another swimmer during practice. This was not reported until the next day or two.	The mother said the boy woke up the next day with a bruise around his eye. I did observe the two brothers fighting after practice and I promptly broke it up. No injury was reported at practice
Male	PC - Pacific Swimming	Meet - Competition	Water - Turn End	Cut on foot while swimming in west end competition pool	Cut on left foot (underside) from turn end wall in west end competition tank.
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	While wearing suspension band in pool, swimmer was pulled back to the wall didn't realize how far away she was from the wall and turned to hit her goggles on the wall.	Cut 1 inch below eye
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Side	Swimmer was accidentally kicked in the nose during warm-up and had a bloody nose.	Swimmer was accidentally kicked in the nose during warm-up and had a bloody nose. She was treated by her coach. She competed in her events at the meet and her coach said she did very well and had no residuals from the incident.
Female	PC - Pacific Swimming	Other After practice outside facility	Outside Venue	When athlete was walking home on Wednesday after practice at around 6pm she bumped her head on the AC unit that is sticking out of the school building by parking lot. Clara Stoen (another parent) came up to me to let me know what happened, her and couple other parents helped the athlete and then came to let me know. I asked them to bring the athlete to the pool area where she called her mom. The athlete was waiting there about 10 minutes. Coach Kati assisted with cleaning and caring for the scrape on the swimmer's head.	Swimmer bumped her head on an AC unit. Swimmer was monitored while waiting for parent to arrive. We suggested that the family seek medical advice / follow up.
Female	PC - Pacific Swimming	Practice - Other	Other water - mid-lane	Freestyle set. Swimmer caught up with swimmer to her front and received kick to face.	Firm but not hard kick to face. Impact further dislodged an already loose tooth (repeat: tooth was already loose) with minor bleeding. No additional bleeding, damage to teeth, or swelling. Parent present when occurred and rendered aid. Parents will keep and eye on it.
Male	PC - Pacific Swimming	Practice - Other	Water - Side	The swimmer was swimming backstroke and hit his head on the side of the pool.	
Female	PC - Pacific Swimming	Other walking into the facility entrance	Other front lobby		Possible strain. Subject is experiencing slight discomfort on the malleolus of the left leg. Feels pain only when standing/walking on it.
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	While the swimmer was participating in dry land ultimate frisbee, he miss stepped and rolled his ankle.	The swimmer rolled his ankle while running, and he experienced pain on the top of his ankle. He also experienced some swelling and limited range of motion due to the pain.
Female	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	The swimmer was participating in a game of ultimate frisbee. While the athlete was running, she experienced pain in the top of her foot on one of her foot falls. At the time of the pain, she was running in a straight line. She was not executing a change of direction, and she did not roll her ankle or land in an awkward manner. The swimmer was also not impeded or in physical contact with any other athletes at the time of injury.	The exact details of the injury are unknown. There was no apparent cause of the injury other than a standard foot strike while running. There was immediate pain and swelling to the top of the foot. There was also reduced range of motion due to pain in all directions of foot movement.
Male	PC - Pacific Swimming	Other	Deck	Fell off lane line take up reel and hit head	Hit head
Female	PC - Pacific Swimming	Meet - Warm Down	Deck	Swimmer suffered difficulty breathing following a 200 freestyle event. She suffered numbness in her limbs and a parent called 911. A parent/Dr. (not EMT) administered albuterol to the swimmer that was not prescribed to the swimmer. EMT arrived and administered oxygen, checked vitals and she had a high heart rate.	
Female	PC - Pacific Swimming	Practice - Other	Other Water mid-lane	Backstroke drill, collided with other swimmer and received bump to head.	Small bump to head. Coaches evaluated for signs of concussion (none) and notified parents. Per parents swimmer is fine.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PC - Pacific Swimming	Practice - Dry Land	Bleachers - Spectator's	Swimmer was sitting on bleachers and did a back arch, slipped, and fell backwards, impacting mid-back on lower bleacher bench. Incident occurred prior to start of practice, parents were present.	Coaches were not notified of back soreness until later in practice. Head coach saw her on the bench behind (apparently post-fall) on the bleachers, but not the actual fall.
Male	PC - Pacific Swimming	Practice - Other	Other Water mid-lane	Backstroke drill, collided with other swimmer and received small bump to head.	Small bump to head. Coached evaluated swimmer for signs of concussion (none) and notified parents. Per parents swimmer is fine.
Male	PC - Pacific Swimming	Practice - Other	Deck	Swimmer slipped and fell on pool deck	swimmers lip and mouth bleed
Female	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	Knee locked up while walking/running and she fell/was tripped up.	
Female	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Swimmer was in the pool when swimmer in her lane flipped and hit her in the nose. Swimmer's nose started to bleed and she got out and put paper towel on bleed.	
Female	PC - Pacific Swimming	Other teaching swim lessons	Water - Start End	Instructor was teaching how to do a kneeling dive and she accidentally fell in.	
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer picked up mouse. Mouse bit swimmer finger.	Swimmer washed bite. Parent contacted Kaiser an was told that a bite by a squirrel, rat or mouse doesn't require a rabies shot. He is up to date on his tetanus shot. They were advised to keep it clean.
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Athlete fell off the block. The injured party scrapped back and arm. Pool employee inspected injuries on right side and right arm. The athlete was released to parent. Athlete was able to swim in the next heat. Athlete went home.	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer was kicking in streamline on back down the middle of lane when another swimmer pushed off the on their back and they both struck the top of their heads.	Pain on the top of the head.
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue	Swimmer's thumb collided with his teammate's hand and then the ground, jamming it and causing swelling.	
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	Dove in and scraped nose on bottom of pool	scrape on nose, mild swelling on bridge
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	swimmer dove and scraped head on bottom of the pool	scrape on middle of forehead
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Lane Lines	Left foot big toe has a scrape. He didn't recall how he scraped it but thinks he hit the lane line.	Left foot big toe has a scrape. He didn't recall how he scraped it but thinks he hit the lane line.
Male	PC - Pacific Swimming	Meet - Entering / Pool	Starting Blocks	When exiting the pool, athlete hit head on metal rail supporting diving board (board was raised). Athlete sought care with lifeguard was provided with an ice pack. Parent advised meet director during the final event of the day of the occurrence. but left facility without completing a manual report of occurrence. Family later texted a picture of the lifeguard's accident report. Family also provided a doctor's note on 4/26/2017 that indicated possible concussion diagnosis.	Very limited information on the details of the injury. Family emailed a doctor's note on 4/26/2017 that indicated athlete was seen by a doctor and may have sustained a concussion at the time of injury.
Female	PC - Pacific Swimming	Other	Deck	Swimmer ran around the pool deck and fell and scraped her knee.	Swimmer ran around the pool deck and fell.
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Turn End	Swimmer was accidentally kicked in the left eye by another swimmer while he was warming up in the competition pool	Swimmer was kicked in the left eye while in the water wearing his goggles. He had a small cut under his left eye.
Male	PC - Pacific Swimming	Practice - Other	Locker Room	boys horsing around in the locker room. One boy turned mats upside down (slippery side up) which cause swimmer to slip and cut and scrape his leg	several cuts and scrapes to leg
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Start End	Scraped abdomen getting out of pool. Scratch 11 inches long approx. no bleeding.	
Male	PC - Pacific Swimming	Other on pool deck after warmup	Deck	Tripped on pool deck where concrete ends and dirt starts.	small cut on index finger
Male	PC - Pacific Swimming	Practice - Other	Other In water, mid-pool	Note: In going through my files I found this and have no indication it was ever submitted. My apologies.	Swimmer exited pool during swim set, feeling lightheaded. Sat and lay down. Parent came and gave juice. Suspect swimmer did not eat properly before practice.
Male	PC - Pacific Swimming	Practice - Other	Water - Lane Lines		Scraped shoulder against lane line. A little red; obvious scrape.
Female	PC - Pacific Swimming	Meet - Walking	Deck	Joy was walking by the warm up/warm down side of the pool, looking for her daughter as she was warming down. She told me that she suffers from Vertigo, and felt dizzy and fell backwards. One of our marshalls witnessed the fall and assisted her to a chair and summoned and had the meet referee summon me.	Joy said that as she fell, the back of her head hit the deck. I got her some water, made sure that she remained seated and went over the incident with her. She did not want any additional care given, as she told me that she called her husband who was serving as a timer at the time of the incident. From what I heard at the end of the meet, was that other parents told me that she was doing fine.
Male	PC - Pacific Swimming	Practice - Other	Other Water, mid-lane	There was no accident as such	Random bloody nose. There was no impact with anything or anyone. Per mom (who was at the pool) he gets them easily during dry weather, and we've been having a lot of dry weather lately.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Hyper extended elbow on finish of race	hyperextended on finish of race
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Injured party was walking around to side of pool to help hang up lane lines when he slipped in water with feet going out in front of him. He attempted to brake his fall with his left hand. He did not hit his head on the pool deck but ended up sitting/laying in water.	There were no visual bruises. Pain was taken care of with the use of advil that night and the next 2 days. The injured has an appointment with Orthopedic surgeon on October 11th for assessment.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	HE was working on backstroke to breaststroke turns. While doing backstroke he hit the top of his head on the wall.	Said he felt dizzy, nauseous and his head hurt after striking wall. Advised to be seen by physician. Diagnosed with a concussion.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PN - Pacific Northwest Swimming	Meet - Competition	Deck	Swimmers exited the pool at the start end and began to feel faint. Swimmer slid to the deck and her eyes began to flutter.	Vagal response to medication
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Swimmer was approaching wall just behind another swimmer. Swimmer jammed finger against the other swimmer's foot.	Swimmer's left ring finger jammed into another swimmer's foot. The finger looked swollen and hurt to move it.
Female	PN - Pacific Northwest Swimming	Meet - Walking	Bleachers - Spectator's	As the meet ref I was not aware of this until well after it happened. According to the pool life guards the parents refused their help and took the child to the emergency room on their own. Also on the pools incident report it indicates that the parents refused to talk to the lifeguards. Lifeguards indicate that they were not allowed to provide care by parents.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Swimmer was swimming backstroke and hit her head on the wall as she was finishing.	Swimmer complained of dizziness and nausea after hitting her head.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	As the swimmer was in the middle of his backstroke to breaststroke turn, he and another swimmer collided as the other swimmer was coming into the wall swimming backstroke.	The side of the swimmer's head made contact with the top of the other swimmer's head. The swimmer said he had some dizziness and his head (where contact was made) was throbbing.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	As the swimmer was coming into the wall swimming back stroke, the swimmer ran into another swimmer who was at the wall in the middle of his backstroke to breaststroke turn.	The top of the swimmer's head made contact with the side of the other swimmer's head. The swimmer said he had some dizziness and his head (where contact was made) was throbbing.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Collided with other swimmer	Concussion is unconfirmed as of filling this report out, but was a concern. Will update if needed
Male	PN - Pacific Northwest Swimming	Meet - Walking	Deck	No actual witness saw the event. One of our officials noticed the athlete getting up off the pool deck, crying, and rubbing his head. According to the athlete, he slipped and fell and hit his head on the pool deck.	Athlete slipped on pool deck. He was crying after the injury. There was no bump or bleeding from the injury. Athlete was done with competition for the day so family took him home. I recommended that they take him for medical evaluation. His coach evaluated him for a concussion.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	The athlete was stopped, facing the wall at the end of his lane after finishing a backstroke set and was run into by another swimmer. The other swimmer's arm impacted the back of the athlete's head.	No immediate symptoms shown. Roughly fifteen minutes later, complained of dizziness and nausea, then vomited.
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	swimming backstroke and hit head on wall.	hit head on wall doing backstroke.
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Swimmer failed to stop swimming as she approached the wall and struck her head.	
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Swimmer failed to stop swimming as she approached the wall and struck her head.	
Female	PN - Pacific Northwest Swimming	Meet - Walking	Deck	door opened on 2nd toe resulting in a broken toe, cracked bone by foot (right foot)	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Swimmer hyperextended thumb on wall at finish of race.	Potential fracture in small bone of hand suspected, ice applied.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Deck	Numbness on hands and feet reported. Shortness of breath reported. Paramedics was called and advised parents that it could be anxiety	Numbness on hands and feet reported. Shortness of breath reported. Paramedics was called and advised parents that it could be anxiety and breathing too fast causing not enough oxygen to body.
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Swimmer hit her head while swimming into the wall. Another swimmer was coming out of a turn and both collided.	Swimmer did not display symptoms of a head injury during practice. Her symptoms started at home after practice.
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Lane Lines	During warm-up, swimmer was swimming freestyle as were others in the lane 6. After tapping the feet of the swimmer in front of her, that swimmer switched to breaststroke. The breaststroke kick struck swimmer on the back of the head and neck area on her left side.	
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Side	The injured athlete ran into another athlete while swimming.	The athlete had blurry vision, a headache, and was not feeling good.
Female	PN - Pacific Northwest Swimming	Meet - Warm Down	Other Cool Down area of pool	Swimmer stated she was in the cool down pool doing back stroke and another swimmer jumped in the water and bumped her head.	Swimmer did have a bump and a red area where injury occurred. Symptoms of concussion form were given to the mother, with instructions verbally given and printed on form should any of the symptoms occur she should be taken to the hospital to be checked out.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	swimmer dislocated and broke shoulder (scapula) on impact when turning during butterfly swim	swimmer struck turn end (bulkhead) when swimming fly. Dislocated and broke shoulder
Female	PN - Pacific Northwest Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer passed out and fell forward while exiting the pool. Upon sitting, she passed out 2 more times in my arms with small 5-10 second tremors in her hands and legs and neck. It is suspected that she was dehydrated after having a medical procedure the previous day. I was told the tremors occurred from shock.	No visible injury was seen but it is possible she hit her head on the ground as she fainted.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Other Near starter	A small autistic child was sitting in the front row of the spectating area which is above the pool deck. Official was standing near the starter on the side of the pool when the child accidentally flung the iPad causing it to come down from the stands with some velocity. It struck official on the top of his head causing a small laceration.	
Female	PN - Pacific Northwest Swimming	Other Hospitality	Other Hospitality	The swimmer burned the middle finger on her left hand on steam from a chafing dish while working in hospitality.	
Male	PN - Pacific Northwest Swimming	Other During Swim	Other During Swim	Shoulder popped during the swim. Swimmer experienced immediate pain and limited mobility. Finished the last 200 of 1650 race swimming easily, however. Iced after the swim but the pain has continued and mobility is still limited.	
Female	PN - Pacific Northwest Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Another swimmer stood up and knocked swimmer off of the back of a 3 row bleacher	Impact appeared to be mostly to face/nose. When I arrived, nose was slightly discolored and swollen, swimmer was crying a bit. Ice placed on nose. Swimmer was able to explain what happened, engage in conversation. Her coach came over to evaluate her, determined that she would not swim in the rest of the meet. I left swimmer with ice in the care of her parents.
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Side	Scratched by another swimmer during warm-up	Scratch on left scapula, bleeding, treated and bleeding stopped. Athlete returned to warm-up and competition
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	During backstroke turn swimmer twisted R knee	
Male	PN - Pacific Northwest Swimming	Practice - Other	Other Diving Board	Lumping off diving board at end of practice and hit head on board jumping off	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Swimmer did a flip turn and hit the top of the touch pad with his heel cutting the skin	Cut on the back of the right heel approx. 1 inch long

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Start End	Swimmer was kicking with a board and struck in the eye by another swimmer that was swimming fly. Resulted in 3 small cuts around the eye and swelling.	Resulted in 3 small cuts around the eye and swelling.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Pushing off the wall from the backstroke start, knee started to hurt	
Male	PN - Pacific Northwest Swimming	Meet - Entering / Pool	Starting Blocks	Athlete was on the block prior to the start of a race. Athletes were instructed to "step down" from the blocks. Athlete turned around and stepped down from the block (as if walking down stairs). When his foot landed on the deck, he slipped, fell backwards, and his back and shoulders hit the steps of the block, and possibly his head. (Athlete says he hit his head, but not very hard, witness didn't notice if he hit his head)	Head timer, who did not witness the event, approached the swimmer to see if he was OK. She was concerned that it took a few seconds for him to respond to her. Otherwise, there were no symptoms or visible injuries. I spoke with mom and coach and recommended that the athlete not participate in the rest of the meet, and that they take him to be evaluated by medical personnel. They chose to have him not swim in the rest of the meet, and they left the meet early. It was unclear at that time if they were going to seek medical treatment.
Male	PN - Pacific Northwest Swimming	Meet - Walking	Starting Blocks	Stepped down off the raising deck and slipped on the tile and scrapped his knee.	
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Lane Lines	Right big toe kicked lane line and cut outside edge of toe.	Right big toe kicked lane line and cut outside edge of toe....toe bleeding.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Wrist struck by other swimmers arm	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Starting Blocks	Swimmer struck knee on starting block as they were exiting the pool.	
Female	PN - Pacific Northwest Swimming	Meet - Competition	Other control room	working as AO official cut right hand near thumb with scissors.	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Starting Blocks	Scraped R Shin while getting on blocks	
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Bottom	Swimmer was completing a front flip after pushing off of the wall, untucked early and struck his head on the bottom of the pool.	Swimmer did not appear disoriented or confused, but complained of dizziness.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Jammed left thumb on touchpad finishing.	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Start End	Swimmer was accidentally kicked in the nose causing a nose bleed.	
Female	PN - Pacific Northwest Swimming	Meet - Warm Down	Other Looking through viewing glass inside of dive tank on the west side of dive tank		fairly deep cut on inside of left pinky toe. Additional medical attention was initially requested but the bleeding stopped and they opted to stay at the facility
Male	PN - Pacific Northwest Swimming	Other meet runner	Deck	barefoot on deck, was handing out prizes to heat winners and slipped on deck, fell and landed on R. elbow	Minor scrape. Offered ice, asked if in any pain, or pain with movement of elbow/arm. He stated he was fine and refused ice.
Male	PN - Pacific Northwest Swimming	Meet - Walking	Team Area	Trying to get to other side of cool down pool by walking under the dive boards. Scraped L side of chest/stomach area.	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Start End	Scraped R knee on edge of pool getting out of pool.	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	Swimming back stroke, hit head on end of pool at end of race.	Concussion protocol given to parent, verbally explained symptoms of concussion and if any if swimmer started to exhibit any symptoms to take swimmer to ER.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Lane Lines	Started from the water on a relay. Doing Butterfly. Struck the lane line with her arm. After the race, there was some bruising and slight swelling.	bruised Right arm above the wrist area from striking the lane line. slight swelling
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Lane Lines	Lane line scrapped against a zit and caused bleeding	
Female	PN - Pacific Northwest Swimming	Meet - Warm Down	Other Warm down pool	Swimmer ran into another swimmer in warm down pool.	
Female	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Another athlete brought a glass container on deck which fell and was broken. Then, while walking on deck, swimmer stepped on a fragment of the broken glass, resulting in a small puncture of her left foot/heel. Swimmer removed the glass chip and found her foot was bleeding. Upon notifying a Deck Marshall, who then notified a Lifeguard, she was taken to the pool office where the wound was cleaned and a bandage was applied.	Small puncture wound to the left heel. Wound was cleaned and bandaged by the lifeguard. When I (Meet Referee) interviewed the athlete, she was feeling fine with no report of pain or discomfort.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Turn End	Swimmer was swimming the butterfly length of the 100M when he misjudged the "turn" end wall and struck her face/nose at the finish. Swimmer sustained a bloody nose. No blood went into pool water as swimmer exited the pool with help and nose then began bleeding. First aid was immediately provided by an official, a coach, and parent to staunch the nosebleed. Swimmers also iced the nose after the bleeding stopped.	Bloody nose from impact with end of pool.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Deck	Slipped and fell hurting back elbow	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Turn End	Swimmer was warm-up and got kicked in the face (eye) by another athlete, cracking her goggles on her face.	swelling around eye/sore.
Female	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Fell, hit right elbow, red mark observed on elbow.	Incident was handled by pool staff. Paper copy of occurrence report was filled out by staff. Swimmer competed in meet the next day.
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Other climbing out of warmup pool ladder	Scraped left foot on pool ladder causing an abrasion on the arch of the foot.	Top of left foot ~ 1/2" x 1/2"
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Bottom	Pushed off the side of the pool in the warm-up pool and hit the bottom	
Male	PN - Pacific Northwest Swimming	Other meet - eating	Team Area	While sitting, he opened a Cup o' Noodles and spilled the contents in his lap	Spilled contents of Cup o' Noodles soup on lap when opening
Male	PN - Pacific Northwest Swimming	Meet - Walking	Other Hospitality Room	Mother was helping with hospitality for the day. Her child stubbed his toe against bottom of door. Partial avulsion of big toenail. Child was fine after a few minutes	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Bloody Nose	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Athlete started race & experienced severe cramping R leg & abdomen	
Male	PN - Pacific Northwest Swimming	Other at Concession area	Other Lobby of pool	Swimmer bought cup o-noodles, spilled hot water on his L thumb.	Offered and applied ice pack to swimmer. Told father to keep an eye on injury, and if burn started to blister or pain didn't subside to contact Dr.
Female	PN - Pacific Northwest Swimming	Meet - Walking	Deck	mom was walking to attend to her son	no known injury
Male	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Slipped on tile floor. He is an Amputee. His crutches slipped out from underneath him as he was walking.	No known injury
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Side	Swimmer was waiting to enter pool when his nose began to bleed.	
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Other Pool Gutter/Drain		
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Athlete was standing on deck practicing back stroke counting to a turn. When she rotated to simulate initiating turn she slipped and fell face first on the pool deck	broken teeth
Male	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Bottom	Hit chin on bottom of pool.	Cut bottom of chin while warming down.
Male	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Bottom	Hit chin on bottom of pool.	Cut bottom of chin while warming down.
Male	PV - Potomac Valley Swimming	Meet - Walking	Deck	Problematic Breathing	Marcus was on the ground on deck, lying in front of the backboard by secondary. put pulse ox on finger and it read 92 for oxygen levels. Shallow breathing, chest rose and fell. Marcus no responding as well to commands/requests so we began rescue breathing (1 breath for every 5 secs). Athlete's mother says that athlete has been diagnosed with a heart murmur for ASD. EMS arrives and takes Marcus to hospital.
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer was instructed to not dive into the pool and proceeded to dive in with his arms at his side and then hit his head at the bottom of the pool. It was the turn end with 4 foot of depth in lane 6. The manager on duty was Julian Navares.	swelling on the top of the head.
Male	PV - Potomac Valley Swimming	Practice - Other	Other Watter Colision	Swimmer was hit in the head by a passing swimmer and has been diagnosed with a concussion	
Male	PV - Potomac Valley Swimming	Practice - Dry Land	Outside Venue	Athlete was participating in Dryland activity with 3 dryland coaches present when he tripped and fell on his wrist. He had a clean break in his wrist.	Athlete was participating in Dryland activity with 3 dryland coaches present when he tripped and fell on his wrist. He had a clean break in his wrist.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	The swimmer does not know how it happened, however he was swimming backstroke & when he finished he had a cut on his finger which required 4 stitches. (He is not sure if he hit the lane line or did it at the finish)	
Male	PV - Potomac Valley Swimming	Practice - Dry Land	Other Racquetball Court	One young man was doing a maneuver and his leg hit swimmer's nose. Ice was given to swimmer and parent was called to take him to DR.	Swimmer experienced a bloody and out of place nose
Female	PV - Potomac Valley Swimming	Other Outside of pool	Outside Venue	Mother took swimmer to hospital	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	swimmer swam into the wall on backstroke finish	
Female	PV - Potomac Valley Swimming	Meet - Competition	Deck	During competition, swimmer became extremely dizzy. Upon exiting the pool, the swimmer had an elevated HR with a headache.	Swimmer reported to have medical condition, POTS. Parent were on site and responded. Parents refused 911. Stated that the mother was a doctor.
Male	PV - Potomac Valley Swimming	Meet - Walking	Hallway	Swimmer was exiting the meet entrance area and fainted. Swimmer was flushed, shaking and vomited.	911 was called. Parents refused transport
Male	PV - Potomac Valley Swimming	Practice - Dry Land	Outside Venue	While running backwards, athlete fell and used hands to stop himself. Pain in wrist and forearm on impact.	Wrist/Forearm were x-rayed on Wed 2/22 and again on Wed 3/1. No fracture visible.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Hit head on teammate during practice.	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	The swimmer had an apparent seizure in the middle of the pool while performing a kick set. Another swimmer noticed, and assisted her until a coach could get to her. She was removed from the pool and placed in the recovery position. EMS was notified, and she was eventually transported by EMS.	The swimmer had an apparent seizure in the middle of the pool while performing a kick set. Another swimmer noticed, and assisted her until a coach could get to her. She was removed from the pool and placed in the recovery position. EMS was notified, and she was eventually transported by EMS.
Male	PV - Potomac Valley Swimming	Practice - Dry Land	Gym	Swim group was running on an inside track. One swimmer tripped and ran into swimmer who fell on the ground hurting his elbow.	Email from mother indicated that swimmer had an X-Ray. He has a "silver of bone that popped off his elbow". He was put in a soft cast on January 4th. The cast will come off on January 19th.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	Kicked in the goggles	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	At the end of the 500 free, developed sharp chest pain. Pain lasted at least 15 min. Gradually subsided and went home.	
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Turn End	Hit head on wall instead of completing a backstroke turn (miscounted strokes)	No visible bruising or bumps, just pain, and a little girl who cries
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	Swimming butterfly, has swim event before, but was struggling at end of race. Marshall assisted in helping athlete out of pool and called for lifeguard support.	
Female	PV - Potomac Valley Swimming	Meet - Watching / Observing	Deck	Official fell on her tailbone after facility crew member removed chair from behind her during cleanup after meet.	Pain in lower back/tail bone when moving and sitting.
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Deck	Slipped on wet deck and fell down	Swollen hand and wrist, some bruising
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines	Swimmer got kicked in the face during practice	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PV - Potomac Valley Swimming	Meet - Walking	Team Area	Earlier in the day someone had broken a glass bottle in the OCCS team area. Facilities was sent to clean it up but missed a piece of glass. Just before the start of Finals, while the athlete was walking in her team area a piece of glass became lodge in the bottom of her foot, near the toes.	Earlier in the day someone had broken a glass bottle in the OCCS team area. Facilities was sent to clean it up but missed a piece of glass. Just before the start of Finals, while the athlete was walking in her team area a piece of glass became lodge in the bottom of her foot, near the toes. The lifeguard agreed with the coach that the coach would get waterproof bandages and prior to the swimmers event the guard would verify that the bleeding was still stopped and after the event the athlete would allow the guard to check out the foot one last time to make sure there was no blood. The swimmer was able to compete in Finals and the cut did not re-open.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Swimming into a turn wall on back to breast IM, the backstroke flag loosened and dropped before swimmer realized it, and misjudged the wall, hitting with arm and head.	Treated for possible head injury by keeping swimmer on ground at turn end (he removed himself from the pool). Head hurt at point of impact. No feeling of pressure in the head, no loss of consciousness, no confusion, no dizziness, no ringing in the ears, no nausea or vomiting or slurred speech. Phone call to home and permission given to drive home.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Lane Lines		
Male	PV - Potomac Valley Swimming	Meet - Competition	Other Bulkhead/walkway	The swimmer was stepping down from the bulkhead after his race and slipped. He hit the back of his head (in a glancing blow). His fall was observed by a guard who called for the head guard. He was taken to the guard room where a routine concussion check was done and an icepack administered to the back of his head. In the head guards opinion, there was no sign of a concussion and the EMT/Ambulance was not called. Swimmer was released into his mother's care.	He was taken to the guard room where a routine concussion check was done and an icepack administered to the back of his head. In the head guards opinion, there was no sign of a concussion and the EMT/Ambulance was not called. Swimmer was released into his mother's care.
Female	PV - Potomac Valley Swimming	Practice - Other	Other Water- Middle of the lane	This swimmer swam on top of another swimmer while doing backstroke and was kicked in the back of the head. She also locked arms and ran into the shoulder of another swimmer also knocking her head while trying to pass another swimmer.	The swimmer came out of the water and took a break from the set. She seemed fine and just mentioned she was kicked. When talking to her, there was nothing out of the ordinary noticed.
Female	PV - Potomac Valley Swimming	Practice - Other	Other Water- Middle of lane	She was swimming and not looking forward. She got too close to the swimmer in front of her who accidentally kicked her in the eye/cheek area.	There was some redness from where her goggles were and a slight discoloration depending on how the light hit her face.
Male	PV - Potomac Valley Swimming	Meet - Competition	Team Area	Swimmer was helping to clean up the team area. He picked up a soda can by placing his finger in the drink hole and cut his finger.	Swimmer was helping to clean up the team area. He picked up a soda can by placing his finger in the drink hole and cut his finger.
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Turn End	Cut foot on bulkhead during a flip turn	
Female	PV - Potomac Valley Swimming	Meet - Competition	Water - Side	Swimmer stated she collided with the edge of the pool	Small scrape
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Side	Scrapped toe on pool wall	
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Start End	Athlete stated he reopened a prior laceration during warm ups	
Male	PV - Potomac Valley Swimming	Meet - Competition	Starting Blocks	Athlete turned ankle diving off block during event.	Possible sprain
Female	PV - Potomac Valley Swimming	Other Working scorers table	Other At officials table	Skin broken on right knee	
Female	PV - Potomac Valley Swimming	Meet - Competition	Starting Blocks	Slipped and fell on top of block, cut left thigh, went over to first aid table with father	
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Starting Blocks	Cut toe when diving off block in lane 3	cut on toe when diving off block
Female	PV - Potomac Valley Swimming	Meet - Watching / Observing	Deck	slipped into a gap between bulkheads and banged heel	
Male	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Start End		Anxiety attack - (possibly autism)
Female	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Side		Swimmer states nose bleeds are "relatively common"
Female	SC - South Carolina Swimming	Practice - Dry Land	Deck	50 Meter pool, behind lane 10. Swimmer was at swim practice and started having trouble breathing and feeling faint. She began to break out in hives. Face was very pale.	50 Meter pool, behind lane 10. Swimmer was at swim practice and started having trouble breathing and feeling faint. She began to break out in hives. Face was very pale.
Female	SC - South Carolina Swimming	Practice - Dry Land	Outside Venue	Swimmer was doing a proper step-up on bench outside pool with rest of teammates when foot slipped and swimmer fell backwards. Swimmer landed first on hand then backside hit.	Swimmer was taken to urgent care to determine if tailbone bruised or broken.
Female	SC - South Carolina Swimming	Practice - Other	Other Water- middle of the pool	Swimmer swam head first into another swimmer	Swimmer had an open wound on the bridge of her nose and mild bruising where her goggles had been
Female	SC - South Carolina Swimming	Practice - Dry Land	Other Dryland Field	The kids were running backwards as part of their dryland and swimmer stumbled, fell backwards, and put her arms back to catch break to her fall. She wound up fracturing her wrist.	
Male	SC - South Carolina Swimming	Meet - Competition	Outside Venue	While helping other move a barricade to let a vehicle out of the parking lot, his big toe on his right foot, peeling the tip of toe nail back and cutting the tip of toe.	
Male	SC - South Carolina Swimming	Meet - Warm Down	Water - Turn End		Small cut on toe
Male	SC - South Carolina Swimming	Meet - Warm Down	Water - Turn End	Hit on nose while doing backstroke	
Male	SC - South Carolina Swimming	Practice - Other	Deck	A metal removable guardrail was knocked down. Swimmer had a metal guardrail fall on his big toe. It bled and needed first aid. Lifeguards made sure the toe stopped bleeding. Lifeguard wrapped it and provided ice.	A metal removable guardrail was knocked down. Swimmer had a metal guardrail fall on his big toe. It bled and needed first aid. Lifeguards made sure the toe stopped bleeding. Lifeguard wrapped it and provided ice.
Male	SC - South Carolina Swimming	Meet - Competition	Deck	Cut on right foot	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	SC - South Carolina Swimming	Practice - Other	Water - Lane Lines	Swimming freestyle, he swung his arm and hit the lane line.	Right hand, index finger, knuckles, and surrounding areas
Male	SC - South Carolina Swimming	Meet - Walking	Stairs		The athlete slipped on the stairs leading to the pool deck and suffered a small cut on his shin.
Female	SD - South Dakota Swimming	Practice - Other	Water - Start End	Athlete collided with another swimmer.	She did not report accident on the day it occurred but had pain after practice so went to the doctor.
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Collided with other swimmer as she was approaching the turn and he was coming off the turn. He collided with her left eye/side of face.	Went to emergency room later that evening after experiencing slurred speech, dizziness. Diagnosed with mild concussion.
Male	SD - South Dakota Swimming	Other Coming to practice (entering pool area)	Locker Room	Slipped turning corner leading from locker room onto pool deck.	Chipped tooth landing on floor (front right tooth).
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	During team warm-ups, swimmer was doing a turn and was hit by another swimmer's head.	
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	was trying to get out of pool. Slipped and hit her chest on the side of pool	
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Lane Lines	warm up - was doing free in one direction and ran into a kid coming at him that was doing fly - bent wrist backwards	bent wrist backwards
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	He tried to catch himself from false starting and scrapped his shin on the edge of the block.	
Female	SD - South Dakota Swimming	Meet - Warm-up	Starting Blocks	tripped climbing onto blocks. scraped knee and shin area.	
Female	SD - South Dakota Swimming	Practice - Other	Water - Lane Lines	Swimmer was kicked in left wrist by another swimmer doing breaststroke	Swimmer was kicked during practice, ice administered, some point tenderness, not much swelling. Parents notified by swimmer and via email
Female	SD - South Dakota Swimming	Practice - Dry Land	Outside Venue		
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Drinking from water bottle. Another swimmer accidentally hit the bottle causing it to hit her front, right, tooth. Chipped tooth.	Chipped right, front tooth caused by a metal water bottle being tapped/sent into tooth from other swimmer (accidental).
Male	SD - South Dakota Swimming	Meet - Walking	Deck	Scrapped great toe when climbing over yellow tape	
Male	SD - South Dakota Swimming	Meet - Warm Down	Water - Start End	When turning cut himself on the left great toe on the touch pad.	Athlete got cut on the left great toe on the dorsum of the foot. This was bandaged and secured with tape. Extra bandage was provided for athlete to change after the meet and asked him to return tomorrow to check. Father was also instructed.
Female	SD - South Dakota Swimming	Practice - Other	Deck	Athlete slipped on the deck and fell on her tail bone. She was walking to the next station during dry land training. She reported the incident to Coach. She said it was tender/sore. She did swim at practice.	
Female	SD - South Dakota Swimming	Practice - Dry Land	Outside Venue	As part of our dryland practice we were playing leapfrog and she landed and rolled her ankle. She also bumped her knee when she landed but I don't think her knee was injured much.	
Female	SD - South Dakota Swimming	Practice - Dry Land	Deck	Doing dryland while leaning into med ball exercise fell on knee.	
Female	SD - South Dakota Swimming	Practice - Dry Land	Deck	Doing box jump.	Leg strain, pain.
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Start End	He was pulling the rope down and his hand slipped and his thumb caught on the hook.	small cut on thumb
Male	SD - South Dakota Swimming	Meet - Warm-up	Deck	Walking on deck, stepped on a small, sharp rock	
Male	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer was trying to exit the pool on the side and his hands slipped, causing him to land on both shins.	
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End	cut index toe on left foot at the bottom of the turn end touch pad in lane 2	small cut on tip of index toe on left foot
Female	SD - South Dakota Swimming	Practice - Other	Deck	Coach was walking on deck and ran into a bench and broke her toe.	
Female	SD - South Dakota Swimming	Meet - Competition	Deck	She bumped knee when exiting pool	Bumped knee getting out of pool.
Female	SD - South Dakota Swimming	Meet - Competition	Deck	She scratched her foot exiting the pool.	
Male	SD - South Dakota Swimming	Meet - Competition	Deck	Tripped on towel as he was walking, fell and scraped both knees.	
Female	SD - South Dakota Swimming	Meet - Walking	Deck		
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End		
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End	Swimmer was kicked in the head during a flip turn	Bump above the eye
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End		
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	athlete slipped getting out of pool and scraped her leg	
Male	SD - South Dakota Swimming	Practice - Other	Water - Start End	Swimmer was swimming into the wall when he lifted his head and bumped his tooth on the wall of the pool.	The tooth did not bleed, it did not appear to swell. But when lightly touching the tooth the swimmer would feel pain. Even after check 15 minutes later.
Female	SD - South Dakota Swimming	Meet - Walking	Stairs	Walking up steps and noticed a cut on toe when she reached the top of the stairs.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	SD - South Dakota Swimming	Meet - Competition	Water - Start End	Getting out of the water the athlete noticed his nose was bleeding.	
Male	SD - South Dakota Swimming	Meet - Competition	Water - Start End	He scratched left forearm climbing out of pool.	
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Turn End	She doesn't know how toe was cut.	
Male	SD - South Dakota Swimming	Meet - Competition	Water - Turn End	Scraped leg on bulkhead.	
Female	SE - Southeastern Swimming	Other Swimming in Practice	Other In the pool	Swimmer felt sudden, acute shoulder pain during practice.	
Female	SE - Southeastern Swimming	Practice - Other	Locker Room		The athlete used her left arm to brace self during fall and injured. Head knocked floor during the fall as well.
Female	SE - Southeastern Swimming	Practice - Other	Deck	Athlete was walking to the locker room and slipped on a kick board. Kick board slipped out from underneath her and she slipped and fell on her back, catching her self with her right arm.	As athlete fell, she fell towards her back and arm/hand/wrist was caught under the body.
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Doing an exercise and lost balance and footing and fell on side, arm and face	Scraped hands, nose, lip and legs. Hit arm and is fractured.
Male	SE - Southeastern Swimming	Practice - Dry Land	Gym	While doing a box jump athlete hit his hand on a stair railing. Athlete did not let us know he was hurt until the next day, no onsite care was given as we were not notified.	Apparent fracture according to his mother.
Male	SE - Southeastern Swimming	Practice - Dry Land	Other Weight Room	Swimmer was jumping the box with another athlete and his foot slipped as he was coming off the box and he cut his shin on the box.	His shin was severely cut such that it needed to be dressed and his leg elevated.
Male	SE - Southeastern Swimming	Meet - Competition	Other water during race	Through a post-meet MRI it has been discovered that swimmer tore his labrum during a race.	will require surgery
Female	SE - Southeastern Swimming	Meet - Competition	Water - Start End	Athlete broke her hand when she finished on the wall.	Athlete broke her hand when she finished on the wall.
Female	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Deck	A wrench used to tighten lane lines was knocked off of a stanchion and fell on the top of her foot	Swelled up on the top of her foot
Female	SE - Southeastern Swimming	Practice - Other	Water - Bottom	Did a flip turn and banged her head against the pool.	Mild concussion as diagnosed by physician.
Female	SE - Southeastern Swimming	Other Clinic	Deck	Participant stubbed toe on lane line hook while walking on gutter grate surface. Seems to have lifted toe nail from the nailbed. Cleaned with Hydrogen peroxide, wound cleanser solution. No debridement needed. Specialty toe badage applied to keep toenail down. Elastic bandage to support toe and keep bandaid on during swimming.	Participant stubbed toe on lane line hook while walking on gutter grate surface. Seems to have lifted toe nail from the nailbed. Cleaned with Hydrogen peroxide, wound cleanser solution. No debridement needed. Specialty toe badage applied to keep toenail down. Elastic bandage to support toe and keep bandaid on during swimming.
Female	SE - Southeastern Swimming	Meet - Warm Down	Other Warm Down Pool	Another swimmer in the same lane of the warm down pool performed a flip turn and came down on Courtney, kicking her in her lower back.	After the kick, the muscles in her lower back spasmed, causing pain.
Male	SE - Southeastern Swimming	Meet - Competition	Stairs	sliding down handrail-fell hitting back of head	
Female	SE - Southeastern Swimming	Meet - Competition	Starting Blocks	skinned elbow	
Male	SE - Southeastern Swimming	Practice - Other	Water - Start End		
Female	SE - Southeastern Swimming	Practice - Other	Locker Room	Leaving practice she walked through a locker room door and caught her thumb in the door	
Male	SE - Southeastern Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Fell while running up bleachers	1/2 inch cut by eye brow.
Female	SE - Southeastern Swimming	Practice - Other	Water - Start End	swimmer was swimming butterfly and another swimmer's butterfly recovery caught her on the left eye area	
Female	SE - Southeastern Swimming	Meet - Entering / Pool	Other In a Doorway	She opened door then decided not to go through it, turned around and her finger was still in the door and it closed on it.	Tip of the finger, tore skin and smashed her fingernail
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue		Swimmer ran/ducked into another swimmer head first. Both swimmers hit the center/top of forehead.
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue		Athlete ran/ducked into another athlete head first. Both athlete hit the center/top of forehead into each other.
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Stubbed foot in dryland	
Male	SE - Southeastern Swimming	Practice - Other	Water - Start End	Ran hand into wall	Diagnosed fracture
Female	SE - Southeastern Swimming	Practice - Dry Land	Deck	Swimmer was throwing medicine balls with her coach. The ball slipped from her hands and glanced the upper right part of her forehead. Her head did NOT hit the ground.	There was no indication at the time that the glancing blow had caused any injury. It was a very light bump.
Female	SE - Southeastern Swimming	Practice - Other	Water - Lane Lines	Two swimmers were swimming backstroke and ran into one another. The Male is a home school Autistic 14 year old and grabbed swimmer's Left Arm and left a bruise on the wrist.	Two swimmers were swimming backstroke and ran into one another. The Male is a home school Autistic 14 year old and grabbed swimmer's Left Arm and left a bruise on the wrist.
Male	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Swimmer was running during dryland activity and stubbed his toe through his shoe. He was not wearing socks and his toenail was cracked and bent upward.	Swimmer stubbed his toe during dryland running. His toenail bent upward and cracked at the midline. Blood was present under the nail but was not bleeding out from under the nail.
Female	SI - San Diego-Imperial Swimming	Meet - Competition	Deck	Tripped over a table rack/cart	Meet Coordinator asked the spectator, "would you like us to call 911," her reply was "no." Spectator stated "will go to Urgent Care after I drop off my grand children"
Female	SI - San Diego-Imperial Swimming	Practice - Other	Water - Bottom	Swimmer was diving in to go to the other side to put in more lane lines. When she dove in she was in the middle of pool which is over 7 feet. Swimmer said she hit her head on the bottom. She said she realized she dove to deep so tucked and hit her head. We put ice on and called her mom to pick her up. Swimmer seemed fine but her mom will take her to the Dr today to make sure she is fine.	Swimmers mom will be taking her to the Dr to make sure she is fine. There was not a bump on the head by the time she left, so precautionary to take swimmer to the Dr. The swimmer said she has a slight headache and a little light head. The swimmer went to school but will go to the Dr this afternoon. The swimmer did when she dive in she dove faster than usual and realized she was going to the bottom so tucked and rolled and knocked head.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	SI - San Diego-Imperial Swimming	Meet - Entering / Pool	Other Warm Down Pool/Coaches Table	Athlete swam 200 Fly and went to warm down in a different pool. After the first 50 yards, began feeling ill and thought she would vomit. Got out of the pool and went to her coach's table at the side of the competition pool. He had her sit down and put her legs up. A coach from another team called 911 and paramedics arrived shortly thereafter and lifeguards were on scene until and after they arrived. Athletes eyes were rolling to the back of her head and the breathing was quick and shallow. Paramedics assessed situation and asked questions such as allergies, oral intake, foods eaten (only toast at breakfast). He helped her control her breathing and she was then transported to Coronado Sharp Hospital by ambulance.	No specific body part injured, was feeling extremely ill after the first 50 yards of warm down following competition. Lifeguard described as having involuntary breathing and was in and out of consciousness. Paramedics arrived and took over care of athlete.
Male	SI - San Diego-Imperial Swimming	Meet - Walking	Other East gate by classroom	Swimmer kicked the brick holding the gate open. Meet officials, lifeguard nor parent witnessed the incident, but swimmer came into the admin office for care. Parent was called and she came to office as well.	Right pinky toe, nail loose/possibly completely detached, red and swollen with abrasion and mild bleeding. May be broken and lifeguard giving care recommended to swimmer's mom that he be seen by a doctor to double check.
Male	SI - San Diego-Imperial Swimming	Other locker leaving pool	Locker Room	Apparently, two preteen boys argued. Athlete hit the other boy on shoulder, the other boy grabbed him and put the athlete on the ground.	Apparently, two preteen boys argued. The athlete hit other boy in the shoulder. The other boy grabbed and put him on ground. Neither complained of anything nor had any symptoms of any kind. Days later the father claimed a concussion.
Male	SI - San Diego-Imperial Swimming	Practice - Other	Water - Side	Swimmer pushed off the wall and ran headfirst into another swimmer's hip.	Swimmer complained of soreness in his neck and head. He was slightly dizzy, but did not lose consciousness or have any memory issues.
Female	SI - San Diego-Imperial Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped on a kickboard while getting out of the pool at the end of morning practice.	
Female	SI - San Diego-Imperial Swimming	Meet - Warm-up	Water - Lane Lines		5th Metacarpal fracture of left hand
Male	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Start End	Jammed arm at end of 50 free race and hyperextended elbow	Hyperextended elbow
Female	SI - San Diego-Imperial Swimming	Practice - Other	Water - Start End	Bumped heads with another swimmer.	Bumped heads, tweak in neck, in the pool / water while kicking and swimming set.
Female	SI - San Diego-Imperial Swimming	Meet - Warm Down	Water - Start End	Hit hand against another swimmer and lane line while warming up in warmdown pool prior to race	
Female	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Turn End	While swimming the 500 Free, swimmer did not look up and accidentally bump her forehead at the turn end wall	swimmer stated to her coach she got dizzy and had a headache, meet referee asked swimmer and her Dad who was present by her side, if they would like us to call 911, they replied no,
Female	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Start End	50 Free, struck against the wall at finish.	Swimmer finished the 50 free and could not exit the pool; was hurt on her left elbow as she hit it against the wall.
Male	SI - San Diego-Imperial Swimming	Practice - Other	Locker Room	Swimmer was standing by the closed bathroom door. Another swimmer opened the door and jammed the swimmers toe. His toe nail lifted. Swimmers dad took him to urgent care and he will most likely loose a toe nail but nothing was broken.	Swimmer cried, we put a bandage on the toe after rinsing the toe with cool water. This was after practice when almost everyone had left. know one saw the accident happen.
Female	SI - San Diego-Imperial Swimming	Practice - Other	Water - Lane Lines	Had a seizure while doing a kick set	
Male	SI - San Diego-Imperial Swimming	Other Meet - Showering Down	Other Outdoor Showers	Fell backwards in the shower stall hitting back of the head on the ground.	Will be monitoring at home for symptoms of concussion.
Female	SI - San Diego-Imperial Swimming	Meet - Walking	Deck	Parent was runner for meet bringing timer's slip to timing official / admin. We had tape up to block swimmers from walking through area and parent tripped on tape and landed on right knee	
Male	SI - San Diego-Imperial Swimming	Other End of Practice, clean up	Deck	3 boys putting blocks away. Swimmer stopped to open the gate where the blocks are stored when one of the other boys ran into swimmer's toe with one of the blocks.	3/4 long, 1/8 wide, 1/8 deep
Female	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Start End	Jammed finger at finish/end of race	
Female	SI - San Diego-Imperial Swimming	Meet - Walking	Deck	All information was relayed from the spectator to myself, CEO in two phone calls on 11/29 and 11/30. Prior to the first phone message received on 11/29, nobody from our Meet manager team, the officials, or PST Staff knew anything about this. The area she describes as where the fall takes place is not known to have ground mats. The place of occurrence described was near a station where we had meet marshalls positioned regularly, in front of the scoreboard, and well populated.	The spectator could not provide witness info.
Male	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Start End	During competition, swimmer became fatigued was no longer able to continue swimming. He grabbed the lane line for support. lifeguard entered the water to rescue. No injury.	
Male	SI - San Diego-Imperial Swimming	Other locker leaving pool	Locker Room	Apparently, two preteen boys argued, the larger boy hit the athlete on the shoulder once.	The hit was to the shoulder. No apparent injury. He did not complain or claim any injury at the time. I could see no injury.
Female	SI - San Diego-Imperial Swimming	Meet - Watching / Observing	Deck	Tripped over touch pad cord.	Individual tripped over touch pad cord and fell on left shoulder with arm extended
Female	SN - Sierra Nevada Swimming	Meet - Competition	Other Grass area just behind the start area.	Swimmer completed the 1650 event looked fatigued at the wall. Exited the pool and walked behind the starting area deck on the grass area became dizzy and collapsed. She was disoriented, but never lost consciousness.	Swimmer was dizzy when she collapsed. She was also disoriented and unable to answer some questions to determine orientation.
Female	SN - Sierra Nevada Swimming	Meet - Competition	Other Open Water Swim	Swimmer had a mild Aspiration event, vocal cord spasm resulted (she has a history of this). She, appropriately, requested Assistance and was brought ashore. Exam on land pretty benign (by report). Shivering, but no apparent hypothermia: Warm extremities and normal heart rate. Hyperventilation but no respiratory distress. Some component of anxiety probably contributed to prolonged symptoms. There was a concern for delayed Pulmonary edema in the setting of aspiration and symptoms not resolving so ER evaluation requested by parent.	Appropriate ambulance transfer given concerns and symptoms, but low risk event that would likely have resolved with continued supportive care.
Male	SN - Sierra Nevada Swimming	Practice - Other	Other Middle of pool	Hit hand on other swimmer.	
Female	SN - Sierra Nevada Swimming	Practice - Dry Land	Gym		
Female	SN - Sierra Nevada Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Athlete was exiting the pool using the lane lines, her foot slipped and landed on the lane line reel.	Athlete was cut from the lane line or lane line reel as described by the athlete's mother when she left the facility. On site care was not given because there was no visible sign of a cut or scrape.
Female	SN - Sierra Nevada Swimming	Meet - Competition	Water - Turn End	Cartilage damage at elbow from striking wall.	Cartilage damage at right elbow due to striking wall at finish.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	SN - Sierra Nevada Swimming	Meet - Competition	Water - Turn End	Ran into wall with forehead during backstroke turn #1 during 400 IM.	
Male	SN - Sierra Nevada Swimming	Other after practice	Locker Room	Swimmer slipped while walking into the shower area. His body turned to catch his fall and fell face first into the tile. Swimmer hit his chin on the ground, which was bleeding. Swimmer's parent and coach initially tended to him. Swimmer's father was providing pressure using paper towels to the area that was bleeding. Head coach as well as parent that is registered nurse notified. Head Coach went to get team first aid kit from storage shed. In the meantime, another parent who is a registered nurse, grabbed his first aid kit and cleaned and bandaged the wound. Swimmer was transported by his parents to a hospital to be checked out.	Swimmer was bleeding from his chin and mouth area. A couple of teeth were visibly affected. Stitches needed for wound.
Female	SN - Sierra Nevada Swimming	Meet - Warm-up	Water - Start End	Hallie was underwater at the wall, pushing off, when a swimmer jumped in the warm-up lane, and landed on top of Hallie's back.	
Male	SN - Sierra Nevada Swimming	Other After Practice	Stairs	Slipped on the bleachers and leg became pinned in the bleachers.	
Male	SN - Sierra Nevada Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	Athlete dove into pool and struck the lane line injuring his right thumb	Dislocated or broken thumb
Female	SN - Sierra Nevada Swimming	Meet - Walking	Deck	Headache, heat exhaustion symptoms	
Female	SN - Sierra Nevada Swimming	Other swimathon	Water - Turn End	Swimmer was hit in the eye while her goggles were on...her eye swelled a bit.	
Male	SN - Sierra Nevada Swimming	Meet - Warm-up	Deck	Fell due to seizure. Parent notified and stated this is not his first seizure.	According to parent not first seizure. Parent wanted to make sure swimmer took medication.
Female	SR - Snake River Swimming	Meet - Walking	Deck	Swimmer was walking on deck after meet concluded; slipped and fell backwards on deck.	Swimmer landed on bottom and arm, and injured her back, wrist, and elbow. Potential wrist fracture suspected. EMS called, transported to ER.
Female	SR - Snake River Swimming	Meet - Competition	Water - Start End	Hit head on bottom of pool when diving in for start of race	
Female	SR - Snake River Swimming	Practice - Other	Water - Lane Lines	Swimmer was kicked in the elbow during a set.	While being assessed, swimmer started to hyperventilate.
Male	SR - Snake River Swimming	Meet - Competition	Water - Lane Lines	Swimming backstroke when right elbow got hung up on the lane line and hyperextended	hyperextended elbow
Female	SR - Snake River Swimming	Other Meet - between events	Bleachers - Athlete's	Swimmer fell off bleachers and hit ear/head/shoulder.	Lifeguards applied ice to ear and did concussion assessment. Athlete did not compete the remainder of that day but did return to competition the following day.
Female	SR - Snake River Swimming	Practice - Other	Water - Side	Hit wall with wrist while swimming backstroke	
Male	SR - Snake River Swimming	Other Meet - between events	Bleachers - Athlete's	Nose started bleeding, no apparent cause.	Swimmer's nose started bleeding; lifeguard gave him paper towel and ice.
Female	ST - South Texas Swimming	Practice - Dry Land	Deck		
Female	ST - South Texas Swimming	Practice - Other	Bleachers - Athlete's	Maria was on the bleachers getting her water bottle between sets when she slipped and fell striking her head on the adjacent corner of the bleachers	Onsite parent/physician deemed it necessary to get stitches
Male	ST - South Texas Swimming	Meet - Walking	Bleachers - Athlete's	Walking down bleacher and cut himself on bleachers	
Male	ST - South Texas Swimming	Practice - Other	Water - Start End	The athlete mistimed the initiation of the flipturn and struck his head against the wall	
Female	ST - South Texas Swimming	Practice - Other	Deck	Hit her head on bleacher.	Hit her head
Male	ST - South Texas Swimming	Other Locker Room	Locker Room	Slipped in the locker room and bumped head 3 days ago	
Male	ST - South Texas Swimming	Other Walking to car	Outside Venue	Athlete was walking through parking lot to car after practice, and rolled his ankle.	Diagnosis at hospital is that he will be out for 2 weeks, athlete given boot and crutches by hospital.
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Deck	Athlete was exiting the water, tripped on the deck, and fell.	Athlete chipped his front tooth as the result of slipping and falling on the pool deck during practice. No other injury was reported or observed. Parent took athlete home. Parent is taking athlete to consult with a dentist.
Male	ST - South Texas Swimming	Practice - Other	Deck	While our swimmers are waiting for their group to start, they often wait on the side of the pool near the dryland equipment. This is in sight of the parents, but near the lanes they will be swimming in so they can quickly hop in when it is their turn to swim. One of the swimmers was seated on a starting block on the long course side of our pool (starting blocks on two side of short course and long course). I motioned for him to get down off of the block as he shouldn't have been sitting on them at all. I turned my back as he was getting down as I was coaching a different group at the time. Later during his practice, he exited the pool said he hit his head and felt dizzy. I noticed a knot on the front of his head in between his eye brows. I asked him when he hit it and he said he couldn't remember. I asked him again and he said it was "yesterday." I asked him what he did yesterday and about when he thought he hit his head. He said he couldn't remember, but then proceeded to say, "actually it was today." I asked when, he said just now. I asked what he hit it on and asked him to walk me over to it. He walked me over to the other side of the pool where the kids were waiting prior to their practice. This is when I realized that he probably hit it at the point when I turned my back towards him to watch the other group as he climbed down off the block. I walked him over to his father, explained what happened, and recommended that he see a doctor for a possible concussion. The swimmer was very coherent, not disoriented, however did mention that he felt dizzy which concerned me enough to pull him from practice. Will follow up with father in a few days to see how he is doing.	No Care given onsite. With the father being at the pool I thought it best for him to take him immediately to the doctor.
Female	ST - South Texas Swimming	Practice - Other	Deck	Athlete was walking on deck and fell backwards. She hit the back of her head on the deck.	Big bump on the back of the athlete's head. Pulse was taken twice and questions were asked concerning memory, vision, etc.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	ST - South Texas Swimming	Practice - Other	Starting Blocks	ATHLETE SLIPPED ON THE POOL DECK AND FELL BACKWARDS, CAUSING THE BACK OF HIS HEAD TO HIT THE POOL DECK. HE WAS IMMEDIATELY TENDED TO BY SURROUNDING COACHES. ATHLETE FELT SLIGHT DIZZINESS, BUT WAS ABLE TO WALK COMPETENTLY TO THE LOCKER ROOM. PARENTS HAVE BEEN INFORMED.	POSSIBLE CONCUSSION BUT UNKNOWN AT TIME OF ROO SUBMISSION.
Female	ST - South Texas Swimming	Practice - Other	Deck	Tripped and fell over splash-guard landing on the cement deck.	Severely scrapped and bruised the back of my right leg (hamstring) on the hamstring. Landed on the left side of my sacrum/left ilium and left elbow. Both points of impact are bruised. May have jarred my neck and shoulders a bit when I landed—stiffness in the neck and shoulders.
Male	ST - South Texas Swimming	Meet - Warm-up	Water - Lane Lines	Puncture on left big toe	athlete jumped into the lane rope and felt it puncture his toe.
Male	ST - South Texas Swimming	Other Team trip, between sessions	Other Open Water/Ocean	Stepped on stingray, and got stung.	Stepped on stingray and got stung.
Female	ST - South Texas Swimming	Meet - Competition	Water - Start End	Stuck top of the head on side of the pool, performing backstroke	Swelling and appeared dazed, reported by coach
Female	ST - South Texas Swimming	Other Before practice	Hallway	6:00 am a lifeguard walked in and a swimmer told him that another swimmer couldn't wake up	
Male	ST - South Texas Swimming	Practice - Dry Land	Team Area	Athlete fell while performing dryland team exercise (back pedaling/backward jogging) in the hallway adjacent to pool area.	Athlete has a follow-up appointment to determine if fractured wrist will need to be reset prior to setting cast.
Male	ST - South Texas Swimming	Practice - Other	Deck	Split lip	Split Lip
Male	ST - South Texas Swimming	Practice - Other	Deck	Swimmer was walking on deck when he slipped and fell to the floor. He hit his head on the floor; it was a loud bang. Parents helped the swimmer up and the lifeguards tend to him. Coach checked on swimmer and monitored the swimmer as she was conducting the practice.	Swimmer had small bump in the back of his head after he fell. Coach called parent and parent informed the coach that the bump was no longer there. Swimmer had pain for a while, but then went away.
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Dive, then hit nose on bottom	
Male	ST - South Texas Swimming	Practice - Other	Water - Start End	Broken Streamline, pulled shoulder	
Female	ST - South Texas Swimming	Meet - Competition	Deck	While Standing behind the blocks next to the outer wall. The Fire Extinguisher mounted to the wall dropped off the wall, and fell on the victims Left Foot. Small open wound like a scratch. And bruising.	Swelling on top of Left Foot. Scratch with little open wound. Soreness
Female	ST - South Texas Swimming	Practice - Other	Water - Side	Swimmer collided with another swimmer in the water	Minor swelling and bruise to forehead, no complaints or nausea or dizziness
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Fell off starting block and hit left side of face and head on concrete.	1. Swelling of cheek bone under left eye2. Small bump on left side of forehead3. Slight swelling of left eye4. Complained that the worst pain was in his right leg
Male	ST - South Texas Swimming	Practice - Other	Water - Lane Lines	He was swimming and had a head on collision with other swimmer mid-lane.	He tried to resume practice for 10 minutes but complained of headache so coach pulled him from practice and called his mom to pick him up. They went through concussion protocol with lifeguards and advised mother to have him checked out.
Male	ST - South Texas Swimming	Practice - Other	Water - Turn End	swimmer involved in head to head collision	
Male	ST - South Texas Swimming	Practice - Other	Water - Lane Lines	swimmer head on collision head to head	saw some stars
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Starting Blocks		
Female	ST - South Texas Swimming	Swimjitsu - Dry Land	Gym	Rolled ankle after jumping for volleyball.	
Male	ST - South Texas Swimming	Meet - Competition	Water - Lane Lines	Possible seizure or panic attack.	Swimmer was holing on to lane lines and would not swim or communicate. Lifeguard jumped in to rescue and to extricate on backboard. Evaluated by EMT.
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Side		
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	Running, tripped on someone's foot	
Female	ST - South Texas Swimming	Practice - Other	Water - Side	After swim set athlete felt dizzy and weak before loosing consciousness. Coach was there to lower athlete to resting position, checked vitals, after 5 minutes was moved to sitting position, checked vitals... Then released at parents request	
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Hallway		
Male	ST - South Texas Swimming	Practice - Other	Water - Lane Lines	Athlete ran into lane line while swimming.	Athlete reported running into the lane line with his shoulder to his coach. Coach inquired about needing first aid and athlete declined. Athlete completed the rest of practice without further comment. Parent was present and was informed. Coach was notified of bruising on back/shoulder in the morning on 10/3 by the parent.
Male	ST - South Texas Swimming	Practice - Other	Water - Turn End	Hit head during backstroke	Hit head during backstroke
Male	ST - South Texas Swimming	Practice - Other	Water - Lane Lines		
Male	ST - South Texas Swimming	Practice - Dry Land	Deck	Ran into another swimmer while playing frisbee	Ran into another swimmer
Male	ST - South Texas Swimming	Practice - Other	Deck	Ran into another swimmer while playing frisbee	Bumped head into another swimmer
Male	ST - South Texas Swimming	Other Was watching sister and slipped on bleachers	Bleachers - Spectator's		
Female	ST - South Texas Swimming	Practice - Other	Water - Start End		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	ST - South Texas Swimming	Meet - Walking	Other Base of bleachers		no bruising
Male	ST - South Texas Swimming	Practice - Other	Deck		Walking between diving board platforms. Tripped on the steps, scraped knee, and cut lip against his braces.
Female	ST - South Texas Swimming	Meet - Watching / Observing	Other Hospitality	Individual fainted but quickly woke up. Was seated in a chair in hospitality. Hit shoulder on the way down.	Fell and hit shoulder from fainting.
Female	ST - South Texas Swimming	Meet - Competition	Water - Turn End	Due to asthma stopped swimming at race because of problems with breathing.	
Female	ST - South Texas Swimming	Meet - Competition	Starting Blocks		
Male	ST - South Texas Swimming	Practice - Dry Land	Deck		
Female	ST - South Texas Swimming	Practice - Other	Water - Side	Cut wrist on metal edge of touchpad on sidewall in lane	
Male	ST - South Texas Swimming	Practice - Other	Outside Venue	The swimmer was exiting the pool and scraped his knee on the velcro	
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Bottom	The swimmer dove in and came up with a bloody nose. At first she said she did not hit the bottom of the pool, but after further questioning she said her goggles scraped the bottom of the pool. In addition swimmer had a tiny scratch on her nose where the goggle piece hit her nose as well as a tiny scratch under her right eye where the goggle itself pushed against her eye. After applying pressure with a paper towel and cleaning the entire affected area, the swimmer's nose stopped bleeding and she was sent home.	
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Scraped Shin/bottom of foot on Splashguard.	
Male	ST - South Texas Swimming	Other Work	Other Filter room	Walked into a vent pipe	
Male	ST - South Texas Swimming	Practice - Other	Hallway	Visitor was leaving the pool area, entering the front desk, lobby area when he slipped.	His legs attempted to do the splits.
Female	ST - South Texas Swimming	Practice - Other	Water - Lane Lines	Both girls were wearing fins. Teammate swimming backstroke on wrong side of lane crashed head-on into injured swimmer who was swimming freestyle with head position too high.	Swimmer had a cut underneath her eye. She had slight bruising underneath same eye. She complained, however, about her lip/mouth. There was a small cut on the inside of her upper lip. Upper lip was slightly puffy.
Female	ST - South Texas Swimming	Meet - Competition	Deck		
Female	ST - South Texas Swimming	Meet - Competition	Other Water - Finish Wall	Swimmer aggravated a previous injury to her wrist while touching the finish wall. Coach, guard, and parent attended to the swimmer's injury. The swimmer accepted ice as care for her injury.	
Female	ST - South Texas Swimming	Practice - Other	Outside Venue	Hit her foot with the door as she was opening it.	
Male	ST - South Texas Swimming	Meet - Competition	Locker Room	Ran into pillar inside locker room	Ran into pillar inside locker room
Male	ST - South Texas Swimming	Practice - Other	Water - Side	Cut finger on metal edge of touchpad	
Female	ST - South Texas Swimming	Meet - Competition	Deck		Nosebleed
Female	ST - South Texas Swimming	Practice - Other	Other In Water	She frequently gets nose bleeds (outside of swimming), and it just started bleeding.	She started bleeding from her nose. So I gave her some tissues and had her apply pressure, leaning her head slightly forward. I waited with her until the bleeding had come to a stop. After, we got back in and had an amazing practice!
Male	UN-Unknown	Other evaluation in OTC clinic	Other OTC clinic	22yoM who lost consciousness and vomited. history of fever, recent travel to altitude, nauseous with poor oral intake. Was evaluated in clinic. he reported dizziness, lost consciousness for about 5 to 10 seconds, vomited while unconscious. This was witnessed by myself. He was placed in lateral decubitus position, vitals were checked and noted to be stable. EMS was contacted and he was evaluated with EKG which was normal. Taken to ER for evaluation, diagnosed with dehydration. Given zofran, ibuprofen and 2 liters of IVF. He was afebrile with all vital signs stable upon discharge from ER.	22yoM who lost consciousness and vomited. history of fever, recent travel to altitude, nauseous with poor oral intake. Was evaluated in clinic. he reported dizziness, lost consciousness for about 5 to 10 seconds, vomited while unconscious. This was witnessed by myself. He was placed in lateral decubitus position, vitals were checked and noted to be stable. EMS was contacted and he was evaluated with EKG which was normal. Taken to ER for evaluation, diagnosed with dehydration. Given zofran, ibuprofen and 2 liters of IVF. He was afebrile with all vital signs stable upon discharge from ER.
Female	UN-Unknown	Practice - Entering / Exiting Pool	Deck	Swimmer got out of pool, walking back to starting end slipped and hit her head. Also small scrape on foot.	
Female	UN-Unknown	Meet - Competition	Starting Blocks	Slipped and hit head on corner of starting block	
Female	UN-Unknown	Other Spectator	Bleachers - Spectator's	Fell down 3-4 steps in bleachers. Hit head, left shoulder and right hand	Swelling back of head and right index finger
Female	UN-Unknown	Meet - Warm Down	Water - Turn End	Coming into the wall and another swimmer flipped and kicked swimmer's forehead	ringing in ears, dizzy
Female	UN-Unknown	Other Meet-racing	Water - Start End		
Male	UN-Unknown	Other Sitting area for 10 and under kids	Team Area	Swimmer was injured in a weight room area where 10 and under swimmers were told to sit as there was no room in the stands for swimmers to sit. He injured his left hand and received 12 stitches at Dayton Children's Hospital. The cut was 3 1/2 inches long.	
Female	UN-Unknown	Meet - Warm-up	Water - Start End	Hit her head on the shoulder of another swimmer	
Male	UN-Unknown	Practice - Other	Water - Side	The swimmer was swimming backstroke toward the wall and hit head on wall. The swimmer reached for his head immediately after. After sitting out of practice for several minutes, the swimmer said that he was feeling dizziness. The swimmer continued to sit out of practice for approximately the next 30 minutes, reported feeling better, and seemed asymptomatic. The swimmer was able to use a kickboard for the last ten minutes of practice without accommodation.	Swimmer said that he was feeling dizziness 5-10 minutes after impacting the wall.
Female	UN-Unknown	Practice - Dry Land	Other turf	Swimmer was running backwards. She slipped and fell. She tried to catch her fall with her hands and injured her left wrist.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UN-Unknown	Other exiting locker room	Locker Room	Athlete slipped and hit her head on the suit dryer on her way out of the locker room. She also bit - hit her lip on the way down.	
Female	UN-Unknown	Practice - Other	Water - Side		
Female	UN-Unknown	Meet - Competition	Outside Venue	index finger cut open on a barricade	cut open finger while moving a parking sign. needed stitches
Female	UN-Unknown	Meet - Competition	Bleachers - Spectator's	Spectator was walking down the bleachers. She was being assisted from behind, but, lost her balance and fell forward. She remained alert and oriented and answered questions. She reported no head or neck pain.	
Female	UN-Unknown	Other after practice leaving the facility	Stairs	Sibling tripped in the hall resulting in face planting into the bottom of the stairs. We were leaving the facility.	Sibling had a gash at hairline between the right ear and eye. Resulted in 3 stitches.
Male	UN-Unknown	Meet - Warm-up	Water - Turn End	During warm ups for finals on Friday afternoon, during a flip turn, swimmer hit his heel on the edge of the pool. Swimmer was in the lane next to lane 1. On the following youtube video at 2:30:24 you can see him hit the wall and after kicking off, he stops in the water. He struggles to the other wall and then is looking at his foot in the water. Coach filed a report during the meet but was never given a copy.	During warm ups for finals, swimmer hit his heel on the edge of the pool during a flip turn. The heel instantly turned red and by the end of finals it was difficult for him to put pressure on his foot. He continued to swim the rest of the meet and when we returned to Seward, we had the heel x-rayed.
Female	UN-Unknown	Practice - Dry Land	Deck		Broken Left Foot
Female	UN-Unknown	Other Practice-observing	Deck	Approximately 10:15am on 6-20-17, a 64 year old caucasian woman was suffering from shortness of breath, dizziness, lightheadedness, was lethargic, and had stated that she couldn't feel her hands. Her son-in-law, who was with her, was in the process of calling 911. The incident was brought to the attention of team officials when they were asked for the address of the facility.	The women indicated that she has COPD and bronchitis. She has cancer and has had chemotherapy 3 times. She has a history of panic attacks. She stated she had been sick for 2 weeks and went to the doctor the day before the incident. The doctor had prescribed Levoquin. Albuterol inhaler administered 2 times. Ambulance arrived at approximately 10:35am and transported her to the hospital.
Male	UN-Unknown	Meet - Warm-up	Water - Start End	Swimmers head was thrust against the wall by another swimmer pushing off of the wall	
Female	UN-Unknown	Other Swim a thon	Water - Start End	Other swimmer entered water feet first and didn't see her coming into the wall. Hit her in the face/nose with his feet	Bruised. A mom who is a nurse suggested an xray to make sure it isn't broken
Female	UN-Unknown	Meet - Warm-up	Water - Side	swimming backstroke and ran into male swimmer head to head. Continued to swim, did a start and got out. Mild headache. No further symptoms. Treated with single Naproxyn 220mg. Reassessment after initial race - no issues. no complaints. Second race - no issues. no complaints.	
Male	UN-Unknown	Practice - Other	Deck	Athlete stepped on a screw that was on the deck. Screw was impaled into the athlete's right heel.	
Female	UN-Unknown	Practice - Other	Starting Blocks		
Female	UN-Unknown	Practice - Dry Land	Deck		
Male	UN-Unknown	Meet - Walking	Deck	Meet official fell on deck and hurt his buttocks and shoulder.	
Female	UN-Unknown	Practice - Other	Water - Start End	Concussion	
Female	UN-Unknown	Practice - Other	Water - Side	Ran into wall while swimming freestyle.	
Female	UN-Unknown	Meet - Watching / Observing	Bleachers - Spectator's	heart condition	
Male	UN-Unknown	Practice - Dry Land	Gym	Jumped and missed box on a box jump. Cut/gashed shins.	
Male	UN-Unknown	Meet - Warm Down	Water - Turn End	Misjudged turn and heels hit gutter	
Male	UN-Unknown	Meet - Competition	Water - Start End	Swimmer in warm-up when another teammate entered pool hitting him on the forehead	Swimmer appeared dazed upon exiting the water
Female	UN-Unknown	Swimjitsu - Dry Land	Other Dry land area outside pool	During Dry land she tripped, landing on her left wrist and scraping her knee.	
Male	UN-Unknown	Meet - Competition	Starting Blocks	The athlete fell off the starting block (lane 6) on his start at the stand up command. As he fell he twisted to the left. He hit his foot on the block and landed on the lane line on his left leg. He sustained an abrasion on his lower left leg, outside of the upper calf area below the knee. The area was cleaned with an antiseptic wipe and covered with a non-latex large patch band aid. He was also given ice for the swelling.	
Male	UN-Unknown	Meet - Entering / Pool	Water - Turn End	Swimmer jumped in shallow end and jammed foot on bottom of pool.	
Male	UN-Unknown	Practice - Other	Starting Blocks	Swimmer was getting ready for a start when he lost his balance and fell off the block and landed on the deck on his left side injuring his left arm.	parents took swimmer to get an x-ray to see if he broke his arm.
Female	UN-Unknown	Practice - Other	Water - Turn End	Backstroke into the wall	Swimmer said she was dizzy after hitting her head on the wall
Female	UN-Unknown	Meet - Competition	Water - Start End	Athlete hit timing pad at end of race and felt a pop in elbow.	
Male	UN-Unknown	Meet - Competition	Deck	Slipped by the water fountain by weight room. Fell on his back and hit his head. Swimmer was running.	Lifeguard gave swimmer ice pack. Cops coach sat with swimmer for 20 minutes before letting swimmer back in pool to complete.
Female	UN-Unknown	Meet - Watching / Observing	Hallway	Spectator reported to family that she felt hot. They moved to hallway where spectator stated she felt she was going to pass out. 911 was called.	
Female	UN-Unknown	Practice - Other	Water - Start End		
Male	UN-Unknown	Meet - Competition	Stairs	Went down the stairs with no handrails, right knee locked up going down stairs and fell forward with arms outreached.	
Female	UN-Unknown	Practice - Dry Land	Gym	"Tumbled" down the stairs and hit his head and right arm on stairs.	Bruising, Scrape to head and mild redness on right wrist
Female	UN-Unknown	Meet - Watching / Observing	Hallway	Her daughters were walking with her to exit the building in the hallway between Rolfs Aquatic Center and the Joyce Center, and they said she passed out and fell down.	No known injury, and she was taken to hospital as a precaution because she passed out and fell. She did say she didn't feel well and twisted her knee, and it was thought that she possibly hit her head when falling down.
Male	UN-Unknown	Practice - Other	Water - Turn End	Struck in the head with a Hydro flask	
Male	UN-Unknown	Other While doing a flip turn	Water - Start End	Hit right knee on wall doing a flip turn	
Female	UN-Unknown	Meet - Warm Down	Water - Lane Lines	Cooling down after race. Noticed blood right elbow when she got out of the pool. Thinks she hit lane line	Abrasion right elbow
Female	UN-Unknown	Practice - Other	Water - Start End		
Female	UN-Unknown	Meet - Warm-up	Water - Start End	right ankle scrape	
Male	UN-Unknown	Meet - Competition	Deck	Slipped when officiating walking on deck hit head on lifeguard chair	Became dizzy vision blurred after hitting his head
Female	UN-Unknown	Meet - Warm-up	Deck		
Male	UN-Unknown	Practice - Other	Locker Room		
Female	UN-Unknown	Meet - Warm-up	Starting Blocks	Cut foot on starting block.	scraped a small layer of skin off while warm up time.
Female	UN-Unknown	Practice - Other	Water - Turn End	Athlete was swimming backstroke and hit top of head on bulkhead.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UN-Unknown	Practice - Other	Water - Start End	While swimming, athlete began to experience itching on arms. After exiting the pool, athlete noticed the itching spreading to abdomen, legs and backside, redness of skin was apparent. Swimmer was assessed by Coach and told to rinse skin in the locker room showers. Returning from the showers, consent from parent was given to administer Benadryl cream to affected areas.	
Female	UN-Unknown	Practice - Other	Water - Start End	Swimmer was in the pool began to notice itching on arms and legs. After exiting the pool, swimmer noticed redness of skin on affected itching areas of body.	
Female	UN-Unknown	Practice - Other	Water - Start End	Swimmer was in the pool and started feeling itchy on arms and legs. After swimmer got out of the pool redness of arms and legs were apparent.	
Female	UN-Unknown	Practice - Other	Water - Start End	While in the water 30 minutes after practice began, swimmer began to experience itching on arms. As the swimmer continued to swim the itching began to spread to abdomen as well as legs. The itching became so intense the swimmer called for a coach and exited the pool. After exiting the water, the swimmer noticed redness of the skin where the itching had occurred. The Coach assessed the situation, made sure her airways were not restricting and sent her to the locker room to shower off the pool water. Swimmers parents were contacted and were given verbal consent to administer 1 oral Benadryl capsule. Coaches requested a water test report, exact readings were not offered and were told all chemicals were within range.	
Male	UN-Unknown	Practice - Other	Deck	While participating in drylands exercises the swimmer engaged in an argument with younger brother. The younger brother became agitated, lashed out and scratched his brother causing skin to break on upper left side of chest. The swimmer was treated with first aid by lifeguard on duty.	2 inch scratch open skin
Female	UN-Unknown	Meet - Competition	Stairs	WHILE WALKING UP STAIRS, SLIPPED ON SOME LIQUID AND FELL TAKING MY WEIGHT ON MY LEFT LEG/KNEE/ANKLE	
Female	UN-Unknown	Meet - Warm-up	Water - Side	two long cuts on front of left shin while climbing out of pool	
Male	UN-Unknown	Practice - Other	Other Swimming in lane	Swimmer swam into another swimmer. Injured swimmer's face contacted the back of the other swimmer's head resulting in a bloody nose	
Male	UN-Unknown	Practice - Dry Land	Outside Venue	Swimmer tripped during a running exercise and scraped his elbow and bruised his hip.	
Female	UN-Unknown	Practice - Dry Land	Outside Venue	During a running exercise swimmer tripped and scraped both knees on concrete.	
Female	UN-Unknown	Practice - Other	Water - Side	Two athletes swimming, one on wrong side of pool. One complained of dizziness other is fine.	
Female	UN-Unknown	Practice - Other	Other gutter	Swimming backstroke and got hand caught in the gutter. Swimmer pulled it out with slight pain continuing.	She seemed fine when she left practice. Have not received information that anything is wrong.
Male	UN-Unknown	Practice - Other	Water - Turn End		
Female	UN-Unknown	Practice - Other	Water - Turn End		
Female	UN-Unknown	Meet - Warm-up	Bleachers - Spectator's	Cut the bottom of her big toe on the bleachers	Cut the bottom of her big toe on the bleachers
Male	UN-Unknown	Meet - Walking	Bleachers - Spectator's	Slipped while walking up bleacher stair. Scrapped left leg and caught fall with right hand.	
Male	UN-Unknown	Practice - Dry Land	Stairs	Running relays tripped and hit knee on floor.	
Male	UN-Unknown	Meet - Competition	Water - Lane Lines	Kicked the lane line during race	
Male	UN-Unknown	Practice - Other	Water - Start End	Did flip turn and got hit in the nose by passing swimmer	
Female	UN-Unknown	Practice - Dry Land	Outside Venue	Slipped on a rock, rolled ankle	
Female	UN-Unknown	Practice - Dry Land	Outside Venue	Playing dodgeball. Got bumped into and fell.	
Female	UN-Unknown	Other Hospitality Area	Other	Sitting on a black padded chair in hospitality room. The welds gave our on the chair legs and the she fell out of the chair. Her right leg was caught under the chair as it went down, which twisted her knee.	
Male	UN-Unknown	Meet - Competition	Water - Start End		
Male	UN-Unknown	Practice - Other	Water - Turn End	Athlete struck top of head on side of pool while swimming backstroke	Athlete had a 1 1/2 inch red mark at injury site
Male	UN-Unknown	Practice - Dry Land	Outside Venue	Tripped and hurt his big toe, left foot.	
Male	UN-Unknown	Practice - Other	Water - Side	Swimmer 1, about to push off the wall, bumped into swimmer 2, as he was coming into the wall. Both swimmers sat out for five minutes. Neither showed symptoms prior to rejoining practice. Swimmer 1 complained of a headache approximately 30 minutes later and sat out the remainder of practice. Swimmer 2 completed the practice without symptoms or practice modification.	
Female	UN-Unknown	Other after practice	Outside Venue		jammed finger
Male	UN-Unknown	Practice - Dry Land	Outside Venue	running down outside of building and slipped in the mud and cut on hand reopened	pre-existing cut reopened
Male	UN-Unknown	Practice - Other	Water - Turn End	Swimmer swallowed water, climbed out of the pool, coughed water up, and vomited on the deck.	
Female	UN-Unknown	Practice - Other	Other entranceway	athlete slipped and hit her elbow	
Female	UN-Unknown	Meet - Warm Down	Water - Turn End	Swimmer was at the end of the pool getting out and trying to get water out of her ear by shaking her head and hit her head into the bulk head.	
Female	UN-Unknown	Meet - Competition	Water - Turn End	while performing a flip turn, she hit her little toe and it was cut	
Female	UN-Unknown	Other	Team Area	scratched a bug bite scab and started bleeding	
Female	UN-Unknown	Meet - Walking	Deck	Stubbed great toe on trashcan causing small bleeding on top of toe	
Male	UN-Unknown	Meet - Walking	Locker Room	toe hit door in locker room as entering	
Male	UN-Unknown	Meet - Competition	Water - Start End	getting out of pool and cut his toe	
Female	UN-Unknown	Other	Bleachers - Athlete's	opening box and cut hand	small cut
Female	UN-Unknown	Practice - Other	Other Water- Collided hands with another swimmer	Swimmer was swimming fast Freestyle and her right hand collided with another swimmer sprinting butterfly	
Male	UN-Unknown	Meet - Watching / Observing	Bleachers - Spectator's	tripped walking up stairs	
Female	UN-Unknown	Meet - Competition	Water - Start End		
Female	UN-Unknown	Meet - Competition	Other Water - Lane 2 approx 15 yds from start end	Spectator called for lifeguard after noticing panic. Lifeguard entered water and performed an active victim rescue. Moved victim to side of the pool where her coaches pulled her out.	Post incident monitoring to make sure she didn't aspirate water, assessing conscientiousness.
Female	UN-Unknown	Meet - Competition	Water - Turn End	While swimming in competition, swimmer felt lightheaded and short of breath. She exited the competition and was treated with water, rest, and ice pack.	
Male	UN-Unknown	Meet - Warm-up	Bleachers - Spectator's	Passed out from heat coupled with diabetes. No physical signs of trauma, Given orange juice and fruit snacks. Given food and sat in cold air.	Passed out from heat coupled with diabetes. No physical signs of trauma, Given orange juice and fruit snacks. Given food and sat in cold air.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	UN-Unknown	Other Swimming	Water - Lane Lines	Swimmer bumped into other swimmer while circle swimming	
Male	UN-Unknown	Practice - Dry Land	Outside Venue	Slip on puddle while running	Simple slip, shock of fall.
Female	UN-Unknown	Meet - Walking	Deck	While walking on deck swimmer stepped on bee and was stung.	Bee sting
Male	UN-Unknown	Other Team Hotel	Stairs	Gentleman fell while walking down steps striking his head on the wall. No LOC, but noted some bruising at the back of his head. He immediately found me to discuss his symptoms. He reported no symptoms several hours later.	Mild bruising involving the posterior aspect of the head with mild laceration. Normal cognitive and neurologic examination. No tenderness involving the cervical spine.
Male	UN-Unknown	Meet - Competition	Starting Blocks	Hit eye with knee	
Female	UN-Unknown	Other waiting while sibling swimming	Team Area	Kneeling on concrete, when stood up, scraped top of foot and caused a cut	
Female	UN-Unknown	Practice - Entering / Exiting Pool	Other Exiting pool at block	Swimmer was attempting to exit pool, using starting block bar for assistance. Apparently aggravated knee injury from October last year.	Parent was present as required, and released to parent. Communicated with parent a few days later and she indicated swimmer was okay.
Male	UN-Unknown	Other As he was leaving facility	Outside Venue		
Female	UN-Unknown	Meet - Walking	Deck	Athlete accidentally kicked the edge of the disability chairlift system near the warm-up pool. This resulted in cut her toes.	
Male	UN-Unknown	Practice - Dry Land	Gym	Swimmer was goalie for speedball. The ball was thrown at him and it bent his wrist backward.	
Female	UN-Unknown	Meet - Watching / Observing	Other Lobby Restroom	Injured party became dizzy and collapsed. Bystander cradled head to keep from striking floor. Staff nurse attended and provided liquids. Injured party admitted that she did not eat the night before or the day of the incident.	Injured party never lost consciousness
Female	UN-Unknown	Practice - Entering / Exiting Pool	Deck	Was overheating in practice, got her out and was taken to guard room by lifeguard. Lifeguard took blood pressure and she became unresponsive and lost vision. At that point EMS was called. She was out for only a few seconds and she slowly regained consciousness. EMS determined she was dehydrated after not drinking water all day and throwing up the night before.	
Female	UN-Unknown	Meet - Walking	Bleachers - Spectator's	Athlete was walking up the bleacher seats (NOT THE STAIRS) when their foot broke through the seat; rough edges scraped knee	
Male	UN-Unknown	Meet - Warm-up	Water - Turn End	Athlete tripped on base of diving board when getting out of the water. Bumped back of head, bruised spot on arm & back.	
Male	UN-Unknown	Practice - Other	Other Diving Board	As jumping off board, athlete slipped and skinned top part of left foot, little missing skin, put bandage on	Skinned top of foot
Male	UN-Unknown	Practice - Other	Locker Room	Slipped in the locker room and foot ran into the corner of the wall	cut in between 2nd and 3rd toes on the 3rd toe, cut on top of the 2nd toe just past the knuckle
Male	UN-Unknown	Meet - Warm-up	Water - Turn End	Swimmer was coming into the wall for a turn during warm up, when another swimmer accidentally ran into the swimmer, propelling him into the wall.	
Female	UN-Unknown	Meet - Competition	Water - Turn End	Small cut on knee from getting out of pool.	Small cut on knee from climbing out of pool.
Female	UN-Unknown	Practice - Dry Land	Outside Venue	The team was playing leap frog on the turf, and she was barefoot. She was jumping over someone and fell forward.	
Female	UN-Unknown	Meet - Competition	Water - Start End	At end of race (50 Backstroke) hit top of head on wall	
Female	UN-Unknown	Practice - Dry Land	Outside Venue	Swimmer was running down a hill outside during dry lands and tripped.	Swimmer scrapped her knee and had a fair amount of bleeding.
Female	UN-Unknown	Practice - Entering / Exiting Pool	Starting Blocks		
Male	UN-Unknown	Practice - Entering / Exiting Pool	Water - Start End	Swimmer scratched his knee on a tile exiting the pool causing it to bleed.	
Female	UN-Unknown	Practice - Entering / Exiting Pool	Water - Turn End		
Female	UN-Unknown	Practice - Entering / Exiting Pool	Water - Start End		
Female	UN-Unknown	Practice - Entering / Exiting Pool	Other Scrape	Scraped foot against the wall	
Male	UN-Unknown	Practice - Other	Water - Lane Lines		Swimmer cut pinky on lane line
Female	UN-Unknown	Meet - Warm-up	Water - Turn End	Swimmer sustained a small cut on bottom of foot when pushing off the touch pad while warming up for competition.	Swimmer sustained small cut to bottom of foot while pushing off on a touch pad while making turn.
Male	UN-Unknown	Meet - Walking	Hallway	Swimmer opened door on his foot and cut skin on big toe.	Deep cut to big toe requiring medical attention.
Female	UN-Unknown	Practice - Other	Water - Lane Lines	Swimmer was going butterfly stroke in the skinny lane and struck her left hand into another swimmer.	
Female	UN-Unknown	Other Private Lesson with Coach	Other Edge of pool	while entering the pool, swimmer hit the edge of the pool between her legs.	
Male	UN-Unknown	Practice - Other	Water - Turn End	Cut finger on tile finishing a lap	Middle finger on right hand cut
Female	UN-Unknown	Practice - Other	Water - Start End		
Female	UN-Unknown	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was stepping up on the block, missed the step and cut her shin	
Male	UN-Unknown	Practice - Other	Water - Turn End	Swimmer hit the top of his head while backstroking	Once He hit his head, his neck hurt and he start groaning
Male	UN-Unknown	Practice - Dry Land	Gym		
Male	UN-Unknown	Practice - Other	Water - Start End	Swimmer jammed his finger doing butterfly stroke	
Female	UN-Unknown	Meet - Competition	Deck	Started to Faint due to heat and no food that morning was told to sit on deck and lifeguard called.	
Female	UN-Unknown	Practice - Other	Water - Side		
Male	UN-Unknown	Meet - Competition	Water - Turn End	On final flip turn, hit both heels on the metal gutter.	
Female	UN-Unknown	Meet - Watching / Observing	Water - Turn End	Scrapped against touch pad counting for swimmer	
Female	UN-Unknown	Meet - Competition	Water - Start End	Hit right big toe getting out of the pool	Cut r big toe getting out of pool
Male	UN-Unknown	Practice - Entering / Exiting Pool	Water - Turn End		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UN-Unknown	Practice - Other	Water - Start End	Swimmer was reaching for kick board, when other swimmer ran into her pulling her right arm behind her and she complained about pain in shoulder area. She was removed from pool and ice applied. She did not return into water for further practice.	According to swimmer, her arm was pulled backward by another swimmer pushing off the wall hurting shoulder. no one witnessed the occurrence.
Female	UN-Unknown	Practice - Dry Land	Gym		
Female	UN-Unknown	Practice - Other	Deck	She got out of the pool to use the restroom and stepped on broken glass that we did not see.	The bottom of her big toe was cut from the glass. It was bleeding quite a bit.
Male	UN-Unknown	Practice - Other	Water - Turn End		
Female	UN-Unknown	Meet - Warm Down	Water - Side	Slipped in warm down pool ledge and scraped leg. Swimmer was calm and leg has two scrapes - one at ankle and one midway up calf.	2 scrapes - one at ankle and one on calf
Female	UN-Unknown	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer slipped by the starting block and tried to grab the block for support, instead of being able to catch her self the block scrapped her arm from armpit to elbow.	
Female	UN-Unknown	Practice - Other	Water - Turn End		
Female	UN-Unknown	Meet - Warm-up	Starting Blocks	Scraped foot when getting on starting block.	
Female	UN-Unknown	Meet - Watching / Observing	Deck	spontaneous epistaxis	
Female	UN-Unknown	Meet - Warm-up	Deck	NOSEBLEED, NORMAL OCCURENCE	NOSEBLEED
Male	UN-Unknown	Other Waiting in venue for practice to start	Hallway	Athlete was leaning on a folding table that fell onto his foot.	
Male	UN-Unknown	Practice - Entering / Exiting Pool	Water - Lane Lines	Swimmer pushed other swimmer into pool	
Male	UN-Unknown	Meet - Warm Down	Water - Start End	nose bleed while warming up. swimmer stated it was normal	
Male	UN-Unknown	Meet - Competition	Water - Start End	Swimmer jammed right pointer finger while finishing the race	
Male	UN-Unknown	Practice - Dry Land	Outside Venue	Slip on ground, cut on knee	
Male	UN-Unknown	Meet - Walking	Deck	Stubbed toe on concrete	
Male	UN-Unknown	Other After practice	Hallway	Splinter	Small splinter
Male	UN-Unknown	Other N/A	Other N/A		On approximately April 25 2017, the Oakland Undercurrent, a USA Swimming Team member in good standing, received a demand letter from attorneys representing Dr. Keith Bell, author of "Winning Isn't Normal" demanding that the team pay \$25,000 to cover damages resulting from the infringement on his patent. With the filing of this report, we are notifying the insurance company of this possible claim. If need be, we can submit to you a copy of the demand letter.
Female	UN-Unknown	Meet - Watching / Observing	Other step if front of women's restroom	walking out of women's restroom walked off step down and fell.	No loss of consciousness observed for several hours with no worsening of medical condition (injuries)
Female	UT - Utah Swimming	Meet - Warm Down	Water - Lane Lines	Ran finger into lane line while swimming backstroke during warm-up	Substantial bruising around the knuckle by the end of the session
Female	UT - Utah Swimming	Practice - Other	Deck		Door closed on the pointer finger
Male	UT - Utah Swimming	Meet - Warm-up	Water - Start End	Swimmer dove too deep and struck his head and thumb on the bottom of the pool.	Swimmer suffered a bump on his forehead and a scraped thumb.
Female	UT - Utah Swimming	Meet - Warm-up	Water - Turn End	Swimmer was swimming backstroke and struck her head against the wall. There were no backstroke flags at that particular end of the warm-up/warm-down pool.	Lightheaded, Dizzy, sensitivity to light, balance issues and sensitivity to noises
Female	UT - Utah Swimming	Practice - Other	Water - Turn End	Swimmer was approaching the flags at the turn end. It was reported that she dolphin kicked down. She came back up with a severe nose bleed and a small contusion on her forehead. Coach on deck did not directly witness the occurrence but attended to her in the changing rooms. Swimmer could not remember what exactly happened.	Swimmer went to the ER with a broken nose and mild concussion.
Female	UT - Utah Swimming	Meet - Walking	Deck	The athlete was exiting the pool deck through swinging doors when another swimmer closed the door forcefully. The athlete's toe was struck by the door and suffered a laceration. Immediate first aid was rendered by the facility lifeguards and initial concerns of a broken toe.	
Female	UT - Utah Swimming	Practice - Other	Deck	Athlete and another swimmer dropped a plexiglass mirror (training tool) while moving it from the deck to the pool on foot. It caused a significant laceration on the side of the foot, requiring 11 stitches.	Athlete will be using crutches for about a week and out of the water for about two weeks.
Female	UT - Utah Swimming	Practice - Other	Water - Bottom	Friday Dec 16: Swimmer was doing a drill at swimming practice; the drill was pushing off the side and holding your breathe, coming up and turning to the side. Instead of turning to the side and taking a breath, she started swimming very fast. Then she suddenly stopped swimming and was floating face down in the water. Coach asked another swimmer if "is she breathing?" Coach saw swimmer twitch, he asked other swimmer to grab her but she was going down under water. Coach yelled 2 times to get lifeguards attention and then jumped into rescue swimmer. The lifeguard and coach administered 1 round of CPR. She was taken by ambulance to the Riverton Hospital to be assessed. After tests it was decided that she needed to be taken by ambulance to Primary Children's Hospital to be watched over night and have more tests taken. Primary Care Pediatrician wanted her to be seen by a cardiac specialist and a neurologist. She was given an EKG, Echo cardiogram, EEG, stress test on her heart, to determine if it was safe to exercise before she was released on Monday evening Dec 19.	
Male	UT - Utah Swimming	Meet - Competition	Water - Side	Swimmer hit wall during swim when goggles came off/could not see.	Swimmer hit wall during swim when goggles came off/could not see.
Male	UT - Utah Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer cut his foot on an exposed screw from a pool light underwater upon exiting the pool.	Swimmer had a deep gash on the bottom of his toe.
Male	UT - Utah Swimming	Practice - Other	Deck	Swimmer was walking out of the equipment room and slipped on a wet floor.	
Female	UT - Utah Swimming	Practice - Other	Water - Turn End	The athlete made her turn and was underwater kicking out during a kick set. She was lapping another swimmer who was doing breaststroke kick and she got too close and the other swimmer kicked her in the face.	
Female	UT - Utah Swimming	Meet - Competition	Water - Turn End	Hurt her shoulder (left side) on the 14th lap of he mile	Unknown if care was refused or not.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	UT - Utah Swimming	Practice - Other	Water - Bottom		
Female	UT - Utah Swimming	Practice - Other	Water - Side	Flip turned, heels hit wall edge. No Obvious problems	
Male	UT - Utah Swimming	Meet - Competition	Water - Turn End	Backstroke event - Swimmer hit head on turning wall of the 50 backstroke. Swimmer stopped and didn't finish race. Lifeguards took care of the incident.	No signs of a concussion. Parent will monitor athlete.
Male	UT - Utah Swimming	Swimjitsu - Dry Land	Outside Venue	The swimmers were doing some sprints and from the fence to fence in the field that we do dryland at. The fence was not sure at the base, he tried to stop himself by putting his arms out to the fence and the fence gave a little and he ran into it.	
Male	UT - Utah Swimming	Meet - Competition	Water - Start End		Swimmer cut wrist on the wall edge during a backstroke finish.
Female	UT - Utah Swimming	Practice - Other	Water - Start End	Swimmer cut her hand against the wall.	
Female	UT - Utah Swimming	Meet - Competition	Water - Start End	Hyper-extension of right wrist at turn 4	
Male	UT - Utah Swimming	Practice - Entering / Exiting Pool	Water - Bottom	jumped into pool, there was debris in the drain cover that he landed on	
Male	UT - Utah Swimming	Practice - Entering / Exiting Pool	Deck		
Male	VA - Virginia Swimming	Other after practice just before drylands started	Other sidewalk in front of building	Slipped off the curb while horsing around with other swimmers.	
Female	VA - Virginia Swimming	Practice - Other	Deck	Swimmer was sitting on deck waiting to get in the water for practice. Light pole on pool deck was bumped into by another swimmer (missing 2 bolts) and fell onto swimmers back causing pain, swelling and skin burn. *Please note, person filling this out is both coach and parent of injured athlete. I understand the parents are not to fill out but I was the coach as well.	
Male	VA - Virginia Swimming	Practice - Dry Land	Deck	Athletes were performing shuffles for dryland. Athlete's shoes were untied. The coach on deck requested the athlete to tie his shoe as the athlete began his round of shuffles. Just as soon as the request was made the athlete stepped on his shoelace and fell towards his right side. As he fell, he tried to brace himself with his right hand.	
Female	VA - Virginia Swimming	Practice - Other	Locker Room	Slipped in the women's locker room and landed on my wrist. After two hours the wrist was swollen and almost immovable, therefore I went to the emergency room.	
Male	VA - Virginia Swimming	Meet - Competition	Deck	Short of Breath; headache	headache
Male	VA - Virginia Swimming	Practice - Other	Deck	At approximately 6:20 AM the head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area where our swimmers were at the east end of the pool. Many immediately started coughing and were instructed to swim the west end of the pool and get out. They were then instructed to go outside for fresh air. We kept our swimmers outside and instructed them to enter the building via the front door and into the locker room. Practice was obviously canceled.	
Male	VA - Virginia Swimming	Practice - Other	Deck	At approximately 6:20 AM today the head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area where our swimmers were at the east end of the pool. Many immediately started coughing and were instructed to swim the west end of the pool and get out. They were then instructed to go outside for fresh air. We kept the swimmers outside and instructed them to enter the building via the front door and into the locker room. Practice was obviously canceled.	
Female	VA - Virginia Swimming	Practice - Other	Deck	At approximately 6:20 AM today the head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area where our swimmers were at the east end of the pool. Many immediately started coughing. The swimmers were instructed to swim the west end of the pool and get out. Then instructed to go outside for fresh air. They stayed outside and was then instructed to go home.	
Female	VA - Virginia Swimming	Practice - Other	Deck	The head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area.	Shortness of breath, cough & wheezing.
Female	VA - Virginia Swimming	Practice - Other	Deck	The head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area.	coughing, shortness of breath, burning sensation in lungs

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	VA - Virginia Swimming	Practice - Other	Deck	The head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area.	
Female	VA - Virginia Swimming	Practice - Other	Deck	The head guard was transporting liquid chlorine bleach in an open container when a spill occurred on the pool deck just outside the competition pool pump room door. He attempted to remove the spill by flushing with pool water which caused a flash point to occur. The chemical quickly turned to gas filling the immediate area.	
Male	VA - Virginia Swimming	Meet - Competition	Water - Start End	Swimmer executed a normal dive at the start of his 100 fly event. Right arm did not follow normal streamline. Injury to right shoulder with pain and swelling. Confirmed sprain upon visit to orthopedic doctor upon returning home from meet.	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer was having trouble catching her breath. She was standing at the turn end and could not exit the pool without help. We lifted her out of the pool, alerted the life guards and contacted EMS	Swimmer had shortness of breath and was cold.
Female	VA - Virginia Swimming	Practice - Other	Deck	swimmer was on deck and passed out. Was out of it for a minute. Had some shaking movements. When she woke up, removed her from deck, put her in shade, got parent. Parent is taking her to the dr.	No injury to body after passing out. She was trying to sit down before she passed out so she did not hit herself on deck.
Female	VA - Virginia Swimming	Meet - Competition	Water - Start End	Hyperventilating	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	The Coach was in the water with her swimmers during warm up. As she was coming out of a turn she and one of her swimmers ran head to head into each other	Both her and the swimmer were checked by paramedics. They were clear then, but the Coach had to later go to the hospital as she was having a headache and feeling nauseas (vomited). At the hospital she was diagnosed with a concussion
Male	VA - Virginia Swimming	Practice - Other	Water - Lane Lines	Swimmer was playing water polo received for the ball when another swimmer also reaching for the ball hit his hand jamming his finger.	Swimmer jammed his ring finger when reaching for a ball. He hand hit another swimmers hand also reaching for the ball. The other swimmer was uninjured.
Male	VA - Virginia Swimming	Practice - Other	Water - Side	Swimmer hit his heel on the edge of the pool when executing a flip turn during warm-up	Swimmer split his heel when it hit the side of the pool when doing a flip turn.
Female	VA - Virginia Swimming	Practice - Dry Land	Gym	While doing jumping jacks dislocated left knee.	Has dislocated same knee two other times. Last time was two years ago while doing a cartwheel
Female	VA - Virginia Swimming	Practice - Other	Water - Lane Lines	Swimmer caught her thumb during a butterfly stroke and bent it back.	
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer was doing a fly to back turn and ran into the wall head first	Possible concussion?
Female	VA - Virginia Swimming	Meet - Competition	Deck	Athlete had difficulty recovering normal breath at finish of race.	Athlete experienced hyperventilation induced by racing was corrected with rest.
Male	VA - Virginia Swimming	Practice - Other	Deck	Stepped on kick board while on a wet deck surface. Struck head on deck.	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer did a turn and push off when then girl in front of her kicked her in the head. We noticed it at the start end of the pool. You could see she wasn't quite with it. We had her get out and talk to us, we saw she was a little off. We had her call her mom, who came within 15 minutes. As swimmer was leaving the deck, she walked a crooked path to the locker room.	
Male	VA - Virginia Swimming	Other Walking in locker room	Locker Room	Ran into wall in locker room	Headache Eye pain
Female	VA - Virginia Swimming	Practice - Other	Water - Start End	Kick to the head by another swimmer.	Felt nauseated and dizzy. Complaining of a head ache.
Male	VA - Virginia Swimming	Practice - Other	Water - Start End	Another swimmer dove into pool and struck swimmer's foot. Swimmer had a small cut on his foot and foot hurt.	
Female	VA - Virginia Swimming	Practice - Entering / Exiting Pool	Water - Start End	Team was practicing relay starts and swimmer left early and dove deep landing on a boys foot, goggles pushed into her face. Nose bleed was visible.	
Male	VA - Virginia Swimming	Other On the deck waiting to get in	Deck	Bending over to pick up water bottle, another swimming lifted leg to scratch, kneed swimmer in the forehead	
Female	VA - Virginia Swimming	Meet - Walking	Deck	Swimmer slipped on the deck behind the starting block after exiting the pool subsequent to competing in the previous event/heat.	Bruise Left HipAbrasion Left Ankle and right hand
Female	VA - Virginia Swimming	Other Practice starts	Starting Blocks	The athlete was performing a dive and entered the water at the deep angle and scraped her nose and lip on the bottom of the pool.	
Female	VA - Virginia Swimming	Meet - Warm Down	Water - Bottom	While standing on the bottom of a warm down lane, the swimmer step on a shard of glass. Glass was removed by the lifeguard and left foot by her big toe was bandaged with a band aid.	Glass shard was removed by lifeguards, cut was disinfected and bandaged.
Male	VA - Virginia Swimming	Meet - Competition	Water - Turn End	During competition while conducting a backstroke flip turn in lane 2 with both hands against his side, swimmer struck his head against the turn end wall. Turn end official notified CI who in turn notified the MR. Coaches were informed. YMCA lifeguard conducted initial concussion protocol. He appeared to be OK with a bump on top of his head.	
Male	VA - Virginia Swimming	Meet - Competition	Water - Start End	athlete scraped knee up getting out of pool on white grate in lane 6	
Male	VA - Virginia Swimming	Meet - Warm-up	Water - Start End	Kick to the nose during warm up swims	
Male	VA - Virginia Swimming	Practice - Other	Locker Room	Slipped and fell	Slipped and fell on shin. No witnesses

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	VA - Virginia Swimming	Meet - Warm-up	Deck		
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	The Coach was in the water with her swimmers. The swimmer collided with the coach head to head as she was coming out of a turn and he (the swimmer) was coming into the wall	He was checked by the lifeguard and paramedic and he was cleared.
Male	VA - Virginia Swimming	Practice - Other	Starting Blocks	While supervising swimmers moving our pool covers, I fell over one of our starting blocks and landed on the concrete pool deck on my left side	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Breaststroke kick to the right forearm/wrist	
Male	VA - Virginia Swimming	Practice - Dry Land	Gym		
Male	VA - Virginia Swimming	Practice - Other	Water - Start End	Swimmer was practicing body dolphins and was surfacing near the wall and chipped his front tooth.	
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer hit his head against the wall doing a turn.	Swollen forehead with possible concussion.
Male	VA - Virginia Swimming	Meet - Competition	Water - Start End	Swimmers goggles came off and he misjudged his turn. His heels hit the gutter	
Male	VA - Virginia Swimming	Meet - Competition	Deck	The poor air quality at the Knoxville/University of Tennessee pool caused constant coughing, dry heaves, breathing issues, and other respiratory distress. After races, the swimmer had to stand over a trash can while suffering from dry heaves, and difficulty breathing during races caused him to swallow water on multiple occasions.	
Female	VA - Virginia Swimming	Meet - Competition	Deck	Child slipped on pool deck and slid into me knocking me down.	
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Start End		
Female	WI - Wisconsin Swimming	Practice - Other	Locker Room	Athlete slipped in locker room in shower area and hit head. Small gash and blood was present.	Athlete slipped in locker room in shower area and hit head. Small gash and blood was present.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Start End	Swimmer was walking to the block at the starting end of the pool and slipped. He fractured his right wrist. Ice was applied immediately and he was released to his father.	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Pushed off wall and was kicked in back of head.	
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Swimmer was swimming into a turn, and another athlete pushed off, and they collided head to head	Swimmer was responsive, but was groggy, and had head pain. He got out of the pool, and his parents picked him up. He went to Children's Hospital the next morning with concussion symptoms
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was walking to the block side of the pool at the beginning of practice, slipped, and fell.	While walking to the block side of the pool at the beginning of practice, the swimmer slipped and fell on his wrist.
Female	WI - Wisconsin Swimming	Practice - Other	Locker Room	The athlete uses an inhaler when she has breathing difficulty during practice. The athlete began to have an asthma attack in the locker room and then breathing became shallow.	
Female	WI - Wisconsin Swimming	Practice - Dry Land	Outside Venue	Upon falling athlete tried bracing fall with hand and landed on wrist.	Swimmer's mother took her to the doctor after practice and later notified Coach that swimmer broke her arm.
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Swimmer bumped heads with another swimmer in Backstroke, Swimmer seemed dazed while the other swimmer seemed fine.	Coach talked to swimmer and asked middle name, what stroke we were working on, as well as what day of the week it was.
Female	WI - Wisconsin Swimming	Meet - Walking	Deck	Swimmer was walking on pool deck after exiting pool and slipped and fell. This incident occurred next to the official's table, in front of spectator bleachers.	Contusion to upper right leg.
Male	WI - Wisconsin Swimming	Practice - Dry Land	Outside Venue	was running, when another swimmer put his arm out to give him a high five. The injured party hit the arm and fell into a fire hydrant, when asked he said he felt a little dizzy but not like he was going to throw up. We tried calling his parents while outside and we couldn't get a hold of them. He was answering all questions I ask correctly date and name. the group walked back to the inside with him when another coach was able to help. She thought his pupils looked dilated. he was able to get a hold of his parents and they came to pick him up.	his right side of the head, above eye but near hair line
Female	WI - Wisconsin Swimming	Meet - Competition	Deck	Fell backwards in plastic deck chair	Fell backwards on floor, refused ice. released to parent
Female	WI - Wisconsin Swimming	Practice - Other	Water - Start End		The day before 4/25, swimmer had an asthma attack during school. On 4/26 when she came to practice I asked if she was okay and if she was able to participate. She got through dryland and was just starting to warm up when she had another issue breathing. We got her out of the pool and into some fresh air. Mom was notified and came to pick her up.
Male	WI - Wisconsin Swimming	Practice - Other	Locker Room	There was soap on the floor and water. I was walking and I just slipped. I knocked my head, when I came out of the locker room I was dizzy and saw stars.	
Female	WI - Wisconsin Swimming	Meet - Walking	Locker Room	Mother was with swimmer and helped her down to ground. Then helped drag her out into carpeted hallway, where meet personnel and guard staff assisted/observed until EMTs arrived.	
Male	WI - Wisconsin Swimming	Practice - Other	Water - Start End	Swimmer and another boy collided head on. The other boy was fine and asked to get back in right away. Injured swimmer said his head hurt so we had him sit. Was assessed by coach for concussion. Said he was not dizzy and did not have blurry vision. Head hurt in spot where he collided. Sat for rest of practice. He called parents and coach called mom, after practice.	
Female	WI - Wisconsin Swimming	Practice - Other	Deck	Swimmer had a touch pad fall off of the wall and land on her foot.	2 fractures in toes and stitches.
Female	WI - Wisconsin Swimming	Meet - Competition	Deck	standing on ledge around pool; stepped down off of ledge and slipped; fell on left rear end	In a lot of pain; assisted by meet marshal and volunteer to office; continued to stand due to pain in lower left back and rear end (possibly tail bone); called ambulance; paramedics handled
Male	WI - Wisconsin Swimming	Other going down stairs in balcony seating area	Stairs	Guest was going down the stairs in the balcony seating area. Right knee locked up when going down stairs and fell forward with arms outstretched. "Tumbled" and hit head, right arm on stair.	Bruising. Scrape to head - mild redness right wrist
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Locker Room		swimmer believed that he broke his arm after slipping and falling in the locker room, he was in a hurry and did not talk to a coach, the swimmer and his parents went to urgent care to get it checked out, but they later discovered after an X-ray that his arm was not broken.
Female	WI - Wisconsin Swimming	Meet - Walking	Deck	Meet referee slipped while walking behind the blocks, the area was very wet after some vomit had been cleaned up. Initially, meet referee indicated that everything was ok upon being questioned by timers. Pain started after the meet was over.	As indicated above, initially the official indicated that she was ok. Thus, no measures were taken immediately
Male	WI - Wisconsin Swimming	Practice - Other	Water - Start End	Teammate jumped in and hit him in the head.	No visible signs of injury. But due to swimmer having a concussion at school in the last 4-8 weeks, I pulled him from the rest of practice and contacted his parents

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	Swimmer was doing backstroke during team practice. She approached the wall and rolled over to do a flip turn, was too close to the wall and hit her forehead on the gutter. She was given ice, evaluated and observed by the lifeguard on duty and team coach for the rest of practice. She complained of a headache with a little bit of dizziness and queasiness. Her parents were called to pick her up and instructed to monitor her condition at home.	some redness and tenderness where the swimmer bumped her forehead.
Female	WI - Wisconsin Swimming	Practice - Other	Water - Lane Lines	Athlete had a head on collision with another swimmer in her lane. Swimmer did not experience concussion like symptoms until after practice. The individual mentioned to mother of head ache, unfocused vision and overall just not feeling right. The swimmer went to school half day the day after the incident. The coaches were not notified of the occurrence until the night after the incident.	
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer was entering the water from a standing dive position from the side of the pool. She was on the side in lane 6 and going to go to lane 5. She did not have her goggles on and misjudged the depth and hit her head on the bottom.	Swimmer had red scrape/bruise on top of head and said she felt dizzy and her head hurt.
Female	WI - Wisconsin Swimming	Other Meet - officiating stepping off ledge surrounding pool	Deck	UPDATED and CORRECTED FROM Report of Occurrence from 1/7/17 - while officiating, she stepped off ledge surrounding pool, slipped and fell on ankle	Could not put weight on foot at all; Husband picked her up and took her to the ER where ankle was x-rayed, determined to be broken and emergency surgery performed to repair with pins and plates. Hospitalized and to be released Monday.
Female	WI - Wisconsin Swimming	Practice - Other	Deck	Fell on deck and hurt arm	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Side	In deep well of pool, had elbows supporting body while putting goggles on. Elbows slid off wall and hit mouth on edge of pool and chipped front tooth	Chipped front tooth
Female	WI - Wisconsin Swimming	Practice - Dry Land	Other Pool Deck	While performing a wall sit as part of dryland activities swimmer slipped and their head struck against the wall.	While performing a wall sit as part of dryland activities swimmer slipped and their head struck against the wall.
Female	WI - Wisconsin Swimming	Other Locker Room Slip	Locker Room		
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Start End		
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	A kick board was vertically thrown from Lane 6 (the end lane) against the wall by one athlete. After bouncing off of the wall, the kick board then struck another athlete in the back of the head in Lane 5.	The athlete struck by the kick board expressed a quiet "owe" at the time of occurrence. The athlete struck by the kick board did not appear to be in serious pain or danger at the time of occurrence. The athlete continued the practice, without taking a break, and finished practice that evening.
Male	WI - Wisconsin Swimming	Other happened in hall after practice	Hallway	This happened after practice in the school hallway while swimmer was waiting for his ride to pick him up. There were no adult witnesses. Three minor boys, one being the swimmer were in the hallway at the time. Swimmer was running with other boys then fell and hit his head on the wall.	At this time swimmer has headaches. A parent plans to take him to the doctor on 11/2/17. Thinking possible concussion
Male	WI - Wisconsin Swimming	Meet - Competition	Other Weight Room	Swimmer hurt his back while performing a dryland exercise on 10/11/17. Then claims to have injured himself again on 10/16/17 while doing dryland again.	Injured back performing dryland exercise. 2 weeks later went to the doctor and are taking X-rays to make sure it's fractured or has a slipped disc on 11/1/17.
Female	WI - Wisconsin Swimming	Meet - Warm Down	Water - Turn End	Bumped head on all during backstroke	None
Male	WI - Wisconsin Swimming	Practice - Other	Water - Start End	The athlete was adjusting his goggles while in the water near the gutter in the deep end. He leaned forward for a better grip, bumped his mouth on the gutter edge and chipped a tooth that he had chipped a year before at school.	No swelling, no blood, no pain, no tears.
Male	WI - Wisconsin Swimming	Practice - Dry Land	Gym	Athlete tripped while running & fell on gym floor. He braced himself with his forearms and lost a little skin on his elbows.	No swelling, bruising, or change in motion or resting state/position.
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was starting off the blocks and slipped sideways. She landed on the gutter/pool deck and hit her hip and rib area.	
Female	WI - Wisconsin Swimming	Other climbing stairs	Stairs	Tripped on stairs	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	The athlete miscounted her backstroke finish count and bumped the crown of her head lightly against the wall.	
Male	WI - Wisconsin Swimming	Practice - Other	Deck	The athlete was getting a kickboard out of the bin and the wooden lid slowly started to close and bumped him on the head. He was pretty close to the lid, so the lid didn't travel far or gain speed before bumping him.	The athlete sat with ice for awhile, felt normal and was able to return to practice after evaluation.
Male	WI - Wisconsin Swimming	Other Meet preparation	Deck	Injured was using scissors to cut a cardboard display board, during pre-meet setup for the WI Swimming 13 & Over LC State Championship meet. While doing so, his grip slipped, causing his right index finger to be sliced by the scissors blade.	Cut was approximately 1/2 inch long, and was 3 to 4 mm deep. It required first aid treatment using a gauze bandage secured by tape to apply pressure to keep the wound closed.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Side	Swimmer has hemophilia. 40 minute nose bleed. No other additional issues. Swimmer was treated by the lifeguard until bleeding subsided. Mother was notified and grandmother picked him up from practice.	Swimmer has hemophilia. 40 minute nose bleed. No other additional issues. Swimmer was treated by the lifeguard until bleeding subsided. Mother was notified and grandmother picked him up from practice.
Female	WI - Wisconsin Swimming	Practice - Other	Starting Blocks	Kicked on accident a swimmer performing a start as she stood behind the starting block	Struck by the heel of a swimmer who was performing a start when she stood too close behind the starting block
Male	WI - Wisconsin Swimming	Meet - Watching / Observing	Other Scorers Table	Spectator was sitting on the platform where the Colorado System 6 was as we were getting ready to start the meet and his chair fell backward as did he, and he hit his head.	
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Deck	Standing on kickboard and friend pulled it out from under her and she hit her ankle	Swimmer stated that the ankle she hit was broken last year.
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Start End	Exited pool and bumped her left hip on the edge of the pool deck. It scraped a mole which began to bleed and needed first aid to stop the bleeding. Mole continued to bleed slowly. Mole was packed with first aid gauze and pressure applied. Later a band aid was applied.	
Female	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer dove deep on a dive and rubbed the front of her face on the bottom of the pool.	Small cut from goggles when swimmer made contact with the bottom of the pool
Male	WI - Wisconsin Swimming	Meet - Warm-up	Water - Start End	swimming with arms at side and bumped his head on the wall	
Female	WI - Wisconsin Swimming	Meet - Walking	Bleachers - Spectator's	walking down stairs when rolled ankle	
Male	WI - Wisconsin Swimming	Meet - Walking	Deck	walking on deck and slipped, fell and hit his head on the ground. Said he was feeling fine; was checked by a physician and was cleared.	Mother is a physician, checked him out and found him to be fine; no care was given
Male	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Finishing 100 IM and hit forehead on the wall (nose to top of the hairline)	
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Athlete dove into the pool from starting blocks. Water depth was 2.5m, but the athlete dove very deep and scraped his nose and shoulder on the bottom.	There was signs of scraping on nose and shoulder from the bottom of the pool.
Female	WI - Wisconsin Swimming	Meet - Competition	Starting Blocks	Swimmer was getting set for her race and her foot slipped off the fin on the block	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	WI - Wisconsin Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Tripped on steps in seating area	Scraped Knee, bruised elbow, bump on side of head, sore hip
Male	WI - Wisconsin Swimming	Practice - Other	Deck	Swimmer slipped on deck. Appeared to favor arm. No swelling and able to move wrist and fingers.	
Male	WI - Wisconsin Swimming	Other Officiating	Deck	slipped off ledge around side of pool when stepping down while officiating	in a lot of pain
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	A kick board was vertically thrown from Lane 6 (the end lane) against the floor and wall. After bouncing off of the wall, the kick board struck another athlete in the back of the head in Lane 5. The distance from the wall to Lane 5 is estimated to be approximately 15 feet.	The athlete struck by the kick board expressed a quiet "owe" at the time of occurrence. The athlete struck by the kick board did not appear to be in serious pain or danger at the time of occurrence. The athlete continued the practice, without taking a break, and finished practice that evening.
Female	WI - Wisconsin Swimming	Practice - Other	Water - Lane Lines	Hit hand on lane line	
Male	WI - Wisconsin Swimming	Meet - Competition	Deck	Pivoted to change direction after stroke & turn official signaled infraction. His feet slipped and he fell onto his bottom or side. He got up and continued on with no apparent injury immediately evident.	
Male	WI - Wisconsin Swimming	Practice - Other	Water - Side	Hit knuckles on pool wall	
Female	WT - West Texas Swimming	Meet - Walking	Deck	swimmer fainted when walking to exit the building. The pool manager caught her before she fell.	Fainted, unresponsive for at least 6-8 minutes
Female	WT - West Texas Swimming	Meet - Competition	Deck	swimmer running to make event, rounded corner fast, slipped and fell, landing on left elbow	possible break, could feel something out of place
Female	WT - West Texas Swimming	Meet - Walking	Deck	Slip and fell on her bottom, COM staff gave her an ice pack, no other treatment was asked for or administered. She was taken to a therapist two days later.	
Male	WY - Wyoming Swimming	Meet - Warm-up	Starting Blocks	Slipped off top of starting block	
Female	WY - Wyoming Swimming	Practice - Entering / Exiting Pool	Starting Blocks	During a start, athlete bumped forehead against the bottom of the pool. Please disregard previous submission. Auto-fill settings on browser included wrong address and phone number.	
Female	WY - Wyoming Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Athlete started from the block, went too deep and bumped her forehead on the bottom of the pool.	No outward signs of injury. Athlete complained of a slight headache.
Male	WY - Wyoming Swimming	Meet - Competition	Other NOT SURE	CUT ON RIGHT BIG TOE, NOT SURE WHERE IT HAPPENED	
Male	WY - Wyoming Swimming	Practice - Other	Water - Turn End	Swimmer was kicking on his side and struck the top of his right foot against the side wall.	Red raised spot (beginnings of a bruise) about 3 in diameter.
Female	WY - Wyoming Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was stepping up onto the block and scraped top of right foot on block, resulting in abrasion 2" x 2"	Scrape on top of the right foot, bled for about 1 minute. Placed bandage. Swimmer continued practicing for 30 minutes. Injury started bleeding again.
Male	WY - Wyoming Swimming	Practice - Other	Water - Side	Athlete bumped his chin against the side of the wall	0.25 cut on the chin slightly to the right side
Male	WY - Wyoming Swimming	Meet - Competition	Water - Start End	During the 50 yard back, swimmer struck his left arm (tricep) against the wall at the finish.	Consulted with Dr. Fisher, a pediatrician and parent of another swimmer at the time of injury.
Female	WY - Wyoming Swimming	Meet - Competition	Water - Turn End	During the 50 yard backstroke, swimmer struck top of head against wall at the turn.	
Male	WY - Wyoming Swimming	Practice - Other	Other Lobby	Swimmer scraped his right arm alongside a plastic chair in the lobby resulting in a scrape about the size of a 50 cent piece.	Scrape and a little bruising on right arm about the size of a 50-cent piece with a little bleeding.