

## SOUTHEASTERN SWIMMING 2007 LCM Time Standards Report

### Summary

Overall, most changes were minor (less than .5), however, as noted below, we are seeing some significant improvements in our athletes in certain events.

10 & under Boys: One change  
 10 & under Girls: No changes  
 11-12 Boys: 2 changes (100 BK -1.2)  
 11-12 Girls: No changes  
 13-14 Boys: 8 changes (400 FR -7.7; 1500 FR -16.0; 200BK -1.2; 200IM -2.8; 400IM -5.3)  
 13-14 Girls: 5 changes (200 BK -1.5; 200 BR -1.1; 200 IM -1.3)  
 15-16 Boys: 2 changes (800 FR -8.1; 1500FR -28.0)  
 15-16 Girls: No changes, exclusive of 800 FR – see below (6 events adjusted to conform with Senior cuts)  
 SR Boys: 2 changes (800 FR -8.1; 1500FR -28.0)  
 SR Girls: No changes

### Distance event considerations

This is the second year we have used a modified approach to the cuts for the 13-14, 15-16, and Senior 800 m and 1500 m freestyle events. In both years, the numbers of swimmers competing in these events were at or below the guidelines recommended by the Technical Planning Committee. (See Table 1)

By applying this modified approach retroactively back to 2004, the three-year average for all six boys' events and one girls' event indicate a decrease in the qualifying times are appropriate. *However, Technical Planning should consider whether or not another year's experience using this modified model, without time standard adjustments, may be judicious.* The ramifications on the numbers at the 2006 Long Course Championship with the new time standards are detailed in Table 2.

TABLE 1

|                   | 13-14 Girls | 15+ Girls | Total Girls | 13-14 Boys | 15+ Boys | Total Boys |
|-------------------|-------------|-----------|-------------|------------|----------|------------|
| <b>1500 GOALS</b> |             |           | <b>32</b>   |            |          | <b>32</b>  |
| 2004              | 13          | 31        | 44          | 15         | 21       | 36         |
| 2005              | 10          | 19        | 29          | 8          | 21       | 29         |
| 2005              | 10          | 14        | 24          | 16         | 16       | 32         |
| <b>800 GOALS</b>  |             |           | <b>48</b>   |            |          | <b>48</b>  |
| 2004              | 26          | 38        | 64          | 22         | 34       | 56         |
| 2005              | 12          | 22        | 34          | 13         | 26       | 39         |
| 2006              | 10          | 15        | 25          | 17         | 23       | 40         |

TABLE 2

| EVENT              | Current Time Std | Proposed Time Std | # in 2006 using the Current Time Std | # in 2006 using the Proposed Time Std |
|--------------------|------------------|-------------------|--------------------------------------|---------------------------------------|
| 13-14 Boys 800 FR  | 10:00.59         | 9:59.59           | 17                                   | 15                                    |
| 13-14 Boys 1500 FR | 19:15.29         | 18:59.29          | 16                                   | 16                                    |
| 15-16 Boys 800 FR  | 9:39.29          | 9:31.19           | 13                                   | 12                                    |
| 15-16 Boys 1500 FR | 18:59.29         | 18:31.29          | 13                                   | 11                                    |
| SR Boys 800 FR     | 9:39.29          | 9:31.19           | 10                                   | 8                                     |
| SR Boys 1500 FR    | 18:59.29         | 18:31.29          | 3                                    | 3                                     |
| 15-16 Girls 800 FR | 9:57.49          | 9:53.59           | 6                                    | 5                                     |

Recommendations: In the boys' events, the number in both 2005 and 2006 have remained fairly constant, with the number of boys participating in the 1500 exactly hitting the 32-swimmer goal set by Technical Planning. The impact this year would have been a reduction of the total boy's field by 7 swimmers (9.7%). This seems reasonable, and it is recommended that the boy's time standards change.

On the girl's side, the numbers of girls under the current time standard dropped 26% between 2005 and 2006, with only six 15-16 year-olds and four senior athletes participating in an Olympic event. Furthermore, the girls are nowhere near the 48-swimmer limit guideline established by Technical Planning. Therefore, it is recommended that the 15-16 girl's 800 m freestyle time standard remain unchanged in order to better evaluate it over a 3-year history.

**Proposal:** To accept the attached time standards for the 2007 Southeastern Long Course Championship Meet.

PROPOSED 2007 LONG COURSE METER SOUTHEASTERN CHAMPIONSHIP TIME STANDARDS  
(changes in bold)

|                |                | BOYS            |                 |                 | 2007 LCM<br>Time<br>Standards |          |          | GIRLS          |         |         |  |
|----------------|----------------|-----------------|-----------------|-----------------|-------------------------------|----------|----------|----------------|---------|---------|--|
| 10 & u         | 11-12          | 13-14           | 15-16           | Senior          | Event                         | Senior   | 15-16    | 13-14          | 11-12   | 10 & u  |  |
| :37.09         | :32.59         | <b>:29.49</b>   | :27.49          | :26.89          | <b>50 FREE</b>                | :29.99   | :30.19   | :30.79         | :32.19  | :36.89  |  |
| 1:23.49        | 1:11.69        | <b>1:04.49</b>  | 1:00.49         | :59.19          | <b>100 FREE</b>               | 1:05.09  | 1:05.89  | <b>1:06.79</b> | 1:09.89 | 1:23.29 |  |
| 2:58.69        | <b>2:38.59</b> | 2:21.09         | 2:12.69         | 2:10.09         | <b>200 FREE</b>               | 2:18.19  | 2:18.39  | 2:24.49        | 2:33.19 | 3:00.99 |  |
| 6:52.69        | 5:35.49        | <b>4:57.79</b>  | 4:45.09         | 4:40.39         | <b>400 FREE</b>               | 4:55.39  | 4:57.99  | 5:03.89        | 5:19.09 | 6:41.49 |  |
|                | 5:35.49        | <b>9:59.59</b>  | <b>9:31.19</b>  | <b>9:31.19</b>  | <b>800 FREE</b>               | 9:46.39  | 9:57.49  | 10:07.79       | 5:19.09 |         |  |
|                |                | <b>18:59.29</b> | <b>18:31.29</b> | <b>18:31.29</b> | <b>1500<br/>FREE</b>          | 18:53.29 | 18:53.29 | 19:53.19       |         |         |  |
|                |                |                 |                 |                 |                               |          |          |                |         |         |  |
| :44.99         | :39.19         |                 |                 |                 | <b>50 BACK</b>                |          |          |                | :38.59  | :44.39  |  |
| <b>1:36.09</b> | <b>1:23.89</b> | 1:16.79         | 1:10.89         | 1:09.59         | <b>100 BACK</b>               | 1:16.59  | 1:16.59  | 1:18.19        | 1:23.29 | 1:37.19 |  |
|                |                | <b>2:44.19</b>  | 2:32.49         | 2:29.29         | <b>200 BACK</b>               | 2:42.59  | 2:42.59  | <b>2:45.39</b> |         |         |  |
|                |                |                 |                 |                 |                               |          |          |                |         |         |  |
| :52.29         | :45.49         |                 |                 |                 | <b>50<br/>BREAST</b>          |          |          |                | :43.69  | :50.59  |  |
| 1:51.19        | 1:37.99        | 1:26.09         | 1:21.89         | 1:19.69         | <b>100<br/>BREAST</b>         | 1:28.69  | 1:28.69  | 1:29.79        | 1:34.99 | 1:48.39 |  |
|                |                | 3:07.29         | 3:01.29         | 2:57.39         | <b>200<br/>BREAST</b>         | 3:11.59  | 3:11.59  | <b>3:11.49</b> |         |         |  |
|                |                |                 |                 |                 |                               |          |          |                |         |         |  |
| :43.69         | :36.99         |                 |                 |                 | <b>50 FLY</b>                 |          |          |                | :35.49  | :42.69  |  |
| 1:38.79        | 1:26.19        | 1:13.39         | 1:07.49         | 1:05.79         | <b>100 FLY</b>                | 1:12.49  | 1:12.89  | <b>1:16.09</b> | 1:22.59 | 1:44.19 |  |
|                |                | 2:44.99         | 2:40.59         | 2:37.89         | <b>200 FLY</b>                | 2:50.19  | 2:50.19  | 2:50.89        |         |         |  |
|                |                |                 |                 |                 |                               |          |          |                |         |         |  |
| 3:27.79        | 2:59.79        | <b>2:38.39</b>  | 2:30.79         | 2:27.99         | <b>200 IM</b>                 | 2:40.59  | 2:40.59  | <b>2:43.69</b> | 2:53.99 | 3:25.29 |  |
|                |                | <b>5:46.19</b>  | 5:20.99         | 5:16.69         | <b>400 IM</b>                 | 5:43.79  | 5:43.79  | 5:52.59        |         |         |  |