

LCM		2020				proposed		
		Southeastern Time Standards - LCM						
		BOYS		Event		GIRLS		
10 & u	11-12	13-14	Senior	Senior	Senior	13-14	11-12	10 & u
:37.89	:32.89	:28.19	:26.19	50 FREE	:29.09	:29.69	:31.89	:37.49
1:25.29	1:13.49	1:01.29	:57.09	100 FREE	1:03.19	1:04.59	1:11.09	1:23.19
3:01.69	2:37.39	2:14.89	2:03.39	200 FREE	2:15.89	2:19.29	2:32.49	2:58.69
6:35.49	5:27.49	4:46.99	4:21.79	400 FREE	4:46.49	4:52.99	5:17.19	6:08.59
	(400QT)	9:59.59	9:10.99	800 FREE	9:57.49	10:07.79	(400QT)	
		18:51.19	17:51.19	1500 FREE	18:53.29	19:53.19		
:46.59	:39.29	(100QT)	(100QT)	50 BACK	(100QT)	(100QT)	:38.09	:44.79
1:40.99	1:26.89	1:12.09	1:06.69	100 BACK	1:12.49	1:13.89	1:21.59	1:35.69
		2:35.69	2:25.49	200 BACK	2:39.29	2:39.49		
:54.29	:46.49	(100QT)	(100QT)	50 BREAST	(100QT)	(100QT)	:43.89	:51.69
1:57.99	1:40.89	1:22.19	1:16.79	100 BREAST	1:24.69	1:25.09	1:36.89	1:52.09
		2:58.59	2:47.69	200 BREAST	3:03.09	3:05.59		
:46.19	:37.59	(100QT)	(100QT)	50 FLY	(100QT)	(100QT)	:35.39	:44.29
1:50.79	1:28.09	1:09.69	1:02.99	100 FLY	1:10.09	1:11.29	1:23.39	1:46.49
		2:44.99	2:24.19	200 FLY	2:47.39	2:50.19		
3:33.79	3:02.19	2:34.99	2:22.79	200 IM	2:35.89	2:38.39	2:55.59	3:17.69
		5:28.09	5:00.79	400 IM	5:30.99	5:38.59		

13&Over 800 and 1500 Freestyles may use alternate distance event for qualification

*****Qualifying times must have been achieved since September 1, 2018**